

bly riveting program is recommended for adult collections.—*Reilly Reagan, Putnam Cty. Lib., Cookeville, Tenn.*

No Time for Goodbyes: Death of a Daughter or Son by Janice Harris Lord
ISBN 0-934793-35-2.

No Time for Goodbyes: Death of a Mate or Lover by Janice Harris Lord
ISBN 0-934793-36-0.

ea. vol: 2 cassettes, abridged. 2 hrs. Pathfinder Pub., 458 Dorothy Ave., Ventura, CA 93003; 805-642-9278. 1991. \$15.95. PSYCH

Lord, who specializes in counseling the survivors of tragedies, provides a straightforward yet compassionate guide to dealing with the myriad emotions that follow the sudden, tragic death of a loved one. In a loving and supporting presentation, she explains the emotions that occur during the grieving process. Her unique focus on the special situations that occur along with violent, tragic death (such as dealing with the criminal justice system, financial problems, relationships with family, friends, and the work environment) is particularly valuable. This excellent program is highly recommended.—*Dale Greenbaum, Geauga Cty. P.L., Chardon, Ohio*

Quest for Respect: A Healing Guide for Survivors of Rape by Linda Braswell

2 cassettes, unabridged. 2 hrs. Pathfinder Pub., 458 Dorothy Ave., Ventura, CA 93003; 805-642-9278. 1991. ISBN 0-934793-34-4. \$15.95.

PSYCH

Braswell, a rape counselor and victims' rights advocate, has written a guide to aid rape survivors in working toward the path to recovery. Using a step-by-step approach, she outlines and discusses each stage, ultimately leading to the victim regaining "self" power. Both female and male rape victims are addressed, although most of the examples concern women. The book is narrated by Braswell, which is a minor weakness since she is not a professional reader. Her reading style is somewhat stilted, if sincere. This program may prove valuable, however, and is recommended for public libraries.—*Sharon Bostick, Univ. of Toledo Lib., Ohio*

Success with the Gentle Art of Verbal Self-Defense by Suzette Haden Elgin

6 cassettes, unabridged. 12 hrs. International Center for Creative Thinking, 805 W. Boston Post Rd., Mamaroneck, NY 10543; 800-328-4465. 1991. ISBN 0-924967-01-3. \$99.95. PSYCH

Who has not felt the need at some time for lessons in verbal self-defense? While the topic sounds intriguing,

many of the ideas offered in this program are disappointing. Substantial portions of the presentation do not deal with verbal self-defense. The cassettes, in part, contain academic ideas about language analysis that would be hard to use in the real world of a rapidly moving argument. The strongest parts of Elgin's work are discussions of male and female patterns of communicating and the need for understanding the conversational style of other persons. The author gives a fine reading, yet this program is not a necessary purchase.—*Mark Guyer, Stark Cty. District Lib., Canton, Ohio*

We Are Driven: The Compulsive Behaviors America Applauds

by Robert Hefelt & others

2 cassettes, abridged. 2 hrs. Thomas Nelson Audio, Elm Hill Pike & Nelson Place, PO Box 14100, Nashville, TN 37214-1000; 800-251-4000. 1991. ISBN 0-8407-9976-4. \$12.95. PSYCH

This program is aimed at those who feel driven by society-approved compulsions (e.g., people who are "workaholics," or those obsessed with physical fitness and appearance) to perfect performance and to pursue promotions and awards. The authors start from the point that this wordly "driveness" is a pathological condition from which individuals must seek recovery, using the 12-step approach developed by Alcoholics Anonymous. The technique they advocate is to release one's compulsivity to God and follow the Christian spirit to a life of balance and harmony. These tapes will be most appreciated by library patrons who seek self-help ideas from several viewpoints with a Christian slant. A supplemental addition to most self-help collections.—*Barbara Valle, Cty. of Los Angeles P.L.*

Daytripping to Bath by Ronald Hutton (*Personal Courier*TM)

ISBN 1-878877-05-4.

Daytripping to Oxford & Stratford-upon-Avon by Ronald Hutton (*Personal Courier*TM)

ISBN 1-878877-04-6.

ea. vol: 2 cassettes, 2 hrs. Educational Excursions, PO Box 180355, Dallas, TX 75218; 214-328-9377. 1991. \$19.95.

TRAV

These new additions to the "Personal CourierTM" series guide motorists to Oxford and Stratford, and Bath. Hutton, a distinguished British historian, leads travelers out of London for daily excursions, describing interesting sights and places along the way. His storytelling ability is quite entertaining, evidenced by his accounts of the tumultuous beginnings of Oxford University and the background of the

Order of the Garter. Hutton relays information with warmth, and his narrative may also appeal to armchair travelers. Recommended for public libraries.—*Karen Sendi, Univ. of Toledo Libs.*

The Scottish Highlands by Ronald Hutton (*Personal Courier*TM)

2 cassettes, 2 hrs. Educational Excursions, PO Box 180355, Dallas, TX 75218; 214-328-9377. 1991. ISBN 1-878877-07-0. \$19.95.

TRAV

This is the third in the "Personal CourierTM" audio series by British historian Hutton, who welcomes listeners along for the ride by providing running commentary for day trips by motor car. Included are specific instructions as to which motorways to take, and when (and when not) to listen to the ample history and anecdotal information he supplies. The Highlands, from Edinburgh to Inverness, are captured in all their rugged beauty and tragic charm. Most moving of all is the description of the famous Battle of Culloden Moor. The chief advantage of these programs is the rich sense of place in the backdrop provided by the author, even if his pathos is at times a bit overwhelming. Recommended.—*Philip Fryer, Loyola/Notre Dame Lib., Baltimore*



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