

Publication	Study Type	Overall Study Assessment*	Appropriate Study Design	Prospective Calculation of Study Size	Blinding of Patients and Personnel	Patient Selection/ Inclusion Criteria	Subject Comparability	Appropriate End Points	Assessment of Outcomes/ Exposure	Follow up/ Handling of Missing Data	Reporting	Confounding	Appropriate Statistical Analysis
Davies 2013	Non-Randomized Trial	high	yes	no	no	yes	yes	yes	yes	yes	yes	yes	yes
Liu 2019	Non-Randomized Trial	high	yes	no	no	no	yes	yes	yes	yes	yes	yes	yes
Rengasamy 2010	Laboratory Efficacy Study	high	yes	no	no	--	--	yes	yes	--	yes	yes	yes
van der Sande 2008	Non-Randomized Trial	high	yes	no	no	no	yes	yes	yes	yes	yes	yes	yes
Furuhashi 1978	Laboratory Efficacy Study	moderate	yes	no	no	--	--	yes	yes	--	yes	yes	yes
Ma 2020	Laboratory Efficacy Study	moderate	yes	no	no	--	--	yes	yes	--	yes	yes	yes
Quesnal 1975	Single-Case Experiment	low	yes	no	no	no	yes	yes	yes	yes	yes	yes	no
Sellers 1970	Non-Randomized Trial	low	yes	no	no	yes	no	yes	yes	no	no	no	yes

\*Determined by review of 11 appraisal domains in context of study strengths and weaknesses.