

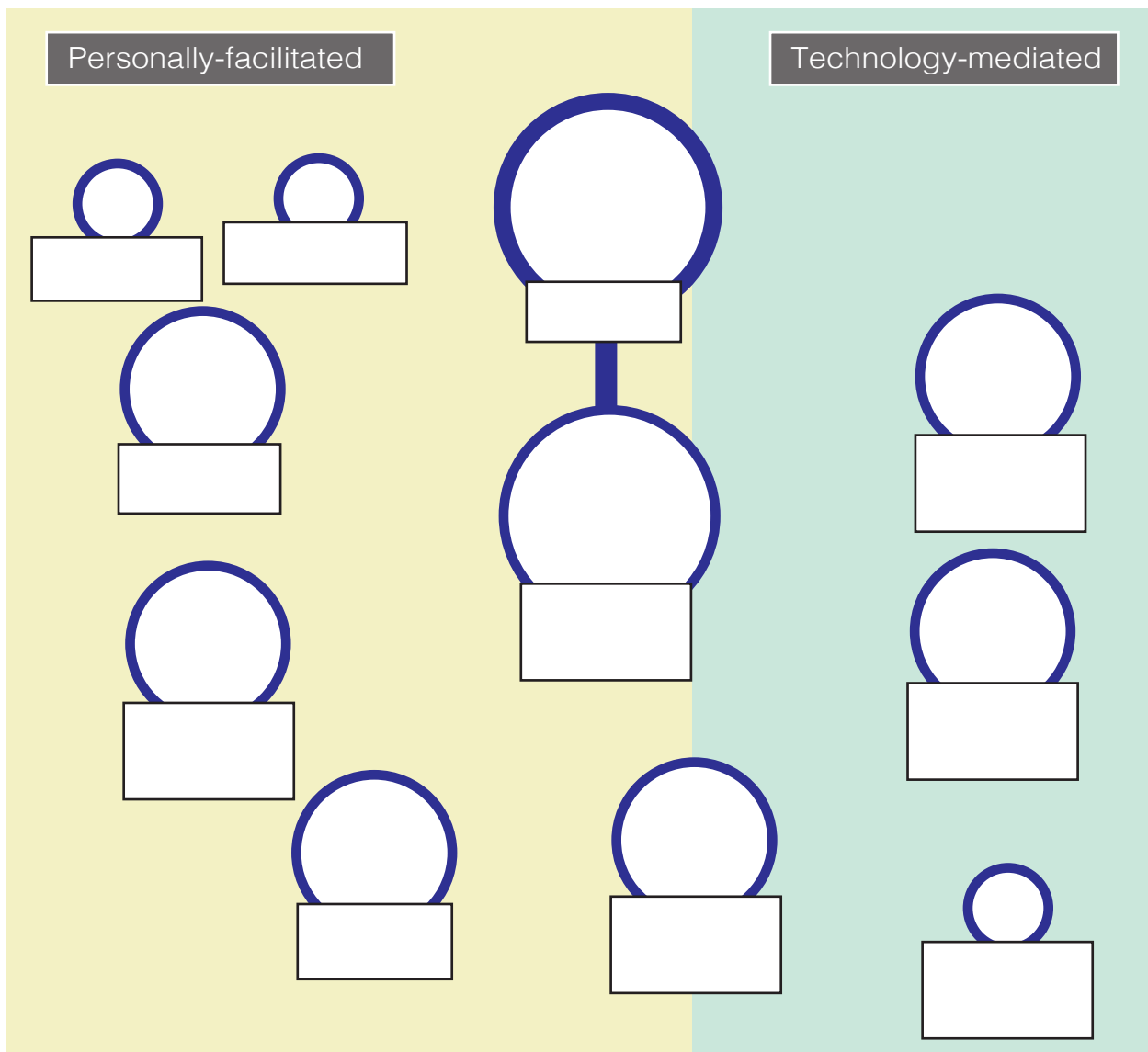
Personal Learning Network Worksheet

You are ready to start building your own personal learning network (PLN). Follow the guidelines below.

1. Identify your goals.

- 1.
- 2.
- 3.
- 4.
- 5.

2. Map out your PLN. List specific names of people that you consider a part of your network. Add additional ties as needed and ask yourself if there are others you would like to be a part of your network.



Weak tie Strong tie

3. Come up with an action plan. Use your specific goals to guide your plan. Use the following example to help brainstorm ideas for your own action plan.

Set Specific Goals

Follow mentors or role models on Twitter

Access, contribute, and share helpful resources developed by others

Find mentors, coaches, and sponsors for yourself and your trainees. Recognize the power of weak ties

Share content presented at live conferences

Generate your own virtual, asynchronous journal club

Utilize connections to collaborate on research and scholarly work.

Intentionally foster relationships with international nodes

Set Specific Goals