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Inhibition of uric acid or IL-1 β ameliorates respiratory syncytial virus immunopathology and development of asthma

Running title: Uric acid or IL-1 β inhibition ameliorates RSV and asthma

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30

31 **Abstract**

32 **Background:** Respiratory Syncytial Virus (RSV) affects most infants early in life and is associated
33 with increased asthma risk. The specific mechanism remains unknown.

34 **Objective:** To investigate the role of uric acid (UA) and IL-1 β in RSV immunopathology and asthma
35 predisposition.

36 **Methods:** Tracheal aspirates from human infants with and without RSV were collected and analyzed
37 for pro-IL-1 β mRNA and protein to establish a correlation in human disease. Neonatal mouse models
38 of RSV were employed, wherein mice infected at 6-7 days of life were analyzed at 8 days post-
39 infection, 5 weeks post-infection, or after a chronic cockroach allergen asthma model. A xanthine
40 oxidase inhibitor or IL-1 receptor antagonist was administered during RSV infection.

41 **Results:** Human tracheal aspirates from RSV-infected infants showed elevated pro-IL-1 β mRNA and
42 protein. Inhibition of UA or IL-1 β during neonatal murine RSV infection decreased mucus production,
43 reduced cellular infiltrates to the lung (especially ILC2s), and decreased type 2 immune responses.
44 Inhibition of either UA or IL-1 β during RSV infection led to chronic reductions in pulmonary immune
45 cell composition and reduced type 2 immune responses and reduced similar responses after
46 challenge with cockroach antigen.

47 **Conclusions:** Inhibiting UA and IL-1 β during RSV infection ameliorates RSV immunopathology,
48 reduces the consequences of allergen-induced asthma, and presents new therapeutic targets to
49 reduce early-life viral-induced asthma development.

50 **Key Words:** Respiratory syncytial virus, uric acid, xanthine oxidase, xanthine oxidase
51 inhibitor, allopurinol, interleukin-1 beta, interleukin-1 receptor antagonist, Anakinra, asthma
52

53 **Abbreviations:**

54 Uric Acid: UA

55 IL-1 receptor antagonist: IL-1RA

56 Respiratory syncytial virus: RSV

57 Cockroach antigen: CRA

58 Type 2 innate lymphoid cells: ILC2(s)

59 Xanthine oxidase inhibitor: XO

60 Interleukin: IL

61 Institutional Animal Care & Use Committee: IACUC

62 Plaque forming units: PFU
63 Protein nitrogen units: PNU
64 Lung draining lymph nodes: LDLN
65 Multiplicity of infection: MOI
66 Standard error of the mean: SEM
67 Periodic acid Schiff: PAS
68 Hematoxylin and eosin: H/E
69 Interferon: IFN
70 T helper cell type: Th
71 Bronchoalveolar Lavage: BAL

72

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81

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83 Experiments were performed by C.F.S., C.A.M., S.K.B., S.B.M., A.J.R., C.P. and W.F.
84 Manuscript was written by C.F.S., N.W.L. and W.F. Data analysis was performed by C.F.S.,
85 N.W.L., and W.F. All authors participated in editing the manuscript.

86 **Introduction**

87 Respiratory syncytial virus (RSV) can cause bronchiolitis and affects most infants
88 before age two [1, 2]. The global health burden of RSV includes over three million
89 hospitalizations and ~100,000 deaths yearly among children under age five [3]. Severe RSV
90 with bronchiolitis requiring hospitalization in infants is associated with an increased risk of
91 childhood asthma [4-6]. RSV bronchiolitis involves airway epithelial loss, mucus over-
92 production, pulmonary inflammatory infiltrates, and pulmonary obstruction [7, 8]. Severe RSV

93 infection involves excessive Th2 and Th17 immune responses [9-13]. These responses
94 persist even after viral clearance and are associated with enhanced type 2 immune
95 responses in models of asthma induced later in life [14]. Type 2 innate lymphoid cells (ILC2s)
96 are an important source of IL-13, which is associated with mucus production and goblet cell
97 hyperplasia in the lung [15-17]. RSV induces IL-13-producing ILC2 accumulation, which is
98 associated with disease severity [7]. IL-1 β , a regulator of ILC2s [18], has been described to
99 be increased during RSV infection and may be directly involved in the pathogenesis [19, 20].

100 The precise connections between RSV induction of IL-1 β , ILC2 activation, and RSV
101 immunopathology remain unexplored. Uric acid production can induce reactive oxygen
102 species production and thus activate the NLRP3 inflammasome, leading to IL-1 β liberation
103 [21-23] Inflammasome-activating metabolic products including uric acid (UA) are associated
104 with IL-1 β production and subsequent childhood wheezing or bronchitis [24]. In this work, we
105 investigate the roles of UA and IL-1 β during neonatal RSV infection using human samples
106 and mouse models. We demonstrate that interrupting the uric acid pathway using a xanthine
107 oxidase inhibitor (XOI) or blocking the downstream inflammation with an IL-1 receptor
108 antagonist (IL-1RA) can ameliorate RSV immunopathology. The protective effects of the XOI
109 or IL-1RA during RSV persist and are each protective from subsequent cockroach allergen
110 (CRA) induction of asthma exacerbation.

111 **Materials and Methods**

112 ***Animals***

113 The Institutional Animal Care & Use Committee (IACUC), University of Michigan, Ann
114 Arbor, approved all animal use protocols, and all experiments proceeded according to IACUC
115 guidelines. BALB/c mice 6-8 weeks old were purchased from Jackson Laboratory (Bar
116 Harbor, ME). These were bred 1:1 male:female to produce neonates. Each individual litter
117 underwent a single, uniform treatment condition, and the multiple litters undergoing different
118 treatment conditions were treated on the same dates. Treatment conditions were replicated
119 across multiple mouse cohorts. Standard pathogen-free conditions were maintained in the
120 Unit for Laboratory Animal Medicine at the University of Michigan.

121 ***Patient Samples***

122 All human studies were performed in accordance with an approved University of
123 Michigan institutional review board protocol. Tracheal aspirate samples were obtained from

124 RSV-infected infants hospitalized and mechanically ventilated in a pediatric intensive care
125 unit; baseline clinical characteristics were collected from the medical record and are
126 summarized in supplemental table 1. Infants' parents or legal guardians provided informed
127 consent. The samples were directly aspirated from the endotracheal tube. RSV infection was
128 detected by clinical sputum PCR for initial diagnosis; this was confirmed subsequently by
129 PCR in the lab (see below). Infants intubated for other non-infectious reasons provided
130 control samples. Samples were divided for protein and cDNA analysis. Protein samples were
131 diluted 1:1 with PBS-containing complete anti-protease cocktail (Sigma-Aldrich, St. Louis,
132 MO) and 0.5% Triton X-100 nonionic detergent to dissociate mucus. TRIzol reagent was
133 used for RNA extraction (Invitrogen, Carlsbad, CA). cDNA was synthesized using a murine
134 leukemia virus reverse transcriptase (Applied Biosystems, Foster City, CA). Pro-IL-1 β mRNA
135 was analyzed via commercial Taqman primers (Thermo Fisher Scientific, Waltham, MA). IL-
136 1 β and CCL5 protein were measured using a Bio-Plex 200 System (Bio-Rad Laboratories,
137 Hercules, CA).

138 **RSV**

139 RSV line 19, subgroup A, isolated from an infected infant at the University of Michigan
140 Children's Hospital, was used for all experiments as previously described [25]. We have
141 previously demonstrated animal models with this virus mimic human RSV with mucus
142 hypersecretion and cytokine dysregulation [26]. Neonatal animals were infected with 1.8×10^5
143 plaque forming units (PFU) via intranasal instillation.

144 **Primary RSV Infection Time-course**

145 Neonatal BALB/c mice were infected with RSV at 6-7 days old. Mice were sacrificed at
146 day 2, 4, 6, 8, and 14 post-infection. Control mice were sham infected with carrier fluid.
147 Separate age-matched control groups were used at each time-point. Lungs were flash frozen
148 for RNA evaluation. BAL was collected as below.

149 **Primary RSV Infection**

150 BALB/c mice were infected with RSV at 6-7 days old. Mice were treated daily with the
151 relevant inhibitor starting on the day of infection for seven days. At 4, 6, or 8 days post-
152 infection the mice were sacrificed. Whole lungs and lung draining lymph nodes (LDLN) were
153 isolated for flow cytometry, histology, PCR, and/or cytokine analysis (Supplemental Fig. 1).
154 Control RSV-infected animals were treated with carrier fluid in these experiments. For

155 experiments where the XOI and IL-1RA groups were both included, the IP carrier fluid-
156 treated, RSV-infected control group was used.

157 ***Xanthine Oxidase Inhibitor Treatment***

158 The XOI, allopurinol, (Sigma Aldrich, St. Louis, MO) was administered at 25 μ g per
159 mouse (approximately 10 mg/kg) via intraperitoneal injection (volume 50 μ L) daily starting on
160 the day of RSV infection for seven doses. The dose was chosen based on prior dose-finding
161 experiments (internal data) and known human dosing for allopurinol in children [27-29].

162 ***Interleukin-1 Receptor Antagonist***

163 The IL-1RA (Cayman Chemical, Ann Arbor, MI) was administered daily at 0.2 μ g per
164 mouse (approximately 0.08 mg/kg) via intranasal instillation (volume 5 μ L) starting on the day
165 of RSV infection for seven doses. This dose was chosen based on prior dose-finding
166 experiments that suggested this dose was safe and potentially effective.

167 ***Chronic RSV Model***

168 BALB/c mice were infected with RSV at day 6-7 of life. The mice were treated daily
169 with either XOI or IL-1RA as above. After seven daily treatments the mice rested four weeks.
170 RSV-infected controls were treated with carrier fluid. The mice were euthanized, and whole
171 lungs and LDLN were isolated for flow cytometry, histology, PCR, and/or cytokine analysis
172 (Supplemental Fig. 1A).

173 ***Cockroach antigen (CRA) model***

174 BALB/c mice were infected with RSV as above at 6-7 days old. The mice were treated
175 daily with either inhibitor as above. After seven treatments the mice rested four additional
176 weeks. The mice then began CRA sensitization and challenge as previously described [14,
177 30, 31]. Briefly, mice were sensitized with 500 protein nitrogen units (PNU) of CRA on days 0,
178 1, 2 and challenged with 500 PNU on days 14, 20, 22, and 23. The CRA was clinical grade
179 used for skin testing (Hollister-Stier, Spokane, WA). On day 24, the mice were sacrificed, and
180 whole lungs and LDLN were isolated for flow cytometry, histology, PCR, and/or cytokine
181 analysis (Supplemental Fig. 1B).

182 ***Flow Cytometry***

183 Lungs were enzymatically dispersed with collagenase A 1 mg/mL (Roche,
184 Indianapolis, IN) and 20 U/mL DNase I (Sigma, St. Louis, MO) in RPMI with 10% FCS and
185 further dispersed via 18-gauge needle (10 mL syringe). RBCs were lysed and samples

186 filtered through 100-micron nylon mesh. Cells were re-suspended in PBS. LIVE/DEAD stain
187 kit identified live cells (Thermo Fisher Scientific, Waltham, MA). Cells were washed and re-
188 suspended in PBS with 1% FCS. Fc receptors were blocked with anti-CD16/32 (BioLegend,
189 San Diego, CA). Surface markers were identified using the following clonal antibodies, all
190 from BioLegend: anti-Gr-1 (RB6- 8C5), B220 (RA3-6B2), CD3 (145-2C11), Ter119 (Ter-119),
191 CD11b (M1/70), CD25 (PC61), CD45 (30-F11), ST2 (DIH9), c-Kit (2B8), CD90 (53-2.1), CD4
192 (RM4-5), CD3 (17A2), CD8 (53-5.8), CD69 (H1.2F3) CD11c (N418), MHCII (M5/114.15.2),
193 CD103 (2E7). SiglecF was from BD Biosciences (San Jose, CA). For innate lymphoid
194 staining, anti-CD3, CD11b, B220, Gr-1, TER119, and GATA3 were used
195 (eBioscience/Thermo Fisher) in accordance with a previously published protocol [32]. For
196 ILC2: Lin-(CD3, CD11b, B220, GR-1, TER119) CD45+CD25+CD90+ST2+c-Kit+ +GATA3+.
197 For eosinophils: SSC^{high}CD11b+SiglecF+. For neutrophils: SSC^{high}CD11b+SiglecF-GR-1+.
198 For conventional DC: CD11b+CD11c+MHCII+, CD103-. For DC 103+: CD11c+ CD11b-
199 MHCII+CD103+. For interstitial macrophages: CD11b+CD11c-F4/80+. For T cells CD4+:
200 CD3+CD4+, T cells CD8+: CD3+CD8+. Data were collected using a NovoCyte flow
201 cytometer (ACEA Bioscience, San Diego, CA), and analysis utilized FlowJo software (Tree
202 Star, OR). Gating strategies are available in the Supplementary Data (supplemental figure 4).

203 **Histology**

204 The middle and inferior lobes of the right lung were perfused with formaldehyde and
205 embedded in paraffin. Five-micron lung sections were stained with periodic acid-Schiff (PAS)
206 or hematoxylin/eosin (H/E). A Zeiss Axio Imager Z1 with AxioVision 4.8 software (Zeiss,
207 Munich, Germany) collected photomicrographs.

208 **Mucus Scoring Analysis**

209 Slides from PAS-stained lungs were coded and scored by a blinded observer. Mucus
210 was quantified on a score of 1-4, with 1 = minimal/no mucus; 2 = slight: multiple airways with
211 goblet cell hyperplasia and mucus; 3 = moderate: multiple airways with significant mucus and
212 some plugging; 4 = severe: significant mucus plugging [14].

213 **Quantitative RT-PCR**

214 TRIzol reagent was used for lung tissue homogenization and RNA extraction
215 (Invitrogen, Carlsbad, CA). cDNA was synthesized using murine leukemia virus reverse
216 transcriptase (Applied Biosystems, Foster City, CA) incubated at 37 °C followed by 95 °C to

217 stop the reaction. Real-time quantitative PCR (qPCR) using Taqman (Thermo Fisher
218 Scientific, Waltham, MA) primers with a FAM-conjugated probe measured pro-IL-1 β
219 (Mm00434228 and Hs01555410), IL-4 (Mm00445259), IL-5 (Mm00439646), IL-13
220 (Mm00434204), CCL5 (Mm01302428), xanthine oxidase (Mm00442110), interferon- γ
221 (Mm00801778), and 18S (Hs99999901 and Mm03928990). A previously described primer
222 system was used to measure Gob5 [33]. Custom primers were used for RSV-G (forward:
223 CCA AGC AAA CCC AAT AAT GAT TT, reverse: GCC CAG CAG GTT GGA TTG T) (Sigma
224 Aldrich, St. Louis, MO). Gene expression was normalized to 18S expression with fold-change
225 values calculated using $2^{-\Delta\Delta}$ cycle threshold method relative to uninfected wild-type controls.
226 For the human pro-IL-1 β expression, human 18S expression was used for normalization. A
227 7500 Real-Time PCR System (Applied Biosystems, Foster City, CA) was used.

228 ***Re-stimulation of Lung-Draining Lymph Node (LDLN) Cells with RSV or CRA***

229 LDLN were digested via 1 mg/mL collagenase A (Roche) and 25 U/mL DNase I
230 (Sigma Aldrich) in RPMI with 10% FCS for 45-60 minutes at 37°C and further dispersed via
231 18-gauge needle (10 mL syringe). RBCs were lysed and samples filtered through 100-micron
232 nylon mesh. Single-cell suspensions of lymph nodes at a concentration of 2.5×10^6 cells/mL
233 (0.2 mL plated per well) in a 96 well plate were re-stimulated with RSV 5×10^5 PFU or CRA
234 300 PNU as appropriate. The supernatants were collected at 48 hours and analyzed for the
235 following cytokines: IFN- γ , IL-4, IL-5, and IL-13 using a Bio-Plex bead-based cytokine assay
236 (Bio-Rad Laboratories, Hercules, CA).

237 ***Bronchoalveolar Lavage***

238 Bronchoalveolar lavage (BAL) was performed on neonatal mice after euthanasia. The
239 trachea and lungs in the neck and chest were directly exposed. A 26 gauge needle was
240 inserted into the trachea and 200 μ L of PBS was instilled gently, and the lungs were directly
241 visualized to inflate. Approximately 100 μ L was returned upon application of suction. This was
242 frozen at -20°C until analysis.

243 ***Lung Extracts***

244 The left lung was taken for protein measurement. Each lung was placed in Tissue
245 Protein Extraction Reagent (Thermo Fisher) 1 mL and total protein was extracted according
246 to the manufacturer's protocol. This was frozen at -20°C until analysis.

247 ***Uric Acid Measurements***

248 BAL samples taken from neonatal mice at 6 days post-infection after euthanasia were
249 analyzed for uric acid content. The uric acid assay kit (Cayman Chemicals, Ann Arbor, MI)
250 using the manufacturer's instructions was used.

251 ***Enzyme-Linked Immunosorbent Assays***

252 Murine IL-1 β protein was quantified from lung extract samples taken from naïve or
253 infected mice at 6 days post-infection after euthanasia. We used the R&D Duo set ELISA kit
254 (R&D Systems, Minneapolis, MN) and followed the manufacturer's instruction.

255 ***Statistical Analysis***

256 Prism 7 (GraphPad Software) was used for data analysis. Data are presented as
257 mean values +/- SEM. Unpaired, two-tailed t-test was used to compare data with two groups.
258 ANOVA was used to compare three or more groups. A p-value < 0.05 was considered
259 statistically significant.

260 **Results**

261 **RSV induces pulmonary IL-1 β expression in infants and neonatal mice.**

262 In this work, we initially analyzed tracheal aspirates from human infants with severe
263 RSV for the presence of IL-1 β . We detected significantly increased mRNA expression of pro-
264 IL-1 β and protein production of IL-1 β in the samples of RSV+ infants compared with controls
265 (Fig. 1A and 1B). Protein production of CCL5, a chemokine known to be correlated with
266 severe RSV disease [34], was also significantly elevated in samples from RSV-infected
267 infants (Fig. 1C). IL-1 β is known to be a potent cytokine that amplifies the immune response
268 through the activation of cytokine cascades as well as activation of critical innate immune
269 cells, such as ILC2s [18, 19, 35, 36]. Therefore, we decided to investigate the impact of IL-
270 1 β -induced immune activation on type 2 immunity-associated RSV immunopathology.

271 To study the role of IL-1 β during RSV infection, a neonatal murine model was utilized
272 to recapitulate responses in clinical disease in infants (Supplemental Fig. 1A) [14, 37]. To
273 compare this model to the above human samples, neonatal BALB/c mice were infected with
274 RSV line 19 and we measured mRNA expression of pro-IL1 β and CCL5 in the lung. We
275 observed significant increases in mRNA expression of both cytokines (Fig. 1D), resembling
276 the RSV infection in infants. Various metabolic mediators have been identified to drive IL-1
277 pathway activation [23, 36], and RSV has been shown to alter metabolic profiles in mice as a
278 key step driving immunopathology [38]. Examination of a key metabolic activator of IL-1 β , uric

279 acid (UA), was performed by analyzing the expression of xanthine oxidase that converts
280 xanthine to UA. A time-course of xanthine oxidase (XO) in the lungs of neonatal mice
281 revealed high expression that peaked at 4 days post-infection (dpi) (Fig. 1D). RSV infection
282 was confirmed in the model via PCR, with RSV-G peaking on day 4 post-infection
283 (Supplemental Fig. 1C). Bronchoalveolar lavage (BAL) fluid taken from neonatal mice at 8
284 days post-infection demonstrated elevated levels of UA in RSV-infected mice compared to
285 controls (Fig. 1E). Thus, we observed contemporaneous increased expression of XO,
286 increased production of UA, and increased production of pro-IL-1 β during neonatal RSV
287 infection.

288 **Inhibition of uric acid or IL-1 β pathway ameliorates RSV immunopathology.**

289 To examine the role of the XO or IL-1RA on RSV immunopathology, neonatal BALB/c
290 mice infected with RSV were treated daily with either the xanthine oxidase inhibitor (XOI) or
291 interleukin 1 receptor antagonist (IL-1RA) (Supplemental Fig. 1A). Examination of the
292 histopathology demonstrated that the XOI treatment in particular reduced mucus production
293 and goblet cell metaplasia compared with infected controls as well as an overall decrease in
294 cellular infiltrates in the treated groups (Fig. 2A, 2B). We also observed downregulation of the
295 mucous-associated gene *Gob5* and the chemokine *CCL5* in both treated groups (Fig. 2C).
296 We evaluated viral clearance rates associated with the treatments using RSV-G RNA
297 expression. No difference between control mice and XOI-treated mice was observed at day 4
298 of infection (Supplemental Fig. 1D). However, uric acid levels in BAL at day 6 post-infection
299 were lower in XOI-treated animals compared to control mice (Fig. 2D). Local lung IL-1 β levels
300 were not significantly changed in XOI- or IL-1RA-treated animals at 4 days post infection (dpi)
301 (Supplemental Fig. 1E). These data suggest that UA and IL-1 β have important roles during
302 RSV pathogenesis.

303 To characterize the immune response in neonatal mice infected with RSV that were
304 treated with either XOI or IL-1RA, we analyzed pulmonary leukocyte populations by flow
305 cytometry. During RSV infection, increased numbers of activated ILC2s have been reported
306 [39]. In the present studies, ILC2 (Fig. 3A) and neutrophils (Fig. 3B) were significantly
307 increased in RSV infection and reduced in both XOI- or IL-1RA-treated mice compared with
308 infected controls. Other leukocytes including macrophages, CD4⁺ T cells, eosinophils, and
309 dendritic cell populations were not significantly altered by RSV infection at this time-point

310 (Supplemental Fig. 1F, 1G, 1H, 1I, 1J). To further evaluate the immune response, we
311 measured cytokine levels from isolated lung draining lymph node (LDLN) cells after *in vitro*
312 re-stimulation with RSV and observed that the XOI-treated neonatal group had reduced IL-4,
313 IL-5, and IL-13 production (Fig. 3C, 3D, 3E) and increased IFN- γ and IL-17A production (Fig.
314 3F, Supplemental Fig. 3A) compared to RSV-infected control animals. The IL-1RA-treated
315 group also demonstrated reduced IL-4 production (Fig. 3C), but no change in IL-5 or IL-13
316 (Fig. 3D, 3E), and an increase in IFN- γ and IL-17A levels compared to the control group (Fig.
317 3F, Supplemental Fig. 3A). Altogether, both XOI and IL-1RA treatment reduce type 2 immune
318 responses during RSV infection and promote a type 1 immune response.

319

320 **Control of RSV disease severity by XOI or IL-1RA treatments establish long-lasting** 321 **immune changes.**

322 To evaluate long-term consequences of XOI or IL-1RA treatment during RSV infection,
323 neonatal mice were infected at day 6-7 of life and treated with the XOI or IL-1RA daily for 7
324 days. At five weeks after infection the lungs were evaluated for their mucus expression and
325 immune phenotype. No significant differences were observed between naïve animals, RSV-
326 infected mice, or either treated group in visible lung pathology by PAS staining or in mucus
327 gene expression by qPCR (Supplemental figure 2A, 2B, 2C). However, there was a
328 persistent increase in ILC2s in the lungs of RSV-infected mice, that was significantly reduced
329 in the groups of mice that were treated with XOI or IL-1RA (Fig 4A). In addition, increased
330 macrophage, CD103+ dendritic cell, and eosinophil numbers were decreased in the IL-1RA-
331 treated group, while only a non-significant trend toward reduction in these cell types in the
332 XOI-treated group (Fig. 4B, 4C, 4D). CD4+ T cell and neutrophil numbers were unchanged in
333 the treated groups (Supplemental figure 2D). To evaluate the lymphocyte responses to RSV
334 re-stimulation, LDLN were harvested from animals infected with RSV with XOI or IL-1RA
335 treatment and compared to infected controls. The XOI-treated mice showed an increase in IL-
336 4 production (Fig. 4E), no change in IL-5 (Fig. 4F), and a significant decrease in IL-13
337 production (Fig 4G) compared to RSV-infected mice. The IL-1RA-treated group showed
338 significant reduced production of IL-4, IL-5, and IL-13 (Fig. 4E, 4F, 4G). Both treated groups
339 showed a decrease in IFN- γ and no change in IL-17A production (Fig. 4H, Supplemental Fig.
340 3B). Thus, there appears to be persistent innate immune cells in the lung and altered immune

341 responses long after RSV infection has cleared that are attenuated in the XOI- or IL-1RA-
342 treated animals.

343 **Control of RSV infection severity by XOI or IL-1RA treatments ameliorates exacerbated**
344 **development of asthma.**

345 In order to evaluate whether the changes with XOI or IL-1RA treatment during RSV
346 infection would affect subsequent asthma development, RSV-infected mice were exposed to
347 an allergen challenge model of asthma. Five-week-old mice previously infected with RSV and
348 treated with XOI or IL-1RA were sensitized and challenged with cockroach antigen (CRA)
349 (Supplemental Fig. 1B). Lung histology demonstrated a decrease in mucus deposition (Fig.
350 5A) and less prominent inflammatory leukocyte infiltrates in the group of mice treated with
351 XOI or IL-1RA compared to untreated animals during the neonatal RSV infection (Fig. 5B).
352 Mucus scoring was lower in the treated animal groups as well (Fig. 5C). Gob5 mucus-related
353 gene expression in the lung was reduced in XOI- and IL-1RA-treated animals (Fig. 5D). CRA
354 treatment increased IL-13 gene expression in the lung and the enhanced IL-13 was
355 decreased in the IL-1RA-treated group (Fig. 5E).

356 To investigate the effect of blocking the XO and IL-1 β pathways during RSV infection
357 on the lung immune environment, flow cytometry was performed in the asthma model.
358 Interestingly, the XOI- or IL-1RA-treated mice demonstrated no change in ILC2 numbers
359 during CRA challenge when compared to RSV-infected/CRA-treated controls (RSV/CRA)
360 (Fig. 6A). However, reduced numbers of interstitial macrophages in the lung of the XOI- or IL-
361 1RA-treated mice were observed (Fig. 6B). Although there were no significant differences in
362 the CD4⁺ T cells or CD103⁺ dendritic cells in either of the treated groups (Fig. 6C, 6F), there
363 was a significant reduction in eosinophils and CD11b⁺ dendritic cells in IL-1RA-treated mice
364 (Fig. 6D, 6E). Thus, differences in the cellular infiltrate changes in the XOI or IL-1RA treated
365 groups lead to reductions in pulmonary immune infiltrates during subsequent induction of
366 asthmatic disease.

367 Finally, we evaluated the acquired immune response by *in vitro* re-stimulation of LDLN
368 from asthmatic mice with allergen. The groups treated with XOI and IL-1RA during neonatal
369 RSV infection both demonstrated reduced IL-4, IL-5, and IL-13 production upon CRA re-
370 stimulation (Fig. 6G, 6H, 6I), with no change in IL-17A production (Supplemental Fig. 3C),
371 and the IL-1RA group also showed reduced IFN- γ (Fig. 6J). These data suggest that type 2

372 immunity induced in the RSV/CRA model is reduced by XO1 or IL-1RA treatment during
373 neonatal RSV infection. Together, these data indicate that control of neonatal RSV
374 immunopathology, by XO1 or IL-1RA treatment translates into long term control of type 2
375 immune responses in the lung upon later allergen sensitization and attenuates the RSV-
376 associated asthma predisposition.

377 **Discussion**

378 In this work we demonstrated that inhibition of the uric acid or IL-1 β pathways by the
379 XO1 (allopurinol) or IL-1RA (Anakinra) treatments in RSV-infected neonatal mice decreased
380 RSV immunopathology and ameliorated the long-term type 2 immunity-associated asthma
381 exacerbation. Given the high global health burden of RSV, with over three million
382 hospitalizations and ~100,000 deaths worldwide yearly among children under age five,
383 disrupting the immunopathology of early life-RSV infection with allopurinol or Anakinra could
384 directly have a significant impact on health. In addition, because early life viral infections,
385 especially RSV, are associated with development of asthma, these treatments might lead to
386 long-term reductions in childhood asthma. Prior work has shown the important role of
387 metabolic alterations in RSV immunopathology [38]. Thus, these studies provide novel and
388 striking evidence that interrupting this metabolic and inflammatory process could have
389 significant clinical impact.

390 Uric acid is a product of purine metabolism produced by xanthine oxidase [40] and is
391 produced during cell injury with viral infections [41]. UA has been implicated in house dust
392 mite pulmonary injury and as an adjuvant promoting asthma; allopurinol can disrupt UA's
393 deleterious effects [40, 42-44]. Allopurinol is well-studied with a long-standing safety record
394 [45] and has been used for many years in diseases such as gout to normalize the level of
395 system UA to reduce flares [46, 47]. In addition, dosing and safety data are available in
396 children, particularly with treating tumor lysis syndrome [27-29]. This process of blocking UA
397 production may be especially viable in disease such as viral infections that promote high
398 levels of production since humans do not produce uricase to further process UA [48]. Thus,
399 while further clinical research will be needed, safety and dosing has already been established
400 in children and infants making this a potential clinical option to add to the clinical "tool-box".

401 IL-1 β is a major inflammasome output, which can be activated by UA through the
402 NLRP3 pathway [23, 36]. IL-1 β is elevated in nasopharyngeal aspirates of infants with RSV,

403 and in murine models plays a role in RSV immunopathology [19, 49, 50], and a role for
404 NLRP3-inflammasome activation of IL-1 β has been shown in models of rhinovirus [51]. IL-1 β
405 promotes type 2 immune responses in asthma, IL-1 β is upregulated in BAL fluid from
406 Th2/Th17 polarized asthmatic patients, IL-1 β elevation is associated with increased rates of
407 hospitalization in asthmatic patients, and murine asthma models demonstrate a role for IL-1 β
408 in regulating barrier function and mucin production [20, 52-54]. While we suspect that the IL-
409 1RA affects IL-1 β signaling through the IL-1 receptor, we acknowledge that these data do not
410 definitively prove this connection; future studies are needed to understand this mechanism
411 fully.

412 Like allopurinol, there are established safety and dosing profiles for IL-1RAs in children
413 [55-57]. IL-1RAs, particularly Anakinra, are widely used in juvenile rheumatoid arthritis to
414 reduce IL-1-related inflammation [55-57]. Furthermore, IL-1RAs are effectively and safely
415 deployed in various autoinflammatory syndromes, including cryopyrin-associated periodic
416 fever syndromes, tumor necrosis factor-associated periodic fever syndromes, familial
417 Mediterranean fever, and adult-onset Stills disease [58-61]. However, IL-1RAs have not been
418 evaluated as a therapy for RSV to potentially reduce asthma.

419 There are differences in the outcome of disease phenotypes between the XO1 and IL-
420 1RA treatments in this study. These differences are likely because UA can affect multiple
421 pathways including inflammasome activation, while IL-1 β may have a more targeted and
422 specific effect on the downstream inflammation. In this case, the lack of decrease in IL-1 β
423 during RSV infection with XO1-treatment suggests IL-1 independent pathways may play a
424 role. Allopurinol appears to provide a more robust reduction in RSV immunopathology acutely
425 than the IL-1RA, whereas the IL-1RA effects are more persistent when examining pulmonary
426 infiltrates and LDLN at later time points, despite the slightly higher viral levels seen in the
427 acute infection. Further, CD103+ dendritic cells were reduced in the IL-1RA-treated mice in
428 the later allergen model in the IL-1RA treatment, which corresponded with a reduction in IFN-
429 γ on LDLN re-stimulation consistent with prior work [62, 63]. Both inhibitors lead to marked
430 reductions in ILC2s, which can play a role in RSV immunopathology and type 2 immune
431 responses [39]. Given the perceived ability of ILC2s to establish an allergic immune
432 environment in the lung [64], this modified phenotype may be desirable and play a key role.
433 The differences extend to the later development of allergic disease, where the IL-1RA-treated

434 mice demonstrate greater reductions in pulmonary IL-13 expression, pulmonary cellular
435 infiltrates, and type 2 immune responses in LDLN lymphocytes than XOI-treated animals.
436 However, since both treatments reduce the overall disease the use of them individually or
437 together may be a clinical decision based upon the viral induced phenotype and severity
438 presented in each infant. These differences may depend upon, for example, the level of UA
439 vs. IL-1 β in airway samples or the metabolic state of the infected patient.

440 This novel work verifies and connects the metabolic consequences and
441 immunopathology of RSV infection. We propose a conceptual model (see graphical abstract)
442 to explain how these two processes might be linked. We show that UA production is induced
443 by RSV infection, and that this activates the inflammasome, leading to IL-1 β production. IL-
444 1 β , known to induce ILC2 activation and proliferation, likely promotes a type 2 immune
445 environment coupled with persistent changes in the airway, such as goblet cell metaplasia.
446 By inhibiting either xanthine oxidase or the IL-1 receptor, we can interrupt this process, with
447 beneficial immediate and long-term consequences. This neonatal murine model reflects the
448 time in life that this infection has the most consequences in humans [2]. However, since the
449 clinical burden of RSV is not limited to infants, these treatments could have impacts on RSV
450 infection in the elderly as well as those with chronic lung disease, such as COPD [65-67].
451 This work extends to development of asthma early in life, which may be a clinical
452 consequence of RSV infection, and these inhibitors may attenuate subsequent asthma.
453 Further research, pre-clinical and clinical, could provide better definitions of how and when to
454 use specific inhibitors during disease.

455 **Figure Legends**

456

457 **Figure 1. RSV induces pulmonary IL-1 β expression in humans and mice neonates.**

458 A) cDNA from tracheal aspirates from human infants with RSV and from control patients
459 intubated for non-infectious reasons underwent qPCR to determine pro-IL-1 β mRNA (N \geq 9).
460 B) Tracheal aspirates from human infants underwent Bioplex to determine IL-1 β protein
461 concentration (N \geq 6). C) Tracheal aspirates from human infants were measured via Bioplex
462 to determine CCL5 protein concentration (N \geq 7). D) Mice infected with RSV were sacrificed
463 at 2, 4, 8, and 14 days post-infection (dpi) and compared with age-matched controls. Lungs
464 were homogenized and mRNA extracted to determine CCL5, pro-IL-1 β , and xanthine oxidase

465 mRNA expression (N ≥ 5). E) BAL fluid from mice with RSV and age-matched controls was
466 taken 8 days post-infection and assayed for uric acid (N ≥ 6). Data represent mean +/- SEM.
467 *p < 0.05, **p < 0.01.

468 **Figure 2. Administration of the XO1 or IL-1RA ameliorates RSV infection.**

469 Mice were infected with RSV and treated with the XO1 or IL-1RA and compared with infected
470 mice at 6 or 8 days post infection. A) Lungs were embedded in paraffin and Periodic acid-
471 Schiff (PAS) stained to visualize mucous (pink/purple staining) or hematoxylin/eosin (H/E)
472 stained to evaluate inflammatory cell infiltrates. Representative photos shown (N ≥ 5). B)
473 Mucus scoring was performed on blinded histological slides on a scale of 1–4 for mucus
474 production (N ≥ 4). C) Lungs were homogenized and mRNA extracted to determine Gob5
475 mRNA expression (N ≥ 5) and CCL5 mRNA expression (N ≥ 6). D) BAL fluid at 6 days post-
476 infection was collected as described and assayed for uric acid content (N ≥ 4). Data
477 represent mean +/- SEM. *p < 0.05. **p < 0.01, ***p < 0.001.

478

479

480 **Figure 3. Administration of the XO1 or IL-1RA reduces pulmonary immune infiltrates**
481 **and lymphocyte responsiveness with RSV infection.**

482 Mice were infected with RSV and treated with the XO1 or IL-1RA and compared with infected
483 mice at 8 days post-infection. A and B) Lungs were processed into single-cell suspension,
484 then stained and analyzed via flow cytometry for type 2 innate lymphoid cells (N ≥ 6) and
485 neutrophils (N ≥ 5). C, D, E, and F) Lung draining lymph nodes were processed into single-
486 cell suspension and re-stimulated with RSV *in vitro* for 48 hours to determine cytokine protein
487 levels in the supernatant including IL-4, IL-5, IL-13, and IFN-γ (N ≥ 3). Data represent mean
488 +/- SEM. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001.

489

490

491 **Figure 4. Administration of the XO1 or IL-1RA during RSV infection leads to durable**
492 **immune changes.**

493 Mice were infected with RSV and treated with the XO1 or IL-1RA and compared with infected
494 mice at 5 weeks' post infection. A, B, C, D) Lungs were processed into single-cell
495 suspensions, then stained and analyzed via flow cytometry for type 2 innate lymphoid cells,

496 macrophages, CD103+ dendritic cells, and eosinophils (N ≥ 4). E, F, G, and H) Lung draining
497 lymph nodes were processed into single-cell suspension and re-stimulated with RSV *in vitro*
498 for 48 hours to determine cytokine protein levels in the supernatant including IL-4, IL-5, IL-13,
499 and IFN- γ (N ≥ 6). Data represent mean +/- SEM. *p < 0.05, **p < 0.01, ***p < 0.001, ****p <
500 0.0001.

501

502

503 **Figure 5. Administration of the XO1 or IL-1 receptor antagonist during RSV infection**
504 **ameliorates lung immunopathology during subsequent cockroach antigen**
505 **sensitization.**

506 Mice were infected with RSV and treated with the XO1 or IL-1RA. 5 weeks after the start of
507 infection, mice underwent CRA sensitization and challenge. Control mice were uninfected,
508 CRA-treated mice (CRA only), and RSV-infected/CRA-treated mice (RSV/CRA). A and B)
509 Lungs were embedded in paraffin and Periodic acid-Schiff (PAS) stained to visualize mucous
510 (pink/purple staining) or hematoxylin/eosin (H/E) stained to evaluate inflammatory cell
511 infiltrates. Representative photos shown (N ≥ 9). C) Mucus scoring was performed on blinded
512 histological slides on a scale of 1–4 for mucus production (N ≥ 9). D and E) Lungs were
513 homogenized and mRNA extracted to determine Gob5 (N ≥ 8) and IL-13 mRNA expression
514 (N ≥ 3). Data represent mean +/- SEM. *p < 0.05, **p < 0.01.

515

516

517 **Figure 6. Administration of the XO1 or IL-1 receptor antagonist during RSV infection**
518 **ameliorates type 2 immune responses during subsequent cockroach antigen**
519 **sensitization.**

520 Mice were infected with RSV and treated with the XO1 or IL-1RA. 5 weeks after the start of
521 infection, mice underwent CRA sensitization and challenge. Control mice were uninfected,
522 CRA-treated mice (CRA only) as well as RSV-infected/CRA-treated mice (RSV/CRA). A, B,
523 C, D, E, F) Lungs were processed into single-cell suspensions, then stained and analyzed via
524 flow cytometry for type 2 innate lymphoid cells (N ≥ 7), macrophages (N ≥ 8), CD4+ T cells (N
525 ≥ 4), eosinophils (N ≥ 8), CD11b+ dendritic cells (N ≥ 8), and CD103+ dendritic cells (N ≥ 8).
526 G, H, I, and J) Lung draining lymph nodes were processed into single-cell suspension and re-

527 stimulated with RSV *in vitro* for 48 hours to determine cytokine protein levels in the
528 supernatant including IL-4, IL-5, IL-13, and IFN- γ (N \geq 8). Data represent mean +/- SEM. *p <
529 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001.

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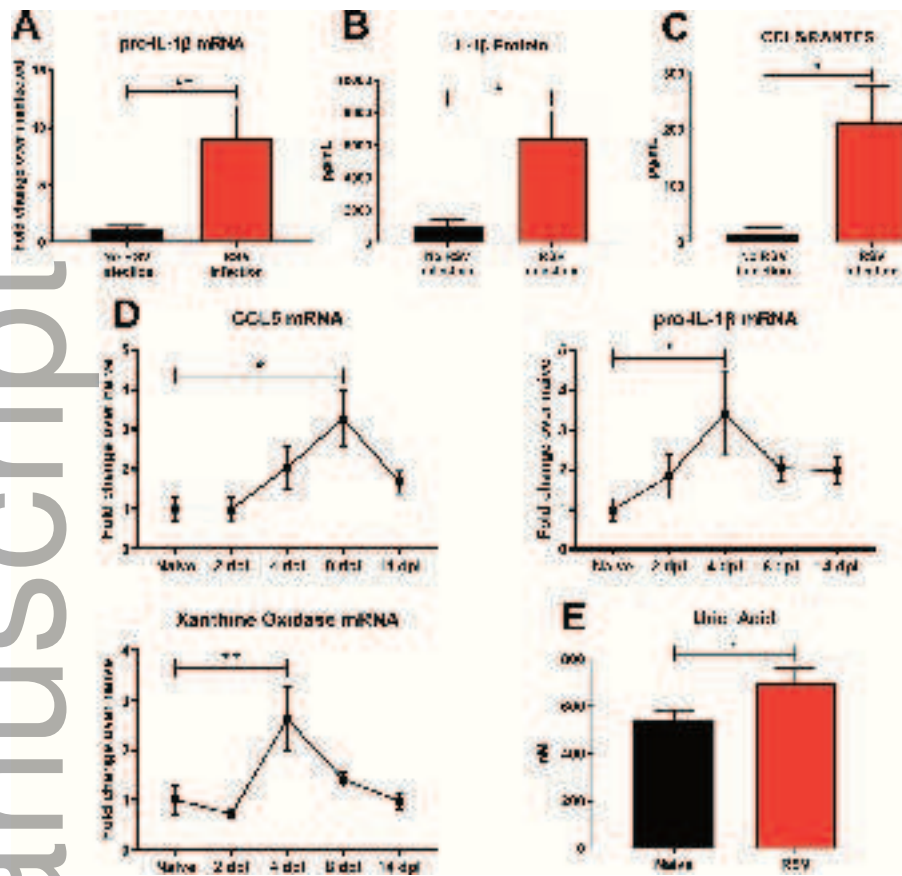
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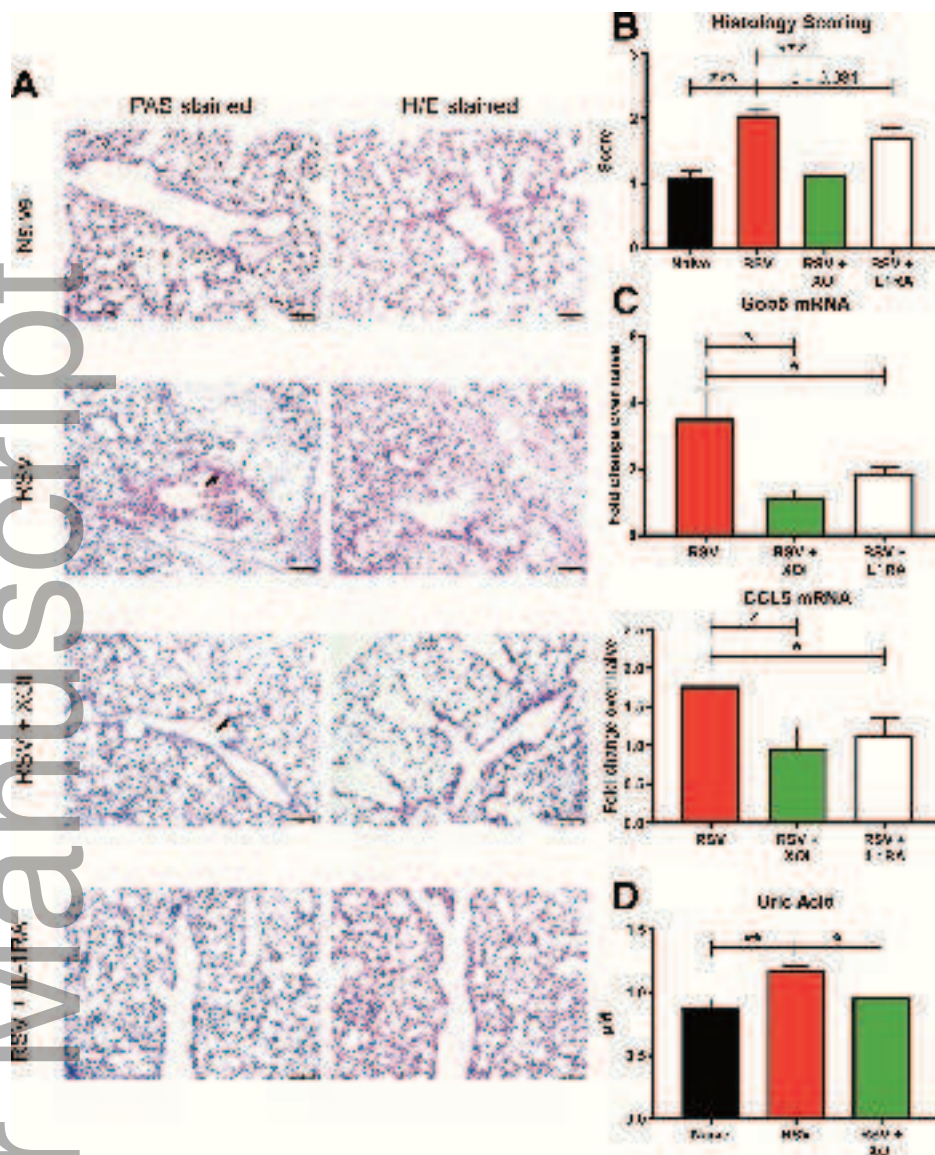
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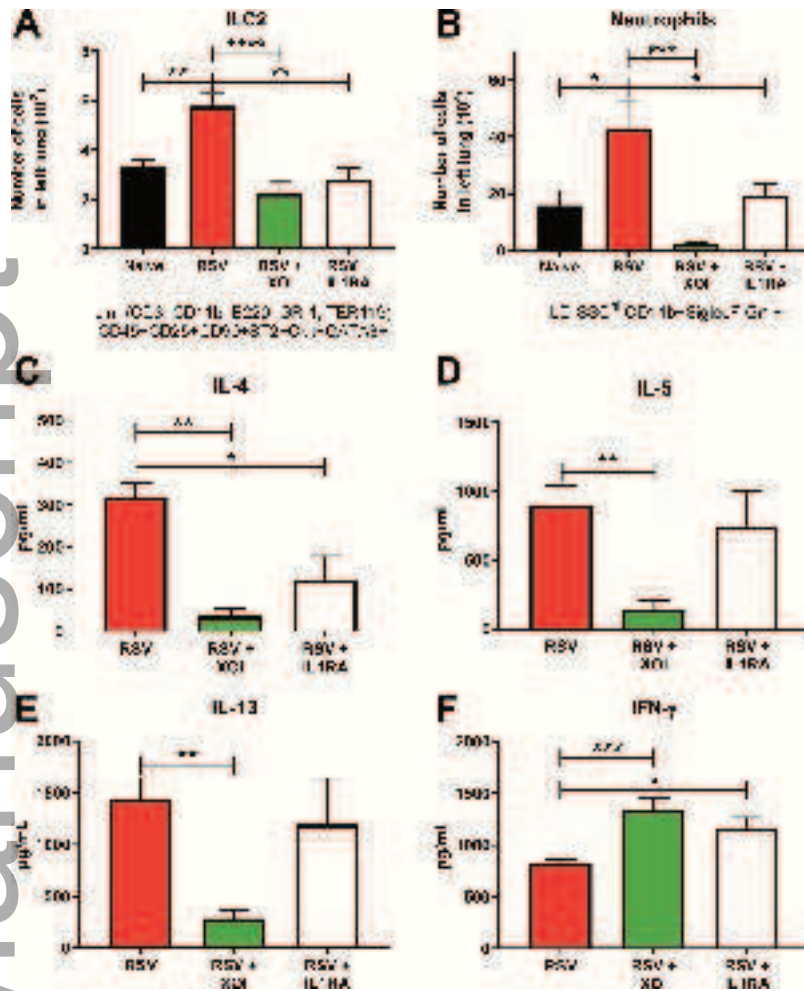
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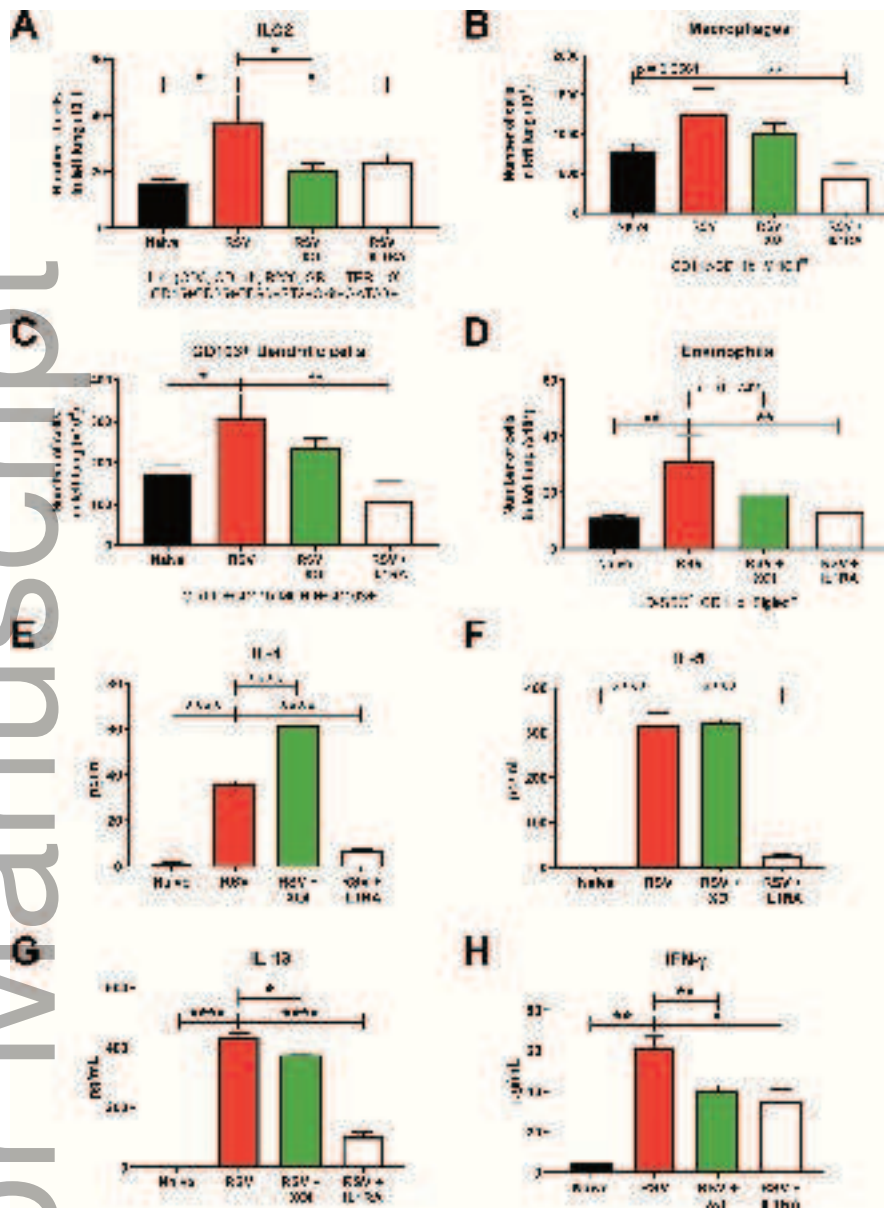
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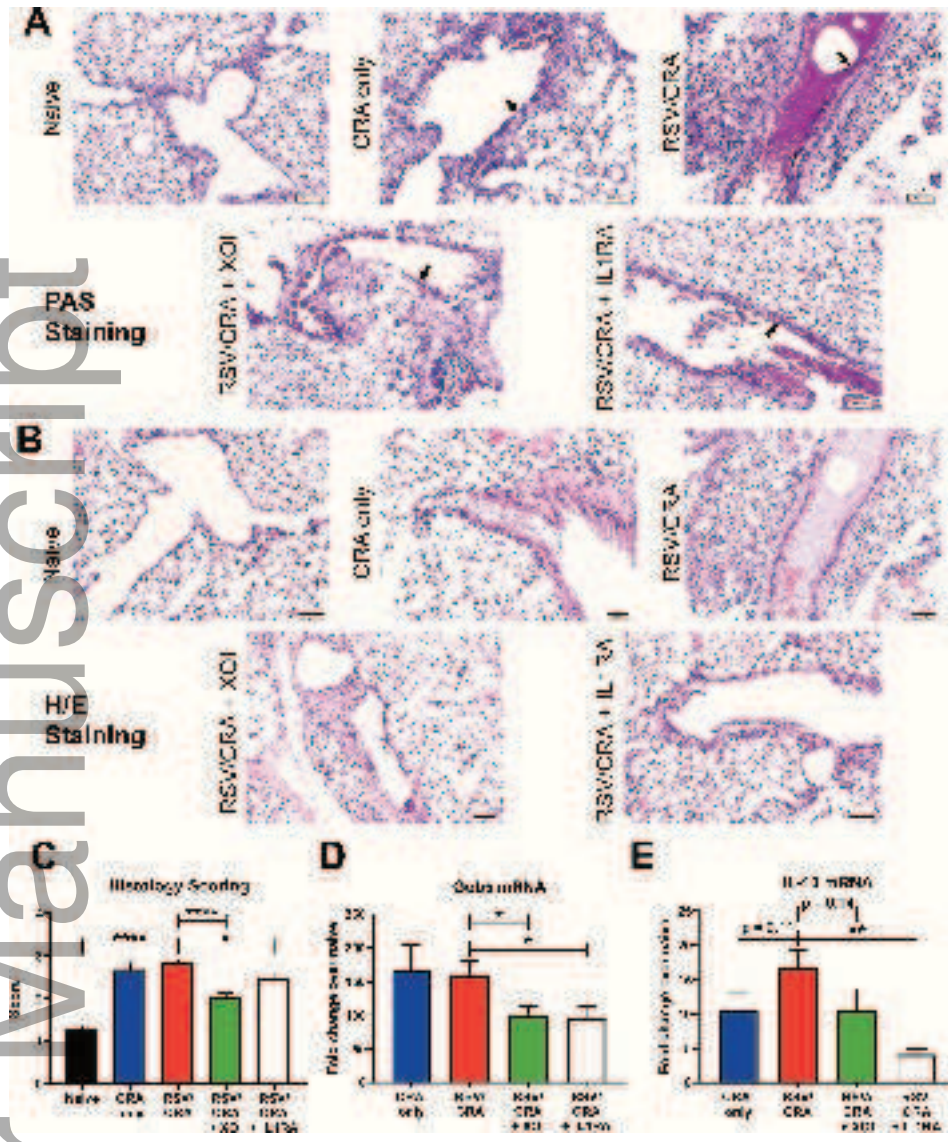
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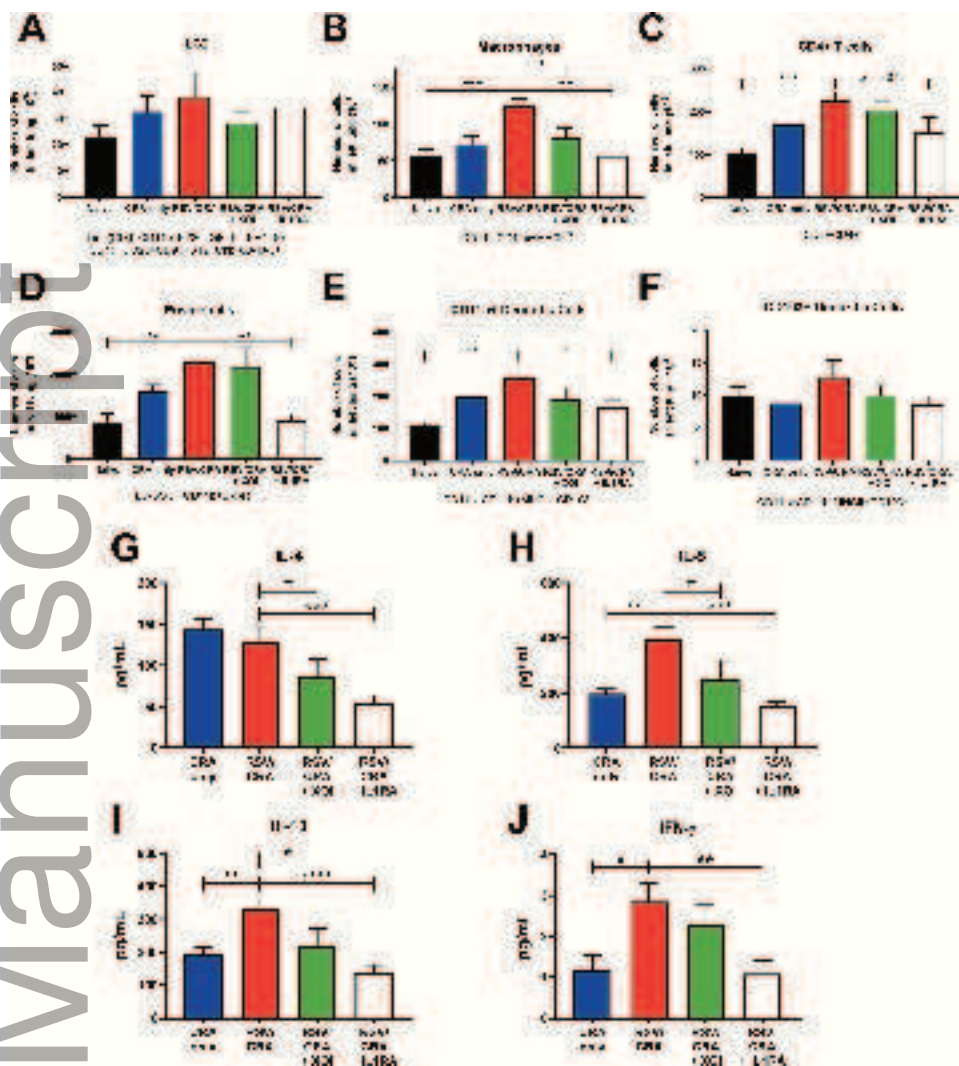
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