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Running title: iloprost improves vascular function in scleroderma endothelial cells

**Title:** Dissecting the cellular mechanism of prostacyclin analogue iloprost in reversing vascular dysfunction in scleroderma

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**Competing interests:** Dr. Khanna is the Chief Medical Officer and stock holder in Eicos Sciences, Inc, which is currently conducting Phase 3 clinical trial for intravenous iloprost in the treatment of digital ischemic episodes due to systemic sclerosis.

### Abstract

**Objectives.** Intravenous iloprost improves Raynaud's phenomenon (RP) and promotes 1 healing of digital ulcers (DU) in scleroderma (SSc). Despite a short half-life, its clinical 2 3 efficacy lasts weeks. Endothelial adherens junctions, which are formed by VE-cadherin clustering between endothelial cells (ECs), regulate endothelial properties including 4 barrier function, endothelial to mesenchymal transition (Endo-MT), and angiogenesis. 5 We hypothesized that junctional disruption contributes to vascular dysfunction in SSc, 6 7 and that the protective effect of iloprost is mediated by strengthening of those junctions. **Methods.** Dermal ECs from SSc patients and healthy controls were isolated. The effect 8 of iloprost on ECs was examined using immunofluorescence, permeability assays, 9 Matrigel tube formation, and guantitative PCR. 10 **Results.** Adherens junctions in SSc were disrupted compared to normal ECs, as 11 indicated by reduced levels of VE-cadherin and increased permeability in SSc ECs 12 (p<0.05). Iloprost increased VE-cadherin clustering at junctions and restored junctional 13 levels of VE-cadherin in SSc ECs  $(37.3 \pm 4.3 \text{ fluorescent unit, mean } \pm \text{SD})$  compared to 14 normals (29.7 ± 3.4, p<0.05) after 2 hours of iloprost incubation. In addition, iloprost 15 reduced permeability of monolayers, increased tubulogenesis, and blocked Endo-MT in 16 17 both normal and SSc ECs ( $n \ge 3$ , p < 0.05). The effects in normal ECs were inhibited by a function-blocking antibody that prevents junctional clustering of VE-cadherin. 18 19 **Conclusions.** Our data suggests that the long-lasting effects of iloprost reflect its ability to stabilize adherens junctions, resulting in increased tubulogenesis and barrier function, 20

and reduced Endo-MT. These results provide a mechanistic basis for the use of iloprost
in treating SSc patients with RP and DU.

#### 23 Introduction

Systemic sclerosis (SSc) is an autoimmune disease characterized by immune 24 activation, widespread fibrosis, and a structural and functional vasculopathy (1). 25 Vascular involvement includes Raynaud's phenomenon (RP), digital ulcers (DU), 26 scleroderma renal crisis and pulmonary arterial hypertension. RP is the most typical 27 vascular manifestation that occurs earliest in SSc and generally precedes organ 28 involvement. DU are present in approximately 50% of SSc patients and responsible for 29 significant disability and poor quality of life. Iloprost is a synthetic analogue of 30 prostacyclin (PGI2). Similar to PGI2, iloprost has vasodilatory and antiplatelet effects, 31 but it is more stable than PGI2 with a longer half-life (20 to 30 minutes) and better 32 solubility (2). Intravenous iloprost is marketed in Europe for multiple indications, 33 including the treatment of patients with severe, disabling RP unresponsive to other 34 therapies. In addition, 2017 EUSTAR recommendations assigned Grade A 35 36 recommendation for treatment of severe SSc-related RP attacks and for treatment of DU (3). It is also widely used in the management of peripheral vascular complications 37 38 unrelated to SSc-related RP. Pharmacologically, iloprost activates PGI2 receptors, which stimulate adenylate cyclase to produce cyclic adenosine monophosphate (cAMP). 39 40 PGI2 receptors on smooth muscle cells and platelets inhibit smooth muscle constriction and platelet aggregation. PGI2 receptors are also expressed on endothelial cells (ECs), 41 where they initiate numerous protective effects including augmentation of endothelial 42 adherens junctions and reduced monolayer permeability (4, 5). 43 44 Vascular and endothelial pathology is present in SSc patients. These functional and structural defects include increased vascular permeability, reduced nitric oxide (NO) 45 activity, elevated inflammation, EC apoptosis, impaired angiogenesis, endothelial to 46 mesenchymal transition (Endo-MT), intravascular fibrosis, and microvascular rarefaction 47 (6-13). ECs also have lower VE-cadherin expression (12). Adherens junctions, which 48 49 are formed by clustering of VE-cadherin on neighboring ECs, regulate numerous

- 50 endothelial properties, including cell morphology, signaling and phenotype. The
- vascular protective effects of adherens junctions include increased barrier function,

amplifying NO signaling, inhibiting apoptosis, and reducing inflammation (14). In contrast, when junctions are disrupted, VE-cadherin and  $\beta$ -catenin are disengaged from the cell membrane and contribute to vascular dysfunction and Endo-MT. It is shown that VE-cadherin clustering at adherens junctions is increased by iloprost and PGI2 by activation of PGI2 receptor (4, 15).

Despite its short half-life, iloprost is beneficial for RP and healing of DU that can 57 extend for weeks after cessation of treatment (16). To dissect the mechanisms involved, 58 we hypothesized that vascular dysfunction in SSc reflects disruption of EC adherens 59 junctions and that the vascular protective effect of iloprost is mediated by strengthening 60 of these junctions in SSc ECs. In this study we report the beneficial effect of iloprost in 61 SSc ECs. lloprost was shown to enhance the impaired barrier dysfunction in these cells, 62 63 promote angiogenesis, and inhibit Endo-MT, all of which were potentially dependent on increased VE-cadherin clustering at adherens junctions, as blockade of VE-cadherin in 64 normal ECs blocked these effects. 65

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# 67 Methods

Patients and Controls. All patients recruited met the 2013 ACR/EULAR criteria for the 68 classification of SSc (17). We obtained two 4 mm punch biopsies from the distal forearm 69 of subjects for EC isolation. The healthy controls and patients were matched with age, 70 71 ethnicity, and gender (**Supplemental Table 1**). Thirteen healthy controls were recruited (age 50.8 ± 3.8 years, mean ± SEM). All 10 patients had diffuse cutaneous SSc (age 72 73 54.9  $\pm$  4.9 years, mean  $\pm$  SEM), and the disease duration was 2.6  $\pm$  0.4 years (mean  $\pm$ SEM). Their skin scores ranged from 0 to 28 with a mean of  $11.1 \pm 2.9$  (mean  $\pm$  SEM). 74 75 All patients had RP but none had active DU at the time of biopsy. These patients were 76 being treated with immunosuppressive drugs, vasodilators, or proton pump inhibitors, among others at the time of biopsy (**Supplemental Table 1**). This study was approved 77 by the University of Michigan Institutional Review Board. 78

Cell culture and treatment. Dermal ECs were isolated from skin biopsies obtained from the forearms of the subjects. Although the skin scores ranged from 0 to 28 in SSc patients, the skin scores at the site of biopsies ranged between 0 and 2 (6 patients with a score of 0, 3 with a score of 1, and a with a score of 2). The cells from patients were

randomized in each experiments, with at least 3 patient lines used in each assay. Skin 83 digestion and cell purification were described previously (6, 18). The CD31 MicroBead 84 Kit (Miltenyi Biotech) was used to purify ECs. Cells were maintained in EBM-2 media 85 supplemented with growth factors (Lonza). For all experiments ECs between passages 86 3 and 6 were used. Before all experiments, cells were cultured in EGM media 87 supplemented with bovine brain extract for at least 1 day. Cells were treated with 150 88 nM of iloprost (Cayman) for various time points. There are currently no published 89 pharmacokinetic studies in SSc patients receiving iloprost by IV infusion. In healthy 90 subjects, infusion of iloprost at the dose of 1 and 3 ng/kg/min achieved steady state 91 92 concentrations of 0.13 and 0.37 nM (19). However, SSc patients showed increased systemic exposure to iloprost after oral doses, suggesting reduced clearance of the 93 drug, with a 1.8 fold increase in Cmax after 8 days of iloprost administration (20). The 94 concentration of iloprost in this study was chosen based on published in vitro studies 95 (21-23). 96

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Inhibition of VE-cadherin clustering at endothelial junctions was achieved by pre-treating 98 99 cells with 25 µg/ml VE-cadherin function-blocking antibody (BV9, LSBio) for 30 min in culture. This approach prevents new VE-cadherin trans-interactions without affecting 100 existing junctional or monolayer integrity (21). To induce Endo-MT in normal ECs, cells 101 were treated with 10 ng/ml TGF $\beta$  and/or 150 nM iloprost for 3 days. For the groups 102 incorporating BV9, the cells were pre-treated with 25 µg/ml of this antibody for 30 min 103 before TGF $\beta$  and/or iloprost were added. BV9 was present the duration of the 104 experiment. 105

106Immunofluorescence staining. ECs were cultured in gelatin-coated chambers and107treated with iloprost for up to 2 hours. Anti-VE-cadherin antibodies (R&D Systems), anti-108β-catenin antibodies (Abcam), and Texas Red™-X Phalloidin (Thermo Fisher) were109used to visualize VE-cadherin, β-catenin, and F-actin. VE-cadherin and β-catenin were110then probed with Alexa Fluoro secondary antibodies. The nuclei were stained using 4',6-111diamidino-2-phenylindole. Fluorescence was detected using a Nikon A1 confocal

microscope. Visualization and analysis of images were done using the ND2 readerplugin in ImageJ.

**Permeability assay.** Permeability was assessed by measuring horseradish peroxidase 114 (HRP) movement through EC monolayers in a transwell system (Cell Biologics). Briefly, 115 ECs were plated at 50,000 cells/ml in the transwells and allowed to grow to confluence, 116 then cultured in EBM-2 media with 1% fetal bovine serum (FBS) in the upper and lower 117 chambers. Treatments including iloprost (150 nM) and/or TGF<sub>β</sub> (10 ng/ml) were added 118 119 to the upper chambers along with HRP, and aliquots of the media in the lower chambers 120 were collected at various time points. When analyzing the effect of the function-blocking antibody to VE-cadherin, cells were pre-treated with BV9 (25 µg/ml) for 30 min before 121 addition of iloprost and/or TGF<sub>β</sub>. BV9 was present throughout the experiment. The 122 amount of HRP was quantified by addition of 3,3',5,5'-Tetramethylbenzidine and stop 123 124 solution and measured at 450nm in a plate reader. **Matrigel tube formation assay.** To examine whether iloprost affects EC angiogenesis, 125

126 we pre-treated ECs with iloprost for 24 hours and performed Matrigel tube formation assays. Growth factor reduced Matrigel (BD Biosciences) was coated in 8-well Lab-Tek 127 chambers before adding treated ECs, which were suspended in EBM-2 with 1% FBS in 128 the presence of iloprost. Cells were cultured for 6 hours before they were fixed and 129 stained. Pictures were taken using the EVOS XL Core Cell Imaging System. The 130 Angiogenesis Analyzer function in ImageJ was used to quantify the tubes. In a separate 131 experiment, we adopted a different approach where blocking antibodies to VE-cadherin 132 (25 µg/ml) were added in the Matrigel coated chambers with the ECs for 30 min before 133 adding iloprost. The ECs were then cultured in the presence of iloprost and/or BV9 for 134 an additional 8-10 hours. 135

mRNA extraction and qRT-PCR. Extraction of RNA was done using the Direct-zol<sup>™</sup>
 RNA MiniPrep Kit and cDNA was prepared using the Verso cDNA synthesis kit. Primers
 were mixed with Power SYBR Green PCR master mix (Applied Biosystems). The ViiA<sup>™</sup>
 7 Real-Time PCR System was used to quantify cDNA.

140 **Statistical analysis.** Results were expressed as mean ± S.D except stated otherwise.

141 To determine the differences between the groups, Mann–Whitney U test, Kruskal–

142 Wallis test, or two-way ANOVA were performed using GraphPad Prism version 6

(GraphPad Software, Inc). *P*-values of less than 0.05 were considered statisticallysignificant.

#### 145 **Results**

### **Disruption of adherens junctions in SSc ECs compared to normal ECs.** To

examine the effect of iloprost on adherens junctions, we treated ECs with 150 nM of 147 iloprost for various time periods and visualized VE-cadherin,  $\beta$ -catenin, and F-actin via 148 immunofluorescence. Under control conditions, in the absence of iloprost (NT or time 0), 149 150 adherens junctions were disrupted and F-actin filaments were disorganized in SSc 151 compared to normal ECs (Figures 1A and 1B). Indeed, junctional levels of VE-cadherin were significantly lower in SSc ECs compared to normal ECs at baseline (0 min. 152 \*p<0.05, Figure 1C). In normal ECs, iloprost caused a transient increase in the 153 clustering of VE-cadherin (purple) and  $\beta$ -catenin (green) at cell junctions, which peaked 154 155 at 10 mins and returned to control levels by 60 mins (Figures 1A). Indeed, VE-cadherin was significantly elevated at 10 mins of iloprost stimulation compared to baseline 156 (Figure 1C, #p<0.05 10 mins vs. 0 min). Staining of F-actin (red) showed that iloprost 157 induced accumulation of peripheral F-actin at the adherens junctions (Figure 1A). In 158 contrast, in SSc ECs, iloprost caused a delayed but more sustained increase in 159 clustering of  $\beta$ -catenin and VE-cadherin at cell junctions (**Figure 1B** and **1C**). The 160 increase in VE-cadherin clustering was evident at 60 mins, and remained significantly 161 elevated after 120 mins (Figure 1C, #p<0.05, 60 or 120 mins vs. NT). After iloprost, the 162 clustering of VE-cadherin at cell junctions in SSc ECs was not only normalized, but was 163 significantly higher than observed in normal ECs (Figure 1C, \*p<0.05 at 120 mins, 164 normal vs. SSc). Consistent with increased clustering of VE-cadherin and strengthening 165 of adherens junctions, iloprost also promoted sustained increases in cortical F-actin in 166 167 SSc ECs (Figure 1B).

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Effect of iloprost on endothelial monolayer permeability. To examine the effect of
 iloprost on permeability of EC monolayers, we first treated normal ECs with TGFβ which
 is known to increase permeability in ECs (24). TGFβ increased HRP permeability
 significantly across EC monolayers at 5 and 24 hours (Figure 1D). Co-incubation of
 iloprost prevented the TGFβ-induced increase in permeability at 24 hours. To examine

whether VE-cadherin is involved in the response to iloprost, we used BV9, a blocking antibody to VE-cadherin that prevents its clustering at EC junctions. Pretreatment with BV9 did not affect EC monolayer integrity (**Figure 1D**). However, the effect of iloprost to reduce the TGF $\beta$ -induced increase in permeability was prevented by BV9 at 24 hours, suggesting that the protective effect of iloprost on EC monolayer integrity was dependent on VE-cadherin clustering at adherens junctions.

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Because microvascular abnormalities and vascular leakage are prominent hallmarks of 181 SSc (25), we postulated that SSc ECs would show barrier dysfunction in vitro. Indeed, 182 under control conditions in the absence of iloprost, HRP permeability was significantly 183 higher in SSc ECs compared to normal ECs (Figures 1D and 1E, HRP Abs 1.843 ± 184 0.027 vs 0.454 ± 0.059 at 2 hour; 1.751 ± 0.038 vs. 0.644 ± 0.022 at 3 hour; 1.733 ± 185 0.054 vs. 0.700 ± 0.091 at 5 hour; 2.010 ± 0.096 vs. 0.855 ± 0.272 at 24 hour, NT 186 groups in normal vs. SSc ECs, all p<0.05), confirming that SSc ECs have impaired 187 endothelial barrier function. Iloprost significantly decreased the permeability of SSc ECs 188 189 at 2 and 3 hours; an effect that was prevented by the function-blocking antibody to VEcadherin (BV9, Figure 1E). Taken together, these results suggest that iloprost 190 191 potentiates formation of adherens junctions, augmenting endothelial barrier function and reducing the barrier dysfunction of SSc ECs in a VE-cadherin-dependent manner. 192 193

Effect of iloprost on EC tubulogenesis. In normal ECs, iloprost significantly increased
tube formation (Figure 2A). This angiogenic effect was prevented by the functionblocking antibody BV9 (Figure 2B), suggesting that it was dependent on the clustering
of VE-cadherin at endothelial junctions. We previously showed that angiogenesis is
deficient in SSc ECs (6, 18). Pre-treatment of SSc ECs with iloprost enhanced their
ability to form tubes on Matrigel (Figure 2C).

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Effect of iloprost on Endo-MT. Endo-MT appears to be a prominent feature of SSc,
 with SSc ECs having increased expression of Endo-MT markers and reduced
 expression of EC marker proteins (12). During Endo-MT, ECs lose cell-cell adhesion
 disrupting endothelial junction stability and increasing vascular permeability. We

hypothesized that iloprost, by enhancing VE-cadherin clustering at the adherens 205 junction, could reduce Endo-MT in SSc. We first tested this hypothesis in normal ECs. 206 207 Treatment of TGF $\beta$  for 72 hours in ECs significantly increased mesenchymal markers at the mRNA level including ACTA2 (encoding for  $\alpha$ -smooth muscle actin,  $\alpha$ SMA), and 208 S100A4, while significantly downregulating EC markers PECAM1 and CDH5 (encoding 209 for CD31 and VE-cadherin, Figure 3A). In addition, TGFβ also induced SNAI1 210 (encoding for SNAIL), a transcription factor for Endo-MT. However, TGFβ did not affect 211 *FLI1*. Co-treatment with lloprost significantly reduced TGFβ- mediated Endo-MT by 212 decreasing the upregulated mesenchymal markers and SNAI1, while increasing the 213 downregulated EC markers. These results suggest that iloprost inhibits Endo-MT 214 induced by TGFβ. This protective effect of iloprost was markedly reduced by the 215 function blocking antibody to VE-cadherin, which enabled restoration of the Endo-MT 216 response to TGFβ (**Figure 3A**). These results suggest that iloprost inhibits Endo-MT by 217 218 increasing the clustering of VE-cadherin at endothelial junctions. Similarly, in SSc ECs, iloprost reduced the increased levels of Endo-MT in these cells, significantly reducing 219 220 expression of mesenchymal markers (ACTA2, COL1A1, S100A4) and SNAI1 (Figure 3B). 221

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## 222 Discussion

In this study, we have provided a mechanistic basis for the use of iloprost in 223 224 treating SSc patients with RP and DU. We have demonstrated that iloprost stabilizes endothelial adherens junctions, increases barrier function, promotes EC tubulogenesis, 225 226 and inhibits Endo-MT, all of which would be expected to have important therapeutic benefits in SSc (Figure 4). These protective effects of iloprost appear to be dependent 227 228 on increased clustering of VE-cadherin at endothelial junctions, because they were markedly reduced by a function-blocking antibody to VE-cadherin. Since enhanced VE-229 cadherin clustering also occurs in response to PGI2 itself and other PGI2 analogues (4, 230 15), we believe the effects observed in this study are not limited to iloprost itself, but 231 apply to other PGI2 analogues and agonists as well. 232

Pathologically, endothelial injury is a pivotal initial event in SSc pathogenesis.
 Persistent activation of SSc ECs by currently unknown sources results in early
 functional changes and alterations in vasculature including vascular leakage (26).

Indeed, electron microscopy of the nailfold in early SSc patients revealed decreased 236 capillary loops with intercellular gaps, associated with interstitial edema (9-11). The 237 238 regression of the small vessels in SSc is partly due to destabilization of vessels and defect in angiogenesis. As shown by us and others, SSc ECs showed reduced 239 angiogenic properties in *in vitro* studies (6, 7). These cells also showed intrinsic defect 240 241 in NO production due to downregulation of endothelial NO synthase (8). Although these endothelial events precede tissue fibrosis, leakage of the blood vessels fuels later tissue 242 fibrosis by involving abnormal ECs, activated inflammatory cells and fibroblasts. In 243 addition, in the presence of TGF $\beta$  and immune and pro-fibrotic mediators, SSc ECs 244 acquire a pro-migratory and pro-fibrotic phenotype through Endo-MT, where they 245 differentiate into collagen-producing/ $\alpha$ SMA-positive cells that contribute to intravascular 246 and extravascular fibrosis (12). All of these events point to the critical involvement of 247 endothelial dysregulation in SSc pathogenesis. Therapeutic intervention aiming to 248 249 stabilize ECs and reverse endothelial dysfunction may not only inhibit vascular complications in SSc patients, but also attenuate fibrosis. 250

251 Adherens junctions are largely composed of VE-cadherin that binds to several partners, including  $\beta$ -catenin, via its cytoplasmic domain. Junctional clustering of VE-252 cadherin and  $\beta$ -catenin directly or indirectly modulates various proteins and signaling 253 pathways including Rac-1, tyrosine kinase receptors, protein tyrosine phosphatases, 254 255 AKT, RhoA/ROCK, Wnt, and Notch signaling (14, 27, 28). These complex signaling events reflect the wide range of biological effects the adherens junctions are involved in. 256 257 They not only promote endothelial barrier function, they also maintain EC identity by inhibiting Endo-MT, promote NO production, inhibit apoptosis, block leukocyte 258 259 extravasation and inflammation, and promote endothelial and vascular stability (14). 260 Indeed, when adherens junctions are disrupted, increased permeability, impaired NO production, inflammatory cell infiltration, enhanced transcription of pro-inflammatory 261 mediators, and increased Endo-MT are well documented. Based on these evidences, 262 263 disruption of adherens junctions could lead to serious pathological consequences in the 264 vasculature, many of which, are characteristic of vascular complications seen in SSc. Interestingly, immunohistochemistry staining of skin biopsies showed that CD31-positive 265 ECs were accompanied with a loss of VE-cadherin expression in SSc patients (13). In 266

*vitro* experiments, including this study, also confirmed the downregulation of VE cadherin in SSc ECs (12).

269 Our results showing that the barrier protective effect of iloprost in SSc ECs was mediated by enhancing VE-cadherin adherens junctions echo the findings by Birukoca 270 et al. (21). This is also demonstrated in pulmonary ECs and human umbilical ECs using 271 272 PGI2; the barrier-protective effect of PGI2 was mediated by cAMP and downstream pathways, which ultimately led to enhancement of adherens junctions (4, 15). In 273 several follow up studies, the protective effect of iloprost on barrier dysfunction has 274 been further highlighted (29-31). iloprost not only protected mice from ventilator-induced 275 acute lung injury by improving lung endothelial barrier function, it also enhanced barrier 276 function in cultured human lung microvascular ECs (29). The beneficial effect of iloprost 277 278 in a model of septic lung injury was due, in part, by attenuating barrier dysfunction in the lung (30, 31). In addition, in human pulmonary artery ECs, iloprost attenuated the 279 280 disruption of the endothelial monolayer, and suppressed the activation of p38 MAPK, NF-kB and Rho signaling after lipopolysaccharide challenge. These studies using PGI2 281 282 and its analogues in lungs and pulmonary ECs further support the benefits of using these drugs in patients with pulmonary arterial hypertension. 283

284 We postulate that the mechanisms behind the prolonged effect of iloprost on barrier protection in SSc ECs are multifactorial. The cAMP/Epac/Rap1 pathway involved 285 286 in barrier function might be impaired in SSc ECs. In addition, lower levels of VEcadherin in SSc ECs might require longer time it to cluster at the junctions. We showed 287 previously that RhoA/Rock expression and activity are elevated in SSc ECs compared 288 to normal ECs (18). Since activation of RhoA/ROCK signaling pathway induced VE-289 290 cadherin internalization in ECs (32), it is possible that the activated RhoA/ROCK 291 signaling in SSc ECs reduces VE-cadherin localization at cell junctions. In addition, EZH2, a histone methyltransferase catalyzing repressive H3K27me3 mark, might also 292 play a role. We previously showed that in SSc ECs both EZH2 and H3K27me3 are 293 upregulated compared to normal ECs (33). A study by Morini et al. suggested that 294 295 clustered VE-cadherin anchors EZH2 at the cell membrane, allowing active gene transcription by impeding the recruitment of EZH2 to the polycomb repressive complex 296 297 to promoters of genes that strengthen endothelial junctions (34). Downregulation of VE-

cadherin at cell junctions and nuclear localization of EZH2 in SSc ECs could bothcontribute to the vascular leakage and barrier dysfunction in this disease.

300 In addition to barrier enhancement, we showed that iloprost induced EC angiogenesis on Matrigel. The pro-angiogenic potential of iloprost was also shown in 301 dental organ cultures (35), endothelial progenitor cells (36), and mouse cornea 302 303 neovascularization models (37, 38). Early studies suggested that the pro-angiogenic properties of iloprost depends on its action on peroxisome proliferator activated 304 receptors (PPARs), which occur via a vascular endothelial growth factor (VEGF)-305 dependent mechanism (37, 38). Although additional mechanisms may be involved, the 306 results of the present study suggest that the effect of iloprost to increase junctional 307 clustering of VE-cadherin plays a fundamental role in the angiogenic response of this 308 drug. 309

In SSc, Endo-MT is evident and likely contributes to intravascular and 310 311 extravascular fibrosis and microvascular rarefaction (12, 39). Both TGFβ and endothelin-1 treatments induced Endo-MT in both normal and SSc ECs in a SMAD-312 313 dependent manner (39). In addition, SSc ECs have lower levels of endothelial markers and increased expression of fibroblast markers such as  $\alpha$ SMA (12). These cells also 314 315 show increased ability to contract collagen gels, a major characteristic of myofibroblast function. While the canonical TGF $\beta$ /Smad pathway is a major regulator for Endo-MT, 316 317 TGF- $\beta$ -induced Endo-MT can also be impacted by crosstalk with other pathways, including Wnt/B-catenin, endothelin-1, and Notch (40). In addition, modulators for TGFB, 318 319 such as thrombospondin-1, and proteins regulated by TGF $\beta$ , such as connective tissue growth factor (CTGF), can also contribute to Endo-MT directly or indirectly (41, 42). As 320 321 disruption of adherens junctions is a key initial step of Endo-MT (43) and that many of these aforementioned pathways interact directly or indirectly with adherens junctions 322 (14, 28), the effect of iloprost on Endo-MT inhibition in ECs is not surprising. Indeed, 323 increased clustering of VE-cadherin/ $\beta$ -catenin at adherens junction can inhibit the 324 325 nuclear localization of  $\beta$ -catenin and block its Endo-MT-promoting effect (14). 326 PGI2 is synthesized from arachidonic acid by sequential actions of cyclooxygenase and PGI2 synthase. It acts directly on platelets and vascular smooth 327 muscle cells to reduce platelet aggregation and induce vascular relaxation through the 328

cAMP pathway. These effects will be amplified by the effects of PGI2 on ECs. Increased 329 VE-cadherin clustering at adherens junctions can amplify NO production and reverse 330 331 endothelial NO-dilator dysfunction (14), which is present in SSc (8). Because NO-cGMP signaling acts synergistically with PGI2-cAMP signaling to induce vasodilation as well as 332 inhibition of platelet activation and thrombosis, the ability of PGI2 to stimulate both 333 cGMP and cAMP pathways in the vasculature will provide added benefit for SSc 334 patients. The vascular protective effect of PGI2 analogues therefore likely stems from 335 their combined action on multiple cell types. Likewise, iloprost acts directly on 336 fibroblasts to block CTGF production and collagen synthesis (44). The elevated CTGF 337 levels in skin blister fluid from SSc patients were also reduced by 5 days of iloprost 338 therapy. The anti-fibrotic effect of iloprost was further shown in an animal model of heart 339 340 failure and pulmonary fibrosis. Figure 4 summarizes the effects of iloprost.

One potential limitation for this study is the lack of recruitment of patients with 341 342 limited cutaneous SSc. We routinely recruit patients with diffuse cutaneous SSc for EC isolation since this is the most severe form of disease, and ECs from these patients 343 344 show prominent impairment in endothelial phenotypes (6, 18, 33, 45). It was shown that the vascular effect of iloprost was evident in both diffuse and limited cutaneous SSc 345 346 patients, with or without DU (46), suggesting that iloprost does not discriminate between these patient groups. Another potential drawback is the variability stemming from 347 348 patient disease activity and medication differences between patients and controls. Although the overall skin scores ranged from 0 to 28, the skin scores at the site of 349 350 biopsy ranged from 0 to 2. We randomized patient cells into various experiments, and also controlled the experiments with age-, gender-, and ethnicity-matched healthy 351 352 subjects. As the cells were cultured for at least 3 passages before they were used in experiments, and that the medications taken at the time of skin biopsy have reversible 353 mechanisms of action, they would have been removed during cell processing. As a 354 result, our experimental findings on endothelial function are unlikely to have been 355 directly affected by the medications. In this study, BV9 was incorporated in all 356 357 experiments for normal ECs as a validation that the effect of iloprost on VE-cadherin clustering was critical in improving those same functional endpoints. Although we only 358 included BV9 control studies on SSc ECs in the permeability assay (Figure 1E), the 359

effect of VE-cadherin blockade was similar to what was observed in normal ECs. We 360 postulate that the effect of BV9 in tube formation and Endo-MT with SSc ECs would 361 362 also show similar results performed with normal ECs. We recognize that the iloprost concentration that we used in this study (150 nM) is significantly higher than the steady 363 state concentrations reported in healthy controls receiving iloprost infusion (0.13 and 364 0.37 nM) (19). Clinically for SSc patients with RP or DU, iloprost is most commonly 365 administered and titrated to the highest tolerated dose between 0.5 and 2 ng/kg/min for 366 6 to 8 hours of infusion on day 1, and continue for 5 consecutive days (47). It is 367 possible that for short-term iloprost treatments *in vitro*, a higher dose is needed to 368 achieve therapeutic effects as oppose to the prolonged infusion treatment that the 369 patients receive. In addition, the dose that was used in this study is similar to what was 370 371 used in *in vitro* systems published previously (21-23).

In summary, our data provide a novel insight into the vascular effects of iloprost 372 373 treatment in SSc. Endothelial adherens junctions function as an amplification nexus for protective EC signaling including positive feedback that strengthens the junctions (14). 374 375 The prolonged clinical endothelial protective effect of PGI2 analogues may therefore stem from their ability to stabilize EC adherens junctions resulting in vasculoprotection, 376 377 including improved barrier function, normalization of dysregulated angiogenesis, and inhibition of Endo-MT. Together with their anti-platelet, vasodilatory, and potential anti-378 379 fibrotic effects, the therapeutic use of PGI2 analogues in treating SSc-associated RP and DU is warranted. 380

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Author Contribution: All authors participated in the interpretation of study results, and in the drafting, critical revision and approval of the final version of the manuscript. PT, NAF, and DK contributed to study conception and/or design. PT and PJP contributed to the acquisition of study results. PT, PJP, NAF, and DK contributed to the analysis of study results.

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#### 541 Figure legends

Figure 1. Effect of iloprost on VE-cadherin localization and cell permeability. 542 Immunofluorescence of VE-cadherin, β-catenin, and F-actin in ECs were visualized 543 using a Nikon A1 confocal microscope and pictures were taken at 600x. Cell 544 545 permeability was assessed by measuring HRP movement through EC monolayers using the Endothelial Transwell Permeability Assay Kit. Cells were treated with iloprost 546 (150nM) and/or TGFβ (10ng/ml) at various time points. BV9 (25 μg/ml) was used to pre-547 treat the cells for 30 min before iloprost and TGFβ were added. (A) lloprost increased 548 junctional **clustering** of VE-cadherin and  $\beta$ -catenin as soon as 10 min of incubation in 549 normal ECs; (B) lloprost showed a delayed but more prolonged effect on VE-cadherin 550 and β-catenin clustering in SSc ECs. Disorganized F-actin filaments in SSc ECs were 551 552 also observed; (C) Quantification of fluorescent signal of VE-cadherin showed significant reduction of VE-cadherin in SSc ECs compared to normal ECs at baseline. 553 554 After iloprost, VE-cadherin intensity was greater in SSc compared to normal ECs; (D) In normal ECs, TGF $\beta$  increased permeability as measured by HRP movement through EC 555 556 monolayers. Iloprost inhibited permeability of EC monolayers while blockade of VEcadherin by BV9 reversed it. (E) In SSc ECs, iloprost inhibited the increased 557 558 permeability of these cells while the function blocking antibody to VE-cadherin (BV9) prevented the effects of iloprost. Experiments were done with at least 3 subject-derived 559 560 lines. Results are expressed as mean +/- SD and p<0.05 was considered significant. NT: not treated; ILP: iloprost; Abs: absorbance 561

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**Figure 2. Effect of iloprost on EC angiogenesis.** Angiogenesis of ECs was measured using an *in vitro* Matrigel tube formation assay. For A and C, ECs were pre-treated with iloprost (150nM) overnight before they were plated on Matrigel. After 6 hours, cells were fixed and stained. For B, BV9 (25  $\mu$ g/ml) was used to pre-treat the ECs for 30 min before iloprost was added. The cells were cultured for 8 hours before they were fixed and stained. (A) and (B) lloprost increased tubulogenesis in normal ECs and this was reduced by a function blocking antibody to VE-cadherin (BV9); (C) lloprost induced

- tubulogenesis in SSc ECs. Experiments were done with 3 subject-derived lines.
- 571 Results are expressed as mean +/- SD and p<0.05 was considered significant.
- 572

**Figure 3. Effect of iloprost on Endo-MT in ECs.** Normal ECs were treated with 10 ng/ml TGF $\beta$  and/or 150 nM of iloprost for 3 days. BV9 was added 30 min before the addition of various treatments. Cellular markers for Endo-MT were measured using qPCR. (**A**) Iloprost inhibited TGF $\beta$ -induced Endo-MT in normal ECs, and the effect was blocked by BV9, a VE-cadherin antibody; (**B**) Iloprost inhibited the Endo-MT phenotype in SSc ECs. Experiments were done with 3-7 subject-derived lines. Results are expressed as mean +/- SD and p<0.05 was considered significant.

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Figure 4. Vascular protective effect of iloprost in SSc. In SSc ECs, lloprost 581 increases VE-cadherin and  $\beta$ -catenin clustering at the adherens junction, accompanied 582 with accumulation of peripheral F-actin. Increased interaction and signaling of VE-583 caderin/ $\beta$ -catenin will promote protective endothelial functions and vascular stability 584 585 including an increase in barrier function, promotion of angiogenesis, inhibition of Endo-MT, and increased NO activity, which will contribute to vasodilation, inhibition of platelet 586 activation, and blockade of smooth muscle cell proliferation. Endo-MT and smooth 587 muscle proliferation can contribute to intravascular and extravascular fibrosis, and to 588 589 microvascular rarefaction. In addition to these endothelial-dependent modulatory effects, iloprost can also act directly on platelets, fibroblasts, and smooth muscle cells to inhibit 590 591 platelet activation and fibrosis, and promote vasodilation. Inhibitory effects are highlighted by red arrows, and positive effects are highlighted with green arrows. 592

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