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9	Evaluation of targeted versus universal prophylaxis for the prevention of invasive
10	fungal infections following lung transplantation
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3 ABSTRACT

Background. Antifungal prophylaxis to prevent invasive fungal infections (IFI) is widely
 used following lung transplantation, but the optimal strategy remains unclear. We
 compared universal with targeted antifungal prophylaxis for effectiveness in preventing
 IFI

8 Methods. Adult patients who underwent lung transplantation at the University of 9 Michigan from 7/1/2014-12/31/2017 were studied for 18 months post-transplant. 10 Universal prophylaxis consisted of itraconazole with or without inhaled liposomal 11 amphotericin B. Using specific criteria, targeted prophylaxis was given with voriconazole 12 for patients at risk for invasive pulmonary aspergillosis (IPA) and with fluconazole or 13 micafungin for patients at risk for invasive candidiasis. Risk factors, occurrence of 14 proven/probable IFI, and mortality were analyzed for the two prophylaxis cohorts. 15 **Results.** Of 105 lung transplant recipients, 84 (80%) received a double lung transplant, 16 and 38 (36%) of patients underwent transplant for pulmonary fibrosis. Fifty-nine (56%) 17 patients received universal antifungal prophylaxis, and 46 (44%), targeted antifungal 18 prophylaxis. Among 20 proven/probable IFI, there were 14 IPA, 4 invasive candidiasis, 1 19 cryptococcosis, and 1 deep sternal mold infection. Six (10%) IFI occurred in the universal 20 prophylaxis cohort and 14 (30%) in the targeted prophylaxis cohort. Five of 6 (83%) IFI in 21 the universal prophylaxis cohort, compared with 9/14 (64%) in the targeted prophylaxis 22 cohort, were IPA. Candida infections occurred only in the targeted prophylaxis cohort. 23 The development of IFI was more likely in the targeted prophylaxis cohort than the 24 universal prophylaxis cohort, HR=4.32 (1.51-12.38), p=0.0064. 25 **Conclusions**, Universal antifungal prophylaxis appears to be more effective than 26 targeted antifungal prophylaxis for prevention of IFI after lung transplant. 27

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29 INTRODUCTION

1 Invasive fungal infection (IFI) is an important complication of lung 2 transplantation; development of an IFI can increase the risk of post-transplant death by 3 as much as three-fold.¹ Invasive pulmonary aspergillosis (IPA) is the most common IFI 4 following lung transplantation, with a reported incidence that varies from 4% to 23% 5 and mortality rates from 23-82%.²⁻⁴ Invasive candidiasis is less common than IPA after 6 lung transplantation, but mortality rates have been reported as high as 40%, and receipt 7 of a lung transplant is an independent predictor of mortality from invasive candidiasis.^{4,5} 8 Most lung transplant centers elect to give antifungal prophylaxis to prevent IFI, but 9 prophylaxis strategies vary and there is no standardization among centers regarding the optimal agent or duration of antifungal prophylaxis.⁶⁻⁹ Universal antifungal prophylaxis is 10 11 performed in 58-90% of lung transplant centers, but other centers apply a targeted strategy, in which only high-risk patients are treated. ^{3,6,8,9} 12

Our center had previously employed a universal antifungal prophylaxis strategy with itraconazole. In July 2016, this prophylactic strategy was changed to a targeted strategy that used voriconazole or fluconazole /micafungin for selected patients at higher risk for mold or *Candida* infections, respectively. Following this, there was a perceived increase in the number of IFIs. We sought to compare outcomes between the universal and targeted antifungal prophylaxis strategies, hypothesizing that an increase in IFI was related to the change to a targeted antifungal prophylaxis strategy.

20

21 MATERIALS AND METHODS

22 Patients and setting

This retrospective study was carried out at the University of Michigan Medical Center, a 1000-bed tertiary care referral center in southeastern Michigan with a comprehensive lung transplant program that performs from 25 to 34 lung transplants yearly. This study was approved by the Institutional Review Board.

All adult patients ≥ age 18 who received a single or double lung transplant
 between July 1, 2014 and December 31, 2017 were reviewed for inclusion in this study.
 Patients were excluded if they were on a non-protocol-based strategy for antifungal

1 prophylaxis or if there were insufficient data available to follow their post-transplant

2 clinical course. Data were collected for 18 months following transplant.

3 Immunosuppression

4 The immunosuppression protocol for lung transplant recipients included 5 calcineurin inhibitors (tacrolimus or modified cyclosporine), azathioprine or 6 mycophenolate, and a corticosteroid taper. Induction therapy with basiliximab was 7 indicated in the setting of immediate post-transplant renal insufficiency when the 8 calcineurin inhibitor was held until renal recovery. Induction with anti-thymocyte 9 globulin was considered in certain scenarios in which recipients had antibodies to the 10 donor organ (positive cross-match or high refractory panel reactive antibodies) or had 11 renal insufficiency.

12 Surveillance bronchoscopy

All patients had bronchoscopy with biopsy and cultures routinely performed at 3
 weeks, 6 weeks, 3 months, 6 months, and 12 months post-transplant, and as clinically
 indicated.

16 Antiviral prophylaxis

17 Viral infection prophylaxis was tailored to donor and recipient cytomegalovirus 18 (CMV) status. Patients at high risk of CMV disease (donor (D) +/recipient (R) -) received 19 ganciclovir/valganciclovir starting on postoperative day 3 for a total of 12 months and 6 20 doses of CMV intravenous immunoglobulin over 24 weeks post-transplant. Moderate 21 risk patients (D+/R+ or D-/R+) received ganciclovir/valganciclovir for 6 months, then 22 prophylaxis with acyclovir for at least an additional 6 months. Low risk patients (D-/R-)23 received prophylaxis with acyclovir for at least 12 months. CMV prophylaxis with 24 valganciclovir was also recommended for 30 days after acute rejection treatment with 25 anti-thymocyte globulin or high-dose "pulse" corticosteroids.

26 Antifungal prophylaxis

27 The universal strategy for antifungal prophylaxis, which was in place from July 1,

- 28 2014 until April 30, 2015, consisted of oral itraconazole capsules for 6 months, and
- 29 inhaled liposomal amphotericin B for at least 3 weeks or until a surveillance

bronchoscopy was negative for *Aspergillus* (Table 1). Therapeutic drug monitoring was
not routinely performed for itraconazole. In June 2015, inhaled liposomal amphotericin
B was removed from the protocol because of tolerability concerns and availability
issues. The patient characteristics of those who received amphotericin B plus
itraconazole and those who received itraconazole alone did not differ, nor were
outcomes significantly different (p=.07). These two cohorts were grouped together as
the universal cohort for subsequent analyses.

8 The targeted antifungal prophylaxis strategy replaced the universal strategy on 9 July 1, 2016 (Table 1). Under this strategy, antifungal prophylaxis was given with an 10 azole or micafungin only to those patients at increased risk for either *Aspergillus* or 11 *Candida* infection post-transplant, based on the criteria listed in table 1.

12 Pneumocystis jirovecii prophylaxis with trimethoprim/sulfamethoxazole or 13 alternative drugs, such as dapsone, atovaquone, or inhaled pentamidine, was started on 14 postoperative day 5 and continued lifelong for all patients.

15 Data collection

16 The electronic medical record and Organ Transplant Information Systems were 17 reviewed to collect demographics, medical history, transplant characteristics, including 18 donor information when available, medication data, bronchoscopy results, occurrence 19 of IFI, and mortality at 18 months after transplant and at 12 weeks after IFI when applicable. ¹⁰ IFI were defined per the 2008 EORTC/MSG consensus criteria; ¹¹ only 20 21 proven or probable IFI were included for analysis; episodes of possible IFI were excluded 22 from further study. Data were entered into the REDCap electronic database at the 23 University of Michigan.

CMV infection at any time within the 18-month study period was defined using
 criteria proposed by Ljungman et al.¹² Patients who had IFI were considered to have
 concomitant CMV infection if the latter was diagnosed within 30 days prior to IFI onset.
 Acute organ rejection was established at any point in the 18-month study period
 by pathological examination of tissue taken at surveillance bronchoscopy. Patients with

29 IFI were considered to have concomitant rejection if they were started on increased

immunosuppression with high dose/pulse steroids or anti-thymoglobulin in the 30 days
 prior to IFI onset.

3 Statistical methods

4 Univariable analysis of demographic and transplant data between the targeted 5 and the universal prophylaxis strategies was performed using the Fisher's exact test for 6 categorical variables and two-sample t-test or Wilcoxon rank sum test for continuous 7 variables. For analyses involving death and IFI outcomes, Cox proportional hazards 8 regression models and Fine and Gray sub-distribution proportional hazards models to 9 account for competing risks were used. Predictors with p<0.1 from univariable analyses 10 were entered into multivariable models using a backwards selection process. Kaplan-11 Meier survival analyses were conducted for the probability of surviving and for the 12 probability of remaining free of IFI at 18 months. The difference in both survival and 13 survival free of IFI between the prophylaxis strategies were assessed by the log-rank 14 test. P-values <0.05 were considered statistically significant. SAS 9.4 statistical software (Cary, NC) was used for all analyses. 15

16 **RESULTS**

17 Patients

Of 112 adult patients who received a lung transplant from July 1, 2014 to December 31, 2017, 105 met inclusion criteria and were included in the study (Figure 1). Reasons for exclusion included use of off-protocol prophylaxis (n=4), death prior to posttransplant day 5 (n=2), and a history of intolerance to azole drugs (n=1). There were 59 (56%) patients in the universal prophylaxis cohort and 46 (44%) patients in the targeted prophylaxis cohort. The two different prophylaxis cohorts differed only in use of cyclosporine (Table 2).

25 Invasive fungal infections

There were 20 proven/probable IFI in 19 patients including invasive pulmonary aspergillosis (n=14), invasive *Candida* infections (n=4), and one each *Cryptococcus neoformans* pneumonia and deep surgical site infection involving sternal hardware due to a hyaline mold that could not be further identified (Table 3). In the cohort receiving universal prophylaxis there were 6 IFIs (10%) compared with 14 IFIs (30%) in 13 patients
in the targeted prophylaxis cohort. Time to proven/probable IFI was similar between the
two prophylaxis strategies; the median time to occurrence of IFI was 107 (range 23-186)
days in the universal cohort and 109 (range 14-510) days in the targeted cohort. Five of
6 (83%) IFIs in the universal prophylaxis cohort, compared with 9 of 14 (64%) in the
targeted prophylaxis cohort, were IPA. *Candida* infections occurred only among patients
in the targeted prophylaxis cohort.

All 6 cases in the universal cohort were breakthrough infections in patients
 receiving itraconazole; itraconazole serum concentrations were 1 μg/mL and 0.1 μg/mL
 in the 2 patients for whom drug levels were measured. Five of these 6 patients had
 received inhaled liposomal amphotericin B, as well as itraconazole for prophylaxis.

12 Of the 46 patients in the targeted prophylaxis cohort, only 8 met criteria for 13 receiving prophylaxis; five patients received voriconazole and 3, fluconazole (figure 1). 14 None of the patients who received voriconazole targeted prophylaxis developed an IFI. 15 Among the 9 cases of probable IPA, none had received antifungal prophylaxis. There 16 were 4 proven Candida infections involving thoracic structures, including empyema in 3 17 patients and distal sternal osteomyelitis with hardware infection associated with the 18 operative clamshell incision in another patient. Two patients who developed empyema 19 within 3 weeks of transplant had positive donor bronchus cultures and negative 20 recipient bronchus cultures for Candida; both had received targeted prophylaxis with 21 fluconazole. The other two patients had infections that occurred more than 3 months 22 after transplant. The patient with sternal osteomyelitis had both donor and recipient 23 bronchus cultures positive for C. albicans 3 months before, and one patient with C. 24 tropicalis empyema had negative recipient and donor fungal cultures at the time of 25 transplant. One patient, who had a C. albicans empyema shortly after transplant 26 subsequently developed probable IPA 2 months later, after having completed 4 weeks 27 of treatment with fluconazole (table 3).

28 Outcomes

1 During the 18-month follow-up period, the probability of survival free from IFI 2 was significantly higher in the universal antifungal prophylaxis cohort, p=0.03 (Figure 3 2A). Univariable Fine and Gray sub-distribution proportional hazards models showed 4 that only the use of the targeted prophylaxis strategy, hazards ratio (HR)=2.98 (95% CI 5 1.14-7.84), p=0.03 and α_{1} antitrypsin deficiency, HR=4.06 (1.18-13.98), p=0.03 were risk 6 factors for the development of proven or probable IFI within 18 months of transplant 7 (Table 4). The multivariable model showed HR=4.32 (1.51-12.38), p=0.0064, for the 8 development of IFI when targeted antifungal prophylaxis was compared with universal 9 antifungal prophylaxis and HR=8.28 (2.50-27.47), p=.0005, for development of an IFI 10 when patients with and without α_1 -antitrypsin deficiency were compared. 11 All-cause mortality was 10% (n=11), including 8 of 59 (14%) in the universal 12 antifungal prophylaxis cohort and 3 of 46 (7%) in the targeted antifungal prophylaxis 13 cohort. Survival curves by Kaplan-Meier analysis did not differ significantly between the 14 two cohorts, p=0.27 (Figure 2B). Among patients who developed an IFI, only one 15 patient, who was in the targeted prophylaxis cohort, died within 12 weeks of IFI onset. 16 Two other patients, one in each cohort, died more than 12 weeks after the IFI diagnosis. 17 No deaths were directly attributed to IFI. The only identified independent risk factor for 18 death within 18 months of transplant in a Cox proportional hazards regression model

- 19 was the use of basiliximab induction, HR= 5.1 (1.55-16.73), p=0.007.
- 20

21 **DISCUSSION**

22 We compared a universal antifungal prophylaxis strategy with a targeted 23 antifungal prophylaxis strategy for prevention of IFI following lung transplant and found 24 that the risk of developing an IFI in the 18 months following transplant was significantly 25 greater in the cohort receiving targeted prophylaxis. The 10% incidence of IFIs in the 26 universal prophylaxis cohort was similar to that reported from other single and multi-27 center experiences.^{2,4,13} However, the 30% incidence of IFIs in the targeted prophylaxis 28 cohort was higher than that noted in most prior studies of IFI in lung transplant 29 recipients.2,13,14

1 IPA, as expected, was the most common IFI seen in this patient population. Older 2 studies suggest mortality as high as 80% in lung transplant recipients who develop 3 IPA,^{15,16} but more contemporary studies have found lower mortality rates of 22% to 4 59%.^{2,17} Lung transplant recipients are at particular risk for IFIs because of continuous 5 environmental exposure and impairment of cough reflex and mucociliary clearance.³ 6 Previously described risk factors for IPA after lung transplant include single lung 7 transplant, anastomotic ischemia, cytomegalovirus (CMV) infection, organ rejection, and 8 respiratory colonization with Aspergillus pre- or post-

9 transplant.^{3,8,16,18,19} We did not find an association with these previously described risk
10 factors and development of IFI, perhaps because our population had fewer patients with
11 cystic fibrosis and fewer single lung transplants than noted in several other

12 series.^{8,19}

13 Invasive candidiasis, seen in the targeted prophylaxis cohort, was the second most common IFI, similar to the experience at other transplant centers.^{4,14} Especially 14 15 troublesome were pleural space infections and surgical site infections involving sternal 16 hardware used in the transplant procedure; this is consistent with prior studies showing 17 Candida as the most common cause of pleural space infection in this population, particularly early after transplant.²⁰ In 2 patients who developed *Candida* empyema 18 19 within 3 weeks of transplantation, the donor lung was colonized with Candida and 20 infection developed in spite of targeted prophylaxis. If a targeted approach is used, it 21 will be necessary to better define the risk factors post-transplant that lead to these 22 types of intra-thoracic infections and to further evaluate the most appropriate agent 23 and duration of prophylaxis.¹⁴

Current guidelines support the use of antifungal prophylaxis to prevent IPA after lung transplantation, but do not speak to prevention of intra-thoracic post-transplant invasive candidiasis. There is not general agreement on which approach to prophylaxis is most effective. A recent survey of transplant centers in the United States showed that 90% of respondents used a universal prophylaxis strategy, most commonly with inhaled amphotericin B and either itraconazole or voriconazole.⁹ In contrast, worldwide,

universal prophylaxis was used in only 59% of centers, and monotherapy with only an
 azole (usually voriconazole) was most common.⁶

3 Recommendations from professional societies, including the Infectious Disease 4 Society of America (IDSA), the American Society of Transplantation Infectious Diseases 5 Community of Practice (AST-IDCOP), and the International Society for Heart and Lung 6 Transplantation (ISHLT), differ in regard to their approach to antifungal prophylaxis. 7 ^{3,21,22} The IDSA guidelines recommend antifungal prophylaxis with either a systemic 8 triazole or inhaled amphotericin B for 3-4 months after lung transplantation or when 9 augmentation of immunosuppression occurs beyond this period. Preference is given to 10 the use of systemic mold-active azoles rather than inhaled amphotericin B for transplant 11 recipients who have a prior history of mold infection or have pre- or post-transplant 12 mold colonization documented.²¹ The AST-IDCOP discusses several different 13 approaches, including universal, preemptive, and targeted strategies, for the prevention 14 of IPA, based on previously described risk factors.³ No specific recommendation for a 15 preferred agent is given, but mold active azoles, such as voriconazole or posaconazole, 16 are suggested, and inhaled amphotericin B is offered as an option.³ The ISHLT 17 recommends that universal prophylaxis with an anti-Candida agent be considered in the 18 first 2-4 weeks after transplant and that subsequently a mold-active agent such as 19 voriconazole should be used as either universal prophylaxis for 6 months or preemptive 20 treatment for 3-4 months. No preference is recommended between universal 21 prophylaxis and preemptive treatment, but the duration proposed for anti-Candida 22 prophylaxis is longer than the 2 weeks used in our institution during this study period.²² 23 Prior to the introduction of the newer triazoles, itraconazole was used most 24 often for prophylaxis following lung transplantation.^{7,9} Currently, this agent is less 25 preferred given its poor absorption, especially in patients who require gastric acid 26 blocking agents, and its adverse effects profile, especially those related to cardiac 27 dysfunction. The dose of itraconazole recommended by the IDSA for the prevention of 28 IA is 200mg of itraconazole solution twice a day; in our study cohort, daily dosing of the 29 capsule formulation was administered instead, due to a combination of provider

1 preference and poor tolerability of twice-daily dosing.²¹ Therapeutic drug monitoring for 2 itraconazole is recommended,²³ but in our study itraconazole serum concentrations 3 were checked infrequently and doses were not always adjusted when the concentration 4 was found to be low. Low serum levels of itraconazole likely contributed to the 5 occurrence of several cases of IPA in the universal prophylaxis cohort. Other studies 6 have noted high rates of breakthrough IFI, even when seemingly appropriate 7 itraconazole serum concentrations were attained, suggesting that an effective target 8 concentration for prophylaxis in lung transplant recipients has not been defined.^{8,24} 9 Voriconazole is an attractive alternative to itraconazole for several reasons, 10 including reliable absorption and the availability of both oral and intravenous 11 formulations. However, because of its complex interactions with multiple cytochrome 12 P450 enzymes, voriconazole has many drug-drug interactions. Therapeutic drug 13 monitoring is strongly recommended, not only to ensure adequate serum 14 concentrations given both inter- and intra-patient variability in pharmacokinetics, but 15 also to avoid adverse events associated with higher serum concentrations, such as hallucinations and hepatotoxicity.^{21,24,25} Posaconazole and isavuconazole could also be 16 17 considered for prophylaxis, but experience to date is limited to two studies, both of 18 which showed efficacy of these agents. ^{26,27}

Several prior studies have demonstrated the lack of efficacy for inhaled amphotericin B as a single agent for prophylaxis in the lung transplant population, but it is still recommended as an option by several groups.^{3,21,28} We did not see a difference in IFI occurrence when inhaled liposomal amphotericin B was no longer used for patients in the universal prophylaxis cohort, suggesting that it was not effective for the prevention of IFI.

Our findings suggest that the criteria used for initiating prophylaxis for those in the targeted cohort fell short of identifying patients at increased risk for IFI. All but two patients who developed an IFI in this cohort did not meet criteria to receive antifungal prophylaxis. Although pre- and post- transplant colonization with *Aspergillus* are important factors for the development of IFI, there are clearly other risk factors for

infection that should be considered when deciding to initiate targeted prophylaxis. It is
 also possible that the duration of prophylaxis was too short for those patients who had
 donor bronchus cultures positive for *Candida* species.

In our study, patients with α_1 -antitrypsin deficiency were at increased risk for developing an IFI. α_1 -antitrypsin inactivates pro-inflammatory proteases, such as neutrophil elastase in the lung; these proteases have been noted to play a role in bacterial pneumonias, and likely are important in some fungal pneumonias, as well.²⁹⁻³¹ Even after lung transplantation, it is likely that patients with α_1 -antitrypsin deficiency are less able to counteract a detrimental pro-inflammatory state.³²

10 Monoclonal antibody inhibitors of lymphocyte activation, proliferation or 11 migration, such as basiliximab, are commonly used for early immunosuppression after 12 lung transplantation.^{33,34} Our study, as well as several others, did not find an increased risk for IFI in patients receiving basiliximab.^{35,36} However, we did find that basiliximab 13 14 was the only independent risk factor for death in our patients. The fact that basiliximab 15 was reserved for use in patients who developed post-operative acute kidney injury may 16 explain this association as post-transplant acute kidney injury has been associated with poor survival in this patient population.³⁷ 17

Limitations of this study include the retrospective design, which might have resulted in our not collecting all pertinent factors leading to IFIs. The results reflect a single center's experience; findings may not be generalizable to other transplant programs that serve different patient populations or that encounter different epidemiological patterns of IFIs.

In summary, we compared two different strategies for antifungal prophylaxis
 after lung transplantation and found that universal prophylaxis was associated with
 fewer IFI than targeted prophylaxis. Not only *Aspergillus* species, but also *Candida* species caused post-transplant infections in patients receiving targeted prophylaxis.
 FIGURE LEGENDS

Figure 1. Study patient selection for universal and targeted prophylaxis cohorts. AmB =
 liposomal amphotericin B

- 1 Figure 2A. Kaplan-Meier curve of survival free from IFI comparing targeted prophylaxis
- 2 cohort with universal prophylaxis cohort
- 3 Figure 2B. Kaplan-Meier curve showing survival at 18 months comparing targeted
- 4 prophylaxis cohort with universal prophylaxis cohort
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2 Authors Contribution statement:

- 3 Kathleen A. Linder: study design, data management, manuscript draft writing
- 4 Carol A. Kauffman: conceptualization, manuscript writing review, supervision
- 5 Twisha S. Patel: conceptualization, study design
- 6 Linda J. Fitzgerald: study design, data management
- 7 Blair J. Richards: statistical analysis
- 8 Marisa H. Miceli: conceptualization, study design, data analysis, manuscript review,
- 9 supervision

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Table 1. Criteria for use of universal or targeted antifungal prophylaxis followinglung transplantation

UNIVERSAL PROPHYLAXIS (from July 1, 2014 - June 30, 2016)						
Criteria		Recommendation				
All patients prior	to June 2015	Itraconazole capsules 200mg PO daily x6				
		months + inhaled liposomal amphotericin				
		B 12.5 mg three times a week until 3-week				
0		surveillance bronchoscopy negative				
All patients after	June 2015	Itraconazole 200mg PO daily x6 months				
TARGETED PRO	PHYLAXIS (beginning July 1, 2	2016)				
Pathogen	Criteria	Recommendation				
Aspergillus spp.	Recipient with pre-Tx					
	colonization with A.					
σ	fumigatus, A. terreus, A.					
	<i>flavus, A. niger</i> or prior IPA					
\geq	Post- transplant surveillance	Varicanazala 4 mg /l/g DO bid v2 months				
	BAL culture positive for	Voriconazole 4 mg/kg PO bid x3 months				
	Aspergillus spp., CT negative					
	for IPA, serum GM negative					
	Anti-thymocyte globulin					
	therapy initiated					
Candida spp.*	Intraoperative donor tissue					
	culture or post- transplant					
	3-week surveillance	Fluconazole 400mg PO daily x14 days				
	bronchoscopy culture	Fuctoriazore 400mg 10 daily x14 days				
	growing non-glabrata					
	Candida spp.					
	Intraoperative donor culture	Micafungin 100mg IV daily; if MIC				
	or post-transplant 3-week	appropriate, change to fluconazole 800mg				

surveillance bron	choscopy PO daily x14 days
culture growing <i>C</i>	Candida
glabrata	

* all patients receive oral thrush prophylaxis with nystatin for 6 weeks after transplantation

bid = twice a day; BAL = bronchoalveolar lavage; CT = computed tomography scan;

GM = galactomannan; IPA = invasive pulmonary aspergillosis; PO = by mouth; Tx = transplant

Table 2. Demographic information, transplant data, and maintenance immunosuppression regimens of lung transplant recipients who received antifungal prophylaxis by either the universal or targeted strategy

S	Universal cohort, n=59 (n, %)	Targeted cohort, n= 46 (n, %)	p value
Male sex	41 (70)	32 (70)	1.00
Age, years median (IQR)	60 (56-64)	61 (46-65)	0.21
Race ¹			
Caucasian	52 (88)	42 (91)	1.00
African-American	5 (8.5)	4 (9)	1.00
Weight, kg median (IQR)	82 (64-98)	77 (63-90)	0.27
Reason for transplant ²			
Cystic fibrosis	2 (3)	6 (13)	0.13
COPD	22 (37)	10 (22)	0.09
Pulmonary fibrosis	19 (32)	19 (41)	0.41
ILD	10 (17)	9 (20)	0.80

α-1-antitrypsin deficiency	5 (9)	1 (2)	0.23				
Transplant data							
Double lung transplant	46 (78)	38 (83)	0.63				
Single lung transplant	13 (22)	8 (17)	0.63				
Basiliximab induction	13 (22)	10 (22)	1.00				
CMV status ³							
D+/R+	17 (29)	11 (24)					
D+/R-	16 (28)	10 (22)	0.75				
D-/R+	14 (24)	14 (30)	0.75				
D-/R-	11 (19)	11 (24)					
Maintenance immunosuppressi	Maintenance immunosuppression						
Calcineurin inhibitor							
Tacrolimus	50 (85)	42 (91)	0.38				
Cyclosporine	6 (10)	0 (0)	0.03				
Antiproliferatives							
Azathioprine	24 (41)	19 (41)	1.00				
Mycophenolate mofetil	22 (37)	23 (50)	0.23				
Mycophenolate sodium	9 (15)	2 (4)	0.11				
Prednisone ⁴		1					
High dose ⁵	51 (86)	42 (91)	0.54				

¹ not known for 2 patients

² Additional reasons for transplant include: Universal cohort: sarcoidosis n=2,

secondary pulmonary hypertension n=2, prior lung transplant failure n=2,

autoimmune disease n=2, bronchiolitis obliterans n=1, bronchiectasis=1; Targeted cohort: sarcoidosis n=1, eosinophilic granulomatosis n=1

³ Information on donor CMV status was not available for 1 patient who received universal prophylaxis

⁴ Information on prednisone dose was not available for 1 patient who received universal prophylaxis ⁵ High dose prednisone = dose equivalent to ≥ 0.3 mg/kg prednisone daily for ≥ 3 weeks

CMV = cytomegalovirus; COPD = chronic obstructive pulmonary disease; D = donor;

ILD = interstitial lung disease; IQR= interquartile range; R = recipient

Table 3. Twenty episodes of invasive fungal infections after lung transplant in 105 patients receiving either universal or targeted antifungal prophylaxis

Prophylaxis	IFI proven/	LTx to IFI	Diagnosis	B-IFI	Mycological	Outcome at 12
	probable	(days)	Diagnosis	yes/no	findings	weeks after IFI
						diagnosis
Universal	Probable	125	Deep surgical site	Yes	Tissue: hyaline	Alive
			infection ¹		mold, not further	
					identified	
Universal	Probable	118	IPA	Yes	BAL GM 1.7	Alive
Universal	Probable	96	IPA	Yes	BAL: A. fumigatus	Alive
Universal	Probable	186	IPA	Yes	BAL: A. fumigatus	Alive
Universal	Probable	23	IPA	Yes	BAL: A. fumigatus	Alive
Universal	Probable	25	IPA	Yes	BAL GM 6.9	Alive
Targeted	Proven	18	Candida empyema	Yes	Pleural fluid: C	Alive
					glabrata, C	
					dubliniensis	
Targeted	Proven	98	Candida deep	No	Tissue: C albicans	Alive
			surgical site			

			infection ¹			
Targeted	Proven	322	Candida empyema	No	Pleural fluid: C	Dead
			and fungemia		tropicalis	
	Proven	18	Candida empyema	Yes	Pleural fluid: C	Alive
					albicans, C	
Targeted					dubliniensis	
	Probable	77	IPA	No	BAL: A niger, GM	Alive
					0.55	
Targeted	Probable	82	IPA	No	BAL: A fumigatus;	Alive
	()				GM 7.4	
Targeted	Probable	233	IPA	No	BAL: A fumigatus;	Alive
Targeted	Probable	179	IPA	No	BAL: A fumigatus	Alive
Targeted	Probable	309	IPA	No	BAL GM 0.57	Alive
Targeted	Probable	109	IPA	No	BAL GM 5.9	Alive
Targeted	Probable	105	IPA and anastomosis	No	BAL: A fumigatus	Alive
			infection			
Targeted	Probable	93	IPA and anastomosis	No	BAL: A fumigatus,	Alive
			infection		GM 1.5	
Targeted	Probable	510	IPA	No	BAL: A fumigatus,	Alive
					GM 5.1	
Targeted	Probable	124	Cryptococcosis	No	BAL: C neoformans	Alive
		1	I	1		1

¹ Distal sternum osteomyelitis and hardware infection associated with the clamshell incision from lung transplantation

B-IFI = breakthrough IFI; BAL = bronchoalveolar lavage; GM = galactomannan; IFI = invasive fungal infection; IPA = invasive pulmonary aspergillosis; LTx = lung transplantation

Table 4. Risk factors for proven/probable IFI in 105 lung transplant recipients

Variable	Patients with IFI	Patients	p-value	p-value; Hazard
	(N=19)	without IFI	(univariable	ratio (95% CI)
0		(n=86)	analysis)	(multivariable
(\mathbf{n})				analysis) ¹
Sex			1	
Male	13	60	0.95	
Female	6	26	0.95	
Race ²			I	
Caucasian	17	77	0.81	
African-American	2	7	0.01	
Age, years median (IQR)	58 (47-63)	61 (53-64)	0.34	
Weight, kg median (IQR)	80 (73-100)	78 (61-95)	0.18	
BMI, median (IQR)	28 (25-31)	27 (22-30)	0.11	
Underlying lung diseases			I	1
Cystic fibrosis	2	6	0.64	
COPD	5	27	0.70	
Pulmonary fibrosis	7	31	0.96	
ILD	2	17	0.39	
α-1-antitrypsin	3	3	0.03	0.0005
deficiency			0.03	8.28 (2.50-27.47)
Transplant type			1	1
Double lung transplant	18	66	0.11	
Single lung transplant	1	20	0.11	
Induction			1	

Basiliximab	4	19	0.89					
Transplant complications								
CMV infection ³	2	16	0.35					
Organ rejection ⁴	3	19	0.58					
Colonization status ⁵	Colonization status ⁵							
Colonized	9	46	0.56					
Not colonized	10	40	0.50					
Antifungal prophylaxis								
Universal	6	53	0.03	0.0064				
Targeted	13	33	0.00	4.32 (1.51-12.38)				

¹ Fine & Gray sub-distribution proportional hazards regression model incorporating factors with p<0.1 into the selection process

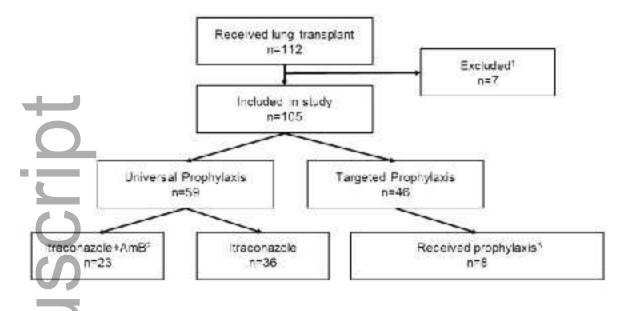
² Race was not specified in 2 patients

³ CMV infection at any time within 18 months after lung transplantation for those patients without IFI and within 30 days of IFI for those who developed IFI

⁴ Organ rejection requiring high dose immunosuppression at any time within 18 months after transplantation for those without IFI and within 30 days for those who developed IFI

⁵ Patients were considered colonized if they had pre-transplant colonization with *Aspergillus*, if they had donor lung colonization with *Candida*, or if they had *Candida* spp. or *Aspergillus* spp. present on a 3-week surveillance bronchoscopy after lung transplantation

CMV = cytomegalovirus; COPD = chronic obstructive pulmonary disease; IFI = invasive fungal infection; ILD = interstitial lung disease; IPF = pulmonary fibrosis; IQR = interquartile range



¹ excluded: non-protocol prophylaxis n=4, died prior to receiving prophylaxis n=2, intolerant of apples n=1. ³ inhaled liposomal amphotericin B

³ voriconazole n=5, fluconazole n=3

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