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Functional Magnetic Resonance Imaging Correlates of Ventral St Pain

Running Title: fMRI Correlates of DBS for Pain

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Abstract

Objective: Deep brain stimulation (DBS) for pain has largely been im
uncontrolled manner to target the somatosensory component of pain, w
mixed results. We have previously shown that patients with poststroke
treated with DBS targeting the ventral striatum/anterior limb of the int
demonstrated a significant improvement in measures related to the aff
this study, we sought to determine how DBS targeting the VS/ALIC n
response to pain.

Materials and Methods: Five patients with poststroke pain syndrome
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status (ON/OFF) and six age- and sex-matched healthy controls under

Results: In response to pain, patients in the DBS OFF state showed significant activation ($p < 0.001$) in the same regions as healthy controls (thalamus, insula, and orbitofrontal cortex) and additional regions (orbitofrontal and superior convexity cortical areas). DBS ON significantly reduced activation of these additional regions and introduced foci of significant activation ($p < 0.001$) in the hippocampi when painful stimulation was applied to the right side.

Conclusions: These findings suggest that DBS of the VS/ALIC modulates pain processing networks.

Keywords: Chronic pain, deep brain stimulation, DBS, fMRI, poststroke

INTRODUCTION

Deep brain stimulation (DBS) has been explored as a potential treatment for chronic pain since the 1970s. Traditionally, DBS is used to target the ascending or descending inhibitory pathways in an effort to modulate the sensory pathways and reduce pain. The most common target areas have been the sensory nuclei of the thalamus and endorphin-releasing areas, such as the periventricular gray area or the nucleus accumbens. Unfortunately, clinical outcomes associated with DBS of these traditional targets have been mixed (1,2). Although some studies reported improvements in pain measured on a visual analog scale, large case series and industry-sponsored studies aimed at evaluating the effects of DBS found limited benefits (3,4). Many of these studies have reported mixed results due to limitations in the study design. Several of these studies were conducted during the early development of DBS with a lack of well-defined patient selection criteria, surgical target identification, and electrode and stimulator technology. Recent systematic reviews suggest that future studies should focus on specific pain diagnoses and use of randomized placebo-controlled designs (6,7).

To potentially improve the success rate of DBS to treat chronic pain, future research is needed.

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change in how DBS is used to treat the chronic pain experience; this c

and pain-related disability without necessarily modulating pain intensity with a Likert scale. There are many anatomical choices for DBS modulation of affective/nonsensory pathways.

Cortical control of emotion is manifested through processing within the pallido-thalamocortical system and the circuit of Papez. In addition to projections from and prefrontal cortical areas into the dorsal striatum, there are direct projections from frontal cortical areas and orbitofrontal cortical areas to the ventral striatum. Direct projections to the thalamus via the anterior limb of the internal capsule have been previously demonstrated that acute stimulation of the VS and the ventral ALIC leads to changes in mood and behavior (9). DBS of the ALIC has been shown to be effective for OCD (12,13) and was approved by the United States Food and Drug Administration under a Humanitarian Device Exemption. In an uncontrolled study, our multicenter group also reported the long-term benefits of VS/ALIC DBS in patients with treatment-resistant depression (10). Our group has direct experience implanting DBS leads and has experience titrating stimulation in a safe way to avoid side effects such as mood changes (1,2,10,11,13-15). It is also important to note that previous studies targeting the cingulate cortex have demonstrated the potential of DBS of the affective

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poststroke pain syndrome (17). In this first-in-humans trial, patients treated with DBS demonstrated a significant improvement in the Montgomery-Asberg Depression Rating Scale and the Beck Depression Inventory, suggesting that DBS can indeed modulate the pathophysiology of a sphere of treatment-refractory pain. In addition, we learned that implantation of DBS is safe in this patient population and is associated with improved quality of life.

To investigate the neural substrates of pain affect and its modulation, we targeted the ventral striatum, we previously studied the same patient cohort using a magnetoencephalography (MEG) paradigm (18-20). Our findings were that in patients with poststroke pain, anticipatory brain response to a nonpainful stimulus was different than pain anticipation, indicating a loss of salience (18-23). Since the start of DBS treatment, the abnormal anticipatory brain response to nonpainful stimuli was resolved, predominantly in the medial prefrontal and anterior cingulate cortex. The present work expands on this previous investigation to include a complementary functional magnetic resonance imaging (fMRI) study in the context of the same randomized, placebo-controlled clinical trial. While MEG has excellent temporal resolution, fMRI yields excellent spatial resolution and allows us to corroborate our earlier MEG findings. To our knowledge, this is the

MATERIALS AND METHODS

Ten patients were enrolled in a randomized controlled trial of VS/ALIC for poststroke pain syndrome (17). All patients had at least 6 months of chronic pain following a stroke involving the sensory thalamic area or white matter adjacent to the sensory thalamic area. Ten healthy controls were also specifically recruited for fMRI findings only; these controls were age- and sex-matched to the stroke patients, bilateral DBS leads (Model 3387, Medtronic, Minneapolis, MN) were implanted in the VS/ALIC area (Fig. 1) using neurosurgical techniques described previously. All study procedures were approved by the institutional review board (IRB) and a sponsored Investigational Device Exemption from the US Food and Drug Administration. At enrollment, all patients provided written informed consent.

The prospective, randomized, double-blind, placebo-controlled trial consisted of an initial 6-month double-blind stimulation phase in which patients were randomized to 6 months of active stimulation (ie, DBS ON) or sham stimulation (ie, DBS OFF) followed by a 6-month crossover to the other treatment allocation. The blinded phase was followed by an 18-month open stimulation phase (ie, unblinded active DBS, no sham).

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fMRI images 2 months after randomization and 2 months after crossover.

up of a complete DBS system. During MRI scans, temperatures near the contacts were measured using fluoroptic temperature sensors as previously described. Testing was performed in both DBS ON and OFF conditions and with the heating stimulus hardware both active and inactive. None of the scans showed significant heating near the electrodes (ie, $< 1^{\circ}\text{C}$ for all scans).

Participants were imaged under an IRB-approved protocol on a 3T MRI scanner (Erlangen, Germany). After a standard anatomic T1-weighted prepared rapid gradient-echo sequence was obtained (axial acquisition; repetition time/echo time/inversion time = 1900/1.71/900 ms; voxel size = $1 \times 1 \times 1$ mm³; 5 s), 2 BOLD sensitive echo-planar imaging (EPI) scans for fMRI were acquired with 31 slices; repetition time/echo time = 2000/29 ms; voxel size = $3 \times 3 \times 3$ mm³; field of view = 64×64 ; 224 volumes; total scan time = 7 min 28 s).

The fMRI paradigm consisted of painful heat stimuli to the affected area delivered using a contact heat-evoked potential stimulator of the Medoc Ltd, Ramat Yishai, Israel). During each scan, the heat stimuli were delivered in a block design comprising 5 cycles of heat (44.8 s) followed by no heat (44.8 s).

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Image analysis began with removal of the first 4 volumes to ensure stability. Each scan was then retrospectively volume- and slice-wise motion-corrected using SLOMOCO (26). Total displacement was calculated using volume translation parameters and used as the motion quality parameter. The scan was motion corrupted if the maximum displacement of any voxel was greater than 0.2 mm. Displacement of parenchymal voxels was more than 0.2 mm. Scans excluded were not included in the group analysis. Using the heating paradigm, voxel-based 3dDeconvolve in Analysis of Functional NeuroImages (AFNI) software generated brain maps, the specific output of which were voxel-based Student's t-score maps. The functional brain maps were aligned to their concurrent anatomic T1 image using the 3dAllineate command from AFNI. The anatomic T1 image was then aligned to the template brain using the 3dAllineate command. The template brain was used after transforming it into Talairach coordinates using 3dTalairachDone and normalization (Syn) in Advanced Normalization Tools. The EPI images were then transformed to final template space using the Advanced Normalization Tools. The EPI images were acquired in the previous step. A single participant had left-sided pain; the other participants' normalized brain maps were left-right flipped so that data from all of the participants were

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aligned to a common side reflecting the affected hemisphere. The maps

combination of the 2 condition variables (DBS ON versus DBS OFF) (affected side versus unaffected side) (Fig. 2). The final Bonferroni-corrected t -maps were thresholded at $p < 0.001$ (3dClustsim) after cluster analysis with single-voxel threshold, $p < 0.001$ and a minimum cluster size requirement of 300.

RESULTS

Of the 10 patients enrolled in the study, 8 consented to the fMRI procedure. All 8 patients and 2 of the 10 healthy controls met the motion criteria during all 4 fMRI sequences (right arm heating, left arm heating, DBS ON and DBS OFF conditions). Four participants had pain on the right side, 2 participants had pain on the left side. The chronic stimulation parameters for the 8 patients and 2 of the 10 healthy controls are shown in Table 1. Six of the 10 healthy controls had no motion artifacts in their fMRI images during both the right and left arm heating sequences. Among the 8 patients, 4 were right handed, 2 were left handed, and 2 were ambidextrous. Among the 2 controls, all were right handed, with no significant differences in sex or handedness between patients and controls.

Statistical maps of the BOLD response in study patients and healthy controls are shown in the top row of Figure 2. A predominant BOLD pattern seen in healthy controls was the activation of foci within the insula and along the frontoparietal operculum.

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functional region S2 (label 1). Although activation was bilateral, we note

In response to pain, patients with poststroke pain syndrome in the second row of Fig. 2) exhibited significant activation in the same regions as healthy controls (7), with more pronounced activation of the thalamic (label 5), insular, and cingulate (label 4). Patients also showed activation in additional regions not significant in healthy controls, including in the orbitofrontal region (label 3) and diffusely over the posterior (magenta rectangle) cortical region. Also in contrast to healthy controls, patients showed small foci of negative or inhibitory activation in the subgenual cortical region. In contrast to healthy controls, patients showed more foci of activation, both positive and negative, in the DBS OFF state.

In the DBS ON state (third row in Fig. 2), patients with poststroke pain syndrome showed fewer regions of positive BOLD activation than in the DBS OFF state. Significant activation were seen in the superior convexities with painful and non-painful affected and unaffected sides (see the 5 superior axial slices corresponding to the magenta rectangle in the second row of Fig. 2). In the DBS ON state, during pain stimulation of the affected side, foci of orbitofrontal activation (labels 3 and 4) and thalamic activation (label 5) were smaller than these foci in the DBS OFF state. In the DBS ON state,

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stimulation of the unaffected side, significant increased activation was

(label 10), and multiple other locations. This was present predominantly with the unaffected side showing persistence of inhibition in the subgenual

DISCUSSION

DBS of the VS/ALIC has been proposed by our group as a method for the treatment of the sphere of chronic pain, thus improving quality of life in patients with intractable pain. Poststroke pain syndrome is an excellent model in which to study the effects of DBS as an intervention, as the pain involved in this syndrome is unlikely to resolve spontaneously and is associated with a clear, imaging-identifiable etiology. The fMRI data presented here were collected during the double-blind phase of a randomized, controlled trial in 10 patients with intractable unilateral poststroke pain syndrome. The clinical trial results supported our initial hypothesis that DBS of the VS/ALIC can successfully reduce the sphere of pain and promote changes in quality of life (17). The present study used fMRI to examine the mechanisms underlying the effects of VS/ALIC DBS on the sphere of pain.

In this study, activation patterns in healthy controls indicated involvement of the VS/ALIC in the sphere of pain. This article is protected by copyright. All rights reserved. VS/ALIC DBS modulates pain networks in response to acute and expected painful stimuli and corroborates the effects of VS/ALIC DBS on the sphere of pain.

consistent with previous research (28). As expected for somatosensory activation of the thalami.

Relative to healthy controls, patients with poststroke pain syndrome showed more foci of positive and negative activation, suggesting that there was a greater response in patients than in healthy controls. Patients showed bilateral activation in cortical regions in response to painful stimuli; this activation extended from the frontal to the parietal cortical regions and also involved the opercular areas and insula. There was marked activation of the insula and orbitofrontal areas, suggesting the involvement of affective and associative networks in response to pathological pain.

When fMRI scans were performed in the DBS ON state, we noted a reduction in the broad pattern of cortical overactivation seen in the DBS OFF state, with the strong orbitofrontal activation noted in the DBS OFF state. This finding suggests that DBS reduces abnormal cortical activation associated with the chronic pain syndrome, resulting in an activation pattern to more closely resemble that seen in healthy controls. The effects were greatest for heat stimulation of the affected side, with the most significant effects in the convexity and regions of the insula, thalamus, and inferior frontal gyrus.

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affected side during DBS ON also led to robust negative BOLD activation

also noted strong BOLD activation of the cingulate cortex in response to painful stimuli on the unaffected side during DBS ON, a finding that is unique in this data set.

Our prior investigation with MEG showed that patients with pain were able to neurophysiologically distinguish cues that represent pain versus those that represent nonpainful stimuli (19). This trend was predominantly evident in the prefrontal and anterior cingulate cortex, indicating a cortical overactivation to incoming nonpainful stimuli. This finding is consistent with the clinical presentation of allodynia, a condition in which all sensory stimuli, regardless of whether they are painful or not, are interpreted as painful. With DBS ON, patients were able to differentially anticipate nonpainful stimuli, evidenced by a reduction in cortical overactivation, indicating an “affective benefit” that restored salience, attention, and emotional regulation (18). The findings of the current fMRI study corroborate these findings, both in terms of cortical overactivation in the DBS OFF state and a reduction in the spread of cortical activation in the DBS ON state, potentially representing a partial restoration of the distinction between normal and pathological pain processing. We speculate that improved cognitive and emotional regulation restored by DBS ON may have reduced the widespread cortical activation in the pain matrix areas, including the anterior cingulate cortex, an area linked with fear and emotion (29).

volunteers who underwent the same painful stimulation procedures during the control phase of the study. This control group helped us to interpret the data, as results from the controls provided a baseline for comparison. This control group also helped us to determine what we should expect regarding what we should expect in the pain-free brain. In addition, all patients had a well-characterized pain syndrome, improving the homogeneity of the study.

Limitations of the work include its small sample size. Only 9 patients completed the randomized phase of the clinical trial, and of these, only 6 patients were included in the fMRI experiments. In addition, the techniques for acquisition of the fMRI data are substantially affected by motion artifacts; because of motion artifacts, the study included only 5 patients with poststroke pain syndrome and 6 healthy controls. This small sample size makes it difficult to achieve reliable statistical maps. Another limitation is the presence of motion artifacts as patients exhibiting strong or exaggerated movements in response to the painful stimulation may not have met the inclusion criterion regarding minimal movement. Thus, there may be some patients who might have had a differential response.

In conclusion, these findings suggest that DBS of the VS/ALIC may modulate the pain-related neural networks, corroborating our original hypothesis. DBS significantly reduced the overactivation of cortical regions seen in patients with chronic pain but not in healthy controls.

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Future studies in patients with more common pain syndromes are needed to confirm these findings.

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Table 1. Chronic stimulation parameter settings

Patient	Lead hemisphere	Active electrodes	Pulse amplitude (V)	Pulse
1	Right	10(-) 11(+)	2	2
	Left	2(-) 3(+)	2	2
2	Right	C(+) 10(-)	6	
	Left	C(+) 1(-)	6	
3	Right	C(+) 11(-)	1	2
	Left	N/A	N/A	M
4	Right	C(+) 10(-) 11(-)	4	
	Left	C(+) 2(-) 3(-)	4	
5	Right	C(+) 8(-)	3.5	
	Left	C(+) 0(-)	3.5	

For the active electrodes, '+' and '-' refer to the electrode polarity. 'C' refers to the contact.

implantable pulse generator. For right-side leads, the electrodes are numbered from the most proximal to the most distal electrode.

the most proximal electrode. For the left-side leads, the electrodes are numbered from the most proximal to the most distal electrode.

the most proximal electrode.

Figure 1. Axial oblique T1-weighted magnetization-prepared rapid gradient echo (MP-RAGE) MRI scans of the brain in-plane with bilateral deep brain stimulation electrodes targeting the ventral posterior limb of the internal capsule. The deeper contacts include the nucleus accumbens. The contacts are seen as small rounded enlargements at the end of the electrodes.

Figure 2. Statistical maps of blood oxygen level–dependent (BOLD) response to a heating stimulus for normal healthy controls (NHC, top row), patients with chronic pain syndrome with deep brain stimulation (DBS) OFF (second row), and patients with chronic pain syndrome with DBS ON (third row). These maps represent differences in BOLD response between the ON and OFF states (healthy controls vs DBS ON vs DBS OFF) and side of heating stimulus (contralateral vs ipsilateral side of the body affected by chronic pain from a contralateral chronic pain source vs unaffected side). Each map displays 18 axial slices spaced 8 mm apart. Red and orange indicate positive BOLD response to heating stimulus (activation), and blue indicate negative BOLD response to heating stimulus (suppression). A Bonferroni-corrected p value was 0.05 for positive and negative activation ($p < 0.001$ with a cluster size of 300). Images are displayed using radiological convention. This article is protected by copyright. All rights reserved. The red and blue indicate the specific brain regions described in the Results section.

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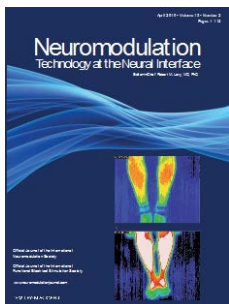
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Drs. Machado, Beall, Bhattacharyya, Lowe, Lempka, Gopalakrishnan, Malhotra, and conducted the study, including patient recruitment. Drs Jones, Beall, Lo Xuemei Huang performed the data collection and data analysis. Drs Jones and Lempka drafted the manuscript draft with important intellectual input from Drs. Lempka, Gopalakrishnan, Bhattacharyya, Chen, and Lowe. All authors approved the final manuscript. Drs. Jones and Lempka had access to the study data. Megan Griffiths, helped with editorial assistance.

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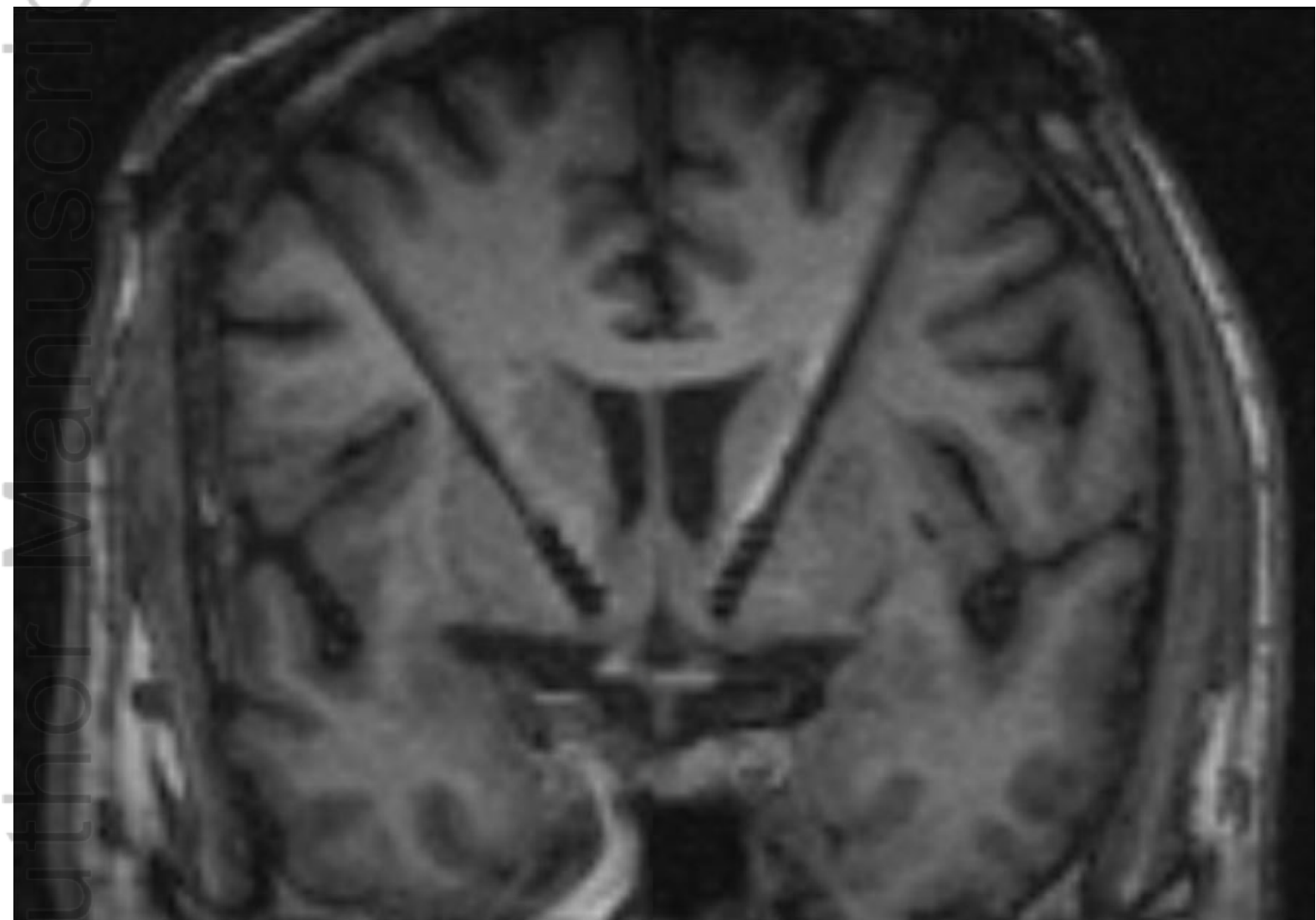
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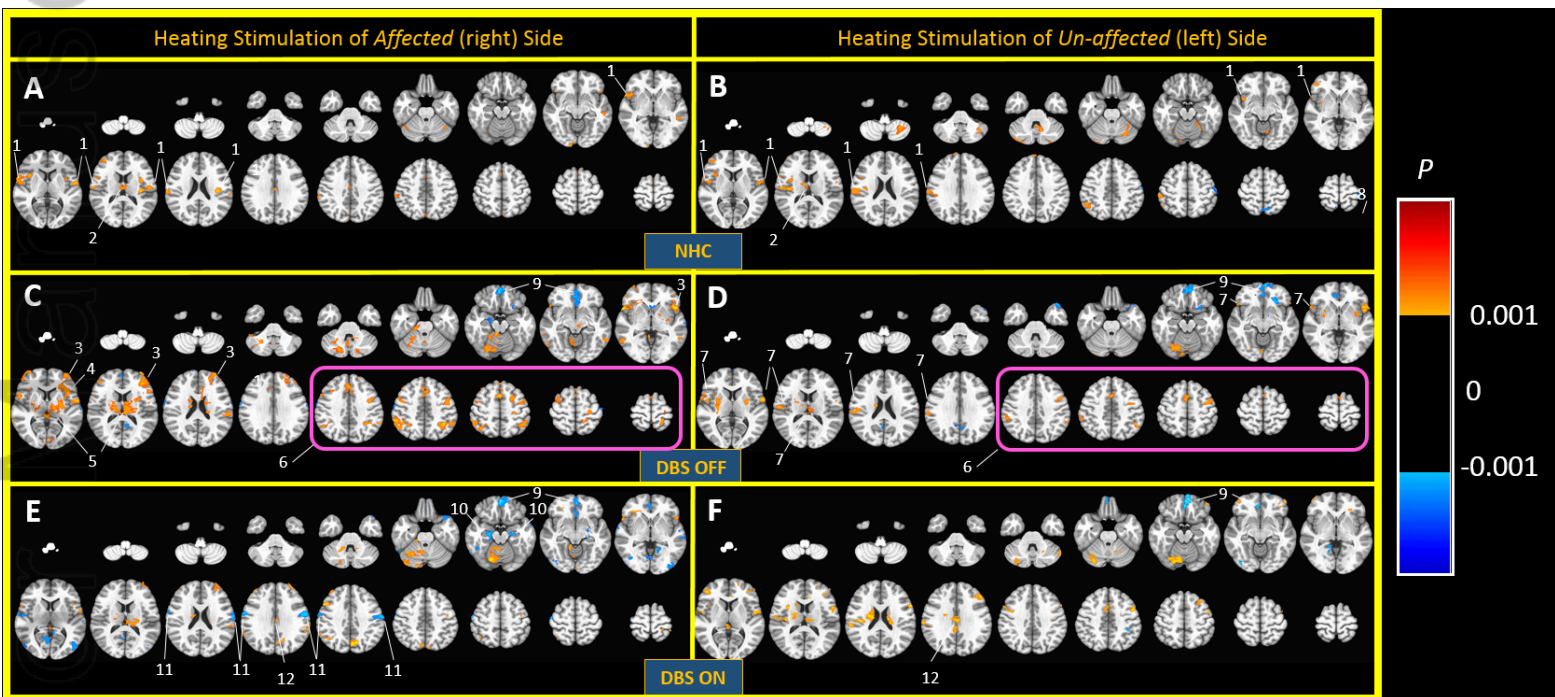
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