### Supplementary Index

### 1. Teachers guide

Detailed instructions for implementing FOAM Club at your institution. Intended for the faculty lead to guide planning and implementation. (PDF, 3 pages, 371 KB)

### 2. Session guide

Detailed instructions and time allocation for executing the FOAM Club session. (PDF, 2 pages, 367 KB)

### 3. Introductory slides

FOAM Club starts with a brief presentation. This PDF represents the introductory slides (available in PowerPoint and Keynote format) that can be personalized. Speaking notes are included on the slides for the faculty lead. (PDF, 19 pages, 1256 KB)

### 4. Introduction email

Email template to send to learners prior to session. (PDF, 2 pages, 584 KB)

### 5. Reminder emails

Reminder email template to send to learners prior to session (PDF, 2 pages, 584 KB)

### 6. Post course email

Concluding email template to send to learners following the session (PDF, 1 page, 435 KB)

#### 7. Guide to topic selection

Contains three topics with pair blogs and podcasts that can be used for FOAM Club. Also includes instructions for selecting your own topic. (PDF, 2 pages, 256 KB)

# 8. Technical guide for accessing podcasts

This technical guide for accessing podcasts on desktop and mobile devices can be used at the institution prior to FOAM Club for attendees as needed. We recommend including in the introduction and reminder emails. (PDF, 1 page, 389 KB)

# 9. Post course evaluation

This evaluation captures learner feedback about the FOAM Club session. (PDF, 1 page, 172 KB)

# **10. Blog quality checklist\***

Quality checklist for assessing blog posts. Available from: Colmers IN, Paterson QS, Lin M, Thoma B, Chan T. The Quality Checklists for Health Professions Blogs and Podcasts. The Winnower 2:e144720.08769 (2015). DOI: 10.15200/winn.144720.08769. (PDF, 2 pages, 198 KB)

# 11. Podcast quality checklist\*

Quality checklist for assessing podcasts. Available from: Colmers IN, Paterson QS, Lin M, Thoma B, Chan T. The Quality Checklists for Health Professions Blogs and Podcasts. The Winnower 2:e144720.08769 (2015). DOI: 10.15200/winn.144720.08769. (PDF, 2 pages, 207 KB)

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