



➤ What is the PULSE Clinic?

The **Post ICU Longitudinal Survivor Experience (PULSE)** Clinic is a multidisciplinary clinic that specializes in the long-term complications of Post-ICU Syndrome and helps coordinate the complex care that many of our ICU patients require after discharge.

➤ What can the PULSE Clinic provide my patients?

- Many of the patients that survive prolonged stays in our ICU will leave the hospital with many new problems.
- We help prevent readmittance and declining functional status.
- Provides a multidisciplinary team of physicians, pharmacists, social workers, and physical therapists who specialize in dealing with Post-ICU concerns and coordinate necessary outpatient follow up.

U-M PULSE Clinic Candidates

If the patient you're about to discharge:

- Has been in the ICU for >48 hours
- Has **1** or more of the following:
 - ARDS
 - Sepsis
 - ICU delirium
 - Required mechanical ventilation
 - Required vasopressor therapy
- Does **NOT** have: cystic fibrosis, severe cardiac disease, a history of organ transplant, or severe psychiatric comorbidities.

Please contact the PULSE Clinic Care Coordinator – pager 54037, email: ddigio@med.umich.edu

In your page/email, please include:

- **Patient first and last name**
- **Patient MRN**
- **Date of discharge from the CCMU**