



The Dial-a-Doula Program is committed to leveraging birth doula support to promote **health equity, racial equity, and birth justice!**



MITIGATING RACIAL AND ETHNIC DISPARITIES IN PREGNANCY-RELATED OUTCOMES

Evidence consistently demonstrates that pregnant people of minoritized racial and ethnic groups – namely those identifying as non-Hispanic Black, Hispanic or Latinx, American Indian, Alaskan Native, Asian and/or Pacific Islander – experience significant disparities in pregnancy-related morbidity and mortality. With these disparities in mind, Dial-a-Doula has re-examined and modified our recruitment and training methods to ensure alignment with our mission of providing accessible, high-quality labor support to childbearing families of all backgrounds!



REVISED VOLUNTEER APPLICATION

With new questions to assess doulas' understanding of and commitment to health and racial equity, birth justice and the centering of marginalized identities

DIVERSIFYING OUR DOULAS

To better reflect the childbearing families we serve, we will amplify measures to recruit BIPOC and community members as volunteers



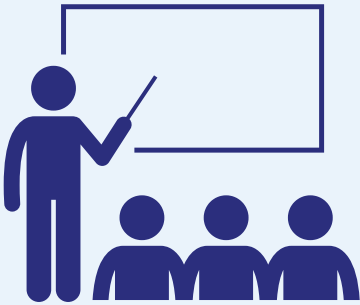
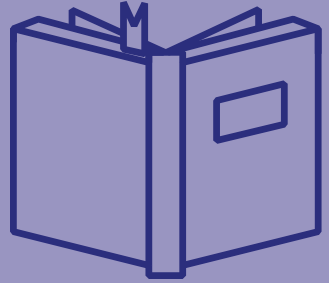


DEVELOP SCHOLARSHIP FUNDS

To support the training of Black, Indigenous and people of color as birth doulas

PROVIDE CONTINUED EDUCATION

On principles of racial equity, birth justice and the unique experiences of pregnant people of minoritized racial and ethnic groups to new and current volunteer birth doulas



EXPANDING PROGRAM ELIGIBILITY

Accepting volunteers with formal, non-DONA birth doula training that has focused on social justice and health equity

Dial-a-Doula is optimistic that these strategic changes in volunteer training and recruitment methods will better enable us to achieve our goal of advancing racial equity and birth justice through our work. We will continue to explore additional avenues for improvement, and value the input of our volunteers and clients!

Contact: dialadoula@umich.edu

Visit: <https://www.umwomenshealth.org/conditions-treatments/doula-services>