POLL QUESTIONS
Planning for Health Care Needs Before Traveling

November 2021

www.healthyagingpoll.org

NATIONAL POLL ON
HEALTHY AGING
UNIVERSITY OF MICHIGAN

Q1. Do you plan to travel over the holidays (November 2021–January 2022)?

1. Yes
2. No
3. Unsure

Q2. In the next year, do you plan to take any trips where you will travel at least 100 miles away from home and stay for 2 or more weeks? Select all that apply.

1. Yes, for 2–4 weeks
2. Yes, for 1 month or longer
3. No [SP]

If Q2 = 1 or 2

Q3. Where do you plan to travel in the next year? Select all that apply.

1. Within my state
2. Outside my state but within the U.S.
3. Outside the U.S.

If Q2 = 1 or 2

Q4. What type of transportation will you use when you travel in the next year? Select all that apply.

1. Car
2. Plane
3. Other

If Q2 = 1 or 2

Q5. Do you plan to do any of the following before you travel? Select all that apply.

	Yes	No	Not applicable
Ensure I have enough prescription medication for the duration of my trip			
Ensure I have enough medical supplies for the duration of my trip			
Visit my primary care provider before traveling			
Identify a doctor or clinic in the area I will travel to			
Check what my health insurance covers in the area I will travel to			
Purchase additional health insurance coverage			

If Q2 = 1 or 2

Q6. If you need to see a doctor while traveling, where would you likely seek care?
Please select all that apply.

1. My regular primary care provider via telehealth
2. Local hospital emergency room
3. Local clinic or doctor (not urgent care)
4. Local urgent care clinic or clinic in a pharmacy or store
5. I would not seek care while traveling

Data Source and Methods

This National Poll on Healthy Aging report presents findings from a nationally representative household survey conducted exclusively by NORC at the University of Chicago for the University of Michigan's Institute for Healthcare Policy and Innovation. National Poll on Healthy Aging surveys are conducted by recruiting from NORC's AmeriSpeak® probability-based panel in the U.S. This survey module was administered online and via phone in August 2021 to a randomly selected, stratified group of older adults age 50–80 (n=2,110). The sample was subsequently weighted to reflect population figures from the U.S. Census Bureau. The completion rate was 64% among panel members contacted to participate. The margin of error is ±1 to 3 percentage points for questions asked of the full sample and higher among subgroups.

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