



Healthy Habits Program



**MEDICAL SCHOOL
STUDENT-RUN FREE CLINIC**
UNIVERSITY OF MICHIGAN

Interested in improving your health?

- The UofM Student Run Free Clinic is offering monthly sessions on healthy living at the **Pinckney Library**.
- First session, **Saturday November 9th** at **2:30 pm**, is focused on scientifically proven ways to make behavior changes that last!
- If interested, fill out sheet below!