

# Older Adults' Preparedness to Age in Place



**April 2022** [www.healthyagingpoll.org](http://www.healthyagingpoll.org)



These questions are about staying in your home as you get older which is called “aging in place.”

**Q1. If you were unable to do these things on your own, do you have someone in your life who could help you with the following tasks?**

	Definitely yes	Probably yes	Probably no	Definitely no
Household chores				
Grocery shopping				
Personal care (such as bathing, helping to dress)				
Manage your finances				

**Q2. If you needed help with household chores, shopping, personal care, or managing finances, how confident are you that you could afford to pay for these services?**

1. Very confident
2. Somewhat confident
3. Not very confident
4. Not at all confident

**Q3. Is there a place or organization in your community that feels welcoming for people your age to socialize, exercise, and/or participate in activities?**

1. Yes
2. No
3. Don't know



**Q4. Do you think your current home has the features you would need to be able to continue living there as you age?**

1. Definitely yes
2. Probably yes
3. No

**Q5. Do you have any of the following in your home?**

	Yes	No
Grab bars in the bathroom		
Shower bench/chair		
Ramp into home/no stairs for entry		
Door frames wide enough for a wheelchair		
Roll in shower (barrier-free)		
Raised toilet height		
Lever door handles		
Main floor bathroom		
Main floor bedroom		

**Q6. How much consideration have you given to what modifications may be necessary for your home for you to be able to stay there as you age?**

1. A lot
2. Some
3. Little
4. None

**Q7. Do you have any smart technologies in your home, appliances and/or electronic devices that can be controlled remotely?**

1. Yes
2. No
3. Don't know

**Q8. Do you use any of the smart technologies listed below in your home? Please select all that apply.**

1. Smart stove alarm
2. Smart thermostat
3. Smart water/bath temperature monitor
4. Water leak detector
5. Smart medication pillbox
6. Large display/High visibility telephones
7. Personal emergency response system
8. Doorbell camera
9. Voice controlled assistive devices (e.g., Echo, iHome etc.)
10. Other
11. None of the above

**Q9. Do you have a disability, impairment, or chronic health condition that limits your activities?**

1. Yes
2. No

**Q10. How difficult is it for you to use the main rooms in your home due to clutter or the number of possessions you have?**

1. Very difficult
2. Somewhat difficult
3. Not very difficult
4. Not at all difficult

**Q11. Have you moved in the past 5 years?**

1. Yes
2. No



If Q11 = 1

**Q12. During your last move, did you...**

	Yes	No
move to a smaller home		
move closer to relatives		
move in with relatives or have relatives move in with you		
move to a home that is easier to get around in (e.g., a single-story home)		

**Q13. In the next 5 years, are you planning to...**

	Yes	No	Maybe
move to a smaller home?			
move closer to relatives?			
move in with relatives or have relatives move in with you?			
move to a home that is easier to get around in (e.g., a single-story home)?			

**Q14. How important is it for you to be able to stay in your current home for as long as possible?**

1. Very important
2. Somewhat important
3. Not important

**Data Source and Methods**

This National Poll on Healthy Aging report presents findings from a nationally representative household survey conducted exclusively by NORC at the University of Chicago for the University of Michigan’s Institute for Healthcare Policy and Innovation. National Poll on Healthy Aging surveys are conducted using NORC’s AmeriSpeak probability-based panel. This survey module was administered online and via phone in January and February 2022 to a randomly selected, stratified group of U.S. adults age 50–80 (n=2,277). The sample was subsequently weighted to reflect population figures from the U.S. Census Bureau. The completion rate was 68% among panel members contacted to participate. The margin of error is ±1 to 3 percentage points for questions asked of the full sample and higher among subgroups.

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