#### **Multidimensional Gender Identity Scale (MGIS)**

The self-report MGIS, as initially described by Egan and Perry (2001), is a 30-item questionnaire measuring four dimensions of gender identity for children and adolescents aged 8 (Bos & Sandfort, 2010) to 18 years old (Baiocco et al., 2021): *Gender Typicality* (6 items) reflects the degree to which a person believes their behaviors and interests are typical of their same-gender peers; *Gender Contentedness* (6 items) measures the degree to which a person is content with their gender of rearing; *Felt Pressure for Gender Conformity* (10 items) reflects the degree of social pressure a person feels to conform to gender stereotypes and to avoid gender-nonconforming interests and behaviors; *Intergroup Bias Scale* (8 items) measures the degree to which children are more likely to attribute positive qualities and less likely to attribute negative qualities to their own sex than to the other sex.

To reduce patient burden in completing the battery of screening questionnaires, abbreviated versions of the MGIS containing 3 scales were developed for use by the DSD Translational Research Network (DSD-TRN, <a href="https://dsdtrn.org/">https://dsdtrn.org/</a>) based on communications with the questionnaire developer (D. G. Perry, personal communications, February 2013). The child (8-12 years) and adolescent (13-18 years) versions each consist of 17 items: Gender Typicality (5 items), Gender Contentedness (5 items), and Felt Pressure (7 items). Scores for each subscale represent the mean of items rated on 4-point scales. Higher scores on Gender Typicality and Gender Contentedness reflect self-perceptions of higher gender typicality and gender contentedness, respectively, whereas higher Felt Pressure scores reflect greater felt pressure for gender conformity from adults or peers. The midpoint for all MGIS scales is 2.5 (e.g., the midpoint between perceiving oneself as typical or atypical of one's gender). Both child and adolescent versions of the modified MGIS have 2 forms, one for youth assigned as boys at birth

and one for those assigned as girls at birth – items are worded according to the gender of the person completing it but are otherwise identical. In our clinics, patients are administered the MGIS matching the gender assigned at birth or the gender they identify as at the time of the clinic visit.

#### **Scoring MGIS** (for both child and adolescent version):

1- Reverse the score for the following items:

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Part one:

Item 1: (1=4) (2=3) (3=2) (4=1)

Item 2: (1=4) (2=3) (3=2) (4=1)

Item 3: (1=4) (2=3) (3=2) (4=1)

Item 6: (1=4) (2=3) (3=2) (4=1)

Item 7: (1=4) (2=3) (3=2) (4=1)

Item 8: (1=4) (2=3) (3=2) (4=1)

Item 10: (1=4) (2=3) (3=2) (4=1)

Part two:

Item 6: (1=4) (2=3) (3=2) (4=1)
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2- Each dimension is determined via computing the mean of following items:

Items from part 1:

**Gender Typicality**: ([Reversed item 1] + [Reversed item 3] + [Item 5] + [Reversed item 7] + [Reversed item 8])/5

**Gender Contentedness**: ([Reversed item 2] + [Item 4] + [Reversed item 6] + [Item 9] + [Reversed item 10])/5

Items from part 2:

**Felt Pressure**: ([item 1] to ([item 5] + [Reversed item 6] + [Item 7])/7

#### References

- Baiocco, R., Antoniucci, C., Basili, E., Pistella, J., Favini, A., Martin, C., & Pastorelli, C. (2021). Perceived Similarity to Gender Groups Scale: Validation in a Sample of Italian LGB + and Heterosexual Young Adults. *Sex Res Social Policy*, 1-15. <a href="https://doi.org/10.1007/s13178-021-00631-5">https://doi.org/10.1007/s13178-021-00631-5</a>
- Bos, H., & Sandfort, T. G. (2010). Children's Gender Identity in Lesbian and Heterosexual Two-Parent Families. *Sex Roles*, *62*(1-2), 114-126. <a href="https://doi.org/10.1007/s11199-009-9704-7">https://doi.org/10.1007/s11199-009-9704-7</a>
- Egan, S. K., & Perry, D. G. (2001). Gender identity: a multidimensional analysis with implications for psychosocial adjustment. *Dev Psychol*, *37*(4), 451-463. https://doi.org/10.1037//0012-1649.37.4.451



Patient Name:
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## What I am Like for Boys Ages 8-12, part 1

<u>Directions</u>: We have some sentences here and, as you can see from where it says "What I am like," we are interested in what kind of a person you are like. This is not a test. There are no right or wrong answers, only what is true for you.

First let me explain how these questions work with this practice question:

ctice	Some people are go	ood at playing cards	BUT	Other people aren't go	od at playing cards.
Prac	Very true for me	Sort of true for me		Sort of true for me	Very true for me

This question talks about two kinds of people, and we want to know which people are most like you.

- 1. So, what I want you to decide first is whether <u>you</u> are more like the people on the left side who are good at playing cards or are you more like the people on the right side who aren't good at playing cards. Don't mark anything yet, but first decide which kind of person is <u>most like you</u> and go to that side of the sentence. Circle that side of the question before moving on.
- 2. Now, the <u>second</u> thing I want you to think about, now that you have decided which kind of person is most like you, is to decide whether that is only <u>sort of true for you</u>, or <u>very true for you</u>. If it's only sort of true for you, then circle "sort of true for me"; if it's very true for you, then circle "very true for me".
- 3. For each question, you only make two circles: The group of people you are most like (right or left side) then how true it is for you under that statement. Sometimes it will be on one side of the page, and other times it may be on the other side of the page. You can only circle one statement about how true it is for you per question. You don't circle one on both sides, just the one side most like you.

Some people are good at playing cards

BUT

Other people aren't good at playing cards.

Very true for me

Sort of true for me

Very true for me

In this practice item, the circle shows that the person who filled it out thinks that they are good at playing cards because "Some people are good at playing cards" was circled. The second circle around "very true for me" means that it is very true that they feel they are good at playing cards. You might choose a different answer for yourself.

4. OK, that one was just for practice. Now we have some more questions. For each question, make two circles. Circle the statement you agree more with and then circle if it is very true or sort of true for you. It is very important that you answer each question <u>honestly</u>.

MGIS – child, boy p. 1 of 3
Informant: Patient
Age: 8-12y Gender: boys

1.	•	e same interests that bys have	BUT	Other boys don't have to other boy	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
2.	Some boys feel luck	ky that they are a boy	BUT	Other boys don't feel bo	•
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
3.	in their spare time ar	ne things they like to do e <u>similar</u> to what most n their spare time	BUT	Other boys feel that the in their spare time are most boys like to do	e <u>different</u> from what
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
4.	•	t like being a boy	BUT	Other boys don't n	nind being a boy.
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
5.	· ·	are <u>different</u> from other bys	BUT	Other boys feel they are	e <u>similar</u> to other boys.
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
6.	• •	they'll grow up to be a an	BUT	T Other boys wish they could grow up t woman.	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
7.	•	same feelings that other s have	BUT	Other boys don't have to	•
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
8.	Some boys like to play that other boys do	with the same toys	BUT	Other boys don't like to toys that other boys do.	play with the same
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
9.	Some boys wish they all their life	didn't have to be a boy	BUT	Other boys are glad the life.	y'll be a boy all their
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
10.	Some boys are happy boy	that they were born a	BUT	Other boys are not happ boy.	by they were born a

## What I am Like for Boys Ages 8-12, part 2

<u>Directions</u>: This questionnaire contains some statements about how you, your parents, or your friends might feel about some things that concern you. Again, there are no right or wrong answers.

First let me explain how these questions work with this practice question:

Practico	My parents would get upset if I didn't	Not at all	A little true	Pretty true	Very true
Practice	do well in school.	true for me	for me	for me	for me

In this practice item, the circle shows that the person who filled it out thinks that it is pretty true for them that their parents would get upset if they did not do well in school. You might choose a different answer for yourself.

1.	The boys I know would be upset if I wanted to play with girls' toys.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
2.	My parents would be upset if they saw me acting like a girl.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
3.	I think it would be wrong for me to play with girls' toys or do girls' activities.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
4.	The boys I know wouldn't like it if I wanted to learn an activity that girls usually do.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
5.	I wouldn't like myself if I heard myself talking or laughing like a girl.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
6.	I would still like myself if I saw myself acting like a girl.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
7.	My parents wouldn't like it if I wanted to learn an activity that only girls do.	Not at all true for me	A little true for me	Pretty true for me	Very true for me



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## What I am Like for Girls Ages 8-12, part 1

<u>Directions</u>: We have some sentences here and, as you can see from where it says "What I am like," we are interested in what kind of a person you are like. This is not a test. There are no right or wrong answers, only what is true for you.

First let me explain how these questions work with this practice question:

ctice	Some people are g	ood at playing cards	BUT	Other people aren't go	od at playing cards.
Prac	Very true for me	Sort of true for me		Sort of true for me	Very true for me

This guestion talks about two kinds of people, and we want to know which people are most like you.

- 1. So, what I want you to decide first is whether <u>you</u> are more like the people on the left side who are good at playing cards or are you more like the people on the right side who aren't good at playing cards. Don't mark anything yet, but first decide which kind of person is <u>most like you</u> and go to that side of the sentence. Circle that side of the question before moving on.
- 2. Now, the <u>second</u> thing I want you to think about, now that you have decided which kind of person is most like you, is to decide whether that is only <u>sort of true for you</u>, or <u>very true for you</u>. If it's only sort of true for you, then circle "sort of true for me"; if it's very true for you, then circle "very true for me".
- 3. For each question, you only make two circles: The group of people you are most like (right or left side) then how true it is for you under that statement. Sometimes it will be on one side of the page, and other times it may be on the other side of the page. You can only circle one statement about how true it is for you per question. You don't circle one on both sides, just the one side most like you.

Some people are good at playing cards

BUT

Other people aren't good at playing cards.

Very true for me

Sort of true for me

Very true for me

In this practice item, the circle shows that the person who filled it out thinks that they are good at playing cards because "Some people are good at playing cards" was circled. The second circle around "very true for me" means that it is very true that they feel they are good at playing cards. You might choose a different answer for yourself.

4. OK, that one was just for practice. Now we have some more questions. For each question, make two circles. Circle the statement you agree more with and then circle if it is very true or sort of true for you. It is very important that you answer each question <u>honestly</u>.

MGIS – child, girl p. 1 of 3
Informant: Patient
Age: 8-12y Gender: girls

1.	_	e same interests that irls have	BUT	Other girls <u>don't</u> have the other girl	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
2.	Some girls feel lucl	ky that they are a girl	BUT	Other girls don't feel luc	ky that they are a girl.
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
3.	in their spare time ar	ne things they like to do re <u>similar</u> to what most n their spare time	BUT	Other girls feel that the t their spare time are diff girls like to do in t	erent from what most
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
4.	Some girls don	't like being a girl	BUT	Other girls don't n	nind being a girl.
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
5.		are <u>different</u> from other irls	BUT	Other girls feel they are	e <u>similar</u> to other girls.
	Very true for me	Sort of true for me	_	Sort of true for me	Very true for me
6	•	they'll grow up to be a man	BUT	Other girls wish they o	•
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
7.	_	ame feelings that other have	BUT	Other girls don't have to	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
8.		ay with the same toys er girls do.	BUT	Other girls don't like to toys that oth	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
9.	•	didn't have to be a girl eir life	BUT	Other girls are glad they	'll be a girl all their life
	Very true for me	Sort of true for me		Sort of true for me	Very true for me
10.		/ that they were born a	BUT	Other girls are not hap	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me

## What I am Like for Girls Ages 8-12, part 2

<u>Directions</u>: This questionnaire contains some statements about how you, your parents, or your friends might feel about some things that concern you. Again, there are no right or wrong answers.

First let me explain how these questions work with this practice question:

Practico	My parents would get upset if I didn't	Not at all	A little true	Pretty true	Very true
Practice	do well in school.	true for me	for me	for me	for me

In this practice item, the circle shows that the person who filled it out thinks that it is pretty true for them that their parents would get upset if they did not do well in school. You might choose a different answer for yourself.

1.	The girls I know would be upset if I wanted to play with boys' toys.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
2.	My parents would be upset if they saw me acting like a boy.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
3.	I think it would be wrong for me to play with boys' toys or do boys' activities.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
4.	The girls I know wouldn't like it if I wanted to learn an activity that boys usually do.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
5.	I wouldn't like myself if I heard myself talking or laughing like a boy.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
6.	I would still like myself if I saw myself acting like a boy.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
7.	My parents wouldn't like it if I wanted to learn an activity that only boys do.	Not at all true for me	A little true for me	Pretty true for me	Very true for me



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## What I am Like for Boys Ages 13-18, part 1

<u>Directions</u>: We have some sentences here and, as you can see from where it says "What I am like," we are interested in what kind of a person you are like. This is not a test. There are no right or wrong answers, only what is true for you.

First let me explain how these questions work with this practice question:

ctice	Some people are g	ood at playing cards	BUT	Other people aren't go	od at playing cards.
Prac	Very true for me	Sort of true for me		Sort of true for me	Very true for me

This question talks about two kinds of people, and we want to know which people are <u>most</u> like you.

- 1. So, what I want you to decide first is whether <u>you</u> are more like the people on the left side who are good at playing cards or are you more like the people on the right side who aren't good at playing cards. Don't mark anything yet, but first decide which kind of person is <u>most like you</u> and go to that side of the sentence. Circle that side of the question before moving on.
- 2. Now, the <u>second</u> thing I want you to think about, now that you have decided which kind of person is most like you, is to decide whether that is only <u>sort of true for you</u>, or <u>very true for you</u>. If it's only sort of true for you, then circle "sort of true for me"; if it's very true for you, then circle "very true for me".
- 3. For each question, you only make two circles: The group of people you are most like (right or left side) then how true it is for you under that statement. Sometimes it will be on one side of the page, and other times it may be on the other side of the page. You can only circle one statement about how true it is for you per question. You don't circle one on both sides, just the one side most like you.

Some people are good at playing cards

BUT

Other people aren't good at playing cards.

Very true for me

Sort of true for me

Very true for me

In this practice item, the circle shows that the person who filled it out thinks that they are good at playing cards because "Some people are good at playing cards" was circled. The second circle around "very true for me" means that it is very true that they feel they are good at playing cards. You might choose a different answer for yourself.

4. OK, that one was just for practice. Now we have some more questions. For each question, make two circles. Circle the statement you agree more with and then circle if it is very true or sort of true for you. It is very important that you answer each question <u>honestly</u>.

Age: 13-18y Gender: boys

1.	Some boys have the same interests that other boys have		BUT	Other boys <u>don't</u> have the other boy		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
2.	Some boys feel lucky	y that they are a boy	BUT	Other boys don't feel luc	ky that they are a boy.	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
3.	Some boys feel that the in their spare time are boys like to do in	e <u>similar</u> to what most	BUT	Other boys feel that the in their spare time are di boys like to do in	fferent from what most	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
4.	4. Some boys don't like being a boy			Other boys don't mind being a boy.		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
5.	5. Some boys feel they are <u>different</u> from other boys		BUT	Other boys feel they are	similar to other boys.	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
6.	Some boys are glad they'll grow up to be a man		BUT	Other boys wish they could grow up to be woman.		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
7.	Some boys have the sa boys	_	BUT	Other boys <u>don't</u> have the same feelings the other boys have.		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
8.	Some boys like to do the other boys in their free		BUT	Other boys don't like to other boys in their free ti		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
9.	Some boys wish they d	lidn't have to be a boy	BUT	Other boys are glad they life.	I'll be a boy all their	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	
10.	Some boys are happy to	that they were born a	BUT	Other boys are not happ boy.	y they were born a	
	Very true for me	Sort of true for me		Sort of true for me	Very true for me	

## What I am Like for Boys Ages 13-18, part 2

<u>Directions</u>: This questionnaire contains some statements about how you, your parents, or your friends might feel about some things that concern you. Again, there are no right or wrong answers.

First let me explain how these questions work with this practice question:

Proctice	My parents would get upset if I didn't	Not at all	A little true	Pretty true	Very true
Practice	do well in school.	true for me	for me	for me	for me

In this practice item, the circle shows that the person who filled it out thinks that it is pretty true for them that their parents would get upset if they did not do well in school. You might choose a different answer for yourself.

1.	The boys I know would be upset if I wanted to do what girls like to do for fun in my free time.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
2.	My parents would be upset if they saw me acting like a girl.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
3.	I think it would be wrong for me to do girls' activities in my free time.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
4.	The boys I know wouldn't like it if I wanted to learn an activity that girls usually do.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
5.	I wouldn't like myself if I heard myself talking or laughing like a girl.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
6.	I would still like myself if I saw myself acting like a girl.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
7.	My parents wouldn't like it if I wanted to learn an activity that only girls do.	Not at all true for me	A little true for me	Pretty true for me	Very true for me



Patient Name:
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# What I am Like for Girls Ages 13-18, part 1

<u>Directions</u>: We have some sentences here and, as you can see from where it says "What I am like," we are interested in what kind of a person you are like. This is not a test. There are no right or wrong answers, only what is true for you.

First let me explain how these questions work with this practice question:

ctice	Some people are good at playing cards		BUT	Other people aren't good at playing care		
Prac	Very true for me	Sort of true for me		Sort of true for me	Very true for me	

This guestion talks about two kinds of people, and we want to know which people are most like you.

- 1. So, what I want you to decide first is whether <u>you</u> are more like the people on the left side who are good at playing cards or are you more like the people on the right side who aren't good at playing cards. Don't mark anything yet, but first decide which kind of person is <u>most like you</u> and go to that side of the sentence. Circle that side of the question before moving on.
- Now, the <u>second</u> thing I want you to think about, now that you have decided which kind of person is most like you, is to decide whether that is only <u>sort of true for you</u>, or <u>very true for you</u>. If it's only sort of true for you, then circle "sort of true for me"; if it's very true for you, then circle "very true for me".
- 3. For each question, you only make two circles: The group of people you are most like (right or left side) then how true it is for you under that statement. Sometimes it will be on one side of the page, and other times it may be on the other side of the page. You can only circle one statement about how true it is for you per question. You don't circle one on both sides, just the one side most like you.

Some people are good at playing cards

BUT

Other people aren't good at playing cards.

Very true for me

Sort of true for me

Very true for me

In this practice item, the circle shows that the person who filled it out thinks that they are good at playing cards because "Some people are good at playing cards" was circled. The second circle around "very true for me" means that it is very true that they feel they are good at playing cards. You might choose a different answer for yourself.

4. OK, that one was just for practice. Now we have some more questions. For each question, make two circles. Circle the statement you agree more with and then circle if it is very true or sort of true for you. It is very important that you answer each question <u>honestly</u>.

MGIS – adolesc., girl p. 1 of 3
Informant: Patient

Age: 13-18y Gender: girls

1.	<ol> <li>Some girls have the same interests that other girls have</li> </ol>		BUT	Other girls don't have the same interests that other girls have.			
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
2.	Some girls feel luck	y that they are a girl	BUT	Other girls don't feel luc	ky that they are a girl.		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
3.	in their spare time are	e things they like to do e <u>similar</u> to what most n their spare time	BUT	Other girls feel that the t their spare time are <u>diff</u> girls like to do in t	erent from what most		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
4.	Some girls don'	t like being a girl	BUT	Other girls don't n	nind being a girl.		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
5.	<u> </u>	are <u>different</u> from other rls	BUT	Other girls feel they are	e <u>similar</u> to other girls.		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
6	•	hey'll grow up to be a man	BUT	Other girls wish they o	•		
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
7.		ame feelings that other have	BUT	Other girls don't have to			
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
8.		o the same things as their free time	BUT	Other girls don't like to other girls in the			
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
9.	-	didn't have to be a girl eir life	BUT	Other girls are glad they'll be a girl all the			
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		
10.		that they were born a	BUT Other girls are not happy they were bo girl.				
	Very true for me	Sort of true for me		Sort of true for me	Very true for me		

## What I am Like for Girls Ages 13-18, part 2

<u>Directions</u>: This questionnaire contains some statements about how you, your parents, or your friends might feel about some things that concern you. Again, there are no right or wrong answers.

First let me explain how these questions work with this practice question:

Proctice	My parents would get upset if I didn't	Not at all	A little true	Pretty true	Very true
Practice	do well in school.	true for me	for me	for me	for me

In this practice item, the circle shows that the person who filled it out thinks that it is pretty true for them that their parents would get upset if they did not do well in school. You might choose a different answer for yourself.

1.	The girls I know would be upset if I wanted to do what boys like to do for fun in my free time.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
2.	My parents would be upset if they saw me acting like a boy.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
3.	I think it would be wrong for me to do boys' activities in my free time.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
4.	The girls I know wouldn't like it if I wanted to learn an activity that boys usually do.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
5.	I wouldn't like myself if I heard myself talking or laughing like a boy.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
6.	I would still like myself if I saw myself acting like a boy.	Not at all true for me	A little true for me	Pretty true for me	Very true for me
7.	My parents wouldn't like it if I wanted to learn an activity that only boys do.	Not at all true for me	A little true for me	Pretty true for me	Very true for me