Q1. Which, if any, of the following prescription medications used for weight management have you heard about?
Select all that apply.
1. Wegovy (generic name is semaglutide)
2. Ozempic (generic name is semaglutide)
3. Saxenda (generic name is liraglutide)
4. Qsymia (generic name is phentermine-topiramate)
5. Contrave (generic name is bupropion-naltrexone)
6. Phentermine
7. Never heard of any of these medications

If Q1 = any 1–6 are checked

Q2. Have you ever taken any of the following prescription medications used for weight management?
Note rows were populated with responses from Q1.
Select all that apply.
1. Wegovy (generic name is semaglutide)
2. Ozempic (generic name is semaglutide)
3. Saxenda (generic name is liraglutide)
4. Qsymia (generic name is phentermine-topiramate)
5. Contrave (generic name is bupropion-naltrexone)
6. Phentermine
7. None of the above

If Q1 = any 1–6 are checked

Q3. Where did you hear about these prescription medications used for weight management?
Select all that apply.
1. The news (e.g., TV, magazines, newspapers)
2. Social media (e.g., Facebook, Twitter, Instagram)
3. Advertisement on TV, internet, or radio
4. Online search
5. From friends or family
6. My health care provider recommended one or more of these medications for me
7. Other
Q4. Have you ever done any of the following to lose weight?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Yes, on my own</th>
<th>Yes, with a health care provider’s recommendation</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Changed your diet (e.g., reduced food intake or used a special food program)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Engaged in physical activity/exercise</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Worked with a registered dietician or nutritionist</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Worked with a personal trainer</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Used an app or online program to track diet, exercise, and behavior change</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Taken supplements or other over-the-counter medication</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Had bariatric surgery</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q5. Do you think health insurance should cover the following treatments for overweight and obesity?

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prescription medication which has been FDA approved for weight loss</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Weight loss surgery such as gastric sleeve, gastric band, or gastric bypass surgery</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sessions with a registered dietician or nutritionist</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sessions with a personal trainer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Membership to a gym or fitness facility</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apps or online programs to track diet, exercise, and/or behavior change</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q6. Would you favor or oppose the following regarding FDA-approved prescription medication for weight management?

<table>
<thead>
<tr>
<th>Action</th>
<th>Favor</th>
<th>Oppose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Require Medicare to cover these medications</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pay more for your Medicare premium to have these medications covered, even if you do not use these medications yourself</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Q7. How much do you agree or disagree with the following statements:

<table>
<thead>
<tr>
<th>I would be interested in taking prescription medications for weight management.</th>
<th>Strongly agree</th>
<th>Somewhat agree</th>
<th>Somewhat disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
</table>

Q8. Have you ever been overweight?
1. Yes
2. No

Q9. Currently, I am...
1. Underweight
2. About the right weight
3. Slightly overweight
4. Overweight

Data Source and Methods
This National Poll on Healthy Aging report presents findings from a nationally representative household survey conducted exclusively by NORC at the University of Chicago for the University of Michigan’s Institute for Healthcare Policy and Innovation. National Poll on Healthy Aging surveys are conducted using NORC’s AmeriSpeak probability-based panel. This survey module was administered online and via phone from July 17th – August 7th, 2023 to a randomly selected, stratified group of U.S. adults age 50–80 (n=2,657). The sample was subsequently weighted to reflect population figures from the U.S. Census Bureau. The completion rate was 50% among panel members contacted to participate. The margin of error is ±1 to 5 percentage points for questions asked of the full sample and higher among subgroups.

Findings from the National Poll on Healthy Aging do not represent the opinions of the University of Michigan. The University of Michigan reserves all rights over this material.

National Poll on Healthy Aging Team
Jeffrey Kullgren, MD, MS, MPH, Director
Erica Solway, PhD, MPH, MSW, Deputy Director
Scott Roberts, PhD, Associate Director
Lauren D. Oshman, MD, MPH, Faculty Collaborator
Dianne Singer, MPH, Poll Manager
Matthias Kirch, MS, Data Lead
Nicholas Box, MPA, Data Analyst
Emily Smith, MA, Multimedia Designer
Lauren Hutchens, MPH, Contributing Editor

The Regents of the University of Michigan
Jordan B. Acker (Huntington Woods), Michael J. Behm (Grand Blanc), Mark J. Bernstein (Ann Arbor), Paul W. Brown (Ann Arbor), Sarah Hubbard (Okemos), Denise Ilitch (Bingham Farms), Ron Weiser (Ann Arbor), Katherine E. White (Ann Arbor), Santa J. Ono (ex officio)

The University of Michigan is a Non-discriminatory, Affirmative Action Employer.
© 2023, The Regents of the University of Michigan