FIBROBLAST GROWTH REGULATORY FACTOR INHIBITS DNA SYNTHESIS IN BALB/c 3T3 CELLS BY ARRESTING IN G1

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SUMMARY

A cell surface macromolecular component from quiescent BALB/c 3T3 mouse cells (designated fibroblast growth regulatory factor, FGRF) inhibits DNA synthesis and cell division in growing 3T3 cells. Addition of FGRF to synchronized populations of growing 3T3 cells in the late G1 or early S phase did not inhibit DNA synthesis in the immediate S phase. However, a significant inhibition was observed in the S phase of the next round of cell cycle. Cells exposed to the regulatory factor in late S/early G2 or early G1 showed reduced DNA synthesis in the upcoming S phase; the late S/early G2 cells were more sensitive to inhibition than the cells in the G1. Further, the regulatory factor delayed the progression of G0/G1-arrested cells into the next S phase. These results suggest that the physiological effect of FGRF is to arrest cells in early G1, thus preventing their entry into a new round of cell cycle. In contrast to untransformed 3T3 cells, mouse cells transformed by SV40 were not subjected to growth-arrest by the regulatory factor, although the transformed cells contain active FGRF that inhibits DNA synthesis in growing 3T3 cells.
we proposed [4] that the onset of quiescence of sparse 3T3 cells is due to a causal relationship between depletion of growth factors in the culture medium and the presence of active FGRF on the cell surface; further, conversion of active FGRF to an inactive form under favorable nutritional status may be viewed as a switch to allow DNA synthesis and cell division. In this report we provide experimental evidence to suggest that the physiological effect of the FGRF is to arrest cells in early G1, thus preventing DNA synthesis and cell division. We also show that mouse cells transformed by Simian virus-40 (SV-3T3) are not subjected to growth-arrest by the regulatory factor, although the transformed cells contain active FGRF that inhibits DNA synthesis in 3T3 cells.

MATERIALS AND METHODS

Cell culture
BALB/c 3T3 mouse cells and SV40-transformed (SV-3T3) cells were obtained from Dr W. W. Brockman and were free of mycoplasma as judged by radioautography. Sparse quiescent cultures of 3T3 cells were obtained by seeding 1 x 10^5 cells in 60 mm (Lux) dishes in Eagle's modified minimal essential medium with 2 or 4% calf serum (GIBCO) and incubating them at 37°C for 72-96 h in a humidified CO₂ incubator without medium change, at which time 40-50% confluency was obtained [5]. In some experiments, 1 x 10^6 cells were grown in 2% serum for 48 h and incubated for a period of 12 h in serum-free medium containing 250 μg/ml of crystalline bovine serum albumin, and the culture incubated for 12 h at 37°C in a CO₂ incubator. The medium was removed and the cells, washed with PBS, were extracted with urea solution as described. For a comparable extract from 3T3 cells, an identical protocol was used for culture of cells and extraction of FGRF.

DNA synthesis
The number of cells actively synthesizing DNA was determined by autoradiography of labeled nuclei. The concentration of [³H]thymidine (New England Nuclear) and the time of exposure are given with each experiment. In general, the cells were grown on coverslips (two 22 mm square coverslips/60 mm dish). After treatment with [³H]thymidine the cells were washed in divalent cation-free PBS, and fixed with ethanol-acetic acid (3 : 1 vol/vol). The coverslips were washed with 70% ethanol, dried, mounted on glass slides and coated with NTB-2 Kodak Nuclear Track emulsion. After appropriate time of exposure, the emulsion was developed and the number of nuclei labeled as well as the total number of cells were counted. The data are expressed as percent nuclei labeled (labeling index); the values are averages of 400-500 cells counted from two coverslips from each dish in duplicates.

Mitotic index
To determine the percentage of cells in mitosis (mitotic index), cells were swelled in 0.56% KCl, fixed in methanol-acetic acid (3:1 vol/vol) and stained with Giemsa stain.

RESULTS

Response of G1 cells to FGRF
When quiescent 3T3 cells, arrested primarily in the G0/G1 stage by serum limitation, are stimulated with serum, synthesis of DNA resumes after a lag period. In den-
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Fig. 1. Abscissa: time (hours); ordinate: nuclei labeling index (%).

Kinetics of nuclei labeling (A) as a function of concentrations of extract from quiescent 3T3 cells (µg protein/ml as indicated next to each curve); (B) with extracts (20 µg protein/ml) from quiescent cells (●—●) or from UDP-GlcNAc-treated restored cells (△—△). Cells (1 x 10⁵/60 mm dish) were seeded in 4% serum and grown for 72 h to achieve quiescence. At zero time, the medium was replaced with complete medium containing 10% serum, [³H]thymidine (1 µCi/ml) and various extracts. Cells were fixed for autoradiography at the times specified.

Fig. 2. Abscissa: time (hours); ordinate: nuclei labeling index (%).

Kinetics of nuclei labeling after release of hydroxyurea-arrested cells in 10% serum with (●—●) and without (○—○) extract (20 µg protein/ml) from quiescent cells. Cells (2-3 x 10⁵/60 mm dish) were treated with hydroxyurea, washed with warm PBS and incubated in complete medium with 10% serum with or without extract. To separate sets of dishes [³H]thymidine (1 µCi/ml) was added (A) at zero time; (B) at 11 h. Cells were fixed for autoradiography at times indicated after release of hydroxyurea block.

Density-inhibited quiescent cells the lag period is approx. 12-14 h [1-3]. However, cells plated in low serum concentration reach quiescence in sparse culture density as judged by low uptake rates of various metabolites, reduced rate of DNA synthesis (less than 10% of that seen in growing cells) as well as no increase in cell number upon further incubation (cf ref. [5]). Upon serum addition, these cells begin DNA synthesis in 4-6 h and the nuclei labeling index reaches a maximum value in 12-16 h; a representative experiment is illustrated in fig. 1. It would appear that, under these conditions, these cells are presumably arrested in G1 and not in a 'G0 loop'.

The effect of various concentrations of active FGRF on the kinetics of nuclei labeling after addition of serum to sparse quiescent 3T3 cells is shown in fig. 1A. At 20 µg of protein/ml there was a significant delay in the onset of DNA synthesis as compared with a control culture without FGRF; a maximum delay of about 3 h is seen at higher concentrations of the factor. Interestingly, in all cases the slopes of the curves following the lag periods were approximately the same, indicating that addition of FGRF only delayed their entry into the S phase, and that at the end of the extended G1 period the cells exposed to FGRF were able to synthesize DNA almost at the same rate as that of a control culture (cf fig. 1B).

The experiments depicted in fig. 1B compare the labeling kinetics of cells treated with the active FGRF from quiescent cells and the inactive factor isolated from 're-
Extent of nuclei labeling as a function of incubation time with extracts (20 μg protein/ml) from quiescent cells (○—○), UDP-GlcNAc-treated restored cells (△—△), and UDP-GlcNAc-treated quiescent cells (□—□) and UDP-GlcNAc-treated restored cells (△—△). Cells (2×10⁶/60 mm dish) were treated with hydroxyurea, washed with warm PBS and incubated in complete medium with 10% serum. Extracts or PBS were added to separate dishes at times indicated. At 12 h after release of hydroxyurea block, [³H]thymidine (1 μCi/ml) was added to each dish, and cells were fixed for autoradiography after an additional 18 h incubation period. The % labeling index in PBS control was 68% with a maximum variation of ±2% between samples. The data are expressed as relative labeling index. To determine the time required for the hydroxyurea-arrested cells to complete their entry into S phase after serum stimulation, [³H]thymidine (1 μCi/ml) was added at zero time to separate dishes containing complete medium with 10% serum only; at times specified, the cells were fixed for autoradiography, and the data are expressed as % labeling index (○—○).

Effect of FGRF on S phase cells

It is well-established that growing cells can be arrested in early S phase by hydroxyurea [6]; when fresh serum is added after removing hydroxyurea, these cells reinitiate DNA synthesis rapidly. In several experiments 3T3 cells blocked in the early S phase showed maximum nuclei labeled in a 3–5 h period after serum stimulation.

In order to determine whether FGRF would influence the time required to complete their entry into S phase when added to early S phase cells, the kinetics of nuclei labeling were compared with and without FGRF in 10% serum after removing hy-
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time of serum stimulation. The curve represented by the dashed line in fig. 3 shows that, in this experiment, the percentage nuclei labeled reached a maximum value at about 3 h.

To a separate set of dishes aliquots of FGRF were added at specific time intervals after release of cells blocked by hydroxyurea. Twelve hours after serum addition, solutions of [3H]thymidine were added to all dishes and the cultures incubated for another 18 h prior to fixing cells for radioautography. The results of two such representative experiments are also displayed in fig. 3. It is clear that exposure of S phase cells (between 0 and 3 h) to FGRF resulted in a significant inhibition (20-30%) of DNA synthesis in post-mitotic daughter cells (although, as already seen in fig. 2A, no inhibition was observed in the S phase immediately after the addition of serum and FGRF). Interestingly, when FGRF was added to cells in late S or early G2 (between 4 and 8 h after serum stimulation) the extent of inhibition was higher, increasing by almost 2-fold to an average value of 50% at about 6-7 h; a small reduction in DNA synthesis was seen when FGRF was added at 9-10 and 15 h after release of hydroxyurea block, at which times they were presumably in G2 or G1 of the following cycle.

Control experiments, also included in fig. 3, with inactive FGRF from restored cells showed no inhibition of DNA synthesis when added at various time periods after release of cells arrested by hydroxyurea. The above results do not reveal whether addition of FGRF to S phase cells extended G2 period as it did to G1 period when FGRF was added to G1-arrested cells (see fig. 1). To examine this, the kinetics of appearance of cells in mitosis were measured after addition of FGRF to cells during S phase. For this experiment serum-arrested cells were

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Table 1. Inhibition of DNA synthesis by extracts from 3T3 and SV-3T3 cells

<table>
<thead>
<tr>
<th>Source of extract</th>
<th>Percentages of nuclei labeled&lt;sup&gt;a&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3T3 Expt 1</td>
</tr>
<tr>
<td>No extract</td>
<td>35 (100)</td>
</tr>
<tr>
<td>3T3 cells&lt;sup&gt;b&lt;/sup&gt;</td>
<td>19 (54)</td>
</tr>
<tr>
<td>SV-3T3 cells&lt;sup&gt;b&lt;/sup&gt;</td>
<td>14 (40)</td>
</tr>
</tbody>
</table>

<sup>a</sup> Cells (2–3×10⁵) growing on 60 mm dishes (containing coverslips) in complete medium with 10% serum were incubated with extracts from 3T3 or SV-3T3 cells (44 μg protein/ml in expt 1, and 30 μg protein/ml in expt 2) for 24 h at 37°C in a CO₂ incubator and pulsed with 1 μCi/ml of [³H]thymidine for 2 h, and prepared for autoradiography. 'No extract' indicates controls with 10% serum only. The values are averages of at least 200 cells counted from two different dishes; each number in parentheses expresses the percentage of no-extract controls.

<sup>b</sup> 1×10⁶ cells were seeded in 60 mm dishes in 4% serum and grown for 72 h followed by incubation for 12 h in serum-free medium containing 250 μg/ml of crystalline bovine serum albumin. Extracts were prepared as described [4]. Expts 1 and 2 indicate two separate experiments with extracts prepared from separate batches of cells on two different days.

Response of mitotic cells to FGRF

The cumulative results presented thus far suggest that FGRF blocks DNA synthesis by arresting cells in the G1 phase of the cell cycle. To locate the approximate position of the growth-arrest point in G1, mitotic cells were plated out in complete medium in 10% serum containing [³H]thymidine and aliquots of active FGRF were added to separate dishes at various times after serum addition; the extent of DNA synthesis was measured at the end of 20 h by autoradiography of labeled nuclei. The data presented in fig. 5 reveal significant inhibition of DNA synthesis in the next S phase when FGRF was added in early G1 (i.e., up to 2 h after plating of the mitotic cells); addition of FGRF beyond the 2 h time point, however, had very little effect on DNA synthesis. A control experiment showed that significant inhibition of DNA synthesis was seen in post-mitotic daughter cells whether FGRF was added at zero h or at 5 h (fig. 5, solid circles). A separate experiment (not shown) revealed that, in the absence of FGRF, the time required for the onset of DNA synthesis by mitotic cells plated in 10% serum was approx. 9 h. We interpret these results to mean that there is a unique point, approx. 2–3 h into G1 (and 6–7 h before the beginning of S phase), beyond which added FGRF is not able to prevent the progression of cells into the next round of cell cycle.

DNA synthesis in SV-3T3 cells

In contrast to their normal or untransformed counterparts, cells transformed by
tumor viruses have decreased requirement for growth factors; in some instances they also appear to have lost the normal growth controls [1, 2, 7]. In view of this, experiments were designed to examine whether (a) active FGRF from quiescent 3T3 cells inhibits DNA synthesis in growing SV-3T3 cells, and (b) SV-3T3 cells contain the regulatory factor that influences DNA synthesis in growing 3T3 cells. The results of two such experiments, summarized in table 1, show that extracts from quiescent 3T3 cells failed to inhibit DNA synthesis in growing SV-3T3 cells relative to controls with no extract, whereas the same extract reduced the labeling index by an average value of 40% in growing 3T3 cells. Similar results have been reported [8] using octylglucoside extracts of plasma membrane-enriched fraction from density-inhibited Swiss 3T3 cells.

The results displayed in table 1 also show that extracts prepared from 'quiescent' SV-3T3 cells (in a manner identical with that described for quiescent 3T3 cells) inhibited DNA synthesis in growing 3T3 cells; the extent of inhibition was about the same as that seen with active FGRF from 3T3 cells. However, extracts prepared from SV-3T3 cells showed only a marginal effect on transformed cells.

DISCUSSION

Evidence in the literature suggests that of the four distinct phases of the cell cycle (G1, S, G2 and M), the G1 period is a major site for control of proliferation of animal cells. For example, when cells are seeded in sparse culture in low serum concentration, or allowed to grow in high serum concentration to density-inhibited state, they become arrested in the G0/G1 stage of the cell cycle [1–3]. Nutritional manipulation such as amino acid starvation also leads to cells' arrest in G1 [9]. Inhibition of cell division by interferon in mouse cell lines and a human strain has also been correlated with the delayed entry of G0/G1 cells into the S phase [10], although some extension of S+G2 period is also seen [11]. A series of kinetic experiments on the cells' re-entry from quiescence to S phase under a variety of conditions has led to the proposal of a restriction-point control in G1 [12]; sequential addition of platelet-derived growth factor and platelet-poor plasma reveal additional growth-arrest points in the G1 stage of the cell cycle [13].

The experiments described here were designed to analyse the physiological effect of FGRF in the cell cycle. The results show that addition of FGRF to a synchronized population of BALB/c 3T3 cells in late G1 or early S did not influence DNA synthesis during the immediate S phase. However, a significant decrease in DNA synthesis was observed in post-mitotic daughter cells. FGRF added to late S/early G2 cells or cells entering G1 after mitosis showed inhibition of DNA synthesis during the upcoming S phase. Further, addition of increasing concentrations of FGRF in the presence of 10% serum to cells arrested in G1 by serum limitation progressively delayed their entry into the S phase, although eventually they were able to traverse the G1. These results suggest that FGRF blocks DNA synthesis and cell division by arresting cells in G1, thus preventing their entry into a new round of cell cycle (fig. 6).

The precise location of the FGRF-mediated growth-arrest point in G1 is uncertain. The results shown in fig. 5 suggest that it may be located somewhere in early G1, since addition of FGRF at 3 h after plating of mitotic cells allowed them to escape the growth-arrest point and synthesize DNA in
a manner identical to that seen with the untreated cells. Although it is possible to argue that lack of inhibition of DNA synthesis may be due to the limited exposure of late G1 cells to FGRF, however, this appears unlikely because a slightly longer exposure time of 1-2 h (cf fig. 5) was sufficient to cause inhibition. Further, examination under a microscope revealed no difference in the attachment or flattening of mitotic cells treated with or without FGRF.

The extension of G1 period of cells arrested by serum limitation in the presence of FGRF (see fig. 1) is also consistent with the notion that FGRF-mediated growth-arrest point is in early G1; whether or not it is identical to the G0/G1 point remains to be established. Because increasing concentration of FGRF progressively extends the G1 period, and also incrases the inhibition of DNA synthesis in non-synchronous cell population (cf ref. 4), it is reasonable to propose that the cell cycle may be under positive regulatory control by serum factors and negative control by FGRF, and the overall effect is determined by the relative concentrations of these components.

An important question in regard to the physiological effect of FGRF is where and how in the cell cycle does it interact leading to the cells' arrest in G1? The results obtained thus far show that FGRF added to cells in G1 and S inhibits DNA synthesis significantly (between 25 and 30%) as compared with untreated controls. However, addition of FGRF to late S/early G2 cells shows a greater extent of inhibition in the following S phase. One plausible explanation of this result is that alterations in the membrane environment as the cells begin to round up for mitosis may allow a more efficient interaction of FGRF with the cell surface.

It has been reported [14] that plasma membrane-enriched fraction from SV-3T3 cells had a marginal inhibitory effect on DNA synthesis in sparse 3T3 cells and no effect on SV-3T3 cells. In our experiments FGRF isolated from SV-3T3 cells inhibited DNA synthesis in 3T3 cells; at comparable protein concentration, inhibition was similar to that seen with FGRF from quiescent 3T3 cells. This apparent discrepancy may be due to different growth conditions of the transformed cell lines. For isolation of FGRF from SV-3T3, 1×10⁶ cells were seeded in 4% serum and grown for 72 h followed by incubation for 12 h in serum-free medium containing crystalline bovine serum albumin; under these conditions growth of cells was significantly reduced approaching 'quiescence'. Whittenberger & Glaser [14], on the other hand, grew SV-3T3 cells to multilayer density in complete medium with 10% serum; presumably, these cells were still growing at a significant rate. It should be recalled in this con-
text that FGRF isolated from growing cells did not inhibit DNA synthesis [4].

The reason why active FGRF isolated from untransformed or transformed cells does not inhibit DNA synthesis in SV-3T3 cells is not clear. Pardee [12] has proposed that the distinctive properties of the transformed cells may reflect the loss of 'restriction-point' (R-point) control which is a switching point in G1 that regulates re-entry of normal cells into a new round of cell cycle. Although the evidence presented here suggests that the FGRF-sensitive growth-arrest point also lies in G1, it is possible, but not proved, that the action of FGRF may require a functional restriction-point in G1. Alternatively, it is equally possible to envisage that the transformed cells lack a separate component which is required for the expression of the inhibitory effect of FGRF.

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REFERENCES


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