SYSTEMIC AND INTRACEREBROVENTRICULAR EFFECTS
OF OPIOID PEPTIDES IN
WITHDRAWN MORPHINE-DEPENDENT RhesUS MONKEYS

Debra E. Gmerek, Jonathan L. Katz, Charles P. France
and James H. Woods

Department of Pharmacology, University of Michigan
Ann Arbor, Michigan 48109

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Summary

The effects of the degradation-resistant enkephalin
analogs FK 33-824 and metkephamid were determined
after systemic and intracerebroventricular (i.c.v.)
administration in withdrawn morphine-dependent rhesus
monkeys. Both peptides suppressed completely signs of
12-hr morphine deprivation, as does the prototype
mu-receptor agonist morphine. The peptides were 100
and 2000 times more potent, respectively, after i.c.v.
than s.c. injection. Thus, although peptidase-
resistant, these compounds have restricted entrance
into the central nervous system after systemic admin-
istration. The i.c.v. administration of compounds in
rhesus monkeys should prove to be a valuable tool in
the study of peptide ligands for opiate receptors.

Centrally acting compounds which are large molecular weight
and poorly soluble in lipids have difficulty penetrating the
blood-brain barrier (BBB). Some compounds (e.g., peptides) are
in addition rapidly metabolized in peripheral tissues. Thus,
these compounds may be more readily and economically studied by
injecting them directly into the cerebroventricular system.
This technique is particularly useful when investigating activ-
ities of endogenous opioid peptides and their analogs.

The single-dose suppression (SDS) test in morphine-
dependent rhesus monkeys is a well-established method for
determining various activities of opioids in non-human primates.
In this procedure, dependent monkeys (3 mg/kg/6 hr) are deprived
of two consecutive maintenance doses of morphine. Single doses
of test agents are then administered to the withdrawn animals
and their behavior is monitored. Compounds which act at mu-
receptors suppress signs of abstinence in morphine-deprived
dependent monkeys (1). Very few peptides have been studied, in
part, perhaps, due to the presumed rapid systemic degradation
and poor central nervous system penetration. We have now
established a procedure for intracerebroventricular (i.c.v.)
administration of opioids in rhesus monkeys. In preparation for
studies with rapidly degraded (systemically inactive) compounds, we have characterized the effects of two enzyme-resistant peptides, FK 33-824 and metkephamid, in the SDS test after systemic and i.c.v. administration. The relative systemic and i.c.v. potencies for suppressing morphine-abstinence were compared.

MATERIALS AND METHODS

Cannulation Mature morphine-dependent rhesus monkeys weighing 4-6 kg were anesthetized with ketamine and pentobarbital. They were implanted with stainless steel cannula (Plastic Products) directed towards the lateral cerebral ventricle according to the atlas of Snider and Lee (2). Standard aseptic and stereotaxic techniques were used. Cannula placements were verified by radiography immediately after surgery and every 6 weeks thereafter. Anesthetized monkeys were x-rayed before and after injection of metrizamide (15 mg; Winthrop). Only those animals with evidence of dye in the cerebroventricular space were used.

SDS Procedure Rhesus monkeys maintained on 3 mg/kg morphine sulfate (s.c.) every 6 hr for at least 90 days were deprived of morphine for 12-16 hr. Single doses of test agents were then administered by s.c. or i.c.v. routes. The severity of withdrawal was rated at regular intervals by two experienced observers, according to the procedures outlined by Deneau and Seevers (3) and Villarreal (1).

Three to five animals were observed simultaneously. Monkeys were tested at weekly intervals. Each test agent was given to at least 3 monkeys per dose. The withdrawal severity scores at each time point were averaged.

Compounds and Injections FK 33-824 (Sandoz), metkephamid (LY 127623, Eli Lilly) and morphine sulfate (Mallinckrodt) were dissolved in sterile water. Doses refer to the particular salt.

The monkeys are trained to come out of their cages for s.c. injections (0.1 ml/kg). They are placed in restraining chairs for i.c.v. injections. Sterile or aseptic solutions are injected slowly i.c.v. in volumes of 100-500 ul.

RESULTS and DISCUSSION

Metkephamid and FK 33-824 suppressed morphine-abstinence in a dose-related manner following both routes of administration (FIG 1 and 2). This is in agreement with previous work indicating that metkephamid and FK 33-824 have morphine-like effects (4,5,6,7,8,9). The monkeys weigh an average of 5 kg. Thus, FK 33-824 is approximately 100 times more potent [(5x5.6)/0.3] in completely suppressing abstinence when given by central compared to systemic routes. Metkephamid is approximately 2000 times [(5x100)/0.3] more potent after i.c.v. injection (assuming that a systemic dose of 100 mg/kg would completely suppress abstinence). This is in comparison to morphine, which is only 5 times more potent after i.c.v. administration (unpublished observations). Unlike morphine, the highest i.c.v. doses of FK 33-824 and metkephamid caused severe ataxia and apnea, such that naloxone had to be administered as an antidote. The effect of
FIG. 1 Effect of FK 33-824 on 12-hr morphine abstinence.

FIG. 2 Effect of metkephamid on 12-hr morphine abstinence.
the peptides lasted longer than naloxone, however. Whereas an i.c.v. dose of morphine that suppresses abstinence completely lasts for 5 hours (unpublished observations), FK 33-824 completely suppressed withdrawal signs for more than 13 hours after i.c.v. injection.

The dramatic increase in potency and duration of action of FK 33-824 and metkephamid after i.c.v. injection illustrates the effectiveness of the BBB. Therefore, enzymatic stabilization is not always sufficient for accurate assessment of peptide efficacy. We previously found that whereas FK 33-824 and metkephamid share discriminative stimulus properties with morphine-like compounds, they were relatively ineffective as reinforcers after systemic administration in monkeys (5,7). At that time it was suggested that the BBB was responsible for the delayed onset of the discriminative stimulus effect. It is now apparent that the BBB does inhibit entry of FK 33-824 and metkephamid into the central nervous system, which is required for drug discrimination (10). This probably also accounts for the limited reinforcing effects of systemically administered morphine-like peptides. Assessment of opioid peptide efficacy may be best determined by central administration. The i.c.v. administration of compounds in rhesus monkeys should prove to be a valuable tool in the study of peptide ligands for opiate receptors.

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