The uptake of cholesterol from high-density lipoproteins (HDL) labeled with $^{125}$I and $[^3]$H]cholesterol was examined in cultured rat luteal cells. Luteal cells were incubated with labeled HDL, following which the metabolic fate of the apolipoproteins and cholesterol moieties of the receptor-bound HDL were examined. About 50% of the originally bound HDL apolipoproteins were released into the medium in 24 h by a temperature-dependent process while only 5% of the HDL cholesterol was released unmetabolized. Inclusion of unlabeled HDL in the chase incubation resulted in increased release of apolipoprotein-derived radioactive products without significant change in the release of unmetabolized cholesterol. 60% of the apolipoprotein-derived radioactivity could be precipitated with trichloroacetic acid; the remaining trichloroacetic acid-soluble radioactive fraction was identified as $[^125]$Iiodotyrosine. Gel filtration chromatography of the chase-released material showed that the trichloroacetic acid-precipitable products, which contained no detectable amounts of cholesterol, eluted over a range of molecular sizes (9–80 kDa). No intact HDL was retroendocytosed. About 80% of trichloroacetic acid-precipitable products could be immunoabsorbed on anti-apolipoprotein A-I antibody immobilized on CNBr-activated Sepharose, suggesting the presence of fragments containing apolipoprotein A-I. This material was also capable of reassociating with native HDL. Lysosomal inhibitors were partially effective in inhibiting the amount of trichloroacetic acid-soluble products formed. The lysosomal degradation appeared to have no role in the uptake of HDL-derived cholesterol. These studies demonstrate preferential and total uptake of HDL cholesterol by luteal cells, with concomitant degradation of the lipoprotein.

Introduction

The role of plasma lipoproteins as a source of cholesterol in ovarian cells has been a subject of study by many laboratories, including ours [1–5]. Specific cell surface receptors have been identified for high- and low-density lipoproteins (HDL and LDL) in rat luteal cells [6,7] and both lipoproteins are equally effective in sustaining progesterone production [5]. However, important differences exist in the binding characteristics and further processing of LDL and HDL. LDL binding requires Ca$^{2+}$ and is sensitive to heparin and proteinase whereas binding of HDL is insensitive to heparin and proteinases, and has no known ionic requirements [6]. The processing of LDL appears to involve receptor-mediated endocytosis, followed by lysosomal degradation by a process similar to that elucidated for the metabolism of this lipoprotein in cultured fibroblasts [8–10]. Unlike LDL, the degradation of HDL to trichloroacetic

Key words: Lipoprotein metabolism; HDL degradation; Steroidogenesis; (Rat luteal cell)
Acid-soluble products occurs only to a small extent and the degradation does not account for all the HDL-derived cholesterol utilized for steroidogenesis [11-13]. Disparities between degradation of HDL and the amount of steroids produced have also been observed in adrenocortical cells [14]. Preferential uptake of cholesterol ethers from reconstituted HDL by hepatocytes and adrenals have also been reported [15,16]. Thus, it appears that different cell types could take up cholesterol from HDL by a mechanism not involving degradation of the apolipoprotein. In the present study, we have addressed the question of HDL metabolism in rat luteal cells by examining the processing of apolipoproteins and HDL-derived cholesterol. The results show that receptor-bound HDL is internalized by the luteal cells, and degraded HDL devoid of cholesterol is released as trichloroacetic acid-soluble and -insoluble products.

Materials and Methods

Materials
Molecular weight standards and agarose gel (Bio-Gel A-0.5m) were purchased from Bio-Rad Laboratories, Richmond, CA. Collagenase was the product of Cooper Biomedicals, Malvern, PA, and McCoy's medium was from GIBCO, Grand Island, NY. Bovine serum albumin (Fraction V), ovalbumin, dansylcadaverine and phenylmethylsulfonyl fluoride were obtained from Sigma Chemical Co., St. Louis, MO. Monospecific anti-human apolipoprotein A-I antibody was obtained from Boehringer-Mannheim Biochemicals, Indianapolis, IN, 3-iodotyrosine was from Aldrich Chemical Co., Milwaukee, WI, and 35-mm plastic tissue culture dishes were a product of Falcon Plastics, Oxnard, CA. Cyanogen bromide-activated Sepharose was from Pharmacia Fine Chemicals, Piscataway, NJ. [1,2,6,7-3H]Cholesterol (70 Ci/mmol) and [1,2,6,7-3H]cholesterol linoleate (75 Ci/mmol) were from New England Nuclear, Boston, MA. All other chemicals were purchased from Fisher Scientific Co., Detroit, MI.

Animals and cell culture
Luteal cell cultures were prepared from highly luteinized ovaries of 21-day-old Sprague-Dawley rats (Harlan Sprague-Dawley, Madison, WI) primed with pregnant mare serum gonadotropin and human chorionic gonadotropin (CG) as previously described [12,13]. Each culture dish contained cells equivalent to 600–700 µg cellular protein. Before conducting the experiments described here, the serum-supplemented medium was removed and the cells were washed three times with McCoy's medium.

Lipoproteins and labeling
Human LDL (density, 1.02–1.063 g/ml) and HDL (density, 1.125–1.21 g/ml) were isolated from plasma of healthy donors by sequential ultracentrifugation after density adjustment with KBr as described by Havel et al. [17]. The absence of apolipoprotein E in the HDL was confirmed by SDS-polyacrylamide gel electrophoresis. HDL was labeled with 125I by the iodine monochloride method of McFarlane [18], with some modifications [6], to a specific activity of 300–500 cpm/ng protein. Throughout this paper quantities of lipoproteins are expressed in terms of their protein content. Labeling with [3H]cholesterol was accomplished by a modification of the procedure of Jonas et al.'[19] as follows. 2 ml of HDL in 0.15 M NaCl (25 mg protein) were added to solvent-free [3H]cholesterol (5 µCi) and incubated at 37 °C for 3 h with occasional mixing. The product was mixed with 20 ml of density 1.21 KBr solution and centrifuged at 100000 x g for 24 h. The top layer of labeled HDL was collected and dialyzed against three changes of 0.15 M NaCl/0.1 mM EDTA (pH 7.3). The resulting labeled HDL was analyzed for cholesterol, cholesteryl esters and protein, which were found to be present in proportions similar to unlabeled HDL. Thin-layer chromatography showed that the label was exclusively on the unesterified cholesterol. On gel filtration using a 10% agarose column the elution profile was superimposable with that of unlabeled HDL. The specific activity of the labeled HDL was 14000 cpm/µg of unesterified cholesterol (or, 1400 cpm/µg of total cholesterol).

[3H]Cholesteryl linoleate-labeled HDL was also prepared by the method described above using 10 µCi of [3H]cholesteryl linoleate. The labeled HDL had a specific activity of 19000 cpm/µg of esterified cholesterol (or, 16 000 cpm/µg of total cholesterol).
**Determination of HDL degradation**

Cultured luteal cells were preincubated with 10 μg of $^{125}$I-labeled HDL in 1 ml of McCoy's medium at 37°C for 3 h, unless otherwise stated. After removing the incubation medium, the cells were washed five times with 2-ml aliquots of McCoy's medium to remove unbound $^{125}$I-labeled HDL. Further washing did not decrease the amount of cell-associated radioactivity. The cells were then incubated in 1 ml of McCoy's medium for various time periods up to 24 h. This second incubation is referred to as 'chase incubation'. At the time points indicated in tables and figures, the medium was aspirated and treated with 0.2 ml of 2% bovine serum albumin (as a carrier), followed by 0.3 ml of 50% trichloroacetic acid (10% final concentration). After centrifugation at 3000 X g for 20 min, the pellet, representing larger peptides, was counted in a gamma counter. The supernatant was also counted to determine trichloroacetic acid-soluble radioactivity and then treated with KI/H$_2$O$_2$, and extracted with chloroform/methanol as described by Bierman et al. [20] to remove any inorganic iodide. The aqueous layer was counted to determine the amount of non-iodide trichloroacetic acid-soluble products. There was no detectable amount of radioactive iodine in the organic layer. The cells were dissolved in 1.5 ml of 0.1 M NaOH by two extractions and the amount of cell-associated radioactivity was determined.

In experiments using $[^3]$H-cholesterol-labeled HDL, the cells were preincubated with the labeled lipoprotein and then reincubated, as described above, for 24 h. The medium was collected and the cells were harvested and counted after adding scintillation fluid to determine the amount of cell-associated radioactivity. An aliquot of the incubation medium was assayed to determine the total amount of radioactivity released, and the remainder was extracted with petroleum ether and subjected to thin-layer chromatography as described [21]. The amount of sterols and progestins in the incubation medium were calculated from the results.

**Gel filtration chromatography**

Luteal cell cultures were preincubated with $^{125}$I-labeled HDL and chased in 1 ml of McCoy's medium for 24 h as described above. The incubation medium was collected and chromatographed at room temperature on a 1.6 × 90 cm column of 10% agarose equilibrated in a buffer containing 0.15 M NaCl/0.3 mM EDTA/0.02% NaN$_3$/0.1% ovalbumin (pH 7.5). The column was eluted with the same buffer and 2-ml fractions were collected. Ovalbumin was included in the buffer to maximize recovery. Omission of ovalbumin from the buffer did not affect the elution pattern. The column was calibrated using molecular weight standards as well as native LDL and HDL.

**Paper chromatography**

Fractions comprising the low-molecular-weight peak (see Fig. 5) from the gel filtration chromatography were combined and concentrated by lyophilization. The residue was dissolved in 0.5 ml of water and subjected to paper chromatography on a 20 cm long strip of Whatman No. 1 filter paper using n-butanol/acetic acid/water (100 : 22 : 50) as described [22]. An authentic sample of 3-iodotyrosine was also chromatographed simultaneously as standard. The amino acid spots were visualized by ninhydrin spray and radioactivity was localized by counting 3-mm slices of the chromatogram.

**Immunoadsorption**

The amount of $^{125}$I-labeled apolipoprotein A-I present in the 24 h chase medium was quantitated by immunoadsorption to apolipoprotein A-I antibody-Sepharose. The affinity matrix was prepared by conjugating the apolipoprotein A-I antibody to cyanogen bromide-activated Sepharose following the manufacturer's instructions [23]. Prior to conjugation, the antibody preparation had been extensively dialyzed against the coupling buffer (0.1 M NaHCO$_3$/0.5 M NaCl, pH 8.3). The coupling procedure involved treatment of 1 g of the cyanogen bromide-activated Sepharose with 2 ml of the antisera in 7 ml of coupling buffer for 90 min, followed by blocking of the unoccupied sites on the matrix by incubating for 1 h in 0.1 M Tris buffer (pH 8). The antibody-Sepharose thus prepared was stored at 4°C as a suspension in equal volume of 0.1 M Tris-HCl buffer (pH 7.5) containing 0.15 M NaCl. 500 μl of this suspension contained sufficient antibody to bind 5 μg of $^{125}$I-
labeled HDL. Immunoabsorption was carried out as follows. The antibody-Sepharose suspension (500 ~l) was poured into a vertically positioned disposable 2-ml syringe, the lower end of which was plugged with glass wool and connected to a peristaltic pump through a short length of Tygon tubing. After draining the buffer, 2 ml of the 24 h chase medium containing degraded 125I-labeled HDL was added to the syringe and the eluate was recirculated using a peristaltic pump. After 30 min (by which time the adsorption was complete as determined in initial experiments), the recirculation was stopped and the eluate removed. The antibody-Sepharose was washed three times with 2 ml portions of 0.1 M Tris buffer (pH 7.5). The amounts of radioactivity in the Sepharose, eluate and washings were determined and the percentage of radioactivity bound to apolipoprotein A-I antibody was calculated.

Other analytical procedures

Protein contents of samples were determined by the method of Lowry et al. [24]. Cholesteryl and cholesteryl esters were determined by the method of Deacon and Dawson [25].

The data were analyzed by analysis of variance and Duncan's multiple range test. A value of P < 0.01 was considered significant. Values are also expressed as means ± S.E. where indicated.

Results

Metabolism of HDL apolipoproteins by cultured luteal cells

The initial experiments examined the fate of labeled apolipoprotein following binding of 125I-labeled HDL to luteal cells. Luteal cell cultures were incubated with 10 ~g of 125I-labeled HDL for 3 h, washed to remove the unbound 125I-labeled HDL and reincubated in the absence of lipoproteins (chase). At 4, 18 and 24 h, the medium from triplicate dishes was removed and precipitated with 10% trichloroacetic acid, and the cells were dissolved in 0.1 M NaOH. Cell-associated, trichloroacetic acid-soluble and trichloroacetic acid-precipitable radioactivities were determined in each case. The results (Fig. 1) show that the cells progressively released radioactivity into the medium in such a way that by 24 h only about 50% of the originally bound 125I-labeled HDL remained associated with the cells. At any time point during the chase incubation, 60–65% of the radioactivity present in the medium was precipitable with 10% trichloroacetic acid. Inclusion of 300-fold excess of unlabeled HDL in the incubation with 125I-labeled HDL inhibited the binding of 125I-labeled HDL, and this was further reflected in the lower amounts of radioactivity released into the medium during the chase incubation period (Fig. 1).

The possibility that the degradation of 125I-labeled HDL is due to nonspecific proteinases present in the incubation medium was examined by performing the above experiment in the presence of phenylmethanesulfonyl fluoride, a proteinase inhibitor. The results (data not presented) showed that phenylmethylsulfonyl fluoride had no effect on the degradation of 125I-labeled HDL.

The effect of incubation temperature on the release of cell-bound 125I-labeled HDL is shown in Fig. 2. The initial incubation with 125I-labeled HDL was performed at 37°C and the chase was carried out at either 37 or 4°C. Cells incubated at 4°C released only 11% of the initially bound radioactivity in 24 h compared to 51% by the cells incubated at 37°C, indicating that the release of cell-bound radioactivity is an energy-dependent process.

In the above experiments, the rate of release of 125I radioactivity from cells containing receptor-bound 125I-labeled HDL is somewhat faster during the initial hours of chase incubation. To determine whether the non-linearity of the rate of release is due to attainment of equilibrium between released and cell-associated radioactive material, the experiment shown in Table I was carried out. In the control experiment (Table I, column A), three sets of luteal cell cultures in triplicate were incubated with 125I-labeled HDL and chased in the absence of lipoproteins (chase). At 4, 18 and 24 h, the medium from triplicate dishes was removed and precipitated with 10% trichloroacetic acid, and the cells were dissolved in 0.1 M NaOH. Cell-associated, trichloroacetic acid-soluble and trichloroacetic acid-precipitable radioactivities were determined in each case. The results (Fig. 1) show that the cells progressively released radioactivity into the medium in such a way that by 24 h only about 50% of the originally bound 125I-labeled HDL remained associated with the cells. At any time point during the chase incubation, 60–65% of the radioactivity present in the medium was precipitable with 10% trichloroacetic acid. Inclusion of 300-fold excess of unlabeled HDL in the incubation with 125I-labeled HDL inhibited the binding of 125I-labeled HDL, and this was further reflected in the lower amounts of radioactivity released into the medium during the chase incubation period (Fig. 1).

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was determined at 4, 18 and 24 h intervals. Examination of data (Table I) revealed that replacing the incubation medium with fresh medium had no effect in the total amount of trichloroacetic acid-precipitable radioactivity released. The data indicate that the non-linearity of the release of trichloroacetic acid-precipitable radioactivity was not due to equilibration between radioactivity materials within the cells and in the medium.

The effect of inclusion of unlabeled HDL in the chase medium on the release of cell-associated radioactivity is shown in Fig. 3 (upper panels). The cells were incubated with $^{125}$I-labeled HDL for 3 h, washed and reincubated in the absence or presence of 10 $\mu$g/ml of unlabeled HDL for periods up to 24 h. The results showed that the amount of trichloroacetic acid-precipitable radioactivity released was higher when unlabeled HDL was present during the chase. The increase in trichloroacetic acid-precipitable radioactivity was reflected in lower cell-associated and trichloroacetic acid-soluble radioactivity. Similar experiments using unlabeled LDL in the chase incubation medium (Fig. 3, middle panels) yielded slightly different results. The increase in the amount of trichloroacetic acid-precipitable radioactivity was not as
high as that obtained using unlabeled HDL, and, unlike HDL, there was an increase in the amount of trichloroacetic acid-soluble radioactivity. Inclusion of human CG in the chase incubation medium (Fig. 3, lower panels) had no detectable effect on the composition of the chase incubation medium. These results suggest that the presence of unlabeled HDL in the medium enhanced the processing of the lipoproteins, resulting in the release of a larger amount of radioactivity.

Determination of the effect of increasing amounts of unlabeled HDL in the chase medium on the release of radioactivity from cells initially labeled with $^{125}$I-labeled HDL showed that the release of radioactivity increased in a concentration-dependent manner (Table II). At the highest concentration of HDL used (200 μg), more than 75% of the initially bound radioactivity was released during the 24 h incubation, compared to less than 50% in the absence of HDL, and most of the increase was due to increase of trichloroacetic acid-precipitable products released. This experiment showed that the rate of processing of HDL in luteal cells is dependent on the concentration of HDL in the medium.

Next, we examined whether inhibitors of internalization and lysosomal function had any effect on the release of cell-bound $^{125}$I-labeled HDL.
TABLE I

EFFECT OF REPLACING THE CHASE INCUBATION MEDIUM AT INTERVALS ON THE RELEASE OF TRICHLOROACETIC ACID-PRECIPITABLE RADIOACTIVITY INTO THE MEDIUM

Luteal cell cultures in triplicate were incubated with $^{125}$I-labeled HDL for 3 h, washed, and chased in HDL-free medium. In one set of dishes (column B), the medium was replaced with fresh medium at the indicated time points. The cumulative amounts of trichloroacetic acid-precipitable radioactivity released by the cells are shown in column B. Values in column A were obtained from three sets of triplicate dishes (one for each time point) which were incubated in the same chase medium throughout the incubation time (4, 8 or 24 h). Values are means±S.E.

<table>
<thead>
<tr>
<th>Chase incubation time (h)</th>
<th>Total trichloroacetic acid-precipitable radioactivity released into the medium (ng/mg cell protein)</th>
<th>A</th>
<th>B</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>43.9±1.5</td>
<td>41.0±1.4</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>89.9±6.7</td>
<td>86.1±0.4</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>103.2±1.3</td>
<td>97.8±2.1</td>
<td></td>
</tr>
</tbody>
</table>

(Fig. 4). In this experiment, 50 μM dansylcadaverine, an inhibitor of receptor-mediated endocytosis, was included in the initial incubation of luteal cells with $^{125}$I-labeled HDL, following which the cells were washed and chased for up to 24 h in the continued presence of the inhibitor. The inhibitor had no effect on the amount of cell-bound, trichloroacetic acid-precipitable and trichloroacetic acid-soluble radioactivity when compared to control, suggesting that receptor-mediated endocytosis may not be involved in the metabolism of HDL in luteal cells. Similar experiments in the presence of 50 mM NH$_4$Cl, an inhibitor of lysosomal function, showed partial inhibition of the appearance of trichloroacetic acid-soluble radioactivity (Fig. 4), suggesting that at least a part of the degradation of $^{125}$I-labeled HDL might take place in the lysosomes. Ammonium chloride did not affect the amount of cell-bound radioactivity dur-

TABLE II

EFFECT OF UNLABELED HDL ON THE RELEASE OF RADIOACTIVITY FROM LUTEAL CELLS CONTAINING RECEPTOR-BOUND $^{125}$I-LABELED HDL

Luteal cells containing receptor-bound $^{125}$I-labeled HDL were incubated with the indicated concentrations of unlabeled HDL for 24 h at 37°C and the amount of trichloroacetic acid-precipitable and trichloroacetic acid-soluble radioactivity in the medium were determined. Values are means±S.E. of triplicate determinations. Values are expressed as a percent of the total cell-associated radioactivity at the beginning of the incubation.

<table>
<thead>
<tr>
<th>Unlabeled HDL in chase incubation (μg/ml)</th>
<th>Trichloroacetic acid-insoluble radioactivity</th>
<th>Trichloroacetic acid-soluble radioactivity</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>24.2±1.6</td>
<td>19.1±1.2</td>
</tr>
<tr>
<td>10</td>
<td>44.4±0.9</td>
<td>12.3±0.5</td>
</tr>
<tr>
<td>50</td>
<td>52.1±1.1</td>
<td>11.0±0.9</td>
</tr>
<tr>
<td>100</td>
<td>56.9±4.5</td>
<td>12.1±0.3</td>
</tr>
<tr>
<td>200</td>
<td>61.0±3.4</td>
<td>12.0±0.4</td>
</tr>
</tbody>
</table>

Fig. 4. Effect of 50 μM dansylcadaverine (○) and 50 mM NH$_4$Cl (△) on the release of receptor-bound $^{125}$I-labeled HDL from luteal cells. Cells were incubated for 3 h with $^{125}$I-labeled HDL and chased for up to 24 h in lipoprotein-free medium. Inhibitors, when used, were present in both the incubations. Values are means±S.E. of triplicate determinations. * Significantly different from control, $P<0.01$. ○, control; TCA, trichloroacetic acid.
ing the 24 h of incubation. A slight increase in the amount of trichloroacetic acid-precipitable radioactivity, although consistently observed, was not statistically significant. Two other lysosomal inhibitors, chloroquine (100 µM) and leupeptin (1 mM), also partially inhibited the formation of trichloroacetic acid-soluble products.

Characterization of 125I-labeled HDL degradation products

The nature of the radioactive products released during the chase period by luteal cells preincubated with 125I-labeled HDL were analyzed by gel filtration chromatography. The chase medium containing radioactive products released by the cells was chromatographed on a 10% agarose column (1.6 × 90 cm) equilibrated with buffer containing 0.1% ovalbumin and fractions of the eluate were analyzed for 125I radioactivity. The sharp peak near the column total volume (Fig. 5) accounted for 41% of the total amount of radioactivity eluted from the column. The remainder of the radioactivity was eluted over a molecular size range of 9–80 kDa, but no intact 125I-labeled HDL was present. Fractions comprising the low-molecular-weight peak (Fig. 5) were combined, concentrated by lyophilization and analyzed by paper chromatography. Greater than 96% of the radioactivity migrated as a single spot with Rf 0.62, which was identical to the Rf value of an authentic sample of 3-iodotyrosine.

As a control for the above experiment, 125I-labeled HDL was incubated for 24 h with 'conditioned medium' (medium recovered from luteal cell cultures incubated overnight in the absence of any additives) and subjected to gel filtration analysis. The elution profile of the incubated HDL was similar to the starting HDL, showing that degradation had not occurred in the absence of cells (data not shown).

In initial experiments in which ovalbumin was not included in the elution buffer, the recovery of radioactivity following agarose chromatography was 75–80%. In an attempt to improve the recovery, unlabeled HDL was mixed as a carrier with the test sample before subjecting to gel chromatography. The addition of unlabeled HDL changed the elution pattern and most of the higher molecular-weight radioactivity was shifted to a lower molecular weight range. The elution profile seen in Fig. 6 in the upper panel shows the recovery of radioactivity following gel filtration on an agarose column equilibrated with a buffer containing 0.3 mM EDTA (pH 7.5) without carrier unlabeled HDL. In the lower panel of Fig. 6, where unlabeled HDL was included as a carrier, the elution pattern was shifted to a lower molecular weight range, indicating that the recovery of radioactivity was improved by carrier unlabeled HDL.
molecular weight radioactive fragments co-eluted with the native HDL. Similar co-elution of radioactivity with native HDL occurred even when 0.1% ovalbumin was present in the elution buffer (Fig. 6, upper panel). The \[^{125}I\]iodotyrosine peak was unaffected by the presence of native HDL. The reassociation of \[^{125}I\]-labeled HDL fragments with native HDL appears to be a specific process since use of unlabeled LDL as a carrier affected the elution profile only to a small extent (Fig. 6, lower panel).

Further characterization of the nature of radioactive protein components released during the chase incubation of luteal cells containing receptor-bound \[^{125}I\]labeled HDL was carried out by immunoadsorption. On treatment of the 24 h chase medium with apolipoprotein A-I antibody-agarose (see Materials and Methods), 47% of the radioactivity was adsorbed by the antibody (Table III), suggesting that the medium contained fragments of HDL bearing intact apolipoprotein A-I. The incubation medium after treatment with apolipoprotein A-I antibody-Sepharose was subjected to trichloroacetic acid precipitation (Table III).

**TABLE III**

**IMMUNOADSORPTION OF THE 24 h CHASE MEDIUM TO APOLIPROTEIN A-I ANTIBODY-SEPHAROSE**

In experiment 1, the 24 h chase incubation medium from luteal cells preincubated with \[^{125}I\]labeled HDL was subjected to immunoadsorption to apolipoprotein A-I antibody-Sepharose as described in Materials and Methods, and the unadsorbed material plus two washings were precipitated with 10% trichloroacetic acid. In experiment 2, the 24 h chase medium was directly precipitated with 10% trichloroacetic acid. Values are means ± S.E. of triplicate determinations.

<table>
<thead>
<tr>
<th>Experiment 1</th>
<th>total radioactivity in chase medium (cpm)</th>
<th>% of the originally bound HDL</th>
<th>Percent of the originally bound HDL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>total radioactivity in chase medium</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>adsorbed on apolipoprotein A-I antibody-Sepharose</td>
<td>5940 ± 80</td>
<td>47 ± 0.6</td>
</tr>
<tr>
<td></td>
<td>trichloroacetic acid-precipitable in medium</td>
<td>1520 ± 40</td>
<td>12 ± 0.3</td>
</tr>
<tr>
<td>Experiment 2</td>
<td>total radioactivity in chase medium</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>total trichloroacetic acid-precipitable</td>
<td>6630 ± 90</td>
<td>58 ± 0.8</td>
</tr>
</tbody>
</table>

**TABLE IV**

**RELEASE OF APOLIPROTEINS AND CHOLESTEROL FROM CELLS PREINCUBATED WITH HDL**

Luteal cells preincubated with \[^{3}H\]cholesterol- or \[^{3}H\]cholesteryl linoleate-labeled HDL were chased for 24 h in the presence of 0–200 ng of unlabeled HDL and the amount of radioactivity released into the medium was determined. Release of apolipoprotein degradation products was measured in parallel experiments in which the cells were preincubated with \[^{125}I\]labeled HDL. The amounts of radioactive products released during the chase is expressed as a percentage of the initial cell-associated radioactivity at 0 h. Results are means ± S.E. of triplicate determinations.

<table>
<thead>
<tr>
<th>Amount of unlabeled HDL in chase (µg)</th>
<th>Percent of originally bound HDL apolipoproteins released</th>
<th>Percent of the originally bound HDL cholesterol released</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cells treated with [^{3}H]cholesterol-labeled HDL</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>47 ± 2</td>
<td>1 ± 0</td>
</tr>
<tr>
<td>10</td>
<td>56 ± 3</td>
<td>2 ± 0</td>
</tr>
<tr>
<td>50</td>
<td>63 ± 1</td>
<td>1 ± 0</td>
</tr>
<tr>
<td>100</td>
<td>69 ± 2</td>
<td>3 ± 0</td>
</tr>
<tr>
<td>200</td>
<td>73 ± 2</td>
<td>2 ± 0</td>
</tr>
<tr>
<td>Cells treated with [^{3}H]cholesteryl linoleate-labeled HDL</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>46 ± 3</td>
<td>1 ± 0</td>
</tr>
<tr>
<td>10</td>
<td>56 ± 3</td>
<td>2 ± 0</td>
</tr>
<tr>
<td>50</td>
<td>63 ± 2</td>
<td>2 ± 0</td>
</tr>
<tr>
<td>100</td>
<td>70 ± 3</td>
<td>1 ± 0</td>
</tr>
<tr>
<td>200</td>
<td>76 ± 2</td>
<td>3 ± 0</td>
</tr>
</tbody>
</table>

\(^a\) Total radioactivity bound at 0 h = 460 ± 30 ng of HDL apolipoprotein.
\(^b\) Total radioactivity bound at 0 h = 180 ± 15 ng of total HDL cholesterol.
The amount of radioactivity precipitated by trichloroacetic acid was 12% of that present in the original chase medium and represents radioactive peptides that did not bind to apolipoprotein A-I antibody-Sepharose. Direct trichloroacetic acid precipitation of the chase medium (before treatment with apolipoprotein A-I antibody-Sepharose) resulted in precipitation of 58% of the radioactivity (Table III), which is consistent with the total amount of peptides determined by immunoadsorption (47%) followed by trichloroacetic acid precipitation (12%).

Finally, the chase medium which had been subjected to immunoadsorption with apolipoprotein A-I antibody-Sepharose was analyzed by agarose gel chromatography (Fig. 7). The small amount of trichloroacetic acid-precipitable peptides eluted over a wide range of molecular sizes, but were smaller fragments than the immunoreactive fragments. These probably represent fragments containing apolipoproteins other than apolipoprotein A-I or partial degradation products of the latter from which the antibody-recognizing moiety has been lost. These experiments show that HDL apolipoproteins are processed and partially degraded by the luteal cells.

Metabolism of HDL cholesterol

The metabolism of HDL-derived cholesterol in luteal cells was examined in experiments using HDL labeled with (1) \[^{3}H\]cholesterol or (2) \[^{3}H\]cholesteryl linoleate (Tables IV and V). Luteal cells pretreated with \[^{3}H\]cholesterol-labeled HDL or \[^{3}H\]cholesteryl linoleate-labeled HDL were incubated for 24 h in the presence of 0–200 μg of unlabeled HDL. At the end of the incubation, radioactivity associated with the cells and in the medium was determined. The medium was also analyzed by thin-layer chromatography to determine the nature of the released radioactive products. Parallel experiments using cells pretreated with \(^{125}\)I-labeled HDL also were conducted to determine the amount of apolipoproteins released. Data presented in Table IV show that with increasing amounts of unlabeled HDL in the chase incubation, the release of apolipoprotein-derived radioactivity was increased. With the highest amount of unlabeled HDL used (200 μg) about 75% of the originally bound \(^{125}\)I label was released, compared to 50% in the absence of HDL. In comparison, the amount of cholesterol-derived radioactivity released during 24 h comprised only 21–37% of the originally bound label (Table IV). Analysis of the incubation medium by thin-layer chromatography (Table V) showed that 75–90% of the released radioactivity was in the form of progestins; the remainder was a mixture of labeled cholesterol and cholesteryl esters. Gel filtration analysis of the chase medium showed that all the radioactivity was eluted as a single peak near the column total volume (data not shown), indicating that the released cholesterol is not associated with the larger degradation products of HDL. This experiment showed that both free cholesterol and cholesterol esters associated with HDL are utilized for steroidogenesis, and that concentration of HDL in the medium has moderate effects on the rate of processing of the

<table>
<thead>
<tr>
<th>Amount of unlabeled HDL in chase (μg)</th>
<th>Composition of radioactive products released (ng/mg cell protein)</th>
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<tr>
<td></td>
<td>cholesteryl</td>
</tr>
<tr>
<td>Cells treated with [^{3}H]cholesterol-labeled HDL</td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>7.0</td>
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<tr>
<td>10</td>
<td>9.0</td>
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<td>50</td>
<td>6.3</td>
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<tr>
<td>100</td>
<td>7.7</td>
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<td>200</td>
<td>17.6</td>
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<tr>
<td>Cells treated with [^{3}H]cholesteryl linoleate-labeled HDL</td>
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<tr>
<td>0</td>
<td>0.6</td>
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<td>10</td>
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sterols. In summary, the results presented in Tables IV and V indicate that HDL is intracellularly processed by luteal cells and the cholesterol is retained and utilized for steroidogenesis while the apoliprotein constituents are effluxed into the medium.

Discussion

The present studies have shown that HDL is intracellularly processed by luteal cells and that degradation of the HDL particle occurs during cholesterol uptake. The products of degradation of HDL appeared as both trichloroacetic acid-soluble and -precipitable fragments. Analysis of the chase medium by gel filtration showed that the higher-molecular-weight, trichloroacetic acid-precipitable radioactive materials released by the cells eluted over a wide range of molecular sizes. The largest particles released had a particle size of 80 kDa, which corresponds to less than one-third the size of the intact HDL used in this study. The absence of intact HDL in the medium suggests that retroendocytosis of HDL may not occur in these cells. However, 80% of the trichloroacetic acid-precipitable radioactivity was adsorbed by apolipoprotein A-I antibody-Sepharose. Since the peptides recognized by the antibody were eluted over a range of molecular sizes on gel filtration, it would be reasonable to assume that those fractions with a molecular size larger than apolipoprotein A-I (i.e., 25–80 kDa) contain partially degraded HDL particles. Interestingly, when the chase medium was mixed with carrier unlabeled HDL and subjected to gel filtration analysis, most of the radioactivity representing trichloroacetic acid-precipitable products co-eluted with the native HDL. This reassociation appeared to be a specific process since use of LDL as a carrier did not result in similar co-elution. The results of this study are consistent with the idea that HDL delivers cholesterol to luteal cells without undergoing complete degradation to trichloroacetic acid-soluble products. A portion of the apolipoproteins, either free or associated with a small amount of lipids, is released from the cell in immunologically intact form. Under in vivo conditions the released material could interact with plasma lipoproteins and reform into HDL particles. The ability of the immunoprecipitable products in the chase medium to associate with native HDL supports this contention. Preferential release of protein-bound radioactivity and retention of lipid components in human aortic smooth muscle cells preincubated with $^{125}$I-labeled lipoprotein (VLDL and LDL) has been reported by Filipovic and Buddecke [27]. About one-half of the released radioactivity was trichloroacetic acid-precipitable. These authors also found that bovine aortic smooth muscle cells labeled with $^{125}$I-labeled HDL or $^{125}$I-labeled LDL released radioactivity into the medium, 35–40% of which was precipitable with specific anti-HDL and anti-LDL sera [28]. These observations are consistent with our results.

The uptake of HDL appeared to be independent of internalization via coated pits since dansylcadaverine, a transglutaminase inhibitor, had no effect on the release of radioactive products. Electron microscopic examination of the uptake of HDL in perfused rat ovary by Paavola and Strauss [29] also showed a lack of association of the label with bristle-coated areas of the plasma membranes. Lysosomotropic agents inhibited degradation of $^{125}$I-labeled HDL to trichloroacetic acid-soluble products, but had no detectable effect on the release of trichloroacetic acid-precipitable products. In this regard, Marshall [26] has found that retroendocytosis of insulin from adipocytes was unaffected by the lysosomal inhibitor chloroquine, while inhibiting its degradation to trichloroacetic acid-soluble products. In our experiments, however, no intact HDL was detected in the incubation medium. It is not clear from the present studies as to which cellular compartments are involved in the preferential uptake of HDL cholesterol.

When luteal cells containing receptor-bound $^{125}$I-labeled HDL were chased in medium containing unlabeled HDL, the release of trichloroacetic acid-precipitable radioactivity consisting of partially degraded HDL was increased. A similar phenomenon was observed by Marshall [26] in the processing of insulin in adipocytes, where inclusion of unlabeled insulin in the chase incubation medium increased the retroendocytosis of cell-bound $^{125}$I-labeled insulin and reduced the levels of cellular and degraded $^{125}$I-labeled insulin. The presence of unlabeled HDL in the medium may
stimulate the rate of internalization and processing
of the receptor-bound $^{125}$I-labeled HDL by the
cell during the chase incubation. Since lysosomal
degradation is not rapid enough to keep up with
the influx of HDL, the partially degraded HDL is
regurgitated faster. According to this mechanism,
the uptake of HDL cholesterol by luteal cells is a
rapid process, independent of lysosomal degrada-
tion.

Stimulation of progesterone production in luteal
cells by human CG increases cholesterol substrate
utilization, and would be expected to increase lipoprotein uptake and degradation. When we
tested this possibility by adding human CG to the
chase incubation medium, no detectable effect of
human CG on the composition of the radioactive
products released was observed. It is possible that
the cells have accumulated enough cholesterol dur-
ing the initial incubation to sustain progesterone
production at maximal levels, and increased steroidogenesis does not significantly deplete cel-
lar cholesterol levels under the experimental
conditions.

Based on these studies, a model for HDL
metabolism in luteal cells is proposed (Fig. 8). The
initial phase is the binding of HDL particles to
specific receptors on the luteal cell surface. Both
apolipoproteins A-I and A-II have been shown to
interact with the receptors [6]. The HDL particles
are then internalized, although it appears that
endocytosis via clathrin-coated pits is probably
not involved. Once inside the cell, cholesterol and
cholesteryl esters are taken up by a process not
involving lysosomal degradation. The partially de-
graded HDL particle is either released as such
from the cell or gets trapped in the lysosomal
pathway and is completely degraded. Most of the
HDL-derived cholesterol is either utilized for
steroidogenesis or stored in the cell, while a small
amount appears to be released into the medium,
which is probably due to the bidirectional flux of
cholesterol. Following the intracellular processing
of HDL, the HDL receptor is likely to be re-
cycled, although experimental evidence is not
available for this at the present time.

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Fig. 8. Proposed mechanism of HDL metabolism in rat luteal
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