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## Prodynorphin- and substance P-containing neurons project to the medial preoptic area in the male Syrian hamster brain

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To determine if substance P- or prodynorphin-containing neurons of the medial nucleus of the amygdala and medial bed nucleus of the stria terminalis send projections to the medial preoptic area in the male Syrian hamster, we placed a fluorescent retrograde tract tracer (either Fluoro-gold, or rhodamine- or fluorescein-impregnated latex microspheres) into the medial preoptic area. Five to seven days later, the animals were treated with colchicine, allowed to survive for 48 h and the brains were processed for immunofluorescence histochemistry. Tissue sections were incubated in either rat anti-substance P or rabbit anti-C-peptide (the C-terminal sequence of dynorphin B<sub>1-29</sub>) antiserum followed by incubation in either fluorescein- or rhodamine-conjugated anti-rabbit or anti-rat antiserum. When the injection site of retrograde tracer was centered within the caudal one-third of the medial preoptic area, labeled cell bodies were observed caudally in the medial part of the bed nucleus of the stria terminalis. Retrogradely labeled cell bodies were also observed in the posterodorsal subdivision of the medial nucleus of the amygdala. Both prodynorphin and substance P immunolabeling were observed in retrogradely labeled neurons in these two areas but fewer of these projection neurons were immunolabeled with substance P antiserum than with C-peptide antiserum. These projections may play a role in the peptidergic modulation of reproductive behavior in this species.

### INTRODUCTION

Several neuropeptides have been implicated as possible modulators of male rodent sexual behavior, including the dynorphins<sup>1,20,38</sup>,  $\beta$ -endorphin<sup>36,37,41,42</sup>, substance P<sup>10,60</sup> and gonadotropin-releasing hormone<sup>11</sup>. We have recently identified opioid peptides and substance P in neurons of the chemosensory pathways which control mating behavior in the male Syrian hamster. Specifically, the endogenous opioid peptides dynorphin A, dynorphin B and leuromorphin have been observed within numerous cell bodies, fibers and terminals in the medial nucleus of the amygdala, medial bed nucleus of the stria terminalis and the medial preoptic area in this species<sup>44</sup>. In contrast, these same nuclei contain only minute amounts of prodynorphin peptides in the rat<sup>12,44</sup>. Numerous substance P-containing neurons have also been observed within these three structures in the hamster chemosensory system<sup>58</sup>, and many of these neurons contain both substance P and dynorphins<sup>43</sup>.

In contrast to the inhibitory role traditionally ascribed to endogenous opioids in male copulatory behavior, there is increasing evidence that prodynorphin peptides may actually be facilitating this behavior<sup>1,20,38,53</sup>. Substance P

has also been shown to facilitate male sexual behavior<sup>10</sup>, and the level of this neuropeptide in chemosensory pathway nuclei is regulated by gonadal steroids in the male hamster<sup>58</sup>.

The present study tests the hypothesis that dynorphin- or substance P-containing neurons within the medial nucleus of the amygdala or medial bed nucleus of the stria terminalis project to the region within the caudal medial preoptic area where lesions eliminate male copulatory behavior<sup>51</sup>. We did not systematically search the brain for all sources of substance P- and dynorphin-containing afferents to the medial preoptic area, although analyses of 3 additional areas are reported for comparison with our observations on this chemosensory pathway.

### MATERIALS AND METHODS

#### *Animals*

Forty-four adult male Syrian hamsters (*Mesocricetus auratus*) weighing 120–125 g were used in this study. All hamsters were purchased from Charles River, maintained on a 14:10 (L:D) illumination cycle and given food and water ad libitum. These animals were used in a multifaceted study of the projections of  $\beta$ -endorphin-, substance P- and prodynorphin-containing neurons into the medial preoptic area.

### Fluorescent retrograde tract tracers

Fluoro-gold (FG; Fluorochrome Inc.; Englewood, CO) was prepared as a 1–2% solution in 0.1 M acetic acid (pH 3.0–3.3). Animals were anesthetized with sodium pentobarbitol (10 mg/100 g body weight) and the tracer was iontophoresed into the caudal medial preoptic area using an angled, contralateral stereotaxic approach to avoid damage to fibers ipsilateral to the injection (2–3  $\mu$ A; 7 s on/7 s off; 30–45 min; pipette tip inside diameter = 30–45  $\mu$ m).

The protocol of Katz and Iarovici<sup>28</sup> was used for injection of the rhodamine- or fluorescein-impregnated latex microspheres (Luma-Fluor Inc., New City, NY). A micropipette (inside tip diameter = 30–45  $\mu$ m) was filled to the shank with latex beads, sealed to the needle of a 5- $\mu$ l Hamilton syringe with paraffin wax, stereotaxically lowered into the medial preoptic area using the contralateral approach, and left in place for 10 min. The tracer was then injected into the brain parenchyma and, after an additional 15 min, the pipette was removed.

Five to seven days after tracer injection, animals were reanesthetized and colchicine was injected into the lateral ventricle ipsilateral to the tracer injection site (2  $\mu$ l of 80  $\mu$ g/ $\mu$ l colchicine). After 48 h the animals were perfused and their brains processed for immunohistochemistry. Animals receiving FG ( $n = 23$ ) were perfused with 4% paraformaldehyde, and animals injected with latex beads ( $n = 21$ ) were perfused with 2% paraformaldehyde + 0.25% benzoquinone.

Tissue sections from FG-treated brains were mounted on gelatin-coated slides, air-dried, briefly dehydrated, cleared in xylenes and coverslipped with the mountant DPX. Tissue sections with latex microspheres were simply air-dried and coverslipped with DPX because alcohols dissolve the microspheres. Adjacent sections were stained with cresyl violet for cytoarchitectonic localization of labeled cells.

### Immunohistochemistry

**Antisera.** The leuromorphin polyclonal antiserum used in this study (no. 109, bleed 6) was generated in rabbit and is directed against the 14-amino acid C-terminal sequence of the rat prodynorphin molecule. This 'C-peptide' sequence corresponds to the C-terminus of dynorphin B<sub>1–29</sub> (also known as leuromorphin). This antiserum was generously provided by Dr. Stanley J. Watson, Jr., Mental Health Research Institute, University of Michigan. The substance P probe was a monoclonal antiserum generated in rat and purchased from Sera-Lab (Accurate Scientific).

**Immunofluorescence histochemistry.** The indirect immunofluorescence procedure used in this study has been described elsewhere<sup>43, 55, 56</sup>. Brain tissues were washed in 0.022 M potassium phosphate-buffered saline (KPBS) and transferred to either substance P or leuromorphin antiserum (1:500 in 0.3% Triton-X in KPBS) for 48–60 h. Sections were then washed and incubated in a secondary antiserum for 1 h. With tissue from brains injected with rhodamine-impregnated latex microspheres, fluorescein isothiocyanate (FITC)-conjugated donkey anti-rabbit antiserum was used for leuromorphin immunostaining and FITC-conjugated anti-rat antiserum was used for substance P immunostaining (both at 1:50 in 0.3% Triton-X in KPBS). With tissue from brains injected with fluorescein-impregnated latex microspheres or FG, we used rhodamine isothiocyanate (RITC)-conjugated donkey anti-rabbit antiserum for leuromorphin immunostaining and RITC-conjugated anti-rat antiserum for substance P immunostaining (both at 1:25 in 0.3% Triton-X in KPBS). All secondary antisera were purchased from Jackson Laboratories. Following secondary incubation, the sections were washed 6–10 times in distilled water, mounted on gelatin-coated slides, air-dried and coverslipped with DPX (for RITC immunolabeling) or glycerol-phosphate buffer medium containing phenylenediamine for optimal preservation of FITC immunofluorescence<sup>21, 50</sup>.

**Immunocytochemistry controls.** The leuromorphin and substance P antibodies have been characterized in detail previously<sup>43, 55, 56</sup>. Briefly, the substance P and leuromorphin antisera were individually incubated for 1 h at room temperature with their respective

peptides, either 25  $\mu$ M substance P peptide (Penninsula Labs) or 5–10  $\mu$ M rat C-terminus peptide (generously donated by Dr. Stanley J. Watson, Jr.). In other experiments, the antisera were also pre-incubated with 50–100  $\mu$ M of either porcine C-terminus, human leuromorphin, dynorphin B [1–13], dynorphin A [1–17], dynorphin A [1–13] or leu-enkephalin peptides (Penninsula Labs) prior to tissue incubation. Additionally, sections were incubated with KPBS in place of primary antiserum, followed by 1 h with secondary antiserum, to check for non-specific background staining elicited by donkey antisera recognizing epitopes in the hamster brain.

All primary antisera, with or without blocking peptides added, were left at room temperature for 1 h prior to the beginning of incubation. Thus, antisera with no peptides added for blocking controls were treated identically to those in which the peptides were allowed an hour for preabsorption.

**Analysis of tissues.** Sections were analyzed with a Leitz Aristoplan fluorescence microscope, using filter system I2 (450–490 nm blue light excitation) to induce green-blue emission from FITC-immunolabeling and green emission from fluorescein-impregnated microspheres, filter system N2 (530–560 nm green light excitation) to induce red emission from RITC-immunolabeled elements and rhodamine-impregnated microspheres, and filter system A (340–380 nm narrow band blue excitation) to induce yellow-gold emission from FG.

In brains with tracer injection sites confined to the caudal medial preoptic area, the number of single- and double-labeled cells were counted in select microscopic fields containing both immunolabeled and retrogradely labeled cell bodies within the medial bed nucleus of the stria terminalis and medial nucleus of the amygdala. All labeled neurons were counted using a hand-held counter. Tracers transported from terminals within the medial preoptic area accumulated within the cytoplasm and processes of the retrogradely labeled neurons. FG-filled neurons contained fine yellow-gold granules, whereas the transported latex microspheres, ranging from 20 to 50 nm in diameter<sup>18</sup>, filled neuronal cytoplasm and processes with coarse granules emitting bright red (rhodamine) or green (fluorescein) fluorescence. A cell was considered double-labeled if it contained granules of tracer in its cytoplasm under one excitation filter and displayed homogeneous cytoplasmic fluorescence for either FITC or RITC under a different excitation filter. The number of double-labeled cells within a field was divided by the total number of substance P- or leuromorphin-containing cells counted in that field. These proportions are reported in an attempt to convey more accurately, in this descriptive study, the magnitude of the substance P- or leuromorphin-containing projections arising from the areas described.

## RESULTS

### Tract tracing

**Tracer comparisons.** Injections confined to the medial part of the caudal medial preoptic area produced similar retrograde labeling patterns regardless of the tracer used. This area is limited rostrally by the posterior border of the body of the anterior commissure, and caudally, by the anterior border of the suprachiasmatic nucleus. Lesions in this area disrupt mating behavior in both the rat and hamster<sup>15, 51</sup>.

Fluoro-gold iontophoresis produced a spherical injection site (Fig. 1A), approximately 1 mm in diameter, with a small necrotic center (50–100  $\mu$ m in diameter). The latex microspheres produced a site resembling a deposit of beads at the end of the micropipette trajectory (Fig.

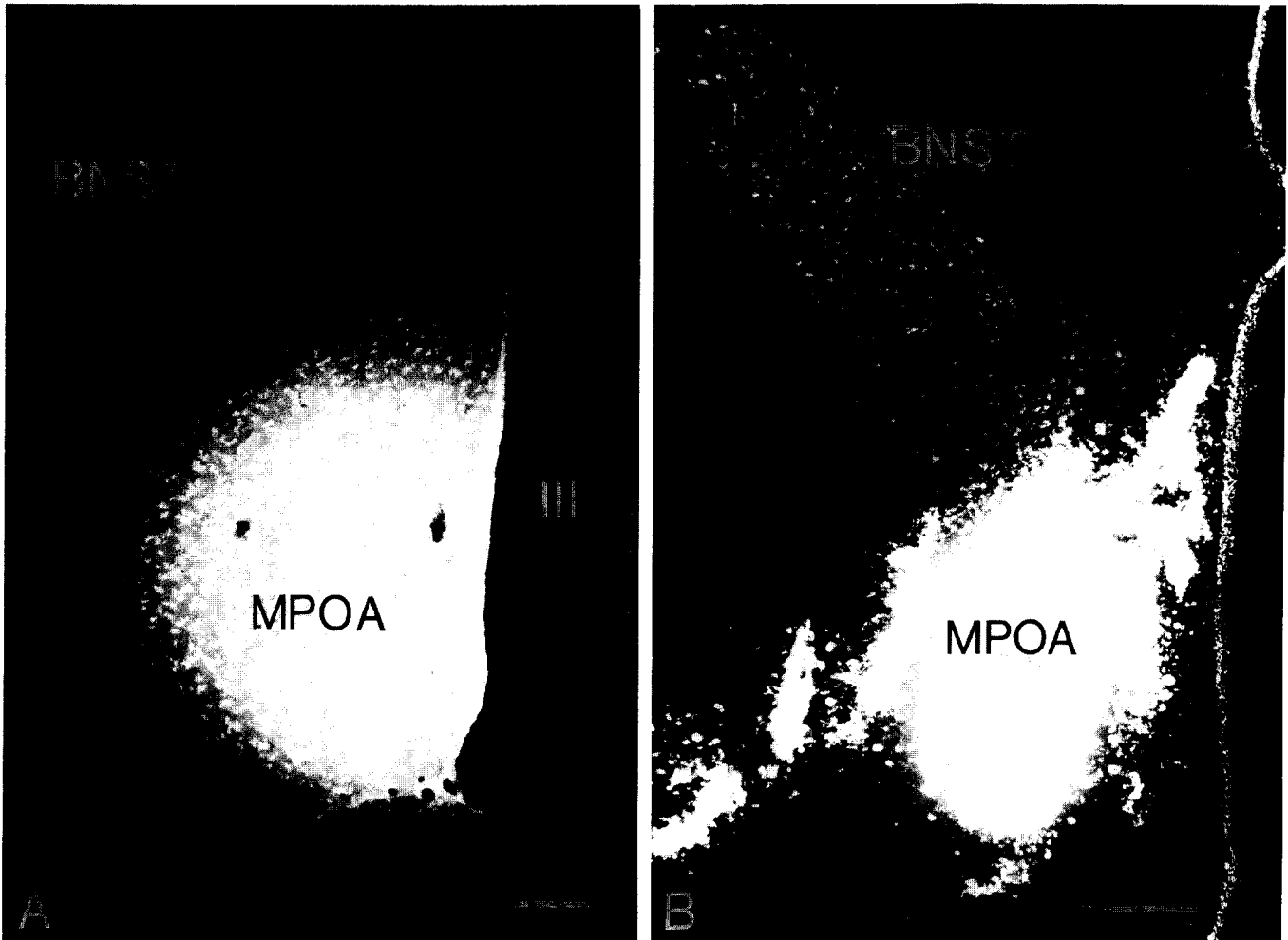


Fig. 1. Fluorescence photomicrographs demonstrating an FG iontophoresis site (A), and a rhodamine microsphere injection site (B) in the caudal medial preoptic area of 2 different male hamsters. Calibration bars equal 100  $\mu\text{m}$ .

1B) with little diffusion of beads from the injection center and no central necrosis.

Fluoro-gold is reportedly not taken up by fibers of passage<sup>49,54</sup>. In contrast, the fluorescent microspheres are reported to be taken up and transported, but only by damaged fibers<sup>27</sup>. These observations in the rat are supported by our observations in the hamster. When the FG iontophoresis site was within the anterior commissure, no retrograde labeling was observed in the anterior olfactory nucleus or other ventral forebrain structures known to project through this bundle. On the other hand, when rhodamine or fluorescein beads were injected into the anterior commissure or rostral fornix, numerous retrogradely labeled neurons were observed within the anterior olfactory nucleus and hippocampal formation, respectively. With both microspheres and FG, when the injection site was not within the fiber tract, but rather, in the gray matter adjacent to it, no transport was observed to the anterior olfactory nucleus (for anterior commissure injections) or the hippocampal formation (for fornix injections).

Although FG has been used in combination with immunocytochemistry in the rat<sup>22,61</sup>, we were unable to control quenching of FG fluorescence in combination with this technique on hamster brain tissue. Therefore, brains with FG injections were used only for retrograde transport studies and as a basis for interpretation of transport from microsphere injection sites. Brains containing the fluorescent microspheres were utilized for the combined studies with immunohistochemistry. In order to prevent microsphere-containing pipettes from penetrating ipsilateral fiber bundles, the contralateral approach to the medial preoptic area was used and retrograde labeling was analyzed only on the side ipsilateral to the injection site.

*Distribution of cells projecting to the medial preoptic area from the medial bed nucleus of the stria terminalis and medial nucleus of the amygdala.* Ipsilateral to the injection site, both FG and rhodamine-impregnated microspheres produced patterns of retrograde labeling similar to the pattern described for medial preoptic nucleus afferents in the rat<sup>5,57</sup>. Injection sites used in this analysis were confined to the caudal medial preoptic area

(Fig. 1). A schematic representation of an injection site centered in the medial half of the caudal medial preoptic area and the distribution of retrogradely labeled neurons projecting into this injection site is illustrated in Figs. 2 and 3. Retrogradely labeled cell bodies were observed rostrally in the infralimbic cortex, intermediate and ventral lateral septum, vertical limb of the diagonal band of Broca, nucleus accumbens, rostral medial preoptic area, parataenial nucleus of the thalamus, subfornical organ and medial bed nucleus of the stria terminalis. Caudal to the injection site, heaviest retrograde labeling was observed in the preoptic bed nucleus of the stria terminalis, numerous hypothalamic nuclei (particularly the arcuate and ventral premammillary nuclei), anterior cortical and medial nuclei of the amygdala, amygdalo-hippocampal area, subiculum, periaqueductal gray, dorsal raphe and peri-peduncular nucleus.

Projections from the medial bed nucleus of the stria terminalis to the medial preoptic nucleus have been reported in the rat<sup>5,57</sup> but not in the hamster. Tracer injections centered within the male hamster caudal medial preoptic area labeled numerous neurons in the

medial part of the bed nucleus of the stria terminalis throughout its extent (Figs. 2A-E; 4A). They were most numerous in the dorsal part of this nucleus at mid-caudal and caudal levels, extending ventrally to lie adjacent to the fornix and stria medullaris. In the most caudal regions, retrogradely labeled cells also filled the preoptic bed nucleus of the stria terminalis (Fig. 2E).

Projections from the medial nucleus of the amygdala to the medial preoptic area have been reported in the male hamster<sup>29,35</sup>. Results of the present study concur with earlier findings. Medial nucleus neurons with projections to the caudal one-third of the medial preoptic area were confined to the caudal region of the posterodorsal subdivision of this nucleus (Figs. 3A-D; 4B-C).

*Leuromorphin- and substance P-containing projection neurons in the medial bed nucleus of the stria terminalis and medial nucleus of the amygdala*

Substance P and leuromorphin distribution in the medial preoptic area, medial bed nucleus of the stria terminalis and medial nucleus of the amygdala have been described in detail for the male Syrian hamster<sup>43,44</sup>. After immu-

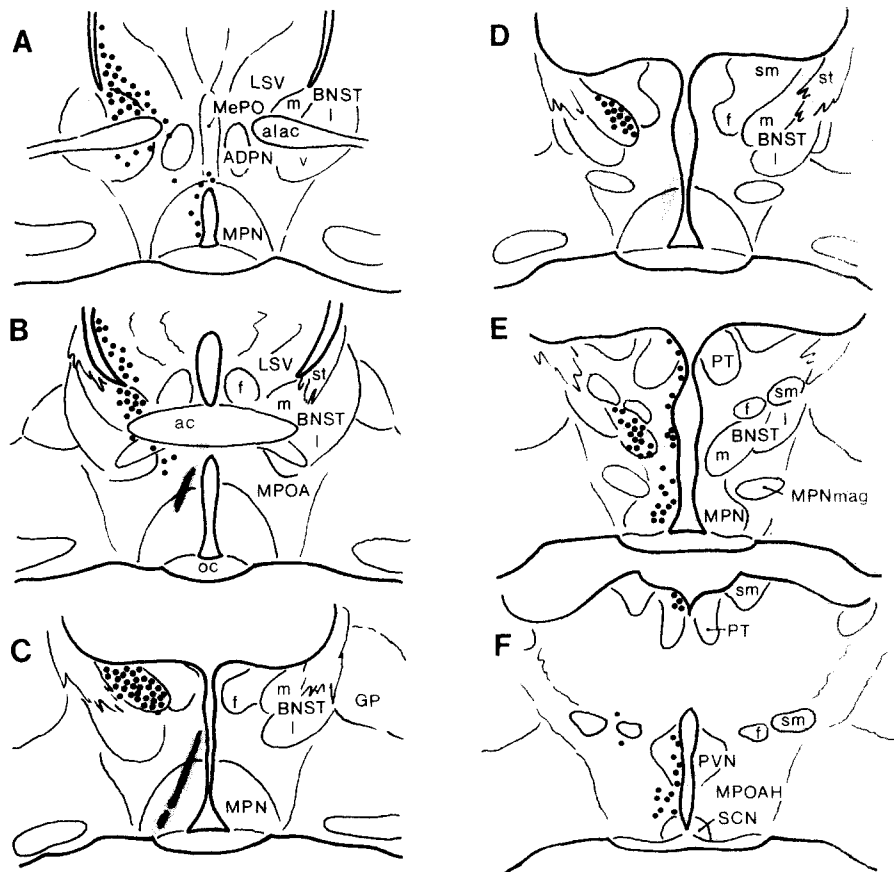


Fig. 2. Schematic drawings of coronal sections of the hamster brain through the medial preoptic area and bed nucleus of the stria terminalis illustrating the injection site centered in the caudal medial preoptic area and the pattern of distribution of retrogradely labeled neurons in hamster FN155. Black circles represent the distribution of retrogradely labeled cell bodies and the blackened area with gray shading represents the injection center.

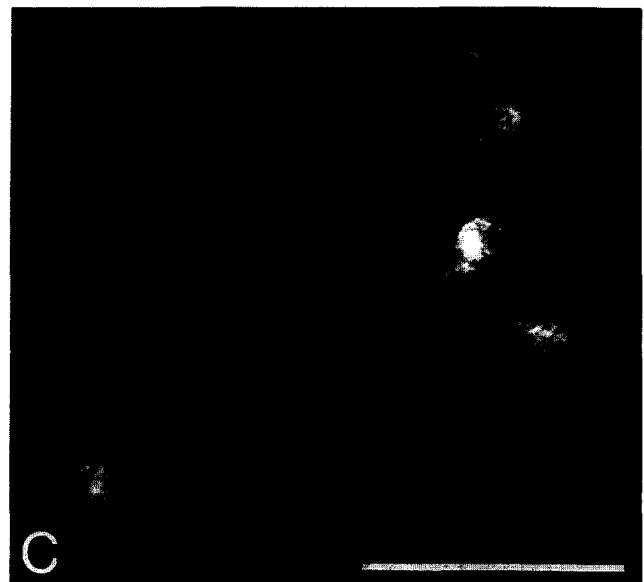
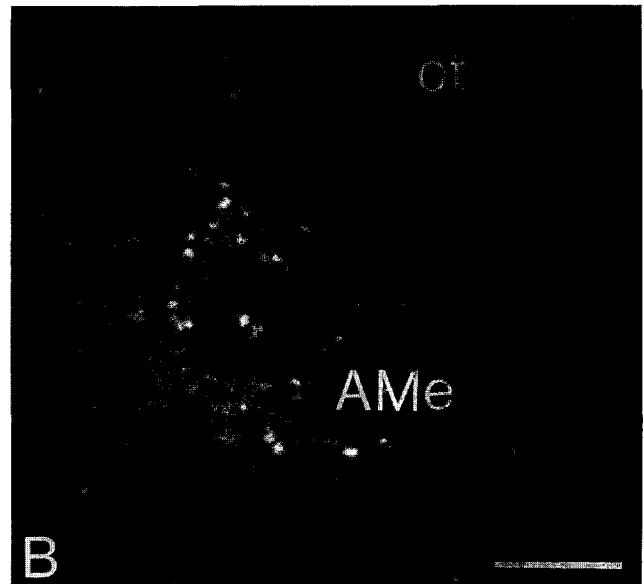
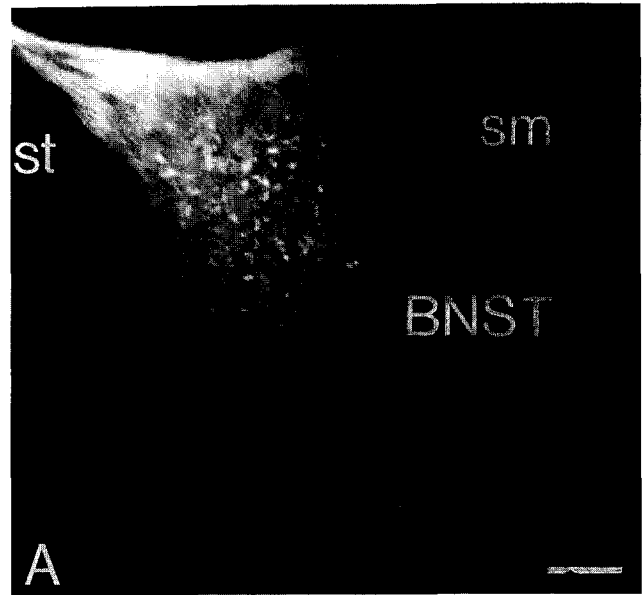
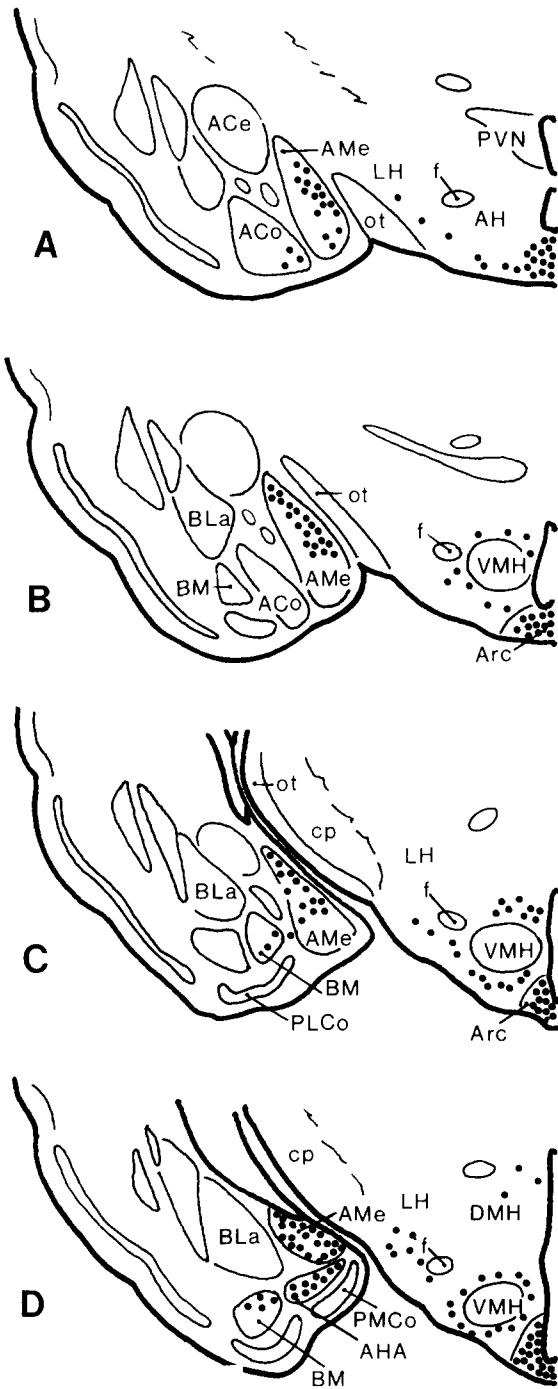


Fig. 3. Schematic drawings of coronal sections of the hamster brain through the medial nucleus of the amygdala and hypothalamus illustrating the pattern of distribution of retrogradely labeled neurons from the injection site in FN155 [Fig. 2]. Black circles represent the distribution of retrogradely labeled cell bodies.

Fig. 4. Fluorescence photomicrographs of retrogradely labeled cell bodies in the medial bed nucleus of the stria terminalis (A) and medial nucleus of the amygdala (B) after FG iontophoresis into the caudal medial preoptic area. The photograph in (C) is a high power view of FG-containing neurons seen in B. Calibration bars equal 100  $\mu$ m (A,B) and 50  $\mu$ m (C).

nolabeling sections from brains with retrograde tracer injections centered in the caudal medial preoptic area, double-labeled leuromorphin-containing cell bodies were observed in the medial bed nucleus of the stria terminalis and medial nucleus of the amygdala (Fig. 5A,B), and double-labeled substance P-containing cell bodies were found in these same areas (Fig. 5C,D). Double-labeled neurons made up a small percentage of the total substance P or leuromorphin populations in these areas.

It should be noted that the patterns of substance P- and leuromorphin-containing projection neurons were similar. This was expected because both leuromorphin and substance P have been described in the same areas of the hamster brain<sup>44,58</sup>, and these peptides have been colocalized within the same neurons in these structures<sup>43</sup>. However, the percentage of substance P-containing neurons with MPOA projections was consistently less than the percentage of leuromorphin-containing projection neurons in both the medial nucleus of the amygdala and medial bed nucleus of the stria terminalis.

**Medial bed nucleus of the stria terminalis.** In the rostral bed nucleus of the stria terminalis, between the lateral ventricle and body of the anterior commissure, leuromorphin-containing neurons were situated laterally and retrogradely labeled neurons medially. No region of overlap existed. However, immediately ventral to the body of the

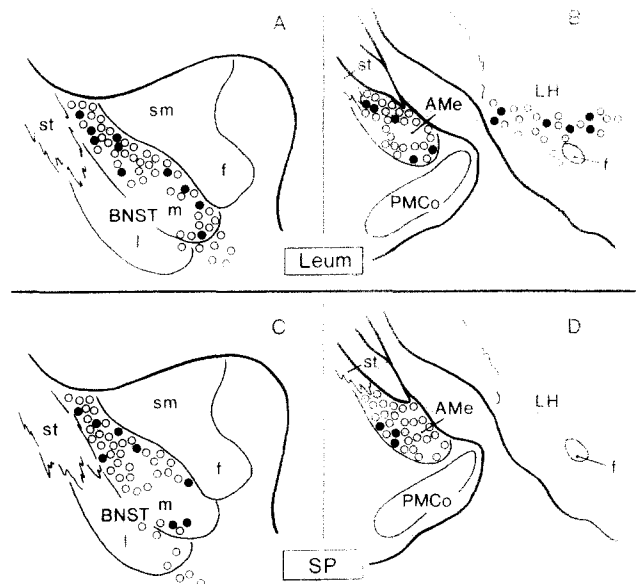


Fig. 5. Schematic drawings of coronal sections of the hamster brain through the bed nucleus of the stria terminalis (A,C), and the medial nucleus of the amygdala and lateral hypothalamus (B,D). Open circles (○) represent the distribution of leuromorphin-containing (A,B) and substance P-containing (C,D) neurons. Closed circles (●) indicate leuromorphin-containing or substance P-containing neurons double labeled with retrograde tracer after injection in the caudal medial preoptic area.

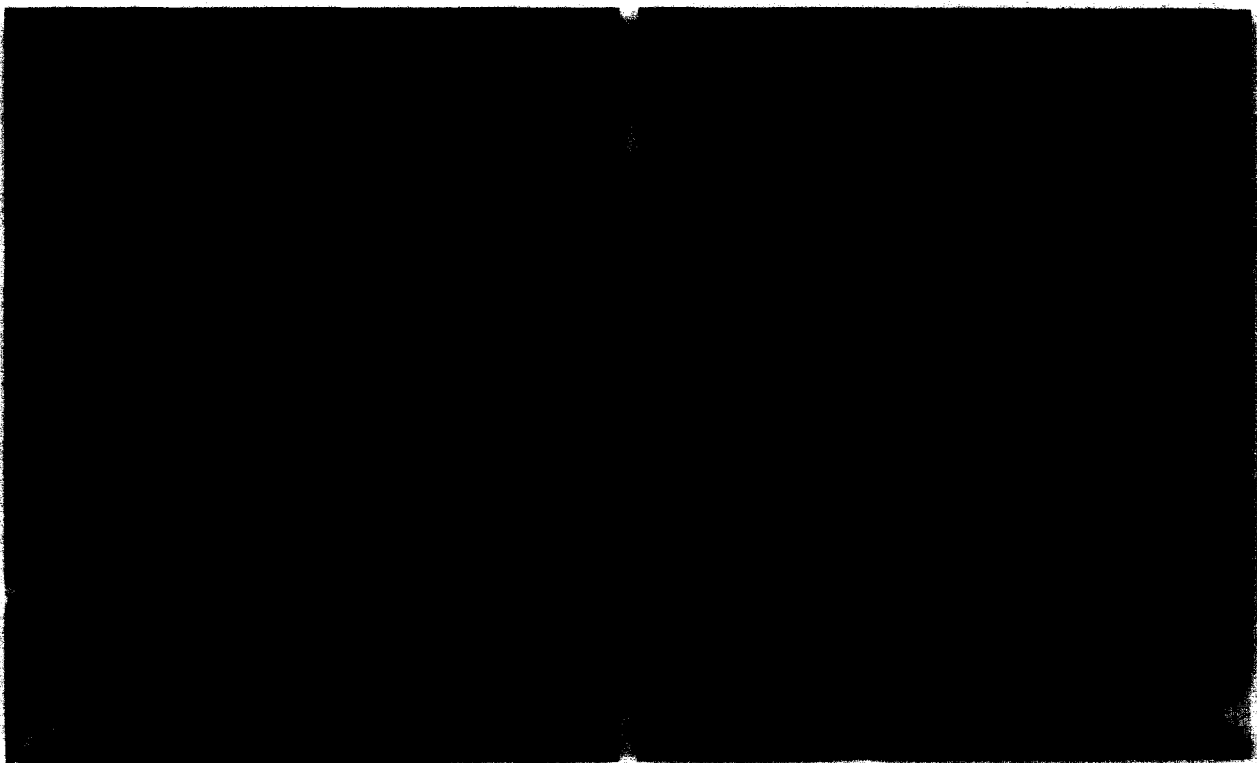


Fig. 6. Fluorescence photomicrograph of retrogradely labeled cell bodies in the medial bed nucleus of the stria terminalis following injection of fluorescein-impregnated latex microspheres into the caudal medial preoptic area (A). This same section was immunolabeled for substance P using an RITC-conjugated secondary antiserum (B). Double-labeled neurons are indicated by arrows. Calibration bar equals 50  $\mu$ m.

anterior commissure, 3–5% of the leuromorphin-containing neurons were double labeled. At mid-caudal levels of the bed nucleus, a dense population of leuromorphin-containing cell bodies overlapped with the retrogradely labeled neurons filling the medial subdivision dorsally adjacent to the lateral ventricle, and ventrally adjacent to the fornix and stria medullaris (Fig. 5A). In this area, 7–11% of the leuromorphin-containing neurons were observed to be double labeled. The majority of these double-labeled cells were located ventrally, along the stria medullaris and fornix. At caudal levels, in the preoptic bed nucleus of the stria terminalis, leuromorphin-containing and retrogradely labeled neuronal populations also overlapped extensively and the proportion of leuromorphin neurons which were double labeled was relatively unchanged (7–13%). In the most caudal part of the preoptic bed nucleus both leuromorphin and tracer labeling

decreased dramatically and no double-labeled cells were observed.

Rostrally, substance P-containing neurons in the bed nucleus of the stria terminalis were scattered dorsal and ventral to the body of the anterior commissure but no double-labeled neurons were found. At mid-caudal levels a dense population of substance P-containing neurons with a pattern of distribution similar to that described above for leuromorphin filled the medial subdivision. In this population, 5–6% of substance P-containing neurons were double labeled (Figs. 5C; 6). Like the leuromorphin-containing projection neurons, these substance P-containing double-labeled cells were situated predominantly in the ventromedial portion of the nucleus, adjacent to the stria medullaris and fornix. Only an occasional double-labeled cell body was observed in the dorsal part of the medial subdivision, even though the populations of

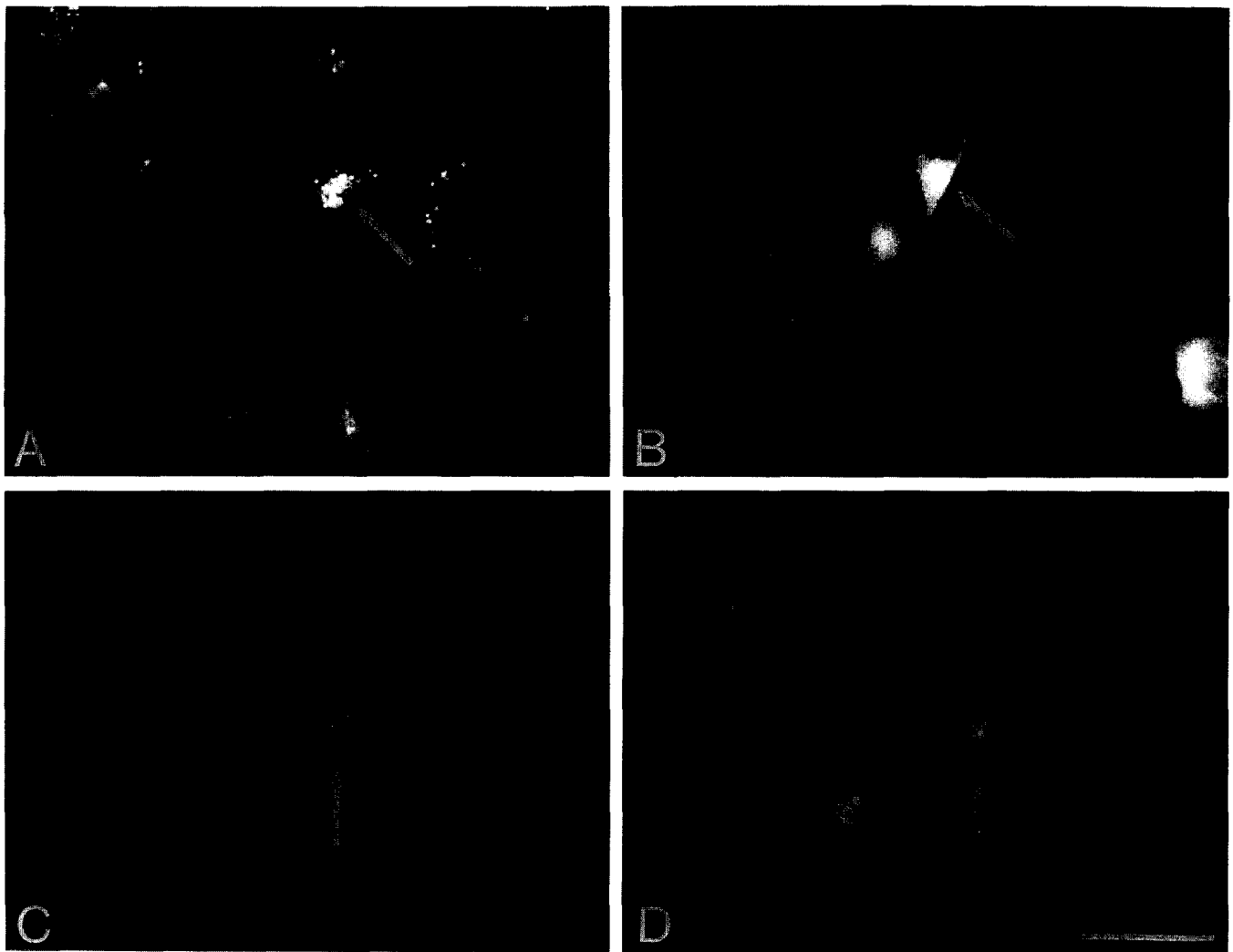


Fig. 7. Fluorescence photomicrographs of retrogradely labeled cell bodies in the medial nucleus of the amygdala (A) and lateral hypothalamus (C) following injection of rhodamine-impregnated latex microspheres into the caudal medial preoptic area. These same sections were labeled for C-peptide immunoreactivity in the medial nucleus (B) and lateral hypothalamus (D), using an FITC-conjugated secondary antiserum. Double-labeled neurons are indicated by arrows. Calibration bar equals 100  $\mu$ m.

both substance P- and tracer-containing neurons were sizable. Caudally, substance P-containing and retrogradely labeled neurons filled the medial subdivision as it extended ventrally to become the preoptic bed nucleus. At this level, 5–8% of the substance P-containing neurons observed were double labeled. Within the preoptic bed nucleus of the stria terminalis, however, substance P immunoreactivity tapered off and no double-labeled neurons were found.

*Medial nucleus of the amygdala.* The pattern of distribution of leuromorphin-containing neurons in the mid-caudal to caudal medial amygdaloid nucleus overlapped considerably with the distribution of retrogradely labeled cell bodies. At mid-caudal levels, 4–8% of leuromorphin-containing neurons were double labeled (Figs. 5B; 7A,B). Caudally, 7–11% of leuromorphin-containing neurons were double labeled. At the caudal tip of the medial nucleus, leuromorphin immunolabeling tapered off but retrogradely labeled neurons filled the nucleus. At this level, 2–3% of the leuromorphin-containing cell bodies were observed to be double labeled with retrograde tracer. Double-labeled neurons were located along the ventrolateral part of the nucleus at mid-caudal levels. The substantial population of leuromorphin-containing cell bodies adjacent to the optic tract was completely devoid of retrograde labeling. At more caudal levels the double-labeled cells were found along the dorsolateral border of the nucleus.

The pattern of substance P immunoreactivity in the mid-caudal and caudal regions of the medial nucleus was again similar to that of leuromorphin immunoreactivity, overlapping considerably with retrograde labeling. In the mid-caudal medial nucleus 3–5% of the substance P-containing cell bodies were double labeled. These double-labeled neurons were situated ventrolateral within this region (Fig. 5D). Caudally, 2–3% of the substance P-containing neurons analyzed were observed to be double labeled, located ventrally within the caudal medial nucleus. No double-labeled cell bodies were observed in the caudal tip of the medial nucleus.

In one animal with a control injection site centered in the preoptic bed nucleus of the stria terminalis (described below), several retrogradely labeled cell bodies were observed in the anterodorsal medial nucleus of the amygdala. The retrogradely labeled cell bodies observed in this area overlapped extensively with a population of leuromorphin-containing neurons, and a much smaller population of substance P-containing neurons. In this animal, 4% of the leuromorphin-containing neurons and 5% of the substance P-containing neurons in this more rostral area were double labeled. The proportions of double-labeled substance P- and leuromorphin-containing neurons in the caudal posterodorsal subdivision in this animal were no

different from those observed in animals with injection sites limited to the caudal medial preoptic area.

#### *Control results*

*Immunocytochemistry.* As reported previously<sup>43,44</sup>, both the substance P and leuromorphin antisera were highly specific for their peptide sequences. Only the rat C-terminus and substance P peptides were able to block leuromorphin and substance P immunostaining, respectively. Other peptides had no effect. When KPBS was used in place of the primary antiserum, regardless of the fluorescent secondary antiserum used, no immunofluorescence was detected. Patterns of distribution of substance P and leuromorphin immunoreactive cell bodies, fibers and terminals were identical in all hamster brains, with or without tracer injections.

*Injection sites centered in other brain areas.* Injection sites used for analysis in this study were confined to the medial half of the caudal one-third of the medial preoptic area. All injection sites confined to this location provided the characteristic retrograde labeling pattern described above. Injection sites centered in the rostral medial preoptic area or anterior hypothalamus produced different retrograde labeling patterns. Most notable from both sites was the absence of labeled cell bodies in the lateral septum, medial bed nucleus of the stria terminalis lateral hypothalamus and dorsal raphe.

One animal had an injection centered in the preoptic bed nucleus of the stria terminalis within the caudal extent of the medial preoptic area. In this animal, in addition to the usual sites of retrograde labeling observed in caudal medial preoptic area injections, projection neurons were observed in the mid-anterodorsal division of the medial nucleus of the amygdala as well as the posterodorsal subdivision.

Finally, in one animal the injection center was in the lateral half of the caudal medial preoptic area. In this animal the pattern of retrograde labeling was similar to that observed with medial sites. However, in this animal retrograde labeling was quantitatively less in most brain areas. In the medial nucleus of the amygdala there was still retrograde labeling in the caudal half, but retrogradely labeled cell bodies were observed more rostrally than in animals with medially confined sites. In this animal retrogradely labeled cell bodies were also observed in the core of the ventromedial nucleus of the hypothalamus, in contrast to the pattern observed with sites centered in the medial half of the medial preoptic area where labeling was confined to scattered neurons in the shell of the ventromedial nucleus, with none located in the core.

*Double labeling in areas outside the bed nucleus and medial amygdaloid nucleus.* Although the patterns of leuromorphin- and substance P-containing projection neu-



rons were similar to one another in the medial nucleus of the amygdala and bed nucleus of the stria terminalis, this was not the case in all areas of the brain. Observations from analysis of 3 other areas illustrate different patterns of results from those obtained in the amygdala and the bed nucleus.

The ventral lateral septum was an area which contained numerous retrogradely labeled neurons and numerous substance P- and leuromorphin-containing cell bodies, yet this region contained no double-labeled neurons. After analysis of over 600 substance P-containing, 1100 leuromorphin-containing and 2500 retrograde tracer-containing cell bodies from different parts of the ventral lateral septum of 6 animals with well placed injection sites, no double-labeled cell bodies from this area were observed.

The lateral hypothalamus was an area that contained a moderate number of retrogradely labeled neurons after injections into the caudal medial preoptic area, numerous leuromorphin-containing neurons and no substance P-containing neurons. The pattern of retrograde labeling in the lateral hypothalamus was similar to what has been reported in the rat<sup>5,57</sup>, with retrogradely labeled cell bodies extending laterally from the paraventricular nucleus towards the zona incerta in the rostral lateral hypothalamus (Fig. 7C,D) and disappearing caudally. These retrogradely labeled neurons extended over an area which also contained a population of prodynorphin-containing cell bodies<sup>44</sup>. At rostral and mid-caudal levels, from 7–10% of the leuromorphin-containing neurons were retrogradely labeled (Fig. 5B). However, no substance P-containing neurons were located within the lateral hypothalamic area and, therefore, no substance P-containing projection neurons were identified in this area (Fig. 5D).

Lastly, the ventromedial nucleus of the hypothalamus contained a small number of distinct substance P immunolabeled neurons identified within the core. In addition, numerous lightly stained leuromorphin-containing cell bodies were observed within the core and distinctly-labeled cell bodies in the shell of this nucleus. However, after tracer injections were centered into the medial half of the caudal medial preoptic area, no retrogradely labeled cell bodies were observed in the core of the ventromedial nucleus, and only an occasional retrogradely labeled neuron was observed in the shell region. Consequently no substance P- or leuromorphin-containing neurons with projections to the medial portion of the caudal medial preoptic area were observed.

## DISCUSSION

This study provides evidence for the existence of

populations of substance P- and leuromorphin (prodynorphin)-containing neurons within the medial bed nucleus of the stria terminalis and medial nucleus of the amygdala with efferent projections to the caudal one-third of the medial preoptic area in the male hamster brain. A population of prodynorphin-containing neurons within the lateral hypothalamus was also found to project to the medial preoptic area.

Dense prodynorphin- and substance P-containing fiber plexuses and terminals have been described within the medial preoptic area<sup>44,58</sup>. The results reported here indicate that at least a portion of these prodynorphin-containing fibers arise from the medial bed nucleus of the stria terminalis, medial amygdaloid nucleus and lateral hypothalamus, and a portion of the substance P-containing fibers arise from the medial bed nucleus and medial nucleus of the amygdala, but not from the lateral hypothalamus.

It should be noted, however, that there were several areas of the hamster brain that have projections to the medial preoptic area and that contain substance P- or leuromorphin-immunoreactive neurons but were not analyzed in this study of the chemosensory pathway. These areas, the rostral medial preoptic area, arcuate nucleus of the hypothalamus, peripeduncular nucleus, dorsal raphe, central gray and several brainstem nuclei, may provide additional prodynorphin and substance P input to the medial preoptic area. Paxinos and colleagues have demonstrated that knife cuts through the bed nucleus of the stria terminalis in the rat lead to the disappearance of substance P-like immunoreactivity in the medial preoptic area<sup>47</sup>. However, these cuts extended from the bed nucleus of the stria terminalis to the base of the brain ventrally and may have severed substance P-containing

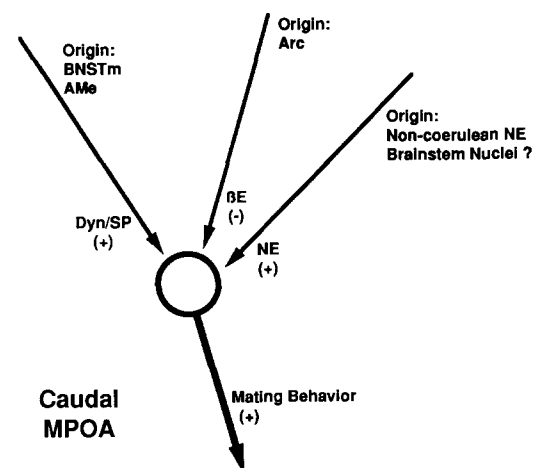


Fig. 8. Hypothetical model of neurotransmitters involved in the neural circuitry controlling male Syrian hamster mating behavior, showing possible interactions between  $\beta$ -endorphin, dynorphins, substance P and norepinephrine in the caudal medial preoptic area.

inputs from other brain areas (i.e., the medial nucleus of the amygdala via the stria terminalis or the lateral hypothalamus via ascending medial forebrain bundle fibers<sup>64</sup>).

Using lesion and immunohistochemistry techniques, Yamano and colleagues demonstrated a significant input to the medial preoptic area from substance P-containing neurons within the ventromedial nucleus of the hypothalamus of the male rat<sup>64</sup>. This is in contrast to our findings in the hamster. As described above, we observed numerous leuromorphin- and substance P-containing neurons within the core of the ventromedial nucleus, but no retrogradely labeled neurons were identified in this region. The most likely explanation for this discrepancy is that Yamano et al.<sup>64</sup> may have injected the retrograde tracer into a larger area or different subdivision of the medial preoptic area than we did in this study. Their injection sites were not illustrated. The tracer injections used in the present analysis were confined to the medial part of the caudal medial preoptic area with the exception of one animal in which the injection was centered in the lateral part of this area. In that animal the injection did produce retrogradely labeled cells in the core of the ventromedial nucleus and in rostral levels of the medial nucleus of the amygdala.

This evidence for different circuits projecting to the medial versus the lateral part of the medial preoptic area is supported by recent anterograde tract tracing studies in this laboratory<sup>13</sup>. In these experiments, the posterodorsal medial nucleus of the amygdala was shown to project to the shell of the ventromedial nucleus of the hypothalamus and to the medial part of the caudal medial preoptic area while the anterodorsal subdivision of the medial nucleus projects to the core of the ventromedial nucleus and the lateral part of the caudal medial preoptic area. It is possible, therefore, that injections centered in the lateral portion of the caudal medial preoptic area in the hamster may retrogradely label these substance P-containing neurons within the core of the ventromedial nucleus as a part of a separate circuit connecting structures within the male hamster chemosensory pathway.

The projections to the medial preoptic area from the medial nucleus of the amygdala and medial bed nucleus of the stria terminalis demonstrated here are part of the neuroanatomical circuitry that controls male hamster mating behavior<sup>62,63</sup>. Bilateral lesions of these nuclei, or the fiber pathways connecting them, completely disrupt normal male mating behavior in the hamster<sup>30-32,51</sup>. The lateral hypothalamus, also shown here to project to the medial preoptic area, has not been identified as part of this excitatory chemosensory circuitry. Although earlier studies with knife cuts and electrolytic lesions suggested

that it played a role in sexual behavior of the male rat<sup>2,16,17</sup>, results of ibotenic acid lesions in this structure in the rat suggest that the effects in earlier studies were probably due to destruction of ascending tyrosine hydroxylase-positive (catecholaminergic) axons travelling through the area en route to the forebrain from the brainstem<sup>14,48</sup>.

Behavioral studies in the male rat have shown that placement of substance P or dynorphin A into the medial preoptic area facilitates mating behavior<sup>1,10</sup>. Results from the present study provide evidence that substance P- and prodynorphin-containing neurons located within the chemosensory pathway in the male hamster project to that part of the medial preoptic area in which lesions abolish mating behavior in this species<sup>51</sup>. These results are consistent with the hypothesis that both substance P and prodynorphin peptides contribute to the chemosensory facilitation of this behavior. Studies to test this hypothesis directly in the hamster are needed.

The mechanism through which these peptides might influence male hamster sexual behavior is unknown. The results of the present study, however, can be considered in conjunction with observations of  $\beta$ -endorphinergic projections to the medial preoptic area from the arcuate nucleus of the hypothalamus<sup>45</sup> to propose a model for neurotransmitter control of this behavior (Fig. 8). In this scheme, the substance P and dynorphinergic inputs from the bed nucleus of the stria terminalis and medial nucleus of the amygdala facilitate copulatory behavior through an interaction with  $\beta$ -endorphin input from the arcuate nucleus which inhibits the behavior. This model, although purely hypothetical, can be supported on the following bases.

$\alpha$ -Adrenergic receptors in the medial preoptic area<sup>33,65</sup> and noradrenergic projections to this area from the A1 and A2 cell groups in the medulla have been described<sup>8</sup>. This noradrenergic system has been implicated as a facilitator for normal copulatory behavior in the rat<sup>3,6,7</sup>. Pharmacological and anatomical experiments also support the notion that noradrenergic input to the medial preoptic area facilitates the release of gonadotropin-releasing hormone (GnRH)<sup>23,25,34</sup>. In contrast, the endogenous opioid  $\beta$ -endorphin is inhibitory not only to GnRH release<sup>26</sup>, but also to mating behavior in both the rat and hamster<sup>37,41</sup>, the latter apparently via interactions in the caudal medial preoptic area<sup>19</sup>. These inhibitory effects of  $\beta$ -endorphin may be via direct inhibition of the noradrenergic input, a mechanism that is supported by both pharmacological<sup>24,26</sup> and ultrastructural observations<sup>4</sup>.

Dynorphin and substance P in this system are less well studied than  $\beta$ -endorphin and norepinephrine. Although the neurophysiological effects of dynorphin and sub-

stance P on neurons within the medial preoptic area are not known, both of these peptides have been shown to facilitate male sexual behavior when released into the medial preoptic area<sup>1,10</sup>. Based on data from other laboratories demonstrating that substance P can induce the release of Met-enkephalin and possibly dynorphins from nerve terminals in the striatum and spinal cord, we hypothesize here that substance P may act presynaptically to facilitate release of dynorphins from nerve terminals in the medial preoptic area<sup>9,59</sup>. This is not dependent upon, but is consistent with, colocalization of these two peptides in the same terminal<sup>43</sup>.

Thus, in this model substance P induces the release of prodynorphin peptides in the caudal medial preoptic area. These prodynorphin peptides facilitate mating behavior by inhibiting the inhibitory influence of  $\beta$ -endorphin on previously existing noradrenergic facilitation. North<sup>46</sup> has suggested, based on ion conductance studies of the opioid receptor types found in the brain, that activation of  $\mu$ ,  $\delta$  or  $\kappa$  opioid receptors can, under certain conditions, lead to reduction in transmitter release from, or an inhibition of firing of, nerve cells bearing those receptors. In support of this notion, Mulder and colleagues have demonstrated that dynorphin [1-8] and [1-13], via their high affinity for kappa receptors, mediate presynaptic inhibition of electrically-induced release of dopamine, acetylcholine and norepinephrine from rat brain slices<sup>40</sup>.

Observations of the effects of castration on these transmitters and on behavior are also consistent with the model in Fig. 8. There is evidence that all 3 of these peptide projection systems are under gonadal steroid control. Arcuate nucleus  $\beta$ -endorphin content has been shown to increase after castration and return to normal upon testosterone replacement<sup>52</sup>. In contrast, castration

induces a loss of substance P<sup>58</sup> and prodynorphin (unpublished observations) immunoreactivity in the bed nucleus of the stria terminalis and medial nucleus of the amygdala in the male hamster, both of which are reversed with testosterone replacement. In addition, both  $\beta$ -endorphin- and dynorphin-containing cell bodies that actively accumulate circulating gonadal steroids have been identified<sup>39</sup>.

This study provides evidence that neuropeptides implicated in the regulation of sexual behavior in the hamster and rat are actually present in the chemosensory circuitry which controls this behavior in the male Syrian hamster. Investigation of the impact of these leuromorphin and substance P inputs into the medial preoptic area may be accomplished through immunohistochemical labeling after lesions of the medial bed nucleus of the stria terminalis or medial nucleus of the amygdala, through ultrastructural studies of the relationship of chemically identified synapses and via analysis of the regulation of these peptides by circulating gonadal steroids. It will also be helpful to demonstrate the facilitation of sexual behavior with injections of dynorphin or substance P peptides directly into the parenchyma of male hamster medial preoptic area, as has been demonstrated in the rat. These and other studies will be necessary in the evaluation of this proposed model system.

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#### ABBREVIATIONS

ac	anterior commissure
ADPN	anterodorsal preoptic nucleus
AH	anterior hypothalamus
AHA	amygdalohippocampal area
alac	anterior limb of the anterior commissure
ACe	central nucleus of the amygdala
ACo	anterior cortical nucleus of the amygdala
AMe	medial nucleus of the amygdala
Arc	arcuate nucleus of the hypothalamus
BLa	basolateral nucleus of the amygdala
BM	basomedial nucleus of the amygdala
BNSTl	lateral bed nucleus of the stria terminalis
BNSTm	medial bed nucleus of the stria terminalis
BNSTv	ventral bed nucleus of the stria terminalis
cp	cerebral peduncle
DMH	dorsomedial nucleus of the hypothalamus
f	fornix
GP	globus pallidus
III	third ventricle
LH	lateral hypothalamus

LV	lateral ventricle
LSV	ventral lateral septum
MePO	medial preoptic nucleus
MPN	medial preoptic nucleus
MPNmag	magnocellular medial preoptic nucleus
MPOAH	medial preoptic anterior hypothalamic area
mt	mammillothalamic tract
oc	optic chiasm
ot	optic tract
PLCo	posterolateral cortical nucleus of the amygdala
PMCo	posteromedial cortical nucleus of the amygdala
PT	parataenial nucleus of the thalamus
PVN	paraventricular nucleus of the hypothalamus
SCN	suprachiasmatic nucleus of the hypothalamus
sm	stria medullaris
st	stria terminalis
VMH	ventromedial nucleus of the hypothalamus
$\beta$ E	$\beta$ -endorphin
Dyn	dynorphin
Leum	leuromorphin
NE	norepinephrine
SP	substance P

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