Autoradiography-based, Three-dimensional Calculation of Dose Rate for Murine, Human-tumor Xenografts

KENNETH F. KORAL*, CHEUK S. KWOK†, FARLEY E. YANG‡, RAYA S. BROWN§, JAMES C. SISSON¶ and RICHARD L. WAHL§

1Internal Medicine, Division of Nuclear Medicine, The University of Michigan Medical Center, Ann Arbor, MI 48109, U.S.A. and 2The Hamilton Regional Cancer Center, 711 Concession St, Hamilton, Ontario, Canada L8V 1C3

(Received 26 May 1993)

A Fast Fourier Transform method for calculating the three-dimensional dose rate distribution for murine, human-tumor xenografts is outlined. The required input includes evenly-spaced activity slices which span the tumor. Numerical values in these slices are determined by quantitative $^{131}$I autoradiography. For the absorbed dose-rate calculation, we assume the activity from both $^{131}$I- and $^{90}$Y-labeled radiopharmaceuticals would be distributed as is measured with the $^{131}$I label. Two example cases are presented: an ovarian-carcinoma xenograft with an IgG 2ak monoclonal antibody and a neuroblastoma xenograft with meta-iodobenzylguanidine (MIBG).

Considering all the volume elements in a tumor, we show, by comparison of histograms and also relative standard deviations, that the measured $^{131}$I activity and the calculated $^{131}$I dose-rate distributions, are similarly non-uniform and that they are more non-uniform than the calculated $^{90}$Y dose-rate distribution. However, the maximum-to-minimum ratio, another measure of non-uniformity, decreases by roughly an order of magnitude from one distribution to the next in the order given above.

Introduction

For tumor dosimetry, one would ideally have repeated, high-resolution, tomographic images so that the entire time-course of activity uptake and washout could be observed for individual voxels of interest. The three-dimensional distribution of absorbed dose up to any point could then be calculated within the tumor to high accuracy from known physical information.

Lacking such imaging both for patients and also for animal models, one can use autoradiography of excised tumors. In therapy of murine tumors, the autoradiographs can provide the activity distribution at a particular time point—the time of tumor removal. It is then possible to calculate the distribution of dose rate at that time point.

We previously published, in an abstract for the 36th Annual Meeting of the Society of Nuclear Medicine (Koral et al., 1989), preliminary results that used point dose kernels and the Fast Fourier Transform with a single autoradiograph slice to calculate the three-dimensional dose rate for murine human-tumor xenografts. At the meeting itself, we presented the three-dimensional dosimetry method but based on serial autoradiographs. Another group subsequently published an abstract (Roberson et al., 1990) and full paper (Roberson et al., 1992) on three-dimensional dose calculation from serial autoradiographs with the same point dose kernels but without use of the Fast Fourier Transform. Two other groups separately derived their own point dose kernels for dosimetry calculations (Leichner et al., 1989; Lui et al., 1991).

Implantation of miniature thermoluminescent dosimeters (TLDs) in mouse tumors (Griffith et al., 1988) can add further three-dimensional information by recording the absorbed dose up to the time of sacrifice at individual spatial locations. However, drawbacks are (1) assuming that the dosimeters do not perturb the radiation field in the tumor and (2) error from inferring the absorbed dose at other spatial locations. One such previous study by Griffith et al. (1988) actually used TLD measurements in conjunction with autoradiographs. The autoradiographs showed large variations in $^{131}$I activity at sacrifice for the xenograft of a Raji B-cell lymphoma in an athymic nude mouse with the labeled LYM-1 monoclonal antibody (Mab) (Griffith et al., 1988). The activity at sacrifice for a LS174T
we compare the distribution of absorbed dose-rate one can infer dose-rate non-uniformity simply by different descriptors of non-uniformity. Specifically, noma xenograft in a female nu/nu homozygous CD1 mouse. The animals were inoculated with minced tumor as previously described (Sisson et al., 1991). When the tumor reached a diameter of approx. 1 cm, the mouse was injected with 74 MBq of $^{125}$I meta-iodobenzylguanidine (MIBG). After 6.5 h, the animal was sacrificed and the tumor excised.

Aautoradiography of sample and standards

Excised tumors were handled by quickly freezing at $-70^\circ$C (ovarian carcinoma) or by dipping the tissue for 45–60 s in iso-pentane cooled with liquid nitrogen (neuroblastoma). Frozen tissues were kept at $-70^\circ$C until used, then attached to the cryostat holder with OCT (Miles Scientific, Naperville, Ill.) at $-30^\circ$C and sectioned at $-15$ to $-20^\circ$C. The frozen sections, which were 12 μm thick (ovarian carcinoma) or 10 μm thick (neuroblastoma), were picked up on microscope slides, with as little rotation relative to one another as possible, and air dried at room temperature. Contact autoradiography for the sections was performed by parallel positioning of these slides face down on standard sheets of Kodak XAR5 film in a cassette with an intensifying screen. For sections of ovarian carcinoma, the film was exposed for 64 h at room temperature; for sections of neuroblastoma, exposure was at $-70^\circ$C for 2 h. The latter is a shorter procedure which we believe to be equally good.

Standards for film calibration were prepared from the livers of balb-C mice. For the ovarian xenograft, the mouse was injected with 3.7 MBq of the $^{125}$I 5G6.4 preparation. The liver was removed, weighed, counted in a γ counter, frozen and sectioned at the same thickness as the tumor samples. To obtain seven calibration points, a single slice was placed on each of the seven microscope slides. These were arranged on the same sheet of film as the tumor. It was assumed that the liver had a uniform concentration of activity. This assumption of uniformity was indicated by the results of the autoradiography for the individual liver slices. The total counts for the liver were converted to MBq by a known calibration constant in units of MBq/counts. The value for the activity concentration of the liver, $a$, in MBq/g was obtained by dividing by the mass. To obtain effective values of MBq/g for individual liver slices which were different by a factor of 2, slice one was removed from the film after 2 h, slice two after 4 h, slice three after 8 h etc. up to slice seven after 128 h. Since the tumor samples exposed the film for 64 h the individual slices of the standard had effective values of activity concentration equal to $(t/64)^a$ where $t_i$ are the times in hours given above $(1 < i < 7)$. This last step is sufficient because (1) the standards and samples are the same thickness and (2) film exposure is to be related to microcuries/gram. The procedure is only correct to first order because of decay but has little error (1.5% for the worst point) because of the long half life of $^{125}$I (60.2 days) relative to the exposure times used. For a radioisotope with a shorter half life and the same
exposure times, it would be necessary to do the calibration with optical density plotted against cumulated activity concentration (kBq h/mg) as in Jönsson et al. (1992).

For the neuroblastoma xenograft a different procedure was chosen to obtain standards of the same thickness as the tumor samples: liver sections from animals injected with 0.93, 1.85, 3.7, 7.4, 14.8 and 22.2 MBq of $^{125}$I MIBG exposed the film being used for the tumor. This procedure required the additional assumption of similar uptake by the six mice used. Essentially, we took a new calibration because of the changed exposure conditions and also arbitrarily chose a new method for obtaining standards.

**Quantitative analysis of autoradiographs**

The autoradiographs were evaluated by a videodensitometric system. The light intensity passing through the film from a uniform source was evaluated and digitized (0–255) as a function of position using a video camera*, lens† and computer‡. The darkest section of film was set to have a value of 0 and the least exposed to have a value of 255. A normalization process assured that there was equal sensitivity across the film. The digital value, I, for the intensity of light passing through an arbitrary pixel of the autoradiogram was then related to the highest intensity, 255, to compute the film optical density, D, as follows:

$$\log_{10} \frac{I}{255} = -D$$

In this way, the average digital value for each standard was found and converted to an optical density.

As is customarily done, a plot of optical density versus activity concentration was made for the seven standards. The functional form of a cubic polynomial was fit to these data as shown in Fig. 1. From this form, the computed optical density of each pixel in the tumor sample was converted to a calculated activity concentration which was stored for further processing.

**$^{125}$I data**

The original form of the $^{125}$I data for the ovarian xenograft involved 19 slices, evenly spaced every 0.6 mm. Tumor longitudinal extent was 1.08 cm. A square 87 x 87 pixel array was sufficient to cover all slices; the pixel size was 244 μm square. For the neuroblastoma xenograft, the original form of the data was 9 slices, evenly spaced every millimeter. Tumor longitudinal extent was 0.80 cm. A 52 x 68 pixel array was used; the pixel size was 276 μm square. The thickness, spacing and pixel-size differences between examples were small and mostly arbitrary. Individual slices of each tumor were assumed to be properly registered with each other after visually locating the centroid of each slice at the same location.

**Three-dimensional absorbed dose-rate calculation**

A dose-rate distribution was calculated for an $^{125}$I-labeled compound by assuming that the activity distribution would be that of the $^{125}$I-labeled compound which seemed quite reasonable. A dose-rate distribution for $^{90}$Y was calculated by making the same assumption, although labeling MIBG with $^{90}$Y was unlikely. The results in this case are mainly a second demonstration of the effects of the longer-range β-particle of $^{90}$Y.

The two sets of multiple-slice $^{125}$I activity-concentration data, one for each tumor system, were analyzed using a program, TDRD, on a Digital VAX 8300 computer. The program calculated the three-dimensional dose-rate distribution, $D(x, y, z)$, in a homogeneous water-equivalent medium resulting from the specified activity-concentration distribution $A(x, y)$ using a Fast Fourier Transform approach. Applications of an earlier version of TDRD in the calculation of $D(x, y, z)$ for radially-symmetrical activity-concentration distributions have been described previously (Kwok et al., 1985). In the earlier version, Loevinger’s β-point-source dose function (Loevinger et al., 1956) was used, while in the present version of TDRD the β-dose point kernels derived from Monte Carlo calculations of electron transport in water were incorporated (Prestwich et al., 1989) to increase accuracy.

To input a non-symmetrical $A(x, y)$ into the program, the distribution had to be digitized into evenly-spaced $64 \times 64$-pixel activity-concentration slices, $A_i(x, y)$, $1 \leq i \leq 32$. The number of slices had to be a power of 2. Consequently, the 19 slices of the ovarian xenograft activity-concentration data were interpolated longitudinally to 32 evenly-spaced activity-concentration slices. The original $87 \times 87$ matrix size for each slice was reduced in resolution in
both \( x \) and \( y \) directions by summing every four neighboring pixels into one. For the neuroblastoma xenograft, the original 9 slices were interpolated longitudinally to give 16 evenly-spaced \( A_i(x, y) \). The original \( 52 \times 68 \) matrix size for each \( A_i(x, y) \) was reduced in resolution by a factor of two in the second direction. The three-dimensional Fourier transform of the reformatted activity-concentration data was then evaluated together with the three-dimensional Fourier transform of the dose point kernel of the radionuclide, either \( { }^{90} \text{Y} \) or \( { }^{131} \text{I} \). After multiplying the two Fourier transforms and evaluating the inverse Fourier transform of the product, \( D(x, y, z) \) was calculated. For each of the two radionuclides, \( D(x, y, z) \) was output into a disk file slice by slice in both graphical and numerical form.

A flow chart of the general program appears in Fig. 2. Note that a subroutine USRAD, can still be used to generate hypothetical, radially-symmetric, activity distributions. This provision was not employed in this paper. Also note that if the activity distribution is digitized to a resolution that is greater than \( 32 \times 32 \), then a subroutine, SPLIT, is called to divide the activity-concentration matrix into submatrices and appropriate steps are followed.

It should be pointed out that photon doses from \( { }^{131} \text{I} \) were not included because they would contribute less than several percent of the beta doses for tumor volumes less than a few centimeters in diameter. The accuracy of TDRD has been checked indirectly against phantom studies (Wessels et al., 1986) and directly against other computational methods.

Fig. 2. Flow chart of three-dimensional absorbed dose-rate program. Note that F.T. refers to the Fast Fourier Transform and DPK stands for dose point kernel.
Figs 3 (top) and 4 (bottom). Captions on p. 906.
Characterization of distributions

We characterized a multi-plane distribution in three ways: (1) by the ratio of the largest value divided by the smallest, (2) by a histogram of values and (3) by a single statistic representing non-uniformity. The determination of the tumor edge was done by including all non-zero values in the activity-concentration distribution. All voxels within the edge were then checked to find the largest and smallest values and the ratio of these values was computed. Also the average value over all voxels was found. To calculate a histogram, bar width was set at 0.2 of the average value. Then, the number of voxels within each range (0–0.2 times average, 0.2–0.4 times average etc) was found. Values for bars which were beyond 2.0 times average were not plotted for convenience. A very uniform distribution would be represented by two bars of equal height at 0.8–1.0 and 1.0–1.2.

For the single statistic, we chose relative standard deviation (also called coefficient of variation), that is, the standard deviation divided by the mean. This value is directly proportional to non-uniformity and has a smallest possible value of zero. That is, if all voxels had exactly the same value (no non-uniformity), the standard deviation and, thus, the relative standard deviation would be zero. The maximum value was finite but unlimited.

Results

The 32-plane result of longitudinal interpolation for the human-ovarian-cancer xenograft is shown in Fig. 3. It is seen that the region of highest activity concentration changes location as one advances from plane to plane. No single slice has uniform activity.
concentration. The ratio of maximum pixel value over minimum pixel value is given in Table 1.

The 16-plane result of interpolation for the neuroblastoma-tumor xenograft is shown in Fig. 4. Here some of the individual slices appear fairly uniform in their activity concentration, although the level can change sharply over only a one-slice difference. The maximum to minimum ratio is given in Table 1.

For the plane approximately mid-way from the ends of the ovarian-carcinoma tumor (plane number 18 out of 32), Fig. 5 shows the $^{125}$I activity-concentration distribution as well as the calculated $^{131}$I dose-rate and $^{90}$Y dose-rate distributions. The $^{125}$I activity-concentration distribution appears to be only slightly more non-uniform than the $^{131}$I dose-rate. The $^{90}$Y dose-rate appears to be the least non-uniform.

A histogram comparison of the same three distributions, but for the entire tumor rather than a single plane, is given in Fig. 6. There are more values at the lowest extreme for the activity-concentration than for either dose-rate distribution and also more with $^{131}$I than with $^{90}$Y.

As given in Table 1, there is a maximum-to-minimum ratio of 120 for the $^{131}$I dose-rate distribution, and one of 15.4 for the $^{90}$Y dose-rate distribution. The change is roughly an order of magnitude as is the change between $^{125}$I activity and $^{131}$I dose-rate.

For the neuroblastoma xenograft (not shown) there are again more values at the lowest extreme for the activity-concentration than for either dose-rate distribution and also more with $^{131}$I than with $^{90}$Y. The number of voxels between 0 and 0.2 of the mean are 9.7, 6.5 and 0.0% of all voxels, respectively. For the activity-concentration and for absorbed dose-rate with $^{131}$I, the distribution is skewed: the highest bars are for the ranges slightly greater than the mean. For absorbed dose-rate with $^{90}$Y, the distribution is more symmetric. The maximum-to-minimum dose-rate ratios are given in Table 1.

Relative standard deviation is given in Table 2. For the $^{125}$I activity distribution, it is 65.7% for the ovarian-carcinoma tumor and 48.0% for the neuroblastoma tumor. (The ovarian activity is thus more non-uniform.) The non-uniformity decreases as one changes from activity-concentration to $^{131}$I dose-rate and finally to $^{90}$Y-dose-rate. The same trend appeared in the single ovarian-carcinoma slice in Fig. 5.

Table 1. Ratio of maximum pixel value over minimum pixel value for specified distribution in ovarian and neuroblastoma xenografts

<table>
<thead>
<tr>
<th>Distribution</th>
<th>Ratio of Maximum-over-minimum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Ovarian</td>
</tr>
<tr>
<td>$^{125}$I activity</td>
<td>1140</td>
</tr>
<tr>
<td>$^{131}$I absorbed</td>
<td>120</td>
</tr>
<tr>
<td>$^{90}$Y absorbed</td>
<td>15.4</td>
</tr>
</tbody>
</table>

Discussion

We have found the activity-concentration distribution of two tumor-xenograft systems, ovarian carcinoma and neuroblastoma, to be non-uniform. Such was also the case for the normal rat kidney using an $^{111}$In-labeled anti CEA–F(ab')2 monoclonal antibody (Jönsson et al., 1992). It was also the case for the tumor systems investigated by Griffith et al. (1988) for lymphoma and colorectal carcinoma. However, early after injection, our neuroblastoma results do not show activity predominantly at the tumor surface.
as was the case with LS147T human-colon-cancer xenografts with $^{131}$I-labeled 17-1A Mab (Roberson et al., 1992).

We have demonstrated that the dose-rate distribution with $^{131}$I is similar to that for the $^{125}$I activity-concentration except as characterized by the maximum-to-minimum ratio. This ratio reflects the range of the distribution. It has practical importance, for example, when one is concerned that all voxels receive at least some lower limit of radiation absorbed dose. However, since the ratio is determined by the values in only two voxels, error in these values can distort its value. In this respect, one could, perhaps, derive more use from an average-to-minimum ratio since it should be more error-resistant. The general similarity in the two distributions, excluding the maximum-to-minimum ratio, is not surprising given that the range of the $^{131}$I $\beta$-particle and the imaging resolution are similar.

In the case of the ovarian-carcinoma xenograft, results for a middle plane in the tumor show the $^{90}$Y dose-rate to be the least non-uniform. This result is expected given the relatively long range of the $^{90}$Y $\beta$-particle. It also is consistent with the calculated results for a $2 \times 2$ mm region in a Raji B-cell tumor: Fig. 11 ($^{131}$I), compared to Fig. 12 ($^{90}$Y) in Griffith et al. (1988). In their calculation, however, the results at the edges may be incorrectly low because the activity outside the region was neglected. Moreover, a measured, three-dimensional activity distribution was not used; rather, the measured activity of the plane of interest was simply replicated above and below that plane.

For the dose-rate distribution from $^{131}$I at the time of sacrifice, the maximum-over-minimum ratio is 188 for the ovarian carcinoma system and 120 for the neuroblastoma xenograft. These values are much larger than the pre-sacrifice absorbed-dose maximum to minimum ratios calculated from the TLD samples published by Griffith et al. (1988). Recall their observed ratios of 4.2 for B-cell lymphoma and 2.5 for colorectal carcinoma. We sampled 21,994 and 9698 voxels in the ovarian and neuroblastoma xenografts, respectively, however, while they sampled only 20 locations in each of their systems. The much greater number of samples makes finding a much larger maximum-to-minimum ratio more likely, if it physically exists.

There is one methodological point to discuss: the question of whether the three-dimensional registration was accurate. A procedure for registering both the horizontal and vertical centroids of all the slices could easily be automated. However, this would not necessarily yield the true three-dimensional orientation. Obtaining that orientation would probably require two marker "wires" which could be inserted through the tumor without distorting it but yet be cut by the microtome.

Even then, one cannot be sure of retaining the in vivo shape of the tumor, so the problem remains, to some extent, unless one achieves high-resolution in vivo imaging.

We note that our three-dimensional dose-rate computer program appears faster than that of reference (Roberson et al., 1992) because we use the Fast Fourier Transform. They report that calculation of a three-dimensional dose-rate distribution on a grid of 200 $\mu$m takes approx. 100 h on a VAX 8800 computer whereas we calculated both the $^{131}$I and the $^{90}$Y dose-rate distributions on a grid of 550 $\mu$m in 30 min on a VAX 8300. Their finer grid accounts for some, but not all, of the time difference. They acknowledge that use of the Fast Fourier Transform would reduce their calculation time.

Also, our program can produce absolute values. This fact is fairly clear as an extension of the results of Kwok et al. (1985). We have not presented nor made explicit use of that capability here.

Lastly, the problem of obtaining all the dosimetry information from a tumor which has taken up radioactivity still remains, as we mentioned in the Introduction. It will probably wait on the development of new, high-resolution, small-animal tomographs (see Rogers et al., 1993; Green et al., 1992) as does solution of the registration problem. Other comments on the general dosimetric problem can be found in a recent editorial by Roberson (1992).

### Summary

As detailed in the text, our absorbed dose-rate calculations are based on the assumption that, with $^{131}$I labeling as well as $^{90}$Y labeling, the activity distribution will be the same as with $^{125}$I labeling. Within that assumption, our results show: (1) that with $^{131}$I, the general non-uniformity of the activity distribution is similar to the general non-uniformity of the dose-rate distribution; (2) that the $^{90}$Y dose-rate distribution is generally more uniform than either the activity distribution or the $^{131}$I dose-rate distribution; and (3) that the ratio for the maximum-valued voxel over the minimum-valued voxel decreases by roughly an order of magnitude between the activity-concentration distribution and the $^{131}$I dose-rate distribution and then again between the $^{131}$I and the $^{90}$Y dose-rate distributions. The first two results are new because they hold for distributions over all the volume elements in a tumor. They extend similar previous findings for single slices through a tumor.

<table>
<thead>
<tr>
<th>Distribution</th>
<th>Relative standard deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Ovarian</td>
</tr>
<tr>
<td>$^{125}$I activity-concentration</td>
<td>65.7%</td>
</tr>
<tr>
<td>$^{131}$I absorbed dose-rate</td>
<td>60.1</td>
</tr>
<tr>
<td>$^{90}$Y absorbed dose-rate</td>
<td>43.5</td>
</tr>
</tbody>
</table>

*A greater value implies more non-uniformity.*
Acknowledgements—The authors acknowledge the autoradiograph-analysis help of Will Jaynes, the computer assistance of Steven Buchbinder, Xiaohan Wang and Jian-qiao Luo and the animal work of Anaira Clavo and Gayle A. Jackson. The secretarial assistance of Patricia Haines is also recognized. This publication was supported by PHS Grant Nos ROI CA38790, CA50872 and PO CA42768 awarded by the National Cancer Institute. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the National Cancer Institute.

References


