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Formation of dehydroepiandrosterone sulphate by previable human foetus

The steroid pattern of cord blood is characterized by a high concentration of dehydroepiandrosterone sulphate and 16α -hydroxydehydroepiandrosterone sulphate (refs. 2-4). These compounds are the principal precursors of the large amounts of oestrogens formed by the placenta^{5,6}. To elucidate the pathway of dehydroepiandrosterone sulphate formation in the foeto-placental unit, we perfused mid-term placentas *in situ* with labelled 17α -hydroxypregnenolone. The perfused placentas were not capable of removing the steroid side-chain⁷. This suggested that the side-chain cleavage occurs in the foetal rather than placental compartment. The following study was therefore undertaken.

Two male foetuses (18 and 20 weeks) were obtained following hysterotomy and perfused for 60 min with $25 \mu\text{C}$ of [7α - ^3H] 17α -hydroxypregnenolone (batch 51-224-5a, with a specific activity of $0.4 \mu\text{C}/\mu\text{g}$, New England Nuclear Corp., Boston, Mass.). The purification of this compound was described previously⁷. Upon completion of the perfusions, the perfusates and various foetal organs were extracted separately, using previously described methods^{8,9}. The distribution of ether-soluble (unconjugated) and water-soluble (conjugated) radioactive material recovered from the various sources is shown in Table I. In the two cases, 85 and 92.6% of the perfused radioactivity was recovered. The bulk of the radioactive material recovered from all sources except the adrenals was in an unconjugated form.

TABLE I

DISTRIBUTION OF THE ETHER-SOLUBLE (UNCONJUGATED) AND WATER-SOLUBLE (CONJUGATED) RADIOACTIVE MATERIAL RECOVERED FROM THE VARIOUS TISSUES AND PERFUSATES FOLLOWING THE PERFUSION OF TWO PREVAILABLE HUMAN FOETUSES WITH $25 \mu\text{C}$ OF ^3H -LABELLED 17α -HYDROXY-PREGNENOLONE

Figures are expressed as percentage of administered material.

	<i>Expt. A</i>		<i>Expt. B</i>	
	<i>Ether</i>	<i>Water</i>	<i>Ether</i>	<i>Water</i>
Adrenals	0.2	0.8	0.3	0.3
Liver	5.2	0.8	14.0	5.0
Residual foetal tissues	19.0	2.0	25.0	3.0
Perfusate	53.0	4.0	41.0	4.0
Total	85.0		92.6	

The following trivial names are used: pregnenolone: 3β -hydroxypregn-5-en-20-one; pregnenolone sulphate: 20-oxopregn-5-en- 3β -yl sulphate; 17α -hydroxypregnenolone: $3\beta,17\alpha$ -dihydroxypregn-5-en-20-one; 17α -hydroxypregnenolone sulphate: 17α -hydroxypregn-5-en-20-one- 3β -yl sulphate; dehydroepiandrosterone: 3β -hydroxyandrost-5-en-17-one; dehydroepiandrosterone sulphate: 17-oxoandrost-5-en- 3β -yl sulphate; 16α -hydroxydehydroepiandrosterone sulphate: 16α -hydroxyandrost-5-en-17-one- 3β -yl sulphate.

The following solvent systems were used: System A: isooctane-ethyl acetate-*n*-butanol-methanol-1 M NH_4OH (20:40:8:20:30); System B: isooctane-chloroform-*n*-butanol-methanol-0.3 M pyridinium sulphate-pyridine (40:20:8:20:19:1); System C: butanol-butyl ether-ammonium hydroxide-water (5:5:1:9); System D: ligroin-benzene-methanol-water (66:33:80:20).

* A preliminary report was presented at the 6th Pan American Congress of Endocrinology, Mexico, October, 1965 (ref. 1).

The conjugated material obtained from the various sources was subjected to column partition chromatography in System A (ref. 10). The dehydroepiandrosterone sulphate-like radioactive material was then subjected to paper partition chromatography with authentic dehydroepiandrosterone sulphate in System C, eluted and solvolysed¹¹. The liberated material was subjected to paper partition chromatography with carrier dehydroepiandrosterone in System D, after which the identity of this material (with dehydroepiandrosterone) was established by reverse isotope dilution (Table II).

Chromatography of the dehydroepiandrosterone sulphate-like material in System B revealed the presence of another peak with the partition characteristics of 17 α -hydroxypregnenolone sulphate. This material was chromatographed with authentic 17 α -hydroxypregnenolone sulphate in System C. The 17 α -hydroxypregnenolone sulphate-like radioactive material was then solvolysed, the liberated steroid and carrier chromatographed in System D, mixed with additional carrier and crystallized to constant specific activity (Table II). Neither dehydroepiandrosterone sulphate nor 17 α -hydroxypregnenolone sulphate could be isolated from the liver.

TABLE II

CRYSTALLIZATION TO CONSTANT SPECIFIC ACTIVITY (disint./min per mg) OF DEHYDROEPIANDROSTERONE AND OF 17 α -HYDROXYPREGNENOLONE ISOLATED IN THE FORM OF DEHYDROEPIANDROSTERONE SULPHATE AND 17 α -HYDROXYPREGNENOLONE-3-SULPHATE, RESPECTIVELY, FROM PREVIOUS FOETUSES PERFUSED WITH ³H-LABELLED 17 α -HYDROXYPREGNENOLONE

Solvents used: a, methanol; b, methanol-ether; c, ethanol; d, ligroin.

Source	Dehydroepiandrosterone			17 α -Hydroxypregnenolone		
	Solvent	Crystals	Mother liquor	Solvent	Crystals	Mother liquor
Adrenals	a	575	74 ⁰	a	315	300
	c	590	610	d	295*	
	d	585*				
Residual foetal tissues	a	0.86**	0.93	a	610	3070
	c	0.85	0.95	c	415	74 ⁰
	a	0.82	0.81	a	400	430
Perfusate	a	3690	4050			
	b	3630				
	c	3750	3710			

* Crystallized as the acetate.

** Crystallized to constant isotopic ratio following the addition of authentic [4-¹⁴C]dehydroepiandrosterone.

These data establish the capacity of the mid-term human foetus to remove the side-chain of 17 α -hydroxypregnenolone by converting this compound into dehydroepiandrosterone sulphate. The isolation of dehydroepiandrosterone sulphate from the perfusate indicates that the dehydroepiandrosterone sulphate formed is secreted by the foetus into the umbilical circulation. It appears from the data that the adrenal is an important site of side-chain cleavage for C₂₁ steroids with a 3 β -HO- Δ^5 structure. This seems to be in contrast to the fate of C₂₁ steroids with an α,β -unsaturated 3-oxo group¹². Whether other foetal tissues (*e.g.* the testicles) are also capable of removing the steroid side-chain *in vivo* remains to be studied.

Since pregnenolone sulphate is present in the umbilical circulation in substantial quantities¹³⁻¹⁵ and was shown to be hydrolysed by mid-term placentas perfused

*in situ*¹⁶ and, furthermore, since pregnenolone is converted by perfused previable foetuses into 17 α -hydroxypregnenolone¹⁷, the reactions leading to the formation of dehydroepiandrosterone sulphate in the human foetus at midpregnancy can be summarized as shown in Fig. 1. It remains to be established whether sulphurylation of 17 α -hydroxypregnenolone precedes the removal of the side-chain.

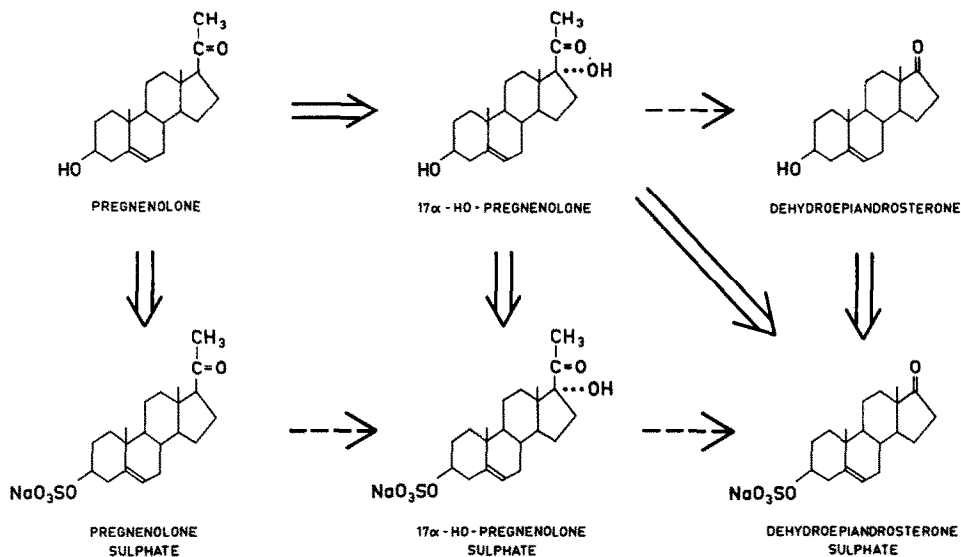


Fig. 1. Concept of the formation of dehydroepiandrosterone sulphate by the previable human foetus. Solid arrows: established pathways. Dotted arrows: postulated but not yet proven reactions.

It is of interest that cholesterol was shown to be converted into pregnenolone by the human placenta¹⁸ but not by the foetus¹⁷. It seems possible therefore that the cleavage of the cholesterol side-chain takes place in the placental and that of the steroid side-chain in the foetal compartment.

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