

VISUALLY EVOKED RESPONSES IN MIGRAINE¹

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INTRODUCTION

Particularly relevant to the present study is a report by Golla and Winter (1959) in which it was concluded that patients with migraine responded to a wider range of stimulus frequencies than control subjects. A curve of frequency of stimulation *versus* "abundance" of response was called the migraine or "H" type of curve. Smyth and Winter (1964) found the H curve in patients with other conditions besides migraine.

The purpose of this paper was to investigate visually evoked responses to single flashes in patients with migraine using averaging technique, a method that gives detailed information about individual components of the response. It was hypothesized that one or more components of the response might be exaggerated.

METHODOLOGY

Forty-six normal subjects (30 females, 16 males) and 50 patients with migraine (32 females, 18 males) were studied. The two samples were comparable in respect to age (averages of 29 and 30 years, respectively). Control subjects were in good health and without neurological illness. The patients were examined when free of headache. In each case, the diagnosis was made according to criteria from a recent classification of headaches (1962). Each patient had recurrent episodes of headache, usually unilateral in onset, often associated with anorexia, and usually with nausea and vomiting. Some type of aura was present in 21 cases. The final diagnosis of migraine was verified by the Neurology Service.

The procedure was the same for all subjects and patients. Technical details have been described before (Kooi and Bagchi 1964a, b). Three

8-channel computer runs were carried out. During the first run, data were obtained from frontal, central, occipital, and temporal areas of the two sides. The reference was joined-ears. Occipital electrodes were placed 3 cm above and 3 cm lateral to theinion. Data from the other two computer runs were used to assess artifacts and substantiate the initial observations. Pupil sizes were measured immediately before and after the three computer runs. Correlations between the means from two sets of measurements were 0.78 for the patients, 0.87 for the control population.

Individual components of the response from occipital and central regions were analyzed. The left-sided values were used for statistical analysis (see Kooi *et al.* 1965). The vertex sharp wave, a surface negative deflection (CV) and the preceding surface positive wave (CIV) were evaluated from the central response. Measurement criteria and ranges for latencies and amplitudes of the occipital and central components are based on previous studies by Kooi and Bagchi (1964a, b) as well as some additional data obtained from the present experiment. If eye blink artifact extended into the central regions, vertex sharp wave data were not used.

Amplitude orders were tabulated for major components of the occipital response in the migraine and control groups. Waves having the greatest, second greatest and third greatest amplitudes, in both negative and positive directions, were identified and their latencies plotted (Fig. 1, A and B).

RESULTS

The great majority of resting records (39 out of 50) were either entirely normal or showed borderline non-specific findings. Six records were mildly abnormal with scattered, non-focal slow waves, three showed distinct focal slow wave

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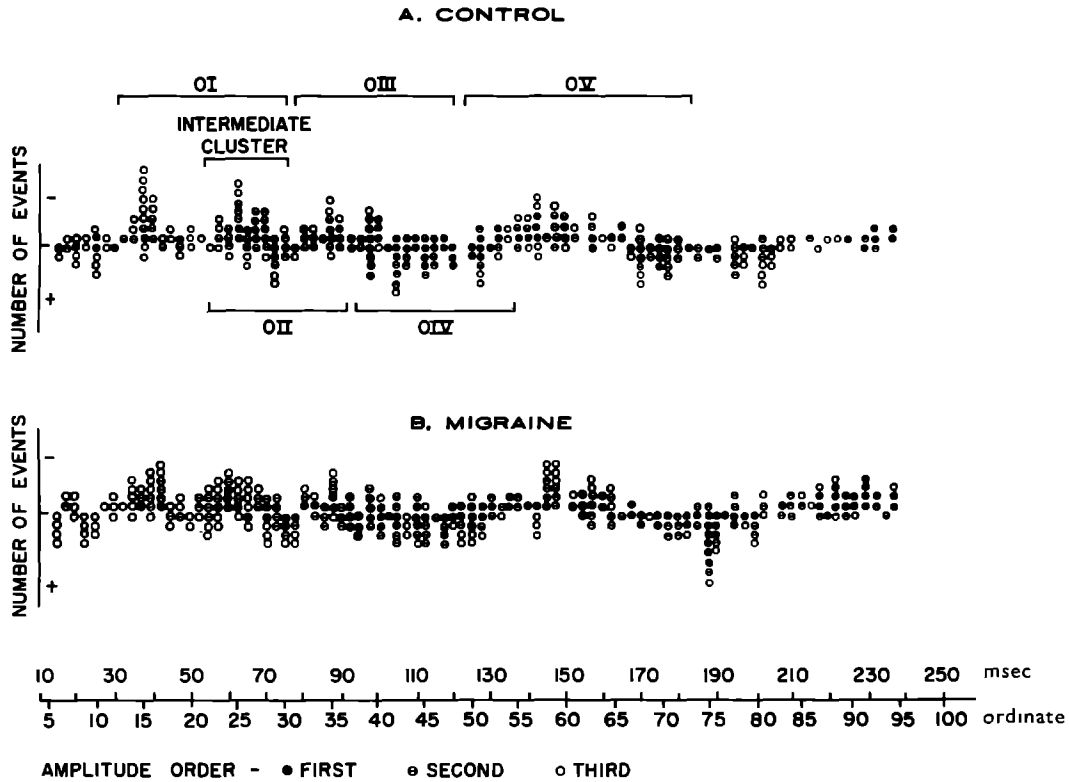


Fig. 1
Amplitude orders and latencies of major waves, 3 surface negative and 3 surface positive for each subject. *A* Control subjects, $n = 46$ *B* Patients with migraine, $n = 50$. See text for further details
Ordinate: number of computer address. Address dwell time (dw t): 2.5 msec.

abnormalities, two being in the left temporal region and one in the left posterior temporo-occipital area. Two subjects had paroxysmal records (spike and wave discharges in the resting EEG and photoconvulsive responses to photic stimulation). Neither had a history of seizures.

Fig. 1, *A* and *B* reveals no gross differences between the control and patient groups in the general form of the visually evoked response. The first major wave of the occipital response (OI) is surface negative and culminates within a latency range of 30–75 msec. Inspection of peak latencies of responses within this general latency range suggests that it may be subdivided into two subclusters, an early cluster with a range of 30–52.5 msec and a later cluster (“intermediate” component) of 55–75 msec (see also Fig. 2, *A* and *B*). Latency characteristics of later deflections have been already described (Kooi and Bagchi 1964a, b).

Latencies and amplitudes of the vertex sharp wave were not significantly different for the migraine and control groups (Table I).

Average latencies of occipital components are

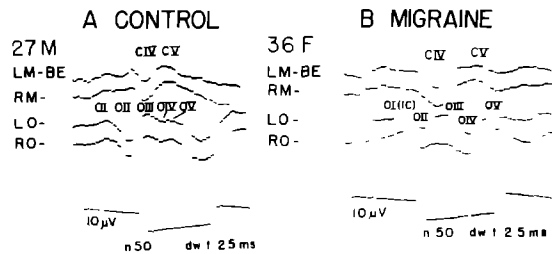


Fig. 2
A Typical responses in central and occipital regions of a normal subject. *B*. Example of responses in central and occipital regions of a patient with migraine selected to illustrate the intermediate component. The degree of left-right amplitude asymmetry of OIII is an unusual but not necessarily abnormal finding. Analysis period 250 msec. M: motor, O: occipital, L: left, R: right

TABLE I
Vertex sharp wave data for migraine and control groups

	Migraine (n = 50)				Control (n = 46)			
	Latency (msec)		Amplitude (μ V)		Latency (msec)		Amplitude (μ V)	
	Males	Females	Males	Females	Males	Females	Males	Females
N	15	29	15	29	12	24	12	24
CIV	102.8	102.0	5.1	5.3	97.8	100.3	4.7	4.0
CV	136.3	133.5	9.1	10.6	134.5	131.3	10.5	10.7

TABLE II
Analysis of latency averages for occipital components

	O I	Intermediate cluster	O II	O III	O IV	O V
<i>A Combined (M and F)</i>						
Migraine	41.3* (50)**	62.0 (26)	71.5 (48)	92.0 (48)	113.3 (48)	143.5 (46)
Control	41.0 (43)	66.3 (26)	68.3 (42)	83.8 (46)	113.8 (45)	143.8 (43)
<i>t</i>	0.32	2.74	1.55	3.21	0.18	0.10
<i>p</i>		<0.01		<0.002		
<i>B. Females</i>						
Migraine	41.0 (32)	60.8 (18)	72.8 (32)	90.5 (32)	113.3 (31)	145.3 (29)
Control	40.8 (28)	65.5 (16)	68.0 (28)	82.3 (30)	112.3 (29)	144.3 (27)
<i>t</i>	0.16	3.08	2.02	2.74	0.35	0.37
<i>p</i>		<0.005	<0.05	<0.01		

* msec.

** No. of individuals

TABLE III
Analysis of amplitude averages for occipital components

	O I	Intermediate cluster	O II	O III	O IV	O V
<i>A Combined (M and F)</i>						
Migraine	2.9* (50)**	2.9 (26)	5.5 (48)	5.3 (48)	6.8 (47)	7.2 (46)
Control	3.0 (43)	3.0 (26)	5.0 (41)	6.3 (46)	10.2 (45)	8.9 (43)
<i>t</i>	0.28	0.39	0.69	1.04	2.98	1.40
<i>p</i>					<0.005	
<i>B Females</i>						
Migraine	2.8 (32)	2.7 (18)	5.7 (32)	5.2 (32)	7.0 (31)	8.3 (29)
Control	3.2 (28)	3.4 (16)	5.2 (27)	5.8 (30)	11.5 (29)	11.0 (27)
<i>t</i>	0.79	1.36	0.62	0.54	2.98	1.70
<i>p</i>					<0.005	

* μ V.

** No. of individuals

given in Table II. When the male and female subgroups were combined, the latency of the intermediate cluster in patients with migraine was significantly shorter than in the controls. The migraine group also had a significantly longer

latency of OIII. When female patients with migraine were compared with female controls, the intermediate cluster and OIII were again significantly different. Also, the latency of OII was slightly but significantly longer in patients with

migraine than in controls. No differences, significant beyond the 0.05 level of confidence, were noted when male patients were compared with male controls.

Table III gives average amplitudes for the occipital waves. The only difference noted was that the amplitude of OIV was significantly smaller in patients with migraine. This was present for male and female populations combined and for female patients alone. Again, no significant differences were detected between the male groups.

TABLE IV
Pupil sizes (in mm) for control and patient samples

	Pre-test		Post-test	
	Range	Average	Range	Average
Migraine	2.0-5	3.6	2.0-5	3.4
Control	2.5-7	4.7	2.5-7	4.2
<i>p</i>		< 0.001		< 0.001

Comparison of pupil sizes revealed that the patients with migraine had smaller pupils, on the average, than subjects from the normal population (Table IV). Correlations between pupil size and each of the significant latency and amplitude values were not significant except for a correlation with the amplitude of OIV in the control group with both pre- and post-test data ($p < 0.02$ and < 0.05). Further analysis indicated, with pupil size held constant by covariance analysis, that a significant ($p < 0.05$) difference still existed between the mean amplitude of OIV in the migraine and control populations. Covariance analysis was possible only for the post-test pupil size values, the difference between regression coefficients being significant for pre-test data.

Records obtained on three patients, both during a migraine headache and during the headache-free interval, revealed no appreciable differences in the resting EEG or photically evoked patterns. No records were obtained during the period of the aura.

The evoked responses of six patients who had field defects as part of their auras, but who were asymptomatic (headache-free) at the time of the examination, did not show significant differences from the group as a whole. The evoked responses

of the two patients with photoconvulsive responses to rhythmic stimulation did not differ appreciably from the remainder of the group.

Drugs did not appear to be of importance in altering the evoked response. Sixteen patients with migraine had taken medication within 48 h of the EEG. Among both males and females four received Bellergal, two had taken Sansert, and one received Caffergot. The remaining nine were females, the majority of whom were taking Enovid; one Librium; another Dexamyl.

DISCUSSION

Routine EEGs in the patients with migraine, obtained during the headache-free interval, were abnormal in 22% of the cases. This is within the lower portion of the range of incidences of abnormal records as reported by various investigations, and less than half the 59% found by Dow and Whitty (1947) who studied a similar number of patients. Such differences may be due to variation of the patient sample, diagnostic problems in some patients, and dissimilarity in criteria of abnormality.

If the vertex sharp wave is a non-specific response related to the startle reaction (see Gastaut 1954, Larsson 1956), it would seem that, during the headache-free interval, the patient with migraine does not differ in startle responsiveness from the individual without migraine.

A major (intermediate) subcomponent of OI, prominent in both groups, appeared slightly earlier in the sample of patients. The fact that it was not significant for the male group may indicate that some sex-related factor is influencing this finding. The age factor may also be important in evaluating this deflection. The intermediate component, although present in a rudimentary fashion in previous control data (Kooi and Bagchi 1964a), was not one of the three most prominent waves as frequently as in this study. However, the mean age of subjects in the previous group, consisting mostly of males, was 48.1 years as compared to 29.3 years for the present control subjects. Mean latency of OIII was significantly longer in the total group with migraine and the female subsample but not in the male group. For females only, the mean latency of OII was slightly longer in the headache than in the control group.

The hypothesis that migraine might be associated with an exaggerated cerebral response to light was not substantiated by the study. The only significant difference found in amplitude involved the OIV wave which was decreased in migraine, a finding present in both the total and female, but not male, populations.

The existence of significant findings in both latencies and amplitude in the female group and not in the male population reinforces the possibility of some sex factor being involved.

To our knowledge, the fact that patients with migraine, under conditions of controlled background light intensity, may have smaller pupils than non-migrainous subjects, has not previously been reported. Small pupil size, by reducing the amount of light falling upon the retina, may conceivably affect the occipital evoked response in a systematic way. However, correlations between pupil size and the measures found to be significantly different for the two groups revealed that only the amplitude of OIV was significantly related to pupil size in the present normal sample. In a previous analysis of a larger series of controls, ranging more widely in age, no significant correlations emerged between pupil size and any parameter of the response; *i.e.*, amplitudes and latencies of OI-OV (Kooi and Bagchi 1964b).

SUMMARY

Visually evoked responses from the central and occipital areas were compared between 50 patients with migraine (during the headache-free period) and 46 control subjects. The findings suggest that migraine might be associated with altered cerebral responses to visual stimulation. Of three occipital surface negative components studied, the second ("intermediate" cluster) tended to appear slightly earlier in the migrainous individuals whereas the third (OIII) appeared later. Average amplitude of the second major surface positive wave (OIV) was lower. These

differences were significant for the total experimental population and the female subgroup. Latency of the OII component (surface positive) was longer for females with migraine, a finding not present for the total population. No significant differences emerged between male experimental and control groups. Vertex responses were similar in migrainous and normal subjects. The routine EEG was abnormal in eleven of 50 (22%) patients.

Average pupil size of the patients with migraine was significantly smaller than that of the controls.

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