

## Naloxone blockade of amphetamine place preference conditioning\*

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**Abstract.** Amphetamine and naloxone were examined in place conditioning, in order to study possible interactions between endogenous opioids and catecholamines in reinforcement. After initial preferences were determined, animals were conditioned with amphetamine alone (1.0 mg/kg SC), naloxone alone (0.02, 0.2 or 2.0 mg/kg SC) or combinations of amphetamine plus naloxone. A reliable, long-lasting preference for the compartment associated with amphetamine was observed, reflecting the reinforcing properties of this drug. No preference or aversion was observed in animals that received saline in both compartments. Naloxone (0.02, 0.2 and 2.0 mg/kg) produced a dose-dependent place aversion; while the lowest dose had effects similar to saline, the higher doses produced significant place aversions. Naloxone, at all three doses examined, prevented the ability of amphetamine to produce a place preference. Thus, the lowest dose of naloxone, having no effects alone in place conditioning was still able to block the reinforcing effects of amphetamine. These results suggest that the reinforcing effects of amphetamine are dependent on activation of opiate receptors, and provide further evidence that interactions between endogenous opioids and catecholamines may be important in reinforcement.

**Key words:** *d*-Amphetamine – Naloxone – Place conditioning – Conditioned place preference – Reward – Reinforcement – Endogenous opioids – Catecholamines

Evidence suggests that two types of neurotransmitter, catecholamines and endogenous opioids, may be important in the rewarding actions of drugs of abuse and other stimuli (Stein 1978; Watson et al. 1989). Catechol-

amines, particularly dopamine, appear to mediate the reinforcing properties of the psychomotor stimulants amphetamine and cocaine, while opiate drugs produce reinforcement by mimicking the actions of endogenous opioids at opioid receptors. Additionally, studies suggest that opioids and catecholamines, and the drugs that affect these systems, may interact in reward processes. Depletion of catecholamines with alpha-methyl paratyrosine prevents self-administration of morphine (Davis and Smith 1973) and suppresses the potentiating effects of morphine on self-stimulation (Pert and Hulsebus 1975). Dopamine receptor antagonists have been observed to block the reinforcing actions of opiates in place preference conditioning (Bozarth and Wise 1981; Phillips et al. 1982; Spyraiki et al. 1983; Shippenberg and Herz 1987; Hand et al. 1989; however see also Mackey and van der Kooy 1985). Synergistic effects have been observed on self-stimulation behavior when morphine and amphetamine are injected together, suggesting a potent interaction between these compounds in reinforcement (Hubner et al. 1987). The opioid receptor antagonist naloxone blocks the facilitation of rate (Holtzman 1976; Franklin and Robertson 1982; Trujillo et al. 1983) and the decrease in threshold (Esposito et al. 1980) produced by amphetamine in self-stimulation and potentiates the threshold-increasing effects of chlorpromazine (Esposito et al. 1981). More recently, opiate antagonists have been found to block the cocaine-induced decrease in self-stimulation threshold (Bain and Kornetsky 1986) and to alter the self-administration of cocaine in a manner consistent with a decrease in reinforcement (Carroll et al. 1986; De Vry et al. 1989). It thus appears that opioids and catecholamines interact in positive reinforcement, and it may well be that there is an interdependence of these neurotransmitter systems in reward function (Belluzzi and Stein 1977; Maroli et al. 1978; Broekkamp et al. 1979; Bozarth and Wise 1981; Esposito et al. 1981; Bozarth 1983; Bain and Kornetsky 1986; Watson et al. 1989).

The place conditioning paradigm has attracted considerable attention in recent years as a valuable method

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for assessing the reinforcing actions of drugs (see Bozarth 1987; van der Kooy 1987; Carr et al. 1989; Hoffman 1989 for reviews). In this paradigm, administration of a drug is paired with a distinct set of environmental cues during conditioning trials. The reinforcing or aversive properties of the drug are determined by assessing whether the subject approaches or avoids the drug-paired environment after conditioning. The place conditioning paradigm has been useful in examining the reinforcing properties of opiate drugs (Rossi and Reid 1976; Bozarth and Wise 1981; van der Kooy et al. 1982; Shippenberg and Herz 1987; Shippenberg et al. 1988, 1989), opioid peptides (Katz and Gormenzano 1979; Stapleton et al. 1979; Phillips and LePiane 1982; Glimcher et al. 1984a; Almaric et al. 1987), and psychomotor stimulants (Reicher and Holman 1977; Sherman et al. 1980; Spyraiki et al. 1982a, b; Gilbert and Cooper 1983), as well as a variety of other compounds (Glimcher et al. 1984a, b; Fudala et al. 1985; Spyraiki et al. 1985; File 1986). In addition, this method has proven valuable in studying interactions between drugs and the neurotransmitter systems they affect (Bozarth and Wise 1981; Spyraiki et al. 1982a, b; 1983; 1987; 1988; Carboni et al. 1989; Houdi et al. 1989).

In the present studies, amphetamine and naloxone were examined alone and in combination in place conditioning, in order to determine possible interactions between endogenous opioids and catecholamines in reinforcement.

## Materials and methods

**Animals.** One hundred and forty-one experimentally naive, male, Sprague-Dawley rats (Charles River) were used. Animals weighed 250–350 g at the start of experiments, and were housed in groups of three to five in stainless steel cages on a 12 h light/dark cycle, with food and water available ad lib.

**Apparatus.** Two identical Plexiglas shuttle boxes (80 × 25 × 30 cm), divided into three distinct compartments, were used for experiments. The shuttle boxes had clear ceilings and consisted of two large compartments (35 × 25 cm) separated by stainless steel guillotine doors from a smaller central compartment (10 × 25 cm). One of the large compartments had black walls, a stainless steel grid floor, and sawdust litter below the floor; the other had white walls, a wire mesh floor, and corncob litter below the floor. The central compartment had one black wall containing a 9 cm wide opening into the black compartment, one white wall containing a 9 cm wide opening into the white compartment, and two gray walls; guillotine doors blocking the openings could be removed to allow the animal access to the entire shuttle box. A microswitch mounted beneath the floor of each compartment detected when the animal was in that compartment. The number of entries into, and the amount of time spent within each compartment was automatically recorded by a computer interfaced with the shuttle boxes via a BRS-LVE Interact system. During experiments the testing room was dimly lit by fluorescent fixtures mounted on the ceiling. A single speaker positioned at the rear of the middle chamber delivered white noise.

**Drugs.** Drugs tested were *d*-amphetamine sulfate alone (1.0 mg/kg), naloxone HCl alone (0.02, 0.2, and 2.0 mg/kg), or combinations of amphetamine plus each of the three doses of naloxone, delivered in a single injection. Drugs were dissolved in sterile saline and

administered subcutaneously (SC) in a volume of 1.0 ml/kg immediately before placing the animal in the shuttle box.

**General procedure.** Animals were weighed and handled for at least 1 week prior to experiments. Experiments began with 3 or 4 preconditioning test days: each animal was placed in the central compartment and the guillotine doors immediately removed, giving the animal access to the entire shuttle box for 15 min. The amount of time spent by each rat in the two large compartments on the final preconditioning day was used as a measure of initial preference. The following 8 days served as the conditioning phase: on alternate days each animal was injected with drug and confined to one of the large compartments, or injected with saline and confined to the opposite compartment, for 30 min. The order of injection was counterbalanced across rats. Control animals received saline injections in both compartments. The final phase of the experiment was the postconditioning preference determination, and was identical to the preconditioning test days: each animal was placed in the central compartment (without injection) and again given access to the entire apparatus for 15 min, during which the time spent in each compartment was automatically recorded. Throughout all phases of experiments, the black compartment was wiped thoroughly with a dilute ethanol solution, and the white compartment with a dilute soap solution immediately prior to exposing each animal to the shuttle box, in order to further distinguish these compartments; the central compartment was wiped clean with distilled water in order to remove the odor of the previous animal. The conditions of the shuttle boxes established a balanced choice situation for the rats. While each rat had an individual preconditioned bias for one compartment over the other, there was no bias for the group as a whole; half the rats preferred the white compartment and half preferred the black compartment at the beginning of experiments (see Results).

**Experiment 1 procedure. Amphetamine place conditioning.** Amphetamine place conditioning was examined in two studies. Experiment 1a determined the ability of amphetamine to produce a preference for the initially non-preferred compartment, and compared these affects to those of saline. After the preconditioning preference determination, amphetamine-conditioned animals ( $n=9$ ) received, on alternate days, amphetamine in the initially non-preferred compartment or saline in the initially preferred compartment. Control animals ( $n=7$ ) received saline treatment in both compartments (the initially non-preferred compartment was designated as the drug-paired compartment for comparison with amphetamine-treated animals). Preference was determined on day 1 and on day 7 after conditioning. Experiment 1b compared amphetamine conditioning in the initially non-preferred compartment with amphetamine conditioning in the initially preferred compartment. This comparison allows one to rule out certain non-specific factors, such as a non-contingent shift in preference, that might potentially be involved in place conditioning (Spyraiki et al. 1985; Carr et al. 1989). After the preconditioning preference determination, one group of animals ( $n=10$ ) received amphetamine in the initially non-preferred compartment and saline in the initially preferred compartment, while a second group ( $n=16$ ) received amphetamine in the initially preferred compartment and saline in the initially non-preferred compartment, on alternate days. A third group ( $n=8$ ) received saline in both compartments (as above, the initially non-preferred compartment was designated as the drug-paired compartment for comparison with amphetamine-treated animals).

**Experiment 2 procedure. Naloxone place conditioning.** This experiment examined the ability of naloxone to produce a conditioned place aversion. Following the preconditioning preference determination, animals ( $n=8$  per group) received, on alternate days, naloxone (0.02, 0.2, or 2.0 mg/kg) in the initially preferred compartment or saline in the initially non-preferred compartment. For comparison and control, a fourth group received naloxone (2.0 mg/kg) in the initially non-preferred compartment, and saline in the initial-

ly preferred compartment. As noted above, this control group allows one to determine whether certain non-specific factors might play a role in the place conditioning experiment.

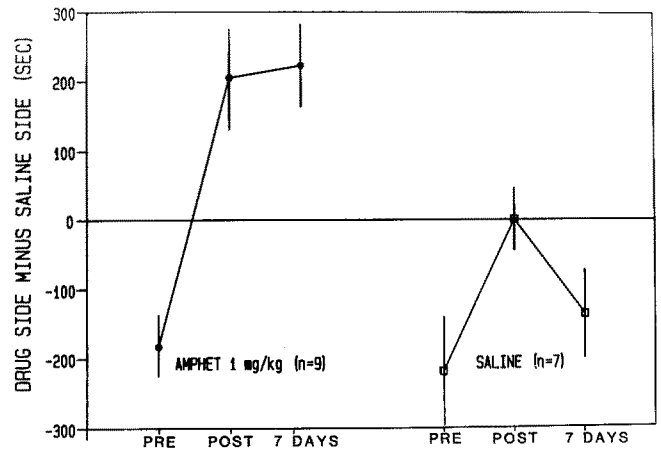
**Experiment 3 procedure. Place conditioning with naloxone and amphetamine.** Interactions between amphetamine and naloxone in place conditioning were examined in this experiment. In particular, we were interested in whether the opiate antagonist naloxone might interfere with the conditioned place preference produced by amphetamine. During conditioning, animals received amphetamine (1.0 mg/kg) and naloxone (2.0 mg/kg,  $n=11$ ; 0.2 mg/kg,  $n=8$ ; or 0.02 mg/kg,  $n=16$ ) administered together in a single injection in the initially non-preferred compartment, or saline administered in the initially preferred compartment, on alternate days. For comparison and control, a fourth group ( $n=24$ ) was conditioned with amphetamine (1.0 mg/kg) and naloxone (0.02 mg/kg) in the initially preferred compartment, alternated with saline in the initially non-preferred compartment

**Data analysis.** The difference between the amount of time spent in the drug-paired compartment and the saline-paired compartment was used as the preference measure (thus, for animals conditioned in the initially non-preferred compartment, the initial preference is seen as a negative number; for animals conditioned in the initially preferred compartment the initial preference is seen as a positive number). This method of preference determination, which has been used in a number of studies (Mucha et al. 1982, 1985; Mucha and Iversen 1984; Mucha and Herz 1985; Bechara et al. 1987; Shippenberg and Herz 1987; Shippenberg et al. 1988, 1989; Bechara and van der Kooy 1989), offers an excellent graphical and statistical representation of preference and aversion in the shuttle box. Group means were obtained, and overall significance determined by two-factor repeated measures analysis of variance (drug treatment versus test day) where applicable. For individual treatments the preconditioned preference (or initial preference) was compared to the post-conditioned preference by a paired  $t$ -test. Differences between saline and drug treatments, or between different drug treatments, were compared using unpaired  $t$ -tests, or one-way analysis of variance followed by Dunnett's  $t$ -test. Reinforcing or aversive properties were determined by the ability of a drug to reverse or strengthen the initial preference of the animals for the drug-paired compartment. In addition to preference determinations, the number of entries into each compartment was quantified as a measure of locomotor activity within the apparatus.

## Results

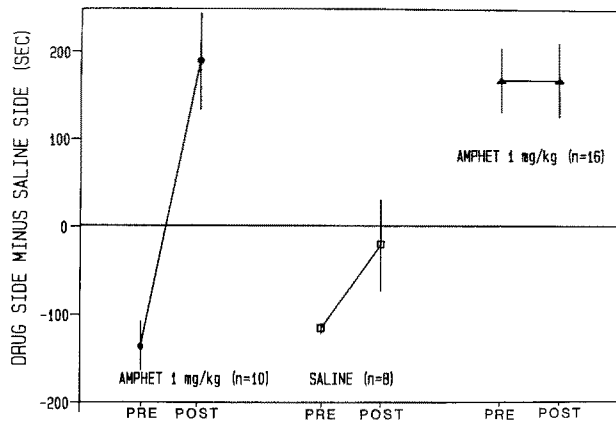
In the present studies an "unbiased" or "balanced" shuttle box was used. Although each rat individually had an initial bias, there was no overwhelming preference for one compartment over the other. This is reflected by the fact that approximately half the rats used in these experiments preferred the black compartment (77/141 = 55%), and approximately half preferred the white compartment (64/141 = 45%) prior to conditioning.

Two factor repeated measures analysis of variance of experiment 1a revealed a significant effect of drug treatment ( $P < 0.01$ ), a significant effect of test day ( $P < 0.001$ ), and a non-significant interaction ( $P = 0.06$ ). Amphetamine, paired with the initially non-preferred compartment, caused a significant shift in preference to this compartment (preconditioning =  $-182.1 \pm 45.5$ , postconditioning =  $203.3 \pm 72.2$ ,  $n=9$ ,  $P < 0.001$ ). This preference was maintained when animals were retested after 7 unhandled days in their home cages (7 days =  $222.3 \pm$



**Fig. 1.** Effects of amphetamine and saline in place conditioning. Amphetamine (AMPHET) paired with the initially non-preferred compartment caused animals to shift their preference to this compartment. Animals retained this altered preference when retested 7 days later. Saline paired with both compartments caused a non-significant shift to a non-preference for either compartment, which was not retained when animals were retested 7 days later. Scores represent number of seconds in the drug-paired compartment minus number of seconds in the saline-paired compartment (for saline animals, the initially non-preferred compartment was designated as the drug-paired compartment). PRE = preconditioning preference; POST = postconditioning preference

59.1; Fig. 1). Saline, paired with both compartments caused a non-significant shift to a non-preference for either compartment; i.e., a preference of zero (preconditioning =  $-217.9 \pm 77.4$ , postconditioning =  $0.6 \pm 46.4$ ,  $n=7$ , n.s.). When retested after 7 days, there was a tendency for saline animals to return to preconditioned preferences, although the effect was not significant (7 days =  $-138.0 \pm 64.6$ ; Fig. 1). Unpaired  $t$ -test analyses of the saline and amphetamine group showed no significance difference between the groups at the preconditioning test, but a significant difference at the first postconditioning test ( $P < 0.025$ ), and at the 7-day test ( $P < 0.005$ ). These experiments were highly replicable – effects in experiment 1b were nearly identical to those in experiment 1a [two-factor repeated measures ANOVA: drug treatment ( $P < 0.001$ ), test day ( $P < 0.002$ ), interaction ( $P < 0.002$ ); paired  $t$ -test analysis of drug treatments: amphetamine preconditioning =  $-135.6 \pm 27.5$ , postconditioning =  $189.4 \pm 55.3$ ,  $n=10$ ,  $P < 0.001$ ; saline preconditioning =  $-115.2 \pm 6.3$ , postconditioning =  $-20.6 \pm 51.8$ ,  $n=8$ , n.s.; Fig. 2). When amphetamine was paired with the initially preferred compartment, no shift in preference was observed; animals maintained their preference for this compartment (preconditioning =  $167.9 \pm 36.9$ , postconditioning =  $168.1 \pm 41.9$ ,  $n=16$ , n.s.; Fig. 2), demonstrating that they preferred the compartment associated with amphetamine whether it was the initially non-preferred compartment or the initially preferred compartment. Comparison of the three drug treatments on the postconditioning day (one-way ANOVA, followed by Dunnett's  $t$ -test) revealed that the saline group was significantly different from amphetamine, whether amphetamine was paired with the initially non-

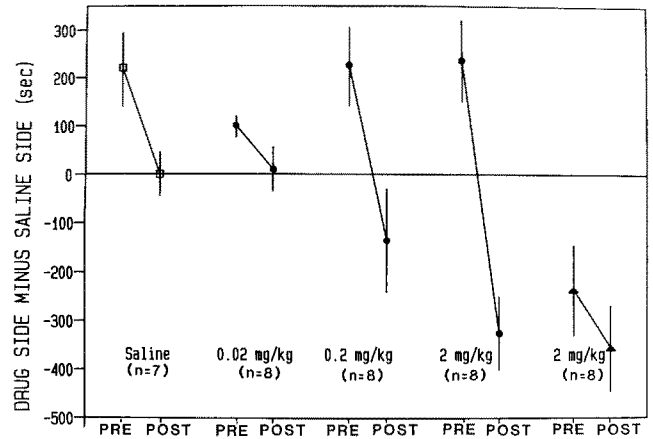


**Fig. 2.** Replicability of amphetamine and saline in place conditioning; effects of amphetamine conditioned in the initially preferred compartment. The effects of amphetamine (*AMPHET*) paired with the non-preferred compartment, and saline paired with both compartments were qualitatively and quantitatively very similar to those seen in Fig. 1 – amphetamine caused a significant shift to the drug-paired compartment, while saline caused a non-significant shift to a non-preference for either compartment. When amphetamine was paired with the initially preferred compartment, animals maintained their preference for this compartment. Scores represent number of seconds in the drug-paired compartment minus number of seconds in the saline-paired compartment (for saline animals, the initially non-preferred compartment was designated as the drug-paired compartment). *PRE*=preconditioning preference; *POST*=postconditioning preference

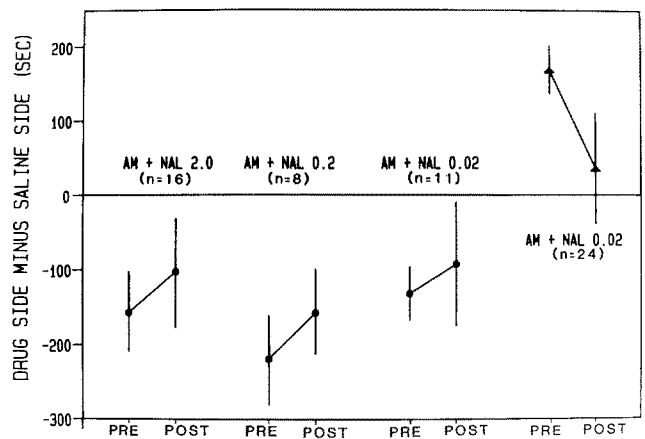
preferred compartment ( $P < 0.025$ ) or paired with the initially preferred compartment ( $P < 0.025$ ).

Naloxone caused a shift in preference away from the initially preferred compartment (Fig. 3). Two factor repeated measures analysis of variance showed no significant effect of treatment, a highly significant effect of test day ( $P < 0.001$ ), and a significant interaction ( $P < 0.005$ ). While 0.02 mg/kg naloxone, paired with the initially preferred compartment, did not cause a significant shift in preference (preconditioning =  $98.0 \pm 23.0$ , postconditioning =  $10.4 \pm 46.3$ ,  $n = 8$ , n.s.), 0.2 mg/kg and 2.0 mg/kg produced successively greater shifts in preference away from this compartment (0.2 mg/kg preconditioning =  $222.8 \pm 80.4$ , postconditioning =  $-135.0 \pm 103.7$ ,  $n = 8$ ,  $P < 0.05$ ; 2.0 mg/kg preconditioning =  $237.0 \pm 84.8$ , postconditioning =  $-325.2 \pm 74.2$ ,  $n = 8$ ,  $P < 0.001$ ), although the difference between 0.2 and 2.0 mg/kg was not statistically significant. Naloxone (2.0 mg/kg) paired with the initially non-preferred compartment caused this compartment to be even less preferred, demonstrating that this drug produces aversion independent of the side of conditioning (preconditioning =  $-235.8 \pm 92.6$ , postconditioning =  $-357.2 \pm 89.4$ ,  $n = 8$ ,  $P < 0.02$ ).

Animals conditioned with the combination of amphetamine (1.0 mg/kg) plus naloxone (0.02, 0.2 or 2.0 mg/kg) in the initially non-preferred compartment showed no significant change in preference (amphetamine 1.0 mg/kg plus naloxone 2.0 preconditioning =  $-156.3 \pm 54.2$ , postconditioning =  $-103.6 \pm 72.2$ ,  $n = 11$ , n.s.; amphetamine 1.0 plus naloxone 0.2 preconditioning =  $-219.6 \pm 60.0$ , postconditioning =  $-157.1 \pm 57.0$ ,  $n = 8$ , n.s.; amphetamine 1.0 plus naloxone 0.02 preconditioning =  $-133.1 \pm 35.8$ , postconditioning =  $-92.5 \pm 82.2$ ,  $n = 16$ , n.s.), suggesting that naloxone interferes with the ability of amphetamine to produce a place



**Fig. 3.** Naloxone causes a dose-dependent place aversion. Saline data is the same as seen in Fig. 1, inverted for comparison with the naloxone scores (when saline is injected in both compartments, either compartment may be designated as the “drug side”). The saline data is shown for visual comparison only – these data were not included in the statistical analysis. Naloxone 0.02 mg/kg paired with the initially preferred compartment did not cause a significant shift in preference. Naloxone 0.2 mg/kg and naloxone 2.0 mg/kg paired with the initially preferred compartment each caused a significant shift in preference away from this compartment. Naloxone 2.0 mg/kg paired with the initially non-preferred compartment caused this compartment to be even less preferred. Scores represent number of seconds in the drug-paired compartment minus number of seconds in the saline-paired compartment. *PRE*=preconditioning preference; *POST*=postconditioning preference



**Fig. 4.** Naloxone prevents the ability of amphetamine to cause a shift in place preference. When amphetamine (*AM*) and naloxone (*NAL*), administered together in a single injection, were paired with the initially non-preferred compartment, a non-significant shift toward a non-preference for either compartment was observed. When amphetamine and 0.02 mg/kg naloxone were paired with the initially preferred compartment, a non-significant shift toward a non-preference for either compartment was observed. Scores represent number of seconds in the drug-paired compartment minus number of seconds in the saline-paired compartment. *PRE*=preconditioning preference; *POST*=postconditioning preference

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**Table 1.** Effects of place conditioning on locomotor behavior. Values represent the mean number of entries  $\pm$ SEM into the drug-paired and saline-paired compartments, before and after conditioning, for each experimental treatment. The compartment which was paired with drug is shown in column 2: NPref=drug was paired with the initially non-preferred compartment; Pref=drug was paired with the initially preferred compartment (in the saline control experiment, saline was paired with both compartments, however the initially non-preferred compartment is designated as the

drug-paired compartment). The number of animals is shown in parentheses. Numbers in brackets represent the postconditioning locomotor behavior expressed as percent of preconditioning. \* Significant difference ( $P < 0.05$ , paired *t*-test) in locomotor behavior between the preconditioning test (pre) and the postconditioning test (post). † Significant difference ( $P < 0.05$ , paired *t*-test) between the drug-paired and saline-paired compartments at postconditioning test

Treatment	Conditioned compartment		Drug	Saline
Saline	Both ( <i>n</i> =16)	Pre	14.1 $\pm$ 1.4	14.8 $\pm$ 1.3
		Post	17.3 $\pm$ 2.6 [122]	17.7 $\pm$ 2.3 [120]
Amphetamine 1.0	NPref ( <i>n</i> =19)	Pre	13.5 $\pm$ 1.1	15.7 $\pm$ 0.8
		Post	17.2 $\pm$ 1.2 [127] *	15.0 $\pm$ 1.1 [96]
	Pref ( <i>n</i> =16)	Pre	15.7 $\pm$ 1.7	11.6 $\pm$ 1.6
		Post	22.5 $\pm$ 2.4 [143] *	19.6 $\pm$ 3.7 [169] *
Naloxone 0.02	Pref ( <i>n</i> =8)	Pre	11.2 $\pm$ 1.4	11.9 $\pm$ 1.3
		Post	16.6 $\pm$ 2.7 [148]	18.6 $\pm$ 3.6 [156]
Naloxone 0.2	Pref ( <i>n</i> =8)	Pre	10.6 $\pm$ 2.0	10.0 $\pm$ 2.1
		Post	10.0 $\pm$ 2.2 [94]	15.5 $\pm$ 3.8 [155]
Naloxone 2.0	Pref ( <i>n</i> =8)	Pre	14.1 $\pm$ 2.0	11.6 $\pm$ 2.1
		Post	4.8 $\pm$ 1.2 [34] *	14.6 $\pm$ 3.6 [126] †
	NPref ( <i>n</i> =8)	Pre	9.2 $\pm$ 1.5	11.6 $\pm$ 2.1
		Post	6.0 $\pm$ 1.4 [65] *	12.1 $\pm$ 1.8 [104] †
Am 1.0+Nal 0.02	Pref ( <i>n</i> =24)	Pre	13.8 $\pm$ 1.2	10.5 $\pm$ 1.0
		Post	14.6 $\pm$ 1.5 [106]	13.0 $\pm$ 1.8 [124]
	NPref ( <i>n</i> =16)	Pre	14.5 $\pm$ 2.2	15.1 $\pm$ 1.7
		Post	13.2 $\pm$ 2.4 [91]	15.6 $\pm$ 1.8 [103]
Am 1.0+Nal 0.2	NPref ( <i>n</i> =8)	Pre	9.9 $\pm$ 1.9	14.9 $\pm$ 3.0
		Post	11.2 $\pm$ 1.1 [113]	19.2 $\pm$ 2.7 [129] * †
Am 1.0+Nal 2.0	NPref ( <i>n</i> =11)	Pre	13.5 $\pm$ 2.6	16.5 $\pm$ 3.1
		Post	8.3 $\pm$ 1.8 [61]	14.3 $\pm$ 1.9 [87] †

preference (Fig. 4). Note that even the lowest dose of naloxone (0.02 mg/kg), which lacked aversive effects on its own, still had the ability to block the place conditioning effects of amphetamine. When the combination of 0.02 mg/kg naloxone plus 1.0 mg/kg amphetamine was injected in the initially preferred compartment, the results were very similar to saline conditioning; the shift was toward a non-preference for either compartment (preconditioning = 168.9  $\pm$  31.5, postconditioning = 37.1  $\pm$  74.3, *n* = 24, n.s.; Fig. 4). There was no significant difference between any of the treatments at the postconditioning test.

In the present studies we assessed locomotor activity by measuring compartment entries during testing, both before and after conditioning. The number of compartment entries is not only a good measure of locomotor activity within the shuttle box, but also an excellent measure of activity within each compartment. This was demonstrated in a recent study by Neisewander et al. (1990), who found a very high correlation between the number of entries into a compartment and the number of line crossings within that compartment ( $r = 0.90$ ,  $P < 0.005$  for data shown in Table 1 of their paper). The effect of place conditioning on compartment entries for the present experiments are shown in Table 1. The general

tendency observed was a non-significant increase in total entries for most treatments, including saline control animals. These increases were typically observed in both the drug-paired and saline-paired compartments, suggesting that conditioning may lead to a mild, non-selective increase in locomotor activity within the shuttle box. Significant increases in entries into the drug-paired compartment were observed when amphetamine was paired with the initially non-preferred compartment, into both compartments when amphetamine was paired with the initially preferred compartment, and into the saline-paired compartment when amphetamine and naloxone (0.2 mg/kg) were paired with the initially non-preferred compartment. By far, the most robust effect on compartment entries was in naloxone-treated animals. The highest dose of naloxone (2.0 mg/kg) produced significant decreases in compartment entries when paired with either the initially preferred or the initially non-preferred compartment. The only treatments which produced significant differences in compartment entries between the drug-paired and saline paired compartments were naloxone (2.0 mg/kg) paired with either compartment, and naloxone (0.2 or 2.0 mg/kg) and amphetamine paired with the initially non-preferred compared. In each of these cases the drug-paired compartment had signifi-

cantly fewer entries than the saline-paired compartment. Thus, beyond the decrease in entries into the drug-paired compartment for animals receiving high doses of naloxone, these results demonstrate no consistent relationship between locomotor activity and place conditioning.

## Discussion

Repeated pairings of a distinctive environment with amphetamine caused animals to prefer that environment over an alternative environment associated with saline, confirming previous reports of the effects of amphetamine in place conditioning (see Carr et al. 1989; Hoffman 1989 for review). The place conditioning produced by amphetamine was both highly replicable and persistent, remaining at least 7 days after conditioning. Moreover, when amphetamine was paired with the initially preferred compartment, this compartment was still preferred after conditioning. These results demonstrate that amphetamine did not cause a non-specific shift in preference, but instead that animals preferred the compartment associated with this drug regardless of whether the compartment was the initially preferred or the initially non-preferred environment. Although amphetamine did not produce an increase in preference for the initially preferred compartment, evidence suggests that the results represent a valid conditioned place preference; 1) in contrast to saline control groups a strong preference was maintained for the drug-paired compartment after conditioning, 2) the magnitude of the post-conditioning preference score was virtually identical to the score for animals conditioned with amphetamine in the initially non-preferred compartment, and 3) the results for these animals were significantly different from saline. Thus, although no increase in preference was observed for animals conditioned with amphetamine in the initially preferred compartment, the fact that the preference score remained highly positive is significant.

Interestingly, when saline was paired with both compartments, a slight, non-significant shift in preference was observed. However, this shift was not a change in preference to the opposite compartment as seen with amphetamine, but a shift to a non-preference for either compartment; i.e. a preference of zero. Although the shift was not significant in either experiment, evidence suggests that the effect is reliable. First, when the data for the two saline experiments is combined, the effect closely approaches statistical significance ( $P=0.06$ ). Second, a similar non-significant shift was observed in animals treated with the low dose of naloxone (0.02 mg/kg) when this dose was administered alone, or when it was administered with amphetamine. The elimination of unconditioned biases with saline or very low doses of naloxone may represent habituation of the animals to the two compartments. Each animal, in the course of the experiments, was confined to each compartment for four 30-min sessions. This confinement may have led to habituation of those cues that caused the animal to prefer one environment over the other prior to injections. It is interesting to note that there was a tendency for saline-treated animals to return to preconditioned preferences

when retested 7 days later. It may be that a week without exposure to the apparatus allows the extinction of habituation and the reestablishment of unconditioned preferences. Future studies should help to elucidate the reliability and significance of the effects seen in animals receiving saline in both compartments.

Naloxone, in the present studies, caused animals to avoid the compartment associated with this drug, in a dose-dependent manner. While the effects of 0.02 mg/kg were similar to those of saline, the higher doses produced significant place aversions. In parallel with the amphetamine experiments, conditioning occurred independent of which compartment was paired with drug – animals avoided the naloxone-paired compartment whether this drug was paired with the initially preferred environment or the initially non-preferred environment, suggesting that this effect was a specific place aversion, rather than a non-specific change in compartment preference. In previous studies, conflicting results have been reported, with some studies observing place aversion with naloxone (Mucha et al. 1982, 1985; Mucha and Iversen 1984; Bichara and van der Kooy 1985; Mucha and Herz 1985), and other studies obtaining no effects of this drug in place conditioning (Phillips and LePiane 1980, 1982; Bozarth and Wise 1981). It has been suggested that the lack of effects in the latter studies resulted from insensitive procedures used by the investigators (Mucha and Iversen 1984). Significantly, the effects observed for naloxone in the present experiments were strikingly similar to those reported in two previous studies (Mucha et al. 1982; Mucha and Iversen 1984).

Animals injected with combinations of amphetamine plus naloxone in the initially non-preferred compartment showed no significant change in place preference, in an apparent blockade of amphetamine place conditioning by naloxone. However, since the 0.2 and 2.0 mg/kg doses of naloxone alone produced place aversions, it cannot be concluded that these doses simply blocked amphetamine conditioning – the interaction may have resulted from an algebraic summation of the negative effects of naloxone and the positive effects of amphetamine in place conditioning. On the other hand, since no aversive effects were detected with 0.02 mg/kg naloxone, it appears that this dose selectively blocked the place conditioning actions of amphetamine. An alternate possibility is that the combination of naloxone plus amphetamine was aversive to the animals. Despite the lack of effect of 0.02 mg/kg naloxone alone in place conditioning, it is possible that this dose in combination with amphetamine was aversive. However, animals conditioned with this combination showed effects very similar to saline – a shift toward a non-preference for either compartment, regardless of whether the conditioning took place in the initially preferred or the initially non-preferred compartment. The fact that these effects were very similar to those of saline suggests that the low dose of naloxone produced a simple blockade of amphetamine-dependent place conditioning. It is important to emphasize the low dose required for this blockade. The 0.02 mg/kg dose of naloxone is 10 fold less than the dose required to suppress self-stimulation behavior (Trujillo et al.



1983, 1989a, b), and 500 fold less than the dose required to suppress locomotion (DeRossett and Holtzman 1982).

As noted above, results in place conditioning experiments are commonly interpreted as reflecting the rewarding or aversive properties of the drug(s) under study. It has been suggested, however, that the place conditioning paradigm may be confounded for drugs, such as amphetamine, which alter locomotor behavior (Swerdlow and Koob 1984). According to this suggestion, the amphetamine place preference observed in the present study may have been an artifact of increased locomotion in the drug-paired compartment. Moreover, the blockade of amphetamine place preference by naloxone may have resulted from naloxone blockade of amphetamine-dependent locomotion (Hitzemann et al. 1982; Holtzman 1974; Swerdlow et al. 1985). Several studies, however, have demonstrated that locomotor activity does not contribute significantly to place preference conditioning, and thereby dispute the suggestion that drug-induced place preferences are artifacts of alterations in locomotion (DiScala et al. 1985; Martin-Iverson et al. 1985; Mithani et al. 1986; Bozarth 1987; Vezina and Stewart 1987; Carr et al. 1988, 1989; Costello et al. 1989; Shippenberg et al. 1989). In the present studies we measured locomotion in the shuttle box during testing and found no consistent relationship between this behavior and amphetamine-induced changes in place preference. Although the present data cannot completely rule out the possibility that the place conditioning resulted from drug-induced changes in locomotion, the above noted studies, together with our data on locomotor behavior, support our suggestion that the present results are indeed a valid reflection of the motivational properties of amphetamine and naloxone, rather than a locomotor artifact. Further, although it is presently unclear whether the place conditioning paradigm measures the same aspects of reward as the self-administration or self-stimulation experiments, most investigators agree that this methodology is a legitimate tool for examining the rewarding properties of drugs (Bozarth 1987; van der Kooy 1987; Carr et al. 1989; Hoffman 1989).

Regarding possible explanations for the blockade of amphetamine reward by naloxone, it must first be considered that this effect might result from a non-specific chemical or pharmacokinetic interaction; i.e., naloxone might alter the absorption or distribution of amphetamine in the body, preventing this drug from reaching the brain. If such a mechanism were responsible for the effects of naloxone, then one might predict that this drug should similarly affect different psychoactive actions of amphetamine. However, naloxone has been reported to affect some of amphetamine's actions but not others. Holtzman (1974) observed that naloxone reduced the stimulatory effects of amphetamine on avoidance responding and locomotor activity, but not amphetamine's effects on food intake or body temperature. Likewise, Haber and coworkers (Haber et al. 1978), and Hitzemann et al. (1982) observed that naloxone selectively blocked amphetamine-stimulated rearing behavior without affecting amphetamine-dependent hyperactivity

or stereotypy. In addition, naloxone has been observed to attenuate amphetamine-dependent facilitation of dorsal tegmental self-stimulation, but not self-stimulation of the prefrontal cortex (Franklin and Robertson 1982). It should be noted that different actions of naloxone on different amphetamine-dependent behaviors does not unequivocally rule out a non-specific pharmacokinetic interaction. For example, if naloxone simply decreased the concentration of amphetamine reaching the brain, then this drug might interfere with behaviors dependent on a high dose of amphetamine, but not behaviors requiring a low dose. Nevertheless, the fact that naloxone interferes with very closely related behavioral actions of amphetamine, i.e. amphetamine-dependent rearing, but not hyperactivity or stereotypy, and selectively attenuates the effects of amphetamine on self-stimulation of one brain site but not another, lead us to believe that the present results were not due to a non-specific pharmacokinetic interaction. Moreover, if naloxone non-specifically interfered with the absorption or distribution of amphetamine in the body, then one might expect that this drug would also affect the pharmacokinetics of a variety of other drugs. However, the effects of naloxone are limited to remarkably few actions and interactions (cf. Andrews and Holtzman 1988). Naloxone blockade of amphetamine place conditioning, therefore, more likely results from a specific neural interaction between these drugs.

Although the site of interaction between naloxone and amphetamine is presently unknown, evidence suggests that the nucleus accumbens is a likely candidate. Studies suggest that amphetamine has its reinforcing action by releasing dopamine from mesolimbic nerve terminals in this nucleus (Lyness et al. 1979; Monaco et al. 1981; Spyraiki et al. 1982b; Aulisi and Hoebel 1983). Additionally, receptor binding studies have demonstrated that opioid receptors are located on mesolimbic dopamine neurons (Pollard et al. 1977). Naloxone has been observed to antagonize the amphetamine-stimulated release of  $^3\text{H}$ -dopamine (Hitzemann et al. 1982), and the amphetamine-dependent decrease of the dopamine metabolite, homovanillic acid, in the nucleus accumbens (Applegate et al. 1982). Therefore, naloxone may prevent amphetamine reward by blocking opiate receptors on mesolimbic dopamine neurons, interfering with amphetamine-stimulated release of dopamine. Regardless of the specific neural mechanism responsible, however, the present results demonstrate that activation of opioid receptors may play an important role in the ability of amphetamine to establish a conditioned place preference.

It is notable that opiate antagonists have been observed to interfere with amphetamine in a variety of behavioral tests, including continuous avoidance responding and locomotor activity (Holtzman 1974; Swerdlow et al. 1985; Andrews and Holtzman 1987; Winslow and Miczek 1988), rearing behavior (Haber et al. 1978; Hitzemann et al. 1982), turning behavior (Dettmar et al. 1978), and acquisition and consolidation of memory (Fulginiti and Cancela 1983). More important to the present results, however, are findings of interactions be-

tween naloxone and amphetamine in self-stimulation experiments. Several investigators have reported that naloxone prevents the facilitating effect of amphetamine on self-stimulation, suggesting that blockade of opioid receptors interferes with the reinforcing actions of amphetamine (Holtzman 1976; Esposito et al. 1980; Leith 1982; Trujillo et al. 1983). The present results support this possibility, providing further evidence that activation of opioid receptors may be necessary for amphetamine reinforcement. Interestingly, recent reports examining interactions between opiate antagonists and cocaine in self-administration (Carroll et al. 1986; De Vry et al. 1989), self-stimulation (Bain and Kornetsky 1986), and place conditioning (Houdi et al. 1989) suggest that blockade of opioid receptors may interfere with the reinforcing actions of cocaine. It thus appears that opioid receptors may play a general role in the rewarding actions of psychomotor stimulants. These findings provide an interesting contrast to studies which suggest that activation of dopamine systems is necessary for opioid reinforcement (Bozarth and Wise 1981; Spyraiki et al. 1983; Shippenberg and Herz 1987; Hand et al. 1989). Despite studies demonstrating interactions between opioids and catecholamines in reward, however, other studies have found evidence against such interactions (e.g. Ettenberg et al. 1982; Mackey and van der Kooy 1985). Thus, although the evidence is not unanimous, the present results together with previous studies suggest that interactions between endogenous opioid and catecholamine systems may be important in the reinforcing actions of drugs. Further, these results hint that the neurochemistry of reward may be more complex than is currently believed.

In conclusion, the present results suggest that activation of opioid receptors is necessary for amphetamine's rewarding action. Amphetamine was observed to establish a potent conditioned place preference which could be prevented by the opiate receptor antagonist naloxone. This action of naloxone was determined to be independent of aversive effects of naloxone alone, or aversive interactions between amphetamine and naloxone, and thus appears to be a specific blockade of amphetamine reward. These results support previous studies demonstrating the ability of naloxone to block amphetamine facilitation of self-stimulation behavior (Holtzman 1976; Esposito et al. 1980; Leith 1982; Trujillo et al. 1983) and add to the increasing evidence that interactions between endogenous opioid and catecholamine systems are important in reinforcement. Moreover, in light of recent clinical findings demonstrating the potential efficacy of opiate antagonists in the treatment of cocaine abuse (Kosten et al. 1989) the present results are of particular interest, suggesting that opiate antagonists may also be effective pharmacological aids in the treatment of amphetamine abuse.

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