Neural Basis of Developing Salt Taste Sensation: Response Changes in Fetal, Postnatal, and Adult Sheep

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ABSTRACT
To learn whether salt taste responses change during mammalian development, we recorded from multifiber preparations of the chorda tympani while stimulating the anterior tongue in sheep fetuses, lambs, and adults. Stimuli were 0.5 M NH₄Cl, KCl, NaCl, and LiCl, and 0.05-0.75 M concentration series of the first three salts. Ultrastructural studies were made of taste buds at different ages to determine whether morphological elements such as microvilli and tight junctions are present in young fetuses.

Substantial changes occur in relative salt taste responses, throughout development. In fetuses that are beginning the last third of gestation, NaCl and LiCl elicit much smaller response magnitudes than NH₄Cl and KCl. Throughout the rest of gestation and postnatally, the NaCl and LiCl responses gradually increase in magnitude relative to NH₄Cl and KCl. In adults, NaCl, LiCl, and NH₄Cl all elicit similar response magnitudes and KCl is less effective as a taste stimulus. At ages when response ratios for the 0.5 M salts are changing, there are no changes in shapes of the response/concentration functions for individual salts. Furthermore, microvilli are present on taste bud cell apices and tight junctions are found between cells in the youngest fetuses studied. Therefore, initial stimulus-receptor membrane contacts are probably similar to those in adults.

Our data suggest that different membrane components interact with the various monochloride salts and that taste receptors contain different proportions of these various membrane components at different developmental stages. Therefore young taste bud cells do not have the same salt response characteristics as mature cells, and a changing neural substrate underlies development of salt taste function, both pre- and postnatally.

Key words: taste, development, salt taste, chorda tympani, fetal taste

We have observed a sequential appearance of specific response properties when recording from single taste neurons in the brainstem of sheep fetuses, lambs, and adults (Bradley and Mistretta, '80; Mistretta and Bradley, '77, '78). In young fetuses (<114 days of gestation; term = 147 days) responses were obtained during stimulation of the anterior tongue with two acids, citric and hydrochloric, and two salts, NH₄Cl and KCl. Two other monochloride salts, NaCl and LiCl, were effective as stimuli only in older fetuses, lambs, and adults. We hypothesized that the emerging ability of the central taste system to respond to NaCl and LiCl was related to taste receptor maturation at cellular and/or molecular levels (Bradley and Mistretta, '80; Mistretta and Bradley, '78).

If the developmental acquisition of central neural responses to NaCl and LiCl does relate to maturation of taste receptor properties, then studies of salt responses from the peripheral taste system should clarify possible underlying processes. We have, therefore, studied neurophysiological responses recorded from the chorda tympani, which innervates taste buds on the anterior two-thirds of the tongue, in fetal, postnatal, and adult sheep.

We recorded from the entire chorda tympani and from multifiber bundles to study the general response characteristics of a large population of taste buds. As taste stimuli, we selected the monochloride salts NH₄Cl, KCl, NaCl, and LiCl because: (1) Data have been collected in our laboratory on development of responses from sheep brainstem neurons (Bradley and Mistretta, '80) and from rat chorda
tymanpi and brainstem neurons (Ferre1 et al., '81; Hill et al., '81, '82) to lingual stimulation with these chemicals; (2) these salts have been studied in adults of several species by other investigators (Beidler et al., '55); (3) a variety of mechanisms for salt taste transduction have been proposed (Beidler, '67; Beidler and Gross, '71; Brand and Bayley, '80; DeSimone and Price, '76; Kamo et al., '74; Mooser, '80); and (4) salt taste detection and recognition are critically important for the physiological maintenance of the organism (Dethier, '77).

In early studies from our laboratory, which emphasized responses to several taste stimuli in older sheep fetuses, we did not report developmental changes in salt responses (Bradley and Mistretta, '73). In contrast, we now demonstrate that the magnitudes of responses to four salts change in relation to one another during prenatal development and postnatally. Furthermore, we present ultrastructural descriptions of fetal taste buds that illustrate the presence of important cellular components early in gestation. Our observations suggest that the essential mechanism of salt taste stimulation does not change developmentally; rather, we propose that the composition of the taste membrane alters as it matures, so that relative changes occur in responses to various salts.

**METHODS**

**Animals and surgical preparation**

Sheep in five age groups were studied: (1) 110 days of gestation, included ten fetuses aged 108–114 days of gestation (term = 147 days); (2) 130 days of gestation, included seven fetuses aged 126–130 days; (3) perinatal, eight animals aged 142 days of gestation to 9 postnatal days; (4) lamb, nine lambs aged 35–85 days postnatally; (5) adult, eight adult ewes aged 2–4 years. Adults and lambs were anesthetized with an intravenous injection of sodium pentobarbital (30 mg/kg for adults; 20–25 mg/kg for lambs), tracheotomized, and given supplemental O2 (1.5–2.5 liters/minute). An indwelling catheter was placed in the jugular vein for subsequent anesthetic administration. Fetuses (anesthetized via the pregnant ewe) were delivered onto a metal, atraumatic holder and the mouth was dissected so that the anterior one-half of the tongue remained intact. Rectal temperature was continuously monitored.

**Electrophysiology**

The fetal, lamb, or adult head was secured in a metal, atraumatic holder and the mouth was dissected so that the anterior one-half of the tongue could be easily stimulated in a consistent manner. The exposed portion contained 90–95% of the total fungiform papillae on the ipsilateral half of the tongue.

The chorda tympani was dissected by a lateral approach through the cheek and ramus of the mandible. The nerve was cut central to the bifurcation of the chorda tympani and the lingual nerve, near the point at which the chorda tympani enters the tympanic bulla. Surrounding connective tissues were dissected from the nerve.

The sheep chorda tympani is composed of two or more small, discrete bundles of nerve fibers in older fetuses, lambs, and adults. Such fasciculi have been described in the adult sheep by Kitchell ('63). After recording from the whole chorda tympani, these bundles were dissected and recordings were made from separate bundles. Therefore, we ensured that responses from the entire nerve fiber population were sampled.

**Stimuli**

Taste stimuli were 0.5 M solutions of reagent grade NH4Cl, KC1, NaC1, and LiC1 dissolved in distilled water and maintained at room temperature. Concentrations of 0.5 M were used because they elicit near-maximal responses for each of these salts in adults. Also, we knew that reproducible responses were obtained in animals from all age groups during repeated stimulation with 0.5 M NH4Cl (Bradley and Mistretta, '73). The order of salt stimulation was varied during the experiment and one salt (either NH4Cl or NaC1) was applied as every third or fourth stimulus to monitor response reproducibility. If responses to these repeated stimuli varied by more than 20%, data were not included for analysis. All salts were usually applied at least twice. Responses to 0.05–0.75 M concentration series of each salt were obtained when possible, also.

Twenty milliliters of each stimulus was applied to the anterior half of the tongue from syringes; the rest of the tongue remained in the mouth and was not exposed to stimuli. After 25–40 seconds the stimulus was rinsed from the tongue with 40–60 ml of distilled water. At least 40 seconds then elapsed before application of another stimulus. We chose not to use a flow chamber to stimulate the tongue in order to replicate conditions in our central nervous system studies (Bradley and Mistretta, '80). In the latter experiments we used the electrical stimulus artifact, which occurs when a chemical first contacts the tongue, to indicate stimulus onset for measures of single-unit response latency. Furthermore, we wanted to compare responses from the chorda tympani to taste responses from the glossopharyngeal nerve, which innervates taste buds in circumvallate papillae on the posterior tongue (Mistretta, '82). It is not feasible to design a flow chamber for stimulating the large field of circumvallate papillae on the lateral border of the posterior sheep tongue.

**Data analysis**

The integrated records of multifiber neural responses are typically composed of an initial phasic component that gradually adapts to a lower magnitude of neural response (Fig. 1). The magnitude of the phasic component is determined by stimulus application duration and rate (Marowitz and Halpern, '77; Smith and Bealer, '75), by responses to the tactile component of stimulus application, and by responses to the chemical stimulus per se. We measured responses at 20 seconds after stimulus onset, during the later, tonic or steady-state portion of the taste response. This enabled us to compare our results directly with published data on salt responses from adults of other species (Beidler et al., '55; Beidler, '61; Ferrell et al., '81; Hill and Almli, '80) and to exclude the part of the response related to variables other than taste.

Although measurement of the adapted part of the taste response is most useful for our analyses, some investiga-
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Fig. 1. Integrated records of multifiber responses from the chorda tympani in representative animals from each of five age groups. Chemical stimuli applied to the anterior tongue were 0.5 M NH₄Cl, KCl, NaCl, and LiCl. On the right side of the figure the responses to NH₄Cl and NaCl have been selected from the continuous recordings to emphasize the increasing NaCl response during development, relative to NH₄Cl. For quantitative analysis of these data, the magnitude of each response was expressed as a ratio relative to the NH₄Cl response. NH₄Cl was used as the standard because it elicits a large-magnitude response throughout development.

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Since one of our principal goals was to describe a possible change in taste response as a function of age, it was necessary to compare response magnitudes among different animals. Many variables other than age can affect the magnitude of the multifiber integrated response. Thus, as Beidler ('61) noted several years ago, it is not valid to make a direct comparison of absolute response values among animals, and the responses from any one animal must be carefully monitored with a standard chemical. For each animal, therefore, we calculated a ratio of every response relative to the standard 0.5 M NH₄Cl response. A response equal to that elicited by stimulating the tongue with 0.5 M NH₄Cl would have a ratio of 1.00. The choice of NH₄Cl as a standard chemical in sheep is appropriate, since at all ages it elicits a large-magnitude neural response. Once ratios were calculated for each sheep, comparisons could be made among animals. When two or more separate multifiber bundles were studied in one animal, an average ratio for each salt was calculated.

Tors have stressed the importance of studying the initial phasic component (Halpern and Marowitz, '73). Since animals can reportedly recognize some chemicals after stimulation of the tongue for only 168 msec (Halpern and Tapper, '71), the early part of the neural response must contain information sufficient for some taste quality coding. Therefore we reanalyzed data from two age groups of sheep (110-day fetuses and perinatal lambs) on the basis of measures of the peak, transient response. Even though in our system the initial response included a tactile as well as taste component, the analysis of this component led to the same conclusions as analysis of the steady-state response. The order of effective stimulation for the salts was the same for each analysis in each age group, and the age-related changes for individual salts were in the same direction and of the same general magnitude. Therefore, by using measures of the later, adapted taste response we are not generating conclusions that would be invalid for the initial, transient response.
Ultrastructure

It is thought that apical extensions of taste bud cells, the microvilli, provide the point of initial contact between chemical stimulus and receptor in the taste pore (Beidler, '61). Therefore, to learn whether microvilli are present on taste bud cells in young fetuses, we used electron microscopy to study the fungiform papillae in four fetuses at 80-90 days of gestation, six fetuses at 100-110 days, two lambs at 30-60 days postnatal, and one adult. The umbilical cord of anesthetized fetuses was clamped and fetuses were perfused via an intracardiac route with 2.5% phosphate-buffered glutaraldehyde. The tongue was removed and individual fungiform papillae were dissected for postfixation in 2% buffered osmium tetroxide. Papillae were embedded in Epon-Araldite and thin sections were cut and stained with toluidine blue to locate taste buds. Once a taste bud was located, serial sections were cut for electron microscopy. Ultrathin sections were stained with uranyl acetate and lead citrate.

RESULTS

Neurophysiology

Integrated responses from one animal in each of the five age groups are presented in Figure 1. Several general response characteristics should be noticed. Initially, in 110- and 130-day fetal groups, NH₄Cl and KCl elicit taste responses of comparable magnitude; but gradually the responses to these salts become more disparate and in adults NH₄Cl is a much more effective stimulus. NaCl and LiCl elicit responses of very similar magnitude throughout development, and therefore these salts will be considered together.

The relative ineffectiveness of NaCl and LiCl as stimuli in younger fetuses is apparent when they are compared to either NH₄Cl or KCl. In fetuses at about 110 days of gestation, NaCl and LiCl elicit integrated responses that barely exceed baseline. Progressively, though, the NaCl and LiCl response magnitudes increase during development. To emphasize the extent of this change, individual responses to NaCl and NH₄Cl (the standard stimulus) are compared on the right side of Figure 1. The striking increase in effectiveness of NaCl (and LiCl) relative to NH₄Cl continues even after birth, as is apparent from the perinatal and adult responses.

To quantify these changes in salt taste sensation, the average ratios of responses to each salt, relative to the NH₄Cl response, were plotted for the five age groups (Fig. 2). The extent of changes was studied with analysis of variance. Overall, there is a general increase in the relative stimulating effectiveness of NaCl (F(4,41) = 21.77, P < .0001) and LiCl (F(4,41) = 19.40, P < .0001) during development. To learn whether differences in ratios between individual age groups were significant, pairwise comparisons were calculated (Scheffe multiple comparison allowances). All comparisons were significantly different (P < .05) except: NaCl at 110 days vs. 130 days, and 130 days vs. perinatal; and LiCl at 130 days vs. perinatal ratios. Therefore, changes occur in taste responses to NaCl and LiCl, relative to NH₄Cl, during prenatal and postnatal development. From 110 days of gestation to birth, the NaCl/NH₄Cl response ratio nearly doubles from 0.22 to 0.41. Furthermore, the remarkable degree of the postnatal component is made apparent by integrated recordings from an individual ewe and her 35-day lamb (Fig. 3). For this lamb,
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the NaCl/NH4Cl ratio was 0.50, compared to 0.82 in the ewe.

Responses to KCl also alter as a function of age (F(4,41) = 2.56, P < .05). However, the change contrasts with that of NaCl and LiCl because: (1) KCl decreases in effectiveness relative to NH4Cl (Fig. 2); (2) the overall decrease in stimulating effectiveness is smaller than the relative increase for NaCl and LiCl; and (3) the change occurs prematurely only. Using pairwise comparisons we found that the ratio for 110-day fetuses differs from those for perinatal, lamb, and adult groups (P < .05), but no other groups differ from each other. Therefore, after birth the KCl/NH4Cl response ratio remains constant.

We conclude that there are substantial changes in NaCl, LiCl, and KCl responses, relative to NH4Cl, during the last 40 days of gestation. In addition, postnatal changes occur in NaCl and LiCl responses. These alterations are so large that they result in an actual reversal of the order of stimulating effectiveness for some of the monochloride salts. NaCl and LiCl are the least effective salts and KCl is second in effectiveness in 110-day fetuses (Fig. 4); in adults, NaCl and LiCl have displaced KCl and elicit responses equal in magnitude to those for NH4Cl.

In order to learn whether there are obvious developmental alterations in taste responses to a range of concentrations, neural activity was studied during stimulation of the tongue with series of 0.05-0.75 M NH4Cl (perinatal, lamb, and adult groups). KCl, and NaCl (perinatal and lamb groups) (Fig. 5). The functions illustrated in Figure 5 indicate that the shape of the response/concentration curve for a specific salt does not change during development. We replotted responses as a function of log concentration (Fig. 5) and used analysis of covariance to learn whether these functions are indeed parallel at different ages. For each salt, analysis demonstrated that there is no change in slope of the functions across these ages (NH4Cl: F(2,66) = 1.04, P = 0.36; KCl: F(1,41) = 1.39, P = 0.24; NaCl: F(1,39) = 0.18, P = 0.67). Therefore, at ages when relative response ratios for the 0.5 M salts are changing, there is no difference in shapes of the response/concentration functions.

Ultrastructure

The electrophysiological data demonstrate that developmental changes in taste sensation occur over essentially the entire life cycle in sheep. Therefore, alterations in taste function do not relate simply to the early morphological events of taste bud formation. However, since it is generally considered that the initial steps in the taste transduction process occur in the membranes of taste bud microvilli (Beidler, ’61), it is essential to know whether these apical, cellular extensions are present in young fetuses.

From light microscopic studies we had previously observed that structurally immature taste buds are present on the anterior tongue by 50 days of gestation in fetal sheep (Bradley and Mistretta, ’72, ’73). The ultrastructural investigations we report here demonstrate that by at least 80 days of gestation a number of important structural components are present in the taste bud. For example, the apices of taste bud cells are specialized in short microvilli and club-shaped processes in sheep similar to those described in the adult rabbit (Jahnke and Bauer, ’79). Between the apices of the taste bud cells, and between taste bud and surrounding epithelial cells, are membrane specializations that have been characterized in freeze-fracture studies by Jahnke and Bauer (’79) as tight junctions (Fig. 6A–C). Below the tight junctions, desmosomes are present (Fig. 6C). The presence of tight junctions in adult mammals has been interpreted as providing a barrier to entrance of stimuli from the oral cavity into the intercellular spaces of the taste bud (Farbman, ’65a). Although the tight junction is clearly important in the physiology of transport across tissues, the actual barrier provided against diffusion can vary from “tight” to “leaky” (Macknight and Leader, ’81) and the correlation between tight junction morphology and epithelial tightness is reportedly poor (Mollgard and Rostgaard, ’81). However, although conclusions about a specific role for these junctions in epithelial diffusion at any age cannot be drawn, their presence in young fetuses is one other indicator of the degree of maturation of the taste bud.

Not only are apical specializations of taste bud cells and tight junctions found in taste buds at 80 days of gestation, but also at least two morphological cell types (I and II) are present (Fig. 6C). In most cells the nucleus has a dense appearance and the cytoplasm contains dark granules; these are termed dark cells, or type I in Murray’s classification (Murray, ’73). The nuclei of a smaller number of cells are less dense in appearance, and these cells do not have dense cytoplasmic granules. These are termed light cells, or type II.

Numerous nerve profiles are present in the fetal taste bud at 80–90 days of gestation (Fig. 7). They are distributed throughout the bud and may be found near the taste pit region. We cannot comment on the developmental significance of such profiles in the taste bud, but without a quantitative study that includes several age groups. The presence of such profiles at 80–90 days of gestation, however, is another indication of general structural maturity.

The structural characteristics of the fetal sheep taste bud at 100–110 days of gestation are similar to those at 80–90 days. Although we have not quantified observations in serial sections, we have the definite impression that club-shaped apical processes and microvilli have increased in length (Fig. 8). This presumably increases the area of accessible membrane available for initial interaction with chemical stimuli.
Fig. 5. Average responses to concentration series of NH₄Cl (A), KCl (B), and NaCl (C), in animals from perinatal, lamb, and adult (NH₄Cl) age groups. The number of response/concentration functions studied at each age is noted in parentheses in the legends. From the direct, linear plots it appears that the shapes of these functions for an individual salt do not change with age. Semilog plots of the functions were made, which were then compared with analysis of covariance. For each salt, the functions from different age groups are parallel.

During the rest of gestation and postnatally, increasing layers of cornified cells are added on the surface of the sheep fungiform papillae (Bradley and Mistretta, '72). Therefore the taste pit region becomes more defined and communicates with the oral environment via a narrow taste pore (Fig. 9). Furthermore, the pit is now filled with a densely staining, homogeneous material that surrounds the microvilli. We have not yet determined when this substance first appears during development nor is there information on its chemical composition.

In summary, electron microscopic observations have demonstrated that early fetal taste buds have apical cellular extensions and microvilli, intercellular tight junctions, and diverse cell types. These characteristics are present from at least 80 days of gestation. Therefore the electrophysiological responses from 110-day fetuses are mediated by taste buds that already possess several structural features characteristic of mature taste buds.

DISCUSSION

During development there are changes in neurophysiological salt responses from the primary afferents that innervate taste receptors on the anterior tongue. In fetuses that are beginning the last third of gestation, NaCl and LiCl elicit much smaller response magnitudes from the chorda tympani than NH₄Cl and KCl. Throughout the rest of gestation and postnatally, the NaCl and LiCl responses gradually increase in magnitude relative to NH₄Cl and KCl. Finally, in adulthood, NaCl, LiCl, and NH₄Cl all elicit similar response magnitudes and KCl is relatively less effective as a taste stimulus. Although in our first study of taste responses from the fetal chorda tympani (Bradley and Mistretta, '73) we reported that salt responses in fetuses were similar to those in lambs and adults, we now know that distinct differences exist among age groups. We have been able to discern these developmental changes by quantifying chorda tympani responses as ratios and comparing average ratios across ages, and by recording from a larger number of younger fetuses, lambs, and adults.

The developmental changes are so substantial that it could be hypothesized that the monochloride salts are stimulating early fetal receptors via a different mechanism than in adults—for example, by penetrating into the taste bud and interacting directly with nerve processes. However, three types of evidence suggest that the essential stimulating mechanism is not different in fetuses.

First, from ultrastructural observations, it is apparent that well-developed microvilli and other apical, cellular extensions are present in fetal taste buds by 80 days of gestation (30 days before the age at which we began chorda tympani recordings). Therefore apical specializations are present to provide an initial region for stimulus-taste bud interactions, as in adults (Beidler, '61; Murray, '73). Also, tight junctions are present between the apices of taste bud cells and between taste bud and surrounding epithelial cells; such junctions should prevent direct penetration of chemicals into the bud (Farbman, '65a; Murray, '73). There is no reason, therefore, to assume that initial stimulus-taste bud interactions are substantially different at the developmental ages we have studied. Taste stimulation in young fetuses is probably via interaction with microvilli membranes, as in adults (Bradley et al., '80). Interestingly, microvilli are present in the pore region of rat taste buds by 7 days after birth (Farbman, '65b), yet in older rats (12-
60 days postnatal) substantial changes occur in neurophysiological taste responses (Ferrell et al., '81; Hill and Almli, '80; Hill et al., '82).

Other evidence derives from study of neurophysiological response characteristics in young fetuses (Fig. 1). All responses have a very rapid rise time after stimulation and a rapid decay to baseline levels after rinsing. Furthermore, chemicals at relatively high concentrations can be repeatedly applied to the tongue without receptor destruction, i.e., without loss of response magnitude. All of these char-
Fig. 7. Electron micrograph of the apical one-third of a taste bud from a fetus aged 90 days of gestation (× 10,000). Numerous nerve profiles (N) are present, sometimes situated near the pit region.

Fig. 8. Electron micrographs of the apical regions of two taste buds from fetuses aged 100 days of gestation (× 20,000). A light micrograph from a 110-day fetus is included as an inset (× 100). Club-shaped processes (p) and microvilli (mv) are present at the cell apices. The microvilli have apparently increased in length when compared to taste bud cells in 80-day fetuses.
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Characteristics are typical of multifiber responses in adults and therefore suggest that similar stimulating mechanisms are operating.

Finally, evidence is obtained from response/concentration functions also. The shapes of these functions do not alter at ages when the response ratios for 0.5 M salts are changing. If highly different stimulation mechanisms were involved in these age groups, one would predict differences in the concentrations at which these curves begin to decelerate or asymptote and in the slopes of the initial segments of the curves.

Thus, from data on ultrastructure and neurophysiological responses of fetal taste buds, we conclude that there is no compelling reason to propose different stimulating mechanisms in young fetuses from those in adult sheep.

Proposed changes in taste receptor membranes

If there are no apparent changes in basic stimulus-receptor interactions for the monochloride salts, then why do relative salt taste response magnitudes alter during development? We suggest that (1) our data support the proposition that different membrane components interact with the various monochloride salts (Beidler, '61; Beidler and Gross, '71) and that (2) taste receptors contain different proportions of these various membrane components at different developmental stages.

With respect to the first proposal, it is important to remember that NaCl and LiCl become more effective taste stimuli than NH₄Cl, throughout development. However, responses to KCl are characterized by a different developmental trend. Rather than a gradual increase in stimu-
lating effectiveness relative to the NH,Cl standard, KCl elicits taste responses from the chorda tympani nerve that decrease in magnitude during the last third of gestation. After birth, KCl response magnitudes remain relatively constant.

Thus, KCl responses decrease when NaCl and LiCl responses increase. In addition, KCl responses are maintained at a constant relative magnitude during postnatal development when NaCl and LiCl responses are still changing. Assuming that the stimulus acts at the level of the receptor cell membrane in the initial events of taste reception and that the monochloride salts have equal access to the membrane, it seems that the same set of membrane components cannot be interacting with these salts. Others also have proposed that different types of "sites" exist on the surface of the taste cell which respond differentially to various cations (Beidler, '61; Beidler and Gross, '71).

However, the specific receptor composition which are in fact involved in taste membrane discrimination among the monovalent cations Na', Li', K', and NH,' are clearly not known. Salt taste mechanisms are currently the subject of extensive investigation (Cagan and Kare, '81; Kare et al., '80). It has been proposed that salt discrimination is determined by free energy changes that occur when hydrated cations interact with membrane negative charges in different molecular environments (Diamond and Wright, '69). A carboxyl or phosphate group in one physicochemical environment may react with sodium more effectively than potassium; carboxyl or phosphate in another environment may display reverse affinities. Charged groups in membrane phospholipids or proteins, situated in different molecular environments and with different molecular orientations, should respond differentially to various cations (Beidler and Gross, '71; Brand and Bayley, '80; DeSimone and Heck, '80; Kamo et al., '74). Recently a role for Na' transport has also been proposed in early taste transduction events (DeSimone et al., '81; Sato and Beidler, '75; Sato et al., '82).

To account for developmental changes in the magnitude of salt taste responses, we predict that taste receptors contain different proportions of various cation-responsive membrane components at different developmental stages. During development, the taste membrane might acquire an increasing proportion of available negative charges in a particular molecular setting that renders these charges more responsive to Na' and Li' than to NH,' or K'. This increasing proportion of Na'-responsive components could be acquired through different geometric configurations of the same receptor molecules in the membrane at different ages. Alternatively, different receptor molecules may be present at various developmental stages or channels for ion transport may be added or altered.

Evidence to support the proposal that membrane components highly responsive to Na' may be added during development is provided by studies in rat. Changes in whole nerve taste responses occur postnatally in the rat similar to those that take place pre- and postnatally in sheep (Ferrill et al., '81; Hill and Almli, '80). In single fiber studies in rat it has now been observed that there are developmental increases in response frequencies to NaCl and LiCl while frequencies to NH,Cl remain constant (Hill et al., '82). Furthermore, the proportion of fibers that respond maximally to NaCl and LiCl more than doubles from early postnatal life to adulthood, whereas the proportion responding maximally to NH,Cl decreases. These single-unit studies indicate that salt receptor components alter in relative proportions during development, and they suggest that in the rat more Na'-responsive components may be added relative to NH,'-responsive components.

Finally, one or all of the cations we have studied might interact with more than one receptor "component" or "site" on the taste cell membrane. In the adult rat NH,' and K' presumably interact with two different, independent sets of sites, whereas Na' and Li' interact with one set of sites (Beidler, '61). The two sites for NH,' and K' have very different binding constants, so that for each salt there is a group of sites that binds very strongly compared to the other, more weakly binding group. If more than one set of receptor components for any of the cations also occurs in sheep, then proportions of various sets of sites may alter during development, or the binding affinity for one set of sites may change. The idea of more than one set of membrane components interacting with NH,Cl and KCl is supported by knowledge that these salts elicit "sour" or "bitter" taste descriptions as well as "salty" (McBurney and Shick, '71). During development, NH,Cl and KCl may initially interact with "sour" receptor components, and later with "sour" and "salty."

Ultrastructural changes in taste buds

As well as proposed changes in taste bud cell membranes, ultrastructural alterations may relate to the developing taste response. Nerve endings are present in very young fetal taste buds (80-90 days of gestation) but we do not know whether they change in content, distribution, and/or number during development. The quantity and chemical character of the dense substance in the taste pit also merits further study, since chemicals apparently diffuse through this substance to reach taste bud cell membranes. We did not observe this substance in the youngest fetuses. Histochemically the dense substance has been described as a mucopolysaccharide in other taste buds (Scalzi, '67), but its functional importance is not known. Finally, although at least two cell types are present in young fetal taste buds, additional types might be added and relative proportions of types might change developmentally.

Developmental changes, taste bud turnover, and regeneration studies

Changes in taste responses during development were predicted over 20 years ago by Beidler ('61). In discussing the continuing process of taste bud cell turnover during adult life (Beidler and Smallman, '65), Beidler proposed that newly formed taste cells might respond better to certain stimuli than older taste cells. He thought his hypothesis could be tested by recording from a regenerating taste nerve as the fibers reinnervate the tongue epithelium and the new taste buds form. This idea was studied during taste bud regeneration in gerbils and it was concluded that most "young" cells respond in a manner similar to "old" taste cells (Cheal et al., '77). However, it was also noted that NH,Cl was a more effective stimulus than NaCl in the earliest period of regeneration, although the greater effectiveness of NH,Cl was not invariably found. Since nerve crush was used in the study, both old and new receptors could have been present in some animals and thereby yielded the variable results.

The processes of initial taste bud development, of taste bud cell replacement through turnover in adult life, and of...
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The development of the taste system in sheep and rat (Hill et al., '82) certainly suggest that Beidler's original proposition relating taste bud age to response characteristics may be correct. For example, newly formed taste cells might be more responsive to NH₄⁺, relative to Na⁺. In older cells, the reverse might occur. In young fetuses, when more taste buds are being added in each fungiform papilla (Bradley and Mistretta, '72, '73), a predominance of young, highly NH₄⁺-responsive cells might be present. In older animals, as fewer new taste buds are added, young and old cells could be maintained in balanced proportion in established taste buds by the turnover process. Therefore the taste system would be about equally responsive to NH₄⁺ and Na⁺, as we observed in adults.

Comparison of developmental changes in peripheral and central taste responses in sheep

The developmental changes that we have observed in the periphery are similar to those in the central taste system; at both levels NaCl and LiCl become progressively more effective stimuli, when compared to NH₄Cl or KCl. However, at an age when small-magnitude peripheral nerve responses to NaCl and LiCl are obtained (i.e., 108-114 days of gestation), no responses to these salts were observed in taste neurons in the medulla (Bradley and Mistretta, '80; Mistretta and Bradley, '78). Later in gestation, from 114 days to the end of term, fetal mediulary neurons were progressively more likely to respond to NaCl and LiCl (Bradley and Mistretta, '80). All cells at all ages responded during stimulation of the tongue with NH₄Cl and KCl.

Since no responses to NaCl or LiCl are obtained centrally at an age when small responses are obtained peripherally, the inability of the early foetal central taste system to respond to these salts must relate to factors at the synapse between first-order afferents and second-order cells. Synapses in the central taste pathway may be too inefficient for transmission of low-magnitude responses in young fetuses.

Relation to human taste system

It is interesting to compare development of the sheep gustatory sense with that of the human. Human taste buds appear during early fetal life and mature structurally in utero (Bradley and Stern, '67), as they do in sheep. Since the time course of structural development is similar in sheep and humans, functional development may also follow a similar sequence. Therefore, postnatal changes in taste function would be occurring in human infants. Several experiments demonstrate that the human gustatory sense is functional at birth (Desor et al., '73; Steiner, '79) and some studies report that taste preferences and aversions change after birth, in childhood and adolescence (Desor et al., '77). Our studies demonstrate that a changing neural substrate underlies taste function. The developmental changes are not only a prenatal phenomenon, but also continue for much of postnatal life. This altering neural substrate provides a basis for interactions between the developing taste system and internal physiological or external environmental influences (Mistretta, '81). Through such interactions taste preferences and aversions may be acquired and modified.

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