

Cortical Blindness: Etiology, Diagnosis, and Prognosis

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We examined 15 patients with cortical blindness, reviewed the records of 10 others, and compared these 25 patients to those in previous studies of cortical blindness. Although cerebrovascular disease was the most common cause in our series, surgery, particularly cardiac surgery, and cerebral angiography were also major causes. Only 3 patients denied their blindness, although 4 others were unaware of their visual loss. Electroencephalograms (EEGs) were performed during the period of blindness in 20 patients and all recordings were abnormal, with absent alpha rhythm. Visual evoked potentials recorded during blindness were abnormal in 15 of 19 patients, but did not correlate with the severity of visual loss or with outcome. Bioccipital lucencies were found in computed tomographic (CT) scans of 14 patients; none of the 14 regained good vision. Recovery of vision was poor in all 8 patients who had a spontaneous stroke, but fair or good in 11 of the other 17 patients. Prognosis was best in patients under the age of 40 years, in those without a history of hypertension or diabetes mellitus, and in those without associated cognitive, language, or memory impairments. We conclude that (1) the prognosis in cortical blindness is poor when caused by stroke; (2) EEGs are more useful than visual evoked potentials for diagnosis; and (3) bioccipital abnormalities shown on CT scan are associated with a poor prognosis.

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Cortical or cerebral blindness (CB) refers to loss of vision produced by lesions affecting geniculocalcarine visual pathways. Complete CB is much less common than incomplete blindness.

Six series of patients with CB have been reported [5, 9, 19, 32, 35, 44]. Reese [35] reported that the prognosis was better for CB occurring after ventriculography than for CB caused by vascular disease. Symonds and Mackenzie [44] noted that in CB due to vascular causes, loss of vision was usually sudden; blindness was permanent in a quarter of the patients; and denial, hallucinations, visual agnosia, and spatial disorientation were inconstant features. Bergman [5] noted the absence of alpha activity in the electroencephalogram (EEG) and its reappearance with recovery of vision. Nepple and colleagues [32] described 15 patients with bilateral homonymous hemianopia; the most common causes were vascular disease, uncal herniation, and migraine. Bogousslavsky and associates [9] prospectively followed 58 patients with unilateral homonymous hemianopia and found that 13 developed cortical blindness.

In this study we report the clinical characteristics and laboratory results in 25 patients with cortical blindness in an attempt to determine: (1) whether there has

been a change in the distribution of causes of CB in the last 10 years; (2) the frequencies of specific features of CB and their relation to etiology, including denial and unawareness of blindness, visual distortions and hallucinations, and electrophysiological abnormalities; (3) whether these features are helpful in the diagnosis of CB; and (4) whether specific clinical, radiological, or electrophysiological findings can be used to predict prognosis.

Methods

We reviewed the charts of all adult inpatients with a discharge diagnosis of CB, central visual disturbance, or unclassified visual disturbance who were seen at the University of Michigan Hospitals between 1974 and 1984. Between June 1982 and June 1984, patients with CB were examined by one or more of the authors, as were previously diagnosed patients who returned for follow-up. Patients were considered to have had cortical blindness if severe bilateral homonymous visual deficits had developed that lasted longer than 24 hours, and if there were reactive pupils and no evidence of an ocular or psychogenic cause of blindness. From a total of 351 chart reviews and patient examinations, we identified 25 patients with CB. An additional 11 patients had cortical blindness for less than 24 hours due to transient ischemic attacks (n = 5), migraine (n = 3), angiography (n

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= 2), or seizures ($n = 1$). The most common diagnoses in the remaining 315 patients were homonymous hemianopia, amaurosis fugax, and optic neuritis. All patients had been examined by a neurologist or an ophthalmologist; 15 of the patients had been examined by one or more of the authors.

For each of the 25 patients, we reviewed the clinical course, findings from neurological and ophthalmological examinations, and the results of computed tomographic (CT) brain scans, EEGs, flash visual evoked potentials (FVEPs) and pattern reversal visual evoked potentials (PRVEPs). We evaluated cognitive, language, and memory functions with bedside tests of the ability to: (1) recall three objects at 1 and 3 minutes; (2) recall names of presidents of the United States; (3) repeat strings of digits forwards and backwards; (4) subtract sevens serially from 100; (5) perform simple arithmetic; (6) discriminate right and left; (7) follow one- and two-step commands; (8) repeat and write short sentences; and (9) name objects. For the purpose of this study, we defined preexisting visual field deficits as those present for at least 1 month prior to the onset of blindness. We rated the outcome as good (when vision returned to the previous level), fair (when visual acuity was 20/100 or better in both eyes and there was a consistent ability to count fingers in at least one hemifield), or poor (when visual acuity was less than 20/100 in both eyes and there was no consistent ability to count fingers in more than one quadrant).

CT brain scans were obtained in 19 patients. In all cases, the slice image width was 10 mm, and the slice angle was 15 degrees from the canthomeatal line (except for Patient 17 in whom the slice angle was 0 degrees). For each CT slice image, the region of abnormality was plotted on a standardized slice template [21, 30].

EEGs were assessed for the presence of: (1) a visually detectable alpha rhythm, defined as a posterior dominant 8- to 13-Hz rhythm present during wakefulness and responsive to eye opening; (2) photic driving, defined as any visually detectable posterior rhythm, time-locked to stimulation delivered by conventional EEG photic stimulators; and (3) focal or diffuse slow-wave abnormalities or epileptiform abnormalities. Visual evoked potentials (VEPs) were assessed for the presence of abnormalities of amplitude or latency. Optokinetic responses were defined as any reproducible eye movement that could be elicited with a striped tape or striped drum. The Wilcoxon rank order method was used to assess statistical significance.

Results

Clinical features of the 25 patients are presented in Table 1. The most common causes of CB were spontaneous ischemic stroke (32%), cardiac surgery (20%), and cerebral angiography (12%) (Table 2). Of the 5 patients with CB following cardiac surgery, 2 suffered cardiac arrests (Patients 12 and 13) and 1 had CT evidence of multiple cerebral emboli (Patient 10). Three patients were blind after noncardiac surgery and 1 was comatose after surgery and awoke with blindness. For cases unrelated to surgical procedures, the onset of visual loss varied: 10 patients became blind suddenly, although 2 of them had experienced prior amaurosis.

Three developed a partial field loss, followed several days later by loss of the remaining vision, and 3 described a period of gradual visual deterioration over several minutes or hours. Three patients had permanent complete blindness and several others described a period of complete visual loss but had some perception of light or motion at the time of examination days or weeks later. Two patients complained of a more severe visual loss than was indicated by objective testing. Frank denial occurred in only 3 patients and was variably accompanied by complaints of poor lighting and by confabulated descriptions of objects and faces. Four other patients, all of whom had experienced visual disturbance after cardiac surgery, appeared inattentive to their visual loss or were not fully aware of it. Five patients complained of visual difficulty apparently within minutes of the onset. These included 2 patients whose blindness developed during radiological procedures.

Two patients had partial seizures with visual hallucinations during the onset of blindness, documented by ictal EEG recordings. One had a prolonged hallucination of flashing red lights in the left hemifield [3], and the other had repeated images of four friends moving from left to right across his visual field. Four other patients experienced illusions or hallucinations, 1 during the onset of blindness and the other 3 during recovery.

Diagnostic Studies

CT brain scans were obtained in 19 patients (Figs 1 through 3). Unilateral abnormalities were present in 2, and bilateral abnormalities were present in 14. Two patients had normal CT scans done on the day of onset of blindness, but follow-up CT scans were not obtained. In 1 patient (No 16), who regained full vision after several weeks, a CT scan done 4 months later was normal.

The variability of the CT appearance in the 14 patients with bilateral abnormalities suggested that not all cases were due to bilateral posterior cerebral artery thrombosis. Cerebellar involvement in Patients 1 and 2 suggested basilar artery occlusion, while relatively small areas of infarct suggested posterior cerebral branch artery occlusions or watershed infarctions in Patients 19 and 20. In all 14 patients, the occipital pole was involved bilaterally. Involvement of the parietal lobe was usually associated with additional cognitive deficits but not with worsened vision.

EEGs were performed in 20 patients during the period of visual loss (Table 3). All showed abnormalities consisting of slowing of the posterior dominant rhythm and focal slow waves. A well-developed alpha rhythm was absent in all 20. One patient (No 8) had a prominent 10-Hz mu rhythm over the central regions, which did not react to eye opening, and 4 others had inter-

Table 1. Clinical Features of 25 Patients with Cortical Blindness

Patient No. (Age/Sex)	Cause	Prior VF Deficit	Associated Neurological Deficit	Outcome
1 (70/M)	Stroke	...	Amnesia, right facial weakness, color agnosia, finger agnosia, ocular apraxia, astereognosis	No improvement; died 6 months later
2 (53/M)	Stroke	...	Amnesia, left facial weakness, simultagnosia, agraphesthesia, spatial disorientation	No improvement; died 3 weeks later
3 (62/F)	Stroke	...	Coma; later disorientation	No improvement 6 months later
4 (46/M)	Stroke	...	Dysarthria, quadriparesis, amnesia, spatial disorientation, acalculia, left sensory neglect	No improvement 5 months later
5 (69/M)	Stroke	...	None	No improvement 1 year later
6 (65/M)	Stroke	RHH	Amnesia, apraxia, aphasia, acalculia, spastic dysarthria, astereognosis, left hemiparesis, pseudobulbar effect, spatial disorientation, ocular apraxia	Regained color vision; died 5 weeks later
7 (70/M)	Stroke	LHH	Amnesia, acalculia, agraphia, spatial disorientation, left hemiparesis, right sensory neglect	No improvement 6 weeks later
8 (75/F)	Stroke	...	Acalculia	Regained only macular vision 8 months later
9 (58/F)	Coronary artery bypass and left carotid endarterectomy	...	Coma; later aphasia, acalculia, astereognosis, agraphesthesia, right hemiparesis	No improvement 1 year later
10 (66/M)	Coronary artery bypass	...	Disorientation	Improved to 20/100 OU 4 months later
11 (59/M)	Coronary artery bypass	...	Mild amnesia, acalculia, spatial disorientation	Improved to 20/40 OU and CF in superior fields 2 years later
12 (63/M)	Coronary artery bypass	RHH	Disorientation, left hemiparesis	Improved to 20/30 OU and CF in left VF 6 months later
13 (30/F)	Aortic valve replacement	...	Left arm ataxia	Improved to 20/40 OU and near normal VF 4 months later
14 (63/M)	Laryngeal surgery	...	Left hemiparesis, left sensory neglect	No improvement; died 2 months later
15 (54/F)	Craniotomy for meningioma	RHH	Right sensory neglect, right hemiparesis	Improved to prior RHH 4 months later
16 (37/M)	Craniotomy for meningioma	...	None	Improved to normal 2 months later
17 (54/F)	Craniotomy for occipital heman-giopericytoma	...	Coma; later left hemiparesis, aphasia, left sensory loss	No improvement 3 years later
18 (35/M)	Cerebral angiography	...	Left hemiparesis, dysarthria	Improved to normal 1 month later
19 (26/M)	Cardiac arrest	...	Spastic dysarthria, spastic quadriparesis	No improvement 1 year later
20 (65/M)	Cerebral angiography	...	Disorientation, mild amnesia	Slight improvement 6 months later
21 (64/M)	Cerebral angiography	...	Disorientation, vertical nystagmus, left hemiparesis	Improved to 20/25 OU with right inferior quadrantanopia
22 (24/M)	Head trauma	...	None	Improved to normal 1 week later
23 (33/M)	Partial seizures	...	Left sensory extinction	Improved to RHH 8 months later
24 (57/M)	Peritoneal dialysis	...	Amnesia, left facial weakness	Regained only macular vision 6 months later
25 (63/M)	Azotemia seizures	...	Disorientation, perseveration	Improved to condition of prior vision 3 days later

VF = visual field; RHH = right homonymous hemianopia; LHH = left homonymous hemianopia; OU = both eyes; CF = count fingers.

Table 2. Clinical Results in 25 Patients with Cortical Blindness

Patient Data	Cause			Total
	Stroke ^a	Operation	Other ^b	
No. of patients	8	9	8	25
Average age (yr)	64	54	46	51
Sex: M/F	6/2	5/4	8/0	19/6
Hypertension	6	4	3	13
Use of tobacco	7	5	4	16
Diabetes mellitus	2	...	4	6
Associated neurological deficits				
None	1	1	1	3
Disorientation only	1	1	1	3
Cognitive/language/memory	6	3	2	11
Sensory/motor	4	5	3	12
Brainstem/cerebellar	...	2	2	4
Absent OKN	4/6	5/5	8/8	17/19
Vision—peripheral				
No light perception	2	4	3	9
Light perception only	3	1	3	7
Light and motion only	2	2	1	5
Count fingers in at least one hemifield	1	2	1	4
Vision—central				
Macular sparing	1	4	0	5
Hallucinations	1	3	2	6
Denial or unawareness	2	5	...	7

^aNot related to surgery or in-hospital procedures.

^bCortical blindness associated with angiography (3), cardiac arrest (1), peritoneal dialysis (1), head trauma (1), partial seizures (1), azotemia with seizures (1).

OKN = optokinetic nystagmus.

mittent low-amplitude alpha activity that was unresponsive to eye opening. Epileptiform activity was present in 3 patients. A 7-Hz posterior rhythm attenuated with eye opening in 1 patient (No 6) and photic stimulation induced a posterior evoked response in 3 patients (Nos 4, 18, and 20).

PRVEPs recorded during blindness were abnormal in 7 of 9 patients. In 1 man with complete cortical blindness (Patient 1), PRVEPs showed clearly identifiable P100 waves with normal latency. FVEPs were abnormal in 8 of 10 patients, but only 1 patient showed no response (No 18).

In several patients, diagnosis was initially inaccurate or delayed, and a correct diagnosis was not made until the patient was referred for neurological or ophthalmological evaluation. Macular sparing, preexisting abnormal pupillary responses, and failure to complain of visual loss contributed to the diagnostic difficulty. Psychogenic visual loss was an initial consideration in 2 patients with exaggerated and variable responses to visual loss and in 1 patient with blindness as the sole symptom.

Prognosis

The extent of recovery of vision is shown in Table 4. Significantly better outcomes were seen in patients under the age of 40 years ($p < 0.01$), in those without a history of diabetes or hypertension ($p < 0.05$), and in those without associated cognitive, language, or memory impairment ($p < 0.01$). Prognosis also varied depending on the cause of blindness. All 8 patients with CB following spontaneous stroke made poor or no recovery while 65% of the others had a fair or good outcome ($p < 0.05$).

None of the 14 patients with bioccipital CT abnormalities had good recovery of vision, but 3 of the 5 patients with normal or unilaterally abnormal CT scans made good recoveries ($p < 0.05$). Optokinetic responses were present in 2 patients (Nos 5 and 7), but neither had good outcomes.

EEG abnormalities (see Table 3) were present in all patients who were tested. The presence of low-amplitude alpha frequency activity in 5 patients was not associated with a good outcome in any patient. Specific VEP abnormalities included abnormalities of

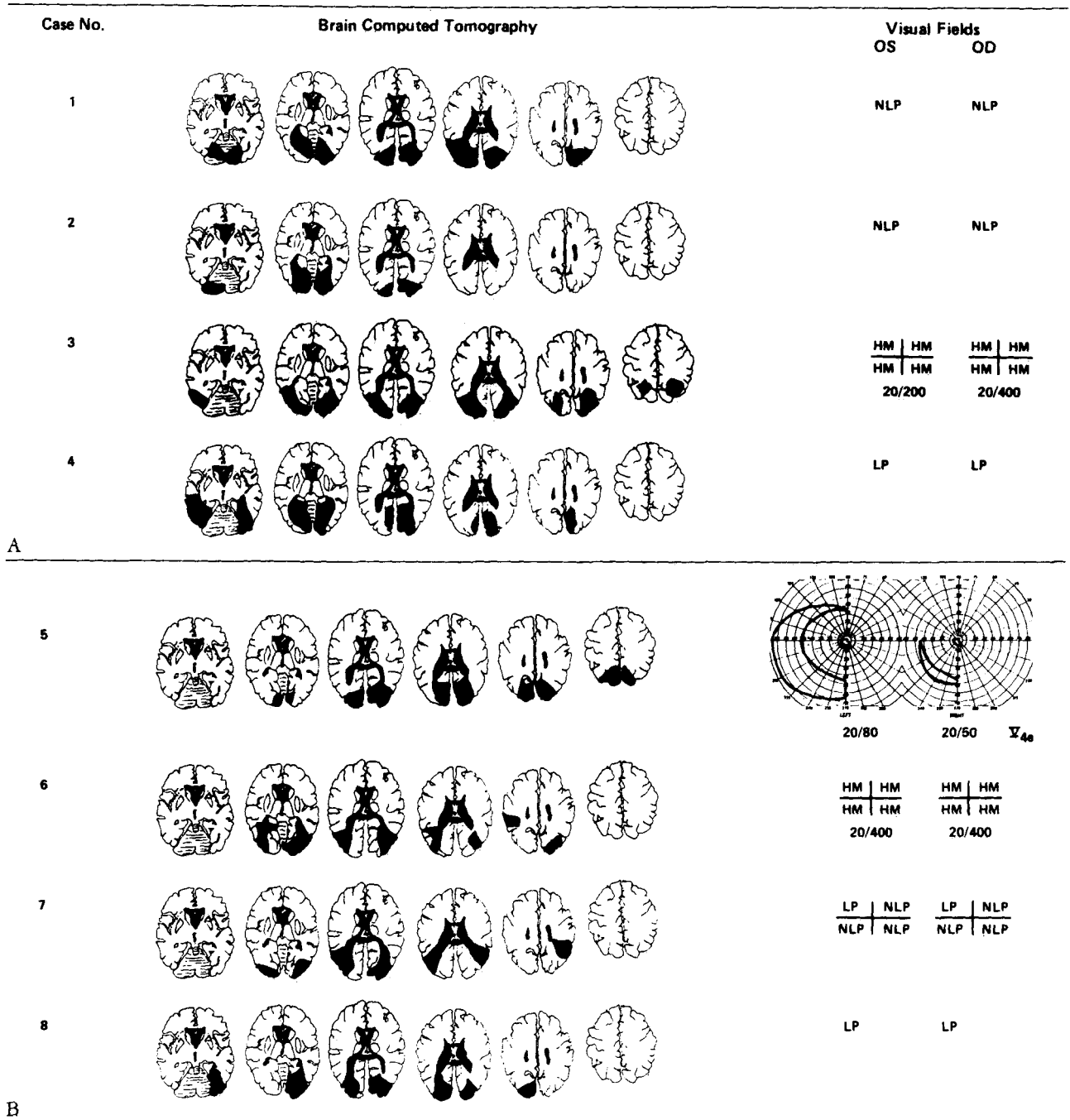


Fig 1. Brain computed tomographic findings and visual fields in 8 patients with cortical blindness due to spontaneous stroke. (OS = left eye; OD = right eye; OU = both eyes; NLP = no light perception; LP = light perception only; HM = light and hand motion perception only.)

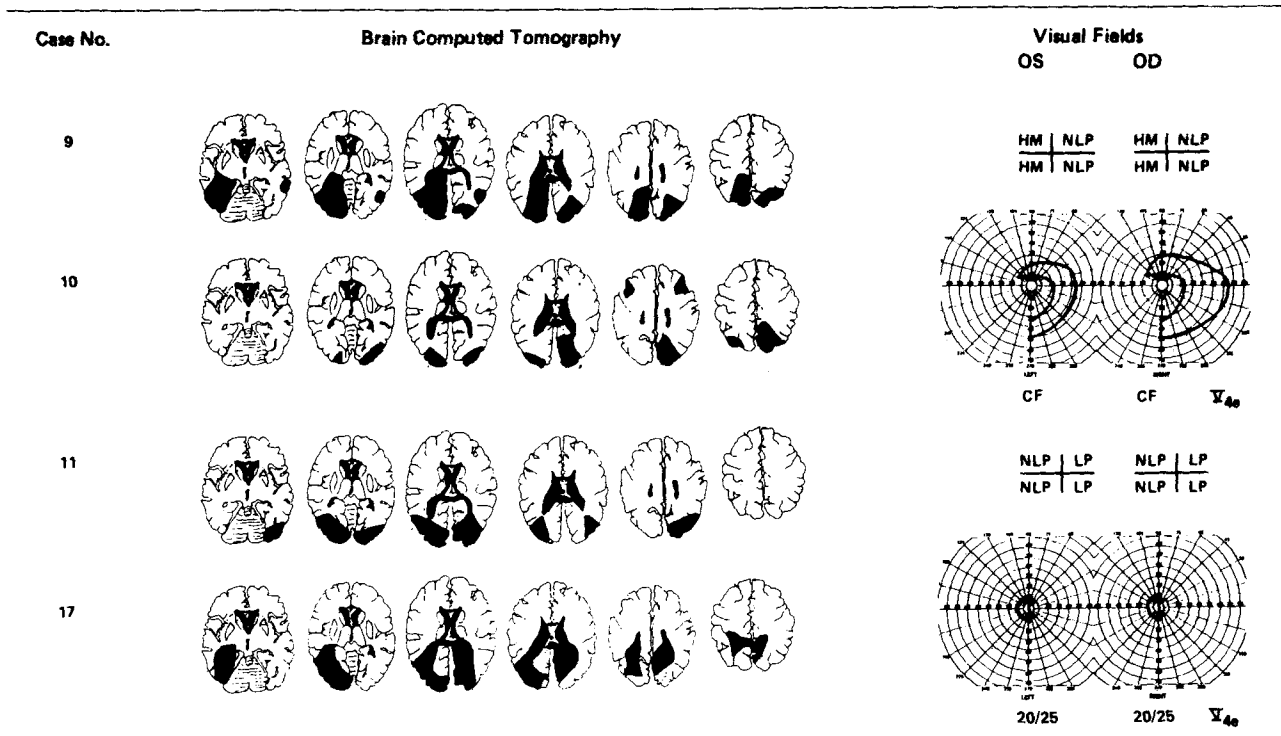


Fig 2. Brain computed tomographic findings and visual fields in 4 patients with cortical blindness associated with surgery. (Abbreviations same as in Figure 1.)

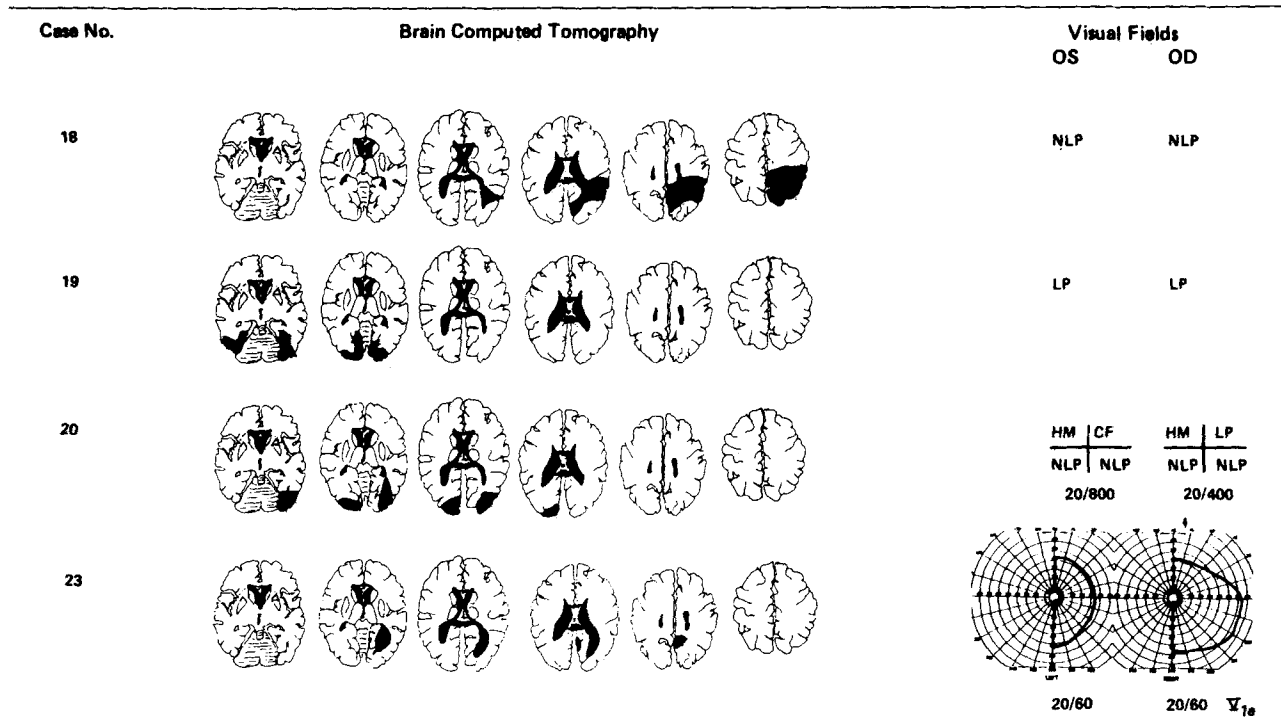


Fig 3. Brain computed tomographic findings and visual fields in 4 patients with cortical blindness due to cerebral angiography, cardiac arrest, seizures, and peritoneal dialysis. (Abbreviations same as in Figure 1.)

Table 3. EEG and Visual Evoked Potentials During Blindness versus Outcome

EEG and VEP Results	Outcome			Total
	Poor	Fair	Good	
FVEP (No. of patients)	7	0	3	10
Normal	2	2
Unilaterally prolonged latency	1	...	1	2
Bilaterally prolonged latencies	2	2
Unilaterally low amplitude	1	1
Bilaterally low amplitude	2	2
No response	1	1
PRVEP (No. of patients)	7	1	1	9
Normal	2	2
Bilaterally prolonged latencies	2	2
No response	3	1	1	5
EEG (No. of patients)	14	3	3	20
Abnormal	14	3	3	20
Reactivity				
To eye opening	1	1
To photic stimulation	2	...	1	3
Alpha rhythm present	0
Alpha frequency activity present	5	5

EEG = electroencephalogram; FVEP = flash visual evoked potentials; PRVEP = pattern reversal visual evoked potentials.

latency, amplitude, or both, or no response. All patients with normal FVEPs (Nos 14 and 19) and normal PRVEPs (Nos 1 and 20) during blindness had poor outcomes. Three patients with good outcomes (Nos 13, 18, and 25) had abnormal FVEPs during blindness. One man (Patient 18) with a good outcome had PRVEPs during blindness, which showed no response.

Discussion

Although stroke remains the most common cause of CB, surgery, especially cardiac surgery, and cerebral angiography are now frequent causes. Cardiac surgery, which was rarely performed three decades ago, may cause cerebral dysfunction through a variety of mechanisms, including anoxia from hypoperfusion [10, 17, 46], cerebral hemorrhage [2, 17], and blood, fat, and air embolism [10, 17]. Ischemic neuronal damage of the calcarine cortex is frequent in patients who do not survive heart surgery [2, 40, 41].

Mechanisms that have been postulated to explain CB following angiography include disruption of the blood-brain barrier [24, 26], concurrent hypotension [47], embolism [16], and vasospasm [34, 48]. The incidence of CB in one study was 0.8% of all vertebral angiographic procedures [25]. Two of the three patients with CB following angiography in our series suffered permanent visual deficits, in contrast to previous studies that emphasized the favorable prognosis of CB in almost all cases due to angiography [24, 25, 39].

Our study does not support the contention that nonoperative cardiac arrest is a frequent cause of CB [15]. The low incidence of trauma in our series may reflect the patient population in our hospitals; none of our patients suffered war injuries, which have caused most reported cases of traumatically induced CB [23, 36, 42]. Trauma may, however, be a more frequent cause in children [18, 20].

Denial of blindness is rare, and in our series occurred only in patients with complete blindness and severe memory impairment, providing support for the hypothesis that denial may sometimes result from the inability of the patient to remember his or her own blindness [31]. In our Patient 14, denial appeared at the same time as the loss of the slight remaining vision, suggesting that in some cases completeness of visual loss may facilitate the denial of blindness. Although unawareness or inattention to visual loss also occurs, most of our patients appeared fully aware of their visual loss.

In patients with CB, careful examination will usually demonstrate preservation of some visual function. Residual vision in the form of light or motion perception was common in our patients; less than 10% of our patients had permanent complete cortical blindness, which is consistent with previous reports that incomplete blindness is more common than complete [11].

For the clinician unfamiliar with CB, diagnosis of incomplete cortical blindness may be difficult. Op-

Table 4. Prognosis in Prolonged Cortical Blindness

Patient Data	Outcome ^a			Total
	Poor	Fair	Good	
No. of patients	14	5	6	25
Cause				
Spontaneous stroke ^b	8	8
Surgery	3	3	3	9
Other	3	2	3	8
Age: >40/<40 ^c	13/1	3/2	2/4	18/7
Sex: M/F	10/4	5/0	4/2	19/6
Hypertension (HTN)	9	3	1	13
Diabetes mellitus (DM)	5	1	0	6
Neither DM nor HTN ^c	2	2	5	9
Neurological deficits				
None or disorientation only	2	1	3	6
Cognitive/language/memory ^b	10	1	...	11
Sensory/motor	7	3	2	12
Brainstem/cerebellar	1	1	2	4
Vision				
No light perception	4	1	4	9
Light perception only	5	1	1	7
Light and motion only	3	1	1	5
Count fingers: at least one hemifield	2	2	...	4
Macular sparing	2	1	2	5
Computed tomography				
Normal	1	...	2	3
Unioccipital abnormality		1	1	2
Bioccipital abnormality ^c	12	2	...	14

^aThe outcome for each condition was compared to the outcome for patients without that condition using the Wilcoxon rank order method.

^b $p < 0.01$.

^c $p < 0.05$.

tokenetic responses were preserved in 2 of our patients with incomplete blindness, indicating that this test cannot always be used to distinguish CB from psychogenic blindness [11, 29, 38]. In our study, five factors appeared to contribute to diagnostic uncertainty for the referring physician: (1) preexisting pupillary abnormalities or prechiasmal lesions; (2) macular sparing, which was mistaken for hysterical tubular visual fields; (3) variation of visual perception over time, especially when associated with cognitive or language deficits; (4) complaints of blindness that were out of proportion to objectively measured visual field loss; and (5) occurrence of CB without other neurological abnormalities or only in association with disorientation. In most of these patients, the diagnosis was apparent following complete neuroophthalmological assessment; however, in patients with cognitive and language impairments and in critically ill patients, a full neuroophthalmological evaluation may not be possible. CT was useful in documenting objective evidence of occipital dysfunction, either when psychogenic visual loss was

suspected or when preexisting pupillary abnormalities raised the possibility of prechiasmal lesions.

The EEG, with assessment of reactivity to eye opening and photic stimulation, is a sensitive indicator of geniculocalcarine dysfunction. Reported EEG findings in patients with CB include reduced voltage over occipital areas [49] and no alpha rhythm [5, 37, 49]. Since the absence of an alpha rhythm is not abnormal, its absence cannot be taken as diagnostic of CB. The alpha rhythm, a posterior dominant visually responsive rhythm, can be distinguished from alpha frequency activity, which refers to any activity in the 8- to 13-Hz range. Alpha frequency activity has been noted in the EEGs of occasional patients with CB [7, 8, 27], but has not been reported to be responsive to eye opening. In 4 of our patients, EEGs showed occasional low-voltage unresponsive alpha activity. A posterior dominant alpha rhythm that is responsive to eye opening appears to be incompatible with complete or incomplete CB.

The role of PRVEPs and FVEPs in evaluating CB is controversial. A variety of abnormalities have been re-

ported [1, 4, 12–14, 22, 27, 33, 43]. However, FVEPs may be normal in complete CB [8, 12] and in incomplete CB [22], and our finding of a normal p100 wave in Patient 1 is consistent with the observation of Celesia and associates [12] that normal PRVEPs can occur with CB.

Abnormal PRVEPs are not helpful in excluding psychogenic blindness, as poor fixation can induce abnormalities. Abnormal FVEPs may be helpful in this regard; however, the variable abnormalities of latency and amplitude may make it impossible to distinguish retrochiasmal from chiasmal and prechiasmal lesions. Topographic variability of the visual cortex and the large cortical representation of the macula may explain the variation of VEP abnormalities [13], but until the appropriate stimulus and response parameters have been determined, VEPs will have limited diagnostic utility for the evaluation of CB [6, 7, 28].

CB may occur as part of a transient ischemic attack, but our results indicate that reliable statements concerning prognosis can be made 24 to 48 hours after the onset of blindness in patients with CB resulting from vascular disease. When spontaneous stroke was the cause, the outcome was poor in all cases. In contrast to the study of Horwitz and Wener [24], CB in association with angiography was not always a transient disorder in our series. In cases of CB due to nonvascular or nonsurgical causes, the prognosis is generally good, and substantial improvement can be expected, particularly in younger patients.

In our series, no patient with bioccipital CT abnormalities from any cause had good recovery of vision. Hence, CT, performed at least 1 week after the onset of blindness, provides useful prognostic information in patients with CB. Complete visual loss with no light perception is uncommon, but when present it is a poor prognostic sign.

We did not find EEGs or VEPs helpful prognostically. Preservation of some alpha frequency activity or some response to photic stimulation did not help to predict outcome in our study. Absent FVEPs are reported to indicate a poor prognosis [1], but the complete absence of a flash evoked response occurred in 1 of our patients who went on to a full recovery. We observed normal PRVEPs in 2 patients with a poor outcome and normal FVEPs in 2 others with a poor outcome, consistent with previous studies showing that FVEPs may be preserved in patients with poor outcomes [12]. The utility of VEPs for prognostic purposes therefore remains questionable.

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