M1 - Immunology, Winter 2008

Fantone, J.; Pietropaolo, M. T.

http://hdl.handle.net/2027.42/64939
Arachidonic Acid Metabolites and Inflammation

Joseph Fantone, M.D.
Host Defense 2/12  10-11:00am
INFLAMMATORY MEDIATORS

PLASMA DERIVED
• COMPENMENT CASCADE
  C3a, C5a
• COAGULATION CASCADE
  Thrombin, plasmin

CELL-DERIVED
• VASOACTIVE AMINES
  histamine, serotonin
• OXYGEN METABOLITES
  hydrogen peroxide (H$_2$O$_2$)
  superoxide anion (O$_2^-$)
  hypochlorous acid (HOCl$^-$)
• ARACHIDONIC ACID METABOLITES
  cyclooxygenase-derived
  lipoxygenase-derived
• CYTOKINES
  Interleukins
  Chemokines
  Interferons
  Tumor Necrosis Factor
  Growth Factors
Intended Learning Outcomes: To Understand The

• Primary inflammatory mediators derived from the metabolism of arachidonic acid including their primary cellular source and biological activity.

• Effects of nonsteroidal anti-inflammatory compounds on blocking the production of arachidonic acid metabolites during disease.

• Mechanism of aspirin therapy and diets rich in fish containing high levels of omega 3 fatty acids as potentially important in lowering the incidence of cardiovascular disease.
YOU ARE WHAT YOU EAT
Phospholipid

Phospholipase A

Phospholipase C

Lysophospholipid

Arachidonic acid + Arachidonic acid

Diacylglycerol

Diacylglyceride lipase

Arachidonic acid + HO-CH

Cyclooxygenase 1 + Lipoxygenase Products

Cyclooxygenase 2
**Leukotriene Synthesis**

1. **Arachidonic Acid**
2. **5-HPETE**
3. **Leukotriene A (LTA)**
   - **Glutathione-S-transferase**
     - **Leukotriene B (LTB)**
     - **Leukotriene C (LTC)**
       - **Leukotriene D (LTD)**
# CELL DEPENDENT END-PRODUCT SPECIFICITY OF ARACHIDONIC ACID-DERIVED PRODUCTS

<table>
<thead>
<tr>
<th>CELL</th>
<th>PRODUCT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neutrophils</td>
<td>Leukotrienes</td>
</tr>
<tr>
<td>Macrophage/Monocyte</td>
<td>Prostaglandins +</td>
</tr>
<tr>
<td></td>
<td>Leukotrienes</td>
</tr>
<tr>
<td>Platelets</td>
<td>Thromboxoxane</td>
</tr>
<tr>
<td>Endothelial Cells</td>
<td>Prostacycllin</td>
</tr>
</tbody>
</table>
ARACHIDONIC ACID

LIPOXGENASE PATHWAY

5-HYDROPEROXYEICOSATETRAENOIC ACID (5-HPETE)
- LTA₄ (UNSTABLE)
- LTB₄
- LTC₄
- LTD₄

CYCLOOXYGENASE PATHWAY

PGG₂ → PGH₂
- PGD₂ (UNSTABLE)
- PGE₂
- PGF₂

TXA₂ (UNSTABLE)
- TXB₂

6-Keto PGF₁₂
### Biological Function

**Cyclooxygenase-derived Products:**

<table>
<thead>
<tr>
<th>Product</th>
<th>Effect</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prostaglandin E$_2$/Prostacyclin</td>
<td>Immunoregulatory</td>
</tr>
<tr>
<td></td>
<td>• Inhibits immune cell activation</td>
</tr>
<tr>
<td></td>
<td>• Inhibits cytokine production</td>
</tr>
<tr>
<td></td>
<td>• Inhibits mast cell activation</td>
</tr>
<tr>
<td></td>
<td>Blocks platelet aggregation</td>
</tr>
<tr>
<td></td>
<td>Increases vasodilation</td>
</tr>
<tr>
<td></td>
<td>Stimulates adenylate cyclase</td>
</tr>
<tr>
<td>Thromboxxane</td>
<td>Causes vasoconstriction</td>
</tr>
<tr>
<td></td>
<td>Induces platelet aggregation</td>
</tr>
</tbody>
</table>
# Biological Function

**Lipoxygenase-derived Products:**

<table>
<thead>
<tr>
<th>Leukotriene $B_4$</th>
<th>Neutrophil Activation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>- degranulation</td>
</tr>
<tr>
<td></td>
<td>Mast cell activation</td>
</tr>
<tr>
<td></td>
<td>- degranulation</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Leukotriene C,D,E (SRS-A)</th>
<th>Causes smooth muscle contraction</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Increases vascular permeability</td>
</tr>
</tbody>
</table>
In Vivo Effects of Arachidonic Acid Derived Products

- Regulates Thermostatic Set Point (Fever)
- Regulates Pain (Interacts with pain receptors)
- Regulates Blood Flow
- Regulates Leukocyte Activity
Hypothalamus

Production of Fever

Viruses, Bacteria, Toxins → Activated leukocytes → Endogenous pyrogen → Phagocytic leukocytes

(e.g. Interleukin-1)

Arachidonic Acid → Prostaglandin E2 → Temperature

Aspirin, NSAIDs

Shivering, Sweating, Vasomotor tone
Rheumatoid Arthritis distorts joints

Source: http://www.nih.gov/
Chemotactic Activity of LTB4

BY: Greg Luerman
GNU 1.2
Pharmacologic Regulation of Arachidonic Acid-Derived Products

• Modulate Phospholipase activity:
  – Suppress the release of arachidonic acid (no substrate available)
  – Blocks both COX and LO-derived products

• Modulate Cyclooxygenase Activity:
  – Blocks Cyclooxygenase-derived products
  – COX-1 and COX-2 inhibitors

• Modulate specific enzymes down-stream from COX:
  – Thromboxane synthetase inhibitors

• Modulate lipoxygenase activity:
  – Block 5-lipoxygenase enzyme
  – Small molecule receptor antagonists for cysteinyi leukotrienes
Non-Steroidal Anti-Inflammatory Compounds

- Aspirin (acetysalicylic acid)
- Ibuprofen (propionic acid derivatives)
- Indomethacin (indole derivatives)
- Tylenol (Acetominophen)
- COX-2 Inhibitors (Vioxx, celebrex, Bextra)
COX-2 Inhibitors

- **CELEBREX** (Celecoxib) Pfizer-(Pharmacia)
- **BEXTRA** (Valdecoxib) Pfizer
- **VIOXX** (Rofecoxib) Merck

Osteoarthritis
Rheumatoid arthritis
Primary dysmenorrhea
Pain management
Complications!!
INHIBITS CYCLO-OXYGENASE ENZYME IRREVERSIBLY BY ACETYLATING THE ENZYME AT THE ACTIVE SITE, THUS THE PRODUCTION OF ENDOPEROXIDES AND THEIR DERIVATIVES, INCLUDING PROSTAGLANDINS, THROMBOXANES, AND PROSTACYCLINS WILL BE INHIBITED.
INDOMETHACIN  

IBUPROFEN  

BOTH INHIBIT CYCLO-OXYGENASE ACTIVITY BY BINDING REVERSIBLY TO THE ACTIVE SITE OF THE ENZYME, THUS BLOCKING THE FORMATION OF PROSTAGLANDINS, THROMBOXANES, AND PROSTACYCLINS.
AN ASPIRIN A DAY

Roughly 80 million aspirin tablets are consumed daily in the USA.
Of those:
- 72% are taken for disease prevention
- 28% are taken for pain
Reduce the risk of heart attack or stroke with……

Aspirin

BY: Chaval Btasil
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Can Aspirin Act As An Anti-thrombogenic Agent?

- Inhibits platelet aggregation by blocking platelet-derived thromboxane production

- Blocks platelet cyclooxygenase for the life of the platelet, as no new protein synthesis occurs

- Blocks endothelial cell-derived prostacyclin

- Suppression of endothelial cell-derived prostacyclin is short lived as endothelial cells can generation new cyclooxygenase enzyme

- Platelet activity is blocked more than endothelial cell activity
COX-2 inhibitors work by blocking COX-2 enzyme which is involved in the inflammation pathway. By sparing COX-1 gastrointestinal toxicity is reduced.
lipid mediators of Inflammation

Stimulus

+ Phospholipase

Cell membrane
Phospholipids

Arachidonic acid
Acute inflammation: lipid mediators

Stimulus

Phospholipase

Cell membrane
Phospholipids

Arachidonic acid

COX-1+2
Prostaglandins
Prostaglandin E₂
Prostacyclin PGI₂

COX-1
Thromboxanes
TXB₂

Lipooxigenases (5-LO)
Leukotrienes
LTB₄
LTC₄, LTD₄
Acute inflammation: lipid mediators

Stimulus

+ Phospholipase

Cell membrane Phospholipids

Arachidonic acid

COX-1+2

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COX-1

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TXB₂

Lipooxigenases (5-LO)

Leukotrienes

LTB₄
LTC₄, LTD₄

Vasodilation, Increase vascular permeability, Control platelet aggregation, Chemotaxis, Pain, Fever
Acute inflammation: lipid mediators

An important role in vascular homeostasis

Endothelium

Prostacyclin PGI$_2$

Anti-thrombotic

Platelets

TXB2

Pro-thrombotic
Acute inflammation: lipid mediators

Therapeutic targets

Endothelium

COX-2

Prostacyclin PGI\textsubscript{2}

Anti-thrombotic

Platelets

COX-1

TXB2

Pro-thrombotic

NSAIDs inhibit both COX-1 and COX-2; COXIBs inhibit COX-2
Acute inflammation: lipid mediators

**Therapeutic targets**

- **Endothelium**
  - COX-2
  - Prostacyclin PGI₂
  - Anti-thrombotic

- **Platelets**
  - COX-1
  - TXB2
  - Pro-thrombotic

**Ibuprofen**

* Classical NSAID, it inhibits both COX enzymes
Acute inflammation: lipid mediators

Therapeutic targets

Endothelium

COX-2

Prostacyclin PGI₂

Anti-thrombotic

Platelets

COX-1

TXB2

Pro-thrombotic

Vioxx®
**Acute inflammation: lipid mediators**

**Prostacyclin PGI₂**

**Aspirin** inhibits COX-2 irreversibly

**Endothelium**

All cells but the platelet can resynthesize the enzymes

**Prostacyclin PGI₂**

**Therapeutic targets**

**Aspirin** inhibits COX-1 irreversibly

**Platelets**

**TXB2**

**Anti-thrombotic**

**Pro-thrombotic**
INFLAMMATORY MEDIATORS

PLASMA DERIVED

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  - C3a, C5a

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