Arachidonic Acid Metabolites and Inflammation

Joseph Fantone, M.D.
Host Defense 2/12 10-11:00am
INFLAMMATORY MEDIATORS

PLASMA DERIVED
- COMPLEMENT CASCADE
  C3a, C5a
- COAGULATION CASCADE
  Thrombin, plasmin

CELL-DERIVED
- VASOACTIVE AMINES
  histamine, serotonin
- OXYGEN METABOLITES
  hydrogen peroxide ($H_2O_2$)
  superoxide anion ($O_2^-$)
  hypochlorous acid (HOCl)
- ARACHIDONIC ACID METABOLITES
  cyclooxygenase-derived
  lipoxygenase-derived
- CYTOKINES
  Interleukins
  Chemokines
  Interferons
  Tumor Necrosis Factor
  Growth Factors
Intended Learning Outcomes: To Understand The

- Primary inflammatory mediators derived from the metabolism of arachidonic acid including their primary cellular source and biological activity.

- Effects of nonsteroidal anti-inflammatory compounds on blocking the production of arachidonic acid metabolites during disease.

- Mechanism of aspirin therapy and diets rich in fish containing high levels of omega 3 fatty acids as potentially important in lowering the incidence of cardiovascular disease.
YOU ARE WHAT YOU EAT
Arachidonic acid

Phospholipid

Phospholipase A

Phospholipase C

Lysophospholipid

Arachidonic acid + Lysophospholipid

Cyclooxygenase 1 + Lipoygenase Products

Cyclooxygenase 2
<table>
<thead>
<tr>
<th>CELL</th>
<th>PRODUCT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neutrophils</td>
<td>Leukotrienes</td>
</tr>
<tr>
<td>Macrophage/Monocyte</td>
<td>Prostaglandins + Leukotrienes</td>
</tr>
<tr>
<td>Platelets</td>
<td>Thromboxxane</td>
</tr>
<tr>
<td>Endothelial Cells</td>
<td>Prostacycllin</td>
</tr>
</tbody>
</table>
# Biological Function

## Cyclooxygenase-derived Products:

<table>
<thead>
<tr>
<th>Product</th>
<th>Function</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prostaglandin E₂/Prostacyclin</td>
<td>Immunoregulatory</td>
</tr>
<tr>
<td></td>
<td>• Inhibits immune cell activation</td>
</tr>
<tr>
<td></td>
<td>• Inhibits cytokine production</td>
</tr>
<tr>
<td></td>
<td>• Inhibits mast cell activation</td>
</tr>
<tr>
<td></td>
<td>Blocks platelet aggregation</td>
</tr>
<tr>
<td></td>
<td>Increases vasodilation</td>
</tr>
<tr>
<td></td>
<td>Stimulates adenylyte cyclase</td>
</tr>
<tr>
<td>Thromboxxane</td>
<td>Causes vasoconstriction</td>
</tr>
<tr>
<td></td>
<td>Induces platelet aggregation</td>
</tr>
</tbody>
</table>
## Biological Function

### Lipoxygenase-derived Products:

<table>
<thead>
<tr>
<th>Product</th>
<th>Effect</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leukotriene B&lt;sub&gt;4&lt;/sub&gt;</td>
<td>Neutrophil Activation</td>
</tr>
<tr>
<td></td>
<td>- degranulation</td>
</tr>
<tr>
<td>Mast cell activation</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- degranulation</td>
</tr>
<tr>
<td>Leukotriene C,D,E (SRS-A)</td>
<td>Causes smooth muscle contraction</td>
</tr>
<tr>
<td></td>
<td>Increases vascular permeability</td>
</tr>
</tbody>
</table>
In Vivo Effects of Arachidonic Acid Derived Products

• Regulates Thermostatic Set Point (Fever)
• Regulates Pain (Interacts with pain receptors)
• Regulates Blood Flow
• Regulates Leukocyte Activity
Hypothalamus

Viruses
Bacteria
Toxins

Activated leukocytes
Endogenous pyrogen

Phagocytic leukocytes

Arachidonic Acid

Prostaglandin E2

Temperature

Aspirin
NSAIDs

(e.g. Interleukin-1)

Shivering
Sweating
Vasomotor tone
Rheumatoid Arthritis distorts joints

Source: http://www.nih.gov/
Immunopathology of Rheumatoid Arthritis

Complement

Anti-altered IgG → Fixation Activation

Altered IgG → Chemotaxis

Lysosomal Enzymes

Collagenase Neutral Proteases Phospholipase

Nonsteroidal Anti-inflammatory Agents

Arachidonic Acid → Prostaglandins

Nerve Sensitization

Vasodilation

Cartilage

Subchondral bone plate

Activated oxygen ($O_2$, $H_2O_2$)
Chemotactic Activity of LTB4

PMN

Vascular endothelium

LTB4

BY: Greg Luerman

GNU 1.2

Pharmacologic Regulation of Arachidonic Acid-Derived Products

• Modulate Phospholipase activity:
  – Suppress the release of arachidonic acid (no substrate available)
  – Blocks both COX and LO-derived products

• Modulate Cyclooxygenase Activity:
  – Blocks Cyclooxygenase-derived products
  – COX-1 and COX-2 inhibitors

• Modulate specific enzymes down-stream from COX:
  – Thromboxane synthetase inhibitors

• Modulate lipoxygenase activity:
  – Block 5-lipoxygenase enzyme
  – Small molecule receptor antagonists for cysteiny1 leukotrienes
Non-Steroidal Anti-Inflammatory Compounds

- Aspirin (acetylsalicylic acid)
- Ibuprofen (propionic acid derivatives)
- Indomethacin (indole derivatives)
- Tylenol (Acetaminophen)
- COX-2 Inhibitors (Vioxx, celebrex, Bextra)
COX-2 Inhibitors

- **CELEBREX** (Celecoxib) Pfizer-(Pharmacia)
- **BEXTRA** (Valdecoxib) Pfizer
- **VIOXX** (Rofecoxib) Merck

Osteoarthritis
Rheumatoid arthritis
Primary dysmenorrhea
Pain management
Complications!!
INHIBITS CYCLO-OXYGENASE ENZYME IRREVERSIBLY BY ACETYLATING THE ENZYME AT THE ACTIVE SITE, THUS THE PRODUCTION OF ENDOPEROXIDES AND THEIR DERIVATIVES, INCLUDING PROSTAGLANDINS, THROMBOXANES, AND PROSTACYCLINS WILL BE INHIBITED.
INDOMETHACIN

IBUPROFEN

BOTH INHIBIT CYCLO-OXYGENASE ACTIVITY BY BINDING REVERSIBLY TO THE ACTIVE SITE OF THE ENZYME, THUS BLOCKING THE FORMATION OF PROSTAGLANDINS, THROMBOXANES, AND PROSTACYCLINS.
AN ASPIRIN A DAY

Roughly 80 million aspirin tablets are consumed daily in the USA
Of those:
72% are taken for disease prevention
28% are taken for pain
Reduce the risk of heart attack or stroke with……

Aspirin
Thrombus Formation
Can Aspirin Act As An Anti-thrombogenic Agent?

- Inhibits platelet aggregation by blocking platelet-derived thromboxane production

- Blocks platelet cyclooxygenase for the life of the platelet, as no new protein synthesis occurs

- Blocks endothelial cell-derived prostacyclin

- Suppression of endothelial cell-derived prostacyclin is short lived as endothelial cells can generation new cyclooxygenase enzyme

- Platelet activity is blocked more than endothelial cell activity
COX-2 inhibitors work by blocking COX-2 enzyme which is involved in the inflammation pathway. By sparing COX-1 gastrointestinal toxicity is reduced.
lipid mediators of Inflammation

Stimulus

Phospholipase

Cell membrane
Phospholipids

Arachidonic acid
Acute inflammation: lipid mediators

Stimulus

+ Phospholipase

Cell membrane Phospholipids

Arachidonic acid

COX-1+2
Prostaglandins
Prostaglandin E$_2$
Prostacyclin PGI$_2$

COX-1
Thromboxanes
TXB$_2$

Lipooxigenases (5-LO)
Leukotrienes
LTB$_4$
LTC$_4$, LTD$_4$
Acute inflammation: lipid mediators

Stimulus

Neutraceuticals

Cell membrane
Phospholipids

+ Phospholipase

Arachidonic acid

COX-1+2

Prostaglandins

Prostaglandin E$_2$
Prostacyclin PGI$_2$

COX-1

Thromboxanes

TXB$_2$

Lipooxigenases (5-LO)

Leukotrienes

LTB$_4$
LTC$_4$, LTD$_4$

Vasodilation, Increase vascular permeability, Control platelet aggregation, Chemotaxis, Pain, Fever
Acute inflammation: lipid mediators

An important role in vascular homeostasis

Endothelium

Prostacyclin PGI$_2$

Anti-thrombotic

Platelets

TXB2

Pro-thrombotic
Acute inflammation: lipid mediators

Therapeutic targets

Endothelium

Platelets

COX-2 -> Prostacyclin PGI$_2$ -> Anti-thrombotic

COX-1 -> TXB2 -> Pro-thrombotic

COXIBs inhibit COX-2

NSAIDs inhibit both COX-1 and COX-2
Acute inflammation: lipid mediators

Therapeutic targets

Endothelium

Platelets

COX-2

Ibuprofen*

COX-1

Prostacyclin PGI₂

TXB2

Anti-thrombotic

Pro-thrombotic

* Classical NSAID, it inhibits both COX enzymes
Acute inflammation: lipid mediators

Therapeutic targets

Endothelium

Platelets

COX-2

COX-1

Prostacyclin PGI\(_2\)

TXB2

Vioxx®

Anti-thrombotic

Pro-thrombotic
Acute inflammation: lipid mediators

Endothelium

Prostacyclin PGI₂

Aspirin inhibits COX-2 irreversibly

Platelets

TXB2

Aspirin inhibits COX-1 irreversibly

All cells but the platelet can resynthesize the enzymes

Therapeutic targets

Anti-thrombotic

Pro-thrombotic
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- COAGULATION CASCADE
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  superoxide anion (O\textsubscript{2}\textsuperscript{-})
  hypochlorous acid (HOCI\textsuperscript{-})
- ARACHIDONIC ACID METABOLITES
  cyclooxygenase-derived
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- CYTOKINES
  Interleukins
  Chemokines
  Interferons
  Tumor Necrosis Factor
  Growth Factors