N 536 - Utilization of Nursing Research in Advanced Practice, Summer 2008

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Research Design

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Design Characteristics

- Maximizes control over factors to increase the validity of the findings
- Guides the researcher in planning and implementing a study
Level of Control: Quantitative Research

- Descriptive
- Correlational
- Quasi-experimental
- Experimental

Increased Control with Design
Concepts Relevant to Research Design (1)

Causality
- A Pressure ➔ B Ulcer

Multicausality
- Years smoking ➔ Heart disease
- High fat diet ➔ Heart disease
- Limited exercise ➔ Heart disease
Concepts Relevant to Research Design (2)

- Probability: Likelihood of an outcome
- Bias: Slanting findings
- Manipulation: Treatment
- Control: All phases of design
Design Validity

- **Measure of accuracy of a study**

- **Examined with critique of the following dimensions:**
  - Statistical conclusion validity
  - Internal validity
  - Construct validity
  - External validity
• Controlling the environment of the study setting

• Levels of controlling:
  ○ Natural setting
  ○ Partially controlled setting: e.g., clinics
  ○ Highly controlled setting: e.g., laboratory
Elements of a Strong Research Design (2)

- Controlling the equivalence of subjects and groups
  - Random subject selection
  - Random assignment to groups
Elements of a Strong Research Design (3)

- **Controlling the treatment**
  - Choose a treatment based on research and practice
  - Develop a protocol for implementation
  - Document the implemented treatment
  - Use a check-list to determine the extent of completeness to which the treatment was implemented
  - Evaluate the treatment during the study
Elements of a Strong Research Design (4)

- Controlling measurement
  - Reliability
  - Validity
  - Number of measurement methods
  - Types of instruments
• **Controlling extraneous variables**
  - Identify and eliminate extraneous variables via sample criteria, choice of settings, or research design
  - Random sampling
  - Sample: Heterogenous, homogeneous, or matching
  - Statistical control
Problems with Study Designs

- Inappropriate for the study purpose or the research framework
- Poorly developed designs
- The research methods were poorly implemented
- Inadequate treatment, sample, or measurement methods
Selecting a Design

Is there a treatment?

- No
- Yes

Is the treatment tightly controlled by the researcher?

- No
- Yes

Is the primary purpose examination of relationships?

- No
- Yes

Descriptive Design

Will the sample be studied as a single group?

- No
- Yes

Correlational Design

Quasi-Experimental Study

Will a randomly assigned control group be used?

- No
- Yes

Is the original sample randomly selected?

- No
- Yes

Experimental Study
Selecting a Descriptive Design

Examine sequences across time?

- No
  - One Group?
    - No
      - Comparative Descriptive Design
    - Yes
      - Descriptive Design

- Yes
  - Following same subjects across time?
    - No
      - Cross-sectional design
    - Yes
      - Studying events partitioned across time?
        - No
          - Trend Analysis
        - Yes
          - Repeated measures of each subject
            - Yes
              - Single unit of study
            - No
              - Longitudinal Study
                - Yes
                  - Case Study
                - No
                  - Longitudinal design with treatment partitioning

A Typical Descriptive Design

Clarification ➔ Measurement ➔ Description ➔ Interpretation

Phenomenon of Interest

Variable 1 ➔ Description of Variable 1
Variable 2 ➔ Description of Variable 2
Variable 3 ➔ Description of Variable 3
Variable 4 ➔ Description of Variable 4

Interpretation of Meaning ➔ Development of Hypotheses
A Comparative Descriptive Design

Group I
{variables measured}

Describe

Comparison of Groups on Selected Variables

Interpretation of Meaning

Group II
{variables measured}

Describe

Development of Hypotheses
Selecting the Type of Correlational Design

- Describe relationships between/among variables?
  - Descriptive correlational design

- Predict relationships between/among variables?
  - Predictive correlational design

- Test theoretically proposed Relationships?
  - Model testing design
A Descriptive Correlational Design

Measurement

Research Variable 1

Research Variable 2

Description of variable

Interpretation of Meaning

Examination of Relationship

Development of Hypotheses
A Predictive Design

Value of Intercept + Value of Independent Variable 1 + Value of Independent Variable 2 = Predicted Value of Dependent Variable
Selecting The Type of Quasi-Experimental Design

Decision Tree:
- Control Group?
  - No
    - Pretest?
      - No
        - One-group post-test only design
      - Yes
        - Repeated Measures?
          - No
            - Strategy for Comparison
              - No
                - Suggest Reevaluating design
                - One group pretest/post-test design
              - Yes
            - Compare treatment & control conditions?
          - Yes
            - Repeated Measures?
              - No
                - Strategy for Comparison
                  - No
                    - Suggest Reevaluating design
                    - One group pretest/post-test design
                  - Yes
                - Compare treatment & control conditions?
              - Yes
                - Repeated Measures?
Selecting The Type of Experimental Design

- **Pretest**
  - No
  - Post-test only control group design
  - Yes
  - Repeated Measurements?
    - No
    - Examine effects of confounding variables?
      - No
      - Multiple sites?
        - Yes
        - Randomized Block Design
        - No
        - Examination of complex relationships among variables in relation to treatment
        - Pretest/post-test control group design
      - Yes
      - Blocking?
        - Yes
        - Randomized clinical trials
        - No
        - Comparison of multiple levels of treatment
          - Yes
          - Nested Designs
  - Yes
  - Repeated measures design
Pretest-Post Test, Control Group Designs

<table>
<thead>
<tr>
<th>Measurement of dependent variables</th>
<th>Manipulation of independent variables</th>
<th>Measurement of dependent variables</th>
</tr>
</thead>
<tbody>
<tr>
<td>Randomly selected experimental group</td>
<td>PRETEST</td>
<td>TREATMENT</td>
</tr>
<tr>
<td>Randomly selected control group</td>
<td>PRETEST</td>
<td>POST-TEST</td>
</tr>
</tbody>
</table>

Treatment: Under control of researcher

Findings:
- Comparison of pretest and post-test scores
- Comparison of experimental and control groups
- Comparison of pretest-post-test differences between samples

Example:
Your self (1990). The impact of group reminiscence counseling on a depressed elderly population.

Uncontrolled threats to validity:
- Testing
- Mortality

Instrumentation:
- Restricted generalizability as control increases
## Post-Test-Only Control Group Design

<table>
<thead>
<tr>
<th>Randomly selected experimental group</th>
<th>TREATMENT</th>
<th>POST-TEST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Randomly selected control group</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Measurement of independent variables

### Measurement of dependent variables

### Treatment:
Under control of researcher

### Findings:
Comparison of experimental and control groups

### Example:

### Uncontrolled threats to validity:
- Instrumentation
- Mortality
- Limited generalizability as control increases
Nested Design

<table>
<thead>
<tr>
<th>Pain Control Management</th>
<th>Primary Nursing Care</th>
<th>Primary Care</th>
<th>No Primary Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Traditional care</td>
<td>Unit A</td>
<td>Unit B</td>
<td>Unit C</td>
</tr>
<tr>
<td>PRN Medication</td>
<td>Unit D</td>
<td>Unit E</td>
<td>Unit F</td>
</tr>
<tr>
<td>New approach: “Around the clock” medication</td>
<td>Unit G</td>
<td>Unit H</td>
<td></td>
</tr>
</tbody>
</table>

Research Design
Advantages of Experimental Designs

- More controls in design and conducting a study
- Increased internally validity
  - Decreased threats to design validity
- Fewer rival hypotheses
Advantages of Quasi-Experimental Designs

- More practical
  - Ease of implementation
- More feasible
  - Resources, subjects, time, setting
- More generalizable
  - Comparable to practice
Developing the Design Section of Your Proposal

- Identify the design
  - Name it specifically
- Provide a map of the design
- Discuss your rationale for using this design
- Describe threats to the validity of the chosen design