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N 536 - Utilization of Nursing Research in Advanced Practice, Summer 2008

Tzeng, Huey-Ming

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Research Design

Contributors
Sonia A. Duffy, PhD, RN
Lisa Kane Low, PhD, CNM, FACNM
Huey-Ming Tzeng, PhD, RN
Design Characteristics

- Maximizes control over factors to increase the validity of the findings
- Guides the researcher in planning and implementing a study
Level of Control: Quantitative Research

- Descriptive
- Correlational
- Quasi-experimental
- Experimental

Increased Control with Design
Concepts Relevant to Research Design (1)

Causality

A \rightarrow B
Pressure \rightarrow Ulcer

Multicausality

Years smoking \rightarrow Heart disease
High fat diet \rightarrow Heart disease
Limited exercise \rightarrow Heart disease
Concepts Relevant to Research Design (2)

- Probability: Likelihood of an outcome
- Bias: Slanting findings
- Manipulation: Treatment
- Control: All phases of design
Design Validity

- Measure of accuracy of a study

- Examined with critique of the following dimensions:
  - Statistical conclusion validity
  - Internal validity
  - Construct validity
  - External validity
Elements of a Strong Research Design (1)

- Controlling the environment of the study setting

- Levels of controlling:
  - Natural setting
  - Partially controlled setting: e.g., clinics
  - Highly controlled setting: e.g., laboratory
Elements of a Strong Research Design (2)

- Controlling the equivalence of subjects and groups
  - Random subject selection
  - Random assignment to groups
Elements of a Strong Research Design (3)

- Controlling the treatment
  - Choose a treatment based on research and practice
  - Develop a protocol for implementation
  - Document the implemented treatment
  - Use a check-list to determine the extent of completeness to which the treatment was implemented
  - Evaluate the treatment during the study
Elements of a Strong Research Design (4)

- Controlling measurement
  - Reliability
  - Validity
  - Number of measurement methods
  - Types of instruments
• Controlling extraneous variables

  ○ Identify and eliminate extraneous variables via sample criteria, choice of settings, or research design
  ○ Random sampling
  ○ Sample: Heterogenous, homogeneous, or matching
  ○ Statistical control
Problems with Study Designs

- Inappropriate for the study purpose or the research framework
- Poorly developed designs
- The research methods were poorly implemented
- Inadequate treatment, sample, or measurement methods
Selecting a Design

Is there a treatment?

No

Is the primary purpose examination of relationships?

No

Descriptive Design

Will the sample be studied as a single group?

No

Correlational Design

Yes

Quasi-Experimental Study

Yes

Is the treatment tightly controlled by the researcher?

No

Will a randomly assigned control group be used?

No

Is the original sample randomly selected?

No

Experimental Study

Yes

Research Design

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Selecting a Descriptive Design

Examining sequences across time?
- No
  - One Group?
    - No
      - Comparative Descriptive Design
    - Yes
      - Descriptive Design

- Yes
  - Following same subjects across time?
    - No
      - Cross-sectional design
    - Yes
      - Data collected across time
        - No
          - Trend Analysis
        - Yes
          - Studying events partitioned across time?
            - No
              - Cross-sectional design with treatment partitioning
            - Yes
              - Repeat measures of each subject
                - Yes
                  - Longitudinal Study
                - No
                  - Case Study
A Typical Descriptive Design

Clarification ➔ Measurement ➔ Description ➔ Interpretation

Phenomenon of Interest

- Variable 1
- Description of Variable 1

- Variable 2
- Description of Variable 2

- Variable 3
- Description of Variable 3

- Variable 4
- Description of Variable 4

Interpretation of Meaning ➔ Development of Hypotheses
A Comparative Descriptive Design

Group I {variables measured} → Describe → Comparison of Groups on Selected Variables → Interpretation of Meaning → Development of Hypotheses

Group II {variables measured} → Describe
### Selecting the Type of Correlational Design

<table>
<thead>
<tr>
<th>Describe relationships between/among variables?</th>
<th>Predict relationships between/among variables?</th>
<th>Test theoretically proposed Relationships?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Descriptive correlational design</td>
<td>Predictive correlational design</td>
<td>Model testing design</td>
</tr>
</tbody>
</table>
A Descriptive Correlational Design

Measurement

Research Variable 1

Description of variable

Examination of Relationship

Interpretation of Meaning

Description of variable

Research Variable 2

Development of Hypotheses
A Predictive Design

Value of Intercept + Value of Independent Variable 1 + Value of Independent Variable 2 = Predicted Value of Dependent Variable
Selecting The Type of Quasi-Experimental Design

1. Control Group?
   - No
     - Pretest?
       - No
         - One-group post-test only design
         - Comparison with population values?
       - Yes
         - Repeated Measures?
           - No
             - Strategy for Comparison
               - No
                 - Suggest Reevaluating design
               - Yes
                 - Compare treatment & control conditions?
           - Yes
             - One group pretest/post-test design
Selecting The Type of Experimental Design

Pretest

No

Post-test only control group design

Yes

Repeated Measurements?

No

Examine effects of confounding variables?

No

Multiple sites?

Pretest/post-test control group design

Randomized clinical trials

No

Comparison of multiple levels of treatment

Yes

Randomized Block Design

No

Examination of complex relationships among variables in relation to treatment

Yes

Nested Designs

Repeat measures design
## Pretest-Post Test, Control Group Designs

<table>
<thead>
<tr>
<th>Randomly selected experimental group</th>
<th>Pretest</th>
<th>Treatment</th>
<th>Post-test</th>
</tr>
</thead>
<tbody>
<tr>
<td>Randomly selected control group</td>
<td>Pretest</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Treatment:
Under control of researcher

### Findings:
- Comparison of pretest and post-test scores
- Comparison of experimental and control groups
- Comparison of pretest-post-test differences between samples

### Example:
Your self (1990). The impact of group reminiscence counseling on a depressed elderly population.

### Uncontrolled threats to validity:
- Testing
- Mortality

### Instrumentation:
- Restricted generalizability as control increases
### Post-Test-Only Control Group Design

<table>
<thead>
<tr>
<th>Measurement of independent variables</th>
<th>Measurement of dependent variables</th>
</tr>
</thead>
<tbody>
<tr>
<td>Randomly selected experimental group</td>
<td>TREATMENT</td>
</tr>
<tr>
<td>Randomly selected control group</td>
<td>POST-TEST</td>
</tr>
<tr>
<td>Treatment:</td>
<td>Under control of researcher</td>
</tr>
<tr>
<td>Findings:</td>
<td>Comparison of experimental and control groups</td>
</tr>
<tr>
<td>Uncontrolled threats to validity:</td>
<td>Instrumentation</td>
</tr>
<tr>
<td></td>
<td>Mortality</td>
</tr>
<tr>
<td></td>
<td>Limited generalizability as control increases</td>
</tr>
</tbody>
</table>

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## Nested Design

### Pain Control Management

<table>
<thead>
<tr>
<th>Traditional care</th>
<th>Unit A</th>
<th>Unit B</th>
<th>Unit C</th>
<th>Unit D</th>
<th>Unit E</th>
<th>Unit F</th>
<th>Unit G</th>
<th>Unit H</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRN Medication</td>
<td></td>
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</tbody>
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**New approach: “Around the clock” medication**

<table>
<thead>
<tr>
<th>Unit E</th>
<th>Unit F</th>
<th>Unit G</th>
<th>Unit H</th>
</tr>
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</table>

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<th>Primary Nursing Care</th>
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<table>
<thead>
<tr>
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<th>Unit B</th>
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<th>Unit D</th>
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<th>Unit G</th>
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Advantages of Experimental Designs

- More controls in design and conducting a study
- Increased internally validity
  - Decreased threats to design validity
- Fewer rival hypotheses
Advantages of Quasi-Experimental Designs

- More practical
  - Ease of implementation
- More feasible
  - Resources, subjects, time, setting
- More generalizable
  - Comparable to practice
Developing the Design Section of Your Proposal

- Identify the design
  - Name it specifically

- Provide a map of the design
- Discuss your rationale for using this design
- Describe threats to the validity of the chosen design