

Leptin promotes dopamine transporter and tyrosine hydroxylase activity in the nucleus accumbens of Sprague–Dawley rats

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Abstract

Adipocytes produce the hormone, leptin, in proportion to fat mass to signal the status of body energy stores to the central nervous system, thereby modulating food intake and energy homeostasis. In addition to controlling satiety, leptin suppresses the reward value of food, which is controlled by the mesolimbic dopamine (DA) system. Previous results from leptin-deficient *ob/ob* animals suggest that chronic leptin deficiency decreases DA content in the mesolimbic DA system, thereby decreasing the response to amphetamine (AMPH). The extent to which these alterations in the mesolimbic DA system of *ob/ob* animals may mirror the leptin response of normal animals has remained unclear, however. We therefore examined the potential short-term modulation of

the mesolimbic DA system by leptin in normal animals. We show that 4 h of systemic leptin treatment enhances AMPH-stimulated DA efflux in the nucleus accumbens (NAc) of Sprague–Dawley rats. While acute leptin treatment increased NAc tyrosine hydroxylase activity, total tyrosine hydroxylase and DA content were unchanged at this early time point. Leptin also increased NAc DA transporter activity in the absence of changes in cell surface or total DA transporter. Thus, leptin modulates the mesolimbic DA system via multiple acute mechanisms, and increases AMPH-mediated DA efflux in normal animals.

Keywords: amphetamine, dopamine, dopamine transporter, leptin, tyrosine hydroxylase.

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Multiple observations link energy balance to the function of brain reward pathways: not only are obese humans 25% less likely to develop substance abuse disorders (Simon *et al.* 2006), but also food restriction increases the incentive value of drugs of abuse (Carr 2002, 2007). Thus, the regulation of feeding and drug abuse likely act on shared brain pathways. Leptin, a hormone produced by adipocytes to signal the repletion of fat stores, plays a key role in regulating feeding behavior and other aspects of energy balance (Zhang *et al.* 1994; Halaas *et al.* 1995; Maffei *et al.* 1995; Saper *et al.* 2002). In addition to potentiating satiety signals, leptin modulates the incentive salience of rewards (Fulton *et al.* 2000, 2004). While much is known about the mechanisms by which leptin influences satiety, only recently have investigators begun to explore the mechanism by which leptin regulates the incentive salience of food and drug rewards,

and our understanding of this aspect of the action of leptin remains incomplete. The mesolimbic dopamine (DA) system controls the incentive salience of food (Wyvell and Berridge 2000) (as well as other natural rewards and drugs of abuse).

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Abbreviations used: [³H]WIN35428, [³H]WIN 35,428 (2β-carbomethoxy-3β-(4-fluorophenyl)-tropane); AMPH, amphetamine; BSA, bovine serum albumin; CE, capillary electrophoresis; CSF, cerebral spinal fluid; DA, dopamine; DAT, dopamine transporter; HRP, horseradish peroxidase; NAc, nucleus accumbens; PBS, phosphate-buffered saline; SDS, sodium dodecylsulfate; TH, tyrosine hydroxylase; VTA, ventral tegmental area.

At its core, the mesolimbic DA system contains DA neurons that project from the ventral tegmental area (VTA) to a variety of limbic targets, including the nucleus accumbens (NAc).

Leptin acts via long-form leptin receptors on neurons in a variety of brain regions, including several hypothalamic, midbrain, and brainstem nuclei (Elmqvist *et al.* 1998a; Hay-Schmidt *et al.* 2001; Fulton *et al.* 2006; Hommel *et al.* 2006; Leshan *et al.* 2006). Populations of long-form leptin receptors-expressing neurons in the lateral hypothalamus (Leinninger *et al.* 2009) and the VTA (Fulton *et al.* 2006; Hommel *et al.* 2006) contribute to regulation of the mesolimbic DA system by leptin, and leptin may modulate the mesolimbic DA system in several ways. Leptin treatment of midbrain tissue slices slightly hyperpolarizes VTA DA neurons (Hommel *et al.* 2006). Also, leptin-deficient *ob/ob* mice exhibit decreased VTA and NAc tyrosine hydroxylase (TH; which catalyzes the rate-limiting step in DA synthesis) expression and DA content (Fulton *et al.* 2006; Leinninger *et al.* 2009). Consistent with decreased mesolimbic DA content in *ob/ob* mice, amphetamine (AMPH, which acts via the DA transporter, DAT, to promote DA efflux) fails to promote normal locomotor activity and sensitization in these animals, and chronic leptin treatment restores the AMPH responsiveness of *ob/ob* mice (Fulton *et al.* 2006).

While these data collectively demonstrate that leptin regulates dopaminergic reward systems, and suggest that chronic leptin deficiency attenuates both DA production and responsiveness to AMPH, it is possible that the decreased mesolimbic TH and DA content in *ob/ob* animals represents a secondary compensatory response to chronic leptin deficiency. Furthermore, while TH and DA content represent important variables in the function of the mesolimbic DA system, the potential leptin-mediated modulation of other determinants of mesolimbic DA function has not been carefully examined, or as in the case of the modulation of DAT, not explored at all.

To address these important outstanding issues in leptin action, our present study aimed to determine the acute regulation of the mesolimbic DA system by leptin in normal animals. We used *in vivo* microdialysis in freely moving animals to monitor the basal and AMPH-stimulated extracellular DA concentrations in the NAc and assayed VTA and NAc tissue for TH and DAT expression and activity 4 h after leptin treatment of Sprague-Dawley rats.

Methods

Materials

Unless otherwise noted, all materials were purchased from Sigma-Aldrich (St Louis, MO, USA) and were used without further purification.

Animals and surgery

All experiments were performed on male Sprague-Dawley (Harlan, Indianapolis, IN, USA) rats 60–100 days old. Animals were maintained on a 12 : 12 light : dark cycle with lights on at 08:00 h. Following surgery to implant a guide cannula, animals were housed individually. All animal procedures were approved by the University Committee for the Use and Care of Animals at the University of Michigan.

For the implantation of a guide cannula (Plastics One, Inc., Roanoke, VA, USA), rats were anesthetized with a combination of ketamine (65 mg/kg; Fort Dodge Animal Health, Fort Dodge, IA, USA) and medetomidine (0.5 mg/kg; Pfizer Animal Health, New York, NY, USA) *i.p.* Using aseptic technique, a guide cannula was implanted anterior +1.6 mm, lateral \pm 1.3 mm, ventral –5.0 mm from bregma and secured in place with dental cement (A-M Systems, Inc., Sequim, WA, USA). The guide cannula was sealed by means of a solid metal stylet (Plastics One, Inc.). Animals were allowed to recover for 5–10 days before experimentation. Several times during the recovery period, the animals were brought to the experimental room for acclimation to the experimental environment.

Microdialysis

The extracellular DA concentration in the NAc was measured *in vivo* by microdialysis coupled online to capillary electrophoresis (CE) with laser-induced fluorescence. Microdialysis probes were prepared as described previously (Smith and Justice 1994). Before implantation, the probes were sterilized in ethanol (Fisher Scientific, Pittsburgh, PA, USA) for 10 min. Between 17:00 and 20:00 h on the day before experimentation, the animal was weighed, briefly anesthetized with isoflurane (Baxter Healthcare Corporation, Deerfield, IL, USA), and a microdialysis probe with a 2-mm-long sampling region was implanted, extending 3.4 mm past the tip of the guide cannula. The animal was placed in a Rattun (Bioanalytical Systems, Inc., West Lafayette, IN, USA) to prevent the probe from being disturbed by normal movements of the animal. Between 08:10 and 08:50 h on the day of experimentation, the animal received 1 mg/kg leptin or phosphate-buffered saline (PBS, 20 mM phosphate pH 5.2, 0.13 M NaCl) vehicle *i.p.* This supraphysiological dose was selected to match the systemic doses previously given to rats by us and others (Elmqvist *et al.* 1998b; Elias *et al.* 1999; Kelly *et al.* 2004). Four hours later, the animal received 1 mg/kg *D*-AMPH *s.c.* One hour before and 4 h after the AMPH stimulation, extracellular DA was monitored as previously described (Shou *et al.* 2006). Briefly, the dialysate was mixed online with naphthalene-2,3-dicarboxaldehyde (Invitrogen, Carlsbad, CA, USA) and KCN (Fisher Scientific) to derivatize the amine functionality of DA. Injections were made from the derivatized sample stream onto a separation capillary by means of a flow-gated interface. CE separations, lasting 100–120 s, were performed with a buffer of 30 mM phosphate, 6.5 mM sodium dodecylsulfate (SDS), and 2 mM hydroxypropyl- β -cyclodextrin and detected on-column by laser-induced fluorescence. The separation and detection were controlled using software written in Labview 5.0 (National Instruments, Austin, TX, USA). Following the observation period, the probe was removed and the animal was killed with Fatal Plus (Vortech Pharmaceuticals, Inc., Dearborn, MI, USA). The brain was removed and preserved in 4% paraformaldehyde for histology. An external calibration was performed through the probe and the *in vitro* recovery was measured.

Histology

One week prior to histological study, the preserved brains were transferred to 30% sucrose in 4% paraformaldehyde. Each probe tract was visualized by cryostatic sectioning. Data from those probe tracts which fell outside of the NAc were excluded from final analysis.

Tissue collection

The expression and activity of TH and DAT were measured in VTA and NAc tissue samples. Prior to the collection of tissue from the VTA and NAc, animals experienced a mock-implant of a microdialysis probe and were housed overnight in their home cages in the experimental room. On the day of tissue harvesting, between 08:10 and 08:50 h, the animals received 1 mg/kg leptin or PBS vehicle *i.p.* Four hours later, the animals were decapitated. The brain was rapidly removed and cooled for a few minutes in ice-cold artificial CSF (145 mM NaCl, 2.7 mM KCl, 1.0 mM MgSO₄, 1.2 mM CaCl₂, 200 μM ascorbic acid, 2.0 mM phosphate pH 7.4). The VTA and NAc were dissected by means of a brain matrix. Tissue samples for qPCR were stored at -80°C until analysis. Tissue samples for other assays were treated as described below on the day of collection.

TH and DAT mRNA qPCR

RNA was prepared from microdissected VTA and NAc using Trizol (Invitrogen) and 1 μg samples were converted to cDNA using the Superscript First Strand Synthesis System for RT-PCR (Invitrogen). Sample cDNAs were analyzed in triplicate via quantitative RT-PCR for *Gapdh* and either *Th* or *Dat* (Applied Biosystems, Carlsbad, CA, USA) using an Applied Biosystems 7500. Relative mRNA expression values were calculated by the $2^{-\Delta\Delta C_t}$ method, with normalization of each sample ΔC_t value to the average vehicle-treated ΔC_t .

Preparation of synaptosomes

The western blots for TH and DAT, the TH activity assay, the [³H]WIN 35,428 (2β-carbomethoxy-3β-(4-fluorophenyl)-tropane) ([³H]WIN35428) binding assay, the DAT biotinylation assay, and the [³H]DA uptake assay were all performed in synaptosomes. Tissue samples were homogenized on ice as follows: VTA samples in 100 μL and NAc samples in 300 μL 0.32 M sucrose for western blots; VTA samples in 150 μL and NAc samples in 400 μL 0.32 M sucrose containing a cocktail of protease inhibitors (Complete Mini; Roche Diagnostics, Indianapolis, IN, USA) for the TH activity assay; and in 1.3 mL 0.32 M sucrose containing a cocktail of protease inhibitors for the [³H]WIN35428 binding, DAT biotinylation, and [³H]DA uptake assays. Homogenized samples were centrifuged at 800 *g* for 10 min. The supernatant was centrifuged at 12 000 *g* for 15 min. The supernatant was discarded. The pellet was resuspended as described.

TH and DAT western blot

TH and DAT protein expression were measured by quantified western blot. Synaptosomes were lysed for 1 h in radio-immunoprecipitation assay buffer [25 mM Tris-HCl pH 7.6, 150 mM NaCl, 1% NP-40 (Triton X-100), 1% sodium doxycholate, 1% SDS], 100 μL for VTA samples, and 400 μL for NAc samples. The lysed synaptosomes were centrifuged at 12 000 *g* for a half an hour. The

protein concentration in the supernatant was measured with a D_C protein assay kit (Bio-Rad Laboratories, Hercules, CA, USA) using bovine serum albumin (BSA; Proliant Biologicals, Ankeny, IA, USA) for calibration. Ten microgram of protein for the TH western blots and 20 μg of protein for the DAT western blots together with SDS sample buffer (2% SDS, 10% glycerol, 0.1% bromophenol blue, 100 mM dithiothreitol, 50 mM Tris-Cl pH 6.8) were loaded onto a 10% polyacrylamide gel and the proteins of interest were resolved. Following protein transfer and blocking with 2.5% BSA, the membranes were cut between the 43 and 56 kDa markers. The lower molecular weight portion of each membrane was treated with actin horseradish peroxidase (HRP) antibody (Santa Cruz Biotechnology Corp., Santa Cruz, CA, USA), diluted 1 : 2000 for the TH blot and 1 : 5000 for the DAT blot in 2.5% BSA, for 1 h. The higher molecular weight portion was treated overnight with monoclonal TH antibody (Invitrogen), diluted 1 : 800 in 2.5% BSA, or MAB 16 monoclonal DAT antibody (generous gift of Dr Roxane Vaughan), diluted 1 : 2000 in 2.5% BSA, followed by goat anti-mouse HRP antibody (Santa Cruz Biotech Corp.), diluted 1 : 15 000 in 2.5% BSA for the TH blot and 1 : 20 000 in 2.5% BSA, for the DAT blot for 1 h. The membranes were imaged following treatment with the Pierce ECL Western Blotting Substrate (Thermo Scientific, Rockford, IL, USA) for 5 min. Quantification of the bands was performed with Scion Image software (Scion Corporation, Frederick, MD, USA).

[³H]DA uptake assay

The activity of DAT was measured by the uptake of [³H]DA into NAc synaptosomes. Synaptosomes were resuspended in 2 mL Krebs's ringer buffer (KRB). [³H]DA (specific activity 23.5 Ci/mmol; PerkinElmer Life and Analytical Sciences, Waltham, MA, USA) uptake activity was determined in triplicate in 200 μL for 2 min at 37°C at final [³H]DA concentrations of 30 nM, 100 nM, 300 nM, and 1 μM. Non-specific activity was determined using 100 μM cocaine (Sigma) and 1 μM unlabeled DA. The reaction was stopped by the addition of 5 mL ice-cold KRB and the rapid filtration through GF/C filters (Fisher Scientific). The filters were washed with two 5 mL portions of KRB and the radioactivity on the filters was measured by a Beckman LS5801 scintillation counter (Beckman Coulter, Brea, CA, USA). DA binding affinity for DAT (K_m) and DA uptake velocity (V_{max}) values were determined by non-linear regression analysis using Prism 5 (GraphPad Software Inc., La Jolla, CA, USA).

[³H]WIN 35,428 binding assay

Binding of the cocaine analog [³H]WIN35428, specific activity 85 Ci/mmol, PerkinElmer Life and Analytical Sciences) to assess DAT surface expression was measured by a method modified from Reith and colleagues (Coffey and Reith 1994; Chen *et al.* 1996). Synaptosomes were resuspended in 1.2 mL of the assay buffer (30 mM sodium phosphate pH 7.4 and 0.32 M sucrose). [³H]WIN 35,428 binding was measured in triplicate in 200 μL with 103 nM WIN 35,428 for 1 h at 4°C. Non-specific binding was determined in the presence of 1 mM unlabeled WIN 35,428. The reaction was stopped by the addition of 5 mL ice-cold 30 mM phosphate and the rapid filtration through GF/C filters. The filters were washed with two 5 mL portions of 30 mM phosphate and the radioactivity on the filters was measured with a liquid scintillation counter.

DAT biotinylation assay

DAT surface expression was confirmed by surface biotinylation. Synaptosomes prepared from NAc tissue were suspended in 500 μ L PBS/Ca/Mg containing 1.5 mg/mL sulfo-NHS-SS-biotin (Fisher Scientific) for 2 h at 4°C. Excess biotin was quenched by incubating and washing synaptosomes with 100 mM glycine in PBS. Synaptosomes were lysed overnight in radio-immunoprecipitation assay buffer containing protease inhibitors. Surface proteins (500 μ g) were pulled down by streptavidin beads (Thermo Scientific) overnight, and eluted by SDS-loading buffer containing 100 mM dithiothreitol. The surface protein fraction and 10 μ g protein from the lysed synaptosomes (the total DAT protein) were loaded onto a 10% polyacrylamide gel and the proteins of interest were resolved. After blocking with 2.5% BSA, the membranes were treated overnight with MAB 16 monoclonal DAT antibody diluted 1 : 500 for the surface DAT and 1 : 1000 for the total DAT, followed by goat anti-mouse HRP antibody, diluted 1 : 15 000 for the surface DAT and 1 : 20 000 for the total DAT, for 1 h. The membranes were imaged following treatment of the surface DAT with Pico Enhanced Chemiluminescence (Millipore Corporation, Billerica, MA, USA) and the total DAT with the Pierce ECL Western Blotting Substrate for 5 min. Quantification of the bands was performed with Scion Image software (Scion Corporation).

TH activity assay

TH activity was measured by a method modified from Levine *et al.* (1984). L-[3,5-³H]tyrosine (Perkin-Elmer) was purified on a 6 cm long \times 0.6 cm diameter column of Dowex 50WX4-200 beads. After application of the L-[3,5-³H]tyrosine to the column, it was washed with 10 mL H₂O and 20 mL 0.5 M HCl. The L-[3,5-³H]tyrosine was eluted with 20 mL 1 M HCl. The purified solution was stored at -20°C.

Synaptosomes were lysed in 30 mM sodium acetate pH 6.0 and 0.1% Triton X-100 containing a cocktail of protease inhibitors (10 volumes in μ L/mg of tissue wet weight). Ten microgram protein were used for each VTA assay; 50 μ g protein for each NAc assay. The blank was determined in the absence of enzyme. After purification, the activity of the L-[3,5-³H]tyrosine solution was 5000 cpm/ μ L. The reaction mixture was added to 200 000 cpm of L-[3,5-³H]tyrosine dried under N₂ at 50°C. In addition to L-[3,5-³H]tyrosine, the assay mixture contained 0.1 mM unlabeled tyrosine, 1 mM ascorbic acid, 0.1 mM Fe(NH₄)₂(SO₄)₂, 750 units catalase, 1 mM tetrahydrobiopterin, 40 μ M potassium phosphate pH 6.6. TH was assayed in triplicate in a total volume of 100 μ L at 37°C for 15 min. The reaction was stopped by the addition of 100 μ L 1 M trichloroacetic acid.

The radioactive species other than [³H]H₂O were removed from the assay solution by means of ion exchange chromatography. Ion exchange columns were prepared in 14.4 cm \times 0.6 cm glass pipettes (Fisher Scientific) and consisted of 0.7 mL 50% slurry Dowex 50WX4-200, 80 μ L 50% slurry activated charcoal, and six drops 50% slurry Dowex 1X2-400. One assay product mixture was purified per column. After application of the reaction product mixture to the column, the column was washed with two 0.7 mL portions of H₂O. Radioactivity was measured by a liquid scintillation counter.

Total DA in tissue assay

Following rapid dissection, tissue samples were homogenized in 1.3 mL 0.32 M sucrose with a cocktail of protease inhibitors. The homogenate was mixed 1 : 1 with 2 M perchloric acid. The sample solution was centrifuged at 10 000 g for 30 min. For analysis of DA by HPLC-EC, the supernatant was diluted 1 : 100 in perchloric acid containing 14.5 nM 2-aminophenol (internal standard).

DA turnover assay

Following rapid dissection, VTA tissue samples were homogenized in 2 M perchloric acid; NAc tissue samples were treated as described for the total DA assay. DA and the DA metabolites, 3,4-dihydroxyphenylacetic acid (DOPAC), homovanillic acid (HVA), and 3-methoxytyramine (3MT), were detected by HPLC-EC as described for the total DA assay. The content of each metabolite was normalized by the content of DA in each tissue sample for a metric of DA turnover (Koulu *et al.* 1988; Konradi *et al.* 1992; Pifl and Hornykiewicz 2006).

Results

Leptin enhances AMPH-evoked NAc DA efflux in normal animals

To investigate whether acute leptin treatment could modify DA signaling in normal animals, we initially examined the potential regulation of AMPH-stimulated DA efflux by leptin in the NAc of Sprague-Dawley rats. *In vivo* microdialysis in the NAc of freely-moving rats was coupled online to CE with laser-induced fluorescence to measure the extracellular concentration of DA. The extracellular DA concentration was monitored beginning 3 h after leptin treatment and 1 h before the administration of AMPH (1 mg/kg, s.c.) (Fig. 1a). We chose this duration of treatment to permit sufficient time for leptin to access its targets and acutely modulate neurophysiology, but to avoid potential long-term compensatory or secondary alterations in the mesolimbic DA system. While leptin treatment did not alter the basal extracellular DA concentration prior to AMPH administration, leptin pretreatment increased the magnitude of AMPH-induced DA efflux (Fig. 1b). Accurate probe placement was confirmed by sectioning (Figure S1). Thus, systemic leptin acutely potentiates AMPH-induced DA efflux in the NAc. These data reveal that leptin rapidly modulates the mesolimbic DA system of an intact rat.

Leptin acutely increases TH activity without altering TH expression or total DA in normal animals

Previous studies with *ob/ob* animals suggest that leptin deficiency blunts AMPH-mediated behavioral changes at least in part by decreasing NAc DA content, and that increased DA stores contribute to the reversal of this defect during chronic leptin treatment (Fulton *et al.* 2006). These alterations in DA stores mirror changes in TH expression, suggesting that chronic leptin treatment modulates

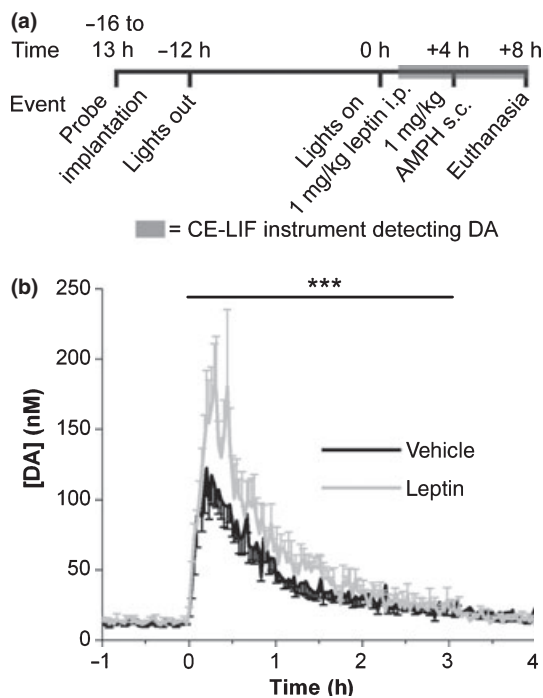


Fig. 1 Procedure and results for microdialysis experiment. (a) Protocol for probe implantation and experimental treatments. (b) Trace of average amphetamine (AMPH)-evoked dopamine (DA) efflux following treatment with leptin or vehicle 4 h prior. Vehicle $n = 6$. Leptin $n = 4$. The [DA] is the dialysate concentration corrected for the *in vitro* recovery of the probe. The error bars represent SEM of [DA]. The black bar indicates the time period from time 0–3.25 h which was subjected to two-way ANOVA with repeated measures. *** p -value for interaction term (treatment X time) < 0.001.

mesolimbic DA content by controlling TH levels. We tested the ability of an acute leptin treatment to alter TH expression or DA content, by examining parameters of DA production in the mesolimbic DA system (Fig. 2). We performed these experiments essentially as described for the AMPH-stimulated DA release in Fig. 1, except that the animals received no AMPH treatment, but were killed for tissue collection 4 h after the administration of leptin or vehicle (Fig. 2a). We initially examined *Th* mRNA expression in the VTA, and TH protein content in the VTA and NAc (Fig. 2b–d). These data demonstrated that 4 h of leptin treatment was insufficient to alter TH content by any of these measures, suggesting an alternate mechanism for the enhancement of AMPH-stimulated DA release by leptin in the normal rat. However, NAc TH activity was significantly increased by leptin treatment (Fig. 2e). Despite the increase in TH activity, NAc DA content was not altered by leptin treatment (Fig. 2f) although a non-significant trend toward increased DA turnover was observed in the NAc (Fig. 3a). No trend regarding DA turnover was observed in the VTA (Fig. 3b). These results show that a single systemic leptin injection can increase the activity of TH after 4 h but is not sufficient to

promote increased expression of the enzyme or DA content. The lack of effect on DA content may be a result of insufficient time to accumulate enough DA to affect the large pool of DA in the NAc or a lack of storage of local changes in DA.

Leptin increases DAT activity but not expression

Since NAc DA content is not increased following 4 h leptin treatment in Sprague-Dawley rats, some other mechanism must underlie the increase in AMPH-stimulated DA efflux observed following leptin treatment under similar conditions. As AMPH promotes the efflux of cytosolic DA stores via DAT (Sulzer *et al.* 2005), we examined NAc DAT activity by measuring the uptake of [3 H]DA into synaptosomes following pre-treatment with leptin (Fig. 4a and b). This analysis revealed a twofold increase in synaptosomal NAc DA uptake in leptin-treated animals compared with controls, and that the increased DAT activity reflected an increased V_{max} for transport. However, this increased DAT activity was not the consequence of increased cell-surface DAT (Fig. 4c and d). Nor were *Dat* mRNA or DAT protein expression increased by leptin treatment (Fig. 4e–g). Thus, after 4 h of a single systemic leptin injection, DAT activity is increased independent of changes in total DAT content or cell surface expression. These results suggest that leptin can activate NAc DAT and this increased DAT activity may underlie the enhanced response to AMPH in acutely leptin-treated rats.

Discussion

Leptin modulates behavior related to reward pathways (Fulton *et al.* 2000; Saper *et al.* 2002; Figlewicz and Benoit 2009) suggesting a partial basis for leptin effects on feeding and interaction of leptin and feeding with drugs of abuse. Studies of the neurochemical changes that underlie the effects of leptin in *ob/ob* mice have pointed to the mesolimbic DA pathway as a site of leptin action, specifically regulation of TH expression, DA content (Fulton *et al.* 2006; Leininger *et al.* 2009), and somatodendritic vesicular packing (Roseberry *et al.* 2007). As lifelong leptin deficiency may result in adaptations that mask direct regulation of the DA system, understanding the neurochemical effects of leptin requires examination of acute leptin effects in normal animals. In this vein, leptin has been shown to decrease firing of VTA dopaminergic neurons due to hyperpolarization in anesthetized rats (Hommel *et al.* 2006), to decrease extracellular DA concentration as measured by microdialysis in food-deprived rats (Krügel *et al.* 2003), and augment the reward-potentiating effect of AMPH on lateral hypothalamic self-stimulation (Hao *et al.* 2006). Here, we find that a single i.p. leptin injection acutely increases the activity of DAT and TH, without altering their expression or changing overall DA content or turnover in normal (fed) rats.

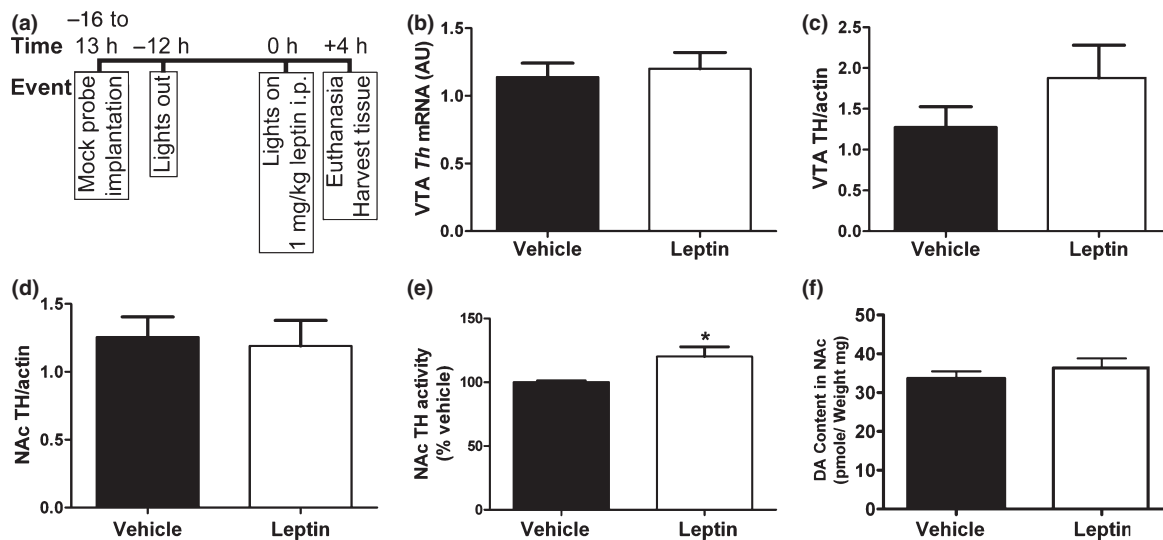


Fig. 2 Procedure for tissue collection experiments and results for measurement of tyrosine hydroxylase (TH) expression, TH activity, and total dopamine (DA) in tissue. All error bars represent SEM and treatment groups were compared by *t* test. (a) Protocol for animal treatment prior to tissue harvesting. The protocol was designed to mimic that used for the microdialysis experiments. (b) Expression of *Th* mRNA in the ventral tegmental area (VTA) as measured by qPCR.

Vehicle *n* = 26. Leptin *n* = 24. (c, d) Expression of TH protein in the VTA (c) and nucleus accumbens (NAc) (d) as determined by quantified western blot. Actin band used for standardization of the TH signal. Vehicle *n* = 6. Leptin *n* = 6. (e) Activity of TH in NAc collected from leptin- or vehicle-treated animals as measured by turnover of [³H]tyrosine. Vehicle *n* = 6. Leptin *n* = 5. **p* < 0.05. (f) Total DA in the NAc measured by LC-EC. Vehicle *n* = 8. Leptin *n* = 9.

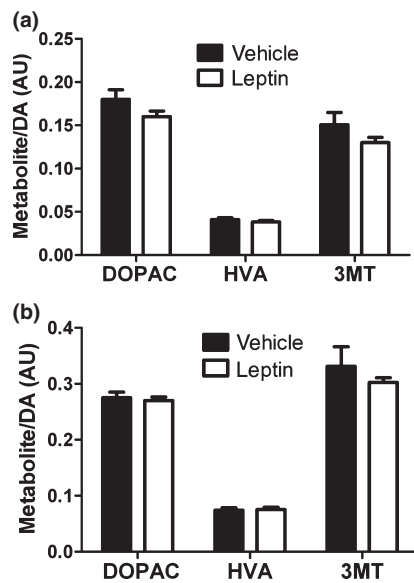


Fig. 3 Dopamine (DA) turnover in the nucleus accumbens (NAc) (a) and ventral tegmental area (VTA) (b). All error bars represent SEM and treatment groups were compared by *t* test. For all data, *n* = 9 except homovanillic acid in the NAc of leptin-treated rats where *n* = 8.

Previous work in leptin-deficient models, which have reduced *Th* mRNA and protein expression (Fulton *et al.* 2006; Leininger *et al.* 2009), has shown that chronic leptin treatment increases TH content in mesolimbic DA neurons.

Our present work in normal animals shows that acute exposure to leptin regulates TH activity rather than its expression, as well as regulating DAT activity, revealing heretofore unknown mechanisms by which leptin modulates the mesolimbic DA system. While the acute effects of leptin on the mesolimbic DA system occur independently of alteration in TH and DA content, they are consistent with the notion that leptin tends to promote pathways leading to DA synthesis, as previously shown in *ob/ob* animals. It is not yet clear whether the differences between the effects of acute versus chronic leptin action represent the consequences of long-term leptin action, *per se*, or rather differences because of compensation for the lifelong loss of leptin in *ob/ob* animals.

While the brief leptin treatment that we employed in this study does not alter the basal concentration of extracellular DA in normal (fed) rats, AMPH treatment amplifies the effects of increased TH and DAT activity and promotes a significant increase in DA efflux in leptin-treated rats. Thus, increased activity of TH and DAT are acute downstream effects of leptin in normal rats that can lead to changes in dynamic responses to perturbations, such as AMPH challenge.

The stable basal DA concentration observed following leptin treatment in our microdialysis experiments, together with increased TH activity, increased DAT activity, and suppressed dopaminergic firing rate (Hommel *et al.* 2006), suggest that these cellular level effects of acute leptin

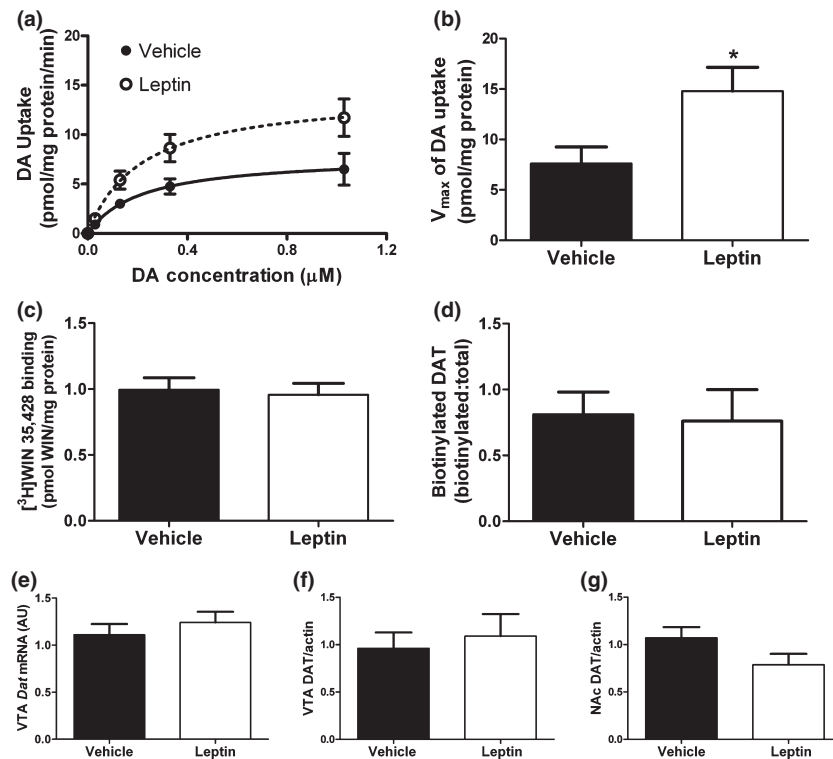


Fig. 4 Results for measurement of dopamine transporter (DAT) activity and expression. All error bars represent SEM and treatment groups were compared by *t* test. (a) DA uptake in the nucleus accumbens (NAc) as a function of [DA]. Vehicle *n* = 7. Leptin *n* = 8. DA uptake data were fit to the Michaelis–Menton equation. (b) The V_{\max} for DA uptake in tissue from the leptin-treated animals was significantly greater than in vehicle-treated animals. **p* < 0.05. (c) DAT surface expression in the NAc as measured by [³H]WIN35428 binding.

Vehicle *n* = 6. Leptin *n* = 6. (d) DAT surface expression as measured by biotinylation. Vehicle *n* = 5. Leptin *n* = 5. (e) Expression of *Dat* mRNA in the ventral tegmental area (VTA) as measured by qPCR. Vehicle *n* = 14. Leptin *n* = 14. (f, g) Expression of DAT protein in the VTA (f) and NAc (g) as determined by quantified western blot. Actin band used for standardization of the DAT signal. Vehicle *n* = 6. Leptin *n* = 6.

treatment, which would individually be predicted to cause opposing changes to the extracellular DA concentration, yield a balanced response that maintains consistent synaptic DA concentrations under baseline conditions. While leptin does not alter the extracellular DA concentration under basal conditions or measurable turnover at this short time point, the dynamics of DA signaling during perturbations of the system may be altered by the change in activity of key regulatory proteins. The effect of AMPH exemplifies how these effects of leptin can give rise to a change in DA signaling.

While our present results and the previous data of others reveal no effect of leptin deficiency or treatment on baseline extracellular DA concentrations or D2-mediated inhibitory post-synaptic currents (Roseberry *et al.* 2007), leptin reportedly suppresses basal and feeding-related extracellular DA levels in food-restricted rats (Krügel *et al.* 2003). In view of the decreases in V_{\max} of DAT associated with food restriction (Patterson *et al.* 1998), it seems likely that the effect of leptin on DA concentrations after food restriction could be mediated, at least in part, by the increased DAT

activity evoked by leptin. It will be of interest to determine if leptin also alters DA concentration dynamics associated with food seeking (Roitman *et al.* 2004) and use of abused drugs.

In agreement with our observations on AMPH-evoked DA efflux, leptin increases behavioral sensitivity to AMPH (Hao *et al.* 2004, 2006; Fulton *et al.* 2006). This observation has previously been considered paradoxical to the finding that food restriction increases sensitivity to drugs of abuse (Carr 2007). However, our results, showing increased activity of TH and V_{\max} of DAT by leptin combined with the reported hyperpolarizing effect of leptin on dopaminergic neurons (Hommel *et al.* 2006) provide an explanation for this effect of leptin on AMPH-evoked DA efflux. That is, the DA efflux elicited by the AMPH-induced reversal of DAT (Sulzer *et al.* 2005) is dependent on TH activity (Weissman *et al.* 1966; Chiueh and Moore 1975). Moreover, the velocity of DA uptake through DAT is enhanced at hyperpolarizing potentials (Sonders *et al.* 1997). Therefore, the leptin-evoked changes would be expected to yield a system more responsive to AMPH.

The activation of DAT by leptin is reminiscent of the effect of insulin, another neuromodulating hormone involved in regulating energy balance and metabolism. Like leptin in this study, insulin has been shown to promote DAT activity; although in the case of insulin the regulation is believed to be via a mechanism involving trafficking of DAT (Carvelli *et al.* 2002). This similar site of action suggest that leptin and insulin act on the mesolimbic DA system via partially overlapping mechanisms.

This work shows that leptin acutely modulates the mesolimbic DA system in normal animals through enhanced DAT and TH activities. These effects interact in a way that does not alter the basal extracellular DA concentration but can alter DA extracellular concentration dynamics with perturbations, such as AMPH treatment. These data suggest new mechanisms for regulatory actions of leptin on the mesolimbic DA system.

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Supporting Information

Additional Supporting Information may be found in the online version of this article:

Figure S1. Position of microdialysis probes as observed by sectioning. Data from probes outside the NAc were excluded from analysis.

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