## SUPPLEMENTAL TABLES

Supplemental Table 1. Parameters used in the MAXENT models for both the projected distributions of *M. oregonensis* under current and past conditions (i.e., at the LGM), as well as how the parameters effect the ENMs (for additional details see Phillips et al. 2006, Phillips & Dudik 2008). Also listed is the circumscribed geographic area for which the distribution was projected. The predicted distribution was generated for an area that extended beyond the sampled sky-island populations; this area was selected based on the collection localities and the range of the species, the presence of mountain chains, and the southern extent of the glaciers during the last glacial maximum.

	S	Parameter values
Parameter		
Regularization multiplier	Regulates model over-fitting	0.5
Maximum number of iterations	Maximizes model convergence	1000
Feature types (linear, quadratic,	Control the model response to the	Auto
product, threshold, hinge)	environmental variables	
Replicate Run type	Assessment method of predictive power	Cross-validation
Percentage of test data	Proportion of data set aside for model	10
	validation	
Area for projection of distribution	Boundaries of the area used in	42° - 50° N
	prediction from which background	118° - 106.5° W
	points are selected	

Supplemental Table 2. Climatic variables used to generate the predicted distribution of *M*. *oregonensis* using the program MAXENT (Phillips et al. 2006). Codes are given in accordance to the WorldClim Database (Hijmans et al. 2005).

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Code	Variable
bio1	Annual Mean Temperature
bio4	Temperature Seasonality
bio8	Mean Temperature of Wettest Quarter
bio9	Mean Temperature of Driest Quarter
bio10	Mean Temperature of Warmest Quarter
bio11	Mean Temperature of Coldest Quarter
bio12	Annual Precipitation
bio13	Precipitation of Wettest Month
bio14	Precipitation of Driest Month
bio15	Precipitation Seasonality
bio16	Precipitation of Wettest Quarter
bio17	Precipitation of Driest Quarter
bio18	Precipitation of Warmest Quarter
bio19	Precipitation of Coldest Quarter

Supplemental Table 3. Fixed parameter settings used in the demographic and genetic models generated with the program SPLATCHE (Currat et al. 2004). See Table 1 for details of other key parameter values that were varied (i.e., k, m, and r).

Parameter	Value
Resize prior to expansion	No
Migration rate between source populations prior to expansion	0
Demographic model	Stochastic migration
	model with absolute
	numbers of emigrants
Density overflow	No
Number of linked sites (i.e., number of base-pairs for a locus)	1,000
Total mutation rate	0.001
Fraction of substitutions being transitions for DNA	0.33
Heterogeneity in mutation rates along the sequence	0.8
Number of categories for DNA mutation variation	0
τ, the number of generations prior to expansion	1000 or 10000

Supplementary movies. These visualizations show how demographic parameters impact the pattern of movement across the geographic landscape, and in particular, that the effect of heterogeneity is lessened with large carrying capacities, k, and migration, m. For example, the expansion patterns depicted here, which approximate an expanding wave front, contrast with those with smaller values of k and m (see Fig. 3). Green colors in the maps signify cells with low numbers of emigrants, whereas cells contributing high numbers of emigrants are shown in red.