PUBLISHED RESEARCH USING THE <u>HEALTH-PROMOTING LIFESTYLE PROFILE II</u>

Acton, G.J. & Malathum, P. (2000). Basic need status of health-promoting self-care behavior in adults. *Western Journal of Nursing Research*, 22(7), 796-811.

Adams, M.H., Bowden, A.G., Humphrey, D.S., McAdams, L.B. (2000). Social support and health promotion lifestyles f rural women. *Online Journal of Rural Nursing and Health Care*, 1(1).

Al-Kandari, F. & Vidal, V.L. (2007). Correlation of the health-promoting lifestyle, enrollment level, and academic performance of college of nursing students in Kuwait. *Nursing & Health Sciences*. 9(2), 112-119.

Alley, N., Macnee, C., Aurora, S., Alley, A., & Hollifield, M. (1998). Health promotion lifestyles of women experiencing crises. *Journal of Community Health Nursing*, 15(2), 91-99.

Arras, R.E, Ogletree, R.J., & Welshimer, K.J. (2006). International Journal of Men's Health. 5(1). 65-79.

Berger, A.M. & Walker, S.N. (2001). An explanatory model of fatigue in women receiving adjuvant breast cancer chemotherapy. *Nursing Research*, *50*(1), 42-52.

Black, C., Ford-Gilboe, M. (2004). Adolescent mothers: Resilience, family health work and health-promoting practices, *Journal of Advanced Nursing 48*(4), 351-360.

Boland, C.S. (2000). Social support and spiritual well-being: empowering older adults to commit to health-promoting behaviors. *Journal of Multicultural Nursing and Health*, 6(3), 12-23.

Bradshaw, A. (2004). A randomized trial of three non-dieting programs for overweight women. *Asia Pacific Journal of Clinical Nutrition*, *13*(Suppl.), S43.

Brown, C., Goetz, J., Sciver, A., Sullivan, D., & Hamera, E. (2006). A psychiatric rehabilitation approach to weight loss. *Psychiatric Rehabilitation Journal*. 29(4). 267-273.

Callaghan, D. (2006). Basic conditioning factors' influences on adolescents' healthy behaviors, self-efficacy, and self-care. *Issues in Comprehensive Pediatric Nursing*. 29. 191-204.

Callaghan, D. (2006). The influence of basic conditioning factors on healthy behaviors, self-efficacy, and self-care in adults. *Journal of Holistic Nursing*. 24(3). 178-185.

Callaghan, D. (2005). Healthy behaviors, self-efficacy, self-care, and basic conditioning factors in older adults. *Journal of Community Health Nursing*, 22(3), 169-178.

Callaghan, D.M. (2005). The influence of spiritual growth on adolescents' initiative and responsibility for self-care. *Pediatric Nursing*, *31*(2), 91-97.

Callaghan, D.M. (2003). Health-promoting self-care behaviors, self-care self-efficacy, and self-care agency. *Nursing Science Quarterly*, *16*(3), 247-254.

Carlson, E.D. (2000). A case study in translation methodology using the Health-Promotion Lifestyle Profile II. *Public-Health Nursing*, *17*(1), 61-70. (2)

Chester, D.N., Himburg, S.P., & Weatherspoon, L.J. (2006). Spirituality of African-American women: Correlations to health-promoting behaviors. *Journal of National Black Nurses Association*. 17(1). 1-8.

Chilton, L., Hu, J., & Wallace, D. (2006). Health-promoting lifestyle and diabetes knowledge in Hispanic American adults. *Home Health Care Management & Practice*. *18*(5). 378-385.

Choi Hui, W. H.(2002). The health-promoting lifestyles of undergraduate nurses in Hong Kong. *Journal of Professional Nursing*, 18(2), 101-111.

Coulson, I. (2004). Knowledge and lifestyle behaviors of healthy older adults related to modifying the onset of vascular dementia. *Arch Gerontol Geriatr*, *39*(1), 43-58.

Craft, B. J., & Grasser, C. (1998). The relationship of reciprocity to self health care in older women. *Journal of Women and Aging*, *10*(2), 35-47.

Ennis, M., Thain, J., Boggild, M., Baker, G., & Young, C. (2006). A randomized controlled trial of a health promotion education programme for people with multiple scerosis. *Clinical Rehabilitation*. 20. 783-792.

Flattery, M., Salyer, J., Maltby, M., Joyner, P., & Elswick, R. (2006). Lifestyle and health status differ over time in long-term heart transplant recipients. *Progress in Transplantation*. *16*(3). 232-238.

Fowler, S. B. (1997). Hope and a health-promoting lifestyle in persons with Parkinson's Disease. *Journal of Neuroscience Nursing*, 29(2), 111-116.

Grey, M., Berry, D., Davidson, M., Galasso, P., Gustafson, E., Melkus, G. (2004). Preliminary testing of a program to prevent type 2 diabetes among high-risk youth. *Journal of School Health*, 74(1), 10-15.

Haddad, L., Kane, D., Tajacich, D., Cameron, S., Al-Ma'aitah, R. (2004). A comparison of health practices of Canadian and Jordanian students. *Public Health Nursing*, 21(1), 85-90.

Hamilton, J.M., Kives, K.D., Micevski, V., Grace, S.L. (2003). Time perspective and health-promoting behavior in a cardiac rehabilitation population. *Behavioral Medicine*, *28*, 132-139.

Hendricks, C., Murdaugh, C., & Pender, N. (2006). The adolescent lifestyle profile: Development and psychometric characteristics. *Journal of National Black Nurses Association*. 17(2). 1-5.

Houle, N., Bohannon, R. W., Frigon, L., Maljanian, R., & Nieszczezewski, J. (2002). Health promoting behaviors, quality of life, and hospital resource utilization of patients receiving kidney transplants. *Nephrology Nursing Journal*, 29(1), 35-56.

Hulme, P., Walker, S.N., Effle, K.J., Jorgensen, L., McGowan, M.G., Nelson, J.D., Pratt, E.N. (2003). Health-promoting lifestyle behaviors of Spanish-Speaking Hispanic Adults. *Journal of Transcultural Nursing*, *14*(3), 244-254.

Jefferson, V.W., Melkus, G.D. & Spollett, G.R. (2000). Health promotion practices of young black women at risk for diabetes. *Diabetes Educator*, 26(2), 295-302.

Jensen, L., Decker, L., & Milander, M. (2006). Depression and health-promoting lifestyles of persons with mental illnesses. *Issues in Mental Health Nursing*. 27. 617-634.

Johnson, R.L. (2005). Gender differences in health-promoting lifestyles African Americans. *Public Health Nursing*, 22(2), 130-137.

Larouche, R. (1998). Determinants of college students' health-promoting lifestyles. *Clinical Excellence for Nurse Practitioners*, 2(1), 35-44

Kim, J., Chun, B. (2005). [Association of internet addiction with health promotion lifestyle profile and perceived health status in adolescents.] *Journal of Preventive Medicine and Public Health = Yebang Uihakhoe Chi, 38*(1), 53-60.

Lee, R.L.T., Yuen Loke, A.J.T. (2005). Health-promoting behaviors and psychosocial well-being of University students in Hong Kong. *Public Health Nursing*, 22(3), 209-220.

Liquori, A. (2003). Effects of a 6-week prenatal water exercise program on physiological parameters and well-being in women with pregnancies in the 2^{nd} - 3^{rd} trimesters: A pilot study. *J Sect Womens Health*, 27(3), 11-19.

Lucas, J.A., Orshan, S.A. & Cook, F. (2000). Determinants of health-promoting behavior among women ages 65 and above living in the community...including commentary by Bausell, R.B. *Scholarly Inquiry for Nursing Practice*, *14*(1), 77-109.

Misra, R., Quandt, S.A., & Aguillon, S. (1999). Differences in nutritional risk and nutrition-related behaviors in exercising and nonexercising rural elders. *American Journal of Health Promotion*, *13*(3), 149-152.

Moussavi, R.M., Garza, H.M., Eisele, H.M., Rodriguez, G., Rintala, D.H. (2003). Serum levels of vitamins A,C, and E in persons with chronic spinal cord injury living in the community. *Arch Phys MEd Rehabil*, *84*, 1061-1067.

Mowad, L. (2004). Correlates of quality of life in older adults Veteran. *Western Journal of Nursing Research*, 26(3), 293-306.

Oliver-McNeil, S. & Artinian, N. T. (2002). Women's perceptions of personal cardiovascular risk and their risk-reducing behaviors. *American Journal of Critical Care*, 11(3). 221-227.

Owens, B.B. (2004). Self-care agency, health promoting lifestyle, and satisfaction with life in postmenopausal women participating in a mall walking program (Doctoral dissertation, Catholic University of America, 2004).

Park, J.S. (2004). [The effects of an elderly health promotion program on health promotion lifestyles, health status and quality of life in the elderly]. *Taehan Kanho Hakhoe chi*, *34*(7), 1194-1204.

Pullen, C., Walker, S.N., & Fiandt, K. (2001). Determinants of health-promoting lifestyle behaviors in rural older women. *Family & Community Health*, 24(2), 49-72.

Riley, T.A., Toth, J.M. & Fava, J.L. (2000). The Transtheoretical Model and stress management practices in women at risk for, or infected with, HIV. *Journal of the Association of Nurses in AIDS Care*, *11*(1), 67-77.

Salyer, J., Sneed, G., Corley, M.C. (2001). Lifestyle and health status in long-term cardiac transplant recipients. *Heart & Lung*, *30*(6), 445-457.

Santacroce, S.J. & Lee, Y.L. (2006). Uncertainty, posttraumatic stress, and health behavior in young adult childhood cancer survivors. *Nursing Research*. 55(4), 259-266.

Satio, Y.A. (2004). Effects of multidisciplinary education on outcomes in patients with irritable bowel syndrome. *Clin Gastroenterol Hepatol*, 2(7), 576-584.

Shinopulos, N.M. & Jacobson, J. (1999). Relationship between health promotion lifestyle profiles and patient outcomes of biofeedback therapy for urinary incontinence. *Urologic Nursing*, *19*(4), 249-253.

Smith, A. & Bashore, L. (2006). The effect of clinical-based health promotion education on perceived health status and health promotion behaviors of adolescent and young adult cancer survivors. *Journal of Pediatric Oncology Nursing*. *23*(6). 326-334.

Stark, M.A., Manning-Walsh, J., Vliem, S. (2005). Caring for self while learning to care for others: A challenge for nursing students. *Journal of Nursing Education*, 44(6), 266-270.

Stuifbergen, A.K., Becker, H., Blozis, S., Timmerman, G., Kullberg, V. (2003). A randomized clinical trial of a wellness intervention for women with Multiple Sclerosis. *Arch Phys Med Rehabil*, *84*, 467-476.

Stuifbergen, A.K. (1999). Barriers and health behaviors of rural and urban persons with MS. *American Journal of Health Behavior*, 23(6), 415-425.

Stuifbergen, A.K., & Becker, H. (2001). Health promotion practices in women with multiple sclerosis: Increasing quality and years of healthy life. *Physical Medicine and Rehabilitation Clinics of North America*, *12*(1), 9-22.

Stuifbergen, A. K., & Roberts, G. J. (1997). Health promotion practices of women with multiple sclerosis. *Archives of Physical Medicine and Rehabilitation*, 78(12 Suppl. 5), S3-S9.

Stuifbergen, A. K., Seraphine, A., & Roberts, G. (2000). An explanatory model of health promotion and quality of life in chronic disabling conditions. *Nursing Research*, 49(3), 122-129.

Waite, P., Hawks, S., & Gast, J. (1999). The correlation between spiritual well-being and health behaviors. *American Journal of Health Promotion 13*(3), 159-162.

Wei, C.N., Yonemitsu, H., Harada, K., Miyakitra, T., et al. (2000). [Language = Japanese] A Japanese language version of the Health-Promoting Lifestyle Profile. *Japanese Journal of Hygiene [Nippon-Eiseigaku-Zasshi], 54*(4), 597-606. Wynd, C. (2006). Smoking patterns, beliefsm and the practice of healthy behaviors in abstinent, relapsed, and recalcitrant smokers. *Applied Nursing Research. 19.* 197-203.

Zauszniewski, J.A. & Chung, C. (2001). Resourcefulness and health practices of diabetic women. *Research in Nursing and Health*, 24(2), 113-121.

Zauszniewski, J.A. & Chung, C.W., Krafcik, K., & Sousa, V.D. (2001). Psychometric testing of the Depressive Cognition Scale in women with type 2 diabetes. *Journal of Nursing Measurement*, 9(1), 61-72.

PUBLISHED RESEARCH USING THE <u>HEALTH-PROMOTING LIFESTYLE PROFILE</u>

Ahijevych, K., & Bernhard, L. (1994). Health promoting behaviors of African American women. *Nursing Research*, 43(2), 86-89.

Ali, N. S., & Bennett, S. J. (1992). Postmenopausal women: Factors in osteoporosis preventive behaviors. *Journal of Gerontological Nursing*, *18*(12), 23-32.

Al-Ma'aith, R., Haddad, L. & Umlauf, M.G. (1999). Health promotion behaviors in Jordanian women. *Health Care for Women International*, 20(6), 533-546.

Armer, J. & Randina, M. E. (2006). Definition of health and health promotion behaviors among Midwestern old order Amish families. *The Journal of Multicultural Nursing & Health*, *12*(3). 44-53.

Bagwell, M. & Bush, H. (1999). Health conception and health promotion in blue collar workers: Program planning issues. *AAOJN*, 47(11), 513-518.

Bagwell, M. & Bush, H. (2000). Improving health promotion for blue collar workers. *Journal of Nursing Care Quality*, 14(4), 65-71.

Beser, A., Bahar, Z., & Buyukkaya, D. (2007). Health promoting behaviors and factors related to lifestyle among Turkish workers and occupational health nurses' responsibilities in their health promoting activities. *Industrial Health.* 45. 151-159.

Blacconiere, M. J., & Oleckno, W. A., (1999). Health-promotion behaviors in public health: testing the Health Promotion Model. *The Journal of The Royal Society for the Promotion of Health*, *119*(1), 11-16.

Bomar, P. J., & Hautman, M. A. (1990). Gender differences in health practices of black couples with a hypertensive spouse. *Journal of Human Hypertension*, *4*, 100-102.

Brady, B., & Nies, M. (1999). Health-promoting lifestyles and exercise: A comparison of older African American women above and below the poverty level. *Journal of Holistic Nursing*, *17*(2), June, 197-207.

Cakir, H. & Pinar, R. (2006). Randomized controlled trial on lifestyle modification in hypertensive patients. *Westren Journal of Nursing Research*. 28(2). 190-209.

Carreno, J., Vyhmeister, G., Grau, L., Ivanovic, D. (2006). A health promotion programme in adventist and non-Adventist women based on Pender's model: A pilot study. *Public Health*, *120*, 346-355.

Chen, C.M., Kuo, S.F., Chou, Y.H., & Chen, H.C. (2007). Postpartum Taiwanese women: their postpartum depression, social support and health-promoting lifestyle profiles. *Journal of Clinical Nursing*. *16*(8). 1550-1560.

Chen, M. Y. (1999). The effectiveness of health promotion counseling to family caregivers. *Public Health Nursing*, *16*(2), 125-132.

Chen, M. Y., & Liao, J. C. (1995). Preliminary study of practicing health promotion lifestyle among the student nurses and nurses in Taoyuan area. *Nursing Research (China), 3*(1), 6-16. [Language = Chinese]

Chen, M. Y., Liao, J. C., Liao, J. H., & Chou, C. C. (1994). The preliminary study of health-promotion life-styles of public health nurses. *Nursing Research (China)*, 2(1), 41-54. [Language = Chinese]

Chen, M., Lu, J., Lin, S., Liao, J., & See, L. (1997). The effectiveness of using counseling to promote healthy lifestyles among general medical OPD patients. *Nursing Research (China)*, *5*(5), 390-400. [Language = Chinese]

Clement, M., Bouchard, L., Jankowski, L. W., & Perreault, M. (1995). Health promotion behaviors in first-year undergraduate nursing students: A pilot study. *Canadian Journal of Nursing Research*, 27(4), 111-131. [Language = French]

Colwell, L. J., Prather, C. M., Phillips, S. F., & Zinsmeister, A. R. (1998). Effects of an irritable bowel syndrome educational class on health-promoting behaviors and symptoms. *American Journal of Gastroenterology*, 93(6), 901-905.

Conn, V. S. (1998). Older adults and exercise: Path analysis of self-efficacy related constructs. *Nursing Research*, 47(3), 180-189.

Conn, V., & Armer, J. A. (1995). Older spouses: Similarity of health promotion behaviors. Journal of Family Nursing, 1(4), 397-414. (2)

Conn, V. S., minor, M.A., Mehr, D.R. & Burks, K.J. (2000). Recording activity in older women with TriTrac. *American Journal of Health Behavior*, 24(5), 370-378.

Daniels, R.D. (2000). Exploring the self-care variables that explain a wellness lifestyle in wheelchair basketball athletes with spinal cord injuries. *SCI Psychosocial Process*, *13*(2), 50-58.

Dodd, M. J., & Dibble, S. L. (1993). Predictors of self-care: A test of Orem's model. *Oncology Nursing Forum*, 20(6), 895-901.

Duffy, M. E. (1988). Determinants of health promotion in midlife women. Nursing Research, 37(6), 358-362.

Duffy, M. E. (1989). Determinants of health status in employed women. Health Values, 13(2), 50-57.

Duffy, M. E. (1993). Determinants of health-promoting lifestyles in older persons. *IMAGE: Journal of Nursing Scholarship*, 25(1), 23-28.

Duffy, M. E. (1997). Determinants of reported health promotion behaviors in employed Mexican American women. *Health Care for Women International, 18*, 149-163.

Duffy, M. E., & MacDonald, E. (1990). Determinants of functional health of older persons. *Gerontologist*, 30(4), 503-509.

Duffy, M. E., Rossow, R., & Hernandez, M. (1996). Correlates of health-promotion activities in employed Mexican American women. *Nursing Research*, 45(1), 18-24.

Esperat, C., Feng, D., Zhang, Y., & Owen, D. (2007). Health behaviors of low-income pregnant minority women. *Western Journal of Nursing Research*. 29(3), 284-300.

Evans, M. S., & Nies, M. A. (1997). The effects of daily hassles on exercise participation in perimenopausal women. *Public Health Nursing*, *14*(2), 129-133.

Felton, G. M. (1996). Female adolescent contraceptive use or nonuse at first and most recent coitus. *Public Health Nursing*, *13*(3), 223-230.

Felton, G.M. & Bartoces, M. (2002). Predictors of initiation of early sex in black and white adolescent females. *Public Health Nursing*, *19*(1), 59-67.

Felton, G. M., Liu, Q., Parsons, M. A., & Geslani, G. P. (1998). Health-promoting behaviors of rural adolescent women. *Women & Health*, 27(4), 67-80.

Felton, G. M., & Parsons, M. A. (1994). Factors influencing physical activity in average-weight and overweight young women. *Journal of Community Health Nursing*, *11*(2), 109-119.

Felton, G. M., Parsons, M. A., & Hassell, J. S. (1998). Health behavior and related factors in adolescents with a history of abortion and never-pregnant adolescents. *Health Care for Women International*, 19(1), 37-47.

Felton, G. M., Parsons, M. A., Misener, T. R., & Oldaker, S. (1997). Health-promoting behaviors of black and white college women. *Western Journal of Nursing Research*, 19(5), 654-66.

Fleetwood, J., & Packa, D. R. (1991). Determinants of health-promoting behaviors in adults. <u>Journal</u> *Cardiovascular Nursing*, *5*(2), 67-79.

Flowers, J., & McLean, J. (1996). Psychometric Studies of the Flowers Midlife Health Questionnaire (FMHQ) for Women. *Journal of Nursing Science*, *1*(3-4), 115-126.

Foster, M. F. (1992). Health promotion and life satisfaction in elderly black adults. *Western Journal of Nursing Research*, 14(2), 444-463.

Frank, D. I., Stephens, B., & Lee, S. H. (1998). Health-promoting behaviors of African-American rural women. *Clinical Excellence for Nurse Practitioners*, 2(3), 159-165.

Frank-Stromborg, M., Pender, N. J., Walker, S. N., & Sechrist, K. R. (1990). Determinants of health-promoting lifestyle in ambulatory cancer patients. *Social Science & Medicine*, *31*(10), 1159-1168.

Frauman, A. C., & Nettles-Carlson, B. (1991). Predictors of a health-promoting life-style among well adult clients in a nursing practice. *Journal of the American Academy of Nurse Practitioners*, *3*(4), 174-179.

Gillis, A. J. (1994). Determinants of health-promoting lifestyles in adolescent females. *Canadian Journal of Nursing Research*, 26(2), 13-28.

Gillis, A., & Perry, A. (1991). The relationships between physical activity and health-promoting behaviors in midlife women. *Journal of Advanced Nursing*, *16*, 299-310. (2)

Haddad, L. G., Al-Ma'aitah, R. M., Cameron, S. J., & Armstrong-Stassen, M. (1998). An Arabic language version of the Health Promotion Lifestyle Profile. *Public Health Nursing*, *15*(2), 74-81.
Haddad, L. G., Al-Ma'aitah, R. M., & Umlauf, M. (1998-1999). Health promotion behaviors among Jordanians. *Int I. Quarterly of Community Health Education*, *18*(2), 223-235.

Haq, M. B., & Griffin, M. (1996). Health motivation: Key to health promoting behavior? *Nurse Practitioner*, 21(11), 155-156.

Hendricks, CS. (1998). Perceptual determinants of early adolescent health promoting behaviors: model development. *Journal of Theory Construction and Testing*, 2(1), 13-22.

Hendricks, C.S., Murdaugh, C., Tavakoli, A. & Hendricks, D.L. (2000). Health promoting behaviors among rural southern early adolescents. *ABNF Journal*, *11*(5), 123-128.

Holmberg, S. & Kane, C. (1999). Health and self-care practices of persons with schizophrenia. *Psychiatric Services*, 50(6), 827-829.

Haung, H.C., Chou, C.T., Lin, K.C., & Choa, Y.F. (2007). The relationships between disability level, health-promoting lifestyle, and quality of life in outpatients with systemic lupus erythematosus. *Journal of Nursing Research*, *15*(1), 21-31.

Huck, D. M., & Armer, J. M. (1996). Health perceptions and health-promoting behaviors among elderly Catholic nuns. *Family & Community Health*, 18(4), 81-91.

Jackson, C. P. (1995). The association between childbirth education, infant birthweight, and health promotion behaviors. *Journal of Perinatal Education*, 4(1), 27-33.

Jones, M., & Nies, M. A. (1996). The relationship of perceived benefits of and barriers to reported exercise in older African American women. *Public Health Nursing*, *13*(2), 151-158.

Kagee, A. & Dixon, D.N. (2000). Worldview and health promoting behavior: a causal model. *Journal of Behavioral Medicine*, 23(2), 163-179.

Kemp, V. H., & Hatmaker, D. D. (1992). Health practices and anxiety in low-income, high- and low-risk pregnant women. *JOGNN*, 22(3), 266-272.

Kerr, M. J., & Ritchey, D. A. (1990). Health-promoting lifestyles of English-speaking and Spanish-speaking Mexican-American migrant farm workers. *Public Health Nursing*, 7(2), 80-87.

Kim, S.Y., Jeon, E.Y., Sok, S.S., Kim, K.B. (2006). Comparison of health-promoting behaviors of noninstitutionalized older adults in Korea. *Journal of Nursing Scholarship*, *38*(1), 31-35.

Kuster, A. E., & Fong, C. M. (1993). Further psychometric evaluation of the Spanish language health-promoting lifestyle profile. *Nursing Research*, 42(5), 266-269.

Lookinland, S., & Harms, J. (1996). Comparison of health-promotive behaviors among seniors: Exercisers versus nonexercisers. *Social Sciences in Health: International Journal of Research and Practice*, 2(3), 147-162.

Lusk, S. L., & Kelemen, M. J. (1993). Predicting use of hearing protection: A preliminary study. *Public Health Nursing*, *10*(3), 189-196.

Lusk, S. L., Kerr, M. J., & Ronis, D. L. (1995). Health-promoting lifestyles of blue-collar, skilled trade, and white-collar workers. *Nursing Research*, 44(1), 20-24.

Martinelli, A. (1999), An explanatory model of variables influencing health promotion behaviors in smoking and nonsmoking college students. *Public Health Nursing*, *16*(4), 263-269.

Martinelli, A.M. (1999), Testing model of avoiding environmental tobacco smoke in young adults. *Image, Journal of Nursing Scholarship*, 31(3), 237-242.

McCabe, B., W., Walker, S. N., & Clark, K. A. (1997). Health promotion in long term care facilities. *Journal of Nursing Science*, 2(1-6), 153-167.

McCleary-Jones, V. (1996). Health promotion practices of smoking and non-smoking black women. *The ABNF Journal*, 7(1), 7-10.

MacDonald, M. B., Laing, G. P., & Faulkner, R. A. (1994). The relationship of health-promoting behavior to health locus of control: Analysis of one baccalaureate nursing class. *Canadian Journal of Cardiovascular Nursing*, 5(2), 11-18.

McManus, E. M. (1996). Health promotion and social support for community-based clients with chronic mental illness. *Nursing Connections*, 9(4), 49-55.

Megel, M. E., Wade, F., Hawkins, P., Norton, J., Sandstrom, S., Zajic, K., Hoefler, M. A., Partusch, M. E., Willrett, K., & Tourek, N. (1994). Health promotion, self-esteem, and weight among female college freshmen. *Health Values*, *18*(4), 10-19.

Miller, A. M., & Dalgas-Pelish, P. L. (1994). The effect of children on health behaviors of parents as related to gender roles. *The Journal of Perinatal Education*, *3*(2), 21-28.

Misener, T.R., Phillips, K.D. & McGray, E. (2000). Psychosocial development and health-promoting lifestyle. *Journal of Theory Construction and Testing*, 4(1), 14-19.

Mulkana, S.S., JoHailey, B. (2001). The role of optimism in health-enhancing behavior. <u>American Journal of</u> *Health Behavior*, 25(4), 388-395.

Nakao, M., Fricchione, G., Myers, P., Zuttermeister, P.C., Baim, M., Mandle, C.L., Medich, C., et al. (2001). Anxiety is a good indicator for somatic symptom reduction through behavioral medicine intervention in a mind/body medicine clinic. *Psychotherapy and Psychosomatics*, 70(1), 50-57.

Nelson, J. P. (1991). Perceived health, self-esteem, health habits, and perceived benefits and barriers to exercise in women who have and who have not experienced Stage I breast cancer. *ONF*, *18*(7), 1191-1197.

Neuberger, G., Kasal, S., Smith, K., Hassanein, R., & DeViney, S. (1994). Determinants of exercise and aerobic fitness in outpatients with arthritis. *Nursing Research*, 43(1), 11-17.

Nies, M. A., Buffington, C., Cowan, G., & Hepworth, J. T. (1998). Comparison of lifestyles among obese and nonobese African American and European American women in the community. *Nursing Research*, 47(4), 251-257.

O'Brien, M. T. (1993). Multiple sclerosis: Health promoting behaviors of spousal caregivers. *Journal of Neuroscience Nursing*, 25(2), 105-112.

Oleckno, W. A., & Blacconiere, M. J. (1990). A multiple discriminant analysis of smoking status and health-related attitudes and behaviors. *American Journal of Preventive Medicine*, 6(6), 323-329.

Oleckno, W. A., & Blacconiere, M. J. (1999). Differences in self-reported health behaviors between public health professionals and support staff. *Psychological Reports*, 84, 127-134.

Oleckno, W. A., & Blacconiere, M. J. (1990). Risk taking behaviors and other correlates of seat belt use among university students. *Public Health*, *104*, 155-164.

Oleckno, W. A., & Blacconiere, M. J. (1990). Wellness of college students and differences by gender, race, and class standing. *College Student Journal*, 24(4), 421-429.

O'Quinn, J. (1995). Worksite wellness programs and lifestye behaviors. *Journal of Holistic Nursing*, *13*(4), 346-360.

Padula, C. A. (1997). Predictors of participation in health promotion activities by elderly couples. *Journal of Family Nursing*, *3*(1), 88-106.

Patterson, D. & Killien, M. (XXXX). The working mother & study health promoting behaviors of employed mothers. *Communicating Nursing Research*, 34(9), 179.

Pender, N. J., Walker, S. N., Sechrist, K. R., & Frank-Stromborg, M. (1990). Predicting health-promoting lifestyles in the workplace. *Nursing Research*, *39*(6), 326-332.

Pettaway, L., & Frank, D. (1999). Health promoting behaviors of urban African American female heads of household. *The ABNF Journal*, *10*(1) Jan.-Feb., 14-19.

Plach, S., Wierenga, M. E., & Heidrich, S. J. (1996). Effect of a postdischarge education class on coronary artery disease knowledge and self-reported health-promotion behaviors. *Heart & Lung*, 25(5), 367-372.

Preski, S., & Walker, L. O. (1997). Contributions of maternal identity and lifestyle to young children's adjustment. *Research in Nursing & Health*, 20, 107-117.

Ready, A.E., Naimark, B.J., Tate, R., Boreskie, S.L. (2005). Fitness centre membership is related to healthy behaviours. *Journal of Sports Medicine and Physical Fitnes*, 45, 199-207.

Rew, L. (1990). Correlates of health-promoting lifestyle and sexual satisfaction in a group of men. *Issues in Mental Health Nursing*, *11*(3), 283-295.

Riffle, K. L., Yoho, J., & Sams, J. (1990). Health-promoting behaviors, perceived social support, and self-reported health of Appalachian elderly. *Public Health Nursing*, 6(4), 204-211. (Unconventional scoring of HPLP used.)

Riordan, J. & Washburn, J. (1997). Comparison of baccalaureate student lifestyle health behaviors entering and completing the nursing program. *Journal of Nursing Education*, *36*(6), 262-265.

Scisney-Matlock, M. (1998). Reliability and validity of the lifestyle hypertension cognitive representations scale. *The ABNF Journal*, March/April, 28-34.

Simmons, S. J. (1993). Explaining health-promoting lifestyles of Navy personnel. *Military-Medicine*, 158(9), 594-598.

Sisk, R.J. (2000). Caregiver burden and health promotion. International Journal of Nursing Studies, 37(1), 37-43.

Smith, S. & Michel, Y. (2006). A pilot study on the effects of aquatic exercises on discomforts with pregnancy. *Journal of Obstetric, Gynecologic, and Neonatal Nursing, 35*, 315-323.

Song, R. & Lee, H. (2001). Effects of a 12-week cardiac rehabilitation exercise program on motivation and healthpromoting lifestyle. *Heart and Lung: The Journal of Acute and Critical Care, 30*(3), 200-209.

Speake, D. L., Cowart, M. E., & Pellet, K. (1989). Health perceptions and lifestyles of the elderly. *Research in Nursing & Health*, *12*, 93-100.

Speake, D. L., Cowart, M. E., & Stephens, R. (1991). Healthy lifestyle practices of rural and urban elderly. *Health Values*, *15*(1), 45-51.

Stuifbergen, A. (1995). Health-promoting behaviors and quality of life among individuals with multiple sclerosis. *Scholarly Inquiry for Nursing Practice*, *9*(1), 31-55.

Stuifbergen, A. (1999). Health-promoting behaviors and quality of life among individuals with multiple sclerosis. *Scholarly Inquiry for Nursing Practice*, 23(6), 415-425.

Suh, Y. O. (1994). A comparative study on health promotion lifestyles between employed and unemployed women. *Korean Journal of Nursing Query*, *3*(1), 93-115. [Language = Korean]

Szalda-Petree, A., White, G.W. & Heath, G. (2000). The relationship of physical activity to psychological health, satisfaction with life, and limitation due to secondary conditions in adults with physical disabilities. *Texas Journal of Rural Health*, *18*(4), 48-60.

Telleen, T. M. (1993). Health promotion practices of pregnant and nonpregnant women. *Journal of Holistic Nursing*, *11*(3), 237-245.

Volden, C., Langemo, D., Adamson, M., & Oechsle, L. (1990). The relationship of age, gender, and exercise practices to measures of health, life-style, and self-esteem. *Applied Nursing Research*, *3*(1), 20-26.

Walker, L. O. (1989). A longitudinal analysis of stress process among mothers of infants *Nursing Research*, *38*(6), 339-343.

Walker, L.O., Fleschler, R.G. & Heaman, M. (1998). Is a healthy lifestyle related to stress, parenting confidence, and health symptoms among new fathers? *Canadian Journal of Nursing Research*, *30*(3), 21-36.

Walker, L. O. (1996). Predictors of weight gain at 6 and 18 months after childbirth: A pilot study. *JOGNN*, 25(1), 39-48.

Walker, L. O. (1989). Stress process among mothers of infants: Preliminary model testing *Nursing Research*, 38(1), 10-16.

Walker, L. O., & Best, M. A. (1991). Well-being of mothers with infant children: A preliminary comparison of employed women and homemakers. *Women and Health*, *17*(1), 71-89.

Walker, S. N., Kerr, M. J., Pender, N. J., & Sechrist, K. R. (1990). A Spanish version of the Health-Promoting Lifestyle Profile. *Nursing Research*, *38*(5), 268-273.

Walker, S. N., Sechrist, K. R., & Pender, N. J. (1987). The Health-Promoting Lifestyle Profile: Development and psychometric characteristics. *Nursing Research*, *36*(2), 76-81.

Walker, S. N., Volkan, K., Sechrist, K. R., & Pender, N. J. (1988). Health-promoting life styles of older adults: Comparisons with young and middle-aged adults, correlates and patterns. *Advances in Nursing Science*, *11*(1), 76-90.

Waller, P. R., Crow, C., Sands, D., & Becker, H. (1988). Health related attitudes and health promoting behaviors: Differences between health fair attenders and a community comparison group. *American Journal of Health Promotion, 3*(1), 17-32.

Wang, H.H. (2001). A comparison of two models of health-promoting lifestyle in rural elderly Taiwanese rural elderly women. *Public Health Nursing*, *18*(3), 204-211.

Wang, H. & Laffrey, S. (2001). A predictive model of well-being and self-care for rural elderly women in Taiwan. *Research in Nursing and Health*, 24(2), 122-132.

Wehrwein, T. C., & Eddy, M. E. (1993). Breast health promotion: Behaviors of midlife women. *Journal of Holistic Nursing*, *11*(3), 223-236.

Weitzel, M. H. (1989). A test of the health promotion model with blue collar workers. *Nursing Research*, 38(2), 99-104.

Weitzel, M. H., Hudak, J. L., Becker, H. A., Waller, P. R., & Stuifbergen, A. K. (1994). An exploratory analysis of health-promotion beliefs and behaviors among white, Hispanic, and black males. *Family and Community Health*, *17*(3), 23-34.

Weitzel, M. H., & Waller, P. R. (1990). Predictive factors for health-promotive behaviors in white, Hispanic, and black blue-collar workers. *Family and Community Health*, *13*(1), 23-34.

White, J., & Nezey, I. (1996). Project wellness: A collaborative health promotion program for older adults. *Nursing Connections*, *9*(1), 21-27.

White, J.L. (1999). Educational innovations. Wellness Wednesdays: health promotion and service learning on campus...targeted to university faculty and staff. *Journal of Nursing Education*, 38(2), 69-71.

Wiens, L. M. (1998). The effect of outpatient cardiac education on knowledge and healthy behaviors. *Canadian Journal of Cardiovascular Nursing*, 9(2), 35-42.

08/30/2007