Health Promotion Model - Translation
Procedures for HPM Instruments

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http://hdl.handle.net/2027.42/85353
Translation Procedures for Health Promotion Model Instruments

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The following procedures should be followed to assure that the HPLP II, EBBS or other Health Promotion Model instruments listed on this Web site retain their intended meaning when translated:

1. An individual fluent in both English and the language needed for the research may translate the instrument. This person may be the researcher or another individual.
2. A second individual fluent in both languages but not familiar with the instrument should then conduct a back-translation of the translated instrument into English.
3. The researcher and another individual should together review both the original English instrument and the back-translated English instrument to see if there are differences and to resolve the differences.

The World Health Organization suggests a more extensive method which can be reviewed at http://www.who.int/substance_abuse/research_tools/translation/en/

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