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# Effect of anorganic bovine bone to autogenous cortical bone ratio upon bone remodeling patterns following maxillary sinus augmentation

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#### Abstract

**Introduction:** Maxillary sinus augmentation is a predictable implant site development technique, although several local and systemic factors may influence outcomes. The aim of this study was to evaluate healing patterns and bone remodeling activity following the use of two different graft mixtures for maxillary sinus augmentation.

**Materials and methods:** Patients in need of maxillary sinus augmentation were randomly assigned to two different groups. A graft mixture using a 50% autologous bone (AB) to 50% anorganic bovine bone (ABB) ratio was used in group 1, while a 20% AB to 80% ABB ratio was utilized for group 2. After a 6-month healing period, bone core biopsies were harvested for histological, histomorphometrical, and immunohistochemical analyses.

**Results:** Twenty-eight subjects participated in this study. No statistically significant differences were found between groups in regards to vital bone and non-mineralized tissue proportions. Higher number of osteoid lines (18.05  $\pm$  10.06 in group 1 vs. 9.01  $\pm$  7.53 in group 2; *P* = 0.023) and higher cellularity, particularly regarding the number of osteocytes (631.85  $\pm$  607.98 in group 1 vs. 219.08  $\pm$  103.26 in group 2; *P* = 0.002), were observed in specimens from group 1. Differences in expression patterns of osteopontin and tartrate-resistant acid phosphatase were also detected between groups.

**Conclusion:** AB to ABB ratio appears to influence bone remodeling patterns and cell content following maxillary sinus augmentation procedures. Similar proportion of vital bone was found in specimens obtained from both groups. More cellular presence was observed in samples containing higher proportions of AB.

Since the introduction of maxillary sinus augmentation as an implant site development modality (Boyne & James 1980), several modifications of the lateral approach technique have been developed (Vercellotti et al. 2001; Lundgren et al. 2004; Peleg et al. 2004; Soltan & Smiler 2005; Martos Diaz et al. 2007). Likewise, a variety of materials (i.e. autografts, allografts, alloplasts, and xenografts) have been applied for sinus grafting, typically associated with satisfactory clinical outcomes (Wheeler 1997; Wallace & Froum 2003; Del Fabbro et al. 2004). According to the current understanding, there is no evidence supporting the superiority of any particular bone graft in terms of implant survival or absence of complications at the recipient site (Browaeys et al. 2007; Nkenke & Stelzle 2009). In light of this information, many clinicians have accepted as a general consensus the concept that maxillary

sinus augmentation is predictable, regardless of the grafting material used. However, it is important to keep in mind that long-term clinical success relies on the formation of a functional vital bone–graft complex, which is influenced by the type of graft used (Watzek et al. 2006).

Autologous bone (AB) and anorganic bovine bone (ABB) are the biomaterials with the strongest literature support in sinus augmentation. It is a general belief that AB is the gold standard bone grafting material, given its unique osteoconductive, osteoinductive, and osteogenic properties. However, intense bone remodeling leading to excessive bone resorption may occur when AB is used as a sole material for sinus augmentation (Schlegel et al. 2003). In order to prevent this unfavorable event, its use in combination with a slowly absorbable material has been proposed (Yildirim et al. 2001; Hallman et al. 2002b). ABB presents a notable slow resorption rate, being able to remain stable for years (Sartori et al. 2003; Traini et al. 2007). Furthermore, ABB possesses remarkable osteoconductivity, as well as an ability to allow revascularization (Galindo-Moreno et al. 2010b). Previous studies have reported the histologic features of bone samples obtained after the utilization of AB (Hallman et al. 2002b), ABB (Ferreira et al. 2009), or a combination of them (Wallace et al. 2005; Galindo-Moreno et al. 2007). Interestingly, tissues analyzed present different characteristics depending on the nature of the grafting material applied, the proportion of materials used, and the time of sample harvesting. Therefore, some critical questions remain unanswered.

Within the limits of our knowledge, there is a paucity of controlled studies aimed at evaluating sinus augmentation outcomes at the histological level, depending on the AB to ABB ratio in a large series of patients. Hence, the objective of the present study was to evaluate tissue response and bone remodeling activity in samples obtained after using two different graft mixture ratios for maxillary sinus augmentation.

# Material and methods

#### Study design and subject recruitment

Before subject recruitment, this prospective clinical trial was reviewed and approved by the Institutional Review Board of the University of Granada. The study was conducted according to the principles of the Helsinki's declaration for experimentation involving human subjects (Schuklenk & Ashcroft 2000).

Totally or partially edentulous patients in need of maxillary sinus augmentation were screened and included in the study according to the following inclusion criteria: Adult patients (18-85 years of age) presenting a physical status according to the American Society of Anesthesiologists of I or II (http://www.asahq.org/clinical/physicalstatus.htm), no uncontrolled systemic disease, no condition known to alter bone metabolism (i.e. osteoporosis, diabetes mellitus), O'Leary plaque score  $\leq 20\%$  (O'Leary et al. 1972), and  $\leq$  5 mm of remaining bone height based on radiographic measurements over panoramic films (Wang & Katranji 2008; Rios et al. 2009). Subjects who reported antibiotic intake within 3 months before study initiation, or long-term use (>6 months) of medications known to modify bone metabolism (such as bisphosphonates and corticosteroids), women that were pregnant or attempting to get pregnant at the time of the screening, and patients that presented untreated chronic sinus conditions (i.e. cysts, tumors), sepsis, history of cancer and/or radiation to the oral cavity, or complications derived from any of these conditions affecting the sinus area, were excluded from the study. Patients who reported smoking > 10 cigarettes per day (Levin et al. 2004), and consumers of > 10 g of alcohol per day (Galindo-Moreno et al. 2005) were also excluded. For the statistical analysis, patients who reported smoking one or more cigarettes per day or consuming one or more alcoholcontaining drinks daily were accounted as smokers and alcohol consumers, respectively. Patients who met the inclusion and exclusion criteria were required to read, understand, and sign an informed consent before the final enrollment in the clinical trial.

#### Surgical procedures

Patients were requested to take an antibiotic (Amoxicillin/Clavulanate 875/125 mg t.i.d. for 10 days, starting 2 days before the surgery; or Clindamycin 300 mg t.i.d. for 10 days, starting 2 days before the surgery, in case of allergy to penicillins) to minimize the risk of infection. All surgical procedures were performed under local anesthesia (Articain, Ultracain®, Aventis Inc., Frankfurt. Germany). Sinus were intervened following the technique proposed by Galindo-Moreno et al. (2007), using a bone scraper (Safescraper<sup>®</sup>, Meta, Reggio Emilia, Italy) to harvest AB from the lateral wall and expose the Schneiderian membrane. Following membrane elevation, sinus cavities were grafted with AB in combination with ABB particles ranging from 250 to 1000 µm (Geistlich Bio-Oss<sup>®</sup>, Geistlich Pharma AG, Wolhusen, Switzerland). Two different mixtures were used, consisting of a 50% [AB]: 50% [ABB] ratio (group 1) and a 20% [AB]: 80% [ABB] ratio (group 2), reported previously as an ideal composite proportion for maxillary sinus augmentation procedures (Hallman et al. 2002b). As much graft volume as necessary was used to meet the clinical goal, to a maximum of 5 cm3 of material per sinus cavity (Galindo-Moreno et al. 2008). After bone grafting, an absorbable collagen membrane (Geistlich Bio-Gide<sup>®</sup>, Geistlich Pharma AG) was placed over the lateral aspect of the bony window. Then, flaps were carefully approximated and sutured with surgical silk 3/0 (Laboratorio Aragó, Barcelona, Spain), attempting primary closure.

After a healing period of 6 months, a 3 mm internal, 4 mm external diameter trephine was used to harvest bone core biopsies from the alveolar crest where implants were prosthetically planned. Implants (Osseospeed<sup>™</sup>, Astra Tech, Mölndal, Sweden) were placed in a submerged approach. Dental implants were delivered only if primary stability was attained (32 N/cm<sup>2</sup> of insertion torque). If implant primary stabilization could not be achieved during implant placement, the standard of care was applied: Either placement of a larger (wider, longer, or both) implant in order to achieve stability or abort implant placement at that time, grafting the area (Geistlich Bio-Oss<sup>®</sup>, Geistlich Pharma AG), and allow further healing for an additional period of time (at least 3 months).

#### **Radiographic evaluation**

Standardized digital panoramic X-rays (Kodak ACR-2000, Eastman Kodak Company, Rochester, NY, USA) were obtained at the time of implant placement and 24 months after functional loading in all cases.

A masked examiner (M. P.-M.) measured the distance from the alveolar crest to the most apical part of the graft, using specialized software (Dent-A-View V I.O, DigiDent, DIT, Nesher, Israel).

#### Histological and histomorphometrical analyses

Immediately after harvesting, bone core biopsies were fixed in 10% buffered formalin for 24 h. Then, samples were decalcified (Decalcifier I<sup>®</sup>, Surgipath Europe Ltd, Peterborough, UK) containing formaldehyde (10% w/v), formic acid (8% w/ v), and methanol (1% w/v) for >20 days, and embedded in paraffin. Bone biopsies were dewaxed, hydrated, and sectioned ( $\sim 4 \,\mu m$ ) along the central axis of the core. Sections were processed for hematoxylin-eosin (H-E), teriodic acid Schiff, Masson trichrome, and Goldner trichrome staining. A millimeter scale in the evepiece of a microscope (BH2, Olympus Optical Company Ltd, Tokyo, Japan) with a  $\times$  40 objective was used to count osteoblasts, osteoclasts, and osteocytes per mm2. The results were expressed as the mean number of positive cells per mm<sup>2</sup>. Bone histomorphometric analyses were performed semi-automatically using Masson trichromestained sections. Ten randomized images per sample were captured with a microscope equipped with a  $\times$  10 objective and a digital camera (DP70, Olympus Optical Company Ltd), connected to a computer containing specialized software to perform histomorphometric analysis (ImageJ, NIH, Bethesda, MD, USA, http://rsb.info. nih.gov/ij/). Vital bone, remaining ABB particle, and non-mineralized tissue proportions were quantified separately. The results were expressed as percentages. Bone formation was assessed as a function of the number of osteoid lines in the total core biopsies length.

#### Immunohistochemical analysis

Decalcified and paraffin-embedded sections were dewaxed, hydrated, and heat treated in 1 mM EDTA buffer for antigenic unmasking in a PT module (Thermo Fisher Scientific, Fremont, CA, USA) at 95°C during 20 min. Sections were n Table 1. Study population characteristics

Variables	Group 1 50% [AB]: 50% [ABB]	Group 2 20% [AB]: 80% [ABB]	P-values χ <sup>2</sup> Inter-groups	P-values χ <sup>2</sup> intra-groups
Age	49.1	43.3	P = 0.155*	-
Gender (male/female)	9/5	9/5	0.769	0.144
Smoker (yes/no)	12/2	8/6	0.376	0.22
Alcohol consumer (yes/no)	1/13	1/13	0.671	0.001
Totally edentulous (yes/no)	3/11	4/10	0.922	0.022
*Mann–Whitney U-test.				

AB, autologous bone; ABB, anorganic bovine bone particles.



*Fig. 1.* Comparative trephine biopsies from maxillary sinus augmentation of group 1 (a), and group 2 (b). ABB, anorganic bovine bone particles; TB, trabecular bone. Scale bar 400  $\mu$ m (Masson trichrome).

Histological and histomorphometrical analyses All biopsy samples presented similar dimensions, ranging from 13 to 15 mm of length (Fig. 1). Histomorphometric analysis of group I samples revealed that the mean proportion of vital bone was  $36 \pm 9.44\%$ , average proportion of nonmineralized tissue was  $44.8 \pm 13.51\%$ , and 19.36  $\pm$  14.58% was the mean value for remaining ABB particles. Mean numbers of osteoblasts and osteoclasts found per mm<sup>2</sup> were 160.11 ± 220.89 and 106.38 ± 173.11, respectively. Interestingly, mean osteocyte count per mm<sup>2</sup> was  $631.85 \pm 607.98$ . On the other hand, analysis of samples obtained from group 2 revealed that the mean proportion of vital bone was 37.38  $\pm$ 17.46%, the mean percentage of non-mineralized tissue content was 31.92 ± 16.05%, and aver-

age proportion of remaining ABB particles was 30.75 + 18.51%. Mean numbers of osteoblasts and osteoclasts found per mm² were 75.27  $\pm$ 58.89 and 50.41  $\pm$  33.87, respectively. Mean value after osteocyte count was 219.08  $\pm$ 103.26. No significant differences between groups were observed in relation to vital bone, and non-mineralized tissue (Table 2). While tissue compartments values did not show statistically significant differences between both graft mixtures, osteoid lines were significantly more abundant in the composite with higher quantity of vital bone  $(18.05 \pm 10.06$  in group 1 vs. 9.01  $\pm$  7.53 in group 2; P = 0.023, Mann–Whitney U-test) (Fig. 2). Similarly, group 1 samples exhibited more cellular presence in all analyzed parameters as compared with group 2 specimens

incubated for 60 min at room temperature with prediluted Osteopontin (OPN), and BMP-4 polyclonal antibodies to identify cellular and interstitial expression, and prediluted monoclonal antibodies CD56 [Clone 56C04/123A8] to identify osteoblastic cells, tartrate-resistant acid phosphatase (TRAP-1) [Clone 26E5] to identify osteoclast cells and CD68 [Clone KP1] to identify monocytes/macrophages cells, and vimentin [Clone V9] to identify mesenchymal cells (positive control). All antibodies were purchased from the same company (Master Diagnóstica, Granada, Spain). Immunohistochemical analysis was performed utilizing an automatic immunostainer (Autostainer 480, Thermo Fisher Scientific) using the polymer-peroxidase-based method, followed by development with diaminobenzidine (Master Diagnóstica). A millimeter scale in the eyepiece of a microscope (BH2, Olympus Optical Company Ltd) with a  $\times$  40 objective was used to count positive cells per mm<sup>2</sup>. Histological, histomorphometrical, and immunohistochemical analyses were conducted by an experienced, masked examiner (F.O.).

#### Statistical analysis

Following the descriptive analysis, the  $\chi^2$  test (for gender, smokers, alcohol consumption, and type of edentulism), and the Mann–Whitney *U*-test (for determining significant differences between treatment groups) were applied; a *P*-value <0.05 was considered to be statistically significant. Statistical analyses were performed using statistical analysis software (SPSS-Windows 15.0, SPSS Inc., Chicago, IL, USA).

## Results

#### **Study population**

A total of 28 subjects (18 males and 10 females), with a mean age of  $47.3 \pm 9.8$  (ranging from 30 to 72 years), participated in the study. In our series, 28.57% of the study population was totally edentulous, 71.42% of the patients were smokers and 7.14% were alcohol consumers.

Patients were randomly assigned to the two groups (n = 14 each), in order to account for these demographical features. Hence, no statistically significant difference among groups existed at baseline, as reflected in Table 1. No major complication was recorded in any case. All patients completed the study.

#### **Radiographic findings**

Analysis of the differences between measurements demonstrated statistically significant increased bone resorption in patients from group 2 (0.27  $\pm$  0.12 mm in group 1 vs. 0.43  $\pm$  0.7 mm in group 2; P = 0.033 Mann–Whitney *U*-test).

(Table 2). Nonetheless differences were statistically significant only regarding the number of osteocytes per mm<sup>2</sup> (P = 0.002, Mann–Whitney *U*-test).

### Immunohistochemical analysis

Interestingly, no statistically significant difference between groups with regard to the expression of any of the immunohistochemical markers tested in this study (CD56, TRAP-1, CD68, and BMP-4) was observed. Regarding TRAP-1 expression, we found the presence of a higher number of osteoclasts per mm<sup>2</sup> (TRAP-1 positive) in group 2 samples  $(86.58 \pm 61.81 \text{ vs. } 109.96 \pm 62.38, P = 0.25).$ Furthermore, a higher number of osteoclasts per ABB particles as identified in samples from group 2  $(1.52 \pm 1.5 \text{ vs. } 2.59 \pm 1.5, P = 0.06)$  predominantly surrounding ABB particles (Fig. 3). CD68 expression in osteoclasts cells was similar in both groups (Fig. 4). BMP-4 was expressed in some osteocytes of vital bone (cortical and trabecular), osteoclasts, and osteoblasts for both groups, but not in all cases (Fig. 5). OPN was expressed in vital bone (cortical and trabecular) and in the cement lines between remaining ABB particles and vital bone, particularly in samples from group 1, and significant differences were observed among groups  $(0.68 \pm 0.25 \text{ in group 1 vs. } 0.1 \pm 0.31, \text{ in group 2};$ P = 0.013, Mann–Whitney U-test). A clear OPN expression was observed in osteocytes present in vital bone in group 1 specimens (Fig. 6). On the other hand, a robust expression of OPN- and TRAP-1-positive cells was observed in the surface of ABB particles in specimens from group 2 (Figs 3 and 6).

## Discussion

One of the critical aspects of any bone grafting procedure is the selection of the biomaterial, considering the goal of the intervention, individual patient features, anatomic location, defect morphology, and the properties of the material itself. ABB has been regarded as an excellent biomaterial for sinus augmentation given its osteoconductive properties (Hallman et al. 2002a), structural stability (Schlegel et al. 2003), and long-term positive clinical response (Mayfield et al. 2001). However, this biomaterial does not have the capacity to interact with titanium to promote osseointegration (Valentini et al. 1998; Rosenlicht & Tarnow 1999). Theoretically, this could imply that grafts containing elevated proportions of ABB may not be adequate to achieve an optimal bone-to-implant contact (Haas et al. 1998). Smiler et al. (1992) reported that bone formation was faster using a composite graft of ABB granules and AB than with the application of ABB as a sole grafting material. In a different study,

#### Table 2. Comparison of morphometrical variables between groups

Morphometric variables	Group 1 50% [AB]: 50% [ABB]	Group 2 20% [AB]: 80% [ABB]	P-values*
Vital bone (%)	36 ± 9.44	37.38 ± 17.46	0.114
ABB particles (%)	19.36 ± 14.58	30.75 ± 18.51	0.013
Non-mineralized tissue (%)	44.8 ± 13.51	31.92 ± 16.05	0.324
Osteoblast cells (mm <sup>2</sup> )	160.11 ± 220.89	75.27 ± 58.89	0.531
Osteoclast cells (mm <sup>2</sup> )	106.38 ± 173.11	50.41 ± 33.87	0.327
Osteocytes (mm <sup>2</sup> )	631.85 ± 607.98	219.08 ± 103.26	0.002
Osteoid lines	18.05 $\pm$ 10.06	9.01 ± 7.53	0.023

Values are expressed as mean  $\pm$  standard deviation.

\*Mann–Whitney U-test.

AB, autologous bone; ABB, anorganic bovine bone particles.



*Fig.* 2. Morphological features of composite maxillary sinus graft after 6 months. Note the numerous osteoid lines (arrows) in group 1 (50% [AB]: 50% [ABB] ratio) (a) in comparison with group 2 (20% [AB]: 80% [ABB] ratio) (b). ABB, anorganic bovine bone particles; TB, trabecular bone; n-MT, non-mineralized tissue (Masson trichrome  $\times$  40).



*Fig.* 3. Identification of osteoclasts cells (arrows) locates principally around ABB particles by means of immunohistochemical tartrate-resistant acid phosphatase (TRAP-1) expression. In group 1 (a), there are less than group 2 (b) osteoclasts cells per ABB particle and per millimeter square. Note TRAP-1 deposit in resorption edge of ABB particles(asterisk). ABB, anorganic bovine bone particles, TB, trabecular bone; n-MT, non-mineralized tissue (polymer-peroxidase-based method  $\times$  100).



*Fig.* 4. CD68 expression in osteoclasts cells (arrows). (a) Group 1 [50 : 50 AB to ABB ratio] (\*osteoblast cells) (polymer-peroxidase-based method  $\times$  200). (b) Group 2 [20 : 80 AB to ABB ratio] (polymer-peroxidase-based method  $\times$  100). ABB, anorganic bovine bone particles; TB, trabecular bone; n-MT, non-mineralized tissue.



Fig. 5. BMP-4 expression. (a) Positives osteoblasts (arrows), and osteoclasts (asterisk). (b) Positives osteocytes (arrows) in cortical bone (polymer-peroxidase-based method  $\times$  200).

Tadjoedin et al. (2003) compared different AB to ABB ratios in a human model and indicated that the final amount of vital bone formed during the healing period correlated inversely with the proportion of ABB particles present in the graft. However, a limitation of these studies was the low number of patients included. Thorwarth and colleagues evaluated graft maturation using either ABB alone or a composite of ABB and AB (75% to 25%, respectively) in an animal model. The addition of autogenous bone to ABB resulted in higher initial proportion of vital bone. It was concluded that 25% AB was an adequate proportion to induce increased bone formation(Thorwarth et al. 2006). Interestingly, Hallman et al. (2002b) showed in a human study that among using AB, ABB, and a combination of them, the best results in terms of bone-to-implant contact and vital bone area were achieved when both biomaterials were combined in a 20% [AB]: 80% [ABB] ratio.

The present study was conducted to determine if the use of two different AB to ABB ratios (50:50 or 20:80) may affect graft consolidation and bone remodeling after sinus augmentation. Bone core biopsies were harvested after a healing period of 6 months, at the time of implant placement, in order to investigate the characteristics of these tissues. Analysis of the proportion of newly formed vital bone in human histological samples has been traditionally accepted as a valid method to evaluate sinus augmentation outcomes (Wallace et al. 1996). Other morphometrical and immunohistochemical parameters (i.e. osseous cells count, OPN and TRAP-1 expression) have also proven to be useful in assessing the bone remodeling response after the process of graft maturation (Galindo-Moreno et al. 2010a). Hence, vital bone, non-mineralized tissue, and remaining ABB particles proportion, as well as the number of osteoblasts, osteoclasts, osteocytes, osteoid lines, and the expression of several molecular markers were determined in our samples.

After histomorphometric analysis, similar mean vital bone proportion was observed for both groups. However, vital bone percentage was very slightly higher in samples containing a higher ABB proportion  $(36 \pm 9.44\% \text{ vs. } 37.38 \pm 17.46\%)$ . Our findings are in accordance with the data reported by Hallman et al. (2002b)  $(37.7 \pm 31.3\%)$  [100%]AB];  $39.9 \pm 8\%$  [20% AB:80% ABB];  $41.7 \pm$ 26.6% [100% ABB]). This finding may be explained because ABB appear to act as a guidance to osteogenic cells from pre-existing bone surfaces of the sinus floor along the surface of the grafted ABB particles (Tadjoedin et al. 2003). Nevertheless, cell populations were found to be quite different in both graft mixtures. Osteoid lines were more abundant in the composite graft with higher quantity of AB. Likewise, more cellularity was observed in samples obtained from group 1 in comparison with specimens from group 2. This included all the cellular components analyzed (osteoblasts, osteoclasts, and osteocytes), although the difference was statistically significant only for the number of osteocytes. Our results suggest that bone metabolism may be more intense in grafts containing higher baseline vital bone proportions, as indicated by Smiler et al. (1992). This tissue response can be attributed to the presence of AB, which may act as a local source of cells and bone matrix proteins with osteoinductive properties (Thorwarth et al. 2006).

A remarkable finding in our study was the distribution of OPN. OPN is involved in a variety of biologic events, including cell-binding activity (Milam et al. 1991) and bone angiogenesis (Matusan-Ilijas et al. 2008). OPN is secreted not only by cells of the osteoblastic lineage (Zohar et al. 1997) but also by osteocytes (McKee & Nanci 1995; Sodek et al. 1995). In our samples, OPN was expressed markedly in osteocytes present in vital bone in specimens containing more AB (group 1). It is important to remember that a statistically significant difference in the number of osteocytes was observed between



*Fig.* 6. Osteopontin (OPN) expression. (a) OPN deposits surrounding ABB particles in group 1 (dark lines) (polymerperoxidase-based method  $\times$  40). (b) OPN expression in osteocytes of trabecular bone (arrows) principally in group 1 (polymerperoxidase-based method  $\times$  400). ABB, anorganic bovine bone particles; TB, trabecular bone; n-MT, non-mineralized tissue.

groups in favor of group I (P = 0.002, Mann–Whitney *U*-test). Likewise, the mean number of osteoid lines was twice as much in the group with higher quantity of vital bone. Taking in consideration this information and the critical role that osteocytes play in orchestrating bone metabolism (Bonewald 2006), this distinctive pattern of OPN expression may indicate that osteocyte-derived OPN may be utilized in the cement line for osteoblast adhesion or to guide early calcification events at this junction (Ganss et al. 1999).

Interestingly, a marked expression of OPN on ABB particles was observed in samples from group 2. This distribution of OPN throughout the anorganic bone matrix may influence osteoclast activity during resorption and maturation of woven bone (Sodek et al. 2000). There is strong evidence supporting the role of OPN in the formation (Yamate et al. 1997), migration (Noda et al. 1998), attachment (Katayama et al. 1998), and regulation of the resorptive activity of osteoclasts (Duong & Rodan 1999). Understanding of the role of OPN as a regulator of bone remodeling is a very interesting topic because the mechanisms that govern the dual behavior of OPN remain unclear, as this protein can regulate bone resorptive or osteogenic processes.

TRAP-1 protein is a specific marker for osteoclastic cells activity. The presence of a higher number of osteoclasts TRAP-1 positive per mm<sup>2</sup> was observed in group 2 samples. Furthermore, more osteoclasts per ABB particles were identified in samples from group 2 and predominantly surrounding ABB particles (Fig. 3); however, these differences were not statistically significant. Regarding these findings, Tadjoedin et al. (2003) related the presence of many TRAP-positive multinucleated cells against the ABB granules, which may suggest that ABB granules were gradually degraded and resorbed by the activity of osteoclasts. Interestingly, in our study, TRAP-1positive cell distribution showed a similar pattern to OPN expression. Osteoclast migration and attachment is determined by phosphorylated OPN, and this biological event is regulated by the endogenous TRAP-1 (Ek-Rylander & Andersson 2009). This finding confirms that OPN not only plays a major role in osteoclast activation but also facilitates osteoclast migration as suggested previously (Razzouk et al. 2002).

Similar patterns of OPN and TRAP-1 expression intra-groups but different patterns intergroups, may indicate that the proportion of ABB directly influences the net resorption of this xenogenic material. Owing to its scaffolding properties and its low resorption index, ABB may contribute significantly to prevent volume loss in grafted areas. While some authors have indicated that ABB particles barely undergo resorption (Mordenfeld et al. 2010), our results from this and previous studies, as well as others reported by authors (Perrotti et al. 2009), contradict this concept. Results presented in this study show that the higher initial quantity of ABB particles, the more the OPN and TRAP-1 expression found in the remaining particles. However, in spite of comprising less cellularity, a greater number of osteoclasts expressing TRAP-1 over these particles  $(1.52 \pm 1.5 \text{ vs. } 2.59 \pm 1.5, P = 0.06)$  were observed in samples from group 2. Radiographic findings support this concept, given the increased average resorption observed in group 2.

# Conclusions

AB to ABB ratio was found to influence bone remodeling patterns and cell content following sinus augmentation procedures. A similar proportion of vital bone was found in specimens obtained from both groups. However, more cellular activity was observed in samples containing more AB.

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