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What Constitutes a Typical Cell Phone Call?

Paul Green, Jason George, and Renju Jacob



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	ety and usability can exar	nine test conditi	ons that closely approximate			
real use.						
			any of the calls were social			
and involved scheduling	meetings. About 1/5 of a	Il calls while driv	ving involved the use of			
pencil/pen/paper. Calls w	vhile driving were often lo	ng distance, we	re often dialed using a phone			
book, and averaged abo	ut 2-1/2 minutes in length	. However, abo	out 3/4 of all calls were a			
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driving in degraded weather, and half were in medium or heavy traffic. Many of these driving situations have not been examined in the literature.						
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What Constitutes a Typical Cell Phone Call?

Paul Green, Jason George,
and Renju Jacob
Technical Report UMTRI 2003-38

-> A3 Graphical Summary <-

University of Michigan Transportation Research Institute Ann Arbor, Michigan, USA

Issues 1

- 1. What constitutes a typical phone call?
- 2. How do cell phone calls made while driving differ from other cell phone calls?

2

Method

- 1. 21 people (mean age=28) completed a 35-multipart question survey about their use of cell phones
- 2. 15 of 21 completed logs of every call for a month, ~ 20 multipart questions/call

Results, Conclusions, and Recommendations 3

About 1/2 the subjects put
the phone on the seat, but
many other places were
cited.

Sample	Location of Phone while Driving (# Drivers)				
Size	Cradle	Pocket	Seat	Purse	Other
15	2	4	8	3	3
21	2	6	10	5	4

Rec.: Larger sample

Many drivers did something wrong when on the phone - 1 crash. Q: How do these incidents influence the use of phones while driving?

Sample		When On Your Cell Phone, Have You (# Drivers)					
Size	Tailgated	Cut off	Hit	Ran a	Missed an	Unknowingly	
	_	someone	another	red light	exit or turn	exceeded the	
			vehicle			speed limit	
15	3	4	1	3	9	9	
21	6	6	1	3	13	12	

Using a phone book to dial was common while driving but has not been studied. Rec.: Study phone book use.

Method of Dialing >	Manual	Phone Book	Speed	Voice	Total
Driving (#, row %)	210 (45%)	186 (40%)	59 (13%)	13 (3%)	468 (100%)

Not driving (#, row %)	151 (45%)	98 (29%)	75 (22%)	14 (4%)	338 (100%)
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Long distance calls predominated while driving. *Rec.: Dialing studies should examine mostly long distance calls.*

Call -> Destination	Long Distance	Local	Short # (911, *75)	Toll-Free	International	Total
Driving	304	99	3	4	0	410
Not driving	100	212	3	1	0	316

Almost every call was answered & most calls were answered using the handset. But voice, supposedly less distracting, was only answered 1/10 calls. *Q: Why?*

Calls Received By ->	Handset	Headset	Voice	Voicemail	Total
	(#, row %)				
Driving	77 (85%)	1 (1%)	9 (10%)	4 (4%)	91 (100%)
Not driving	198 (81%)	3 (1%)	33 (13%)	12 (5%)	246 (100%)

The phone was answered in about 2-1/2 rings, quite quick, especially for driving. *Q: Why is it so urgent?*

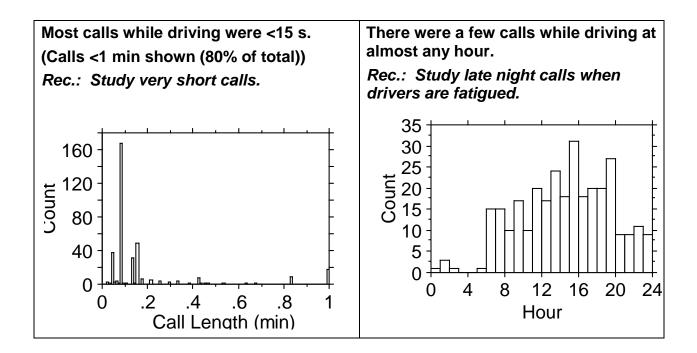
	# of Rings (#, row %)						
	0	1	2	3	4	5	6
Driving	0 (0%)	16 (18%)	29 (33%)	23 (26%)	12 (14%)	5 (6%)	3 (4%)
Not driving	1 (0%)	42 (18%)	118 (50%)	37 (16%)	18 (8%)	15 (6%)	5 (2%)

For some calls, driving distracted both the subject and the other party. *Rec.: Study them.*

Subj. Was	Other Party Was (#, row %)				
-	Driving Not Driving Unkno				
Driving	40 (7%)	410 (75%)	100 (18%)		
Not driving	50 (9%)	457 (85%)	31 (6%)		
Total	90 (8%)	867 (80%)	131 (12%)		

Calls while driving concerned more demanding topics. Why? *Rec.: Cell phone studies should explore a range of conversation demand.*

Conversation	Explanation	(#, co	olumn %)
Demand		Driving	Not Driving
1=Light	Chatty; "What's for dinner?"	204 (37%)	491 (75%)
2=Medium	Some decision making; "Hmm, you take Beth, I'll pick up Jon."	284 (52%)	162 (25%)
3=Demanding	mpg calculations; Divide 352 miles by 18 gallons of gas.	61 (11%)	5 (0%)
Total		549 (100%)	658 (100%)



Most calls required some attention because of imperfect channel quality. *Rec.: Degrade the channel in studies.*

	Listening Effort Required (n, column %)							
	1. None	2. No	3.	4.	5. No	Total		
		appreciable	Moderate	Consider-	meaning			
				able				
Driving	221	250	66	24	0	561		
_	(39%)	(45%)	(12%)	(4%)	(0%)	(100%)		
Not driving	435	98	38	8	0	579		
_	(75%)	(17%)	(7%)	(1%)	(0%)	(100%)		

About 3/4 of all calls while driving <= 1 min. Calls while driving were > not driving (but the mean was \sim 3 min).

Rec.: Study short calls.

	Call Duration (min); note: D=Driving, ND = Not Driving											
	<=1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8-9	9-10	>10	Total
D	363	27	17	11	23	8	2	2	1	14	27	495
	73%	(6%)	(3%)	(2%)	(5%)	(2%)	(0%)	(0%)	(0%)	(3%)	(6%)	100%
Ν	514	34	14	10	1	2	0	1	0	2	25	603
D	85%	(6%)	(2%)	(2%)	(0%)	(0%)	(0%)	(0%)	(0%)	(0%)	(4%)	100%

Subjects were relatively more likely to dial calls on expressways, but there were some calls on residential & urban roads.

Call Type	Where Calls Occurred (#, row %)						
	Xway	Residential	Urban	Rural	Other	Total	
Outgoing	273	83	92	16	4	468	
	(58%)	(18%)	(20%)	(3%)	(0%)	(100%)	
Incoming	21	36	15	19	0	91	
	(23%)	(40%)	(17%)	(21%)	(0%)	(100%)	
Total	294	119	107	35	0	559	
	(53%)	(21%)	(19%)	(6%)	(0%)	(100%)	

Rec.: Those conditions have not been studied & should be.

About 1/3 to 1/2 of all calls are in moderate or heavy traffic. *Rec.: Those conditions have not been studied & should be.*

Call Type	Traffic while Driving (#, row %)					
	None (No	Light (No Impact	Moderate	Heavy	Total	
	Traffic)	on Speed)	(Slowed by	(Stop &		
			Traffic)	Go)		
Outgoing	26	183	164	68	441	
	(6%)	(42%)	(37%)	(15%)	(100%)	
Incoming	16	36	20	7	79	
_	(20%)	(46%)	(25%)	(9%)	(100%)	
Total	42	219	184	75	520	
	(8%)	(40%)	(35%)	(14%)	(100%)	

About 1/5 of calls occurred in bad weather, common for Michigan in the winter. *Rec.: Those conditions have not been studied & should be.*

Call Type	Weather while Driving (#, row %)					
	Clear	Rainy	Snowy	Windy	Total	
Outgoing	368 (80%)	18 (4%)	74 (16%)	2 (0%)	462 (100%)	
Incoming	69 (77%)	9 (10%)	10 (11%)	2 (2%)	90 (100%)	
Total	437 (79%)	27 (5%)	84 (15%)	4 (1%)	552 (100%)	

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INTRODUCTION

Over the last two decades, cellular phones have gone from being an unusual and expensive novelty to a common, inexpensive appliance. Some experts have even suggested that in the future landline phones will disappear and people will use only cell phones. The huge advantage of cell phones is the unlimited access to be called and to call others, at home, at the office, at a restaurant, and more commonly, while driving to and from those locations.

In a survey of 1,006 people in North Carolina, 550 (55%) reported having used a cell phone while driving (Stutts, Huang, and Hunter, 2002). Reported rates were about 68% in the 18-24 age bracket, 69% for ages 25-39, 62% for ages 40-54, 51% for ages 55-69, and 24% for ages 70 and above. Further, of those responding, 28% indicated they used a hands-free device when talking on the phone while driving.

Table 1 provides additional information on the total time the cell phone is used while driving (per day), the percentage of calls that are work-related, the typical number for incoming and outgoing calls (answered) per day, and how often respondents reportedly pulled off the road to use the phone. Calls were reported to most commonly last 1-4 minutes and were not work-related. For more than half the calls, the respondent rarely or never pulled off the road to use the phone. Finally, respondents received 1-2 incoming calls a day while driving and a made similar number of outgoing calls.

Stutts et al. (2002) also provide a summary of cell phone-related crashes including the road class being driven (most commonly local streets), the driver age, the type of maneuver (going straight was most common), and other items.

Characteristic	Ν	Column %
Total time using the cell pho		
<1 minute	92	18
1-4 minutes	148	30
5-9 minutes	100	20
10-19	79	16
20-29	28	6
30-59	19	4
60-119	16	3
>=120	18	4
% of Calls that	t are work-relate	d
0	260	53
1-24%	46	9
35-49	17	4
50-75	67	14
75-99	67	14
100	31	6
Unknown/missing	12	
Typical # of outgoing	calls made while	e driving
None or almost none	122	25
<1/day	113	23
1-2 calls/day	147	30
3-5 calls/day	76	15
6-10 calls/day	22	4
>10 calls/day	18	4
Unknown/missing	2	
	ming calls answe	
None or almost none	174	35
<1/day	81	16
1-2 calls/day	134	27
3-5 calls/day	69	14
6-10 calls/day	24	5
>10 calls/day	16	3
Unknown/missing	2	
How often do you pull off t		•
Never	172	35
Rarely	95	20
Sometimes	116	24
Usually	57	12
Always	54	11
Unknown/missing	6	

 Table 1. Cell Phone Use Characteristics (Stutts et al., 2002, n=500 cell phone users)

Several studies provide statistics on the frequency of phone use while driving. Reinfurt, Huang, Feaganes, and Hunter (2001) had pairs of observers at 85 sites in North Carolina count the number of passenger vehicles in each direction and the number of drivers who were talking on, dialing, or manipulating a cell phone. Usage rates were just under 3% in the morning, about 3% mid-day, and 3.5% in late afternoon. The study also provides interesting data on crash types.

As part of a study of seat belt use, observers looked at cell phone use at 2,063 sites scattered across the U.S. Table 2 displays some of the results. Notice that rates were about 3% (in agreement with Huang, Feaganes, and Hunter, 2001), being slightly higher for SUVs and vans, and lower for pickups. Rates were slightly higher in rural areas.

Vehicle Type	Overall	Urban	Suburban	Rural
All passenger vehicles	3.0	2.4	3.4	3.0
Passenger car	2.6	2.5	3.0	1.9
Vans and SUVs	4.8	2.8	5.6	7.1
Pickups	1.9	1.9	1.0	3.2

Table 2. Observed Cell Phone Use Rates from Utter (2001)

In contrast to landline phones, the unlimited access of cell phones can increase productivity and can therefore have economic benefits. However, there are several costs associated with cell phone use under some circumstances. One is the public risk of a crash, and the associated injuries and fatalities, when a cell phone is used in a moving vehicle. For example, one estimate is that 219 people were killed in cell phone-related crashes in the U.S. in 2001 (Green, 2001). Some suggest that the economic benefits of phone use while driving are roughly equivalent to the cost of deaths and injuries (Lissy, Cohen, Park, and Graham, 2000). Important aspects of these economic analyses are estimates of crash risk, of which there are very few (Redelmeier and Tibshirani (1997a, b, 2001)), and exposure (Reinfurt, Huang, Feaganes, and Hunter, 2001; U.S. Department of Transportation, 2001; Young, 2001; Stutts, Reinfurt, Staplin, and Rodgman, 2002; and Stutts, Feaganes, Rodgman, Hamlett, Meadows, Reinfurt, Gish, Mercadante, and Staplin, 2003).

In addition to data from cost-benefit and crash statistics analyses, data from human factors studies of cell phone use provide important insights into how cell phones are used while driving and the potential consequences. There is considerable research on this topic (see Goodman, Bents, Tijerina, Wierwille, Lerner, and Benel, 1997 and Green and Shah, 2003 for a recent reviews) and it continues to be a focus of considerable attention (de Waard, Brookhuis, and Hernandez-Gress, 2001; Uchida, Asano, and Hashimoto, 2002; and Strayer, Drews, and Johnston, 2003).

In drawing conclusions about the safety implications of cell phone use, the experimental cell phone tasks examined should represent actual cell phone use, or at least capture the essence of those aspects that are likely to interfere with driving. All too often authors assert that a task has both verbal and cognitive elements, and that is sufficient

to represent a cell phone call. To point to research conducted by this research team, Green, Hoekstra, and Williams (1993) conducted an on-the-road experiment concerning cell phone safety. One of the 3 verbal tasks intended to represent the distraction of conversation involved listing all of the items that subjects could think of in a category for a period of time (30 seconds). For example, if given "tree names," they would say maple, oak, etc. Does this task resemble what people do when talking on a cell phone while driving?

In another example, McKnight and McKnight (1993) had subjects solve math problems (presented auditorily) while driving (2 + 3 + 4 + 1/2 + 3 + 4 = ?). Is this task representative of what people typically do while driving? Does it represent a reasonable worst case task?

The unstated assumption is that any verbal-cognitive task, especially one that involves holding a communication device, resembles a cell phone call. There is no data to support this hypothesis. More generally, there is no data in the literature, at least data that safety and human factors studies have used, to provide a basis for determining what constitutes a typical cell phone call.

In the summer of 2001, Motorola held a meeting before the Driver Assessment conference in Aspen, Colorado to determine research needs on cell phone use while driving (Anonymous, 2001). One of the recommendations from that meeting was for research on "cell phone user characteristics & use patterns while driving." That recommendation, along with the concerns just noted, led to this research under the auspices of the UMTRI Driver Interface Affiliation Program. (See also Green, 2002.)

In refining the research program, the authors considered information in the meeting report and the nature of the communication process. To characterize a call, one must consider the users on both ends of the call (including the possibilities that one of the parties is a machine), other tasks performed while calling, the communication devices used (especially hand-held vs hands-free), the quality of the communications link, the calling task, and the content of the message (both informational and emotional). Figure 1 illustrates the elements of a phone call. Each of the elements of a call may differ from the conditions and materials used in prior research. Some of those differences may influence the outcome of the research and have implications for cell phone safety and usability. The authors are not suggesting that all prior research is useless, but rather that the results would be much better if the experimental tasks more closely approximated real cell phone use. (Note that is a flaw not only of the research of others, but also of prior research conducted by the first author.) To achieve these improved results, what constitutes a typical cell phone call needs to be determined.

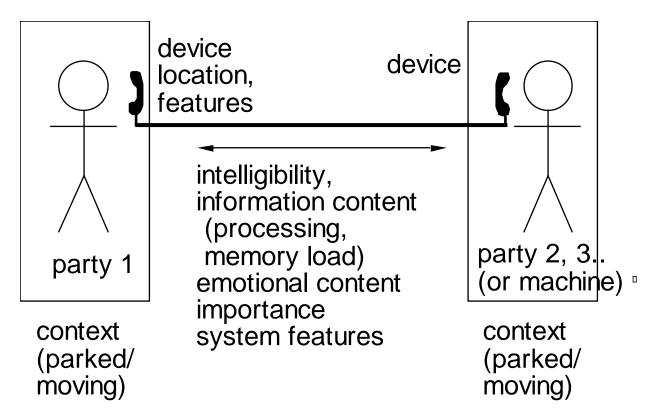


Figure 1. The Call Elements

With the goal of identifying typical and reasonable worst case tasks for future studies of cell phone safety and usability, the following 2 high level questions were addressed:

- 1. What constitutes a typical phone call?
- 2. How do cell phone calls made while driving differ from other calls?

These questions were further refined to the following:

1. What is the distribution of durations of cell phone calls made in moving vehicles, parked vehicles, and in other situations? What are the means and standard deviations? How do they vary with time of day and day of the week? What fraction of all cell phone calls occur while driving? What are the fractions of local and long distance calls, and incoming vs. outgoing calls?

Limited data on call durations were collected in this study. Additional information is anticipated in future research.

- 2. Who is making cell phone calls (age, sex of users) and whom are they calling? How often is the call to voice mail or an answering machine?
- 3. What kinds of cell phones are people using? How are calls dialed (enter all digits vs. speed dial vs. other methods) and answered? How often hands-free devices are used is of special interest.

- 4. What is the quality of service of the communication line in terms of intelligibility of speech on the link and fraction of calls dropped?
- 5. What are people discussing? What is the informational and emotional content of phone communications?
- 6. For calls made while driving, what are typical driving conditions? What types roads are being driven (road class, speed, etc.)? What are the weather conditions? How often are visibility and the road surface degraded by the weather? How much traffic is present?

SURVEY PLAN

How the Survey Was Completed

The participants for the study were recruited using an advertisement in the Ann Arbor News, the local paper, and in a few cases, from personal contacts. Those calling in response to the ad were screened over the phone following the instructions in Appendix A. Only subjects who made at least 10 cell phone calls per week, some of which occurred while driving, were recruited. The goal was to get usable data on a total of 1,000 phone calls from 20 people who used their cell phone while driving.

The data was collected from November of 2002 through February of 2003, with subjects starting at various times in that period as they became available. Ideally, subjects would have been recruited to be representative of the U.S. adult population on many demographic dimensions. However, the task of tracking every cell phone call for a month was expected to be onerous, and, given the funding resources available, there were constraints on the scope of the sample. Furthermore, because weather is a factor, the ideal situation would be to cover all months of the year.

The idea of enlarging the sample was explored with an automotive OEM and the sponsor. However, despite internal prodding, no one from those 2 organizations contacted by their liaisons with this project was willing to serve as a subject.

Subjects who met the screening criteria came to UMTRI for an interview. (Appendix B provides interview details.) They began by completing a consent form (Appendix C), followed by a form for biographical data and general calling behavior (Appendix D). Also, they were provided with forms on which to log each call (Appendix E). These materials are described in greater detail in the next section.

Subjects were asked to mail in the call logs once per week using provided selfaddressed stamped envelopes, and at the end of the month, mail in a copy of their phone bill (with the last 4 digits of each number blanked out for privacy) to provide data on call timing and duration. This process is sometimes referred to as "bill harvesting."

Survey Forms

The biographical and calling behavior (or initial interview) form listed 35 multipart questions. The biographical section provided limited data on the driver (age, sex, income range); on the vehicle they drove most often (year, make and model, annual mileage, recent crashes, response to driving situations (to identify risky behavior), etc.); on their current cell phone use (who pays for it, how long they have had it, who they commonly call); on their cell phone features (speed dial, voice dialing, etc.); and on whether they had ever been involved in a cell-phone related crash.

The 2-page call log (or call diary) was the heart of the survey and a great deal of effort was expended to make the form simple to complete and fit on 2 sides of 1 sheet of

paper. Side1/page 1 contained most of the approximately 20 multipart questions about each call, such as if the call was outgoing or incoming (dialed or received, and how), if the call was a multiparty (conference) call, what kind of line the other party was using (cell, land, computer), the quality of the communication link, if the call was dropped, if other materials or devices were used during the call, the driving conditions (if appropriate), and data about the information and emotional content of the call.

Many of the questions were based on either wording or options from standard engineering evaluation protocols. For example, the question about call quality utilized the exact wording of the options given the International Telecommunications Union Recommendation P830 Listening Effort Scale (International Telecommunication Union, 1996) for call quality.

Information about driving conditions (in particular the wording of the options) was taken verbatim from the CDS (Crashworthiness Data System) code book, one of the best known crash databases currently used by the U.S. Department of Transportation (University of Michigan Transportation Research Institute, 2002). More specifically, the question about the crash scenario was CDS variable 371, barriers were v381, the number of travel lanes was v382, road surface was v386, light levels were v387, and weather was v386.

The question about emotional content was based on the Holmes-Rahe Social Readjustment Scale (Holmes and Rahe, 1967), a scale ranging from 11 (minor violations of the law) to 100 points (death of a spouse). To help subjects find relevant items from the roughly 40 listed, the scale was restructured (on page 2 of the call log in Appendix E) and items were grouped into 7 categories (family, money, social/recreational, spouse, work, personal, and health).

Creation of the survey materials attempted to balance collecting enough information to provide a solid basis for future research on cell phone calls with the time required to document each call. If that time was too long, there was concern that the quality of the data collected would suffer and that obtaining a sufficient number of responses would be difficult.

Survey Participants

A great deal of information was collected about the participants in this experiment, including the usual biographical data (age, sex), information about their driving behavior, information about their vehicles, and information about their phones. Only basic demographic information is reported in this section. Information about driving behavior, vehicles, and phones is reported in the results.

A total of 22 licensed drivers who used cell phones while driving responded to the newspaper advertisement (or in a few cases, were contacted personally), came to UMTRI, and all but 1 completed the initial survey regarding their use of cell phones. Of them, 15 submitted logs on calls they made for a month. Although this is a bit lower

than the goal of 20 subjects, the goal of at least 1,000 log sheets (1,168) was surpassed. The authors believe that these values are sufficient to provide useful data for designing future experiments, but short of the number needed to statistically characterize the U.S. adult population.

The authors have chosen to report data for both the 15 and 21 subject samples (some issues can be resolved based on the initial interview form) using the largest sample available, the 21 subjects. Other questions that are tied to the call logs are most appropriately addressed with data from the 15 subject sample. Although this approach can complicate comprehension because there is more data to discuss, the need for completeness is far more important.

For the 15 subjects (7 men and 8 women), their mean age was 29 (ranging from 20 to 51 years). In comparison, the other 7 subjects who did not complete the call logs (4 men and 3 women) ranged from 20 to 42 (mean 27), approximately the same age. Thus, this sample was younger than the population of drivers (http://www2.state.id.us/itd/highways/ohs/99data/99driver.pdf), though it is unknown how this sample compares with cell phone users overall or with cell phone usage while driving. However, there did not seem to be any major differences between the 15 subjects who completed the call logs and the 7 who did not.

Table 3 shows their incomes, with 9 of the 15 subjects (and 11 of the 21) having incomes of less the \$20,000. The incomes of both samples are much lower than the averages for U.S. households (\$49,219 for 2002,

http://advertising.washpost.com/the_market/top10/income.jsp) but it is unknown how these samples compare with cell phone users overall or those that use cell phones while driving. Also, the question did not specify if individual (assumed) or household income was desired. Many of the subjects were suspected to be single, so the 2 amounts should be the same. (Future studies should also record marital status.)

Subject	<\$20,000	\$21,000-	\$31,000-	\$41,000-	>\$70,000
Sample		\$30,000	\$40,000	\$50,000	
N=15	9	2	1	2	1
N=21	11	4	2	3	1

The 15 and 21 subject samples drove approximately 13,500 and 12,400 miles/year respectively (both with ranges of 300 to 30,000 miles), slightly above the roughly 13,000+ miles/year typical for the U.S.

(http://www.ott.doe.gov/facts/archives/fotw255.shtml). Of the 15 subjects, 14 drove cars, with the other subject driving a minivan. Of the 21 subjects, 17 drove cars, 2 drove trucks, and 2 drove SUVs/minivans. Many of the cars were compacts. All but 4 of the 15 vehicles (and 5 of the 21) had automatic transmissions. Thus, the sample was very car-oriented, more so than the population of U.S. drivers (where more than half of the vehicles sold are not cars). Vehicles ranged from 1 to 11 years old for the 15

subject group (mean=6.7) and 1 to 12 years for the 21 subject group (mean=6.4). For the U.S., the average is 8.5 years for passenger cars and 9.4 years for light trucks (http://www.michiganinbrief.org/edition06/text/appendix/append-J.htm), so the sample has slightly newer vehicles than is typical for the U.S.

RESULTS

What Kinds of Cell Phones Did Subjects Have?

Subjects reported they obtained their first cell phone anywhere from 0 to 11 years ago. The mean for the 15 subject sample was 3.6 years and 4.1 years for the 21 subject sample. Only 2 subjects had phones more than 6 years ago.

Of the 21 subjects, 5 reported having Nokia phones, 4 reported Motorola phones (versus 5 and 3 respectively for the 15 subjects), and in both cases a single individual represented several manufacturers. However, several subjects reported the name of the service provider (Verizon, AT&T), suggesting the reports concerning phones were not completely reliable. In the future, this information should be noted by the experimenter by looking at the phone and should not just be reported by subjects. Further, both the phone manufacturer and phone service provider should have been recorded, as well as the phone model number (to determine features available) and, as will become apparent later, the service plan (the number of anytime minutes per month and when unlimited service is available).

Subjects reported having their current cell phone for a mean of 13 months (range of 2 to 48 months) for the 21 subjects and 16 months for the 15 subjects (range of 2 to 36), so they were reasonably familiar with their phones. As shown in Table 4, the most common reason for getting a phone was for emergency use, a response selected by over 1/3 of those responding. Notice, however, there were many other reasons as well. The values in each column exceed the sample size because several subjects selected more than 1 reason.

	Subject	Sample
Reason	Total=15	Total=22
Required by employer	1	2
Keep in touch with family members	4	6
Received as gift	2	2
Optimize time-making calls while walking or driving	2	2
More economical than local phone service	4	5
Emergencies	6	8
Other	2	2

Table 4. Question 19. Why Did You Get Your First Cell Phone?

None of the phones had a Bluetooth capability. For 9 of the 15 subjects and 13 of the 21 subjects, their cell phone was their primary phone. Thirteen out of the 15 and 17 out of the 21 subjects paid their own cell phone bills (Table 5). One of the subjects reported that the bills were sometimes paid by him/herself and other times by his/her parents. If anything, paying for the phone tends to minimize use. Two of the 21 subjects had more than 1 cell phone. Thus, these subjects had considerable experience with their current phone and depended upon it.

Subject Sample Size	Employer	l do	Parent	Other (Wife)
15	1	13	1	0
21	2	17	2	1

According to the Initial Interview Form, Which Cell Phone Features Were Reportedly Used while Driving?

Table 6 examines phone usage and features reported by subjects (but not verified). Notable is the substantial number of subjects who reported they used speed dial and/or the phone book for dialing calls, 11 of the 15 and 17 of the 21 subjects, corresponding to 73 and 80% of the subjects respectively. (Note, this is not the percentage of calls dialed and it is unknown how many subjects had these features but did not use them. Future studies should more carefully examine phone feature content.)

Question	Speed Dial/ Phone Book	Hands- Free Kit	Voice- Activated	Calling Card	Computer	Other
24. Dialing	11; 17	3; 3	1; 1	0; 0	0; 0	7; 7

Table 6.	Phone	Features	Used ((n=15: 21	drivers)
1 4610 0.	1 110110	i outuroo	0000	(11-10, 21	ani (010)

32. Location	Cradle	Pocket	Seat	Purse	Other
while					
driving	2; 2	4; 6	8; 10	3; 5	3; 4

25.	Call Waiting	Caller ID	EMS	IM	Direct Connect	Other
Services	11; 16	13; 18	3; 3	3; 3	3; 4	2; 3

26.	Speaker Phone	Head Set	Ear Piece	Hand-Held
Conversation	2;3	3; 3	5; 5	13; 17

(See Appendix F for a description of these features.)

The "other" category was used by some subjects to indicate manual dialing. (The reason the percentages do not add up to 100% is that some of the percentages are from different subjects.) Subjects estimated they dialed about 8 calls/day (8.0 for the 15 subject sample, 8.1 for the 21), and received about 5-1/2 calls/day (5.5 for the 15 subject sample, 5.6 for the 21). Subjects reported they made (dialed and received) just over 20 calls/week when driving alone (22.4 and 21.0 respectively), a fairly large number. Thus according to these data, just over 20% of all cell phone calls occurred while driving for these samples. (Data based on actual usage appears later in this report and, in fact, the percentage based on the call logs was much higher.)

The 15 subjects reported they placed a mean of 57 cell phone calls per week (range of 14 to 210) and received a mean of 35 calls per week (range of 7 to 140). Of the calls placed and received, 27 calls were reported per person while driving (range of 3 to 150). For the 21 subjects, the mean for the number of calls placed per week was 59 and they received calls at an average of 38 per week, the range remaining the same. Of the calls placed and received, 33 calls were reported per person while driving (range of 3 to 161).

When calls were dialed, the initial location of the phone was typically on the seat (about half of the cases), in a pocket (about 1/4 of the cases), or in a purse (about 1/5 of the cases). Use of a cradle was uncommon.

Also note that enhanced message services (EMS) and instant messaging (IM) were used by a few, but not many, subjects. About 3/4 of the calls (for the overwhelming majority of the subjects) involved use of a hand-held phone.

Research on cell phone use while driving has concentrated on use of the phone alone. As shown in Table 7, for 953 of the 1,110 calls for which materials were coded (out of 1,168), no other materials were used. However, for 132 calls, pen/pencil/paper were used, including almost 103 of the 554 cell phone calls coded while driving – that is 18% of all calls. The use of other items (calculator, PDA, etc.) was quite rare, both while driving and not driving. The "other" category represents a truly mixed collection of items including computer (12 cases), and a phone address book, calendar, kitchen cookware, menu, and a shopping cart, all 1 case each.

Materials Used	Driving	Not Driving	Total
No materials used	451	502	953
Pen/pencil/paper	98	34	132
Other items	0	17	17
Calculator	4	0	4
PDA	1	3	4
Мар	0	0	0
Total Calls	554	556	1,110
(all 1,168 were not coded)			

Table 7. Materials Used During the Conversation (Question 7)

How Aggressive Were These Drivers?

As shown in Table 8, responses to the questions concerning driving behavior are consistent with a youthful sample, being slightly aggressive. Probably the most indicative response is to question 14 (Which lane do you drive in the most?). Notice that the number of subjects preferring the left lane was triple the right, but about equal to those choosing the middle lane. If this sample were typical of the driving public, those choosing each of the 3 lanes would be equal or possibly biased to the right and middle lanes. Also note that about 1/3 of the subjects would try to beat a red light

(question 9) and be somewhat aggressive in going after an open parking spot (question 17).

Table 8. Driving Behavior Questions, What Drivers Usually Do (n=15; 21 drivers)

Question	Option 1	Option 2	Option 3	Option 4
9. When approaching	Floor it	Keep going if	Keep going &	Stop
an intersection & the		you don't see	hope you make	
light turns yellow		any police	it before the	
		cars	light turns red	
	3; 4	1; 1	5; 7	6; 9
10. When someone cuts	Make an	Honk your	Slow down a	Pass them
you off on the highway	obscene	horn or flash	bit to put a	and then
	gesture	your high	safer distance	cut them
		beams	between the 2	off
		0.1	of you	
	1; 1	2; 4	10; 14	2; 2
11. Do you usually	Drive the	Drive a couple	Drive 5 - 10	Drive > 10
	speed limit	miles per hour	mi/hr over the	mi/hr over
	0.4	over the limit	limit	the limit
40 Mars and in the left	2; 4	8; 9	4; 7	1; 1
13. You are in the left	Slow down	Use your high-	Tail-gate them	Go into
lane & you come up behind someone who is		beams until	until they move	the middle
		they move out	out of your way	lane and
driving slower	4; 6	of your way 1: 1	1.0	pass them
14. Which lane of the	,		1; 2 left lane	9; 12
highway do you drive in	right lane 2; 3	middle lane(s) 8; 9	6; 10	
the most?	2, 3	(S2 reported	0, 10	
		right &		
		middle.)		
15. When you are stuck	Accept the	Switch lanes	Drive on the	Get off
in a traffic jam on the	fact that	frequently to	shoulder	hwy & find
highway & you are in a	you're going	the lane	enedider	another
hurry	to be late	moving the		route
		fastest		
	6; 8	5; 7	0; 0	4; 6
16. When behind	Look for an	Pass them	Stay a safe	Tailgate
someone on a 1-lane	opportunity	and cut them	distance	them
road who is driving	to pass	off for going	behind them &	
exactly at the speed	them	so slow	drive at the	
limit			speed limit	
	8; 11	1; 1	5; 8	1; 1
17. You circle a full lot	Speed up,	Let the other	Wait to see if	Try to get
for 5 min. & see a spot.	gesture at	person have it	the other	to the
Another car is coming in	the other		person takes it	parking
the opposite direction.	person if		or lets you	spot first
	they take it		have it	
	0; 1	3; 3	7; 8	5; 9

Did Cell Phone Use Lead to Crashes and Undesired Driving Behavior?

As noted in the introduction, cell phone use is believed to be a causal factor in crashes. As shown in Table 9, 6 of the 15 subjects and 8 of the 21 subjects reported being involved in 1 or more crashes in the past 5 years. Eight of the 15 subjects (and 11 of the 21) had 1 or more tickets for moving violations in the last 5 years. Just over half of the subjects in both samples had received a ticket in the last year. In Michigan, for drivers ages 18-24, the mean number of fatal and serious crashes/1000 drivers/year is 3.6 (http://www.umich.edu/~urecord/0203/Aug11_03/06.shtml).

Table 9. Questions Concerning Crashes and Offenses (n=15; 21 drivers)		
Question	Options	

8a. # of Police-reported crashes in last 5 years	0	1	2	3
	9; 13	4; 5	1; 2	1; 1
8b. # of Tickets for moving violations in last 5	0	1	2	3
years	7; 10	5; 6	0; 1	2; 2
Note: 1 each of the 15 and 21 subjects had 4				
tickets and 1 of the 21 subjects had 5.				
12. # of Tickets in past year	0	1-2	3-4	>5
	7; 10	7; 10	1; 1	0; 0

When asked, "Have you ever been involved in a crash or near crash in which your use of a mobile phone could have been a contributing factor?" (question 34), 2 subjects in the 15-subject sample responded yes. One described a crash in which while waiting at a red light, they thought the light turned green, so they bumped the vehicle in front of them. A second described almost hitting a pedestrian on a residential street.

Table 10 shows subjects recalled other non-crash consequences of driving and using the phone such as unknowingly exceeding the speed limit and missing turns (both about 60% of the subjects), cutting someone off (about 20%), running a red light (about 15%), and so forth.

Table 10. Question 33. When on Your Cell Phone, Have You...(n=15; 21 Subjects)

Tailgated	Cut off someone	Hit another vehicle	Ran a red light	Missed an exit or turn	Unknowingly exceeded the
			-		speed limit
3; 6	4; 6	1; 1	3; 3	9; 13	9; 12

In considering the previous results, keep in mind that these subjects tend to be a bit aggressive in their driving, but not substantially so, and if anything, there is a bias not to report incidents such as these.

According to the Call Logs, How Were Calls Initiated and Who Was Involved?

Overall, there were a total of 1,168 entries of which 1,153 were usable for some purpose. Included in the 1,153 were over 200 calls from 1 subject (#3) who grouped some of the calls together. Thus, some of the 2-way analyses were based on 897 calls.

Of the 1,153 calls, 806 (70%) were outgoing and 337 (29%) were incoming. The remaining few calls were not coded. Oddly, the data from the subject with aggregated data only included outgoing calls, and with those calls excluded, there were 556 (62%) outgoing (dialed) calls and 337 (38%) incoming (received) calls (and 4 missing data points). Since almost all calls involve 2 parties, the population average should be 50% dialed and 50% received.

Table 11 shows how calls were dialed, with manual dialing being most common. However, the percentage of use of various methods depends very much on if subject 3 is included or excluded. Without subject 3, 60% of the calls dialed use the manual method, 25% are speed dialed, and 13% use the phone book. When subject 3 is included, manually dialed calls are only 45% of the total and close to the number dialed using the phone book (40%), and the percentage of speed-dialed calls is cut in half. In both cases, the number of voice-dialed calls is a small percentage, but surprisingly, the percentage of calls voice dialed was slightly greater when not driving than driving, even though hands-free dialing is believed by some to be an advantage while driving. The infrequent use of voice dialing may be due to the absence of this feature on subjects' phones (something that was not checked), and the differences found may simply reflect statistical variation of the small sample.

	Without Subject 3			With Subject 3			
Method	Driving	Not	Total	Driving	Not	Total	
	_	Driving			Driving		
Manual	130 (60%)	151 (45%)	281 (51%)	210 (45%)	151 (45%)	361 (45%)	
Phone	29 (13%)	98 (29%)	127 (23%)	186 (40%)	98 (29%)	284 (35%)	
book							
Speed	54 (25%)	75 (22%)	129 (23%)	59 (13%)	75 (22%)	134 (17%)	
Voice	4 (2%)	15 (4%)	19 (2%)	13 (3%)	14 (4%)	27 (3%)	
Total	217	339	556	468	338	806	
	(100%)	(100%)	(100%)	(100%)	(100%)	(100%)	

Table 11. Number and Percentage of Calls Dialed (number of calls, column %)

Interestingly, in both cases, the driving and non-driving distributions differ in terms of the dialing method used (Chi-Square (3) = 21.9, p< .0001) without subject 3 and (Chi-Square (3) = 18.4, p< .001) with subject 3. If anything, this suggests the need for further examination of the dialing method. However, it also points out that methods other than manual entry are often used for dialing while driving, although the literature almost exclusively examines manual entry (Green and Shah, 2003).

Also of note for calls dialed is the rate category (Table 12). In this and subsequent tables, there are cases where round off errors may lead to a total of 99 or 101%. For example, both columns in Table 10 have a total of 101% when the percentages are added.

Rate Category	Without Subject 3	With Subject 3
Short sequence (911, *75)	4 (1%)	4 (1%)
Local	311 (60%)	311 (43%)
Long distance	206 (40%)	404 (56%)
International	0 (0.0%)	0 (0.0%)
Toll-free	1 (0%)	5 (1%)
Other	0 (0%)	0 (0.0%)
Total	522 (100%)	724 (100.0%)

Table 12. Call Rate Categories (number of calls, column %)

Without subject 3, almost 60% of the calls were local whereas with subject 3 included, the value is 43%. In both cases, the number of non-local, non-long distance calls (short sequence, international, toll-free) is practically zero. This suggests that further research on dialing behavior while driving should focus on a mixture of long distance and local calls (in the U.S., currently 7 or 11 digits, though local calls are beginning to require entry of the area code).

What is particularly notable is that long distance calls predominate when only calls dialed while driving are considered (Table 13). In both cases (with and without subject 3), the difference between the driving and non-driving conditions was statistically significant (Chi-Square (3) = 20.9, p < .0001 and Chi-Square (3) = 135.9, p < .0001). Without subject 3, local and long distance calls were dialed equally often while driving. With subject 3, long distance calls were 3 times more likely. If dialing is a risky thing to do, and long distance numbers are relatively more difficult to dial than local numbers, why are subjects more likely to dial long distance numbers than local numbers when they drive? One explanation is that it might be some sort of interaction of type of phone used in each context (when driving, only cell phones can be used) and the calling plans for each phone type. (With a cell phone, both long distance and local calls are charged from a pool of calling time. With landline phones, local calls are generally free, but long distance calls are charged by the minute.) That explanation is complicated by the fact that all of these calls were dialed by subjects using their own cell phones and that the land-line calls they made were not examined. Of course, all of this needs to be considered in the larger context of the social acceptance of driving and using the phone, how drivers treat their motor vehicle as a private space, how work and pleasure schedules are made using a phone, other motivations for cell phone use, and so forth.

Destination	Without Subject 3		With Subject 3	
	Driving	Not driving	Driving	Not driving
Short sequence (911, *75)	1	3	3	3
Local	99	212	99	212
Long distance	106	100	304	100
Toll-free	0	1	4	1
International	0	0	0	0
Other	0	0	0	0
Total	206	316	410	316

Table 13. Call Destinations	(Number of	Calls) Split by	Subject	Group and E	Driving
	\	/ / /	,		

Table 14 shows the received calls, split by the driving situation. (Note: Since subject 3 only provided data on calls dialed, the values with and without subject 3 are identical.) There was no significant difference in reception method between the driving and not driving situations (Chi-Square (3) = 0.841, p=0.84). Overall, about 82% of the calls were received on a handset, 13% by voice, 5% went to voice mail, and only 1% on a headset. The 1% makes sense because in order to receive a call on a headset one needs to prepare for it, and donning a headset can be awkward, especially while driving. Also, the 5% could be a recording error in that subjects may not have recorded calls they did not answer, but even with a substantial error, this percentage is very low. Interestingly, calls were much more likely to be received by voice than dialed by voice (13 vs. 3%). Keep in mind, however, this is for a small sample of subjects and available phone features were not examined carefully.

Method	Driving (%)	Not Driving (%)	Total (%)
Handset	77 (85%)	198 (81%)	275 (82%)
Headset	1 (1%)	3 (1%)	4 (1.%)
Voice	9 (10%)	33 (13%)	42 (13%)
Voicemail	4 (4%)	12 (5%)	16 (5%)
Total	91 (100%)	246 (100%)	337 (100%)

Table 14. How Calls Were Received (number, column %)

Of the incoming calls, 210 (64%) were local and 119 (36%) were long distance, an interesting contrast to the dialed calls, where long distance calls were slightly more common. It was uncommon (12/325 cases, 4%) that subjects were on another call when a call was received. (Note: The total number of calls differs slightly in these 2 cases because not all of the information was recorded by subjects for every call.)

Furthermore, only 2 of the 878 calls were conference calls, both of which involved 3 parties. Given the small number, they were not examined.

In terms of how quickly subjects answered the phone, Table 15 provides data on the number of rings. Although the call log form only provided for values from 1-6 rings, a subject reported a call was answered in 0 rings. Some 50% of the calls while driving

were answered in 2 rings or less. Overall, subjects reported waiting an average of 2.7 rings while driving and 2.4 while not driving, a small difference that was not statistically significant (Chi-Square (6) = 11.25, p=. 08). These values are similar to those reported by Nowakowski, Friedman, and Green (2002). This lack of a difference may suggest that the task of driving has a very minor impact on the priority subjects give to answering the phone.

# of Rings	Driving (%)	Not Driving (%)	Total (%)
0	0 (0%)	1 (0%)	1 (0%)
1	16 (16%)	42 (18%)	58 (17%)
2	29 (34%)	118 (50%)	147 (46%)
3	23 (27%)	37 (16%)	60 (19%)
4	12 (14%)	18 (8%)	30 (9%)
5	5 (6%)	15 (6%)	20 (6%)
6	3 (4%)	5 (2%)	8 (3%)
Total	88 (100%)	236 (100%)	324(100%)

Table 15. Number of Rings Before Answering (number, column %)

When considering the impact of driving, one needs to consider both the caller and the receiver. Although not a predominating value, in 7% of all calls both parties were driving (13% without subject 3, Table 16). This situation has not been studied in the human factors literature; only those cases where the subject is driving have been examined. A useful addition to this survey would be to collect data on landline calls made by the same set of subjects, though for some of them, their cell phone was their primary phone.

Group	Subject	Other Party						
		Driving	Not Driving	Unknown	Total			
Without	Driving	39 (13%)	155 (53%)	100 (76%)	294 (100%)			
subject 3	Not driving	50 (9%)	457 (85%)	31 (6%)	538 (100%)			
	Total	89 (11%)	612 (74%)	131 (16%)	832 (100%)			
With	Driving	40 (7%)	410 (75%)	100 (18%)	550 (51%)			
subject 3	Not driving	50 (9%)	457 (85%)	31 (6%)	538 (49%)			
	Total	90 (8%)	867 (80%)	131 (12%)	1,088 (100%)			

Table 16. Who Was Driving? (Number, row %)

What Was the Quality of Service?

It is frequently remarked that channel quality and disconnects are an issue for cell phones, and the quality of the connection could influence how and when people communicate and what they say. As shown in Table 17, with subject 3 excluded, there was no significant difference in the listening effort required whether the other party was on a cell phone or a landline phone (Chi-Square (3)=2.14, p=. 54), though the effort for cell phones was very slightly higher (1.6 vs. 1.5, values in between no effort and no appreciable effort required, both quite good). When subject 3 was included, there was a statistically significant difference in the distributions (Chi-Square (3)=21.0, p<. 001), though both means were 1.6. What occurred is that for the cell phone, there were more calls in the no effort category and more calls in the higher effort categories. Interestingly, no calls were rated as being not understandable (effort=5).

Listening Effort	Wit	hout Subje	ct 3	W	: 3	
	Cell	Land	Total	Cell	Land	Total
		Line			Line	
1. Complete relaxation	327	202	529	327	289	616
possible, no effort	(61%)	(65%)	(63%)	(61%)	(53%)	(57%)
required						
2. Attention necessary,	130	74	204	132	203	335
no appreciable effort	(24%)	(24%)	(24%)	(25%)	(37%)	(31%)
required						
3. Moderate effort	59	27	86	59	44	103
required	(11%)	(9%)	(10%)	(11%)	(8%)	(10%)
4. Considerable effort	17	7	24	19	12	31
required	(3%)	(2%)	(3%)	(4%)	(2 %)	(3%)
5. No meaning	0	0	0	0	0	0
understood with any	(0%)	(0%)	(0%)	(0%)	(0%)	(0%)
reasonable effort						
Total	533	310	843	537	548	1,085
	(100%)	(100%)	(100%)	(100%)	(100%)	(100%)

Table 17. Listening Effort Ratings, Cell Phone vs. Land Line Used by Other Party (N, column %)

Although the type of phone used by the other party did not influence listening effort, calls made while driving required greater listening effort than those made not driving (Chi-Square (3)=89.9 without subject 3, 151.5 with subject 3, p<.0001 and means of 1.8 vs. 1.3 respectively in both cases). As shown in Table 18, there is a trend for all categories, other than the no effort category, to be greater for the driving situation. This probably reflects some degradation of the call quality due to a moving source. Thus, when call quality is degraded to simulate use while driving, what must be considered is not overall quality, but the specific case of a moving source. It is possible that even though the instructions asked subjects to consider the quality of the connection, some subjects considered the topic of the conversation, which could be more difficult in the

dual-task driving situation. Nonetheless, it is important to note that most human factors studies of cell phones have ignored the issue of channel quality.

Listening Effort	With	out Subje	ct 3	W	/ith Subjec	t 3
	Driving	Not	Total	Driving	Not	Total
	_	Driving		_	Driving	
1. Complete relaxation	134	435	569	221	435	656
possible, no effort	(44%)	(75%)	(64%)	(39%)	(75%)	(58%)
required						
2. Attention necessary,	108	98	206	250	98	348
no appreciable effort	(35%)	(17%)	(23%)	(45%)	(17%)	(31%)
required						
3. Moderate effort	49	38	87	66	38	104
required	(16%)	(7%)	(10%)	(12%)	(7%)	(9%)
4. Considerable effort	17	8	25	24	8	32
required	(6%)	(1%)	(3%)	(4%)	(1%)	(3%)
5. No meaning	0	0	0	0	0	0
understood with any	(0%)	(0%)	(0%)	(0%)	(0%)	(0%)
reasonable effort						
Total	308	579	887	561	579	1,140
	(100%)	(100%)	(100%)	(100%)	(100%)	(100%)

Table 18. Listening Effort Ratings, Driving vs. Not Driving (n, column %)

Table 19 provides some insight into the call problems experienced when driving and not driving. Most important is that, overall, there were no problems for most calls (90% without subject 3, 91% with subject 3). There seem to be no differences between driving and not driving in terms of the overall percentage of problem calls or the problem type, suggesting that the listening effort ratings were truly reflecting the quality of the communication and were not contaminated by the demands of the driving task. For example, 90% of the calls had no problems while driving (with subject 3) versus 90% while not driving. The most common problem was a bad connection (5% of all calls and about half of the problem calls), followed by dropped or disconnected calls (3%), audible warning (2%), and other problems (1%). The "other" category included a variety of unique problems (telemarketing, dog barking, etc.). There were no hardware problems. Interestingly, the percentage of calls dropped or disconnected was slightly (about 1%), but not significantly, greater when not driving than when driving. Given the problem of signal loss due to structures as one moves, the opposite was expected. There have been no studies, of which the authors are aware, that examine how drivers deal with calls that have problematic connections.

Problem	Wi	thout Subjec	t 3	With Subject 3			
	Driving	Not	Total	Driving	Not	Driving	
	_	Driving		_	Driving	_	
Audible warning	10	9	19	19	9	28	
	(3%)	(2%)	(2%)	(3%)	(2%)	(2%)	
Bad connection	16	27	43	24	27	51	
	(5%)	(5%)	(5%)	(4%)	(5%)	(5%)	
Dropped or	6	16	22	9	16	25	
disconnected	(2%)	(3%)	(3%)	(2%)	(3%)	(2%)	
Other problem	4	3	7	4	3	7	
	(1%)	(1%)	(1%)	(1%)	(1%)	(1%)	
No problems	273	512	785	518	512	1,030	
	(88%)	(90%)	(90%)	(90%)	(90%)	(91%)	
Total	309	567	876	574	567	1,141	
	(100%)	(100%)	(100%)	(100%)	(100%)	(100%)	

Table 19. Call Problems (n, column %)

The listening effort increased when call quality problems were present, as one would expect (Table 20). Because the cell sizes are small, only the data for all subjects is presented and the percentages are not shown. The total number of calls is slightly less than the previous table because not all calls were coded for the 2 variables of interest. Except for audible warnings, increases in all types of problems were linked to increases in listening effort. This further suggests that the listening effort ratings truly reflected the effort required.

Listoping		Call Problem						
Listening Effort	Audible Warning	Bad Connect.	Dropped or Disconnect.	Other	None	Total		
1. Complete relax. possible, no effort required	8	13	12	1	609	643		
2. Attention necessary, no appreciable effort required	9	16	4	2	318	349		
3. Moderate effort required	2	14	5	0	80	101		
4. Considerable effort required	0	6	3	3	20	32		
5. No meaning understood with any reasonable effort	0	0	0	0	0	0		
Total	19	49	24	6	1,027	1,125		

Table 20. Listening Effort vs. Call Problems for All Subjects (n)

How Long Were Calls?

The calls lasted anywhere from 6 seconds up to 2 hours. The distribution of talk times is exponentially distributed with a mean time of 2.49 minutes for all subjects and 3.01 minutes with subject 3 excluded (Figure 2). For all subjects, 877 of the 1,098 calls (80%) were 1 minute or less, and 61 (6%), 31 (3%), 21 (2%), 24 (2%), and 10 (1%) were in different minute amounts greater than 1 minute.

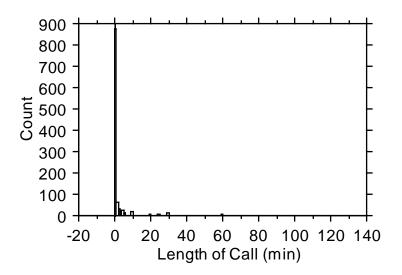


Figure 2. Reported Distribution of Call Durations (All Subjects)

Figure 3 shows the distribution off all calls of 1 minute or less. Curiously, 255 of the calls in the sample were about 5 seconds long. Although many cell phones show the call duration when a call ends, it could be that some phones did not, or subjects forgot to note the call duration when the call ended and then estimated it. So, for example, if unsure of the exact duration of a call, subjects would be more likely to estimate the duration was 10 seconds, not 9.

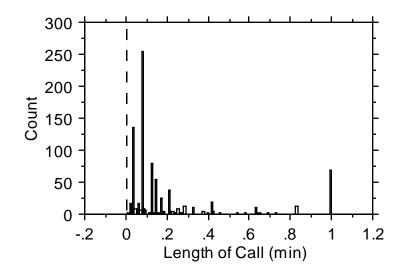


Figure 3. Distribution of Calls 1 Minute or Less (All Subjects)

When calls are partitioned by the driving situation (for all subjects), the mean duration while driving is 2.99 minutes (maximum of 120.0) vs. only 2.09 (maximum of 60) while not driving. As shown in Table 21, of the 1,098 calls (including subject 3) for which call duration was coded, calls made while driving were consistently longer (or at least reported longer) than calls made while not driving. Some 73% off all calls made while driving were 1 minute or less vs. 85% of all calls made while not driving. This suggests that drivers are not getting the educational message to keep calls short while driving to minimize distraction (at least in a relative sense).

Call Duration (min)	Driving	Not Driving
t<=1	363 (73%)	514 (85%)
1 <t<=2< td=""><td>27 (6%)</td><td>34 (6%)</td></t<=2<>	27 (6%)	34 (6%)
2 <t<=3< td=""><td>17 (3%)</td><td>14 (2%)</td></t<=3<>	17 (3%)	14 (2%)
3 <t<=4< td=""><td>11 (2%)</td><td>10 (2%)</td></t<=4<>	11 (2%)	10 (2%)
4 <t<=5< td=""><td>23 (5%)</td><td>1 (0%)</td></t<=5<>	23 (5%)	1 (0%)
5 <t<=6< td=""><td>8 (2%)</td><td>2 (0%)</td></t<=6<>	8 (2%)	2 (0%)
6 <t<=7< td=""><td>2 (0%)</td><td>0 (0%)</td></t<=7<>	2 (0%)	0 (0%)
7 <t<=8< td=""><td>2 (0%)</td><td>1 (0%)</td></t<=8<>	2 (0%)	1 (0%)
8 <t<=9< td=""><td>1 (0%)</td><td>0 (0%)</td></t<=9<>	1 (0%)	0 (0%)
9 <t<=10< td=""><td>14 (3%)</td><td>2 (0%)</td></t<=10<>	14 (3%)	2 (0%)
10 >t	27 (6%)	25 (4%)
Total	495 (100%)	603 (100%)

Table 21. Reported Duration of Calls, Driving vs. Not Driving (n, column %) All Subjects

Figures 4 and 5 show that the 5-second calls are less predominant when not driving. (Note: When comparing these 2 figures, keep in mind that the maximum y values are different.) The authors have no explanation for this outcome.

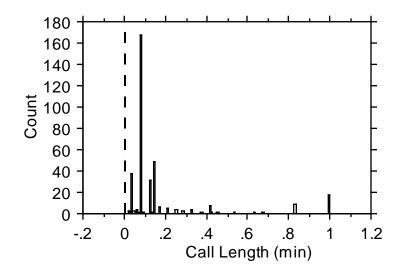
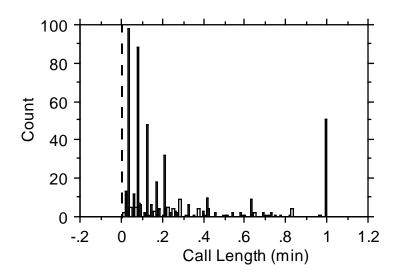
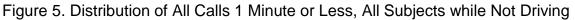


Figure 4. Distribution of All Calls 1 Minute or Less, All Subjects while Driving





The longer durations while driving, in part, could be due to the cost of making phone calls. When call durations are examined by called device, calls from cell phones were found to be a full minute longer than those from a land-line (3.06 vs. 1.96 min). As shown in Table 22, this difference reflects an overall increase in the entire distribution of calls, not just a few more calls of a particular duration.

Call Duration (min)	Called I	Party Using
	Cell	Land Line
t<=1	405 (75%)	410 (85%)
1 <t<=2< td=""><td>32 (6%)</td><td>23 (5%)</td></t<=2<>	32 (6%)	23 (5%)
2 <t<=3< td=""><td>16 (3%)</td><td>13 (3%)</td></t<=3<>	16 (3%)	13 (3%)
3 <t<=4< td=""><td>12 (2%)</td><td>6 (1%)</td></t<=4<>	12 (2%)	6 (1%)
4 <t<=5< td=""><td>19 4%)</td><td>5 (1%)</td></t<=5<>	19 4%)	5 (1%)
5 <t<=6< td=""><td>5 (1%)</td><td>5 (1%)</td></t<=6<>	5 (1%)	5 (1%)
6 <t<=7< td=""><td>1 (0%)</td><td>1 (0%)</td></t<=7<>	1 (0%)	1 (0%)
7 <t<=8< td=""><td>2 (0%)</td><td>1 (0%)</td></t<=8<>	2 (0%)	1 (0%)
8 <t<=9< td=""><td>1 (0%)</td><td>0 (0%)</td></t<=9<>	1 (0%)	0 (0%)
9 <t<=10< td=""><td>12 (2%)</td><td>1 (0%)</td></t<=10<>	12 (2%)	1 (0%)
10 >t	35 (7%)	16 (3%)
Total (1,021 coded)	540 (100%)	481 (100)

Table 22. Reported Duration of Calls (min, column %), Cell vs. Land Line

Cell phone plans generally have 1 rate for all calls, charged by the minute, which encourages the use of long distance service, but decreases the duration of local calls. In fact (Table 23), these patterns are supported by the data, with land-line local calls being relatively longer than local cell phone calls (4.84 vs. 3.67 min), but long distance cell phone calls being longer than land-line calls (4.52 vs. 0.68 min). Bear in mind that

landline and cell refer to the other party's device. Subjects were recording only calls that involved their cell phones.

Call Type	Called Party Using						
	Cell			Land Line			
	Ν	Mean SD		N	Mean	SD	
		(min)	(min)		(min)	(min)	
Free	4	.08	0.00	1	.04		
Local	167	3.67	10.67	118	4.84	16.04	
Long distance	121	4.52	9.37	205	0.68	3.07	
Short sequence (911)	2	.23	.09	3	0.72	1.11	

Table 23. Call Length vs. Called Device.

Given this result, one would expect a similar outcome when comparing calls made while driving (all cell phone calls) with those made while not driving (a mixture of cell phone and land-line calls). As shown in Table 24, what occurs is that local calls are much longer when driving (5.92 vs. 2.94 min), and long distance calls are longer as well (2.34 vs. 1.41 min), not what was expected. This could be due to some other sort of interaction, statistical chance, or a weak effect of the device since it concerns the device used by the other party, not the subject.

Call Type	Driving			Not Driving			
	N Mean SD		SD	N	Mean	SD	
		(min)	(min)		(min)	(min)	
Free	4	0.80	0.00	1	0.40		
Local	99	5.92	17.19	212	2.94	9.70	
Long distance	234	2.34	5.98	100	1.41	7.26	
Short sequence	3	0.11	0.5	3	4.09	5.18	
(911)							

Table 24. Call Length vs. Driving/Not Driving.

The time of day is important to consider because it influences alertness and fatigue, which have important influences on driving. Figure 6 shows the frequency distribution of the time of day of calls made by subjects involving their own cell phones. The spikes in the distribution most likely reflect subjects rounding off when a call occurred. Notice that most calls occurred in the afternoon and evening hours, reasonable for a youthful population.

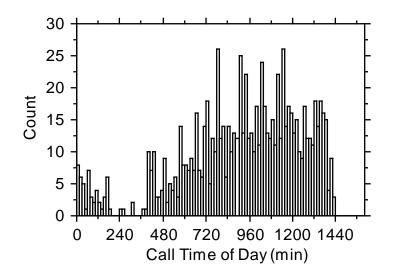


Figure 6. Time of Day of All Calls (15-Minute Increments) (Note: 240 minutes = 4 hours)

When the calls are partitioned based on whether the subject was driving, a different picture emerges (Figures 7 and 8). Calls made while driving are much more likely to occur during the afternoon and evening since driving is less frequent in the very late hours. Hence, using data from all calls to predict when calls occur would be misleading.

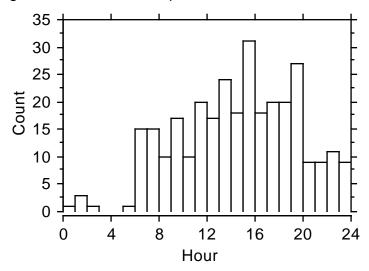


Figure 7. Time of Day of All Calls (1-Hour Increments) While Driving

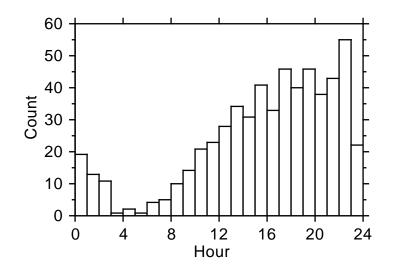


Figure 8. Time of Day of All Calls (1-Hour Increments) While Not Driving

A complicating factor is that many cell phone call plans have lower rates or unlimited calling minutes after 7:00, 8:00, or 9:00 p.m., encouraging evening use. This is evident in the calls made while not driving (Figure 8).

There were also day of the week differences between calls made while driving and not driving (Chi-Square (6)=16.7, p<.05, all subjects). (This data was not coded by subject 3.) As shown in Table 25, the number of calls per day was reasonably consistent for calls made when not driving; but for driving, there were fewer calls on the weekends and on Wednesdays. The lower weekend rate makes sense, as more than half were business calls, made while driving during the workweek. The Wednesday dip is a mystery.

	Da	Day of Week, D = Driving, ND = Not Driving (#, row %)						
	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
D	30	50	54	35	64	44	32	309
	(10%)	(16%)	(17%)	(11%)	(21%)	(14%)	(10%)	(100%)
ND	74	77	87	80	78	92	95	583
	(13%)	(13%)	(15%)	(14%)	(13%)	(16%)	(16%)	(100%)
Total	104	127	141	115	142	136	127	892
	(12%)	(14%)	(16%)	(14%)	(16%)	(15%)	(14%)	(100%)

Table 25. Day of the Week, Call Driving vs. Not Driving

What Did the Call Concern?

As shown in Table 26, subjects rated conversations while driving as more demanding than those while not driving (Chi-Square (2) = 144.7), p<. 0001). Over 1/2 of the calls while driving involved a medium level of demand while calls made while not driving were primarily light (over 70%). It must be emphasized that based on the examples provided,

this rating only concerned the demand of the conversation alone, not the combined effects of conversing and driving. If subjects were attempting to make driving and conversing on the phone easy to do, conversations while driving should be less demanding.

Conversation Demand	Explanation	Driving	Not Driving	Total
1=Light	Chatty; "What's for dinner?"	204	491	605
T=Light	Chally, what's for unner?	-		
		(37%)	(71%)	(54%)
2=Medium	Some decision making; "Hmm,	284	162	446
	you take Beth, I'll pick up Jon."	(52%)	(29%)	(40%)
3=Demanding	mpg calculations; Divide 352	61	5	66
	miles by 18 gallons of gas.	(11%)	(1%)	(6%)
Total		549	568	1,117
		(100%)	(100%)	(100%)

Table 26. Conversation Demand (Question 16) for All Subjects, Driving vs. Not Driving (N, column %)

One of the arguments for cell phones is that they are needed to deal with urgent matters. Tables 27 and 28 show the ratings for call urgency and when the response occurred, for driving and not driving respectively. Notice that only 3 of the 546 calls (.05%) while driving were in the most urgent category, while another 71 (13%) were of major importance and received a response within the trip. For some unknown reason, such occurrences were much less common when subjects were not driving (2 and 9 calls respectively) with approximately the same number of total calls (567). It could be that the concept of a trip is more ambiguous when not driving, but still, the total number of major severity events that occurred while driving (99) was much greater than those that occurred when not driving (35). Another explanation would be that urgent matters arise more frequently during the same hours that driving occurs.

Urgency	Response					
	Within Trip	Within Trip Same Day After Today			Total	
				Response		
Life/property threat	3	0	0	0	3	
Major severity	71	26	0	2	99	
Minor severity	146	131	4	4	285	
No severity	40	63	6	50	159	
Total	260	220	10	56	546	

Table 27. Call Urgency and Response for All Subjects, Driving (n) (Questions 15a and 15b)

Severity	Response					
	Within Trip	Same Day	After Today	No	Total	
	_	_		Response		
Life/property threat	2	0	0	1	3	
Major severity	9	21	4	1	35	
Minor severity	23	35	19	16	93	
No severity	38	93	14	291	436	
Total	72	149	37	309	567	

Table 28. Call Severity and Response for All Subjects, Not Driving (n)

As shown in Table 29, there was a significant difference between calls made while driving and those made while not driving in terms of their purpose, with calls made while driving being far more likely to concern business and less likely to be personal (Chi-Square (2) = 268.4, p<.0001).

Table 29. Call Purpose (Question 5) for All Subjects, Driving vs. Not Driving (n, row %)

	Business	Personal	Other	Total
Driving	346 (62%)	207 (37%)	8 (1%)	561 (100%)
Not driving	85 (15%)	483 (84%)	7 (1%)	575 (100%)
Total	431 (38%)	690 (61%)	15 (1%)	1,136 (100%)

Other evidence on the nature of calls comes from the analysis of the Holmes-Rahe data, coded as described in Appendix G. Of the 1,168 calls, roughly half occurred while driving and half while not driving, so the expected number of problems for driving and not driving on each Holmes-Rahe subscale should be equal. As shown in Table 30, there were far more calls made while not driving that were scored (142) than those made while driving (27), a factor-of-5 difference. It could be that because it was difficult to complete the scale while driving, subjects did not report this information, but they were very thorough in reporting everything else, so the difficulty of reporting explanation seems unlikely.

Category	Example	Driving	Not Driving	Total
Family	Death of a close family member	0	0	0
	Major change in the health or behavior of a family member	1	1	2
	Gaining a new family member	0	1	1
	Son or daughter leaving home	1	1	2
	Trouble with in-laws	2	3	5
	Major change in the # of family get-togethers	1	2	3
	Christmas season	5	5	10
	TOTAL	10	13	23
Money	Major change in financial status	0	0	0
-	Taking out a loan for a major purchase	0	0	0
	Foreclosure on a mortgage or loan	0	0	0
	Taking out a loan for a lesser purchase	0	1	1
	TOTAL	0	1	1
Vacation	Major change in usual type and/or amount of recreation	0	0	0
	Major change in social activities	0	4	4
	Vacation	1	10	11
	TOTAL	1	14	15
Work	Fired from work	0	0	0
	Retirement	0	0	0
	Major business adjustment	0	2	2
	Change to a different line of work	1	0	1
	Major change in responsibilities at work	0	2	2
	Trouble with boss	0	1	1
	Major change in working hours or conditions	2	20	22
	TOTAL	3	25	28
Personal	Detention in jail, other institution	0	0	0
	Death of close friend	0	1	1
	Outstanding personal achievement	1	0	1
	Beginning or ceasing formal schooling	1	0	1
	Major change in living conditions	1	3	4
	Change in residence	1	1	2
	Change to a new school	1	7	8
	Major change in church activities	2	23	25
	Minor violations of the law	6	54	60
	TOTAL	13	89	102
GRAND T		27	142	169

Table 30. Holmes-Rahe Data on Call Emotion

Overall, personal matters were most common (e.g., 89 of the 142 major problems while not driving). For 2 categories, spouse (death, divorce, marital separation, marriage,

marital reconciliation, pregnancy, major change in number of arguments, beginning or ceasing work outside of home) and health (major personal injury or illness, sexual difficulties, revision of personal habits, major change in sleeping habits, major change in eating habits), there were no calls of emotional significance, not unusual for a healthy, unmarried population. Although calls of some emotional import were less than 15% of all calls, given the total number of calls, studying how people engage in emotionally-laden discussions while driving could use attention. The relatively low number could be a reporting error where subjects misinterpreted the scale, treating the anchors literally (Christmas season) instead of figuratively (as challenging as the Christmas season), especially as the survey occurred during a Christmas season.

Probably the best sense of what constitutes a cell phone call can be obtained by perusing the list of call topics while driving (Appendix H) and while not driving (Appendix I). These statements are the verbatim summaries of what subjects wrote calls concerned, alphabetized for convenience. Although it is difficult to categorize them, a large number of the calls involved scheduling (e.g., making plans for dinner) and other social matters.

Under What Conditions Did Calls Occur while Driving?

Prior to evaluating the data on driving conditions, some recoding was required. In 6-10 cases for questions 12 (weather), 13 (lighting), and 14 (road surface), multiple responses were provided where 1 was desired. Of the multiple responses, selected the most severe condition was selected, e.g., if daylight and overcast were indicated, overcast was selected. If wet and ice were indicated, ice was selected.

Subjects basically answered every incoming call both while driving and not driving (321 out of 323 calls). If incoming calls are essentially random (the calling party does not know when placing the call that the recipient is driving), they should represent the relative percentage of time subjects drive on each type of road, their exposure to each road type. The largest percentage (40%, Table 31) of incoming calls was answered while driving in a residential area. In contrast, 58% of all calls from all subjects were dialed when driving on expressways. Furthermore, the distribution of calls between dialing and receiving was significantly different (Chi-Square (4)=73.3, p<. 0001, based on the data from all subjects), suggesting that subjects may have considered the driving conditions when *making* calls, which is more deliberate than *answering* calls.

	Area	Xway	Residential	Urban	Rural	Other	Total
Without	Dialed	80	82	36	16	4	218
subject 3		(37%)	(38%)	(17%)	(7%)	(2%)	(100%)
-	Received	21	36	15	19	0	91
		(23%)	(40%)	(16%)	(21%)	(0%)	(100%)
	Total	101	118	51	35	4	309
		(33%)	(38%)	(17%)	(11%)	(1%)	(100%)
With	Dialed	273	83	92	16	4	468
subject 3		(59%)	(18%)	(20%)	(3%)	(0%)	(100%)
	Received	21	36	15	19	0	91
		(23%)	(40%)	(17%)	(21%)	(0%)	(100%)
	Total	294	119	107	35	4	559
		(53%)	(21%)	(19%)	(6%)	(0%)	(100%)

Table 31. Area Where Calls Occurred for All Subjects (Question 8) (number, row %)

The number of travel lanes also differed between calling and receiving calls because of the linkage between road type and the number of travel lanes (Chi-Square (4)=67.5, p<. 0001, Table 32, all subjects). Sixty-five percent of calls were dialed on 4-lane roads whereas 56% of all calls were received on 2-lane roads, consistent with the prior question where dialed calls most commonly occurred on expressways but received calls were most common on residential roads. (Keep in mind that the total number of calls dialed and received differs from question to question because of incomplete responses from subjects.)

	Call Type		Number of Travel Lanes						
_		1	2	3	4	5	Total		
Without	Dialed	9	103	23	52	25	212		
subject 3		(4%)	(49%)	(11%)	(25%)	(12%)	(100%)		
	Received	8	51	8	22	2	91		
		(9%)	(56%)	(9%)	(24%)	(2%)	(100%)		
	Total	17	154	31	74	27	303		
		(6%)	(51%)	(10%)	(24%)	(9%)	(100%)		
With	Dialed	9	104	23	301	25	462		
subject 3		(2%)	(23%)	(5%)	(65%)	(5%)	(100%)		
	Received	8	51	8	22	2	91		
		(9%)	(56%)	(9%)	(24%)	(2%)	(100%)		
	Total	17	155	31	323	27	553		
		(3%)	(28%)	(6%)	(58%)	(5%)	(100%)		

Table 32. Number of Travel Lanes Associated with Calls (Question 9)

Dialed and received calls also differed significantly (Chi-Square (3) = 22.0, p<.0001) in terms of the traffic conditions under which they occurred while driving (Table 33). In general, subjects were relatively more likely to dial calls in heavier traffic than to receive them (for example, 6% of the calls for all subjects were dialed in no traffic but 20% were

received, and 15% of all calls were dialed in heavy traffic but only 9% were received). If incoming calls occur at random times and therefore reflect exposure to traffic conditions, subjects appear to be choosing to call in heavier traffic, which is unlikely to a wise decision. Admittedly, there is a possibility the heavier traffic was more stable, and therefore perceived to be safer.

Group	Call Type	Traffic						
		None	Light	Moderate	Heavy	Total		
		(No	(No Impact	(Slowed by	(Stop &			
		Traffic)	on Speed)	Traffic)	Go)			
Without	Dialed	26	106	49	19	200		
subject 3		(13%)	(53%)	(25%)	(10%)	(100%)		
	Received	16	36	20	7	79		
		(20%)	(46%)	(25%)	(9%)	(100%)		
	Total	42	142	69	26	279		
		(15%)	(51%)	(25%)	(9%)	(100%)		
With	Dialed	26	183	164	68	441		
subject 3		(6%)	(42%)	(37%)	(15%)	(100%)		
	Received	16	36	20	7	79		
		(20%)	(46%)	(25%)	(9%)	(100%)		
	Total	42	219	184	75	520		
		(8%)	(40%)	(35%)	(14%)	(100%)		

Table 33. Traffic Conditions for Calls while Driving (Question 11, All Subjects)

It is important to point out that in this case, the traffic modifiers (light, moderate, heavy) were explained on the data sheet using the text in Table 30. Had that not occurred, the use of the terms could have been somewhat arbitrary depending on the individual. Also, keep in mind that these definitions refer to the use of the terms in the U.S. What might be considered to be heavy traffic in the U.S. could be moderate traffic in Japan.

As shown in Table 34, there was also a significant difference in the weather conditions (Chi-Square (3)=10.3, p<.05, for all subjects) for calls dialed while driving versus those received. Subjects sometimes behaved rationally, being less likely to make calls when driving in the rain (4 vs. 10%) than to answer them, but somewhat more likely when driving in the snow (16 vs. 11%). Note that these data were collected in the winter months in southeast Michigan when snow is common. Also, dialed calls represent random arrivals (exposure) and are almost all answered.

Group	Call Type	Weather						
-		Clear	Rainy	Snowy	Windy	Total		
Without	Dialed	172	18	21	2	213		
subject 3		(81%)	(9%)	(10%)	(1%)	(100%)		
	Received	69	9	10	2	90		
		(77%)	(10%)	(11%)	(2%)	(100%)		
	Total	241	27	31	4	303		
		(80%)	(9%)	(10%)	(1%)	(100%)		
With	Dialed	368	18	74	2	462		
subject 3		(80%)	(4%)	(16%)	(0%)	(100%)		
	Received	69	9	10	2	90		
		(77%)	(10%)	(11%)	(2%)	(100%)		
	Total	437	27	84	4	552		
		(79%)	(5%)	(15%)	(1%)	(100%)		

Table 34. Weather Conditions for Calls while Driving (Question 12, All Subjects)

Table 35 shows that there were some differences in the lighting conditions between calls dialed while driving vs. those received (Chi-Square (4) = 12.4, p<.05, for all subjects), with the percentage of received calls being slightly lower than dialed calls (56 vs. 62%) during the day. Keep in mind that these data were collected in mid winter in Michigan. Sunrise occurs at approximately 7:45 a.m. and sunset at about 5:00 p.m. (http://www.timeanddate.com/worldclock/astronomy.html?n=784&obj=sun&month=12&y ear=2002&day=1), so these data may underestimate the annual percentage of calls made during the day. Nonetheless, to the best of the authors' knowledge, the problem of manual dialing of cell phone calls using a handset in the dark has not been examined, yet there are opportunities for it to occur.

Group	Call Type	Lighting							
		Day	Overcast	Sunset	Dark	Dusk	Total		
Without	Dialed	97	29	6	71	13	216		
subject 3		(45%)	(13%)	(3%)	(33%)	(6%)	(100%)		
	Received	51	11	3	17	9	91		
		(56%)	(12%)	(3%)	(19%)	(10%)	(100%)		
	Total	148	40	9	88	22	307		
		(48%)	(13%)	(3%)	(29%)	(7%)	(100%)		
With	Dialed	290	68	6	88	13	465		
subject 3		(62%)	(15%)	(1%)	(19%)	(3%)	(100%)		
	Received	51	11	3	17	9	91		
		(56%)	(12%)	(3%)	(19%)	(9%)	(100%)		
	Total	341	79	9	105	22	556		
		(61%)	(14%)	(2%)	(19%)	(4%)	(100%)		

Table 35. Lighting Conditions for Calls while Driving (Question 13)

As shown in Table 36, there was no statistical difference in the road surface condition between calls that were dialed and those that were received (Chi-Square (3)=3.6, p=.31, for all subjects), though dialed calls were somewhat more common when snow was on the road than for received calls (14% vs. 7%). Overall, about 64% of the calls occurred on dry roads, with the remaining calls occurring under less favorable conditions. Again, this data is from the winter in Michigan when road conditions are often unfavorable. Thus, these data represent a reasonable set of undesirable conditions, but certainly not worst case. The authors do not know of any studies of cell phone use that involved anything other than dry roads, roads that are reasonably easy to drive.

Group	Call Type	Road Surface						
		Dry	Wet	Snow	lce	Total		
Without	Dialed	159	38	14	4	215		
subject 3		(74%)	(18%)	(7%)	(2%)	(100%)		
	Received	62	20	6	1	89		
		(70%)	(23%)	(7%)	(1%)	(100%)		
	Total	221	58	20	5	304		
		(73%)	(19%)	(7%)	(2%)	(100%)		
With	Dialed	289	104	63	8	464		
subject 3		(62%)	(22)	(14%)	(2%)	(100%)		
	Received	62	20	6	1	89		
		(70%)	(23%)	(7%)	(1%)	(100%)		
	Total	351	124	69	9	553		
		(64%)	(22%)	(13%)	(1%)	(100%)		

Table 36. Road Surface Conditions for Calls while Driving (Question 14)

Finally, some calls occurred while driving but not while moving (Table 37). The "other" category included highway (which does not make sense except if the respondent was in a traffic jam), in a building, "other," pulled off to side of road (2 cases), "side of fence," traffic crash, and "yes." Dialed calls outnumbered received calls by at least 10 to 1 and many of the calls that occurred when the vehicle was stationary involved dialing at a traffic light.

Table 37. Calls Made while Stationary (Question 10)

Group	Call Type	Road Surface							
		Traffic	Parking	Traffic	Driveway	Other	Total		
		Light	Lot	Jam					
Without	Dialed	13	12	2	3	8	38		
subject 3	Received	3	1	2	0	2	8		
	Total	16	13	4	3	10	46		
With	Dialed	42	25	2	3	8	80		
subject 3	Received	3	1	2	0	2	8		
	Total	45	26	4	3	10	88		

SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS

No study is without limitations. The sample size was reasonable (20 plus subjects for the survey questions, 1,100-plus calls from the call logs), but the data were drawn from a somewhat youthful group of cell phone users. When missing data are excluded and the data are partitioned, the sample size is smaller than desired in some cases. This was a constraint of the limited funding available for this project.

However, this study provides consider insight concerning the conditions under which real cell phone calls are made. It also provides statistics to guide future studies so that the cell phone tasks explored in experiments more closely approximate real world use.

To guide such research, the following observations should be considered.

While driving, there was no single place where phones were overwhelmingly located, though about half of the subjects placed the phone on the seat, followed by pocket and purse locations, and placing the phone in a cradle. Additional data are needed to obtain more precise statistics on phone location, which is critical for studies that examine answering the phone. This is important because the overwhelming majority of calls received involved a handset (85%), with most of the other calls being received by voice. Often this occurred very quickly (just over 2-1/2 rings). Interestingly, this was hardly different from how long subjects take to respond when they are not driving. Answering the phone is critical because crashes often occur in that situation and the extent to which searching for the phone is a safety concern needs to be documented. Furthermore, the fact that about half of the phones are on the seat (and unsecured) is worrisome because in the event of a crash, the phone can become a dangerous flying object.

Only 3 subjects in the sample had instant messaging and its use was not explored. As its' use becomes more common, attention to its use while driving should be considered. At this point, its impact on driving is unknown.

Approximately 1 in 5 calls while driving involved use of a pen, pencil, or paper. This is of particular concern when accompanied by use of a handset because at least 3 hands (1 for the wheel, 1 for the phone, and 1 for the writing implement) are needed. If the paper is held, then 4 hands are needed. Drivers have only 2 hands. Tasks involving note taking while driving should be examined.

Subjects reported that use of a phone while driving did lead to undesirable behavior such as unknowingly speeding and missing turns (about 3/4 of the subjects), cutting drivers off (1/4), running red lights (1/6), and in 1 case, causing a minor fender bender. Readers should not put too much emphasis on these statistics, as the sample is admittedly small. Accordingly, this topic should be examined in a larger sample with particular focus on the phone task at the moment of the incident (dialing, answering, conversing, other) and the impact of that incident on subsequent use of the phone. This

information could be helpful in tailoring education programs to discourage phone use and in providing some insight as to whether educational programs will have any benefit.

Of the 1,100-plus calls, about 70% were outgoing and 30% incoming, with about 1/2 being made while driving and 1/2 while not driving. Depending on the sample selected, anywhere from 45-60% of all calls were dialed manually, 13-40% involved a phone book, 13-25% were speed dialed, and only a small percent were voice dialed. In contrast, virtually all of the studies in the literature involve only manual dialing, and very few concern manual dialing of handheld phones. These dialing methods should be examined experimentally, especially as a function of user experience. In this study, subjects had a mean of 4 years of experience with a cell phone, and based on the call statistics, may have made thousands of calls while driving. Further, most had their current phone for over a year. This level of experience with a test device is difficult to achieve in an experiment.

Depending on the subject sample, 1/2 to 3/4 of the calls made while driving were long distance. This suggests that studies of dialing and driving should concentrate on long distance calls (for manual dialing), the most challenging and most common case. There were no instances recorded of the most difficult case, international calls, but their frequency could change if rate structures change.

A particularly worrisome situation is where both calling parties were driving (and distracted). Depending on the sample used, 7 to 13% of calls while driving involve this situation, a scenario that deserves examination.

About 90% of the calls did not involve any major connection problems (e.g., dropped calls). However, more than 1/2 of the calls while driving were above the lowest level of the ITU listening effort scale; that is, at least some attention was necessary. There were no cases where communication with the other party could not be understood. Future human factors studies should consider situations where the call channel quality is slightly degraded.

Calls made while driving were actually longer (by a minute) than those made while not driving (2 vs. 3 minutes). The call distribution was roughly exponential, and in part reflected a few long calls (2 hours). Overall, about 3/4 of the calls made while driving were 1 minute or less, and many of them were reported as 15 seconds or less.

Calls were made while driving at all times of the day, with a peaking between 5:00 and 6:00 p.m. Calls were more uniformly distributed than those made while not driving. The number of calls after 10:00 p.m. into the early hours of the morning was lower, but they were recorded. Anecdotally, some have said they make such calls while driving to help keep themselves alert. This anecdote and its performance benefits deserve further exploration.

Calls concerned a wide range of topics and synopses of every call recorded appear in Appendices H and I. More than half of all calls involved some level of demand and

many of them concerned social matters (e.g., getting together), at least based on the written summaries. However, subjects classified over 60% of all calls as being business, with the remainder being personal (with a few exceptions). Calls involving life/property matters were rare; only 3 calls in the sample. Also rare were calls with significant emotional content (e.g., major change in the health of a family member) and less than 10% of all calls were serious enough to receive a Holmes-Rahe rating. Nonetheless, this does suggest some educational opportunities. ("I have something to tell you. Are you sitting down?" "Yes, but I am driving.") These data and especially the subject synopses of each call provide a rich database for researchers to construct dialogs in future studies of driving and phoning.

As was noted earlier, since received calls were essentially random, and almost all calls received were answered, then the distribution of received calls among conditions represented subjects' exposure to those conditions. For example, since about 1/4 of the calls received were on expressways, then this sample spent about 1/4 of their time driving on expressways. Interestingly, calls were most commonly received in residential areas (40%), but most commonly dialed on expressways (59%). In contrast, most studies, especially those conducted in driving simulators, typically involve either rural roads or expressways. Interestingly, while 21% of all calls were received on rural roads, dialing them was rare (3%). This suggests that researchers need to reconsider the test roads used in experiments, as they do not match the types of roads for some types of calls.

Studies of cell phone use often involve light or no traffic, especially for on-the-road experiments and also to some degree for simulator experiments. However, about 1/3 of all calls were received in moderate or heavy traffic and, depending on the sample, 1/3 to 1/2 of all calls were dialed under those conditions.

Over 50% of all calls were dialed or received during the day, another 10% when it was overcast, and the remainder occurred at sunrise, sunset, or in the dark. Dark conditions may create particular problems for retrieving and handling phones.

According to the call logs, about 20% of calls were made under degraded weather conditions (rain, snow, wind) and 25% when the road surface was degraded (wet, snow, ice). Keep in mind that the data was collected in the winter in Michigan, so degraded conditions may be more common during that period than averaged across the year. Nonetheless, the authors do not know of any cell phone studies that involved degraded conditions. Because road feel is so critical to driving in these situations, driving simulators used to examine degraded conditions should have a motion base.

Thus, this report highlights the need for additional research on cell phones in a wide variety of situations that have not been explored—using phone books to dial, conversation where both parties are driving, taking notes while using a handset and driving, somewhat degraded communication link quality, fatigued drivers, driving in residential and in urban areas, and driving in moderate and heavy traffic, and in bad weather.

Further, this study indicates that most calls are fairly brief and often involve nonemotional social matters.

Research on cell phone use while driving has been conducted for a variety of purposes. One is to understand the psychological mechanisms involved in multitask timesharing. A second is to provide engineering data on the usability of various devices and make predictions of the crash risk associated with using them under a variety of conditions. Hopefully, those engaged in research for the second purpose now have a better sense of what constitutes a cell phone call, and there will be fewer studies that utilize counting aloud backwards by 7s, verbal logic tasks ("True or false: A bear is a tree"), and other psychological standards as surrogates for a phone call.

Clearly, with additional funds, this study could be done bigger and better – exploring a wider age range sample, including more subjects to more precisely estimate percentages, and resolving a few points by making minor improvements to the protocol (obtaining phone model numbers and features, reorganizing the log form, etc.). However, as is, this report provides useful information to guide future studies and represents a significant advance in knowledge relating to phone use while driving. The authors hope that this serves as a basis for future studies that lead to a better understanding of the issues of cell phone usability and safety while driving.

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APPENDIX A - INITIAL CONTACT INFORMATION

Phone Interview

[caller: may I speak to Jason please]

Hi, this is Jason...what is your name?

Hi...(Name)...Just to give you a quick run-down of what we would like to do...

".....this study is being conducted by the Human Factors division of the University of Michigan Transportation Research Institute. It is a month-long study, and if you are qualified, you will be paid \$50.00. The study consists of completing a two-page survey after EVERY cell phone call you make OR receive. The survey does consist of about 25 questions BUT we have created it so that it can be completed very quickly and easily following each call.

Clear so far?

Great...Now I'd like to ask you a couple questions.

- What is your age?
- Do you make and receive at least 3-5 phone calls a day or 12-15 phone calls per week?
 - IF NO: less than 12-15...ask how many...if below 10 "I'm sorry we need participants who consistently make or receive more than 10 phone calls per week. If I can take your name and contact information down I will put you on our waiting list and we will notify you if any openings become available."
 - o IF YES: move to next question
- About how many of those calls are made while driving? (half is good, but onequarter is sufficient)

"Great, well it sounds like you would be a perfect participant!"

"Now we need to arrange a time for you to come out to UMTRI to complete a questionnaire and pick up your month's-supply of surveys"

Schedule time on Friday, Monday, Tuesday...

"Do you need directions to UMTRI?"

IF OVER 15 OF ANY ONE AGE GROUP:

"We've actually filled all the spots for your particular age. I can take your name and contact information down and put you on our waiting list and we will notify you if any of the participants fail to finish the study."

From Detroit Metro Airport

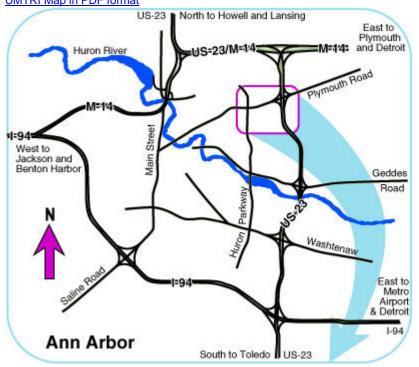
Take I-94 west to Ann Arbor (approximately 18 miles). Turn north on US-23 (Exit 180). Get off at the Plymouth Road exit and head west (left) on Plymouth Road, and follow the directions below, "Driving West on Plymouth Road."

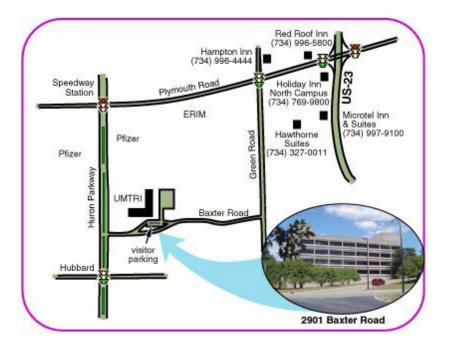
From Downtown Detroit

Take the Lodge Freeway (US-10) north and follow the signs for I-96 to Lansing. Take I-96 (approximately 22 miles) to M-14. Exit to the left and take M-14 (approximately 16 miles) to US-23. Turn south onto US-23, and immediately move to the right lane, exiting (right/west) onto Plymouth Road, and follow the directions below.

Driving West on Plymouth Road

At the third stop light, turn south (left) onto Huron Parkway. The first street to the left is Baxter Road, and UMTRI is on the left-hand corner. There is ample designated visitor parking in front of the building. UMTRI Map in PDF format





University of Michigan Transportation Research Institute 2901 Baxter Road, Ann Arbor, Michigan 48109-2150 USA Phone (734) 764-6504 | Fax (734) 936-1081

UMTRI - MOBILE PHONE STUDY

CONTACT SHEET

NAME:_____ PARTICIPANT #:_____

DATE OF BIRTH:_____

PHONE NUMBER:_____

EMAIL:_____

APPENDIX B - INITIAL INTERVIEW MATERIALS

Participant arrival interview

- Greet and meet in conference room
 - Complete contact sheet
- Description of Study, Questionnaire, and brief of this meeting
 - "This is a month-long study developed to characterize a cell phone users use patterns. Basically, we want to uncover the various parts that comprise an "average" cell phone conversation."
 - "You will be given several two-page surveys that are to be completed after every cell phone call you make OR receive. These completed surveys are to be sent here to UMTRI every week in these provided envelopes." (Show surveys and envelopes)
 - o "You will be paid \$50.00 when we receive your fourth-week's surveys."
 - "Finally, I will be giving you a questionnaire regarding your driving history and cell phone usage to complete before you leave."

"Any questions so far?"

- Instructions and clarification
 - "Here is the two-page survey you will be completing after each cell phone call you make or receive."
 - Emphasize...do not complete while driving...
 - Clarify question #9 (Show picture of a two lane highway and a two lane roadway with cars traveling in each direction)
 - Explain what questions to skip if the call is not placed or received while driving.
 - Read and explain directions for completing the second page.
- Confidentiality statement
 - "I want to make it clear that your personal information and survey information will be strictly confidential. After receiving your surveys, they will be given a number and referred to by that number for the entire study. Therefore your name will not be associated with any survey directly."

Give questionnaire and ask if participant has any questions.

UMTRI – Cell phone Survey Instructions

First, I would like to thank you for participating in this month-long study regarding cell phone usage. Remember, your personal information and survey information will be strictly confidential. After receiving your surveys, they will be given a number, and referred to by that number for the entire study. Therefore your name will not be associated with any survey directly.

You have been given 50 two-page surveys and four large envelopes.

- Please complete a two-page survey for **EVERY** cell phone call you make **OR** receive.
- Please remember to only complete in-car-calls when you have safely stopped the car.
- At the end of each week (for four weeks) place ALL of your completed surveys in one of the envelopes provided and drop in the mail.
- You will be paid \$50.00 after completing the surveys at the end of the fourweek period.

If you need additional surveys at any time or have any questions, please email me at <u>dnosaj@umich.edu</u> or call (734) 763-6081.

APPENDIX C – CONSENT FORM



University of Michigan Transportation Research Institute 2901 Baxter Road, Ann Arbor, MI 48109-2150

Participant # _____

What Constitutes a Typical Cell Phone Call? Primary Investigator: Paul Green (763 3795), Research Assistant: Jason George (763 6081)

The purpose of this study is to determine what constitutes a typical cell phone call and how calls made while driving differ from other calls, if at all. This information will be used in future studies of cell phone safety and usability while driving to develop typical calls and call scenarios.

After collecting some biographical data, we will ask you some questions about the cell phone you normally use, your calling habits, your driving habits, etc. We will then give you a packet of forms to record 20 items (mostly checking boxes) about each call. The questions concern who you spoke to (friend, business associate, etc.), if you were driving, and general information about the content of the call. To protect your privacy, we do not want any personal details, only the general topic of each call. (It was about a problem with a friend.) Please do not use names.

Once a week send the forms to us using the stamped envelopes provided, and at the end of the month, send us a copy of your phone bill (with the last 4 digits of each number blanked out for privacy) to provide data on call timing and duration.

You will be paid \$50 for your time. You may withdraw from this study at any time without penalty.

I HAVE READ AND UNDERSTAND THE INFORMATION PRESENTED ABOVE. MY PARTICIPATION IN THIS STUDY IS ENTIRELY VOLUNTARY.

Print your name

Date

Sign your name

Witness (experimenter)

For additional information about your rights, contact: Human Subjects Projection Office, 1042 Fleming Building, 503 Thompson St., Ann Arbor, MI 48104-1342 Ph: 936-0933, fax: 647 9084, email: IRB-Behavsci-Health@umich.edu, web: http://www.irb.research.umich.edu

APPENDIX D – BIOGRAPHICAL DATA AND GENERAL CALL BEHAVIOR

Mobile phone pre-questionnaire:

Participant #

- 1. Gender: Μ F
- Age:____
- Yearly Income Range:
 - E. \$51K \$60K A. Under \$20K
 - B. \$21K \$30K
- F. \$61K \$70K G. Over \$70K
 - C. \$31K \$40K D. \$41K - \$50K
- H. Rather not say

YOUR VEHICLE AND DRIVING INFORMATION

- YES 4. Are you a licensed driver?
- NO 5. Your car is: MANUAL **AUTOMATIC**
- 6. What is the Year, Make, and Model of the vehicle in which you make most of your mobile phone calls?

Year: Make: Model:

- 7. Approximately how many miles do you drive each year? (American Avg. is 9K-11K)
- 8. In the past 5 years: How many police-reported crashes have you been involved in?

How many tickets for moving violations?

- 9. When you are approaching an intersection and the light turns yellow, what do you usually do:
 - A. Floor it.
 - B. Keep going as long as you don't see any police cars.
 - C. Keep going and hope that you make it before the light turns red.
 - D. Stop.
- When someone cuts you off on the highway, do you usually: 10.
 - A. Make an obscene gesture.
 - B. Honk your horn or flash your high beams.
 - C. Slow down a bit to put a safer distance between the two of you.
 - D. Pass them and then cut them off.
- 11. Do you usually:
 - E. Drive the speed limit.
 - F. Drive a couple miles per hour over the speed limit.
 - G. Drive five to ten miles per hour over the speed limit.
 - H. Drive more than ten miles per hour over the speed limit.
- 12. How many times in the past year have you been given a ticket for a traffic violation?
 - A. Never.
 - B. Once or twice.
 - C. Three or four times.
 - D. More than 5.

- 13. When you're in the left lane and you come up behind someone who is driving slower than you, do you usually:
 - A. Slow down.
 - B. High-beam then until they move out of your way.
 - C. Tail-gate them until they move out of your way.
 - D. Go into the middle lane and pass them.
- 14. Which lane of the highway do you drive in the most?
 - A. The right lane.
 - B. The middle lane(s).
 - C. The left lane.
- 15. When you are stuck in a traffic jam on the highway and you are in a hurry to get somewhere, do you usually:
 - A. Accept the fact that you're going to be late.
 - B. Switch lanes frequently depending on which lane is moving the fastest.
 - C. Drive on the shoulder.
 - D. Get off the highway and look for an alternate route.
- 16. When you are driving behind someone on a one-lane road who is doing exactly the speed limit, do you usually:
 - A. Look for an opportunity to pass them.
 - B. Pass them and cut them off for going so slow.
 - C. Stay a safe distance behind them and do the speed limit.
 - D. Tailgate them.
- 17. You are circling a full parking lot for five minutes when you see a spot. Another car is coming in the opposite direction. Do you:
 - A. Speed up and start gesturing at the other person if they try to take it.
 - B. Let the other person have it.
 - C. Wait to see if the other person takes it or lets you have it.
 - D. Try to get to the parking spot first.

ABOUT YOUR CURRENT MOBILE PHONE AND USE

- 18. When did you get your first mobile phone?
 - 19. Why?
 - Á. Required by employer
 - B. To keep in touch with family members
 - C. Received as a gift
 - D. To optimize time making calls while walking or driving
 - E. More economical than local phone service
 - F. Emergencies
 - G. Other:_____
- 20. What is the make and model of your current primary mobile phone?
 - 21. How long have you had it?
 - 22. Who pays the bill?
 - A. Employer
 - B. I do
 - C. Parent
 - D. Relative
 - E. Other:____

23. Is it a Bluetooth phone?

YES

NO

PHONE FEATURES

- 24. Dialing: Circle all that apply and provide approximate percentage of use.
 - A. Speed dial/Phone Book %_
 - B.Hands free car kit%____C.Voice-activated dialing%
 - D. Calling card
 - E. Computer (modem) dialed,
 - iled, %____%
 - F. Other:____

25. Services: Circle all that apply and provide approximate percentage of use.

- A. Call waiting
 %_____

 B. Caller ID
 %_____

 C. EMS (Enhanced Messaging Service)%_____

 D. IM (Instant Messaging)
 %______

 E. Direct-connect feature
 %______

 F. Other:
 %
- 26. Conversation: While in the car, what percentage of the time do you use:

A. Speaker phoneB. Head setC. Ear pieceD. Handheld unit	% % %	,
27. Is your mobile phone your primary phone?	YES	NO
28. Do you have more than 1 mobile phone? If so, for what purpose?	YES	NO

- 29. Approximately how many calls do you make per day from your/each mobile phone?
- 30. Approximately how many calls do you receive per day on your mobile phone?
- 31. Approximately how many mobile phone calls do you make and receive while **driving alone** each day/week?
- 32. Normally, where is your phone when driving?
 - A. Cradle
 - B. Pocket
 - C. Seat
 - D. Purse
 - E. Other:_____
- 33. When talking on your mobile phone, while driving alone, have you:
 - A. Tailgated.
 - B. Cut someone off.
 - C. Hit another vehicle.
 - D. Ran a red light.
 - E. Missed an exit or turn.
 - F. Unknowingly exceeded the speed limit.

34. Have you ever been involved in a crash or near crash in which your use of a mobile phone could have been a contributing factor? YES NO

If so, describe it...

Where and when (road, day of week, time)

How fast were you driving?

APPENDIX E – INDIVIDUAL CALL LOG FORM

DIALED How: O Manual O Speed (one button) O Voice dial O Calling Card O Phone Book Nature of call: O Short Sequence (911, *75) O Local O Long distance O International O Toll-free O Other:	RECEIVED How: O Hand Set O Head Set O Voice O On-Dash button O Sent to Voice Mail Not Answered The call was: O Local O Long distance Were you on another call? O YES O NO How many rings before answered	Audible warnings (battery, etc. Hardware problem Other: r? Any other materials during the conversati	 How was the traffic? Traffic-free Light (no impact on spo O Moderate (slowed by tr O Heavy (stop-and-go) 	a. <u>R.</u> () () () () () () () () () () () () ()	espond to the call: • Within time of • Same day • After today • No response (leverity • Threat to life of • Major (Time of • Minor (Late for • None • characterize this contents	f trip Info. only) or property critical message) or dinner)
)	1 2 3 4 5 6 ONO Number of parties:_ OYES ONO ODON'T KI	 None (check all that apple Calculator Map Pen/Pencil & Paper 	 by) 12 what were the weather conditions Clear Rain Snow Sleet Hail High Winds Other: 	"Wh O Medium "Hmm, y O Demand "Divide :	at's for dinner?" (some decision r you take Beth, I'll ling (mpg calcula 352 miles by 18 g teral emotional conter	pick up Jon" utions) gallons of gas"
 Mobile phone Computer 4. Quality of the connection: 	[[[ere were you driving?(check all that apply) Residential Rural Urban Francesurat	 13. What was the lighting like? Daylight Overcast Sunset Dayle 	Information only 1 2 18. Briefly descr	to friend 3 4 ribe the content of t	5
Listening: Effort Scale O Complete relaxation possible, O Attention necessary; no appre	[no effort required 9. No ciable effort required O 1		Dusk Dark I4. The road surface was:			
 Moderate effort required Considerable effort required No meaning understood with a 	0 3 0 4 0 5 any reasonable effort If c 0 pos	L	 Wet Snow or slush Ice Other: 	Approxir Date:	mate length of ca	

Please indicate which category AND subtopic describes your conversation.

If the specific topic is not included here please mark "Not Listed" AND

Mark an "X" on the line that indicates where within these topics (which are ranked from greatest to least emotional content) your conversation fell.

 FAMILY Death of a close family member Major change in the health or behavior of a family member Gaining a new family member Son or daughter leaving home Trouble with In-laws Major change in the number of family get-togethers Christmas season Not Listed 	 SPOUSE Death of Spouse Divorce Marital separation from mate Marriage Marital reconciliation Pregnancy Major change in the number of arguments with spouse Spouse beginning or ceasing to work outside the home O Not Listed 	Change to a new school
MONEY Major change in financial status Taking out a mortgage or loan for a major purchase Foreclosure on a mortgage or loan Taking out a mortgage or loan for a lesser purchase ONot Listed SOCIAL/RECREATIONAL Major change in usual type and/or amount of recreation Major change in social activities Vacation ONot Listed	 WORK Fired from work Retirement Major business re-adjustment Change to different line of work Major change in responsibilities at work Trouble with boss Major change in working hours or conditions Not Listed 	 Minor violations of the law Not Listed HEALTH Major personal injury or illness Sexual difficulties Revision of personal habits Major change in sleeping habits Major change in eating habits O Not Listed

APPENDIX F – PHONE FEATURES

Speed dial – This features is a short cut to dial a phone number. For example, the user might program *51 to represent the phone number for a long distance call (734 764 1817). This feature is useful for phone numbers that are long, difficult to dial, or commonly used. (See www.ossidian.com/glossary/s.html.)

Phone book – This feature is a short cut to dial a phone number. The phone number is entered into a list. To dial the number, the user goes to the phone book, scrolls through the list, and then selects the number to dial. This feature is useful for phone numbers that are long, difficult to dial, or commonly used.

Hands-free kit – This hardware allows the user to take a hand-held phone and modify it for hands-free operation, that is to be a speaker phone. Usually it includes a cradle, speaker, microphone, and connectors. (See www.freecellphonesguy.com/freecellphonesguy-wireless-glossary.cfm.)

Enhanced Message Service (EMS) - An EMS-enabled mobile phone can send and receive messages that have special text formatting (such as bold or italic), animations, pictures, icons, sound effects and special ring tones. (http://www.webopedia.com/TERM/E/Enhanced Message Service.html)

Instant Messaging (IM) - A service that alerts users when friends or colleagues are on line and allows them to communicate with each other in real time through private online chat areas. With instant messaging, a user creates a list of other users with whom he or she wishes to communicate; when a user from his or her list is on line, the service alerts the user and enables immediate contact with the other user. While instant messaging has primarily been a proprietary service offered by Internet service providers such as AOL and MSN, businesses are starting to employ instant messaging to increase employee efficiency and make expertise more readily available to employees. (www.microsoft.com/windowsxp/experiences/glossary_h-n.asp.)

Direct Connect – This refers to a feature initially implemented on Nextel phones that allows the user to readily connect to a few other phones in a walkie-talkie like fashion. (See www.nextel.com/services/ **directconnect**/nationwide_dc.shtml.)

APPENDX G – METHOD FOR CODING HOLMES-RAHE DATA

Rationale for coding Holmes-Rahe questionnaire:

Based on the data provided within the questionnaire, as a whole, and based on potentially misinterpreted directions (some number) questionnaires were re-coded. The Holmes-Rahe based questionnaire (page two) is coded in two ways. If the participant's phone call relates specifically to the predefined Holmes-Rahe "emotional situation" the call is coded as a Y (yes) under its respective numerical representation (consistent with coding scheme for the whole document). *The "emotional situations" were divided into seven groups (Family, Spouse, Personal, Money, Work, Health, Social/Recreational) therefore between 3 and 9 Holmes-Rahe "emotional situations" fall under each category.*

Therefore, if an emotional situation falls under "**P**ersonal" and is 9^{th} on the scale (the 9^{th} being a **specific** predefined "emotional situation"), it would be coded as **Y** – **P9**. If the participant's call is not represented by one of the predefined "emotional situations" the participant was directed to check the "Not Listed" box AND place a mark next to the Holmes-Rahe "emotional situation" that best reflects the emotional content of the call. Under this condition the code would read **PNL** – **9** for **P**ersonal**N**ot**L**isted – (emotionally similar to) **9**.

Under certain circumstances the information provided by the participant in the document as a whole contradicts their response in the Holmes-Rahe portion of the questionnaire. This is apparent when the content of the call does not match the **specific** Holmes-Rahe "emotional situation" the participant has marked. In this case, we assume, that the participant failed to mark the "Not Listed" box and only marked the "emotionally similar" representation.

Example: The content of the call has been described as a returned call from a university regarding a complaint having been filed **by the recipient.** This call was coded by the participant **specifically** as a "Minor violation of the law" (Holmes-Rahe emotional situation" number 9) In this case the participant was not discussing his minor violation of the law, rather his call was "emotionally similar to" a minor violation of the law. Therefore we code this situation NOT as Y - P9 BUT as PNL – 9

APPENDIX H - TOPICS OF CALLS MADE WHILE DRIVING

A GIRL DID NOT CHECK OUT FROM APPT. A GIRL IN MY GROUP CALLED TO TELL ME SHE WOULDN'T MAKE OUR MEETING ACCOUNTANT ADVERTISING AFTER SCHOOL SCHEDULE AGENCIES IN PHONE BOOK AGREED TO GO TO APPT. ARRANGING BIRTHDAY PARTY FOR 8 YEAR OLD SON ASKED TO WORK A PRODUCTION EVENT ATTORNEY CALLED BACK ON MY L??? LEFT VERY DETAILED MESSAGE **BAD CONNECTION** BANK DEPOSITS **BRING HOME DINNER BRINGING HOME DINNER BRINGING HOME DINNER BUSINESS CARDS BUSINESS LICENSE BUSINESS TAXES** CALL ABOUT JOB INFO WITH INFORMATION LEFT ON VOICE MAIL CALL ABOUT STOPPING TO PICK UP (UNREADABLE) AT STORE CALL CHECK VOICEMAIL CALL DAD I WILL STOP BY TO PICK UP PACKAGE CALL FOR DIRECTIONS CALL FOR DIRECTIONS CALL FROM COWORKER CALL HOME LATE BECAUSE OF WEATHER CALL HOME TO REMIND OF AN APPOINTMENT CALL IN TO WORK CALL LAVALONG NO MESSAGE TO RESPOND TO CALL MADE. THEY ARE WAITING CALL MY MOTHER TO SEE IF MY GRANDDAUGHTER WAS THERE SO I COULD PICK HER UP CALL TO CHECK IF STOP NEEDED AFTER WORK CALL TO CHECK VOICEMAIL AT WORK CALL TO CHECK WHAT WAS NEEDED AT STORE CALL TO DOCTORS OFFICE CALL TO GET VOICEMAIL AT WORK CALL TO REPORT ACCIDENT AND SPINOUT ON FREEWAY CALL TO REPORT DISABLED TRUCK PARTIALLY IN TRAFFIC LANE CALLED 555 TOWNER TO FIND OUT WHEN THEY DO TB TESTING CALLED A FRIEND TO DO ME A FAVOR REGARDING WORK CALLED A FRIEND TO RELAY INFORMATION ABOUT UPCOMING PLANS AND SITUATION CALLED A--- TO LET HIM KNOW I WAS IN DET AND MEET ME AT THE COMAN YOUNG BUILDING CALLED ABOUT RESPONSIBILITIES INVOICE CALLED DAD TO HAVE HIM GET RED WIND TICKETS CALLED EYE-DOCTOR FOR INFO CALLED EYE-DOCTORWANT TO CONFIRM APPOINTMENT

CALLED FRIEND ABOUT EVENING ACTIVITIES CALLED FRIEND ABOUT PLANS FOR EVENING CALLED FRIEND ABOUT TIME OF EVENT CALLED FRIEND BACK WITH PLANS CALLED HOME TO SAY I WAS IN HOUSTON CALLED HOPE DENTAL CLINIC TO REGISTER L--- AND A--- FOR DENTAL APPT CALLED J --- TO SEE IF I COULD DO RESEARCH STUDY CALLED L--- TO SEE IF SHE WANTED TO GO OUT TONIGHT TO BALLROOM DANCE CALLED L---- TO ASK HER A QUESTION HOWEVER I FORGOT WHAT I CALLED HER FOR CALLED LAVALONG HOWEVER I WAS GETTING TOO MUCH STATIC SO I CALLED BACK CALLED MY MOM TO SEE IF SHE WAS COMING TO PICK ME UP TO GO TO MY DADS HOUS CALLED OTHER PARTNER CALLED RESTAURANT TO GET INFO CALLED TO CHECK IF RESTARAUNT OPEN FOR BREAKFAST CALLED WORK TO CHECK VOICEMAIL CALLED WORK TO SEE IF EQUIPMENT WAS READY CALLING FAMILY MEMBER TO COORDINATE MEETING CALLING OUT FROM APPT CATCHING UP WITH OLD FRIEND CHANGE OF DIRECTIONS CHATTING W/ MY BOYFRIEND CHATTING W/ MY PARENTS TELLING THEM WHEN I'D BE HOME CHATTING W/ MY ROOMMATE CHATTING WITH BROTHER CHECK VOICE MAIL AT WORK CHECK VOICEMAIL CHECKED VOICE MAIL AT WORK CHECKING IN CHECKING IN TO OFFICE CHECKING IN WITH WORK CHECKING LOCATION CHILD CARE NETWK INQUIRED ABOUT THEIR CHILD CARE SCHOLARSHIP CLIENTS NOT BEING SERVICED COMPUTER QUESTION D.B.A D.B.A'S DAD ASKED WHAT I DID IN ST LOUIS AND WHEN I WAS LEAVING FOR HOUSTON DAUGHTER CALLED ASKED ME AM I GOING TO PICK HER UP DECIDING PLANS FOR TRIP THAT NIGHT DIRECTION DIRECTION DIRECTION DIRECTION DIRECTION DIRECTION DIRECTION DIRECTION DIRECTION **DIRECTION & INFORMATION**

DIRECTION FOR APPOINT. DIRECTIONS TO A CALL DIRECTIONS TO MY SISTER DIRECTIONS TO NEW ADVERTISEMENT OFFICES DISCOUNTED RATES FOR OLD CLIENTS AND W? FORMS DISCUSS A TUESDAY, EETING DISCUSSED CHRISTMAS PLANS DISCUSSED RIDE HOME WITH FRIEND DISCUSSED THANKSGIVING RIDE HOME WITH SISTER DO I NEED TO STOP AT STORE DO I WANT TO PAY FOR MY ADS DOCTOR OFFICE INFO DROP OFF PAPERWORK EMAIL ME THE FILES EX-WIFE CALLING SON TO TELL HIM SHE'D BE LATE PICKING HIM UP FROM DAD'S HOUSE EX-WIFE GOT MIXED UP ON LOCATIONS FOR PICK-UP, DROP-OFF, WITH MY YOUNGEST SON FAMILY CALLED AND LEFT MESSAGE NOTHING IMPORTANT FAMILY MEMBER CALLED WITH QUESTIONS REQUEST FILLING A PERSCRIPTION FREEWAY ACCIDENT (NOT INVOLVED) FRIEND CALLED ABOUT DINNER PLANS FRIEND CALLED TO SAY SHE IS RUNNING LATE FOR TODAY'S PLANS FRIEND CALLED TO SEE IF SOMEONE WOULD BE AT OUR APARTMENT FRIEND CALLED TO TALK ABOUT POSSIBILITIES FOR THE EVENINGS PLAN FRIEND CALLED TO TALK AND MAKE PLANS FRIEND CALLING TO SAY SHE'S COMING OVER EARLY FRIEND TELLING ME OF A PARTY FRIEND WAS LATE FOR BOWLING GAS RECEIPTS GAS RECEIPTS GET DIRECTIONS GET VOICE MAIL GETTING DIRECTIONS GIRLS NOT WEARING ATTRACTIVE CLOTHES GOIN TO THE BAR GOT VOICE MAIL GOT VOICE MAIL GOT VOICEMAIL HAD TO STOP FOR GAS BEFORE GETTING DINNER HAS A CONVERSATION WITH A COMPANY ABOUT PARTICULARS OF SERVICE THEY ARE PROVIDING HEAVY DAMP TRAFFIC CAUSING SLOWDOWN NEAR AIRPORT HIRING NEW GIRLS HIRING NEW GIRLS HOURS AT WORK AND A SECOND AGENCY HOW WAS YOUR DAY ARE YOU COMING OVER HOW WAS YOUR DAY? HOW YOU DOIN HAPPY THANKSGIVING HOW'S IT GOIN HUNG UP

HUNG UP HUNG UP I CALLED A FRIEND RETURNED HER CALL AND TALKED ABOUT SITUATION I CALLED MY BOYFRIEND AND WE HAD A CASUAL CONVERSATION I NEED TO BORROW MONEY FOR MY ADS I NEEDED TO FORWARD MY PHONES I WAS CHATTING W/ MY MOM I'LL BE THERE IN 5 MIN I'LL BE THERE SOON I'M COMIN INTO TOWN MEET AT 7 I'M DONE WITH MY WORK I'LL BRING IT OVER I'M OUTSIDE WAITING INFORMATION ABOUT HOURS INFORMATION CALL INTERVIEWING AT A PUBLIC LOCATION ISSUES ISSUES ISSUES JUST CALLED TO SAY HELLO LATE COMING HOME LATE FOR WORK LATE FOR WORK LATE GETTING TO THE BOWLING ALLEY LAVALIFE MESSAGE WAITING FOR ME TO RESPOND LAVALONG TO CHECK MESSAGE LAWYER LEFT MESSAGE ON FRIENDS CELL PHONE ABOUT MEETING LATER LETTING OFFICE KNOW AT LUNCH LETTING OFFICE KNOW GOING HOME LISTENING TO PROTOCOL FOR EMERGENCIES LOCKS ON THE DOOR AT WORK LUNCH LUNCH M--- RESPONDING TO MY VOICE AD AT LAVALIFE MAKING PLANS FOR THE EVENING MAKING PLANS WITH MY SISTER ABOUT FRIDAY MAY BE LATE FOR WORK MEDICATION MEET AT 7 AT TENNIS COURTS METRO TIME ???? MONEY AT WORK MONEY DIRECTIONS MONEY DIRECTIONS MONEYAT WORK MORE ISSUES AND EMPLOYEES MULTIPLE VEHICLE TRAFFIC ACCIDENT MY BOYFRIEND AND I WERE DECIDING WHAT TIME WE WANTED TO LEAVE TO MEET EACH OTHER MY BOYFRIEND AND I WERE MAKING PLANS AND CHATTING MY DAD'S BIRTHDAY CALLED HIM

MY DAUGHTER'S THERAPIST CALLED TO GIVE UPDATE ON MY DAUGHTER'S COUNSELING MY FRIEND AND I WERE DECIDING WHAT BAR WE WANTED TO GO TO MY FRIEND AND I WERE DECIDING WHAT TO DO MY MOM CALLED JUST TO CHAT MY ROOMMATE AND I WERE CAUSALLY TALKING MY ROOMMATE CALLED ME TO SEE IF I HAD A DRILL NEED TO STOP AT DRUG STORE NEW ADS NEW ADS FOR BUSINESS NEW ADS IN PAPERS NEW ATTIRE FOR WORK NEW CLIENTS FOR WORK NEW DRESS CODES NEW EMPLOYEE NEW EMPLOYEE NEW EMPLOYEE DEPOSIT NEW EMPLOYEES NEWSPAPER ADS OFFICE PROCEDURES AND W4 PAPERS ON OUR WAY TO PICK HIM UP ONE OF MY FRIENDS CALLED TO TELL ME WHEN OUR BBALL GAME WAS **OPENING SECOND BUSINESS** OUT OF STATE LICENSES PARTY PLANS PARTY PLANS PAST CLIENTS PAYING FOR M.T. ADS PERCENTAGES OF PAY PERSONAL ISSUES PERSPECTIVE NEW EMPLOYEES PHONE FORWARDING PICKED UP MAIL PICKUP BREAKFAST PLANNING PLANNING PLANS PLANS **PRINTING SUPPLIES REPORT TO OFFICE REPORTING TO OFFICE** RESPONDED BACK TO CALL FROM FRIEND ON WORK PHONE W/MORE PRIVACY RETURNED FIRST CALLED DID NOT GO THROUGH SETTING UP APPOINT. LETTING KNOW LOCATION" **RETURNING INFORMATION TO OFFICE RETURNING INFORMATION TO OFFICE** ROOMMATE CALLED ABOUT SPRING BREAK PLANS MICHIGAN HOCKEY ETC RUNNING LATE RUNNING LATE FOR WORK S--- CALLED TO SEE IF I WAS STILL GOING TO MEET HER AT THE GAS STATION SCHOOL

SCHOOL SOMETHING WAS LOST NEEDED TO KNOW WHERE IT WAS I DIDN'T KNOW SON HOME FROM SCHOOL SON TO HIS DAD STOP AT DRUG STORE STRESSED OUT T--- RESPONDED TO MY VOICE MAIL AT LAVALIFE TALK TO AN ACQUAINTANCE TALK TO CLIENT ABOUT INFO AND TOUCHING BASES TALK TO DISTRIBUTION. MADE A PURCHASE TALK TO FAMILY MEMBER TALK TO FAMILY MEMBER TALK TO FAMILY MEMBER ABOUT WEEKEND PLANS TALK TO FAMILY MEMBER. DINNER PLANS TALK TO FRIEND TALK TO FRIEND TALK TO FRIEND ABOUT SEEING A MOVIE "MATRIX" TALK TO FRIEND. CATCHING UP ON OLD NEWS TALK TO MOTHER ABOUT PLANS TALK TO PROSPECTIVE CLIENT ABOUT THINGS TALK WITH CLIENT TALKED ABOUT PLANS FOR TONIGHT. TIME CONFIRMATION TALKED TO A FRIEND ABOUT FAMILY PROBLEMS TALKED TO FAMILY MEMBER. CONFIRM PLANS TALKED TO FRIEND, GOT DIRECTIONS TALKED TO FRIEND. SET UP TIME TO MEET TALKED WITH FAMILY MEMBER TALKED WITH FAMILY MEMBER ABOUT PLANS/NEWS TALKING ABOUT WEEKEND TALKING TO BROTHER ABOUT HIS NEW JOB TALKING TO FRIEND ABOUT PLANS FOR THE EVENING TALKING WITH MOM TAX PAPERS TAX PAPERS TELLING BROTHER WHAT MOVIES I RECENTLY SAW TELLING CLIENT I WAS RUNNING LATE TELLING COUSIN I'M COMING TO HIS HOUSE OVER SPRING BREAK TELLING HIM WE WERE ON OUR WAY TO PICK HIM UP TELLING MY BOYFRIEND WHEN I WOULD BE AT HIS HOUSE TIME TO PICK UP TICKET DISCUSSED TIPS FROM CLIENTS TOUCHING BASE WITH CLIENT TRANSPORTATION TWO CLIENTS CANCELLED PAYMENT ON THEIR CREDIT CARDS U OF M CAPH CALLED ME TO CONFIRM DEPOSIT WAS RECEIVED UPDATE FRIEND WHO MISSED CLASS VOICE MAIL VOICE MAIL VOICEMAIL FROM CLIENT. AGAIN PHONE DID NOT PICK UP. LACK OF COVERAGE W---- CALLED TO TELL ME HE WOULD NOT BE ABLE TO VISIT TODAY
WAIT FOR NEW EMPLOYEES
WANTED TO ASK ME A QUESTION
WANTED TO SEE IF OTHER FRIEND WAS ON THE WAY
WAS LATE FOR A PARTY
WHAT GIRLS ARE AW???
WHAT INFORMATION NEEDED FOR APPOINT.
WHAT RESTAURANT?
WHEN YOU GETTING HERE
WHO MADE MONEY DROPS?
WIFE CALLED TO FIND ME AT MALL
WILL BE A LITTLE LATE
WILL YOU PICK ME UP FROM WORK
YARN SHOP

APPENDIX I - CALLS MADE WHILE NOT DRIVING

A-- CALLED ME BACK AGAIN GETTING INFO FOR FINANCIAL AID FROM MOTHER AIRLINE OPERATOR COLLECTING MONEY FOR TICKET ANNOYING, HUNG UP ARGUING WITH MOTHER ABOUT SATURDAY NIGHT PLANS ARRANGE A TIME TO PICK THINGS UP FROM FRIEND'S HOUSE ASK FRIEND TO HOCKEY GAME ASKED BROTHER TO PICK UP SOMETHING FROM THE STORE ASKED FRIEND TO COME OVER ASKED FRIEND TO COME OVER FOR POKER ATTMPTED TO RETURN ATTORNEY'S CALL ONCE I WAS OFF THE ROAD ONLY GOT HIS SECRETARY AND LEFT MESSAGE **BROTHER BOUGHT A LAPTOP** BROTHER WANTED ME TO PICK UP SOMETHING BROTHER WANTED TO SEE WHAT I WAS DOING FOR DINNER BROTHER WANTED TTO USE CAR BUDDY CALLING TO SAY HE WAS COMING OVER BUSINESS ACQUAINTANT CATCHING UP WITH THINGS, STATUS **BUSINESS CARDS** CALL ABOUT A JOB OFFER CALL ABOUT GROUP PROJECT CALL COMFORT ZONE TO FIND OUT WHAT TIME AND DAY DO THEY HAVE BALL-ROOM DANCE LESSONS CALL DR K--- ASKED IF THEY HAVE ANY OPENING POSITIONS FOR A MEDICAL ASSISTANT CALL FRIEND TO GET TOGETHER TO STUDY CALL FROM A FRIEND TO TALK PLAN A VISIT CALL L--- JUST TO TALK CALL L--- TO SEE HOW SHE WAS DOING CALL LAVALONG TO FIND OUT IF I RECEIVED ANY MESSAGES CALL MARYMEY DOCTOR TO INFORM HER I WAS RUNNING LATE FOR APP CALL ME BACK CALL ME BACK CALL ME TOMORROW CALL MY DAD TO TELL HIM MOM WOULD DROP ME OFF AT HIS HOUSE TODAY AROUND 4PM CALL MY GIRLFRIEND B---- AND ASKED HER TO UNLOCK THE DOOR BECAUSE I DO NOT HAVE MY KEY CALL MY JOB AT THE COUNTY TO INFORM THEM I WAS RUNNING BEHIND A LITTLE FOR WORK CALL REGARDING WORK DECISIONS AND PLANS CALL S--- MY SISTER TO SEE IF SHE COULD PICK MY DAUGHTER UP FROM THE DANCE AND **BABYSITTER FOR ME** CALL T--- TO LET HIM KNOW I AM IN DETROIT CALL TO FATHER REGARDING VISIT CALL TO FIND OUT WHAT TIME MY DOCTOR APPT SCHEDULE FOR CALL TO GET DIRECTIONS CALL TO INQUIRE ABOUT A COMPANY SERVICE CALL TO LOCATE WIFE AT MALL CALL WAS DROPPED ALMOST IMMEDIATELY CALL WCC FOR QUESTION ABOUT FINANCIAL AID FOR SCHOOL

CALL WORK, MAY BE LATE; ACCIDENT, TRAFFIC

CALL YOU BACK I'M ON THE OTHER LINE CALLED A FRIEND TO TALK ABOUT THE WEEKEND CALLED A-- HE RESPOND TO MY VOICE MAIL AND I CALLED HIM BACK TO TALK TO HIM CALLED A2 TEMPS CONCERNING JOB CALLED ABOUT RED WINGS TICKETS CALLED BRANDY TO SEE WHAT SHE WAS UP TO CALLED C---- TO INFORM HER I WOULD NOT BE ABLE TO MAKE IT TO HER CANDLE LIGHT PARTY CALLED FAMILY MEMBER ABOUT A MESSAGE THEY LEFT CALLED FAMILY MEMBER ABOUT THEIR MESSAGE HEATED CONVERSATION YET BRIEF CALLED FOX THEATER TO FIND OUT IF I CAN PAY AT THE DOOR OR DO THEY ONLY TAKE TICKETS CALLED FRIEND CALLED FRIEND ABOUT SOMEONE BEING AT HOME CALLED FRIEND I HAVEN'T TALKED TO IN A WHILE CALLED FRIEND TO FIND OUT PLANS FOR THE DAY CALLED FRIEND TO FIND OUT WHAT SHE WAS DOING TONIGHT CALLED FRIEND TO GET ANOTHER FRIEND'S ADDRESS CALLED FRIEND TO SAY I WAS CLOSE TO HOUSE CALLED FRIEND TO SEE HOW SHE WAS WHATS NEW CALLED FRIEND TO TELL HER I WAS ON MY WAY OVER CALLED GRANDMA IN FLORIDA TO WISH HER A HAPPY VALENTINES DAY CALLED GRANDMA TO WISH HER A HAPPY VALENTINES DAY CALLED HOME ABOUT VACATION FAMILIES HEALTH ETC CALLED HOME TO ASK ABOUT SPRING BREAK CALLED HOME TO ASK ROOMMATE TO LEAVE FRONT DOOR UNLOCKED CALLED IN REGARDS TO A COMPUTER ISSUE CALLED INFORMATION (555-1212) TO GET THE PHONE # FOR FOX THEATER IN DETROIT CALLED L---- TO FIND OUT WHAT TIME I NEED TO PICK HER UP FOR TOMORROW CALLED L---- TO SAY HI AND FIND OUT HOW SHE WAS DOING TODAY CALLED LAVALONG TO FIND OUT HOW MANY PEOPLE CALLED TO RESPOND TO MY AD FOR A HUSBAND CALLED MOM AT 3AM TO SEE IF I COULD GO OVER TO HER HOUSE CALLED MOM BACK TO FIND OUT WHERE SHE WAS AND WHAT WAS TAKING SO LONG FOR HER TO PICK ME UP CALLED MOTHER ABOUT DINNER CALLED MY APARTMENT COMPLEX FROM SCHOOL TO FIND OUT WHY NO ONE CAME OUT SATURDAY TO DO THE DOOR CALLED MY FRIEND TO SEE WHAT HER PLANS FOR SUPERBOWL WERE CALLED MY GIRLFRIEND B---CALLED MY GRANDMOTHER TO SEE IF MY DAUGHTER ALEXIS WAS AT HER HOUSE CALLED MY MOM AND ASK HER TO TAKE ME TO THE LIBRARY CALLED MY MOM AND ASKED HER IF SHE COULD PICK MY MONEY UP TOMORROW TOO WHEN SHE PICK UP HER MONEY CALLED MY MOM AT HER HOUSE AND I GOT THE ANSWERING MACHINE CALLED MY MOM TO ASK HER WHAT TIME SHE WAS GOING TO COME AND PICK ME UP CALLED MY MOM TO SEE IF SHE WAS STILL GOING TO PICK ME UP TO GO TO SCHOOL CALLED N--- TO LET HIM KNOW I AM IN DET AND TO MEET ME AT THE COLMOM BUILDING CALLED ROOMMATE ABOUT BANK MONEY CALLED SISTER IN COLORADO OVER CORRESPONDENCE SE? CALLED SISTER TO ASK DIRECTIONS CALLED T --- BACK HE HUNG UP ON ME CALLED T--- TO SEE WHAT HE WAS UP TO

CALLED T--- TO TELL HER I WAS RUNNING LATE FOR D--- DOCTOR APPOINTMENT CALLED TO CHECK ON MY MESSAGES A LAVALONG TO SEE IF I HAD RECEIVED ANY CALLS THEN **RESPONDED TO MY MESSAGES** CALLED TO GET A RIDE CALLED TO SAY HELLO CALLED TO SAY I COULDN'T MEET MY FRIEND CALLED TO SAY I WAS ON MY WAY OVER CALLED TO SAY WE WERE ON OUR WAY HOME CALLED TO SEE HOW I WAS DOING CALLED TO SEE WHAT I WAS DOING CALLED TO SEE WHAT TIME DESTINY DAYCARE SERVE LUNCH I FORGOT HER LUNCH IN MY CAR AND TOLD THEM I NEED TO DROP OFF HER LUNCH CALLED TO TELL MY BROTHER I WAS ON MY WAY TO PICK HIM UP CALLED W FORMATION TO GET THE NUMBER FOR THE STATE BOARD TESTING FOR NURSING CALLING ABOUT PLANS FOR THE NIGHT CALLING IN TO APPT. CALLING MY MOM TO DECIDE ON PLANS CALLING THE LIBRARY TO SEE IF THEY HAVE A BOOK FOR SCHOOL CAN I GET A... CANCELED PLANS FOR THE NIGHT RESCHEDULED CANCELLED MEETING TONIGHT CASUAL CONVERSATION WITH MY MOM AND DAD CHANGE OF PLANS CHATTING W/ MY BOYFRIEND ON MY RIDE HOME CHATTING W/ MY MOM CHATTING W/ MY PARENTS CHATTING W/ MY PARENTS CHATTING W/ MY PARENTS CHATTY CONVERSATION WITH FATHER CHATTY CONVERSATIONWITH MOTHER CHATTY CONVERVASTION WITH BROTHER CHECK OFFICE VOICEMAIL CHECK TO SEE IF ANY CANCELLATION AT 2ND JOB CHECK VOICE MAIL CHECK VOICE MAIL CHECKED VOICEMAIL MESSAGES TOOK DOWN INFO CHECKING IN WITH MOTHER CHECKING IN WITH MY BROTHER COME DOWNSTAIRS COME OVER COME OVER COME OVER COME OVER COME OVER COME OVER COME PICK ME UP

COME PICK ME UP COME PICK ME UP COME TO BOSTON THIS WEEKEND COME TO MCKINLEY STREET COME TO THE BAR COME TO THE BAR COME TO THE BAR COME TO THE BAR CONFIRMING PLAYING BASKETBALL WITH GROUP CONTACTED FEMALE FRIEND FOR PLAN TOMORROW EVENING AND ON THE WEEKEND CONTINUATION OF DROPPED CALL ABOUT RELATIONSHIPS AND MOVING IN WITH SOMEONE CONTINUING DROPPED CALL CONVERSATION WITH A FRIEND ABOUT CHANGES IN CIRCUMSTANCES NEW SITUATIONS CONVERSING WITH MY MOTHER COUSIN AND I SWITCHING DATES FOR VISIT OVER SPRING BREAK COUSIN FROM FLORIDA CALLED TO CATCH UP DAD CALLING TO SAY HELLO DAILY PLANS WITH HUSBAND DECIDING PLANS FOR THE WEEKEND MY FRIEND IS MOVING INTO NEW APARTMENT DECIDING WHERE TO GO FOR EVENING DID WE HAVE PLANS TO MEET WITH PROFESSOR DID WE HAVE PLANS TO MEET WITH PROFESSOR DID YOU DO THE HOMEWORK YET? - WHAT ARE THE PROBLEMS? DINNER ORDER DINNER ORDER **DINNER ORDER** DINNER ORDER DIRECTIONS TO APT DISCUSS MEETING TOMORROW DISCUSS PICK-UP OF DOCUMENTS DISCUSS PLAN CHANGES FOR ASSIGNMENT - ARRANGE PICK-UP, DROP-OFF OF MATERIALS **DISCUSS PLANS** DISCUSS PLANS FOR THE NIGHT DISCUSS PLANS FOR TONIGHT TOMORROW DISCUSS RIDE HOME FOR TGIVING DISCUSS THANKSGIVING PLANS DISCUSSED BIG PROJECT AND MEETING ON SATURDAY DISCUSSED DINNER ARRANGEMENTS FOR SUNDAY NIGHT DISCUSSED DINNER PLANS FOR SUNDAY WITH DAD DISCUSSED HOMEWORK DISCUSSED MEETING DISCUSSED MEETING FOR TOMORROW DISCUSSED MEETING FOR TOMORROW DISCUSSED MEETING THIS AFTERNOON DISCUSSED MORE EMAIL PROBLEMS DISCUSSED PLANS FOR THE NIGHT DISCUSSED PLANS FOR TOMORROW DISCUSSED PRESENTATION TOMORROW AND MEETING LATER DISCUSSED PROBLEMS W/ EMAILING PARTS OF OUR PROJECT

DISCUSSED PROCEDURAL ISSUES DISCUSSED PROJECT DISCUSSED PROJECT AND SATURDAY MEETING DISCUSSED RIDE BACK TO SCHOOL DISCUSSED RIDE HOME FOR TGIVING DISCUSSED STATUS OF PROJECT DISCUSSED TODAY'S MEETING DISCUSSED TOMORROW'S MEETING DR M--- CALLED AND SCHEDULE A DENTIST APT DROP OFF MY GLOVES DROPPED CALL ENJOY THE GAME? FAMILY MEMBER CALLED ABOUT BRINGING SOMETHING TO HER FAMILY MEMBER CALLED AND LEFT MESSAGE TO CALL BACK ASAP FEMALE FRIEND CALLED ABOUT GETTING TOGETHER LATER ON TODAY FRIEND AND I PLANNED OUR EVENING FRIEND BROKE UP WITH GIRLFRIEND FRIEND BROKE UP WITH GIRLFRIEND SHOCK FRIEND CALLED ABOUT CLASSES GROUP MEETINGS, ETC. FRIEND CALLED ABOUT GETTING TOGETHER OVER THE WEEKEND FRIEND CALLED ABOUT HOMEWORK FRIEND CALLED ABOUT HOMEWORK FRIEND CALLED ABOUT STOPPING BY FRIEND CALLED ABOUT THE UPCOMING WEEKEND AND TO SAY HELLO FRIEND CALLED ABOUT WEEKEND FRIEND CALLED ABOUT WEEKEND CLASSES JOBS SUMMER ETC FRIEND CALLED BACKWITH PLANS FRIEND CALLED FOR DIRECTIONS TO FLORIDA FRIEND CALLED FOR EVENING PLANS FRIEND CALLED TO ASK A QUESTION AND CHAT FRIEND CALLED TO BORROW DIGITAL CAMERA FRIEND CALLED TO FIND OUT PLANS FOR NEXT WEEKEND FRIEND CALLED TO FIND OUT SCORE OF HOCKEY GAME FRIEND CALLED TO GET PICKED UP FROM APT ON NORTH W DIRECTIONS FRIEND CALLED TO MAKE FUTURE PLANS FRIEND CALLED TO MAKE PLANS FRIEND CALLED TO MAKE SURE GROUP PAPER WAS READY FRIEND CALLED TO SAY HELLO FRIEND CALLED TO SAY HELLO FRIEND CALLED TO SAY SHE WAS COMING OVER FRIEND CALLED TO SAY SHE WAS IN TOWN FRIEND CALLED TO SAY SHE WOULD BE LATE FRIEND CALLED TO SEE IF WE WERE STILL AT LUNCH FRIEND CALLED TO TALK FRIEND CALLED TO TALK DESCRIBE EVENTS OF DAY LEFT MESSAGE FRIEND CALLED WHO I LEFT MESSAGE WITH LAST NIGHT FRIEND CALLED WITH A TICKET TO BASKETBALL GAME FRIEND CALLING ME TO SAY HE CAN GIVE ME A RIDE HOME FRIEND CALLING ME TO TELL ME WHAT TIME HE'LL PICK ME UP

FRIEND FROM HOME ASKING ABOUT MY TGIVING PLANS FRIEND INVITING ME TO BIRTHDAY PARTY FRIEND TELLING ME HE'S IN ANN ARBOR AND NEEDS DIRECTIONS FRIEND TELLING ME SHE'S HAVING A PARTY FRIEND WANTED TO TELL ME HE WAS ON HIS WAY FRIEND WAS WAITING TO PICK ME UP FRISBEE GOLF? FRISBEE GOLF? FRISBEE GOLF? FRISBEE GOLF? GETTING INFORMATION ON FINANCIAL AID GIVING DRIVING DIRECTIONS TO FRIEND GO TO THE MALL? GOIN TO THE BAR GOIN TO THE BAR TONIGHT GOT ANSWERING MACHINE GOT ANSWERING MACHINE GOT CUT OFF GOT DINNER GOT VOICE MAIL GOT VOICEMAIL GRANDPA PASSED AWAY THIS MORNING GROUP MEMBER CALLING TO CONFIRM GROUP MEETING HAD TO ASK ROOMATE TO PICK ME UP AFTER CLASS HAD TO GET PROJECT TO CLASS ON TIME HAD TO MEET WITH A FRIEND TO GIVE HIS WATCH BACK HAD TO SCHEDULE AN APPOINTMENT HAPPY BIRTHDAY HAPPY THANKSGIVING HAVING SECOND THOUGHTS ABOUT DECISIONS I MADE HE WANTED ME TO CALL HIM BACK LATER HEADLIGHTS LEFT ON IN MY DADS CAR HOPE CLINIC CALLED TO SCHEDULE APT TO GET A FOOD BAG THIS FRIDAY - ON HOLD

HOW ARE YOU? HOW IS YOUR DAY HOW WAS YOUR WEEKEND? HOW YA DOIN'? HOWS IT GOING HOWS IT GOING I'M STOPPING BY HOW'S IT GOING? I CALLED A STORE TO SEE IF THEY HAD GOTTEN A SHIRT IN I CALLED MY MOM IN THE MORNING TO SEE IF SHE WOULD BABY SIT A --- FOR ME I CHATTED WITH MY PARENTS I HAD TO CALL WORK AND TELL THEM I WAS GOING TO BE LATE I LEFT A MESSAGE FOR MY SISTER IN LAW I LEFT MY GLOVES IN YOUR CAR DROP THEM OFF AT MY HOUSE I WAS CHATTING W/ MY BOYFRIEND I WAS CHATTING W/ MY MOM I WAS CHATTING W/ MY PARENTS I WAS FINALLY ON MY WAY HOME I WAS GOING TO BE LATE TO THE OFFICE I'LL BE HOME SOON I'LL BE OVER IN A SEC I'LL BE RIGHT OVER I'LL BE THERE IN A MINUTE I'LL CALL YOU BACK I'LL CALL YOU WHEN I GET OUT OF WORK I'LL PICK YOU UP IN 20MINUTES I'M AT YOUR HOUSE I'M COMIN INTO TOWN I'M COMIN OVER I'M COMIN TO THE HOUSE ON GREENWOOD I'M COMING OVER. I'M COMING OVER. I'M COMING OVER. I'M COMING TO PICK YOU UP I'M OUTSIDE I'M OUTSIDE LET ME IN I'M OUTSIDE WAITING I'M OUTSIDE WAITING I'M OUTSIDE WAITING I'M WAITING OUTSIDE INFORMED SISTER OF NATURE OF REGISTERED LETTER INVITING FRIEND TO PARTY INVITING FRIEND TO PARTY

JUST CHATTING L---- CALLED AND ASKED ME IF I COULD BABYSIT LARGE ACCIDENT ON FREEWAY LATE FOR GROUP MEETING LATE GETTING OFF NEEDED TO GET BACK HOME LAVALIFE CALL TO CHECK VOICE MAIL TO SEE HOW MANY GUY ANSWERED MY VOICE AD FOR A HUSBAND LAVALIFE CALLED TO SEE HOW MANY MEN ANSWERED MY VOICE MAIL FOR THE DATING SERVICE LAVALIFE CHECK MESSAGES LAVALIFE DATING SERVICE CHECKING TO SEE IF ANY GUY ANSWERED MY VOICE MAIL LAVALIFE TO CHECK VOICE MAIL LAVALONG TO CHECK MESSAGE LAVALONG TO CHECK MESSAGE LEFT HIS WATCH AT MY HOUSE LEFT MESSAGE WITH SISTER FOR SELLING OF FAMILY ESTATE LET PARENTS KNOW I WAS ON MY WAY HOME LETS GO GET DINNER LETS GO HAVE A BEER LET'S GO IN 10 MINUTES- YOU DRIVING OR ME? LETS GO TO A MOVIE LETS GO TO A MOVIE MEET AT MEIJERS LETS GO TO SUBWAY LET'S GO TO SUBWAY LETS PLAY FOOTBALL MADE A GENERAL PHONE CALL MADE PLANS FOR THE NIGHT MAKING AN APPOINTMENT MAKING DOCTOR APPOINTMENT MAKING PLANS FOR EVENING MAKING PLANS FOR SPRING BREAK MAKING PLANS FOR THE EVENING MAKING PLANS FOR THE FOLLOWING WEEKEND MAKING PLANS FOR THE NIGHT MAKING PLANS FOR THE WEEKEND MAKING PLANS OVER SPRING BREAK WITH FRIEND MAKING PLANS TO PLAY BASKETBALL MAKING PLANS WITH A FRIEND MAKING PLANS WITH FRIEND MAKING PLANS WITH SISTER OVER SPRING BREAK MEET ME AT TOUCHDOWNS MEET ME IN 10 MIN MEET ME IN 20 MINUTES AT THE TENNIS COURTS MEET YOU AT TOUCHDOWNS MISSED CALL BUT PAHONE ALERTED ME TO VOICE MAIL. CLIENT CALL MISSED CLASS HAD TO GET TOGETHER TO DO HOMEWORK MOM CALLED ME AND SHE SAID SHE WAS OUTSIDE MY APT DOOR AND TO COME OUTSIDE SO WE CAN LEAVE MOM CHECKING UP ON ME MONEY MORE WORK SCHEDULE MRS J---- CHECK TO SEE IF SHE WAS GOING TO PAY MY DAY CARE MY BOYFRIEND CALLED ME & ASKED ME A QUESTION MY BOYFRIEND CALLED-CHATTED MY DAD TO FIND OUT IF A ----- WAS THERE MY FLIGHT LANDED I'M AT MCNAMARA TERMINAL MY FRIEND CALLED AND I TOLD HER ABOUT A DEATH MY FRIEND CALLED ME AND I CALLED HER BACK ABOUT A DEATH MY GIRLFRIEND R--- CALLED AND ASKED ME IF I GOT THE DET FREE PRESS SHE WANT ME TO READ A ARTICLE ABOUT HER MY GROUP & I HAD TO DECIDE WHO WAS GOING TO OUR MEETING MY PARENTS CALLED FOR DIRECTIONS MY SISTER CALLED ME AND ASK ME IF SHE COULD DROP OFF MY GRANDDAUGHTER NEEDED A RIDE FROM COWORKER TO OFFICE NEEDED TO DECIDE GROUP MEETING TIME NEW EMPLOYEES NEW NAMES FOR GIRLS NONE NONE OLD BILL FOR METRO TIMES ORDERED SALAD AND BEEF NACHOS PARTY PLANS PARTY PLANS PHONE INTERVIEW WITH CLIENT PICK ME UP PICK ME UP PLAN FOR THE NIGHT PLAN FOR TONIGHT PLANS PLANS PLANS PLANS PLANS PLANS PLANS FOR SPRING BREAK PLANS FOR TGIVING BREAK W/ FRIEND FROM HOME PLANS FOR THE NIGHT PLANS FOR THE WEEKEND PLANS FOR THE WEEKEND PLAY RACQUET BALL? PROFESSOR RETURNED A CALL REGARDING A MEETING THAT DAY RACKETBALL? RAQUETBALL RECEIVED A CALL ABOUT A JOB REMINDER FROM C___ ABOUT B____ HAIRCUT REPORTING INFORMATION TO COWORKER RE-SCHEDULING DATE FOR 15'-20' LATER DUE TO UNEXPECTED WORK

RETURNED A CALL ABOUT A BUSINESS MATTER RETURNED A CALL TO A FRIEND MADE PLANS TO GET TOGETHER RETURNED CALL RETURNED FEMALE FRIEND'S CALL WHEN I COULD BE MORE RELAXED TALKING TO HER **RETURNING A CALL** ROOMATE TELLING ME TO HURRY UP GROCERY SHOPPING ROOMMATE CALLED FROM CAR ASKING ABOUT EXTRA HOCKEY TIX SEE WHAT I WAS DOING SEEING HOW MY MOTHER WAS DOING SEETING UP PLANS TO PLAY RAQUET BALL THAT DAY SEND SECURITY TO THE GIRL WHO DIDN'T CHECKOUT SET UP AN INTERVIEW SISTER ASKING COMPUTER QUESTIONS SISTER CALLED TO ASK WHEN I WOULD BE IN SISTER GOT IN CAR ACCIDENT SLEEP CLINIC CALL TO SEE IF I COULD DO SLEEP STUDY SHE ASKED NO QUESTIONS TO SEE IF I QUALIFY SON HOME FROM SCHOOL SON LEFT BOOKS AT MY HOME, WITH MOM AT WALMART NEEDS TO PICK THEM UP STOP BY STRESSED OUT STRESSED OUT T--- CALLED TO TALK TALK TO CLIENT TALK TO DAD TALK TO FAMILY MEMBER TALK TO FRIEND TALK TO FRIEND TALK TO FRIEND. CATCHING UP ON NEWS AND HAPPENINGS TALK TO MOM TALK TO MOM TALK TO MOM RE: THANKSGIVING TALK TO OFFICE TALK TO SISTER ABOUT RIDE HOME FOR TGIVING TALKED ABOUT ARRANGEMENTS FOR A WORK MATTER TALKED ABOUT RELATIONSHIPS HE NEEDED HELP TALKED ABOUT WEEKEND TALKED TO A FRIEND I HAVEN'T TALKED TO IN A LONG TIME TALKED TO CLIENT ABOUT PROJECTS TALKED TO DAD ABOUT SPRING BREAK TALKED TO FRIEND ABOUT HOMEWORK TALKED TO FRIEND, CAUGHT UP ON THINGS TALKED TO GROUP MEMBER GOT DIRECTIONS TO HOUSE TALKED TO GROUPMATE ABOUT GROUP PROJECT TALKED TO PARENTS ABOUT CLASSES VACATIONS ETC TALKED TO SISTER IN HOUSTON TALKED WITH A FRIEND ABOUT EVERYDAY THINGS TALKED WITH CLIENT. RECEIVED INFORMATION TALKED WITH FRIEND ABOUT LIFE PLANS ACTIVITIES TALKED WITH FRIEND ABOUT SICK PARENT HOW TO COPE

TALKED WITH REPAIR SHOP STATUS AND INFO TALKING ABOUT A CONCERT IN THE FUTURE TALKING ABOUT GIRLS AND THE WEEKEND TALKING ABOUT HOUSING FOR NEXT YEAR TALKING ABOUT LIVING ARANGEMENTS FOR THE FALL TALKING ABOUT PLANS FOR TONIGHT TALKING ABOUT PLANS FOR TONIGHT TALKING TO FATHER ABOUT MY SISTER'S BREAK UP WITH BOYFRIEND TALKING TO MOTHER ABOUT PLANS FOR SPRING BREAK TALKING TO MY BOYFRIEND ABOUT OUR PLANS FOR THE NIGHT TALKING TO MY PARENTS TALKING TO MY ROOMMATE ABOUT WHEN WE WANTED TO LEAVE FOR CLASS TALKING WITH FAMILY ABOUT LEGAL AFFAIRS TALKING WITH SISTER ABOUT FUTURE PLANS TELL MOM AND DAD I MADE IT HOME SAFELY TELLING SISTER HOW TO USE DVD PLAYER TIME FOR APPOINTMENT TIMEFRAME FOR GROUP PROJECT TOLD FRIEND ABOUT CHANGE IN PLANS TOLD FRIEND TO MEET ME AT THE UNION TOLD MOM I WAS HOME SAFE TOLD ROOMMATE TO MEET ME AT MR SPOTS TRIED TO MAKE PLANS WITH A FRIEND TRYING TO SET UP 3 WAY CALL U OF M CALLED ON RECIPIENT RIGHTS COMPLAINT BEING OFFICIALLY FILED (ON MY BEHALF) J REWROTE CALL ON DESIGNATING RETURN CALL" VOICE MAIL CALL

WANTED TO SEE HOW HE DID ON HIS EXAM WANTED TO SEE IF HE WANTED TO WORK OUT WANTED TO SEE WHAT WAS GOING ON WANTED TO SEE WHAT WAS GOING ON AT A PARTY HAD TO WORK WANTED TO TELL FRIEND PLANS FOR SPRING BREAK WANTED TO TELL ME ABOUT A FRIEND THAT WANTS TO RENT WITH US WASN'T GOING TO MAKE IT FOR LUNCH WATCH THE GAME? WE GOT ANOTHER RIDE WE'RE STOPPIN BY WHAT ARE YOU DOIN WHAT ARE YOU DOIN WHAT ARE YOU DOIN TONIGHT WHAT ARE YOU DOIN TONIGHT WHAT ARE YOU DOIN TONIGHT WHAT ARE YOU DOIN TONIGHT? WHAT ARE YOU DOIN? WHAT ARE YOU DOIN'? WHAT ARE YOU DOIN'? WHAT ARE YOU DOIN'? WHAT ARE YOU DOING TONIGHT? WHAT DO YOU WANT FROM THE STORE WHAT KIND OF APPLES DO YOU WANT WHAT TIME ARE WE LEAVING TOMORROW? WHAT TIME ARE WE MEETING WHAT TIME ARE YOU LEAVING FOR HOME WHAT TIME SHOULD WE MEET TOMORROW? WHAT TIME SHOULD WE MEET? WHAT TIME WAS THE MEETING WITH PROFESSOR WHAT'S FOR DINNER WHAT'S ON TOMORROW'S EXAM? WHAT'S UP WHEN ARE WE MEETING? WHEN ARE YOU LEAVING FOR THE BAR WHEN ARE YOU LEAVING? WHEN ARE YOU LEAVING? WHEN YOU GOIN OUT WHEN YOU GOIN TO THE BAR WHERE ARE YOU WHERE ARE YOU? WHERE SHOULD WE EAT DINNER? WOODBURY GREEN CONDO CALLED TO FIND OUT IF THE MAINTENANCE MAN WAS STILL COMING OVER AT 10 TO REPAIR DOOR WORK QUESTION WORK QUESTION WORK SCHEDULE REARRANGING

YEARBOOK INTERVIEW ABOUT WHAT I LEARNED IN COLLEGE