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Hospital Variation in Missed Nursing Care

Beatrice J. Kalisch, RN, PhD, FAAN,1 Dana Tschannen, RN, PhD,1 Hyunhwa Lee, RN, PhD,2 and Christopher R. Friese, RN, PhD, AOCN1

Abstract
Quality of nursing care across hospitals is variable, and this variation can result in poor patient outcomes. One aspect of quality nursing care is the amount of necessary care that is omitted. This article reports on the extent and type of nursing care missed and the reasons for missed care. The MISSCARE Survey was administered to nursing staff (n = 4086) who provide direct patient care in 10 acute care hospitals. Missed nursing care patterns as well as reasons for missing care (labor resources, material resources, and communication) were common across all hospitals. Job title (ie, registered nurse vs nursing assistant), shift worked, absenteeism, perceived staffing adequacy, and patient workloads were significantly associated with missed care. The data from this study can inform quality improvement efforts to reduce missed nursing care and promote favorable patient outcomes.

Keywords
nursing, safety, quality, errors of omission

The quality of nursing care is one determinant of patient outcomes, according to the hallmark Institute of Medicine (IOM) studies that describe the status of the health care delivery system.1,2 The decision by the Centers for Medicare and Medicaid Services to disallow reimbursement for selected adverse patient outcomes places greater accountability on health care providers to prevent such complications.3 These adverse patient outcomes include pressure ulcers, hospital-acquired infections, and patient falls, which are closely linked to the delivery of nursing care.

The nursing care of patients in acute care hospitals is known to be variable, yet few studies have quantified these differences. When considering the IOM framework of quality care gaps, the primary policy focus has been to avoid errors of commission.1 However, a report by the Agency for Healthcare Research and Quality states that “errors of omission are more difficult to recognize than errors of commission, but likely represent a larger problem.”4 Conceptually, missed nursing care is considered an error of omission and is defined as any aspect of required patient care that is omitted (either in part or whole) or significantly delayed.6 Motivated by this knowledge gap, the purpose of this study was to identify the type of and reasons for care being missed in acute care settings. This article also explores predictors of the amount of missed nursing care, including staff characteristics (ie, sex, age, education, and experience in role), work schedules (shift worked, experience in role, length of shift, weekly hours worked, absenteeism, and unit type), and staffing variables (both perceived adequacy of staffing and reported number of patients cared for). The findings from this study can aid in the development of quality improvement approaches to minimize reduced care and improve patient outcomes.

Previous Studies
Selected aspects of missed nursing care have been investigated previously, including the impact of failure to ambulate patients,7–13 the assurance of providing adequate hydration and nutrition to patients following hospitalization,14 and missed medication administration.15–17 Callen and colleagues

1University of Michigan, School of Nursing, Ann Arbor, MI
2National Institute of Nursing Research, National Institutes of Health, Bethesda, MD

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Corresponding Author:
Beatrice J. Kalisch, RN, PhD, FAAN, University of Michigan School of Nursing, 400 North Ingalls #4170, Ann Arbor, MI 48109–5482
Email: bkalisch@umich.edu
identified that 73% of patients hospitalized on a medical unit did not ambulate at all during their stay. A study of nutritional status of patients found that nearly 40% of hospitalized patients were malnourished, and few had a nutrition plan. These studies, however, do not describe variation in care across settings and do not identify factors associated with missed care.

In Sochalski’s examination, the quality of nursing care was significantly related to nurse-reported rates of unfinished care. A Swiss team investigated “rationed nursing care,” which occurs when nurses lack sufficient time to provide necessary care. Although they reported a low rate of rationed care, occurrence of rationed care (ie, missed care) was related to poor patient outcomes (eg, medication errors, patient falls, infections, and pressure ulcers). Kalisch used focus group methodology to identify the scope of care missed in the acute care setting. Findings revealed 9 areas of missed care (ambulation, turning, delayed or missed feedings, patient teaching, discharge planning, emotional support, hygiene, intake and output documentation, and surveillance) and 7 reasons for missing that care (too few staff, poor use of existing staff resources, time required for the nursing intervention, poor teamwork, ineffective delegation, habit, and denial). Following this study, the Missed Nursing Care (MISSCARE) Survey was developed to measure the phenomenon empirically. The survey has 2 parts: nursing staff perceptions of aspects of nursing care missed and the perceived reasons for missing care. The results of the first quantitative study using the MISSCARE Survey identified that nursing interventions, basic care, and care planning were cited as missed by more than 70% of respondents. However, a clearer examination of missed nursing care in a larger sample of hospitals is necessary to examine the size and scope of the problem as well as to propose solutions to reduce missed care and improve quality.

Conceptual Framework

The Missed Nursing Care Model serves as a conceptual framework for this study (Figure 1). This framework examines 3 concepts: structure (eg, hospital, patient care unit, and individual nursing staff characteristics), process (missed nursing care), and outcomes (staff outcomes, including job satisfaction with current position and with occupation, and patient outcomes, such as patient falls and pressure ulcer prevalence). These variables were selected following the focus group and preliminary survey studies previously reported. Several unit and staff characteristics have been linked to patient outcomes. Increased nurse staffing levels have been linked to a reduction in several patient outcomes, including mortality rates, infection rates, pressure ulcers, and falls. Furthermore, when patient load and nurse absenteeism rates are high, patient mortality rates are reportedly higher. Work schedules have also been linked to patient outcomes. Studies identified a direct and negative impact on patient outcome resulting from impaired judgment, slower response time, decreased clinical decision making by nurses, increased risk of errors and near misses, and decreased vigilance. Although the link between unit and staff characteristics and patient outcomes has been well established, few studies have focused on the process of nursing care that results in better outcomes. The nursing process variable used in this study is missed nursing care.

For this study, we focused on identifying the levels and types of missed nursing care and the reasons for missed care across hospitals. We also examined the relationship between unit staff characteristics (sex, age, education, and experience in role), work schedules (shift worked, length of shift, weekly hours worked, absenteeism, and unit type), staffing variables (perceived level of adequate staffing and number of patients cared for), and missed nursing care.

Research Questions

The purpose of this study was to confirm the findings of a prior smaller study in a larger sample of diverse hospitals. The specific study questions were as follows:

What is the amount of nursing care being missed in acute care hospitals?

What are the reasons for care being missed?

Are the patterns of missed nursing care and its reasons common across hospitals?

What characteristics of the nursing unit’s staff members, work schedules, and perceptions of staffing adequacy are associated with the amount and type of missed nursing care?
Methods
Settings and Participants
The sample for this study consisted of staff registered nurses (RNs; n = 3143) and nursing assistants (NAs; n = 943) who provide direct patient care in medical, surgical, rehabilitation, intermediate, and intensive care units in 10 hospitals of varying sizes and organizational forms (eg, size and ownership) located in the Midwest. Licensed practical nurses were excluded from the analysis because of a small sample size (<2% of the sample). Data were collected from November 2008 through April 2009. The overall response rate was 59.8% (61.8% for RNs and 53.4% for NAs).

Instrument
We used the survey method, using the MISSCARE Survey, in order to protect anonymity and to be able to conduct multisite comparisons. The MISSCARE Survey was the instrument used to assess nursing staff perceptions of both missed care (part A) and the reasons for missed care (part B). The survey included questions about staff characteristics (eg, education, job experience, sex, and age), work schedules (shift and hours worked), and staffing (absenteeism, perceived staffing adequacy, and patient workload).

In part A, RNs and NAs were asked to identify how frequently nursing care elements are missed by all the nursing staff on their unit. Respondents were asked to check the best response: always missed, frequently missed, occasionally missed, or rarely missed. In part B (Reasons for Missed Care), RNs and NAs were asked to indicate the reasons why nursing care is missed. Respondents were asked to grade the relative importance for each reason: significant reason, moderate reason, minor reason, or not a reason for missed care.

Validity and reliability of the MISSCARE survey were previously reported. The content validity index was 0.89 and test–retest reliability for part A of the tool was 0.88 (P < .001). We previously performed exploratory and confirmatory factor analysis on part B, and 3 factors emerged—labor resources, material resources, and communication—with a range of factor loadings from 0.35 to 0.85. Cronbach α coefficients ranged from .71 to .86.

Procedures
After receiving institutional review board approval at each facility and securing support from nursing directors and managers, a survey packet—which included a letter explaining the study and the anonymity of responses, the MISSCARE Survey, and a return envelope—was placed in staff members’ mailboxes. Included in the packet was a candy bar as an incentive for survey completion. Units with a response rate greater than 50% received a pizza party as an additional incentive. Responses were collected in locked boxes located on the units. Reminders were sent to all staff approximately 2 weeks into survey collection in an effort to increase response rates. Data were collected within a 4-week time frame within each of the hospitals.

Data Analysis
After data cleaning, frequencies were calculated to explore the distribution of missed care, reasons for missed care, staff characteristics, work schedules, and staffing variables across the 10 hospitals. For analysis of frequency, the missed care items were treated dichotomously. Elements of care were considered missed if “occasionally,” “frequently,” or “always” was reported.

The dependent variable in the bivariate and multivariate analyses was the overall missed care score, which is the average amount of missed care identified for each of the elements of nursing care for each participant. We then assessed if the responses from nursing personnel were clustered by nursing unit. Intraclass correlation coefficients (ICCs) obtained by 1-way analysis of variance confirmed the correlation of each unit member’s response to the group, with ICC values ranging from 0.05 to 0.30. Responses to missed care were significantly similar within nursing units (F[109, 3959] = 10.0, P < .001, ICC = 0.20). Based on these ICCs, all regression models used robust cluster methods to account for clustering of responses in nursing units. Linear regression was used to identify significant independent variables (eg, unit staff characteristics, work schedule, and staffing) associated with missed care. To achieve a parsimonious model, a final multivariable analysis using robust cluster estimation procedures included independent variables previously significant at P < .05. Analyses were conducted using STATA 10.0 (StataCorp LP, College Station, TX).

Results
Of the 4086 respondents, 90% were female, and 51% held a baccalaureate degree or higher. The majority of respondents (77%) were RNs, and the remaining 23% were NAs. Day shift was the most frequently reported work schedule (49%), followed by nights (35%), then evenings or rotating shifts (16%); most participants (76%) worked 12-hour shifts. Work experience was widely distributed; 32% reported more than 10 years, 5% reported fewer than 6 months, and the remainder were evenly distributed across 6 months and 10 years of experience. One
third of participants reported missing 1 shift in the last 3 months, and 24% reported missing 2 or more shifts. The majority of participants worked in medical-surgical units (52%), followed by intensive care (24%), intermediate care (19%), and rehabilitation (4%).

### Amount and Type of Missed Care

Table 1 shows the distribution of responses for how frequently each element of care was reported missed (always missed, frequently missed, occasionally missed, or rarely missed). Ambulation of patients 3 times per day (or as ordered) was the most frequently reported element of missed care, with 32.7% of nurses reporting this action being frequently or always missed. Additional elements that were frequently or always missed included attendance at care conferences (31.8%) and mouth care (25.5%). Conversely, performance of patient assessments (97.7%), glucose monitoring (97.6%), and vital signs (95.8%) were reported as only rarely or occasionally missed by almost all participants. The overall mean score of missed care was 1.56 (standard deviation = 0.4).

Figure 2 shows the elements of the least and most missed care across the 10 hospitals. Although the percentages differed slightly, the least and the most missed care items were similar across all 10 hospitals. Bedside glucose monitoring and patient assessments were the least frequently reported as missed across all 10 hospitals. Conversely, ambulation was among the top 5 elements of missed care reported across all 10 hospitals, 8 of which reported this as the most frequently missed element of care.

### Reasons for Missed Care

Reasons for missed care were also identified similarly in the 10 hospitals (Table 2). Inadequate labor resources was the most often cited reason for missed care (93.1% across the 10 hospitals), followed by material resources (89.6%) and communication (81.7%). Within the labor...
resources subscale, unexpected rise in patient volume and/or acuity was consistently identified as the top reason for missed care (94.9% for all respondents), with a range in frequency between 87.4% to 98.3% across hospitals. The most common item reported in the material resources subscale was the lack of availability of medications when needed (94.6% overall, range across hospitals 88.6% to 97.8%). Communication items were less similar across hospitals; however, the most frequently reported item in this scale across hospitals was unbalanced patient assignments (91.0% overall, range across hospitals 82.2% to 95.4%).

Missed Nursing Care by Unit and Staff Characteristics

Using the overall sample (n = 4086), a series of bivariate regression analyses using robust cluster estimation were conducted to find significant variations reported in missed care by unit staff characteristics, work schedules, and perceived staffing adequacy. It was found that 8 variables were significantly associated with missed care: sex, age, job title, shift worked, years of experience, absenteeism, perceived adequacy of staffing, and number of patients cared for. When nursing staff members were female (B = 0.84; robust standard error [SE] = 0.02; P < .001), older (B = 0.03; robust SE = 0.01; P < .001), RNs (versus NAs; B = 0.19; robust SE = 0.03; P < .001), working on a day shift (compared with those on night shifts; B = 0.05; robust SE = 0.02; P < .05), or more experienced (B = 0.04; robust SE = 0.01; P < .001), they reported more missed care. Nursing staff who missed more shifts in the past 3 months (compared with those who did not miss any shifts; B = 0.08; robust SE = 0.02; P < .001), perceived their staffing as less adequate (B = 0.11; robust SE = 0.01; P < .001), or cared for more patients in the previous shift (B = 0.01; robust SE = 0.00; P < .05) reported significantly more missed care. Education level, weekly work hours, and type of unit were not significantly associated with missed care. Significant independent variables were then entered into the following multivariable analysis to determine the significant predictors of missed care.

Predictors of Missed Nursing Care

A multiple regression model that includes variables significant from the bivariate analyses is shown in Table 3. The model significantly predicted the missed care score (R² = 0.16; F[19, 109] = 28.0; P < .001). NAs (versus RNs) and staff with fewer years of experience reported significantly less missed care (P < .001). Night-shift workers reported less missed care than day-shift workers (P < .01). Nursing staff who missed 2 or more shifts in the past 3 months reported missed care more often than those who did not miss any shifts (P < .01). Those who cared for more patients in the previous shift reported more missed care (P < .001), whereas nursing staff who perceived their staffing as adequate more often reported less missed care (P < .001). Age and sex were not significantly associated with missed care.

Discussion

This article examined the relationship between levels and types of missed nursing care and reasons for missed care across 10 acute care hospitals. The trends in frequency...
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<thead>
<tr>
<th>Table 2. Reasons for Missed Nursing Care Across 10 Hospitals</th>
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<tr>
<td>Item</td>
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<tr>
<td>-----------------------------------------------------------</td>
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<tr>
<td>Bed size</td>
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<td>Participating unit no.</td>
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<tr>
<td>Item</td>
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<tr>
<td>Labor resources—overall</td>
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<tr>
<td>1. Inadequate number of staff</td>
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<td>2. Urgent patient situations (eg, a patient's condition worsening)</td>
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<td>3. Unexpected rise in patient volume and/or acuity on the unit</td>
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<td>4. Inadequate number of assistive personnel (eg, nursing assistants, techs, unit secretaries)</td>
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<td>Material resources—overall</td>
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<tr>
<td>5. Unbalanced patient assignments</td>
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<td>6. Medications were not available when needed</td>
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<td>9. Supplies/equipment not available when needed</td>
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<td>10. Supplies/equipment not functioning properly when needed</td>
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<tr>
<td>Communication/Teamwork—overall</td>
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<tr>
<td>7. Inadequate handoff from previous shift or sending unit</td>
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<td>8. Other departments did not provide the care needed (eg, physical therapy did not ambulate)</td>
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<td>11. Lack of backup support from team members</td>
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<td>12. Tension or communication breakdowns with other ancillary/support departments</td>
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<td>13. Tension or communication breakdowns within the nursing team</td>
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<td>14. Tension or communication breakdowns with the medical staff</td>
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<tr>
<td>15. Nursing assistant did not communicate that care was not done</td>
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<td>16. Caregiver off unit or unavailable</td>
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and types of missed care were similar across these hospitals. Overall, ambulation, mouth care, care conference participation, medications on time, and patient turning were the top 5 missed care elements, whereas shift assessments, vital signs, discharge planning and teaching, glucose monitoring, and vital signs were the 5 least missed elements of care. From the clinical perspective, the least frequently reported elements of missed care from this study are obvious to others when missed and are routinely audited by nursing units. Conversely, ambulation of patients is not routinely recorded in nursing documentation, and there is less opportunity for others to perceive this care as missed. Also, patient ambulation and turning, for example, are often time-consuming (and thus placed lower on the priority list) and may require assistance from other providers (who may not be available). It is possible that these elements of care are not perceived as important by nursing staff, despite their strong correlation with patient outcomes. Increased attention to these elements, including a refocus of existing documentation systems, may be warranted.

The reasons for missed care are similar across hospitals; shortage of labor resources is the most frequent reason, followed by material resources, and communication. Taken together, these findings suggest that strategies to improve teamwork, communication, excessive workloads, poor personnel deployment, and flows of patient acuity and volume would create the conditions necessary to minimize the likelihood of missed nursing care.

Findings from this study reveal significant correlates of missed care, thus, supporting the Missed Nursing Care Model (Figure 1). NAs report less missed care than RNs. This may reflect the broader scope of responsibilities conferred to RNs rather than NAs or power differences between RNs and NAs. Higher rates of missed care reported by day-shift workers may suggest an imbalance in responsibilities for nursing personnel in a 24-hour period. Staff members who are absent more often report missed care, suggesting that these individuals may not have a strong connection to the nursing unit and the goals of care. Our finding of a relationship between staffing and missed care may partly explain the findings of other researchers that link nurse staffing to patient morbidity and mortality.31

Limitations

There are several study limitations. Study data were collected from self-administered responses of nursing staff on the MISSCARE Survey as opposed to patient records. Direct observation and/or chart review would provide additional measures of external validity. However, chart review may not be accurate, in that nursing care is not consistently recorded. Direct observation may augment our approach but raises the risk of observer bias. The multisite nature of our design mitigates this limitation because our findings show a level of consistency across study hospitals. Although focus groups and individual interviews with nursing staff were conducted to develop a list of all possible reasons for missing nursing care, it is not absolutely certain that all possible explanatory variables are included in our survey. Future studies could measure characteristics of health systems, patient contributing factors, and characteristics of other professionals. Despite these limitations, the results of this study contribute evidence that an improvement in the quality of nursing care in acute care hospitals is needed and is of the highest priority.

Implications

From a quality of care perspective, reducing the likelihood of missed nursing care requires attention to several aspects of the care delivery system. The elements of missed nursing care and the reasons for this care were common across sites, suggesting that improvement is possible with attention to these specific aspects, such as managing personnel, admissions, and supplies more proactively. As missed nursing care has not yet been studied extensively, we
recommend that managers support open dialogue on this topic. The patient safety movement has benefited from open disclosure of systemic problems in care, media pressure, and expert panels in clinician groups. Increased discussion in a nonpunitive context will highlight the size and scope of the problem, the determinants of missed care, and the strategies for improvement.

Increased measurement of this phenomenon would increase our understanding of its relationship to quality of patient care. One management intervention would entail administering the MISSCARE survey to nursing staff in a nonpunitive environment. Staff could review results and use existing quality improvement programs (ie, Plan–Do–Study–Act) to remedy the issues uncovered. Further research that correlates missed care with clinical outcomes is necessary to assess the priority of the corrective action needed. Once a clearer pattern of these relationships emerges in clinical areas, an important next step will be to improve these processes of care across hospitals and health care systems.

In summary, our findings suggest that missed nursing care is reported similarly across acute care hospitals, and the reasons for missed nursing care are also shared across institutions. Strategies to ameliorate missed care should take these stated reasons into account as hospitals continue to reduce complications and improve patient outcomes.

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Declaration of Conflicting Interests

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