Early disease onset is predicted by a higher genetic risk for lupus and is associated with a more severe phenotype in lupus patients

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Additional data (supplementary tables) are published online only. To view these files please visit the journal online at (http://www.ard.bmj.com).

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Accepted 23 August 2010 Published Online First 29 September 2010

ABSTRACT

Background Systemic lupus erythematosus (SLE) is a chronic, multiorgan, autoimmune disease that affects people of all ages and ethnicities.

Objectives To explore the relationship between age at disease onset and many of the diverse manifestations of SLE. Additionally, to determine the relationship between age of disease onset and genetic risk in patients with SLE.

Methods The relationship between the age at disease onset and SLE manifestations were explored in a multiracial cohort of 1317 patients. Patients with SLE were genotyped across 19 confirmed genetic susceptibility loci for SLE. Logistic regression was used to determine the relationships between the number of risk alleles present and age of disease onset.

Results Childhood-onset SLE had higher odds of proteinuria, malar rash, anti-dsDNA antibody, haemolytic anaemia, arthritis and leucopenia (OR=3.03, 2.13, 2.08, 2.50, 1.89, 1.53, respectively; p values < 0.0001, 0.0004, 0.0005, 0.0024, 0.0114, 0.045, respectively). In female subjects, the odds of having cellular casts were 2.18 times higher in childhood-onset than in adult-onset SLE (p=0.0027). With age of onset \geq 50, the odds of having proteinuria, cellular casts, anti-nRNP antibody, anti-Sm antibody, anti-dsDNA antibody and seizures were reduced. However, late adult-onset patients with SLE have higher odds of developing photosensitivity than early adult-onset patients. Each SLE-susceptibility risk allele carried within the genome of patients with SLE increased the odds of having a childhood-onset disease in a race-specific manner: by an average of 48% in Gullah and 25% in African-Americans, but this was not significant in Hispanic and European-American lupus

Conclusions The genetic contribution towards predicting early-onset disease in patients with SLE is quantified for the first time. A more severe SLE phenotype is found in patients with early-onset disease in a large multi-racial cohort, independent of gender, race and disease duration.

INTRODUCTION

Systemic lupus erythematosus (SLE) is a chronic, persistent, autoimmune disease with diverse manifestations. It is most common in women of reproductive age, but occurs in people of all ages. Typically, there is a 9:1 female to male sex bias in SLE, and it is still unclear why this phenomenon

occurs. Evidence suggests that a dose effect of the X-chromosome may have a role in this female preponderance as can be seen by the increased prevalence of SLE in male subjects with Klinefelter's disease (47, XXY).¹ There is also strong evidence that genetics have a critical role in the pathogenesis of SLE, as can be seen in the strong familial aggregation of this disease.²-4 SLE disease severity varies profoundly by race.⁵ 6 Disease onset occurs in adolescence in approximately 15–20% of patients, and is known to be more aggressive than adult-onset SLE.^{7 8} It is understood that SLE disease manifestations accumulate with increasing disease duration.⁹

Herein, we explore the independent association of the age at SLE onset with the many clinical and serological manifestations of the disease in a large patient cohort. We further examine the relationship between genetic risk for SLE and patient's age at disease onset. Our data indicate that early disease onset is associated with a more severe phenotype in patients with SLE. We also show that childhood-onset disease is predicted by the presence of more genetic susceptibility loci for SLE compared with adult-onset disease in patients of African descent.

PATIENTS AND METHODS

Patients and clinical data

Our study population included 1317 patients with SLE enrolled in the Lupus Family Registry and Repository (LFRR) at the Oklahoma Medical Research Foundation. Patient enrolment in the LFRR has previously been described.⁴ All patients met at least four of the 11 American College of Rheumatology criteria for classification of SLE. 10 11 Patients completed a questionnaire that described their disease history. Medical records were also obtained, and relevant information was extracted and reviewed by a nurse, doctor's assistant, or a doctor. Age of disease onset was determined as the age at which the fourth American College of Rheumatology SLE criterion had been met (table 1). Race was self-reported. Our study population included 43% European-American, 27% African-American, 12% Hispanics, 10% Gullah, 5% Native-American and 2% Asian lupus patients. Principal component analysis (PCA) was used to determine population substructure as described

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below, and outliers were identified before genetic data analysis. Our studies were approved by the institution review boards of our institutes and each patient signed a written informed consent before participation in this study.

Serology

Serum was obtained from all patients upon LFRR enrolment. All serological testing was performed at the Oklahoma Medical Research Foundation clinical immunology laboratory. Oüchterlony immunodiffusion assays were performed to assess the presence of extractable nuclear antigens (anti-Sm, nRNP, Ro, La, ribosomal P). Anti-dsDNA antibodies were assayed using indirect immunofluorescence by *Crithidia luciliae* (Inova Diagnostics, San Diego, California, USA). The presence of IgG and IgM anticardiolipin antibodies (anti-aCL) was determined by ELISA.

Genetic susceptibility quantification

Female patients with SLE were genotyped for 19 common single nucleotide polymorphisms (SNPs) that represent confirmed SLE susceptibility loci (table 2). These represent common genetic susceptibility loci that have been confirmed in at least two independent cohorts of lupus patients and controls. Rare variants such as susceptibility loci in TNFAIP3 and TREX1 were not examined. For each genetic susceptibility locus examined, a representative associated SNP that has been

Table 1 Age at disease onset and gender distribution of the lupus patients included in this study

	Gender		
	Male	Female	
Age group	N (% of group)	N (% of group)	Total
<18	20 (18.0)	91 (82.0)	111
18-49	83 (8.0)	955 (92.0)	1038
≥50	23 (13.7)	145 (86.3)	168
Total (%)	126 (9.6)	1191 (90.4)	1317

Table 2 Single nucleotide polymorphisms (SNPs) representing 19 previously established and confirmed independent susceptibility loci for systemic lupus erythematosus that were genotyped in our study population

Gene/region	Chromosome	Genotyped SNP	Risk allele G		
BANK1	4q24	rs10516487			
C8orf13-BLK	8p22-23	rs13277113	Α		
CTLA4	2q33	rs231775	G		
FCGR2A	1q23	rs1801274	С		
HLA region 1	6p21.33	rs3131379	Α		
HLA region 2	6p21.32	rs1270942	G		
IL21	4q26	rs907715	G		
IRF5	7q32	rs729302	Α		
IRF5	7q32	rs10954213	Α		
IRF5	7q32	rs2070197	С		
ITGAM	16p11.2	rs1143679	Α		
KIAA1542	11p15.5	rs4963128	С		
MBL	10q11	rs1800450	Α		
MECP2	Xq28	rs17435	T		
PDCD1	2q37.3	rs11568821	Α		
PTPN22	1p13	rs2476601	Α		
PXK	3p14.3	rs6445975	С		
STAT4	2q32.2	rs7574865	T		
TNFSF4	1q25	rs2205960	T		

HLA, human leucocyte antigen; IRF5, interferon regulatory factor 5.

previously confirmed in lupus patients was selected for genotyping, except for the human leucocyte antigen region and interferon regulatory factor 5 as they are known to harbour multiple independent genetic effects. For the HLA region, the two SNPs that were recently shown to have independent genetic effects using logistic regression analysis of a large number of lupus-associated SNPs in the HLA region¹³ were genotyped in our study. In the interferon regulatory factor 5 locus, three independent genetic effects have been previously identified,¹⁴ and three tag SNPs representing these independent effects were genotyped in our study.

Genotyping was performed using the Illumina iScan System and Illumina Infinium II genotyping assays following the manufacturer's recommendations. Genotyping success rate ranged between 97.6% and 100% for the 19 SNPs genotyped. The total number of SLE-risk alleles within all 19 loci genotyped was determined in each female patient with SLE using an additive model. Patients with any undetermined genotype were excluded from the analysis.

Statistical analyses

Univariable analyses were performed on the age of disease onset and the various clinical and serological disease manifestations. Fisher's exact tests were performed on manifestations with a 2×2 table cell value with an expected value <5. These manifestations were excluded from any further analysis owing to sample-size constraints. SLE disease manifestations with p values <0.20 were further characterised.

We fitted two logistic regression models for each SLE disease manifestation: one for childhood-onset (<18 years at onset) versus adult-onset disease (≥18 years at onset), and one for early adult-onset (18–49 years at onset) versus late adult-onset disease (≥50 at onset). Each logistic regression model included the disease manifestation as the dependent variable, and age of onset as the independent variable of interest, while controlling for gender, race and disease duration. We also tested for interaction between age of onset and gender, and fit separate models for male subjects and female subjects as needed. Patients of native Hawaiian, historic Asian, or Pacific Islander descent were not included in the regression analyses because of sample size constraints.

We compared gender distributions between patients with childhood-onset SLE and patients with early adult-onset disease using the χ^2 test. We similarly compared the distribution of gender for patients with late adult-onset SLE versus patients with early adult-onset disease.

Logistic regression was also used to compare the number of SLE risk alleles between childhood-onset and adult-onset disease in female patients with SLE. To account for confounding population substructure or admixture in the studied population we employed PCA using genotyping data from 107 ancestry informative markers. We identified one outlier individual who was excluded from the analysis, and a second individual who was self-reported as American Indian or Alaskan Native but clustered as Hispanic, and thus was analysed as Hispanic in assessing gene risk for SLE.

Linear regression assessed the association between the number of SLE risk alleles and the age of disease onset. The number of risk alleles was the dependent variable and the age at onset was the independent variable. Each race was modelled independently as there was evidence of interaction between races. All linear modelling assumptions were assessed and met.

Statistical analysis was performed using SAS v9.1.3.

RESULTS

Malar rash, arthritis, proteinuria, cellular casts, haemolytic anaemia and anti-dsDNA and anti-nRNP antibodies were all independently associated with the age of disease onset when comparing childhood-onset with adult-onset SLE (table 3). Photosensensitivity, oral ulcers, pericarditis, proteinuria, cellular casts, seizures, thrombocytopenia and anti-dsDNA, anti-Sm, and anti-nRNP antibodies were all independently associated with the age of disease onset when comparing early and late-adult onset SLE (table 3).

After adjusting for gender, race and disease duration, the odds of having proteinuria, malar rash, anti-dsDNA antibodies, haemolytic anaemia, arthritis and leucopenia were all higher in childhood-onset than in adult-onset SLE (table 4). The differences in the frequency of proteinuria, malar rash, anti-dsDNA antibodies and haemolytic anaemia survive a stringent Bonferroni corrected p value of <0.004. There was an interaction between the age of onset and gender when modelling for cellular casts. In male subjects, although not significant, the odds of having cellular casts were higher in adult-onset than in childhood-onset SLE. In female subjects, the odds of having cellular casts were higher in childhood-onset than in adult-onset SLE (p=0.0027).

The odds of having proteinuria, cellular casts, anti-nRNP antibody, anti-Sm antibody, anti-dsDNA antibody and seizures were higher in early adult-onset than in late adult-onset disease after adjusting for gender, race and disease duration, while late adult-onset patients with SLE had higher odds of developing photosensitivity than patients with early adult-onset disease (table 4). The difference in the frequency of renal involvement in early adult-onset compared with late adult-onset disease, as indicated by the presence of proteinuria and cellular casts, survive a Bonferroni corrected p value of <0.004 (table 4).

It should be noted that the serological data we used in this study are based on a single serum sample obtained at the time of patient enrolment in LFRR. Given possible fluctuation in autoantibody levels in lupus patients, data for autoantibody associations should be replicated to be considered confirmed.

Gender proportions are not equal across our population of patients with SLE (table 1). Specifically, the proportion of male subjects is 10.0% higher in the group of patients with age of onset <18 years than in the 18–49-year-old age group (χ^2 =12.34, p=0.0004). The proportion of male subjects is 5.7% higher in the \geq 50 age group than in the 18–49 year-old age group (χ^2 =5.85, p=0.0156).

We next hypothesised that childhood-onset SLE is associated with higher genetic risk for the disease, which might explain a more severe disease than with adult-onset disease. We calculated the total number of SLE-risk alleles by genotyping 19 SNPs that represent 19 independent previously confirmed genetic susceptibility loci for SLE. PCA was used to identify outliers and then lupus genetic risk analysis was performed in each race separately. We found a significant difference in the number of carried SLE risk alleles between childhood-onset and adult-onset disease in Gullah and African-American lupus patients with odds ratios (95% CI) of 1.48 (1.07 to 2.04) and 1.25 (1.02 to 1.54), and p values of 0.018 and 0.032, respectively. These data indicate that for each additional risk allele carried, the odds of developing SLE during childhood (<18 years) increases by an average of 48% per risk allele in Gullah patients with SLE, and 25% in African-American patients. There was no association between the number of lupus risk alleles and age of disease onset in Hispanic patients, although a similar trend was observed (OR=1.21 (0.98 to 1.50), p=0.075). There was no association between the number of SLE risk alleles and age of disease onset in European-American lupus patients (figure 1, online supplementary table 1). These findings were

Table 3 Univariable analyses comparing age at onset and the clinical and serological manifestations of SLE

<18 versus ≥18	χ²	OR	95% CI						95% CI		
			LL	UL	p Value	18–49 versus ≥50	χ^2	OR	LL	UL	p Value
Clinical features						Clinical features					
Malar rash	16.77	2.25	1.51	3.34	< 0.0001	Malar rash	2.51	1.32	0.94	1.86	0.1133
Discoid rash	0.01	0.98	0.56	1.70	0.9404	Discoid rash	1.20	1.32	0.80	2.17	0.2738
Photosensitivity	0.75	1.19	0.80	1.77	0.3867	Photosensitivity	7.50	0.63	0.46	0.88	0.0062
Oral ulcer	0.57	1.17	0.77	1.78	0.4500	Oral ulcer	4.64	1.53	1.04	2.25	0.0312
Arthritis	4.11	1.62	1.01	2.58	0.0426	Arthritis	2.17	1.29	0.92	1.82	0.1408
Pericarditis	1.80	1.37	0.86	2.18	0.1801	Pericarditis	4.32	1.66	1.02	2.69	0.0378
Pleuritis	0.62	1.18	0.78	1.80	0.4329	Pleuritis	2.24	1.34	0.91	1.96	0.1344
Proteinuria	36.10	3.34	2.21	5.03	< 0.0001	Proteinuria	40.33	3.80	2.46	5.88	< 0.0001
Cellular casts	9.91	2.04	1.30	3.21	0.0016	Cellular casts	19.42	5.36	2.34	12.31	< 0.0001
Seizures	1.33	1.45	0.77	2.74	0.2487	Seizures	6.15	3.02	1.21	7.55	0.0131
Psychosis		0.51			0.5770*	Psychosis		2.15			0.2580*
Leucopenia	3.11	1.43	0.96	2.12	0.0780	Leucopenia	2.37	1.33	0.93	1.90	0.1234
Lymphopenia	0.26	1.11	0.75	1.64	0.6130	Lymphopenia	1.42	1.23	0.88	1.72	0.2342
Thrombocytopenia	3.04	1.52	0.95	2.43	0.0814	Thrombocytopenia	5.15	1.83	1.08	3.09	0.0233
Haemolytic anaemia	12.94	2.73	1.55	4.81	0.0003	Haemolytic anaemia	0.71	1.38	0.65	2.93	0.3993
Autoantibodies						Autoantibodies					
Anti-dsDNA	11.22	1.95	1.31	2.90	0.0008	Anti-dsDNA	5.98	1.64	1.10	2.44	0.0144
Anti-Sm	0.85	0.69	0.31	1.52	0.3576	Anti-Sm	5.35	2.45	1.12	5.37	0.0208
Anti-nRNP	5.37	0.53	0.31	0.91	0.0205	Anti-nRNP	5.03	1.62	1.06	2.47	0.0249
Anti-Ro	0.71	0.81	0.49	1.33	0.3992	Anti-Ro	0.08	0.95	0.64	1.39	0.7818
Anti-La	0.25	0.79	0.31	2.00	0.6173	Anti-La	1.62	0.67	0.36	1.25	0.2035
Anti-ribosomal P		0.51			1.0000*	Anti-ribosomal P		0.97			1.0000*
aCL lgG	1.74	1.31	0.88	1.95	0.1875	aCL IgG	1.43	1.24	0.87	1.78	0.2313
aCL IgM	0.06	1.09	0.57	2.08	0.8061	aCL lgM	0.18	1.13	0.63	2.04	0.6739

^{*}Fisher's exact two-tailed p value

aCL, anticardiolipin antibodies, LL, lower limit; SLE, systemic lupus erythematosus; UL, upper limit.

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Table 4 Multivariable analysis comparing age at SLE onset and the clinical and serological manifestations with univariable analysis p values < 0.20

<18 versus ≥18	χ²	OR	95% CI						95% CI		
			LL	UL	p Value	18–49 versus ≥50	χ^2	OR	LL	UL	p Value
Proteinuria	23.90	3.03	1.94	4.72	< 0.0001	Proteinuria	22.24	2.98	1.89	4.68	< 0.0001
Malar rash	12.65	2.13	1.40	3.23	0.0004	Cellular casts	10.38	4.00	1.72	9.30	0.0013
Anti-dsDNA	12.17	2.08	1.38	3.14	0.0005	Photosensitivity	6.70	0.63	0.45	0.89	0.0097
Haemolytic anaemia	9.18	2.50	1.38	4.52	0.0024	Anti-nRNP	6.44	1.82	1.15	2.89	0.0112
Arthritis	6.40	1.89	1.15	3.09	0.0114	Anti-Sm	6.11	2.77	1.24	6.20	0.0134
Leucopenia	4.04	1.53	1.01	2.31	0.0445	Anti-dsDNA	5.37	1.62	1.08	2.45	0.0205
Anti-nRNP	2.67	0.61	0.34	1.10	0.1020	Seizures	4.98	2.88	1.14	7.29	0.0256
Pericarditis	1.44	1.34	0.83	2.17	0.2301	Oral ulcer	3.47	1.46	0.98	2.18	0.0624
Thrombocytopenia	0.86	1.26	0.77	2.07	0.3550	Thrombocytopenia	3.42	1.67	0.97	2.87	0.0645
aCL IgG	0.44	1.15	0.76	1.75	0.5094	Malar rash	2.01	1.30	0.91	1.86	0.1564
						Pericarditis	1.97	1.43	0.87	2.34	0.1608
Cellular casts						Arthritis	1.49	1.25	0.88	1.78	0.2224
Men	1.05	0.40	0.07	2.31	0.3057	Pleuritis	1.15	1.24	0.84	1.84	0.2841
Women	9.01	2.18	1.31	3.64	0.0027	Leucopenia	0.51	1.15	0.79	1.67	0.4751

Adjusted for gender, race and disease duration. p Values are reported without correction for multiple testing. With a Bonferroni correction a p value of <0.004 is considered significant. p Values <0.05 were considered highly suggestive. aCL, anticardiolipin antibodies; LL, lower limit; SLE, systemic lupus erythematosus; UL, upper limit.

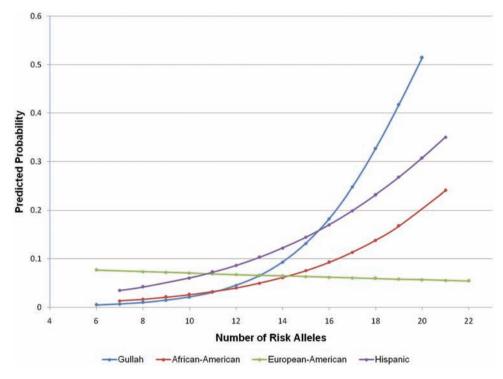


Figure 1 Estimated probability of childhood-onset systemic lupus erythematosus (SLE) predicted by the number of risk alleles present. Logistic regression modelling depicting the probability of developing childhood-onset SLE based on the number of SLE susceptibility alleles carried in patients who are European-American (green), African-American (red), Hispanic (purple), and Gullah (blue). The number of SLE risk alleles is associated with the development of childhood-onset disease in Gullah and African-American, but not in Hispanic and European-American patients with SLE.

further confirmed using linear regression and modelling each race individually to test if the age at disease onset predicts the number of risk alleles present in female patients with SLE (figure 2, online supplementary table 2).

DISCUSSION

We report the effect of age at disease onset on the various SLE manifestations in a large cohort of racially divergent patients with SLE. Childhood-onset SLE is associated with a more severe disease with higher odds of proteinuria, malar rash, anti-dsDNA antibody, haemolytic anaemia, arthritis and leucopenia than adult-onset disease.

A recent study by Hoffman $et \, al^{15}$ in 2009 had similar findings for proteinuria, cellular casts, haemolytic anaemia and dsDNA

antibodies all being more prevalent in childhood-onset SLE than in adult-onset disease. Their study failed to detect differences in the prevalence of malar rash, arthritis or leucopenia, probably owing to the much smaller sample size (56 childhood-onset and 194 adult-onset patients with SLE), and inability to control for other known confounders such as gender, race and disease duration. Our study fails to extend the association they found with anti-ribosomal P autoantibodies in childhood-onset disease.

Kidney involvement and damage has repeatedly been reported to have a higher prevalence in patients with SLE with disease onset during childhood. ⁸ ¹⁶ ¹⁷ These reports are consistent with our findings. Our work further characterises kidney involvement and reports the effects of the age at onset after accounting for confounding gender, race and disease duration. In adult-

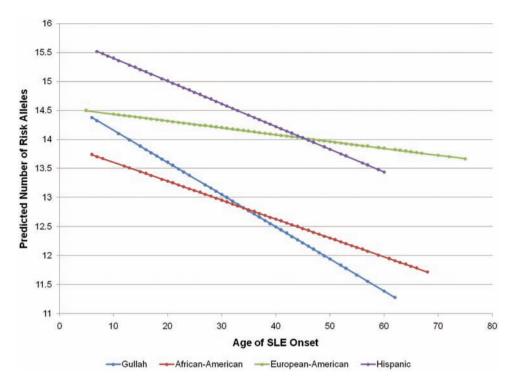


Figure 2 Estimated number of systemic lupus erythematosus (SLE) risk alleles present as predicted by the age of disease onset. Linear regression analysis showing significant reduction in the number of risk alleles needed to develop SLE with increase age at disease onset in Gullah (blue) and African-American (red) patients with SLE (p=0.0044 and 0.011, respectively), but not Hispanic (purple) or European-American (green) patients (p=0.059 and 0.29, respectively).

onset SLE, patients with a disease onset at <50 years of age are about three to four times more likely to have renal involvement than patients with a disease onset $\geq\!50$ years of age. Our data are consistent with previous reports that find renal involvement less common in SLE onset after age $50.^{18-21}$

Patients in our study population with SLE onset ≥50 years were 1.59 times as likely to develop photosensitivity, compared with SLE onset 18–49 years. This finding opposes that of Wang *et al*²² in a study of 695 Chinese patients with SLE where they observed photosensitivity in 16.3% of late-onset and 29.3% of early-onset SLE cases. These differences are probably due to race, as our population has <2% Asian composition.

In 2006, Bertoli *et al*¹⁹ reported that patients with SLE with late disease onset (\geq 50 years) were 2.82 times as likely to have neurological involvement after adjusting for gender. We reached different conclusions and found that patients with early adultonset disease were nearly three times as likely to have a history of seizures. We were unable to find any association with psychosis. These differences might be due to their inclusion of headaches and neurocognitive impairment as neurological involvement. Our data do, however, agree with their findings that the odds of having anti-Sm antibodies are much higher in patients with SLE onset before age 50.¹⁹

One finding that is particularly interesting is that the odds of having anti-nRNP antibodies are higher in adult-onset than in childhood-onset SLE. Also, in adult-onset SLE, the odds of having anti-nRNP antibodies are 1.82 times higher in early adult than in late adult-onset disease. These data suggest that female sex hormones may have a role in the production of these autoantibodies. Indeed, Furukawa *et al*²³ demonstrated the enhanced binding of keratinocytes to anti-nRNP upon stimulation with β -oestradiol. We also observe a shift in the SLE sex bias of our population. The proportion of female subjects is 10% lower in the childhood-onset group, and 5.7% lower in

the late adult-onset group than in early adult-onset SLE in this population.

We report a higher genetic risk in childhood-onset disease than in adult-onset disease in Gullah and African-American patients with SLE. Our findings suggest that genetic risk has a role in determining age of disease onset in patients with SLE of African descent, which is an important predictor of disease severity. However, it should be noted that the absolute difference in the number of risk alleles between childhood-onset and adult-onset disease is rather small, reflecting the fact that the confirmed SLE genetic susceptibility loci known to date, and which were largely discovered by genotyping common genetic variants, explain only a small fraction of the genetic risk for SLE. We suspect that different susceptibility genes for SLE contribute variable proportions towards the overall genetic risk for the disease in different races. This might explain why we did not see an association between the age of disease onset and genetic risk in patients of European descent. It is also plausible that the correlation between increased genetic risk and earlier onset of the disease in Gullah and African-American patients reflects a typically more severe disease in this group.

Although most of the known SLE genetic susceptibility loci were discovered in European-derived patients, more studies to investigate the genetic basis of SLE in minority populations, including African-Americans are underway. We believe that the initial discovery of genetic effects requires less rigorous genotyping in European-derived populations, owing to relatively larger haplotype blocks. More dense genotyping in African-derived populations is more likely to help localise these genetic effects to smaller regions in the genome, owing to relatively smaller haplotype blocks in African populations. Increased severity of SLE in African-Americans compared with European-Americans is well recognised. This suggests that differences in genetic susceptibility might account for differences

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in the clinical phenotype of the disease, in addition to the difference in disease prevalence, which is more common in African-Americans than in European-Americans. Our data suggest that increased genetic susceptibility predicts an earlier disease onset in African-derived but not European-derived patients. This is consistent with a more severe disease in African-derived patients and in childhood-onset disease. Of interest, it appears that the association between increased genetic risk and childhood-onset disease is proportional to the African component of the population studied, being highest in Gullah patients compared with African-American patients who have more European admixture. This effect then disappears in the European-American patients who have no or minimal African admixture.

We suggest a model that predicts the onset of SLE as a factor of both SLE susceptibility genetic background and environmental factors. We propose that the presence of higher genetic susceptibility for the disease lowers the threshold to develop SLE, allowing for earlier disease onset in the presence of necessary environmental triggers. To our knowledge, our data represent the first quantitative evidence in any complex autoimmune disease to indicate that increased genetic susceptibility is associated with an early disease onset. These data were confirmed in two independent cohorts of Gullah and African-American patients with SLE.

Funding This work was supported by the NIH grant number R03Al076729 from the National Institute of Allergy and Infectious Diseases, and NIH grants numbers P20-RR015577, P20- RR020143, P30-AR053483, P01-Al083194, P01-AR049084, N01-AR62277, R37-Al024717, R01-AR042460, UL1-RR029882, P60-AR049459, UL1-RR024986, the Lupus Foundation of America, Merit Award from the US Department of Veterans Affairs, the University of Oklahoma Health Sciences Center, the Oklahoma City VA Medical Center and the Oklahoma Medical Research Foundation.

Competing interests None.

Ethics approval This study was conducted with the approval of the Oklahoma Medical Research Foundation and the University of Oklahoma Health Sciences Center.

Provenance and peer review Not commissioned; externally peer reviewed.

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Ann Rheum Dis 2011 70: 151-156 originally published online

September 29, 2010

doi: 10.1136/ard.2010.141697

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