

Contribution of Renal and Non-Renal Clearance on Increased Total Clearance of Adalimumab in Glomerular Disease

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Abstract

The contribution of renal and non-renal clearance toward targeted concentrations and/or effects of therapeutic proteins in nephrotic patients are unknown. This study dissected the contribution of clearance pathways to adalimumab elimination in patients with focal segmental glomerulosclerosis (FSGS). Urine was collected from seven patients treated with adalimumab. Renal clearance (CI_R) was measured and non-renal clearance (CI_{NR}) was calculated as the difference between total clearance and CI_R . Differences in cumulative amount in urine, CI_R , and CI_{NR} between study weeks I and I 6 and relationships between proteinuria (protein:creatinine ratio (Up/c)), and CI_R and CI_{NR} were evaluated. Up to 13% of the adalimumab dose was lost in urine. CI_{NR} contributed more than CI_R to enhanced total clearance. There was a nonlinear relationship between Up/c and CI_R ($R^2 0.7059$); an increase in CI_R beginning at Up/c of 12 mg/mg [slope 1.755, (C.I. -7.825 to 11.34)]. There was a linear relationship between Up/c and CI_{NR} ($R^2 0.5039$); for every one unit increase in Up/c, CI_{NR} would increase by 3.5 mL/hr (P = 0.01). Both CI_R and CI_{NR} contribute to enhanced total clearance of adalimumab in glomerular disease secondary to FSGS. Additional research is needed to identify mechanisms for the increase CI_{NR} pathways.

Keywords

glomerulonephritis, pharmacokinetics, renal clearance, non-renal clearance, focal segmental glomerulosclerosis

The use of therapeutic proteins for the treatment of primary glomerular diseases has been increasing. Based on results of the RAVE study, rituximab, an antibody against CD20 on B cells, was FDA approved for the treatment of kidney manifestations of anti-neutrophil cytoplasmic antibody (ANCA) associated small vessel vasculitis in 2011.¹ Several additional studies have reported on the use of rituximab in patients with other glomerular diseases including lupus nephritis, membranous nephropathy, and focal segmental glomerulosclerosis (FSGS).²⁻⁷ Adalimumab, a human monoclonal antibody to TNF- α , is effective in treating inflammatory diseases including rheumatoid arthritis, ankylosing spondylitis, Crohn's, and psoriasis.^{8,9} Several publications have reported the use of infliximab, a therapeutic antibody protein to TNF- α , for the treatment of lupus nephritis.^{10,11}

A major limitation to prescribing therapeutic proteins in patients with glomerular disease is the lack of knowledge of how the presence and/or severity of the nephrotic syndrome influences the clearance of large (molecular weight 145 kD) IgG-based proteins. This is particularly important given the expense of these agents relative to small molecule therapeutics and the knowledge that IgG, while not considered to be renally eliminated, can be eliminated through the kidneys of proteinuric patients.¹² Additionally, hypercatabolism of IgG has been reported in animal models of lupus and rheumatoid arthritis.^{13,14}

FSGS is one of the most common causes of primary glomerular disease. It progresses to end stage kidney disease in the majority of patients who have persistent proteinuria despite treatment with steroids and other immunosuppressive medications. Patients with FSGS have elevated circulating levels of tumor necrosis factor- α (TNF- α).¹⁵ An animal study reported upregulation of kidney TNF- α expression prior to the appearance of proteinuria in Buff/Mna rats that spontaneously

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developed FSGS.¹⁶ We previously reported a Phase I study that demonstrated safety and tolerability of adalimumab in pediatric and young adult patients with resistant FSGS.¹⁷ We evaluated the pharmacokinetics (PK) of adalimumab in serum and found adalimumab clearance values during single-dose and multi-dose studies that were two- to fivefold higher, respectively, than previously reported values in patients with rheumatoid arthritis.¹⁷ This finding led to the current investigation.

The current study evaluated the contribution of renal versus non-renal clearance to the increased total clearance of adalimumab in patients with FSGS. Other objectives were to evaluate the difference in renal and non-renal clearance values for adalimumab after a single- and multiple- dose, and to evaluate the relationship between urinary protein:creatinine excretion (Up/c) versus renal and non-renal clearance of adalimumab.

Methods

Ten patients with a diagnosis of FSGS were treated with adalimumab as part of a phase I study.^{17,18} This study received Institutional Review Board approval and was conducted in accordance with the Declaration of Helsinki. Patients received adalimumab 24 mg/m² (maximum dose: 40 mg) subcutaneously every 14 days for 16 weeks. PK variables were assessed after the first dose of adalimumab at week 0 and repeated at steady state, following the week 16 dose, as previously reported.¹⁷ Urine was collected at the following time intervals: -0-2, 2-12, 12-24, 24-36, and 36-42 hours—during the two PK studies.

Urine samples from seven of the ten patients were available for measurement of adalimumab concentrations by an immunoassay (Q-ADA, Sanquin Blood Supply's Monoclonal Therapeutics Laboratory, Netherlands).

Pharmacokinetics

Adalimumab serum PK variables, including total clearance and area under the plasma concentration time curve

Tab	le l	•	Patient	Demographics
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(AUC), were available from our previous analyses.¹⁷ The cumulative amount of adalimumab in the urine was calculated by multiplying the concentration by collection volumes for each respective urine collection interval and then summing the values over all of the intervals for each subject during the PK assessment. Adalimumab renal clearance was calculated as the cumulative amount excreted in the urine over the 42 hours collection period divided by the AUC. Since total clearance is the sum of renal clearance was calculated as the total clearance minus the renal clearance.

Statistics

The difference in cumulative amount of adalimumab excreted in the urine and the difference in renal clearance values and non-renal clearance values at week 0 and week 16, respectively, were compared using a paired *t*-test. The relationships between Up/c in the first morning specimen versus renal and non-renal clearance values of adalimumab, respectively, were evaluated by regression.

Results

The demographics of the seven FSGS patients, for whom urine samples were available, demonstrated an age of 18 ± 10 years, Up/c of 12.1 ± 5.6 mg/mg at baseline (week 0) and 7.9 ± 7.7 mg/mg at week 16, estimated glomerular filtration rate (eGFR) of 110 ± 55 mL/min at baseline (week 0) and 111 ± 45 mL/min at week 16 (Table 1). Thus, at the start of the study all of the patients had normal kidney function and nephrotic-range proteinuria. All but two patients had a reduction in the Up/c at week 16. Additional data on the FSGS patients enrolled in the Phase 1 adalimumab study were previously reported.¹⁷

Urines from the week 0 (single dose) collections were available for analysis of adalimumab concentrations for six out of seven patients. All seven patients had residual urine samples for assessment of adalimumab concentrations at week 16. The cumulative amount of adalimumab in the urine ranged from <1% of the dose to up to

Patient ID	Race	Age (years)	Urine protein to creatinine excretion at week 0 (mg/mg)	Urine protein to creatinine excretion at week 16 (mg/mg)	Glomerular filtration rate at week 0 (mL/min)	Glomerular filtration rate at week 16 (mL/min)
1	White	13	9.2	14.0	174	152
2	Hispanic	15	20.0	22.0	204	152
3	White	27	11.1	6.7	71	74
4	White	6	15.0	6.9	89	79
5	White	20	9.1	4.4	88	66
6	Multi	9	17.0	0.6	62	173
7	White	36	3.6	0.6	85	84
Mean \pm St Dev		18 ± 10	12.1 \pm 5.6	$\textbf{7.9} \pm \textbf{7.7}$	110 \pm 55	111 \pm 45

13% of the dose. (Table 2) When comparing the amount of adalimumab in the urine from week 0 to week 16, two patients had an increase, while the remaining four had consistent amounts (P = 0.30). While the renal contribution to total clearance was substantially less than the non-renal contribution, it was >1% in 5 of the 13 (38%) doses evaluated, with the highest value reaching 13%. Renal clearance of adalimumab in patients without kidney disease is expected to be zero.

The renal clearance of adalimumab at week 0 and week 16 demonstrated an increase in three patients and a stable amount in the other three patients (P = 0.15) (Figure 1a) The mean \pm standard deviation renal clearance was 0.7 ± 1.0 mL/hr and 1.6 ± 2.5 mL/hr, at week 0 and 16, respectively. The difference in non-renal clearance of adalimumab at week 0 and week 16 demonstrated an increase in one patient, a reduction in two patients, and no change in three patients (P = 0.70) (Figure 1b). The mean \pm standard deviation nonrenal clearance was 34.5 ± 15.5 mL/hr and 36.2 ± 45.9 mL/hr, at week 0 and 16, respectively.

The relationships between proteinuria and renal clearance of adalimumab demonstrated a direct relationship by nonlinear regression analysis (slope 1.755 (C.I. -7.825 to 11.34), EC50 25.46 (C.I. -113.0 to 163.9), R² 0.7059). An increase in Cl_R was demonstrated beginning at a Up/c of 12 mg/mg. (Figure 2a) The relationships between Up/c versus non-renal clearance of adalimumab demonstrated a direct linear relationship (slope 3.5 ± 1.1 , intercept -1.6 ± 13.1 , P = 0.01) (Figure 2b).

Discussion

The current study was conducted in order to understand the contributions of both renal and non-renal elimination routes toward the observation of increased total clearance of adalimumab, an antibody against $TNF\alpha$, in patients with glomerular disease due to FSGS.¹⁷ We demonstrated total clearance values for adalimumab that were 2-fold higher after a single dose and up to 5-fold higher after multiple doses as compared to published data from patients with rheumatoid arthritis.^{17,19} The half-life for adalimumab was negatively related to the Up/c, suggesting that as the amount of proteinuria increased the half-life became shorter.¹⁷ In light of our unexpected previous findings and the lack of published reports evaluating the urinary excretion of therapeutic antibodies in patients with glomerular disease and heavy proteinuria, we assayed urine adalimumab concentrations to determine (1) the contribution of renal clearance to the enhanced total clearance in patients with FSGS and (2) the relationship between renal clearance and proteinuria.

Immunoglobulins are lost in the urine of nephrotic patients, but are normally not eliminated in healthy kidneys because of their large molecular weight.¹² Loss of therapeutic immunoglobulin proteins through the kidneys

 Table 2. Renal and Nonrenal Clearance of Adalimumab in Nephrotic Syndrome

Patient ID	AUC (mcg h/L)	Cumulative amt. in urine at 42 hours (mcg)	CL _{total} (mL/hr)	CL _R (mL/hr)	CL _{NR} (mL/hr)	Dose lost in urine %	CL _R %	CL _{NR} %
Single dose								
I	960,744	736	33.3	0.8	32.5	2.3	2.3	97.7
2	675,555	1,752	59.2	2.6	56.6	4.4	4.4	95.6
3	933,337	201	42.9	0.2	42.6	<1	0.5	99.5
4	1271,695	156	15.7	0.1	15.6	<1	0.8	99.2
5	2106,615	172	19.0	0.1	18.9	<1	0.4	99.6
6	610,551	105	41.0	0.2	40.8	<1	0.4	99.6
Mean	1093,083	520	35.2	0.7	34.5	1.8	1.5	98.5
St. Dev.	549,427	647	16.2	1.0	15.5	1.4	1.6	1.6
Multi-dose								
I	1039,801	4,083	30.8	3.9	26.9	12.8	12.8	87.2
2	282,069	1,794	141.8	6.4	135.5	4.5	4.5	95.5
3 ^a	828,95 I	860	48.3	1.0	47.2	2.1	2.2	97.8
4	1466,865	59	13.6	0.0	13.6	<1	0.1	99.9
5	5000,434	145	8.0	0.0	8.0	<1	0.4	99.6
6	1881,984	0	13.3	0.0	13.3	<1	0	100
7	4368,529	45	9.2	0.0	9.2	<1	0.1	99.9
Mean	2124,090	998	37.8	1.6	36.2	3.3	2.9	97.1
St. Dev.	1827,910	1,510	48. I	2.5	45.9	4.4	4.7	4.7

 Cl_R , renal clearance; Cl_{NR} , non-renal clearance; Cl_{total} , total clearance.

^aFor patient 007–002 data is from week 12. Values <1 were truncated to 1 for analysis of mean and standard deviation (SD).



Figure I. Adalimumab renal clearance (a) and non-renal clearance (b) at weeks 0 and 16 for the six matched patients. The clearance of adalimumab at week 0 and week 16 demonstrated a non-significant increase in renal (P = 0.15) and non-renal (P = 0.70) values from study initiation until completion within patients.

in patients with glomerular disease could have consequences in terms of shorter drug half-lives, enhanced total clearance, and need for higher doses to achieve a therapeutic response. The current data showed <1% to 13% of adalimumab was eliminated through the kidneys, suggesting the need for up to a 13% increase in dose to maintain targeted serum concentrations. The nonlinear regression analysis demonstrated an increase in Cl_R beginning at a Up/c of 12 mg/mg.

The neonatal Fc receptor is responsible for the recycling and clearance of IgG and contributes to the renal and non-renal clearance of therapeutic antibodies.²⁰ The neonatal Fc receptor is present in liver, intestine, endothelial cells, placenta, skin, muscle, adipose, and kidney,^{21,22} and it has been documented to be upregulated in certain disease states.^{13,23} In the kidney, the neonatal Fc receptor is found on glomerular epithelial cells and on the apical membrane of proximal tubule epithelial cells.²² Functionally, it has been shown that the neonatal Fc receptor on kidney podocytes is used to clear IgG that can form immune complexes from the glomerular basement membrane.²⁴ Decreased functionality of the receptor at the level of the podocyte could result in impaired IgG clearance from glomeruli and enhanced damage as reflected in proteinuria.²⁴ Alternatively, altered expression



Figure 2. Regression of urine protein to creatinine ratio to adalimumab renal clearance (Cl_R) (a) and non-renal clearance (Cl_{NR}) (b). The relationships between urinary protein:creatinine (Up/c) excretion versus Cl_R of adalimumab demonstrated a positive direction by nonlinear regression analysis (slope 1.755 (C.I. -7.825 to 11.34), ED50 25.46 (C.I. -113.0 to 163.9), R² 0.7059). Nonlinear regression demonstrated an increase in Cl_R beginning at a Up/c of 12 mg/mg (a). A positive relationship by linear regression analysis (slope 3.5 ± 1.1, intercept -1.6 ± 13.1 , P = 0.01) was demonstrated for urine protein to creatinine ratio versus adalimumab Cl_{NR} (b). Both graphs demonstrate the 95% confidence intervals.

of the neonatal Fc receptor in the proximal tubule may prevent tubular reabsorption of the filtered load of IgG and albumin. The relatively larger contribution of increased non-renal versus renal clearance to the increased adalimumab total clearance was demonstrated in this group of patients with FSGS. The linear regression analysis suggested that for every 1 unit increase in urinary protein excretion, the non-renal clearance would increase by 3.5 mL/hr. This clearance represents an 18- fold greater contribution of non-renal versus renal clearance toward the increased total clearance. For a patient with a Up/c of 10, the non-renal clearance would be enhanced by 35 mL/min, roughly a third of the value for the total GFR. Various mechanisms are possible for the demonstrated increase in non-renal clearance. Increased catabolism of IgG based therapeutic antibodies through the neonatal Fc receptor pathway is one mechanism based on studies in patients with autoimmune diseases.^{13,14} However, it is not known how or if the functionality of the liver (metabolic)

neonatal Fc receptor tracks with the kidney podocyte receptor. Enhanced function of the liver neonatal Fc receptor could contribute to increased non-renal clearance of adalimumab.

Production of antibodies to adalimumab is another plausible mechanism for increased clearance, although these were not assessed in this patient group. A recent study in patients with rheumatoid arthritis receiving adalimumab reported that 15% of patients had antiadalimumab antibodies after 16 weeks of therapy.²⁵ However, the FSGS patients receiving adalimumab had total clearance values that were twofold higher than in rheumatoid arthritis patients at the time of the first dose, suggesting that anti-adalimumab antibodies were not responsible for this increase in non-renal clearance. A combined contribution of enhanced renal clearance, increased catabolism of adalimumab through the neonatal Fc receptor (enhanced non-renal clearance), and production of anti-adalimumab antibodies may account for the increased total clearance in FSGS patients.

While the results of the current study are novel and interesting, several study limitations are noted. Our current assessments only evaluated adalimumab as a therapeutic antibody. It is currently unknown whether the consistent findings would be observed with other therapeutic antibodies or other proteins. The current study also only included seven patients, necessitating a larger study to confirm the novel findings. Only nephrotic patients with FSGS receiving adalimumab were evaluated in the current study. The applicability of these results to patients with lower levels of proteinuria is not known. Future experimental plans include assessing additional biologic proteins and evaluating the mechanisms underlying the finding of enhanced nonrenal clearance.

Conclusions

Enhanced renal and non-renal clearance pathways contribute to the increased total clearance of adalimumab in patients with glomerular disease secondary to FSGS. Given the increased use of therapeutic proteins in patients with glomerular disease and nephrotic-range proteinuria, additional study on PK and pharmacodynamics in these patient populations is warranted. Since some therapeutic proteins are used off-label for the treatment of glomerular disease, the clinician should be aware of the need for dose adjustment in patients with significant proteinuria who are prescribed these biological agents. Further research is needed to discern the mechanisms for enhanced non-renal clearance of adalimumab in glomerulopathies such as FSGS. The results from the current research, which evaluated adalimumab, could be used to inform about the possibility of clearance alterations for other therapeutic proteins used to treat patients with proteinuric forms of kidney disease.

Declaration of Conflicting Interest

No conflict of interest.

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