**Literature search strategies for *Lifestyle therapy for the management of atrial fibrillation***

**Ovid MEDLINE, Ovid MEDLINE In-Process & Other Non-Indexed Citations, Ovid MEDLINE Epub Ahead of Print**

Exercise and atrial fibrillation  
#1 exp atrial fibrillation/ or (((auricul\* or atri\*) adj3 (arrhythm\* or arrythm\* or fibril\*)) or a-fib or afib).tw.  
#2 exp exercise/ or (exercis\* or cool-down or run or ran or running or jog or jogged or jogging or walk or walked or walking or swim or swam or swimming or cycling or biking or bicycl\* or plyometric\* or athletic\* or exertion\* or warm\* up or circuit train\* or weight lift\* or callisthenic\* or aerobic\* or anaerobic\* or pilates or jumping or stretching or (physical adj2 (effort\* or condition\*)) or ((resistan\* or endurance or weight or physical or muscle or strength) adj2 train\*)).ti.  
#3 ((and/1-2) and english.la.) not (exp animals/ not exp humans/)

Yoga and atrial fibrillation  
#1 exp atrial fibrillation/ or (((auricul\* or atri\*) adj3 (arrhythm\* or arrythm\* or fibril\*)) or a-fib or afib).tw.  
#2 exp yoga/ or (yoga or yogic\* or anusara\* or ashtanga\* or bikram\* or hatha or iyengar\* or jivamuk\* or kripalu\* or kundalini\* or sivananda\* or viniyoga).tw  
#3 ((and/1-2) and english.la.) not (exp animals/ not exp humans/)

Acupuncture and atrial fibrillation  
#1 exp atrial fibrillation/ or (((auricul\* or atri\*) adj3 (arrhythm\* or arrythm\* or fibril\*)) or a-fib or afib).tw.  
#2 exp acupuncture therapy/ or exp acupuncture/ or (acupunctur\* or electroacupunctur\* or moxibust\* or catgut embed\* or auriculotherap\* or meridians).tw  
#3 ((and/1-2) and english.la.) not (exp animals/ not exp humans/)

Acupressure and atrial fibrillation  
#1 exp atrial fibrillation/ or (((auricul\* or atri\*) adj3 (arrhythm\* or arrythm\* or fibril\*)) or a-fib or afib).tw.  
#2 exp acupressure/ or (acupressure\* or shiatsu\* or shiatzu\* or zhi ya or chih ya or tui na).tw  
#3 ((and/1-2) and english.la.) not (exp animals/ not exp humans/)

Meditation and atrial fibrillation  
#1 exp atrial fibrillation/ or (((auricul\* or atri\*) adj3 (arrhythm\* or arrythm\* or fibril\*)) or a-fib or afib).tw.  
#2 exp meditation/ or exp mind-body therapies/ or exp spiritual therapies/ or (meditati\* or mind-body or (spiritual adj3 (healing\* or therap\* or treat\*))).tw or (relax or relaxed or relaxing or relaxation).ti  
#3 ((and/1-2) and english.la.) not (exp animals/ not exp humans/)

Tai ji and atrial fibrillation  
#1 exp atrial fibrillation/ or (((auricul\* or atri\*) adj3 (arrhythm\* or arrythm\* or fibril\*)) or a-fib or afib).tw.  
#2 exp tai ji/ or (tai-ji or tai chi or taiji or taichi or taijiquan or taiji quan or taiquan or quigong or qi gong).tw  
#3 ((and/1-2) and english.la.) not (exp animals/ not exp humans/)

Hypnosis and atrial fibrillation  
#1 exp atrial fibrillation/ or (((auricul\* or atri\*) adj3 (arrhythm\* or arrythm\* or fibril\*)) or a-fib or afib).tw.  
#2 exp hypnosis/ or (hypnosis or hypnot\* or autogenic\* or autosuggesting or autosuggestion\* or volition or mesmerism or hypnogenes\* or hypnotherap\* or posthypno\* or post-hypno\*).tw  
#3 ((and/1-2) and english.la.) not (exp animals/ not exp humans/)

Diet and atrial fibrillation  
#1 exp atrial fibrillation/ or (((auricul\* or atri\*) adj3 (arrhythm\* or arrythm\* or fibril\*)) or a-fib or afib).tw.  
#2 exp diet/ or (diet\* or nutrition\* or nutritive or energy intake or low calor\* or vegetarian\* or vegan\* or ((portion or serv\*) adj2 (size\* or control\*)) or ((calor\* or carbohydrat\*) adj2 restrict\*)).tw  
#3 ((and/1-2) and english.la.) not (exp animals/ not exp humans/)

**Embase.com**

Yoga and atrial fibrillation  
'yoga'/exp OR yoga:ab,ti OR yogic\*:ab,ti OR anusara\*:ab,ti OR ashtanga\*:ab,ti OR bikram\*:ab,ti OR hatha:ab,ti OR iyengar\*:ab,ti OR jivamuk\*:ab,ti OR kripalu\*:ab,ti OR kundalini\*:ab,ti OR sivananda\*:ab,ti OR viniyoga:ab,ti AND ('heart atrium fibrillation'/exp OR ((auricul\* OR atri\*) NEAR/3 (arrhythm\* OR arrythm\* OR fibril\*)):ab,ti OR 'a fib':ab,ti OR afib:ab,ti) AND [english]/lim NOT ([animals]/lim NOT [humans]/lim) NOT ('conference abstract':it OR 'conference paper':it OR letter:it OR note:it OR editorial:it)

Acupuncture & Acupressure and atrial fibrillation  
'acupuncture'/exp OR (acupunctur\*:ab,ti OR electroacupunctur\*:ab,ti OR moxibust\*:ab,ti OR catgut:ab,ti OR auriculotherap\*:ab,ti OR meridians:ab,ti OR acupressure\*:ab,ti OR shiatsu\*:ab,ti OR shiatzu\*:ab,ti OR 'zhi ya':ab,ti OR 'chih ya':ab,ti OR 'tui na':ab,ti) AND ('heart atrium fibrillation'/exp OR ((auricul\* OR atri\*) NEAR/3 (arrhythm\* OR arrythm\* OR fibril\*)):ab,ti OR 'a fib':ab,ti OR afib:ab,ti) AND [english]/lim NOT ([animals]/lim NOT [humans]/lim) NOT ('conference abstract':it OR 'conference paper':it OR letter:it OR note:it OR editorial:it)

Meditation and atrial fibrillation'meditation'/exp OR meditati\*:ab,ti OR 'mind body':ab,ti OR (spiritual NEAR/3 (healing\* OR therap\* OR treat\*)):ab,ti AND ('heart atrium fibrillation'/exp OR ((auricul\* OR atri\*) NEAR/3 (arrhythm\* OR arrythm\* OR fibril\*)):ab,ti OR 'a fib':ab,ti OR afib:ab,ti) AND [english]/lim NOT ([animals]/lim NOT [humans]/lim) NOT ('conference abstract':it OR 'conference paper':it OR letter:it OR note:it OR editorial:it)

Tai ji and atrial fibrillation'tai chi'/exp OR 'tai-ji':ab,ti OR 'tai chi':ab,ti OR taiji:ab,ti OR taichi:ab,ti OR taijiquan:ab,ti OR 'taiji quan':ab,ti OR taiquan:ab,ti OR 't ai chi':ab,ti OR 't aichi':ab,ti OR quigong:ab,ti OR 'qi gong':ab,ti AND ('heart atrium fibrillation'/exp OR ((auricul\* OR atri\*) NEAR/3 (arrhythm\* OR arrythm\* OR fibril\*)):ab,ti OR 'a fib':ab,ti OR afib:ab,ti) AND [english]/lim NOT ([animals]/lim NOT [humans]/lim) NOT ('conference abstract':it OR 'conference paper':it OR letter:it OR note:it OR editorial:it)

Hypnosis and atrial fibrillation'hypnosis'/exp OR hypnosis:ab,ti OR hypnot\*:ab,ti OR autogenic\*:ab,ti OR autosuggesting:ab,ti OR autosuggestion\*:ab,ti OR volition:ab,ti OR mesmerism:ab,ti OR hypnogenes\*:ab,ti OR hypnotherap\*:ab,ti OR posthypno\*:ab,ti OR 'post-hypnotic':ab,ti AND ('heart atrium fibrillation'/exp OR ((auricul\* OR atri\*) NEAR/3 (arrhythm\* OR arrythm\* OR fibril\*)):ab,ti OR 'a fib':ab,ti OR afib:ab,ti) AND [english]/lim NOT ([animals]/lim NOT [humans]/lim) NOT ('conference abstract':it OR 'conference paper':it OR letter:it OR note:it OR editorial:it)

Diet and atrial fibrillation'diet'/exp OR diet\*:ab,ti OR nutrition\*:ab,ti OR nutritive\*:ab,ti OR 'energy intake':ab,ti OR vegetarian\*:ab,ti OR vegan\*:ab,ti OR ((portion OR serv\*) NEAR/2 (size\* OR control\*)):ab,ti OR ((calor\* OR carbohydrat\*) NEAR/2 (low OR restrict\*)):ab,ti AND ('heart atrium fibrillation'/exp OR ((auricul\* OR atri\*) NEAR/3 (arrhythm\* OR arrythm\* OR fibril\*)):ab,ti OR 'a fib':ab,ti OR afib:ab,ti) AND [english]/lim NOT ([animals]/lim NOT [humans]/lim) NOT [medline]/lim NOT ('conference abstract':it OR 'conference paper':it OR letter:it OR note:it OR editorial:it)

Exercise and atrial fibrillation  
'exercise'/exp OR exercis\*:ti OR aerobic\*:ti OR 'cool-down':ti OR run:ti OR ran:ti OR running:ti OR jog:ti OR jogged:ti OR jogging:ti OR walk:ti OR walked:ti OR walking:ti OR swim:ti OR swam:ti OR swimming:ti OR cycling:ti OR biking:ti OR bicycl\*:ti OR plyometric\*:ti OR athletic\*:ti OR exertion\*:ti OR 'warm up':ti OR 'warming up':ti OR 'warmed up':ti OR 'circuit training':ti OR 'weight lifting':ti OR callisthenic\*:ti OR anaerobic\*:ti OR pilates:ti OR jumping:ti OR stretching:ti OR (physical NEAR/2 (effort\* OR condition\*)):ti OR ((resistanc\* OR endurance OR weight OR physical OR muscle OR strength) NEAR/2 train\*):ti AND ('heart atrium fibrillation'/exp OR ((auricul\* OR atri\*) NEAR/3 (arrhythm\* OR arrythm\* OR fibril\*)):ab,ti OR 'a fib':ab,ti OR afib:ab,ti) AND [english]/lim NOT ([animals]/lim NOT [humans]/lim) NOT [medline]/lim NOT ('conference abstract':it OR 'conference paper':it OR letter:it OR note:it OR editorial:it)

**CINAHL via EBSCOhost**

Acupuncture & Acupressure and Atrial Fibrillation  
#1 MH acupuncture+ OR MH acupressure+ OR TI acupunctur\* OR TI electroacupunctur\* OR TI moxibust\* OR TI catgut OR TI auriculotherap\* OR TI meridians OR TI acupressure\* OR TI shiatsu\* OR TI shiatzu\* OR TI "zhi ya" OR TI "chih ya" OR TI "tui na" OR AB acupunctur\* OR AB electroacupunctur\* OR AB moxibust\* OR AB catgut OR AB auriculotherap\* OR AB meridians OR AB acupressure\* OR AB shiatsu\* OR AB shiatzu\* OR AB "zhi ya" OR AB "chih ya" OR AB "tui na"   
#2 (MH "Atrial Fibrillation" OR TI ((auricul\* OR atri\*) N3 TI (arrhythm\* OR arrythm\* OR fibril\*)) OR TI "a-fib" OR TI afib OR AB ((auricul\* OR atri\*) N3 AB (arrhythm\* OR arrythm\* OR fibril\*)) OR AB "a fib" OR AB afib)  
#3 (S1 AND S2) AND LA English

Meditation/Yoga/Hypnosis/Tai Chi and Atrial Fibrillation  
#1 MH "mind body techniques+" OR MH meditation+ OR MH yoga+ OR MH "tai chi+" OR MH "spiritual healing+" OR MH "relaxation techniques+" OR MH relaxation+ OR MH hypnosis+ OR TI meditati\* OR TI "mind-body" OR TI (spiritual N3 (healing\* OR therap\* OR treat\*)) OR TI (relax or relaxed or relaxing or relaxation) OR AB meditati\* OR AB "mind-body" OR AB (spiritual N3 (healing\* OR therap\* OR treat\*)) OR TI yoga OR TI yogic\* OR TI anusara\* OR TI ashtanga\* OR TI bikram\* OR TI hatha OR TI iyengar\* OR TI jivamuk\* OR TI kripalu\* OR TI kundalini\* OR TI sivananda\* OR TI viniyoga OR AB yoga OR AB yogic\* OR AB anusara\* OR AB ashtanga\* OR AB bikram\* OR AB hatha OR AB iyengar\* OR AB jivamuk\* OR AB kripalu\* OR AB kundalini\* OR AB sivananda\* OR AB viniyoga OR TI "tai-ji" OR TI "tai chi" OR TI taiji OR TI taichi OR TI taijiquan OR TI "taiji quan" OR TI taiquan OR TI "t ai chi" OR TI "t aichi" OR TI quigong OR TI "qi gong" OR AB "tai-ji" OR AB "tai chi" OR AB taiji OR AB taichi OR AB taijiquan OR AB "taiji quan" OR AB taiquan OR AB "t ai chi" OR AB "t aichi" OR AB quigong OR AB "qi gong" OR TI hypnosis OR TI hypnot\* OR TI posthypno\* OR TI "post-hypnotic" OR TI autogenic\* OR TI autosuggesting OR TI autosuggestion\* OR TI volition OR TI mesmerism OR TI hypnogenes\* OR TI hypnotherap\* OR AB hypnosis OR AB hypnot\* OR AB posthypno\* OR AB "post-hypnotic" OR AB autogenic\* OR AB autosuggesting OR AB autosuggestion\* OR AB volition OR AB mesmerism OR AB hypnogenes\* OR AB hypnotherap\*   
#2 (MH "Atrial Fibrillation" OR TI ((auricul\* OR atri\*) N3 TI (arrhythm\* OR arrythm\* OR fibril\*)) OR TI "a-fib" OR TI afib OR AB ((auricul\* OR atri\*) N3 AB (arrhythm\* OR arrythm\* OR fibril\*)) OR AB "a fib" OR AB afib)  
#3 (S1 AND S2) AND LA English

Exercise and Atrial Fibrillation  
#1 MH exercise+ OR TI exercis\* OR TI "cool-down" OR TI run OR TI ran OR TI running OR TI jog OR TI jogged OR TI jogging OR TI walk OR TI walked OR TI walking OR TI swim OR TI swam OR TI swimming OR TI cycling OR TI biking OR TI bicycl\* OR TI plyometric\* OR TI athletic\* OR TI exertion\* OR TI "warm up" OR TI "warming up" OR TI "warmed up" OR TI "circuit training" OR TI "weight lifting" OR TI "lifting weights" OR TI aerobic\* OR TI anaerobic\* OR TI callisthenic\* OR TI pilates OR TI jumping OR TI stretching OR TI (physical N2 (effort\* or condition\*)) OR TI ((resistanc\* OR endurance OR weight OR physical OR muscle OR strength) N2 train\*) OR AB exercis\* OR AB "cool-down" OR AB run OR AB ran OR AB running OR AB jog OR AB jogged OR AB jogging OR AB walk OR AB walked OR AB walking OR AB swim OR AB swam OR AB swimming OR AB cycling OR AB biking OR AB bicycl\* OR AB plyometric\* OR AB athletic\* OR AB exertion\* OR AB "warm up" OR AB "warming up" OR AB "warmed up" OR AB "circuit training" OR AB "weight lifting" OR AB "lifting weights" OR AB callisthenic\* OR AB aerobic\* OR AB anaerobic\* OR AB pilates OR AB jumping OR AB stretching OR AB (physical N2 (effort\* OR condition\*)) OR AB ((resistanc\* OR endurance OR weight OR physical OR muscle OR strength) N2 train\*)  
#2 (MH "Atrial Fibrillation" OR TI ((auricul\* OR atri\*) N3 TI (arrhythm\* OR arrythm\* OR fibril\*)) OR TI "a-fib" OR TI afib OR AB ((auricul\* OR atri\*) N3 AB (arrhythm\* OR arrythm\* OR fibril\*)) OR AB "a fib" OR AB afib)  
#3 (S1 AND S2) AND LA English

Diet and Atrial Fibrillation  
#1 MH diet+ OR TI diet\* OR TI nutrition\* OR TI nutritive OR TI "energy intake" OR TI "low calorie" OR TI vegetarian\* OR TI vegan\* OR TI ((portion OR serv\*) N2 (size\* OR control\*)) OR TI ((calor\* or carbohydrat\*) N2 restrict\*) OR AB diet\* OR AB nutrition\* OR AB nutritive OR AB "energy intake" OR AB "low calorie" OR AB vegetarian\* OR AB vegan\* OR AB ((portion OR serv\*) N2 (size\* OR control\*)) OR AB ((calor\* OR carbohydrat\*) N2 restrict\*)   
#2 (MH "Atrial Fibrillation" OR TI ((auricul\* OR atri\*) N3 TI (arrhythm\* OR arrythm\* OR fibril\*)) OR TI "a-fib" OR TI afib OR AB ((auricul\* OR atri\*) N3 AB (arrhythm\* OR arrythm\* OR fibril\*)) OR AB "a fib" OR AB afib)  
#3 (S1 AND S2) AND LA English

**PubMed**

Journals (from CAM subset) and atrial fibrillation  
(Acupunct Electrother Res [ta] OR Acupuncture in Medicine [ta] OR Advances in Mind-Body Medicine [ta] OR African journal of traditional, complementary, and alternative medicines [ta] OR Alternative Therapies in Health and Medicine [ta] OR Alternative Medicine Review [ta] OR American Journal of Acupuncture [ta] OR The American Journal of Chinese Medicine [ta] OR The Australian Journal of Holistic Nursing [ta] OR "Beginnings (American Holistic Nurses' Association)" [ta] OR BMC Complementary and Alternative Medicine [ta] OR British Homeopathic Journal [ta] OR Chinese Journal of Integrative Medicine [ta] OR Chinese Journal of Natural Medicines [ta] OR Complementary Therapies in Clinical Practice [ta] OR Complementary Therapies in Medicine [ta] OR Complementary Therapies in Nursing and Midwifery [ta] OR Evidence-based complementary and alternative medicine eCAM [ta] OR "Explore (NY)" [ta] OR Fitoterapia [ta] OR Forsch Komplementarmed [ta] OR Forschende Komplementarmedizin und klassische Naturheilkunde [ta] OR Holistic Nursing Practice [ta] OR Homeopathy [ta] OR Integrative Cancer Therapies [ta] OR Integrative Medicine [ta] OR International Journal of Medicinal Mushrooms [ta] OR International Journal of Yoga Therapy[ta] OR Journal of Acupuncture and Meridian Studies [ta] OR The Journal of Alternative and Complementary Medicine [ta] OR Journal of Bodywork and Movement Therapies [ta] OR Journal of Complementary and Integrative Medicine [ta] OR Journal of Ethnobiology and Ethnomedicine [ta] OR Journal of Ethnopharmacology [ta] OR J Evid Based Complementary Altern Med [ta] OR Journal of Herbal Pharmacotherapy [ta] OR Journal of Holistic Nursing [ta] OR Journal of Integrative Medicine [ta] OR Journal of Manipulative and Physiological Therapeutics [ta] OR Journal of Medicinal Food [ta] OR Journal of the American Institute of Homeopathy [ta] OR Journal of the Society for Integrative Oncology [ta] OR Journal of Traditional Chinese Medicine [ta] OR Journal of Natural Medicines [ta] OR Natural product communications [ta] OR Phytomedicine [ta] OR Phytotherapy Research [ta] OR Planta Medica [ta] OR Zhen Ci Yan Jiu [ta] OR Zhongguo Zhen Jiu [ta] OR Zhongguo Zhong Xi Yi Jie He Za Zhi [ta] OR Zhongguo Zhong Yao Za Zhi [ta] OR Zhong xi Yi Jie He Xue Bao [ta] OR Zhonghua Yi Shi Za Zhi [ta]) AND ("atrial fibrillation" [mh] OR "atrial fibrillation" [tiab] OR "atrial fibrillations" [tiab] OR "auricular fibrillation"[tiab] OR "auricular fibrillations"[tiab] OR "a-fib"[tiab] OR afib[tiab] OR "atrial arrhythmia"[tiab] OR "atrial arrhythmias"[tiab] OR "atrial arrythmia"[tiab] OR "atrial arrythmias"[tiab])