

GROUP ANTENATAL CARE TO PROMOTE HEALTHY PREGNANCY AND HELP OPTIMIZE MATERNAL AND NEWBORN OUTCOMES (A CLUSTER RANDOMIZED CONTROL TRIAL)

PROCESS EVALUATION

SEMI-STRUCTURED INTERVIEW WITH PROVIDERS OF GROUP ANC

MIDWIFE INTERVIEW_1

How many women were in your group today?

I: today how many women were in your group today?

R: we had 14 women in our group today.

I: all of them came?

R: yes all they all came

I: all the 14 women came

R: yes please.

What topic did you teach today?

I: do what topic did you study to day?

R: today we did self-assessment and breathing exercise. And we discussed how to check their own blood pressure and weight.

Tell me about what went well in the meeting today?

I: okay, so today what went on well? Can you tell me what went on well today in the meeting?

R: yes, most of my clients were all participants. They all gave out their best. They all contributed to the meeting and they all came. The learning was very successful. And I was happy with the way they came. The attendance was great.

Tell me about what did not go well in the meeting today?

I: and then what about the other side? Were there some things that didn't go on well?

R: yes, some of the mothers came with their kids and they were interrupting the meeting so the mothers had to attend to them and later come back. And we didn't get our weighing scale so we had to use what the facility has. So these are the few things that didn't go well for us.

What is your opinion on providing antenatal care to women in groups? Probe for difference in opinion for providing antenatal care to individuals and groups.

I: so in your opinion, what do you think about providing group antenatal or giving antenatal services to women in the group?

R: we need enough space. The space is not much. So I think with that one and the logistics, at least when we get enough, it will help the group meeting.

I: okay, so what do you think about the group antenatal versus the individual care that you were doing before?

R: the group antenatal is good. It's good than the one on one. With the group antenatal, the pregnant women they are able to express themselves, check their own BP, interact with each other and support. It also help with socialization. So I will prefer the group antenatal than the one on one that is the old traditional one.

What in your opinion was striking about the topic today? Probe for any confusing or surprising issues arising from the discussion.

I: okay, again in your opinion, what were the striking issues that came out in the topics you discussed today? Were there anything that was confusing, anything surprising, and anything special about today's topic?

R: yes. My pregnant women, they were surprised to know that when their blood pressure is high, the danger signs or the things that come with it. So they were surprised to know the reasons why we get to check and it's not just for checking sake for them. And the weighing too, how to check their weight. They were surprised that when you gain too much weight, it signals a danger sign and when it's very low too, it late too indicates that there is a problem. They were surprised to know a lot of things today.

What have you learnt from the meeting today? What new things have you learnt and what do you think we can add to improve on the next meeting?

I: so what have you learnt from the meeting today? Are there some new things you have learnt? And then are there some things that you think can be added to the next meeting to improve the meeting?

R: yes, to day I have learnt how to check my own BP and with the next meeting, we can improve upon what we did today.

What suggestions do you have for changing anything in today's meeting?

I: are there some things that we can do to improve the next meeting?

R: yes, we need more markers, more markers, we need more markers and if we can get space.

I: space as in?

R: space like as we have here, at least when can try to organize well so that it's not restricted. Our place, what we have is good but we get another space we can organize the space well. For now we need more markers. And the weighing scale if we should get two or more.

What is your view on the facilitator's guide you used today? Did you find the guide useful for this meeting?

I: so what is your view of the facilitator's guide that you used today? Was it useful?

R: yes it was useful. It was useful for us because we some of the things have been explained so you just have to read and explain it to the pregnant women. And we also to get knowledge from it. So the facilitators guide is really helping us.

Any other suggestions, ideas or comments about the day's activities?

I: okay, so any other suggestions, ideas, comments about today's meeting?

R: yes, I will suggest that we train more of the staffs not just few of us. At least everybody should be trained and get on board because it's a nice programme and very educative.

Did you do every activity that was scheduled for today's meeting? Probe: If NO, which activity or activities were not done and why?

I: okay, did you do every activity that was scheduled for the meeting?

R: yes we did all.

Are there any topics you would suggest we add to today's meeting? If yes, what are they?

I: are there some topics that you suggest we could add to this today's meeting that was not added?

R: for day one I think it's enough for them. Yes.

I: no other thing?

R: yes, no additional topic.

Are there any topics you think we should remove from today's meeting? If yes, what are they?

I: and do you think that there are some that you think should be moved from what you have studied?

R: no.

How did the mothers receive the group antenatal concept? Do you think the mothers prefer the group antenatal care to the individual concept, explain?

I: so how did mothers accept the group antenatal concept?

R: they were all happy and it was nice programme.

I: and you think they prefer that one to the previous antenatal meeting?

R: yes, yes, yes.

I: thank you very much.

R: thank you Aunty.

I: we wish you all the best in your group antenatal meetings.

R: thank you too for coming. Alright, nice day.

I: have a nice day too.

MIDWIFE INTERVIEW 2

I: So, how are you?

R: Am fine by the Grace of God.

How many women were in your group today?

I: So thank you for granting me this opportunity to find out about what happened today or what went on. So today, in all how many women were in your group today.

R: Today we had nine (9) people in all attending the first meeting.

What topic did you teach today?

I: Okay, so what topic did you teach today?

R: We just went through the assessment of the BP and weight today, that was the main thing we did today.

I: Alright, so...

R: [interrupted the interviewer] Self-assessment, taking of BP by themselves and then checking of their weight.

Tell me about what went well in the meeting today?

I: Okay, so can you tell me what went on well today?

R: [Arrmm], I think, my clients did very well they involved themselves much in the whole program, it was interactive, they were rest assured that whatever they will be saying said during this meetings will be maintain here, so the confidentiality was there and then they also participated very well, that is what I can say.

Tell me about what did not go well in the meeting today?

I: Okay, thank you, so are there somethings that did not go on well?

R: Well, I think today be our first meeting, I think, we missed one or two steps but we hope as time goes on, I mean, everything will be okay.

What is your opinion on providing antenatal care to women in groups? Probe for difference in opinion for providing antenatal care to individuals and groups.

I: So what is your opinion on providing Antenatal care to women in groups, what is your opinion about that?

R: As I said earlier, with the women, we believe by coming together sharing our problems and then knowing each other, our solutions to our problems will be a bit easier. Pregnant women will also know that, most of the problems are not only peculiar to only one person but they will also know that what they are going through now is all part of the pregnancy process and then they will know how to solve them.

What in your opinion was striking about the topic today? Probe for any confusing or surprising issues arising from the discussion.

I: Okay, so again, in your opinion what were the striking things that you identified in the topic today, anything that was confusing or anything that was surprising about the topics that you treated today?

R: They checking their weight themselves and checking their BP, I think, I mean it make them understand more of the essence of checking the BP and then the essence of checking weight during their visit, it really helped them a lot and they understood why they have to go through all those processes, checking of weight and checking of the BP, I think, today...

What have you learnt from the meeting today? What new things have you learnt and what do you think we can add to improve on the next meeting?

I: Okay, that is okay, so today what have you learnt from the meeting today, as a person, as a midwife? Have you learnt something from the meeting today or are there some new things that you think should be added to today's topic

R: I think there are other routine things that we do when they come to the clinic, like checking of protein in urine, I think next time we can just add it up and they will also know the essence of we checking the urine.

What suggestions do you have for changing anything in today's meeting?

I: Okay, that is fine, so what suggestions do you have for changing anything in today's meeting, are there some things that you think we should change in today's meeting.

R: No, everything we did today was important and I think it went well, there is no need for us to change anything, and everything went well for us.

I: Okay.

R: Everything went well for us.

What is your view on the facilitator's guide you used today? Did you find the guide useful for this meeting?

I: So in your view or in your opinion, what do you think about the facilitators guide that you used today, did you find it useful?

R: It was very useful, I mean it made me follow everything step by step and then, I think the next one is if they are able to translate it to their local language I think we will be reading it most at times to them and then the understanding...

I: [interrupted interviewee] So you mean we should translate it to the local language?

R: Yes, so that reading will be a bit easier for them, for us.

Any other suggestions, ideas or comments about the day's activities?

I: Okay, any other suggestions, ideas or comments about today's activities in general?

R: Today, generally everything well for us just that because is our first meeting we couldn't start on time and then I think we spent a lot of time too over there, we are hoping that our next meeting things will be a bit faster then we minimize the number of hours or minutes we used today.

Did you do every activity that was scheduled for today's meeting? Probe: If NO, which activity or activities were not done and why?

I: Okay, so did you do every activity that was schedule for today's meeting?

R: yes we did everything, those that came early, we took them through the routine processes, the routine consultation and then later on the remaining that joined us, after the program too we are about to take care of them.

Are there any topics you would suggest we add to today's meeting? If yes, what are they.

I: Okay, so are there any topics you will suggest we add to todays meeting?

R: Today, as I said, we should have added...I know because we didn't start early it would have been a long meeting. So the two that we did was okay for us, for the start I think is okay. Self-assessment, taking of the BP is okay for the start.

Are there any topics you think we should remove from today's meeting? If yes, what are they?

I: But on the other hand, are there some topics you will wants us to remove from today's meeting you think they are not useful so we should remove?

R: All the topics are useful to us. All were useful.

How did the mothers receive the group antenatal concept? Do you think the mothers prefer the group antenatal care to the individual concept, explain?

I: Okay, so how did the mothers received the group antenatal concept, what was their impression, how did they receive it?

R: They were happy about it. Knowing that, is not just coming to clinic for medication but you coming to form a big family on its own where we are going to share our problems and also find solutions to it, they are happy about it.

I: So do you think the mothers prefer the group antenatal care to the individual concept?

R: To their reaction today, I think they prefer the group antenatal.

I: Okay.

R: Today being the first meeting and their impressions, I think as time goes on they will be very much happy to be in the group Antenatal.

I: Okay, thank you madam.

R: You are welcome.

I: And all the best in your next meeting.

R: Thank you very much.

I: Thank you too.

MIDWIFE INTERVIEW 3

FACILITATOR: So erm, madam nurse how many women were in your group today.

RESPONDENT: There were fourteen women in the class today.

FACILITATOR: And then which topic did you teach? (COCK CROWING)

RESPONDENT: We introduced them to group antenatal care and in that we made them aware that we were going to discuss problems that are bound to happen during b the pregnancy and ways of finding g solutions to those problems and also how to help each other pass through the pregnancy and after birth successfully.

FACILITATOR: And what other thing did you teach them?

RESPONDENT: We also taught them how to do personal assessment like how to check BP blood pressure and then weight and then we talked about that one we were also taught and they did the self-assessment themselves they checked others BP and weight.

FACILITATOR: Okay so can you tell me what went on well today at the meeting?

RESPONDENT: Toady I was so fortunate all my members came my group members were around and they participated by asking questions and sharing ideas on the issues we discussed they participated on checking g the BP and the weight so I think today I was so happy that they involved themselves in everything and they participated fully.

FACILITATOR: So are there some things that did not go well?

RESPONDENT: I think it was time the time that we met my women want to ask more questions even thou we said we were just going to whatever we did today was an introduction and we wanted to introduce just the topics but it seems they were eager to know more and we were not having enough time so I think when we start taking the topics one after the other we would learn more as they want

FACILITATOR: Okay so what in your opinion or what's your opinion on providing antenatal care for women in group?

RESPONDENT: I think is the best because unlike the old routine care that we give they come and they are in the rush they come and is like the number is big so when you are giving education they don't really listen to you because they think they didn't come early or the number is huge they are thinking when to leave or when it will be their attended to but this they are only fourteen the group is not that big and they get to participate when a question is asked they are given the chance to give share their experiences and ideas it also encourage other women who come so that it will not be the midwife they would know that is not that the midwife want to deceive them or the midwife want them to do it that's why the midwife is saying but this one the idea or the experience had been shared by a pregnant woman who has that experience or an idea about it so it's going to go a long way to help our women understand the education we give them and the care and what they are supposed to do themselves during the pregnancy, labour and after delivery.

FACILITATOR: So what in your opinion was striking about today's topic? Topic you discussed today what was striking about it?

RESPONDENT: The striking aspect was about a pregnant woman being asked to check a fellow pregnant woman BP to know how it feels like to know how to check someone's BP is not like sit down for a midwife to check for you before you ask what was my BP is it high or low but this one the pregnant woman herself will assess her fellow pregnant woman so she would have a feel of what ever is going to be able to participate involve herself in it I think it was o e of or checking someone's weight. A pregnant woman checking someone's weight they now understand the real meaning of doing those things.

FACILITATOR: So what have you learnt from the meeting today? Are there new things that you have learnt or can we add some things to improve the meeting today?

RESPONDENT: I think so far the meeting was good just that maybe our women some of them were complaining is either they didn't eat early in the, morning so if we can find a way of refreshing them we can't give them much but something like a drink or snack or something maybe it will help encourage them to come.

FACILITATOR: But what have you learnt from the meeting today? Have you learnt something new from the meeting?

RESPONDENT: Hmm, something new I think it was the allowing the women to do the things by themselves.

FACILITATOR: So what suggestion do you have for changing anything in today's meeting? Do you feel there are something's that should be changed from the topic that we discussed today?

RESPONDENT: No I think everything that we discussed was perfect it was in the right direction

FACILITATOR: Okay so what is your view on the facilitators guide that you used, the guide that you used. Is it useful?

RESPONDENT: Yes, it was useful because you know where to the next point you are supposed to talk on or you talk about or you know that you talk from welcoming them you have to welcome them introduce yourself let them introduce themselves so it guides you to know what to do at each level.

FACILITATOR: Do you have any other suggestions ideas or comments about today's activity? In general, any other comment any suggestion?

RESPONDENT: I think initially they were supposed to come for only four visits but with this one we told the women that we are supposed to meet eight times it means their number of visits is going to increase maybe by fourth time most of the women get problems maybe after their fourth visit and we thought if the person have come four its okay but with the eighth visit we would bet to know meet them more and interact with them more and you get to know their problems so when we meet them at the initial stage and we are able to meet them subsequent visits they would develop the trust and there will be cordiality so they wouldn't hide anything that is bothering them so we would be able to give maximum attention to attend to our client .

FACILITATOR: So did you do every activity that was scheduled for today's meeting?

RESPONDENT: Yes, please we did everything.

FACILITATOR: Are there any topic you would like to suggest we add to the meeting or are there any topic you would like to be added to

RESPONDENT: We check BP and weight so we suppose to check urine too. But if we can get the strips they themselves would bring the urine so we check so that they know that when I check

and it's a plus it means this if it's one plus it means this if it's two plus it means this, if my urine is this colour this is what it means maybe when we include that one it will help us.

FACILITATOR: Okay so are there any topics you think we should remove from what you have

RESPONDENT: No so far all the topics are very important.

FACILITATOR: How did the mothers receive the group antenatal concept? Do you think they prefer this one to the Individual one?

RESPONDENT: Yes, I think they love this one because unlike the other one where we meet them even when you want to give the talk it's not everybody who talks and most of them also feel shy because the group will be large they feel shy to express themselves or share experiences but because this one is a small group they are able to feel free and to share experiences so this one is much more better than.

FACILITATOR: So the mothers themselves how are they receiving

RESPONDENT: They I think you could see from their faces that they were happy and then they were eager to know more and to learn more.

FACILITATOR: Thank you very much and then we wish you all the best.

RESPONDENT: Thank you.

FACILITATOR: Thank you to.

MIDWIFE INTERVIEW 4

M: Good afternoon

R: Good afternoon

M: So please how many women were in your group today?

R: We had a group of 7

M: You had 7, okay. And please what topic did you teach today?

R: We went through the physical assessment of the women and how to use the BP apparatus and how to check their weights

M: Okay

R: And the danger signs on the cards

M: Okay, so please can you tell me about what went well in the meeting today

R: I think they had a fair understanding of what we were doing and It was quite interactive. It was nice

M: Okay. And please what about, what do you think did not go well into this meeting

R: I think the time was a little off, yes so that was our major challenge for today

M: Okay. Please in your opinion, on providing antenatal care to women in groups, what what's your opinion in having like this antenatal care in groups instead of the individual ones

R: it encourages shared sharing of problems and solving of issues so it bond it bonds the clients and it will give us more room to discuss specific issues concerning the problem so It's a laudable mandatory to be taken on

M: So can you please point out any differences in between the two, the antenatal care for individual and the group meetings

R: With the group meetings, the clients talk to each other and they discuss matters, they hear things people rather what people are going through so it is easier for them to cope. With the individualized care, it's only between the client and the midwife and the midwife only tells what she knows. She can't share much experience but with the group antenatal they communicate and it much helpful

M: Thank you. So please what was striking about today's topic?

R: them checking their own weight (laughing)

M:(laughing)

R: Yes, (laughing) yes, yes checking their own weight

M: Nice. So was there any confusion or surprise issues arising from the discussion

R:(laughing) not really

M:(laughing)

R: No. They were just happy to do their own things and hmmm

M: Okay.

R: And complete

M: So please what have you learnt from the meeting today. Was there any new thing you learnt and what do you think we can add to improve on the next meeting?

R: I'm okay, am okay with today's meeting

M: Okay. So you don't think there should be anything we can add to improve

R: No

M: Okay. Please what suggestions do you have for changing anything into today's meeting

R: Hmmm I won't change, change

M: Okay. Please in your view on the facilitators guide we use today, did you find the guide useful for this meeting

R: Yes, it is very useful

M: Okay. Emm what about any other suggestions, ideas or comments about the days activities

R: It's enough activity for the day

M: Okay

R: Today was a very good examples so

M: Okay

R: And move on from here

M: Okay. Please did you do every activity that was schedule for today's meeting

R: Yes, please

M: And are there any topic you will suggest we add to today's meeting

R: No please

M: Are there any topics you think we should remove from today's meeting

R: No please

M: How did the mothers receive the group antenatal (laughing) concept. Do you think the mother will prefer the group antenatal care to the individual concept? If yes, please explain (laughing)

R: Of course they prefer the group antenatal care because they they are in kind of a specific group and they talk among themselves and get to share their problems and ideas most definitely they will prefer and get to talk to their midwives too (laughing)

M:(laughing)

R: Ummm umm am happy they enjoyed it, the antenatal

M: Thank you much for the wonderful job of today. Today being our first meeting, I equally enjoyed it (laughing). Thank you

R: Thank you (laughing)

MIDWIFE INTERVIEW 5

FACILITATOR: Okay good afternoon

RESPONDENT: Good afternoon

FACILITATOR: How are you

RESPONDENT: Am fine and you?

FACILITATOR: Am also fine. So please how many women were in your group today?

RESPONDENT: Nine

FACILITATOR: Okay

RESPONDENT: Nine out of eleven

FACILITATOR: Nine out of eleven?

RESPONDENT: Yes

FACILITATOR: Okay that's fine and what topic did you teach today?

RESPONDENT: We've talk about the self assessment then we know about knowing each other, their names and where they are coming from. We did the self-assessment, that's the BP then the checking g of the weight.

FACILITATOR: Okay, so please can you tell me about what went on well in the meeting today?

RESPONDENT: Oh, everything went well, it was very exciting the members the mothers liked the group, they were just they participate a lot it was... it's okay.

FACILITATOR: So can you mention at least one scenario that went well as part of today's meeting. Like some of the things that you taught them can you mention one that went very well

RESPONDENT: Ohh okay that's the checking of the BP then the weight, that went very well they were able to do it very well ahaa and they wrote it on their assessment card.

FACILITATOR: Okay, thank you so what about, tell me about what did not be well in today's meeting. Do you think something did not go well.

RESPONDENT: Yeah, they some were late hmm, some were about the timing, some were late so with that one too we've planned so I hope the next time it will be okay.

FACILITATOR: Okay, so what's your opinion on providing antenatal care to women in groups?

RESPONDENT: Is, is good, is good, it makes the client Express they Express themselves very well what ever problem their having they share with us and we are able to interact with them more.

FACILITATOR: So can you give me in your opinion the differences in your case for providing antenatal to individuals and in groups.

RESPONDENT: Okay in individuals that one because they come, we don't have time for them to discuss some issues with them but in the group we were able to discuss the problems they are having they even share ideas. Like some of them their previous pregnancies what they experience and they share with those that they've not even deliver before they share it with them so is good.

FACILITATOR: So in your opinion in today's meeting did you come across any striking thi g about the topic today?

RESPONDENT: No.

FACILITATOR: Did was there any confusion or surprising issues rising from today's discussion.

RESPONDENT: No not

FACILITATOR: Okay. What have you learnt from the meeting today? Have you learnt any new thing that you've learnt or you didn't think (pages flipping) or have you learnt new things you think when we add to the previous meeting would help the group meeting thing.

RESPONDENT: (Silence)

FACILITATOR: Maybe let me take the question again. What have you learnt from the meeting today?

RESPONDENT: We've learnt about the self-assessment checking of the weight and BP. That's what we did today. Then we know, knowing each other.

FACILITATOR: Okay, so apart from the self assessment anything else? What new thing have learnt and what do you think we can add to improve on our next meeting?

RESPONDENT: Hmm to improve for improvement as about the coming their coming the lateness so we've agreed on a time and the date to come for the next meeting.

FACILITATOR: So am still going back to the question, didn't you learn anything new today?

RESPONDENT: Apart from what

FACILITATOR: Okay so let's continue you have suggestions for changing anything in today's meeting?

RESPONDENT: No

FACILITATOR: You think everything that happened today is fine

RESPONDENT: Is fine

FACILITATOR: There is nothing

RESPONDENT: Is okay

FACILITATOR: Is okay so you don't have any suggestion about we changing something in today's meeting

RESPONDENT: Hmm what I would suggest is that the things we have to change the things into their local language so for that you have to read ahead and sometimes going to the book distracts them, so I think we should read ahead before we come for the meeting

FACILITATOR: Okay, what is your view on the facilitators guide you used today? Do you find the guide useful for this meeting?

RESPONDENT: Yes its useful when you read ahead and you are using it's very easy.

FACILITATOR: So please do you have any other suggestion or ideas or comments about today's activities?

RESPONDENT: OH, I think as today being our first meeting I may not have much to say about the meeting because today we did the self only the self assessment so we didn't go more into so maybe with our subsequent meeting we would be able to suggest new things.

FACILITATOR: Okay, so did you do any activity that was scheduled for today's meeting?

RESPONDENT: Yeah.

FACILITATOR: Okay are there any topics you would suggest we add to today's meeting?

RESPONDENT: I suggest we should check the urine ahaa their urine too I suggest because in every visit you have to check their urine so I know I hope maybe you would add that one to it.

FACILITATOR: So please if you say we would check their urine, what do you mean? Is it we showing the mothers how to check their urine or the nurses checking their urine before please can you explain that?

RESPONDENT: Okay I hope we can teach the mothers how to check how to check but in this case we have to check for them because we are doing the weight and the BP so we should when we add the urine to it that o e when we check when they come to the consulting rooms easy because you would now tell them to go and urinate and come for you to check is like you take their time so like if we can bring the strips here so that after the weight and the BP we can add the urine to it they will go and urinate and we can add the urine to it so that when they come inside is very easy for them to go very fast.

FACILITATOR: Okay are there any topics you think we should remove from today's meeting?

RESPONDENT: No.

FACILITATOR: SO please finally how did the mothers receive group antenatal concept?

RESPONDENT: They were very happy about they were excited about it.

FACILITATOR: Do you think the mothers prefer the group antenatal are to the Individual concept?

RESPONDENT: Yes

FACILITATOR: Please explain why?

RESPONDENT: As some of the mothers already, others already said that they were able to express themselves very well in the group antenatal and also the they have good interaction with the midwife they were freely were able to ask questions and solution to their problems and even the mothers even those that have delivered before were able to share their past experiences with those that have not delivered before.

FACILITATOR: Okay thank you very much for the wonderful moderation you did in fact we all enjoyed our first meeting. Thank you

RESPONDENT: Welcome.

MIDWIFE INTERVIEW 6

I: Good Afternoon madam

R: Good Afternoon Madam...

I: It is even morning.

[Laughing]

How many women were in your group today?

I: Please how many women were in your group today?

R: Please we had eleven (11) women.

What topic did you teach today?

I: Okay, and what topic did you teach today?

R: Today we introduced the purpose of the meeting and also taught my clients how to check their BP and weight.

Tell me about what went well in the meeting today?

I: Okay. Please tell me about what went well in the meeting today?

R: Okay, everything went on well. But I will emphasize mostly on how to check the BP and the weight, I was so impressed how they were able to pick fast although they had no knowledge about how checking BP and weight entails and also they had knowledge about the importance of checking BP on their regular visit, they were so happy about that.

Tell me about what did not go well in the meeting today?

I; Okay thank you, so please what do you think did not go on well in today's meeting?

R: Okay, as I said earlier on, today is the first time gathering them so the organisations was not all that good, some came in very late but we all agreed on the time that we have to start and they promised nothing of such will happen again.

What is your opinion on providing antenatal care to women in groups? Probe for difference in opinion for providing antenatal care to individuals and groups.

I: Okay, Please what is your opinion on providing Antenatal care to women in groups.

R: I think is a very grate an good idea that the Ghana Health service wants to introduce, because throughout the meeting I realised the clients were so comfortable and so happy with the group meeting, they felt they were doing things on their own and doing things gaining more knowledge will help them identify problems when is coming on their way and how to even interact with the health care providers, they think is very easy.

I: So please have you identify any difference in providing ANC to individuals and in groups?

R: Yes please.

I: Can you share it with us?

R: Okay, please with the individuals, it seems most of the activities are being held by the health providers but with the group Antenatal, the clients re doing it themselves , example; checking the BP, we do it for them, they do not know what goes on, we just write or document what we get, but with the BP apparatus that were provided during the group Antenatal, we were able to specify the danger signs and what is normal with their BP and they were so happy to even voice out if anything is going on wrong.

What in your opinion was striking about the topic today? Probe for any confusing or surprising issues arising from the discussion.

I: Okay, what was striking about today's topic?

R: Oh, today's topic was more of introduction, we even introduced the next topic today and they were so eager to know more, today's topic was just about the introduction and self-assessment, that was done perfectly by the client.

I: So was there any confusing or surprising issues arising from today's discussion?

R: [Ooo], there were no surprising or confusion issue, because most of the detailed topics are to be held on subsequent meetings. So today they were okay with the introduction and the self-assessment.

What have you learnt from the meeting today? What new things have you learnt and what do you think we can add to improve on the next meeting?

I: So please, what new things have you learnt? And what do you think we add to improve on the next meeting.

R: I have learnt how to use the new BP apparatus because I have never had the chance to use it before, especially, how the traffic light has been telling us what is going on and also I think this group Antenatal is going to be the perfect working in future if is being adapted then it will minimize problems that pregnant women goes through or meet on their way or the journey through pregnancy.

I: So do you think we can add something to improve on our next meeting?

R: Yes please, and that will be the punctuality issue, as I said earlier on, most of the clients were late and we did not agree on one specific time, so today we have made a specific time that by this time, we should all e aware and we should all be gathered so that we can start peacefully or happily.

What suggestions do you have for changing anything in today's meeting?

I: Please, what suggest do you have for changing anything in today's meeting?

R: I do not have any suggestions because I think the meeting went on well and everything is perfect.

What is your view on the facilitator's guide you used today? Did you find the guide useful for this meeting?

I: And what is your view on the facilitator's guide they used today, do you find the guide useful for this meeting?

R: Exactly, the guide is very useful because it guides the facilitators, what we have to say, the next step you have to go and then as we are using the guide, though the client may not know that we are using a guide, they think is a thing that we already know and everything was on point.

[laughs]

Any other suggestions, ideas or comments about the day's activities?

I: [Mmm], grate, Okay, Any other suggestions, ideas or comments about the day's activities?

R: Oh, I do not really have much comments because everything is on point.

Did you do every activity that was scheduled for today's meeting? Probe: If NO, which activity or activities were not done and why?

I: So please did you do every activity that was scheduled for today's meeting?

R: Yes please, every activity was down.

Are there any topics you would suggest we add to today's meeting? If yes, what are they.

I: Are there any topics you will suggest we add to today's meeting?

R: Oh no.

Are there any topics you think we should remove from today's meeting? If yes, what are they?

I: Are there any topics you think we should remove from today's meeting?

R: No, every topic should be added to it.

How did the mothers receive the group antenatal concept? Do you think the mothers prefer the group antenatal care to the individual concept, explain?

I: How did the mothers received the group antenatal concept?

R: They were very happy and even demanded for our numbers to be calling us if they have any challenge in the house, so I can see they are involved and very happy.

I: So please finally, do you think the mothers prefer the group antenatal care to the individual concept?

R: Oh yes.

I: Please explain why?

R: Because, with the individual care concept, you can see sometimes they are many, aside exempting them in to two groups or one group, the care is following systematically but with the one-on-one, they are many and sometimes someone may be facing a challenge or a problem but where the person is in the queue, by the time the person gets to his or her care provider, the situation may have worsen but with the group Antenatal we using the picture cards, immediately the client walks in, the client takes the picture card and fish out the problem she is facing so I think the group Antenatal is very good and they were happy and they were participating unlike the one-on-one care that we give, they come in we just take care of them and they go away, but with this they identify the problems themselves and explain to us and even tell us what we have to add up to it and share their experiences too. I think is very good.

I: On this note, want to thank you very much for the good work done. Thank you.

R: You are welcome.

MIDWIFE INTERVIEW 7

Facilitator: Madame Nurse how are you?

Respondent: Am fine and you?

Facilitator: Am also fine, so today you had your first group meeting

Respondent : Yes madam

Facilitator: How many women were in your group today?

Respondent: They were eight (8) in number

Facilitator: And then eight out of how many?

Respondent: Fourteen (14)

Facilitator: Okay, so what topic did you teach today?

Respondent: Is about Antenatal grouping, the brain behind the group, we also did demonstration on BP checking, weight checking and also our next visit.

Facilitator: Okay, so can you tell me what went on today, I mean at the meeting, what went on well today?

Respondent: The mothers were able to check BP for themselves and also the weight, questions were asked and we also answer them.

Facilitator: So what about the other side, what did not go on well today in terms of the planning the Group meeting itself and everything, what are the other side of it?

Respondent: In actual fact the planning was poor. Secondly some of the mothers came earlier, they came to wait for others to join so making the whole program initially bad but along the way we were able to have successful meeting.

Facilitator: Okay thank you, so what is your opinion about providing Antenatal care for women in group, what's your opinion about that as compared to the individual one?

Respondent: That's for the mothers to know the danger signs and be able to access themselves, report early to the clinic and also to carry the pregnancy, normal pregnancy, have the normal delivery and then normal percurium

Facilitator: Okay so what again was so striking about the topics that you treated today, what was so surprising about the topics that you treated today in your opinion?

Respondent: My opinion, making the mothers check their own BP and weight, making the whole program interesting

Facilitator: So what have you learnt from today's meeting, have you learnt some new things?

Respondent: Yes, it's about the mothers getting to know they have their own, they know their own danger signs, the normal and then the danger signs.

Facilitator: So do you think there are some other things to be done to improve the meeting next time and what are they?

Respondent: Yes

Facilitator: What are the other things that should be done to improve the meeting?

Respondent: That we should come early, take the mothers through the program and allow mothers to ask questions.

Facilitator: Okay, so what suggestions do you have for changing anything into this meeting, do you have any suggestion for us?

Respondent: No, I don't have any suggestion for now

Facilitator: And what is your view on the guide, the facilitators guide you used today what is your view about the guide?

Respondent: Perfect

Facilitator: It's useful

Respondent: Yes

Facilitator: Is there any suggestions or ideas about today's meeting or today's activity?

Respondent: No

Facilitator: So did you do every activity that was scheduled for today's meeting?

Respondent: Yes, we are able to do them all

Facilitator: Are there any topics you will suggest we add to today's meeting? What we have done today are there other topics you think we can add, if yes what are they?

Respondent: Yes, like we can teach the mothers how to access their congetival if they are not having enough blood

Facilitator: Okay

Respondent: Accessing their blood level by looking at their congetival, their tongue

Facilitator: Each others congetival

Respondent: The mothers themselves, the pregnant mothers themselves. Look at their congetival, their tongue and their palm to find out if they are having enough blood in the system.

Facilitator: Okay so are there any topics you think we should remove from the manual for today's meeting

Respondent: Every topic is important

Facilitator: So how did the mothers receive the concept, today being the first day in your opinion how did they receive the concept?

Respondent: Basically they were feeling bored but along the way I noticed that they were contributing

Facilitator: So do you think they prefer this to the first one you were doing, do you think they prefer the group antenatal to the focus one you were doing?

Respondent: Yes

Facilitator: Okay why do you think so?

Respondent: Because of their involvement they were happy and they learnt certain things on their own

Facilitator: Such as?

Respondent: Assessment

Facilitator: Okay is there any other thing you want to share with me concerning today's meeting?

Respondent: What I will like to say is that next time we should provide water for them, drinking water.

Facilitator: Okay is that all?

Respondent: And then this snack to encourage them, get them some small meat pie and fanta to encourage them.

Facilitator: Okay thank you very much

Respondent: You are welcome

Facilitator: And wish you well in the next group meeting.

Respondent: Thank you too

Facilitator: Bye

Respondent: Bye Bye
