

Kaitlin Schuler  
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Process Reflection  
100 Points

### **Process Reflection: Project III**

If Project II hadn't taken enough of an emotional strain on me, Project III definitely finished it off. I had to watch hours of footage of interviews with schizophrenic patients, including a few videos featuring children suffering from schizophrenia. It was hard to watch one video after another; watching these people suffer from a disorder that there is not yet a cure for and taking medications that put them in a daze or sometimes make them feel worse was heartbreaking. It gave me that much more motivation to make a powerful video and raise awareness for this often misunderstood disorder.

I started off with the text that I knew I wanted to include in my iMovie. I used it as the bare bones for my video, and found clips to correspond to the points I was trying to make. I didn't want to rely on only video footage mainly because it is very hard to tell what these patients are talking about because they don't have the same reality that the rest of us do. The text was needed both to help make my point as well as explain some of what the clips were saying.

The main struggles I had with iMovie were inserting photos and getting the volume of the music I inserted to blend well with what the people in the clips were saying. I needed to make sure that they could be understood, since they were the exact reason I was making the video: to raise awareness for their struggles and to get more education out in the world about schizophrenia. Inserting photos was a pain because after downloading them, I had to move them into my Pictures folder, then import them into iPhoto, and finally import them into iMovie. I just felt that Apple's products don't work as well together as they should. It was a lot of work just to get one photo inserted.

I also wish there was some way for me to successfully loop the song that plays in the background during the video. I had to insert it a second time, making the time between the end of the first and the beginning of the second extremely awkward. I combatted that the best I could, and I'm sure it isn't that noticeable to others, but it still bothers me.

Overall, I'm happy with where my project ended up. It was my first time working extensively with iMovie, and I feel as if this project got me well acquainted with the software. I do wish that some things were easier to do, but everything ended up working out in the end.